

# **Anglo-Indian Circle T/A Sangat Advice Centre**

**We celebrate 50 years in the service for the Community**

## **Annual Report 2022 - 2023**

As the country faces austerity, recession, and a cost-of-living crisis, many communities, particularly black and South Asian communities, are feeling financial pressure. Women and people with disabilities are also disproportionately affected. For example, during the pandemic a higher-than-average number of deaths occurred in the South Asian community.

A recent analysis of data published by the Office for National Statistics (ONS) showed that the wealth divide between Indian adults and white British people is £88,082 and for Pakistani people, the figure is even higher, at £111,869.

The data also revealed women to be £93,000 worse off than men and disabled people on average, £67,000 worse off than their able-bodied counterparts.

In response to the challenges faced by the most vulnerable in the community, people often look to charities for support. Our charity, Sangat, has been in existence for over 50 years and has been doing its part to help.

In response to the pandemic, we provided free food, advice, and support to hundreds of people, including elderly individuals suffering from mental health problems. COVID disproportionately impacted socially isolated elderly people who were at risk of self-harm and suicide.

To combat loneliness and isolation during the lockdown, especially for those living alone, Sangat provided 14 iPads to those in need, offering social participation, telephone companionship, and information sharing. The aim was to

reduce the digital divide through training on digital skills and improve health outcomes through preventative measures.

## **Warm Bank - from November 2022**

In addition to our pandemic response, the Board of Directors approved the use of our own resources to launch a new initiative called the “**Warm Bank**”. We recognised the urgent need for social change and decided to redouble our efforts to assist those in need in a timely manner. Our Warm Bank initiative is just one way we are helping low-income people stay warm and connected, and combat feelings of insecurity, powerlessness, and exclusion. The Board accepted that this was not a diversion from other key activities but an important moral duty to assist the most vulnerable, complementing the efforts of other Government and local authority initiatives. Other warm hubs have also been set up in Harrow, providing access to wider support, such as debt and benefit advice.

### **A warm, homely place that welcomes everyone**

The Warm Bank was set up to provide a warm place for people to escape the cold weather, particularly those who cannot afford to heat their homes during the winter months. Through the Warm Bank, Sangat provides a homely community resource that offers advice sessions, meeting space, and social space for people to network build friendships, and have a healthy vegetarian meal. The Sangat Warm Bank welcomed everyone, regardless of age, financial status, disability, race, religion, or cultural background.

The Warm Bank not only provided a warm and safe space for people to escape the cold but also offered a range of activities to promote social interaction and mental well-being. Attendees played cards and board games (including the Carrom), bingo, read newspapers, did puzzles, join in yoga sessions, listened to live music, and above all made new friends.

## Volunteers

At Sangat, we rely heavily on our volunteers who have made the commendable decision to put a few hours aside to volunteer rather than do some extra paid work to earn money to meet the rising costs. We recognise their valuable service and thank each one.

**REGISTERED COMPANY NUMBER: 01574594 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 284745**

**Report of the Trustees and**  
**Unaudited Financial Statements for the Year Ended 31 March 2023**  
**for**  
**ANGLO-INDIAN CIRCLE LIMITED**

Ace Associates (UK) Limited T/A Ace Accountants  
44 Hartford Avenue  
Kenton  
Middlesex  
HA3 8SY

**Contents of the Financial Statements  
for the Year Ended 31 March 2023**

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## **ANGLO-INDIAN CIRCLE LIMITED**

### **Report of the Trustees for the Year Ended 31 March 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The objectives for which the charity is established are:

- To promote any charitable purposes in particular the relief of poverty, hardship, hunger, and distress;
- the advancement of education and research;
- the promotion of the Hindu religion.

In all aspects of the work undertaken by the charity the trustee have had regard to the guidance of the Charity Commission on public benefit.

## ANGLO-INDIAN CIRCLE LIMITED

### Report of the Trustees for the Year Ended 31 March 2023

#### ACHIEVEMENT AND PERFORMANCE

##### Charitable activities

The charity carries out a range of activities in pursuance of its charitable aims.

The Trustees consider that the activities, summaries below, provide benefits to the members of the local community.

We celebrate 50 years in the service for the Community.

As the country faces austerity, recession, and a cost-of-living crisis, many communities, particularly black and South Asian communities, are feeling financial pressure. Women and people with disabilities are also disproportionately affected. For example, during the pandemic, a higher-than-average number of deaths occurred in the South Asian community.

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The data also revealed women to be £93,000 worse off than men and disabled people on average, £67,000 worse off than their able-bodied counterparts.

In response to the challenges faced by the most vulnerable in the community, people often look to charities for support. Our charity, Sangat, has been in existence for over 50 years and has been doing its part to help.

In response to the pandemic, we provided free food, advice, and support to hundreds of people, including elderly individuals suffering from mental health problems. COVID disproportionately impacted socially isolated elderly people who were at risk of self-harm and suicide.

To combat loneliness and isolation during the lockdown, especially for those living alone, Sangat provided 14 iPads to those in need, offering social participation, telephone companionship, and information sharing. The aim was to reduce the digital divide through training on digital skills and improve health outcomes through preventative measures.

##### Warm Bank - from November 2022

In addition to our pandemic response, the Board of Directors approved the use of our own resources to launch a new initiative called the "Warm Bank". We recognised the urgent need for social change and decided to redouble our efforts to assist those in need in a timely manner. Our Warm Bank initiative is just one way we are helping low-income people stay warm and connected, and combat feelings of insecurity, powerlessness, and exclusion. The Board accepted that this was not a diversion from other key activities but an important moral duty to assist the most vulnerable, complementing the efforts of other Government and local authority initiatives. Other warm hubs have also been set up in Harrow, providing access to wider support, such as debt and benefit advice.

##### A warm, homely place that welcomes everyone

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##### Other charitable activities

##### Health, Education & Welfare:

The charity runs badminton sessions (every week) at a local sports centre and during the year it saw a steady increase of take up in this activity. These sessions offer a focal point for members of the local community and help to improve the health and wellbeing of the users.

Religious activity: The Charity celebrated Festival of Diwali and held one spiritual session.

Community Support Activities: The charity continues to assist small local groups by providing free use of its premises and offering advice and guidance.

## **ANGLO-INDIAN CIRCLE LIMITED**

### **Report of the Trustees for the Year Ended 31 March 2023**

#### **Advice and casework:**

On a daily basis, we assist people with their problems -be it social, legal, welfare benefits, matrimonial, housing, etc. On average, we see over 2500 people per annum and our staff feel satisfied when they see a smile on clients' faces.

#### **Volunteers**

At Sangat, we rely heavily on our volunteers who have made the commendable decision to put a few hours aside to volunteer rather than do some extra paid work to earn money to meet the rising costs. We recognise their valuable service and thank each one.

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The charity is controlled by its governing document, a Constitution, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Registered Company number**

01574594 (England and Wales)

#### **Registered Charity number**

284745

#### **Registered office**

28a Sancrft Road  
Harrow  
Middlesex  
HA3 7NS

#### **Trustees**

D Shah  
Mrs V Varsani  
P Ranpura Director  
H Patel Director  
H D Soni Director (appointed 15.2.23)

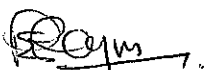
#### **Company Secretary**

K Nagda

#### **Independent Examiner**

Vijay Amin  
Ace Associates (UK) Limited T/A Ace Accountants  
44 Hartford Avenue  
Kenton  
Middlesex  
HA3 8SY

Approved by order of the board of trustees on 25 September 2023 and signed on its behalf by:



P Ranpura - Trustee



**Independent Examiner's Report to the Trustees of  
ANGLO-INDIAN CIRCLE LIMITED**

**Independent examiner's report to the trustees of ANGLO-INDIAN CIRCLE LIMITED ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

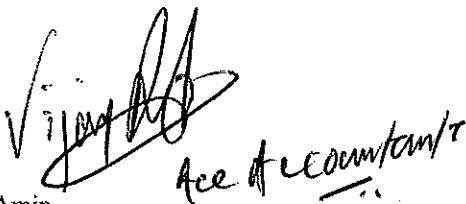
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Vijay Amin  
The Association of Chartered Certified Accountants

Ace Associates (UK) Limited T/A Ace Accountants  
44 Hartford Avenue  
Kenton  
Middlesex  
HA3 8SY

26 September 2023

# ANGLO-INDIAN CIRCLE LIMITED

## Statement of Financial Activities for the Year Ended 31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		242	-	242	18,365
Other trading activities	2	115,444	-	115,444	136,024
Investment income	3	5,890	-	5,890	6,307
Other income		6,000	-	6,000	3,144
<b>Total</b>		<b>127,576</b>	<b>-</b>	<b>127,576</b>	<b>163,840</b>
<b>EXPENDITURE ON</b>					
Raising funds		1,827	-	1,827	992
<b>Charitable activities</b>					
Charity		112,532	-	112,532	113,156
Governance costs		23,416	-	23,416	15,855
Other		21,811	-	21,811	33,837
<b>Total</b>		<b>159,586</b>	<b>-</b>	<b>159,586</b>	<b>163,840</b>
Net gains/(losses) on investments		(14,049)	-	(14,049)	14,558
<b>NET INCOME/(EXPENDITURE)</b>		<b>(46,059)</b>	<b>-</b>	<b>(46,059)</b>	<b>14,558</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		1,215,376	-	1,215,376	1,200,818
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>1,169,317</b>	<b>-</b>	<b>1,169,317</b>	<b>1,215,376</b>

The notes form part of these financial statements

**ANGLO-INDIAN CIRCLE LIMITED**

**Balance Sheet  
31 March 2023**

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	8	439,576	-	439,576	446,891
Investments	9	90,794	-	90,794	104,843
		<u>530,370</u>	<u>-</u>	<u>530,370</u>	<u>551,734</u>
<b>CURRENT ASSETS</b>					
Debtors	10	-	-	-	4,743
Prepayments and accrued income		502	-	502	166
Cash at bank and in hand		646,646	-	646,646	668,484
		<u>647,148</u>	<u>-</u>	<u>647,148</u>	<u>673,393</u>
<b>CREDITORS</b>					
Amounts falling due within one year	11	(8,201)	-	(8,201)	(9,751)
		<u>638,947</u>	<u>-</u>	<u>638,947</u>	<u>663,642</u>
<b>NET CURRENT ASSETS</b>					
		<u>638,947</u>	<u>-</u>	<u>638,947</u>	<u>663,642</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>1,169,317</u>	<u>-</u>	<u>1,169,317</u>	<u>1,215,376</u>
<b>NET ASSETS</b>					
		<u>1,169,317</u>	<u>-</u>	<u>1,169,317</u>	<u>1,215,376</u>
<b>FUNDS</b>					
Unrestricted funds	12			1,169,317	1,215,376
<b>TOTAL FUNDS</b>					
				<u>1,169,317</u>	<u>1,215,376</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

**ANGLO-INDIAN CIRCLE LIMITED**

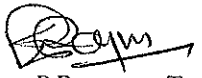
**Balance Sheet - continued**  
**31 March 2023**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 25 September 2023 and were signed on its behalf by:



H Patel - Trustee



P Ranpura - Trustee

Notes to the Financial Statements  
for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Land and Buildings	- 2% on cost. It was agreed not to depreciate the asset in this year.
Plant and machinery etc	-20% on reducing balance

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	31.3.23	31.3.22
	£	£
Hire of Hall	5,425	1,360
Health and Fitness Income	1,726	1,729
Fees	86,035	98,191
Yoga Fees	1,977	907
Shayata Project Contract	-	33,837
Warm Bank	20,281	-
	<u>115,444</u>	<u>136,024</u>

# ANGLO-INDIAN CIRCLE LIMITED

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

## 3. INVESTMENT INCOME

	31.3.23	31.3.22
	£	£
Investment income	3,817	3,688
Deposit account interest	2,073	2,619
	<u>5,890</u>	<u>6,307</u>

## 4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.23	31.3.22
	£	£
Depreciation - owned assets	<u>7,315</u>	<u>7,453</u>

## 5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022..

### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022..

## 6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.23	31.3.22
	4	3
Staff	<u>4</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

## 7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	18,365	-	18,365
Other trading activities	102,187	33,837	136,024
Investment income	6,307	-	6,307
Other income	3,144	-	3,144
<b>Total</b>	<u>130,003</u>	<u>33,837</u>	<u>163,840</u>
<b>EXPENDITURE ON</b>			
Raising funds	992	-	992
<b>Charitable activities</b>			
Charity	113,156	-	113,156
Governance costs	15,855	-	15,855

# ANGLO-INDIAN CIRCLE LIMITED

## Notes to the Financial Statements - continued for the Year Ended 31 March 2023

### 7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted fund £	Total funds £
Other	-	33,837	33,837
<b>Total</b>	<b>130,003</b>	<b>33,837</b>	<b>163,840</b>
Net gains on investments	14,558	-	14,558
<b>NET INCOME</b>	<b>14,558</b>	<b>-</b>	<b>14,558</b>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	1,200,818	-	1,200,818
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>1,215,376</b>	<b>-</b>	<b>1,215,376</b>

### 8. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Totals £
<b>COST</b>			
At 1 April 2022 and 31 March 2023	557,016	31,758	588,774
<b>DEPRECIATION</b>			
At 1 April 2022	113,630	28,253	141,883
Charge for year	6,685	630	7,315
At 31 March 2023	120,315	28,883	149,198
<b>NET BOOK VALUE</b>			
At 31 March 2023	436,701	2,875	439,576
At 31 March 2022	443,386	3,505	446,891

Included in the cost of the freehold property is land valued by the directors at £222,806. No depreciation has been provided on this amount.

There is a charge on the property in favour of Millennium Commission and the London Borough of Harrow in respect of grants received.

# ANGLO-INDIAN CIRCLE LIMITED

## Notes to the Financial Statements - continued for the Year Ended 31 March 2023

### 9. FIXED ASSET INVESTMENTS

	Unlisted investments £
<b>MARKET VALUE</b>	
At 1 April 2022 and 31 March 2023	<u>90,794</u>
<b>NET BOOK VALUE</b>	
At 31 March 2023	<u>90,794</u>
At 31 March 2022	<u>90,794</u>

There were no investment assets outside the UK.

### 10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Other debtors	<u>-</u>	<u>4,743</u>

### 11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Trade creditors	(1)	1
Other creditors	-	6,000
Accrued expenses	<u>8,202</u>	<u>3,750</u>
	<u>8,201</u>	<u>9,751</u>

### 12. MOVEMENT IN FUNDS

Within the general fund two amounts have been designated by the trustees for specific purposes:

	2023	2022
Sangat Centre Building Fund	348,623	348,623
Building maintenance	35,740	35,740

### 13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

### 14. DESIGNATED FUNDS

The Trustees at the meeting on 30 September 2022 approved to set aside designated funds to meet the salaries of staff and other charity operating overheads covering atleast 2 years from general reserve fund £250,000.



**ANGLO-INDIAN CIRCLE LIMITED**

**Detailed Statement of Financial Activities  
for the Year Ended 31 March 2023**

	31.3.23 £	31.3.22 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Gifts	2	1
Donations	240	900
Grants	-	17,464
	<hr/>	<hr/>
	242	18,365
<b>Other trading activities</b>		
Hire of Hall	5,425	1,360
Health and Fitness Income	1,726	1,729
Fees	86,035	98,191
Yoga Fees	1,977	907
Shayata Project Contract	-	33,837
Warm Bank	20,281	-
	<hr/>	<hr/>
	115,444	136,024
<b>Investment income</b>		
Investment income	3,817	3,688
Deposit account interest	2,073	2,619
	<hr/>	<hr/>
	5,890	6,307
<b>Other income</b>		
Sundry Income	6,000	3,144
	<hr/>	<hr/>
<b>Total incoming resources</b>	127,576	163,840
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Hall Hire	1,327	992
Donations	500	-
	<hr/>	<hr/>
	1,827	992
<b>Charitable activities</b>		
Wages	91,964	85,364
Social security	3,845	6,579
Rates and water	357	125
Postage and stationery	1,725	2,929
Yoga Class Cost	2,377	90
	<hr/>	<hr/>
	100,268	95,087
<b>Other</b>		
Shayata Project Cost	-	33,837
Carried forward	-	33,837

This page does not form part of the statutory financial statements

**ANGLO-INDIAN CIRCLE LIMITED**

**Detailed Statement of Financial Activities  
for the Year Ended 31 March 2023**

	31.3.23 £	31.3.22 £
<b>Other</b>		
Brought forward	-	33,837
Warm Bank costs	<u>21,811</u>	<u>-</u>
	21,811	33,837
<b>Support costs</b>		
<b>Management</b>		
Insurance	884	862
Light and heat	2,049	2,389
Telephone	1,415	1,356
Advertising	-	330
Sundries	88	79
Cleaning	1,380	2,624
Repairs and Renewals	1,313	2,126
Subscriptions	<u>173</u>	<u>-</u>
	7,302	9,766
<b>Finance</b>		
Bank charges	148	27
Credit Card Charges	<u>1,416</u>	<u>1,592</u>
	1,564	1,619
<b>Other</b>		
Travel and Subsistence	2	-
<b>Governance costs</b>		
Accountancy fees	1,750	1,750
Legal fees	1,646	1,290
Secretarial services	15,907	11,393
Computer and Consumable Cost	195	653
Freehold property	6,684	6,684
Fixtures and fittings	<u>630</u>	<u>769</u>
	26,812	22,539
Total resources expended	<u>159,586</u>	<u>163,840</u>
<b>Net (expenditure)/income before gains and losses</b>	(32,010)	-
<b>Realised recognised gains and losses</b>		
Realised gains/(losses) on fixed asset investments	<u>(14,049)</u>	<u>14,558</u>
<b>Net (expenditure)/income</b>	<u>(46,059)</u>	<u>14,558</u>

This page does not form part of the statutory financial statements

**REGISTERED COMPANY NUMBER: 01574594 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 284745**

**Report of the Trustees and**  
**Unaudited Financial Statements for the Year Ended 31 March 2023**  
**for**  
**ANGLO-INDIAN CIRCLE LIMITED**

Ace Associates (UK) Limited T/A Ace Accountants  
44 Hartford Avenue  
Kenton  
Middlesex  
HA3 8SY

**Contents of the Financial Statements  
for the Year Ended 31 March 2023**

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## **ANGLO-INDIAN CIRCLE LIMITED**

### **Report of the Trustees for the Year Ended 31 March 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The objectives for which the charity is established are:

- To promote any charitable purposes in particular the relief of poverty, hardship, hunger, and distress;
- the advancement of education and research;
- the promotion of the Hindu religion.

In all aspects of the work undertaken by the charity the trustee have had regard to the guidance of the Charity Commission on public benefit.

## ANGLO-INDIAN CIRCLE LIMITED

### Report of the Trustees for the Year Ended 31 March 2023

#### ACHIEVEMENT AND PERFORMANCE

##### Charitable activities

The charity carries out a range of activities in pursuance of its charitable aims.

The Trustees consider that the activities, summaries below, provide benefits to the members of the local community.

We celebrate 50 years in the service for the Community.

As the country faces austerity, recession, and a cost-of-living crisis, many communities, particularly black and South Asian communities, are feeling financial pressure. Women and people with disabilities are also disproportionately affected. For example, during the pandemic, a higher-than-average number of deaths occurred in the South Asian community.

A recent analysis of data published by the Office for National Statistics (ONS) showed that the wealth divide between Indian adults and white British people is £88,082 and for Pakistani people, the figure is even higher, at £111,869.

The data also revealed women to be £93,000 worse off than men and disabled people on average, £67,000 worse off than their able-bodied counterparts.

In response to the challenges faced by the most vulnerable in the community, people often look to charities for support. Our charity, Sangat, has been in existence for over 50 years and has been doing its part to help.

In response to the pandemic, we provided free food, advice, and support to hundreds of people, including elderly individuals suffering from mental health problems. COVID disproportionately impacted socially isolated elderly people who were at risk of self-harm and suicide.

To combat loneliness and isolation during the lockdown, especially for those living alone, Sangat provided 14 iPads to those in need, offering social participation, telephone companionship, and information sharing. The aim was to reduce the digital divide through training on digital skills and improve health outcomes through preventative measures.

##### Warm Bank - from November 2022

In addition to our pandemic response, the Board of Directors approved the use of our own resources to launch a new initiative called the "Warm Bank". We recognised the urgent need for social change and decided to redouble our efforts to assist those in need in a timely manner. Our Warm Bank initiative is just one way we are helping low-income people stay warm and connected, and combat feelings of insecurity, powerlessness, and exclusion. The Board accepted that this was not a diversion from other key activities but an important moral duty to assist the most vulnerable, complementing the efforts of other Government and local authority initiatives. Other warm hubs have also been set up in Harrow, providing access to wider support, such as debt and benefit advice.

A warm, homely place that welcomes everyone

The Warm Bank was set up to provide a warm place for people to escape the cold weather, particularly those who cannot afford to heat their homes during the winter months. Through the Warm Bank, Sangat provides a homely community resource that offers advice sessions, meeting space, and social space for people to network build friendships, and have a healthy vegetarian meal. The Sangat Warm Bank welcomed everyone, regardless of age, financial status, disability, race, religion, or cultural background.

The Warm Bank not only provided a warm and safe space for people to escape the cold but also offered a range of activities to promote social interaction and mental well-being. Attendees played cards and board games (including the Carrom), bingo, read newspapers, did puzzles, join in yoga sessions, listened to live music, and above all made new friends.

##### Other charitable activities

##### Health, Education & Welfare:

The charity runs badminton sessions (every week) at a local sports centre and during the year it saw a steady increase of take up in this activity. These sessions offer a focal point for members of the local community and help to improve the health and wellbeing of the users.

Religious activity: The Charity celebrated Festival of Diwali and held one spiritual session.

Community Support Activities: The charity continues to assist small local groups by providing free use of its premises and offering advice and guidance.

## **ANGLO-INDIAN CIRCLE LIMITED**

### **Report of the Trustees for the Year Ended 31 March 2023**

#### **Advice and casework:**

On a daily basis, we assist people with their problems -be it social, legal, welfare benefits, matrimonial, housing, etc. On average, we see over 2500 people per annum and our staff feel satisfied when they see a smile on clients' faces.

#### **Volunteers**

At Sangat, we rely heavily on our volunteers who have made the commendable decision to put a few hours aside to volunteer rather than do some extra paid work to earn money to meet the rising costs. We recognise their valuable service and thank each one.

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The charity is controlled by its governing document, a Constitution, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Registered Company number**

01574594 (England and Wales)

#### **Registered Charity number**

284745

#### **Registered office**

28a Sancrft Road  
Harrow  
Middlesex  
HA3 7NS

#### **Trustees**

D Shah  
Mrs V Varsani  
P Ranpura Director  
H Patel Director  
H D Soni Director (appointed 15.2.23)

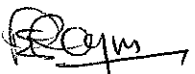
#### **Company Secretary**

K Nagda

#### **Independent Examiner**

Vijay Amin  
Ace Associates (UK) Limited T/A Ace Accountants  
44 Hartford Avenue  
Kenton  
Middlesex  
HA3 8SY

Approved by order of the board of trustees on 25 September 2023 and signed on its behalf by:



P Ranpura - Trustee

**Independent Examiner's Report to the Trustees of  
ANGLO-INDIAN CIRCLE LIMITED**

**Independent examiner's report to the trustees of ANGLO-INDIAN CIRCLE LIMITED ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

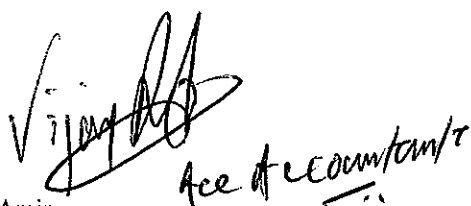
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Vijay Amin  
The Association of Chartered Certified Accountants

Ace Associates (UK) Limited T/A Ace Accountants  
44 Hartford Avenue  
Kenton  
Middlesex  
HA3 8SY

26 September 2023