

Welcome to our latest newsletter, which reflects on our financial operation over the past year. Our accounts have been independently verified by Keymer Haslam Accountants in readiness for today's AGM.

Financial Update

Our **annual accounts** have been verified and are detailed on the back of the newsletter for you to peruse at leisure.

Due to the generosity of donations and grants throughout the year, we remain in a positive position. The new savings account with Cambridge & Counties was introduced in October to enable us to earn a better level of interest. Our reserves continue to be ring-fenced for a replacement mini bus when the time arises.

Generous Donations

- Legacy donations £3560.13
- Wild Violets WI £150.00
- Sue Rickards £1000.00
- Ladybirds £500.00
- Pat Hadlam raffle £40.00
- Gift aid £632.50
- Other donations £2369.35

Grand total of Donations £8251.98

A huge thank you to all involved for their amazing generosity, which has made a huge difference this year.

Our Summer trip to the Coast

Date for your diary - Thursday 23rd July 2026

We are delighted to confirm we will be heading to Worthing again for a lovely lunch at the Arcades Fish Restaurant, a chance to enjoy the pier or a spot of shopping.

Full details of the coach departure and arrival times will be advised in due course.

Self Help Fundraising

Christmas Coffee Morning, Charities Fair, Market Stall & Weekly Raffle **Raised £3148.75**

Self Help Outings Day out in Worthing with lunch, Beauty & the Beast Panto.

We spent a grand total of £1683.89

Generous Grants

Dept. of Transport £86.13

W G Edwards Foundation Trust £2208 to help towards Entertainment costs and our new Hot Food Cupboard for the kitchen.

Grand total of grants awarded £2294.13

Diary Dates for 2026

AGM: **5th May**

Summer Outing: **23rd July**

Summer Break: **15th & 22nd September**

Committee Meeting: **6th October**

Christmas Coffee Morning: **17th November**

Christmas Charities Fair: **21st November**

Christmas Lunch: **15th December**

Christmas break: **24th & 29th December**

A Moment of Reflection

This year we said **farewell to some legends**, who we remember with great fondness and welcomed some new faces to join us.

A huge thank you to all of our **wonderful volunteers** who work tirelessly to make the club the special place that it is.

Special thanks to our amazing cook, **Pauline** for all the delicious lunches that have fuelled us all this year.

In Summary for this Year

Comments regarding our Year-on-year figures:

- 1) **Costs** increased for rent, catering and vehicle due to cost of living rises.
- 2) **Donations** of generous amounts received, Gift Aid submissions and successful fundraising events supported the club this year.
- 3) **Grants** are harder to secure at the moment. W G Edwards Charity Foundation supported us with entertainment costs and to purchase a new hot food cupboard for the kitchen.
- 4) **Membership** numbers remain at maximum with an evolving waiting list.
- 5) **Sundry Expenses** made up of: Gifts, flowers, New SHG mugs, seat cushions and annual expenses.
- 6) **Cash** banked regularly.
- 7) **New savings a/c** with Cambridge & Counties set up in Oct for better Return on investment.
- 8) Purchased a **transit wheelchair** for minibus to meet safety regulations & compliance.

Self Help Volunteers – Receiving the Dream Team Award



As the warmer weather beckons.... Hot weather advice circulated by the Sussex Resilience Forum, advising **some guidelines to help you** be more comfortable in hot weather:

- **Symptoms of heat exhaustion** include tiredness, dizziness, feeling or being sick, excessive sweating, becoming pale and clammy, being very thirsty and weakness. If you are struggling or need advice, **call 111**.
- **Avoid** being outside in direct sun from 11am - 3pm.
- Walk any pets at **cooler times** i.e. morning or evening.
- **Drink plenty** of fluids and if you go out take water with you.
- Keep your home cooler by **closing windows and curtains** in rooms that face full sun.
- Wear **lightweight loose-fitting** clothes and cover up when outside, wear a hat, sunglasses and apply suntan lotion with a high SPF factor.

Also be mindful of personal hygiene. Keep yourself clean, change your clothes daily and make sure sanitary wear is changed regularly to avoid emitting any unpleasant smells.

Henfield & District Self Help Group

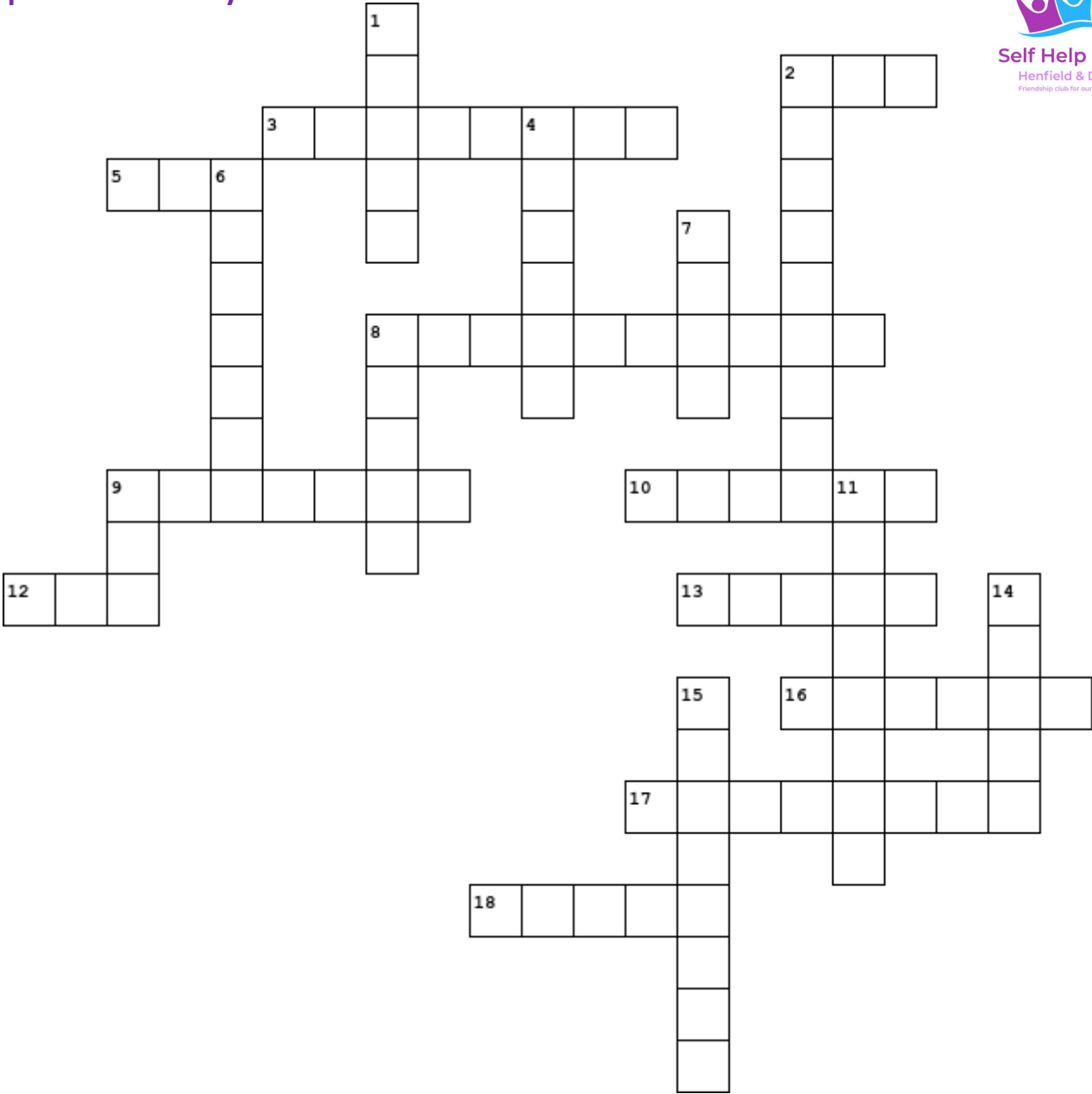
Independently Verified Accounts for April 2025 - Mar 2026



SELF HELP ACCOUNTS FULL YEAR 2025/6

01 April 2025 - 31 March 2026		2024/2025	CHANGE
INCOME			
SUBS	11,367	10,469	898
COFFEE MORNING/Fund Raisers	1,006	1,015	-9
CHARITIES FARE	650	504	146
RAFFLE	1,493	1,293	201
MINI BUS	342	317	25
DONATIONS (incl. cash adj. of £7.20)	8,259	3,543	4,716
D.O.T. GRANT	86	88	-2
GRANT FUNDING	2,208	3,918	-1,710
IN FROM DEPOSIT ACCOUNT	0	0	0
BANK INTEREST (Barclays & C&C Savings A/c's)	1,268	885	384
TOTAL	26,679	22,032	4,647
EXPENSES			
RENT	3,897	2,828	1,069
ENTERTAINMENT	3,111	3,074	37
INSURANCE	99	96	3
CATERING	7,021	5,099	1,922
DIESEL	250	224	25
SUNDRY EXPENSES (inc. cash adj. of £3.60)	1,303	2,119	-816
VEHICLE	2,623	1,972	651
LAND MAINTAINANCE (ended in Aug)	45	110	-65
TRANSFER FROM ACCOUNTS	0	0	0
ACCOUNTANCY FEES	240	240	0
TOTAL	18,588	15,762	2,826
NET INCOME/EXPENSE	8,091	6,270	1,821
NUMBER OF MEMBERS	40	40	0
CURRENT ACCOUNT BALANCE	8,198	9,313	-1,115
CASH HELD	245	566	-321
DEPOSIT ACCOUNT BALANCE(S)	70,025	60,498	9,527
Total Current Assets	78,468	70,377	8,091
Total Assets <u>less</u> current liabilities	79,247	71,156	8,091
(Fixed assets - minibus £1019)			

As a result, we're delighted to confirm that our weekly membership of £6, £1 raffle, 50p for the Minibus remains the same again, without any need to increase for 2026.



Across	
2.	Man's best friend
3.	Large marsupial
5.	Held each May at Self Help
8.	Useful and often wipeable
9.	Always goes well with a cuppa
10.	Best time to enjoy a fresh strawberry
12.	Likes to chase mice
13.	A form of entertainment
16.	A little tippie to celebrate a birthday
17.	One of the reasons to join the Self Help
18.	A weekly delight at Self Help

Down	
1.	What Self Help members enjoy in January
2.	Award won by the Self Help volunteers
4.	Chance to win a prize
6.	Our treasured transport
7.	Month the annual Self Help outing takes place
8.	Colourful spring flower
9.	Flying mammal
11.	Has a trunk
14.	Maximum number of members at Self Help
15.	Great place for a day trip

Answers ACROSS: 2. Dog 3. Kangaroo 5. AGM 8. Tablecloth 9. Biscuit 10. Summer 12. Cat 13. Games 16. Cherry 17. Friendly 18. Lunch DOWN: 1. Panto 2. Dreamteam 4. Raffle 6. Minibus 7. July 8. Tulip 9. Bat 11. Elephant 14. Forty 15. Worthing

Henfield & District Self Help Group

Financial Statements

for the year ended 31 March 2026

Henfield & District Self Help Group

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Henfield & District Self Help Group

Independent examiner's report to the trustees of Henfield & District Self Help Group for the year ended 31 March 2026

I report on the accounts of the charity for the year ended 31 March 2026 which are set out on pages 2 to 4.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act;
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
Daniel Pettitt FCCA
Keymer Haslam & Co
Chartered Accountants
4/6 Church Road
Burgess Hill
West Sussex, RH15 9AE

.....
(Date)

Henfield & District Self Help Group

Income and Expenditure Account for the year ended 31 March 2026

	2026		2025	
	£	£	£	£
Income				
Subscriptions & Catering sales	11,367		10,469	
Craft Sales	1,656		1,519	
Raffles	1,493		1,293	
Donations	8,259		3,543	
Grants	2,294		4,006	
Other	342		317	
Bank interest	1,268		885	
		26,679		22,032
Expenditure				
Rent	3,897		2,828	
Entertainments	3,111		3,074	
Insurance	99		96	
Land maintenance	45		110	
Vehicles	2,623		1,972	
Fuel	250		224	
Accountancy	240		210	
Sundry expenses	1,302		2,149	
Catering	7,021		5,099	
		18,588		15,762
Surplus/(Deficit) for the year		8,091		6,270

Henfield & District Self Help Group

Balance sheet as at 31 March 2026

	Notes.	2026		2025	
		£	£	£	£
Fixed assets					
Land & Buildings	1		1,019		1,019
Fixed assets	2		-		-
Current assets					
Bank current accounts		8,198		9,313	
Bank deposit accounts		5,025		60,498	
Bank deposit accounts		65,000		-	
Cash		245		566	
		<u>78,468</u>		<u>70,377</u>	
Current liabilities					
Creditors and accruals		<u>240</u>		<u>240</u>	
			78,228		70,137
Net current assets			<u> </u>		<u> </u>
Total assets less current liabilities			79,247		71,156
Net assets			<u>79,247</u>		<u>71,156</u>
Capital account					
Brought forward at 1 April 2024			71,156		64,886
Surplus for the year			8,091		6,270
			<u>79,247</u>		<u>71,156</u>

Signed

Ms Dawn Butcher

Date