

FRIENDS FELLOWSHIP OF HEALING
Registered Charity Number: 284459
ANNUAL REPORT FOR THE YEAR ENDED 31st DECEMBER 2024

Trustees:

Gervais Frykman, Chair
Cherry Simpkin, Treasurer
Pauline Frykman
David Mason,
Anne Le Marinel
Lee Britten-Jones
Kay Horsfield
Strawberry Roth
Christine Downes-Grainger (from 16/11/2024)

Independent Examiner

Kingston Burrowes, 308 Ewell Road, Surbiton, KT6 7AL

Paid Staff and Volunteers

The charity has no paid staff. During the year, there were 5 volunteers engaged in the co-ordination of Prayer Groups, distribution of newsletters and book sales and distribution. We thank them all for their valuable contribution.

Charity's Principal Address

The charity has no permanent address. The charity may be contacted via its website or through the Clerk at 52 Ridge Road , Middlestown , Wakefield , WF4 4QP or through the Treasurer at 78, Courtlands Avenue, London, SE12 8JA.

Structure, Governance and Management

Friends Fellowship of Healing (FFH) is an unincorporated charity governed by a Constitution adopted 2 March 1982 as amended 27 May 2000, 30 July 2001, 29 May 2004 and 4 December 2021.

All trustees and office holders are appointed by the Board of Trustees with the approval of members at the Annual General Meeting. Trustees serve for 3 years and may be re-elected.

Objectives and activities

The object of the charity is to advance the education of the public in the principles of the Religious Society of Friends by the advancement of religion and the promotion of the relief of sickness and suffering based on the premise of the healing power of prayer and meditation and counselling in accordance with the said principles of the Religious Society of Friends.

Public Benefit

The trustees believe that the charity provided public benefit during the year in accordance with the guidance published by the Charity Commission through the following activities:

- Publication of a magazine, *Towards Wholeness*, 3 times a year promoting the healing ministry, free to members and on sale to the general public;
- Promotion of the healing ministry through the charity's website;
- Publication of booklets on all aspects of the healing ministry on sale to the general public;
- Providing educational training courses on the healing ministry open to the general public, including providing bursaries for training where appropriate;
- Providing a platform for the public for discussion and sharing of experiences of the healing ministry;
- Supporting the charity's affiliated distant healing prayer groups and distant healing postal network;
- Providing a facility for members of the public to ask for healing prayers;
- Training, accreditation and support for one-to-one contact healers through its sub-group Quaker Spiritual Healers;
- Providing healing and a listening ear on a one to one basis through our network of trained healers, all of whom are fully insured and work to a Code of Conduct

Achievements and performance

We continue to hold monthly sessions through Zoom for general discussion and the sharing of experience, with a speakers on topics related to healing. Absent healing sessions are also held regularly through the Zoom platform. Using Zoom has enabled us to link up with those interested in healing in other countries, particularly the United States.

The postal healing prayer group network continued.

We provided introductory sessions on the work of FFH to the wider Quaker community at the annual conference of the Religious Society of Friends.

We also held our annual Nationwide Day of Healing at which FFH members throughout the UK held sessions of healing prayer throughout the day.

We held a residential training course for beginners on one to one healing and a residential weekend for our existing healers to help them develop their healing ministry.

We continue to provide bursaries from our training fund to enable those wishing to develop as healers to attend our training courses, who would not otherwise have been able to do so.

We published three editions of our magazine *Towards Wholeness*.

Having taken over the John Wigham (Enjoyment) Fund from Quaker General Meeting Scotland in 2023, we continue to provide grants for persons in Scotland in need of support to improve their mental health.

Safeguarding

The policy and safeguarding entries in Code of Conduct are reviewed annually. All one to one healers are advised to ensure they have DBS checks if these are appropriate to their practice. Due to the size of the charity and its limited human resources, the posts of Safeguarding Officer and Trustee are combined, with Cherry Simpkin acting as the current safeguarding trustee.

Data Protection

The Council's data protection policy is in line with the General Data Protection Regulations (GDPR).

Data related to members shall be shared between officers of FFH only and shall not be disclosed to any other member or third party without written permission of the member.

All one to one healers are obliged under their Code of Conduct to maintain and use clients records in line with GDPR requirements.

The policy and code of conduct are reviewed regularly.

Cherry Simpkin is the Trustee responsible for GDPR and the main data users are the Membership Secretary and the Treasurer.

Financial Review

The trustees have a reasonable expectation that the charity has sufficient funds to continue in operational existence for the foreseeable future.

To ensure liquidity and smooth cashflow, all funds are held in cash deposits.

The charity's reserves policy is to maintain sufficient funds to ensure regular commitments can be properly maintained, including the timely publication of 'Towards Wholeness', the general support of its members, insurance for healers, trustees and volunteers' travel expenses and to cover administrative costs, including professional fees.

Total reserves at 31 December 2024 were £85,716, including £23,774 in restricted funds. Restricted funds comprise our training fund from a legacy specifically bequeathed to the charity to finance training and the residue of the John Wigham (Enjoyment) Fund which is specifically for people in Scotland.

Income for the year was £41,395, including a legacy of £34,633. Sources of income are membership fees, literature sales, donations and legacies.

There were no trustees expenses as all trustees meetings were held on Zoom.

Total expenses amounted to £12,551 and included costs covering postage, printing, advertising, support for healers (including insurance) and training.

There was a surplus of income over expenditure in unrestricted funds of £28,844 compared to £913 in 2023. This is mainly due to the legacy mentioned above.

The charity has no long-term liabilities.

The Trustees have a duty to identify risks to which the Charity is exposed and to ensure appropriate controls are in place to mitigate these. The trustees regularly review the charity's financial and administrative procedures and monitor the level of income in the light of regular expenditure, including ensuring a sufficient rate of membership subscription.

Future plans

In 2025 the Trustees plan to:

- publish three editions each of our magazine *Towards Wholeness*
- publish further books/booklets
- continue our regular online sessions for absent healing and general discussion, including speakers.
- continue to provide training, accreditation and support for one-to-one contact healers, including residential courses
- carry out a review of training material and update as necessary.
- consider ways of using excess reserves

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature:

A handwritten signature in black ink, reading "Gervais Frykman". The signature is written in a cursive style with a large, stylized 'F'.

Name: Gervais Frykman

Position: Clerk (Chair)

Date: 15/10/2025

REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES OF FRIENDS FELLOWSHIP OF HEALING

I report on the accounts of the charity for the year ended 31 December 2024, which comprise the Receipts & Payments Account, Statement of Assets & Liabilities and the related notes.

Respective responsibilities of the Trustees and Examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Area Meeting and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



K.C. Fisher FCA
c/o Kingston Burrowes Audit Ltd
308 Ewell Road,
Surbiton, Surrey. KT6 7AL

Dated: 15th October 2025

THE FRIENDS FELLOWSHIP OF HEALING
Registered Charity 284459
Receipts and Payment Account for the Year Ended 31st December 2024

Note	Unrestricted	Restricted	Total	2023
	£	£	£	£
RECEIPTS				
Subscriptions	4,589.00		4,589.00	4,867.00
Donations	375.18	0.00	375.18	1,941.70
Gift Aid Refund	0.00		0.00	0.00
Books	47.94		47.94	159.21
Sale of magazines	0.00		0.00	0.00
Courses	1,237.50		1,237.50	1,250.00
Conferences	0.00		0.00	0.00
Legacy	35,145.55		35,145.55	2,000.00
Bank Interest	0.00		0.00	0.00
Miscellaneous	0.00		0.00	0.00
Total Received	41,395.17	0.00	41,395.17	10,217.91

	£	£	£	£
PAYMENTS				
Stationery	12.62		12.62	0.00
Advertising	175.83		175.83	240.00
Room Hire	0.00		0.00	0.00
Courses/training	6,936.03	137.50	7,073.53	3,712.70
Conferences	0.00		0.00	0.00
Equipment	0.00		0.00	0.00
Paypal charges	16.61		16.61	5.54
Printing/Photocopying	35.44		35.44	0.00
Postage	0.00		0.00	0.00
Scottish Fund (JWET)		480.00	480.00	0.00
Travel	0.00		0.00	0.00
Trustees	0.00		0.00	0.00
Other	248.67		248.67	0.00
Insurance	728.26		728.26	726.10
Website and IT Costs	0.00		0.00	0.00
TW Magazine	3,780.21		3,780.21	3,720.27
Bank Charge	0.00		0.00	0.00
Grants/donations	0.00		0.00	0.00
Independent Examination	0.00			900.00
			0.00	
Miscellaneous	0.00		0.00	0.00
Total Paid	11,933.67	617.50	12,551.17	9,304.61

Surplus/deficit to accumulated fund	29,461.50	(617.50)	28,844.00	913.30
--------------------------------------------	------------------	-----------------	------------------	---------------

	Accumulated Fund		Total	2023
	Unrestricted	Restricted		
	£	£	£	£
Fund at 1 January 2024	32,480.44	24,391.42	56,871.86	56,122.37
surplus (deficit) for the year	29,461.50	(617.50)	28,844.00	749.50
Funds at 31 December 2024	61,941.94	23,773.92	85,715.86	56,871.87

	Represented by		Total	2023
	Unrestricted	Restricted		
	£	£	£	£
Bank 65033106	54,636.26	23,773.92	78,410.18	50,074.39
Bank 65102367	6,673.98	0.00	6,673.98	6,473.98
Paypal	631.70	0.00	631.70	323.49
Cash in hand				0.00
Total Assets	61,941.94	23,773.92	85,715.86	56,871.86

THE FRIENDS FELLOWSHIP OF HEALING
Registered Charity 284459
Notes to the Financial Statements for the Year Ended 31 December 2024

Donations

- 1 "Donations" represent donations given not associated with subscriptions e.g. those given by non-members and from collections by Quaker Meetings . Donations given as part of subscriptions are included under "Subscriptions".

- 2 **Funds**

Restricted funds of £23,773 represent funds of £22626 given for the training and development of healers and £1147 being the residue of the John Wigham (Enjoyment) Trust fund which is restricted to beneficiaries living in Scotland. All other funds are unrestricted for use at the discretion of the Trustees in furtherance of the charitable objectives.

Signed on behalf of the charity's trustees:



Name: Gervais Frykman
Position: Clerk (Chair)
Date: 15/10/2025