



La Leche League GB

# La Leche League Great Britain

## Annual Report 2024/25

Company Number 1566925

Charity Number 283771 (England and Wales)

SC050396 (Scotland)

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## LEGAL AND ADMINISTRATIVE INFORMATION

The Trustees present their report and financial statements for the year ended 31 March 2025. The Trustees have adopted the provisions of the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP) – FRS 102 in preparing the annual report and financial statements of the charity.

**Principal activity:** Provision of breastfeeding help, information, and education.

**Registered name:** LA LECHE LEAGUE GREAT BRITAIN

The company is incorporated under the 2006 Companies Act (No. 1566925).

La Leche League Great Britain is a registered charity (No. 283771 England and Wales, SC050396 Scotland.)

**Registered address:** Charlotte House, Stanier Way, The Wyvern Business Park, Derby, DE21 6BF

### Directors

The directors of the charitable company are its trustees for the purposes of charity law. The following have served during the year April 2024 - March 2025.

Helen Russ

Bronwyn Davies	Retired June 2024
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Amanda Dunbar	Retired June 2024
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Louise Moran	Retired June 2024
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Eleanor Moriarty	Retired June 2024
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Claire Williams	Retired June 2024
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Deborah Barnes	Appointed July 2024, retired September 2024
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Rebecca Cluett	Retired November 2024
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Joanna Godden	Retired November 2024
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Loreto Iglesias-Rubianes	Retired November 2024
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Sian Keller	Retired November 2024
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Ruth Lewis	Retired November 2024
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Miriam Main	Retired November 2024
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Karis White	Retired November 2024
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Adriana Aspinhal	Appointed July 2024, retired December 2024
Emily Lunny	Appointed August 2024, retired December 2024
Emma Baghdadi	Appointed August 2024
Maria Emilia Bertolo-Pardo	Appointed November 2024
Heather Birt	Appointed November 2024
Sarah Fletcher	Appointed November 2024
Jayne Joyce	Appointed November 2024
Rae Lowe	Appointed November 2024
Caitriona Martin	Appointed November 2024
Rachel O’Leary	Appointed November 2024
Nicola Sheldon	Appointed November 2024
Maria Yasnova	Appointed November 2024
Kate Breen	Appointed January 2025

**Company secretary:** Claire Patel

**Independent examiner:** Mrs K Seagrave FCA, Fouetté Accountancy Solutions Limited, 82a Selby Lane, Keyworth, Nottingham, NG12 5AJ

**Bankers:** TSB Bank plc, West Bridgford, Nottingham NG2 5JD

## LETTER FROM THE CHAIRS



The past year has been an exceptionally challenging one for La Leche League Great Britain. Complex pressures, both internal and external, have tested the charity's resilience.

Wider cultural debates about gender inclusion have led to conflict within the organisation and with La Leche League International (LLLI), resulting in the loss of some Trustees and Leaders. The Council acknowledges the significant impact this has had on our community. We have taken time to reflect, rebuild, and strengthen our communication, laying the foundations for a more stable and united future.

At the heart of LLLGB are our volunteer Leaders. Throughout this year Leaders have provided skilled, empathetic support to families across England, Scotland and Wales: through group meetings, our helpline, online platforms, antenatal courses, and our website resources. The commitment and professionalism of LLL volunteers have ensured that the services of LLLGB remain available.

There is much to be proud of: a new Leader training pathway; the publication of the 9<sup>th</sup> edition of *The Art of Breastfeeding*, La Leche League's classic handbook; an expanded digital presence in our podcast and social media; a major review of our website content. And the reach of our 'Beginning Breastfeeding' antenatal courses has continued to grow, connecting more expectant parents with LLL support.

The Council of Directors is focused on consolidation and renewal, sound governance, transparency, and financial stability, with stronger support for our volunteers. We are engaging constructively with LLLI to review the affiliate relationship, seeking clearer frameworks for cooperation and mutual understanding.

On behalf of the Council, we thank all our Leaders, staff, members, and donors for their commitment during a difficult year. The charity has carried on supporting and

advocating for breastfeeding, which matters so deeply. Looking forward, we are determined to ensure that La Leche League Great Britain continues to be a trusted, inclusive, and compassionate source of information and support for every family who needs us.

**Emma Baghdadi and Jayne Joyce**

Co-Chairs of Trustees

La Leche League GB

November 2025

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH, 2025

## Who we are

LLLGB was established in 1981 as an independent affiliate of La Leche League International (LLLI), serving England, Wales, and Scotland. LLLI, founded in 1956, is the world's leading mother-to-mother, peer-to-peer breastfeeding support organisation.

## La Leche League's Vision

To realise, deepen and share the love and wisdom found in the breastfeeding relationship.

## What we do in LLLGB

Our charity's objective is to promote the physical and psychological health of mothers and children through education in the technique of breastfeeding, and to advance the education of the public and especially those concerned with the care of children, in the health benefits both immediate and long-term of breastfeeding.

## Who we benefit

In shaping our objectives for the year and planning our activities, the Trustees have considered the Charity Commission's general guidance on public benefit, and in particular the advancement of education on the technique of breastfeeding for those who are breastfeeding or who wish to breastfeed, and the education of the public about breastfeeding.



## How we do it

### Our Leaders

Our volunteer breastfeeding counsellors (La Leche League Leaders) are the cornerstone of our organisation. They provide up-to-date information and compassionate, non-judgmental support through the whole span of breastfeeding, from pregnancy to weaning.

The flexible LLLI accreditation (training) pathway accommodates family life, with applicants (trainees) assisted by their local Leader and the Leader Accreditation Department (LAD). Once accredited, Leaders continue to receive support from their District Co-ordinator and Leader Department Director, alongside informal peer connections, creating a strong and connected community. Leaders are supported by our Professional Liaison (PL) Department for more complex queries. The PL Department is part of the wider LLLI Global Professional Liaison Network, ensuring access to international expertise. Our Panel of Professional Advisors, comprising experts in breastfeeding and birth research and practice, advises the PL Department and assists with medical queries and challenges, enhancing the quality and depth of support we provide to families.



### Local support

Our in-person breastfeeding support groups have always been the heart of La Leche League. Held in a wide range of locations, from community centres and family hubs to cafés and martial arts studios, our meetings offer safe spaces to receive support with work on breastfeeding issues and connect with others who understand the challenges and joys of 'mothering through breastfeeding'. Within their local



communities, our Leaders also offer flexible one-to-one support via phone and video calls, Zoom meetings, social media chat groups, email, direct messaging, and more.

In Tranent, East Lothian, Scottish Government funding enables us to commission a peer support project (via Breastfeeding LENS) which serves as an example of good practice in reaching underserved communities.

"I just want to say, you are incredible! It has always been nice knowing Thursday meets are there as a safe, comfy option with a very friendly face! Above and beyond doesn't cut it.  
Thank you!

Claire Hawker, Yorkshire



La Leche League GB

## National support

Our national Callback phone service, webchat, and email Helpforms are available for anyone in Britain, whether they're pregnant, a breastfeeding mum, a family member, friend, or professional supporting someone else to breastfeed, or a member of the public seeking information about breastfeeding. Virtual LLL meetings and specialist national social media support groups (e.g. for mothers who are tandem nursing) are available for those who are pregnant or breastfeeding.

"Just wanted to say thank you so much for your words of kindness last year. Idris is one year old, thriving, and our bf journey continues. You really are an angel 😊"

Rohana Mir, Callback service user



La Leche League GB

## Antenatal education

Launched during the pandemic, our four-hour [virtual Beginning Breastfeeding course](#) is a growing area of our educational work. It's free of charge for anyone who is pregnant, and partners and supporters are welcome too.

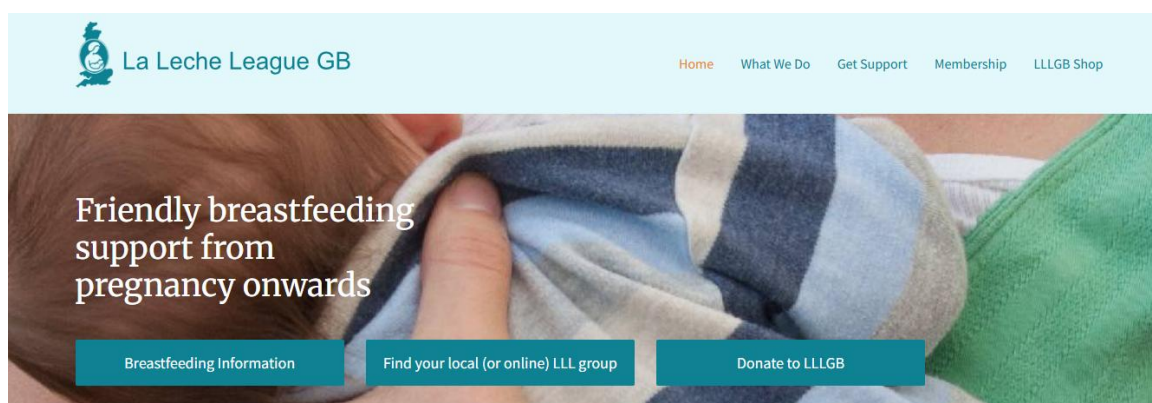
*"I couldn't have done it without the amazing work you do at LLL. I never thought I would enjoy breastfeeding so much, even though it's not always easy. Actually never used a drop of formula throughout! Thanks again for everything" – Esther, Beginning Breastfeeding course participant*



## High quality, accessible breastfeeding information

Our [website](#) is a leading source of free, evidence-based breastfeeding information in the UK. During the year we began a major review and update of website content, preparatory to redevelopment.

Our printed publications have been trusted by families and health professionals for decades. These, and other carefully selected breastfeeding resources, are available through our wholly owned trading subsidiary, [LLLGB Books](#). Key texts are discounted for Leaders.



## Advocacy



LLLGB is represented on the Baby Feeding Law Group UK, which advocates for government and policy-makers to implement and enforce marketing laws that protect infant and young child feeding.

## WHAT WE ACHIEVED IN 2024-5

- 1036 calls taken by our Callback service
- 437 email Helpforms replied to
- 2886 other one-to-one support situations
- 4140 individuals supported in group settings
- 37 Beginning Breastfeeding Online antenatal courses
- 29 new Leaders accredited
- Reached our first 1000 podcast followers

### Digital reach

- Facebook: 29,000 followers
- Instagram: 15,000 followers
- Podcast: 16,500 downloads

### Most popular post:

[Using Donor Milk and Formula to support Breastfeeding](#) – nearly 45k Facebook views.



## 2024/5 HIGHLIGHTS

### MAY 2024

#### Food allergies: educating our Leaders, educating the public

A highlight of our London Spring Workshop was a talk about food allergies by [Dr Robert Boyle](#). A member of our Panel of Professional Advisors, Bob is a consultant paediatric allergist at St Mary's Paddington, and a Reader in Paediatric Allergy at Imperial College. After leading this session for our volunteers, trainees, and potential trainees, Bob collaborated with our publications team, supported by a panel of peer reviewers from our groups, to update the [breastfeeding and food allergy](#) information on our website.



### OCTOBER 2024

#### LLLGB's Breastfeeding Matters podcast celebrated its first birthday

Highlights this year include interviews with:

**Sarah Ojar**, Breastfeeding Coordinator at Positive about Down Syndrome.

**Zainab Yate**, infant feeding research ethics expert and campaigner, on breastfeeding aversion.

**Emily Lunny**, autistic mother and researcher, on breastfeeding and neurodiversity.

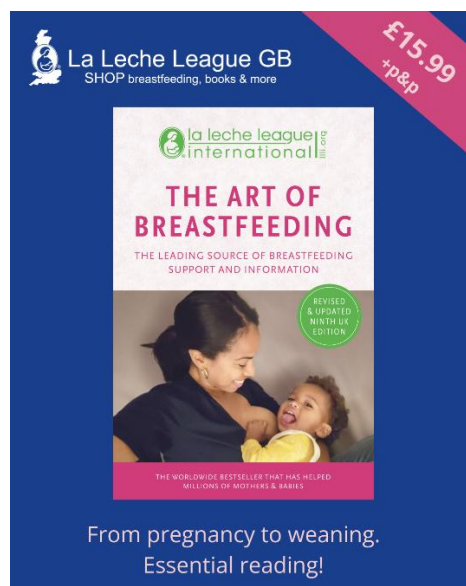
**Zarina Ayyub**, on new motherhood in the south Asian community.



## OCTOBER 2024

### Release of *The Art of Breastfeeding*

The long-awaited 9th edition of LLL's bestselling manual *The Art of Breastfeeding* arrived this autumn. Last updated in 2010, it is filled with up-to-date information and stories from around the world to support breastfeeding at every stage. LLLGB Leader and Council Co-Chair Jayne Joyce was one of the four writers – the first LLLGB Leader to have this honour. Following launch events in Chicago, she connected with families, health professionals, community organisers, and policymakers during a successful three-day *Art of Breastfeeding* Scottish Book Tour. The UK edition of the book is available to our Leaders at a discount via LLLGB Shop.





## JANUARY 2025

### A new way to train LLL Leaders

Based on a pilot project by LLL Canada, we launched our 10 week pathway – a new training model using Zoom and WhatsApp, offered as an alternative to our self-directed learning approach. In March we celebrated the ‘graduation’ of our first cohort of eight new volunteer breastfeeding counsellors. Evaluation and learning from this pilot are helping us shape new pathways for the future. We’re excited about the potential to engage a more diverse range of volunteer Leaders and make the accreditation process easier to fit into busy lives. Our goal is to double the number of Leaders we accredit in 2025, compared with 2024.

“Each session on this Pathway has been an invaluable learning experience, offering numerous opportunities to practise, reinforce, and grow. I now feel confident in moving forward with the knowledge and tools I've gained. The supportive approach has made me feel warmly welcomed into the LLL community, and I'm truly excited to start this new chapter”  
– Cassy, new Leader.



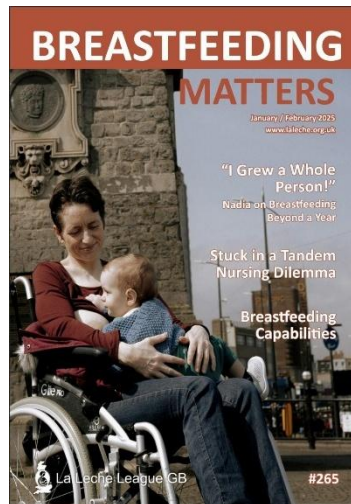
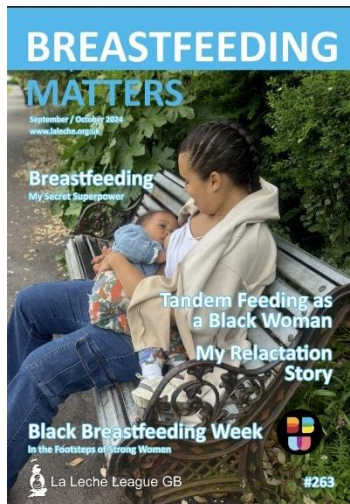
La Leche League GB

## 2024-25

### Spotlight on inclusion

Our bi-monthly members' publication *Breastfeeding Matters* features stories, interviews, news, poetry, and artwork from the LLLGB community.

Special editions this year included Black Breastfeeding Week, Neurodiversity, and Pride.





# STRUCTURE, GOVERNANCE AND MANAGEMENT

## Governing document

La Leche League Great Britain (LLLGB) is an Affiliate of La Leche League International (LLLI), a global not-for-profit organisation and internationally recognised authority on breastfeeding. LLLGB is a registered charity with both the Charity Commission and the Office of the Scottish Charity Regulator (OSCR). It is a company limited by guarantee, incorporated in England under the Companies Act 2006 and governed by its Memorandum and Articles of Association, originally dated 9 June 1981 and subsequently amended on 23 October 2004, 22 November 2008, 12 October 2013, 25 May 2014, 12 October 2014, 10 October 2015, and 16 April 2020, to reflect current governance arrangements.

The members of the company are La Leche League Leaders – individuals accredited by La Leche League International as competent to provide breastfeeding information and support – who have paid their annual Leader fee to LLLGB. As of 31 March 2025 there were 163 accredited Leaders in membership.

## Appointment of Directors

As set out in our Articles of Association, the Chair of Trustees is elected by the Council of Directors (the Trustee Board).

Each year at the Annual General Meeting (AGM), usually held in October or November, one third of the Directors (or as close to that number as possible) step down from the Council. Directors may serve up to six consecutive years, and can be re-elected after a three-year break. The Council can fill vacancies or add new Directors temporarily, but those appointees must be re-elected at the next AGM. Directors are not required to be LLL Leaders. No more than five Directors may be non-Leader Members. The majority must always be accredited Leaders. Before each AGM, all voting members are informed which Directors are retiring and invited to nominate candidates for election. The Council may also co-opt additional Directors during the year to fill vacancies or bring in particular expertise; anyone appointed in this way must then stand for election at the next AGM.

## Trustee induction and training

New Directors receive an orientation pack (revised and updated as necessary) to brief them on their legal obligations under charity and company law, a copy of the Memorandum and Articles of Association, the charity's policies and procedures handbook, the department structure and decision-making processes, the recent financial statements of the charity, and the current strategic plan. New Directors are

also orientated into the online workspaces and documents drive used for all trustee work. Opportunities are given to new Directors to meet employees and other Directors. Directors are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

## ORGANISATION

The Council of Directors (CoD), which administers the charity, can have up to thirteen Directors. The Council holds four quarterly meetings each year. These are full day meetings in person (online in certain circumstances). In addition as required, the CoD holds regular shorter meetings online for day-to-day departmental and governance work.

The Directors manage the day-to-day operations of the charity. To facilitate effective operations, authority is delegated to staff and other volunteers, within terms of delegation approved by the Directors, for operational matters including finance, volunteer training and support, publications, and training activities.

# RISK MANAGEMENT

The Council regularly reviews the risks facing the organisation and develops plans to manage them. These plans are monitored and refined as needed. The key areas of risk are addressed in the following ways:

## Reputational risk

This has presented a significant challenge over the past year. Wider societal conflict surrounding gender identity, and its implications for LLLGB's work, led to tensions escalating within the organisation, and between some Directors and LLLI, culminating in LLLI removing Leader accreditation from six LLLGB Directors. One was reinstated. The others subsequently left the organisation; some have made public statements in the media and elsewhere critical of LLLGB's position on gender inclusion. In line with public relations guidance from LLLI, LLLGB has chosen not to engage publicly with negative commentary. This has limited LLLGB's usual social media activity and engagement, for example our X, Instagram and Facebook accounts were deactivated for a few weeks. It is not yet possible to gauge the extent of reputational impact. Feedback received from beneficiaries and the wider public reflects a range of views on the underlying issues.

Reducing future risk depends on a careful process of reconciliation, reflection, and consensus-building within the organisation, which is underway. In January, a Q&A session for Leaders with leading human rights barrister Akua Reindorf KC explored the legal context for the charity's decision-making. The trustees are grateful to Ms Reindorf, and to the Charity Commission for their advice and guidance.

## Risks associated with the links to La Leche League International (LLLI)

La Leche League GB has been an independent affiliate of La Leche League International since 1981. There is no legal ownership and the only financial link is the quarterly cost-sharing payments made under the current affiliate agreement, which sets out certain contractual commitments for both parties relating to use of the LLL name and logo, and contributions to shared central costs. Leaders are subject to LLLI Policy, such as the Code of Conduct, except where this is incompatible with local laws.

LLLGB plays an active role in the governance of La Leche League International, contributing to discussions on its management, strategic direction, and proposed policy changes. LLLGB has a guaranteed seat on the LLLI Board and a representative on the DCE (Direct Connect Entity) review panel, alongside counterparts from other entities such as LLL New Zealand and LLL Canada. This ensures that the voices of LLLGB Leaders are represented at an international level.

When implementing LLLI policies in Great Britain, LLLGB trustees must ensure alignment with UK law and with LLLGB's charitable objects. The recent conflict between LLLI and a subset of LLLGB Directors has highlighted the potential risks that can arise from disagreements within this global structure. The provision in LLLGB's governing document allowing for a proportion of non-Leader Directors has protected the organisation from disruption arising from any sanctions imposed by LLLI on individual Leaders. In the coming year, LLLGB and LLLI will work together to review and revise the Affiliate Agreement between the two organisations, with the goal of establishing stronger frameworks for collaboration, and constructive resolution of any future differences.

## **Risks associated with trustee turnover**

Directors are responsible for much of the day-to-day management of the charity at national level. The unprecedented level of trustee turnover during the year posed a risk to the continuity of departmental operations. The Operations Manager, bookkeeper and the Directors who remained in post, along with effective shared work software, have been invaluable in maintaining stability, ensuring that essential internal functions continue to operate smoothly. The newly constituted Council is prioritising clear and consistent communication to strengthen governance and provide robust support for volunteers, Directors, and staff. It is also actively working to distribute responsibilities more widely across the organisation, reducing reliance on the trustee board.

## **Financial risks**

### **Risks associated with the economic links between the trading subsidiary (LLL Books Ltd) and LLLGB.**

These risks have been mitigated by cost containment. LLLGB Shop (LLL Books Ltd) is a trading subsidiary wholly owned by LLLGB and financially separate from the charity. LLLGB benefits from an annual donation from the profits of LLLGB Shop, which this year was £1066 (from 2023-24 profits). The Shop's downturn in sales this financial year will result in no donation in the next financial year, however, LLLGB does not rely on these donations for running costs. LLLGB's Directors are working with the Directors of LLLGB Shop to consider how to adapt the business to better meet the needs of LLLGB and future customers.

### **Risks associated with lack of general funds from memberships and donations**

While general donations increased significantly this year — largely due to a one-off donation of £30,000 — the charity remains cautious about relying on this income stream. Membership income saw a slight decline, and economic pressures across Great Britain continue to affect individuals' capacity to give. LLLGB has undertaken

fundraising efforts, including online donations and membership promotion. Grant funding continues to support specific projects, and some grants also help local LLL Groups with the costs of running meetings. To ensure financial sustainability, LLLGB continues to prioritise careful budgeting, forecasting, and cost reduction where possible.

## **Risks associated with the costs of our infrastructure**

The charity's database, accounting software, and website play a key role in maintaining administrative efficiency and supporting core activities. These systems are essential to processing membership subscriptions, delivering services, and ensuring reliable communication. Memberships are offered on both annual and monthly direct debit plans. While infrastructure costs represent a fixed financial commitment, the charity holds sufficient reserves to ensure these costs can be met even in the event of reduced income. The charity regularly reviews infrastructure costs to ensure they remain proportionate to operational needs and aligned with available resources.

## ADMINISTRATION and FINANCE

This financial year the charity's main sources of income were:

- **Subscriptions:** as usual, much of our income came from various forms of subscriptions (memberships) totalling around £34,973 this year (£35,827 in 2023/24).
- **Donations:** £40,354 (£22,801 in 2024), including the **LLLGB Books Donation** of £1,066 (£2,522 in 2024); In particular, we are very grateful for a £30,000 donation from a generous donor who is keen to support us in our work after recognising the importance of skilled breastfeeding support when they recently had children.
- **Grants:** such as the Scottish Government Funding and Awards for All funding for some groups.
- **Interest:** the interest shown in this year's accounts of £10,988 is largely made up of the £9,575.20 interest received in the COIF account over the last three years, which is all showing in this year's accounts as we are pleased to have recently regained access to the account.

The accounts show total incoming resources for the year of £158,679 which shows an increment when compared with last year's amount (£148,026 in 2024). The expenses have risen in the past year from £159,704 in 2024 to £168,455 in 2025. The expenditure includes a large sum of £27,894 of legal and professional fees paid in this financial year (found in the category 'Governance costs'). This is comprised of £17,064 solicitor fees for updating policies and handbooks, plus £10,830 on legal advice, mediation services, and election services relating to the EGMs and AGM during the financial year. In future, we aim to explore pro bono or low cost legal services which are available to registered charities to prevent such large expenditure being incurred again, should we be in need of legal advice or support. We are working on increasing our income, for example by increasing the cost of membership on 1st November 2025, and have been carefully analysing our outgoings in order to reduce expenditure where practical to ensure that our financial position is sustainable.

The vast majority of LLLGB groups hold funds for local use in their own group bank accounts. These funds are used to pay for the running of their group meetings and paying Leader expenses, including, for example, venue hire and resources needed for meetings and Leaders' continual professional development. LLLGB's balance sheet included £87,856.85 held by those groups.

Restricted funds are funds received from a funder and are to be used for a specific purpose, such as a particular project or activity. The balance of restricted funds is the amount not yet spent on those specific projects and activities.

Most LLLGB funds are unrestricted funds, which means that they can be used for any purpose as long as they are used in accordance with our charity aims and objectives.

La Leche League's goal is to uphold reserves to guarantee continuity of our work, even in less ideal economic conditions and our current level of reserves is more than sufficient in this respect.

We are deeply appreciative of the support from our members, as well as the grants awarded to groups and the generous donations from individuals. We extend our heartfelt thanks to everyone who felt moved to contribute to our cause, whether their donations were large or small. We are also immensely grateful to our fantastic volunteers who have dedicated their time and energy to volunteering with us this year. The donations and memberships received are a reflection of some of the lives they have touched with all the support they have given.

## **Trustees' responsibilities in relation to the financial statements**

Company law requires the Trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In doing so the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### **Independent examiner**

Mrs K Seagrave FCA of Fouetté Accountancy Solutions Limited will be in office as independent examiner for the ensuing year.

### **Small company provisions**

This report has been prepared in accordance with the special provisions relating to small companies under Part 15 of the Companies Act 2006.

**The LLLGB Council of Directors**



# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF LA LECHE LEAGUE GREAT BRITAIN

I report on the accounts of the Charitable Company for the year ended March 31, 2025, which are set out on pages 12 to 20.

## **Respective responsibilities of trustees and examiner**

The Charity's Trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility:

- to examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

## **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

## **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with section 386 of the Companies Act 2006; and

- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice (FRS 102): Accounting and Reporting by Charities have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Mrs K Seagrave FCA**

**Fouetté Accountancy Solutions Limited**

82a Selby Lane, Keyworth, Nottingham, NG12 5AJ

Date 29 November 2025

# STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2025

INCOMING AND ENDOWMENTS		Unrestricted	Restricted	31.03.25	31.03.24
				Total	
	Notes	£	£	£	£
Income and endowments from generated funds:					
Voluntary income		107,641	-	<b>107,641</b>	118,322
Activities for generating funds		8,707	-	<b>8,707</b>	3,452
Investment income		10,988	-	<b>10,988</b>	1,465
Income and endowments from charitable activities		10,637	20,706	<b>31,343</b>	24,787
		<hr/>	<hr/>	<hr/>	<hr/>
Total income and endowments	<b>1/2</b>	<b>137,973</b>	<b>20,706</b>	<b>158,679</b>	148,026
		<hr/>	<hr/>	<hr/>	<hr/>

## RESOURCES EXPENDED

Cost of generating funds:

Cost of generating voluntary income	<b>3</b>	-	-	-	-
Fundraising trading: cost of goods sold & other goods	<b>3</b>	19,439	-	<b>19,439</b>	12,309
Charitable activities	<b>3</b>	98,893	14,920	<b>113,813</b>	140,673
Governance costs	<b>3</b>	35,203	-	<b>35,203</b>	6,722
		<hr/>	<hr/>	<hr/>	<hr/>
Total Resources Expended	<b>3</b>	<b>153,535</b>	<b>14,920</b>	<b>168,455</b>	159,704
		<hr/>	<hr/>	<hr/>	<hr/>

# **NET INCOMING RESOURCES FOR THE YEAR**

net (expenditure)/income for the year		(15,562)	5,786	<b>(9,776)</b>	(11,678)
Transfer between funds		-	-	-	-
Fund balances at 1 April,2024	<b>11</b>	265,613	30,331	<b>295,944</b>	307,622
		<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
Fund balances at 31 March,2025	<b>11</b>	<b>250,051</b>	<b>36,117</b>	<b>286,168</b>	295,944
		<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>

The statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 30-40 form part of these accounts.

**COMPANY NUMBER 1566925**  
**BALANCE SHEET AS AT 31 MARCH 2025**

		2025	2024
<b>FIXED ASSETS</b>	<b>Notes</b>	<b>£</b>	<b>£</b>
Tangible	<b>5</b>	-	184
Investment in subsidiary	<b>4</b>	<b>10,000</b>	10,000
		<hr/>	<hr/>
		<b>10,000</b>	10,184
<b>CURRENT ASSETS</b>			
Stock		<b>2,212</b>	2,379
Sundry debtors and prepayments	<b>6</b>	<b>17,705</b>	10,293
Balance at Charities Official Investment Fund		<b>89,319</b>	79,744
Cash in bank		<b>187,297</b>	222,780
		<hr/>	<hr/>
		<b>296,533</b>	315,196
<b>CURRENT LIABILITIES-CREDITORS:</b>	<b>7</b>		
Amounts falling due within one year		<b>20,365</b>	29,436
		<hr/>	<hr/>
<b>NET CURRENT ASSETS</b>		<b>276,168</b>	285,760
		<hr/>	<hr/>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>286,168</b>	295,944
		<hr/> <hr/>	<hr/> <hr/>

**REPRESENTED BY:****RESERVES:****Unrestricted funds**

Designated fund	8	-	-
General funds	8	250,051	265,613
		<hr/>	<hr/>
		250,051	265,613
<b>Restricted funds</b>	8	36,117	30,331
		<hr/>	<hr/>
	11	286,168	295,944
		<hr/> <hr/>	<hr/> <hr/>

The Trustees are satisfied that the charitable company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the accounts for the year by virtue of section 477 and that no member or members have requested an audit pursuant to section 476 of the Act.

The Trustees acknowledge their responsibilities for:

- (i) ensuring that the charitable company keeps proper accounting records which comply with section 386 of the Act, and
- (ii) preparing accounts which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its surplus or deficiency for the financial year in accordance with the requirements of sections 394 and 395, and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions for small companies, subject to the small companies regime.

These financial statements were approved by the board of Trustees on 29 November 2025 and signed on its behalf by:




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Caitriona Martin - TRUSTEE/DIRECTOR




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Jayne Joyce - TRUSTEE/DIRECTOR

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## 1. Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the provisions of Section 1A “Small Entities” of Financial Reporting Standard 102 “The Financial Reporting Standard applicable in the UK and Republic of Ireland”, the Charities Act, the Companies Act 2006 and the Statement of Recommended Practice: “Accounting and Reporting by Charities” (FRS 102).

### Donations and grants

Income from donations and grants, including capital grants, is included in incoming resources when these are receivable, except as follows:

- When donors specify that donations and grants given to the charity must be used in future accounting periods, the income is deferred until those periods.
- When donors impose conditions, which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred and not included in incoming resources until the pre-conditions for use have been met.
- When donors specify that donations and grants, including capital grants, are for particular restricted purposes, which do not amount to pre-conditions regarding entitlement, this income is included in incoming resources of restricted funds receivable.

### Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Certain expenditure is directly attributable to specific activities and has been included in those cost categories. Certain other costs, which are attributable to more than one activity, are apportioned across cost categories on the basis of an estimate of the proportion of time spent on those activities.

Charitable activities include expenditure associated with the provision of information, advice and support, and include both the direct costs and support costs relating to these activities.

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

## **Consolidation**

The Company is exempt from the requirements to prepare group accounts under 398 of the Companies Act 2006 as the group qualifies as a small size group and thus group accounts have not been prepared.

## **Fixed assets**

Fixed assets are included in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of fixed assets over their estimated useful life of four years on a straight-line basis. Assets costing under £50 are not normally capitalised.

## **Stocks**

Stocks are valued at the lower of cost and net realisable value. It is not possible to value the goods that are donated to the shops and these are therefore carried at a £Nil valuation within the year end stocks.

## **Pensions**

Pensions are accounted for in accordance with FRS 102.

Pension costs and the pension provision for the defined benefit scheme are calculated on the basis of actuarial advice and are charged to the statement of financial activities on a basis to spread the costs over the employees' working lives.

Pension costs for the defined contribution scheme are charged to the accounts on an accruals basis in the period in which they occur.

A pension provision has been created within unrestricted funds in compliance with the requirements of the SORP.

## **Fund accounting**

Funds held by the charity are either:

- Unrestricted general funds – these are funds which can be used in accordance with the charitable objectives at the discretion of the Trustees.
- Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

## **Branches**

The operating results and net assets of branches of La Leche League Great Britain have been included in the Statement of Financial Activities and Balance Sheet.



## 2. Incoming resources

	Unrestricted Funds	Restricted Funds	Total <b>31.03.25</b>	Total 31.03.24
<b>INCOMING RESOURCES</b>	£	£	£	£
<b>Voluntary income</b>				
Grants receivable	31,758	-	<b>31,758</b>	59,198
Others	556	-	<b>556</b>	496
Subscriptions	34,973	-	<b>34,973</b>	35,827
Donations	40,354	-	<b>40,354</b>	22,801
	<u>107,641</u>	<u>-</u>	<u><b>107,641</b></u>	<u>118,322</u>
	<u><u>107,641</u></u>	<u><u>-</u></u>	<u><u><b>107,641</b></u></u>	<u><u>118,322</u></u>
<b>Activities for generating funds</b>				
Group other income	6,873	-	<b>6,873</b>	2,054
<i>Group sales of books and leaflets</i>	115	-	<b>115</b>	98
Breastfeeding Matters sales	1,719	-	<b>1,719</b>	1,300
	<u>8,707</u>	<u>-</u>	<u><b>8,707</b></u>	<u>3,452</u>
	<u><u>8,707</u></u>	<u><u>-</u></u>	<u><u><b>8,707</b></u></u>	<u><u>3,452</u></u>
<b>Investment income</b>				
Interest receivable	10,988	-	<b>10,988</b>	1,465
Rent receivable	-	-	-	-
Sale of assets	-	-	-	-
Compensation	-	-	-	-
	<u>10,988</u>	<u>-</u>	<u><b>10,988</b></u>	<u>1,465</u>
	<u><u>10,988</u></u>	<u><u>-</u></u>	<u><u><b>10,988</b></u></u>	<u><u>1,465</u></u>

**Incoming resources from  
charitable activities**

Scottish government grants	3,257	20,706	<b>23,963</b>	18,153
Alison Parkes memorial fund	-	-	-	1,158
Conference	6,177	-	<b>6,177</b>	2,865
Others	1,203	-	<b>1,203</b>	2,611
	<hr/>	<hr/>	<hr/>	<hr/>
	<b>10,637</b>	<b>20,706</b>	<b>31,343</b>	<b>24,787</b>
	<hr/>	<hr/>	<hr/>	<hr/>

### 3. Analysis of total resources expended:

	Costs of Generating Funds £	Fundraising Trading £	Information advice and support £	Governance £	2025 Total £	2024 Total £
<b>Costs directly allocated to activities</b>						
Salaries	-	-	31,556	-	<b>31,556</b>	26,967
Direct costs and materials	-	877	52,592	-	<b>53,469</b>	65,058
Publications and leaflets	-	12,343	-	-	<b>12,343</b>	12,085
Travel and accommodation	-	-	-	5,057	<b>5,057</b>	1,149
Communications	-	-	1,106	-	<b>1,106</b>	1,281
Training and conferences	-	-	13,842	508	<b>14,350</b>	25,141
Depreciation	-	-	-	183	<b>183</b>	183
Premises costs	-	-	469	-	<b>469</b>	613
Other costs	-	6,219	14,248	29,455	<b>49,922</b>	27,227
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	-	<b>19,439</b>	<b>113,813</b>	<b>35,203</b>	<b>168,455</b>	159,704
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>

## TOTAL RESOURCES EXPENDED INCLUDE THE FOLLOWING:

	2025	2024
	£	£
Depreciation	183	183
Management Committee remuneration	-	-
Management Committee expenses reimbursed:		
- Travel and incidental expenses of Trustees	5,057	1,149
	<u>          </u>	<u>          </u>
<b>Staff costs</b>		
	£	£
Salaries and wages	31,556	26,967
Social Security costs	-	-
	<u>          </u>	<u>          </u>
	31,556	26,967
	<u>          </u>	<u>          </u>

The average number of employees during the year was 2 (2024: 2). No employee earned in excess of £60,000 (2024: £60,000)

<b>ANALYSIS OF GOVERNANCE COSTS:</b>	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Independent Examination fees	<b>1,500</b>	1,494
Legal and professional fees	<b>27,894</b>	3,600
Costs of Trustee travel and subsistence	<b>5,057</b>	1,149
Bad debts	<b>-</b>	-
Other costs	<b>752</b>	479
	<hr/>	<hr/>
	<b>35,203</b>	6,722
	<hr/> <hr/>	<hr/> <hr/>

#### 4. Investment in subsidiary

	2025	2024
	£	£
10,000 £1 Ordinary Shares in LLL (Books) Ltd	<b>10,000</b>	10,000
	<u>          </u>	<u>          </u>

The Company owns 100% of the ordinary share capital of LLL (Books) Ltd., a company incorporated in England. LLL (Books) Ltd. is a trading company selling books on breastfeeding, child care and family life to La Leche League Leaders, members and the general public. Profits not needed for development are donated to the charity.

*At 31 March 2025 the aggregate capital and reserves of LLL (Books) Ltd. were as follows:*

	£
Aggregate capital	<b>10,000</b>
Reserves	<b>24,901</b>
	<u>          </u>
	<b>34,901</b>
	<u>          </u>

The net assets of LLL (Books) Ltd at 31 March 2025 comprise:

Tangible fixed assets	<b>52</b>
Stock	<b>15,530</b>
Debtors	<b>5,243</b>
Cash at Bank	<b>15,502</b>
	<u>          </u>
	<b>36,327</b>
	<u>          </u>

Less Creditors (including amounts due to group undertakings as below)

Amounts owed to the group	-
Other creditors	1,426
	<hr/>
	1,426
	<hr/> <hr/>

LLL (Books) Ltd made a loss of £533 (2024: £11), after taxation in the year ended 31 March 2025.

## 5. Fixed Assets

<b>COST</b>	<b>Office equipment £</b>
Balance at 1 April 2024	1,944
Additions	-
Disposals	-
	<hr/>
Balance at 31 March 2025	1,944
	<hr/> <hr/>
<b>DEPRECIATION</b>	
Balance at 1 April 2024	1,760
Provision in year	184
Disposals	-
	<hr/>
Balance at 31 March 2025	1,944
	<hr/> <hr/>

# **NET BOOK VALUE**

At 1 April 2024	<b>184</b>
	<u><u>          </u></u>
At 31 March 2025	-
	<u><u>          </u></u>

## **6. Debtors**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Sundry debtors	<b>17,705</b>	10,293
	<u>          </u>	<u>          </u>
	<b>17,705</b>	10,293
	<u><u>          </u></u>	<u><u>          </u></u>



## 7. Creditors

	2025	2024
	£	£
Amounts falling due within one year:		
Other income in advance	14,753	24,345
Trade creditors	3,604	3,872
Other creditors and accruals	2,008	1,219
	<hr/>	<hr/>
	20,365	29,436
	<hr/> <hr/>	<hr/> <hr/>

## 8. Analysis of net assets between funds

	Fixed	Net current	2025	2024
	Assets	Assets	Total	Total
	£	£	£	£
<i>Unrestricted</i>				
Designated fund	-	-	-	-
General funds	10,000	240,051	250,051	265,613
<i>Restricted</i>				
	-	36,117	36,117	30,331
	<hr/>	<hr/>	<hr/>	<hr/>
<b>Total</b>	<b>10,000</b>	<b>276,168</b>	<b>286,168</b>	<b>295,944</b>
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

## 9. Reserve Capital

The Company is limited by guarantee with no authorised share capital. The amounts guaranteed in the nature of reserve capital are £240. These amounts are only capable of being called up for the purposes of winding up the Company.

## 10. Restricted Funds

Restricted funds relate to the following programmes:

- Scottish government grants.
- Alison Parkes memorial fund

## 11. Movements in funds

	Balance at 01.04.24 £	Incoming Resources £	Resources used £	Transfers £	Balance at 31.03.25 £
<b>RESTRICTED FUNDS:</b>					
Alison Parkes memorial fund	3,523	-	-	-	<b>3,523</b>
Scottish Government Grant	26,808	20,706	(14,920)	-	<b>32,594</b>
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Total restricted funds	30,331	20,706	(14,920)	-	<b>36,117</b>
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
<b>UNRESTRICTED FUNDS:</b>					
General funds	265,613	137,973	(153,535)	-	<b>250,051</b>
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Total unrestricted funds	265,613	137,973	(153,535)	-	<b>250,051</b>
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b>295,944</b>	<b>158,679</b>	<b>(168,455)</b>	<b>-</b>	<b>286,168</b>
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>

# APPENDIX 1

## Scottish Government Breastfeeding Programme

In 2024-2025 La Leche League GB received an additional year of funding from the Scottish Government for two projects: LLL Group Development in Scotland, and Peer Support Training, with Breastfeeding LENS Ltd. This was the seventh and final year of funding available to LLLGB under the Scottish Government Breastfeeding Programme for Government.

The funding has helped to expand the work of La Leche League in Scotland. The charity has used the funds to secure venues for face-to-face meetings, and to provide resources and continuing professional development (CPD) for volunteers. The Peer Support Training project, with Breastfeeding LENS is a community project employing a part-time facilitator; it supports mothers and families in a specific area of economic deprivation in East Lothian with low breastfeeding rates.

This reporting period saw us continue our CPD offer for La Leche League Leaders and trainee Leaders. Fifteen attended the La Leche League International online conference in October 2024; six volunteer breastfeeding counsellors from Scotland were able to attend the LLLGB National Workshop offered by the charity in Birmingham in November 2024. The autumn also saw a successful book launch tour for *The Art of Breastfeeding*, 9<sup>th</sup> edition, in Aberdeen, Glasgow and Edinburgh, promoting the book and increasing awareness of LLL in Scotland. *The Art of Breastfeeding* is the key breastfeeding text published in multiple languages from La Leche League International.. 200 copies of the UK adaptation were purchased and distributed, including to 31 of Scotland's 33 public library systems, to all of our LLL Groups and volunteers, and to our Scottish-wide lending library for La Leche League groups.

La Leche League groups in Scotland have continued to offer support to mothers and families by phone and online, as well as in-person meetings. The 'Beginning Breastfeeding' course online has been offered by Leaders in Scotland on a bi-monthly basis, reaching approximately eight families each session.

The Peer Support Project with Breastfeeding LENS trains local mothers to support each other and promote breastfeeding in an area in East Lothian with low breastfeeding rates. The number of groups meeting each week via WhatsApp and online continues to grow, as does the number of trained peer supporters. Outreach to schools by the project staff and volunteers providing interactive workshops with children and youth seek to increase understanding of breastfeeding in the community. Annual data show small increases in breastfeeding rates in the project area.

Project oversight for Peer Support Training is provided by Breastfeeding LENSs in cooperation with LLLGB.

With both projects, LLLGB aims to contribute to the Scottish Government's objective of reducing the breastfeeding attrition rate at the 6-8 week infant review.

## APPENDIX 2 – REPORT FROM DIRECTORS OF LLLGB SHOP (LLL BOOKS LTD – THE TRADING ARM OF LLLGB)

LLLGB Shop (LLL Books Ltd) is a trading subsidiary wholly owned by LLLGB and financially separate from the charity. It is a registered UK company with its own board of (unpaid) Directors who also do the day-to-day administration.

We stock an exceptionally wide range of books, leaflets and Leader resources, currently totalling more than 100 different lines. All our products are in line with LLL philosophy. Our customer base includes parents, breastfeeding supporters (paid and volunteer), NHS trusts and other health organisations. The new LLLI *Art of Breastfeeding* book, published in October 2024 was our best-selling book, with 324 copies sold. We have also been working closely with the LLLGB Publications team on a new 20-page A5 leaflet, *Expressing & Storing Milk*, to replace some of our existing older leaflets. Whilst our leaflet *Full Sample Set* and *Complete Reference Set* have continued to be steady sellers, there has been a significant drop in overall sales of LLLGB leaflet tear-off pads and packs. This is becoming an ongoing trend year by year as customers, including Leaders, move to using online sources.

We ran successful stalls at the London Spring Workshop in May 2024 and LLLGB National Workshop in October 2024, and supplied *The Art of Breastfeeding* for sale at a series of Scottish book launch events in Nov/Dec 2024.

Any surplus income at the end of the financial year is donated to LLLGB. The 2024-25 tax year brought a turnover of £15,104 (2024 £16,852) but rising costs led to a net loss of £533 (2024 surplus £1,066 shown as a donation in these accounts). As a result there will be no donation from LLL Shop to LLLGB in 2025-26 accounts relating to the 2024-25 financial year. The drop in profitability is due to reduced sales of leaflets, tough competition from other booksellers, and ongoing increases in overheads and shipping costs. Over the coming year the Directors will be working together with the LLLGB trustees to consider how to adapt the business to better meet the needs of LLLGB and future customers.



# La Leche League GB

[www.laleche.org.uk](http://www.laleche.org.uk)

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