



La Leche League GB

mother-to-mother support for breastfeeding

LA LECHE LEAGUE GREAT BRITAIN

(A charity and company limited by guarantee
and not having share capital, registered in England)

**REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

Company Number 1566925

Charity Number 283771 (England and Wales)

SC050396 (Scotland)

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
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COUNCIL OF DIRECTORS REPORT FOR ANNUAL FINANCIAL STATEMENTS

In the last year our charity has continued to offer a range of in person, local group meetings and online meetings. Online meetings started during the pandemic LLLGB have chosen to continue to offer them as they have further extended our reach to those unable to travel or unable to access our local group meetings for a variety of reasons.

LLLGB offers free at point of access, help to all who plan to breastfeed through mother-to-mother support, encouragement, information and education, and promotes a better understanding of breastfeeding as an important element in the healthy development of the baby. Mothers can access support through face-to-face and online meetings, the website, social media, email, text message, phone, and podcast. Breastfeeding is the most healthy and eco-friendly way to feed your baby, it is widely promoted by the NHS as a healthy start in life for babies.

In addition, LLLGB provides free information and education to partners, family members, health care professionals and anybody interested to protect and promote the health benefits of immediate and long-term breastfeeding. This is accessible through our online resources, extra meetings, workshops and if agreed with the local Leader, as one to one support. We depend on memberships and donations as our primary income source to cover the costs involved in running a national organisation, for example our website running and maintenance costs, training our volunteers and paying for our two part-time staff members.

With fewer donations from families and general costs going up, our total profit for the last two years has decreased compared to previous years. We are not in an ideal financial position at the moment, despite a surplus from previous years. Therefore, we are aware that LLLGB needs to include planning strategies to increase our income streams and review budgeting forecasts and outgoings regularly in order to continue to be sustainable long term.

We plan to extend support to a wider variety of communities in the next few years. We have started reviewing our current practices and policies to highlight awareness amongst our volunteers and potential projects to broaden our reach, including extra equity, diversity and inclusion training for all volunteers, creating new and improved resources and ongoing updates of our website. The LLLGB podcast, launched in 2023, has been a success, reaching a wider audience and offering a variety of topics that can be accessed on the move, at any time. We have more projects in the pipeline. LLLGB seeks to maintain our mission and philosophy whilst bearing in mind the needs and expectations of our beneficiaries.

We would like to extend a heartfelt thank you to all our amazing volunteers and staff who selflessly offer support to each other, LLLGB and the mothers, parents and families who come to us for support and information.

Helen Russ - on behalf of the Council of Directors

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REPORT OF THE TRUSTEES

The Trustees present their report and financial statements for the year ended 31 March 2024. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

PRINCIPAL ACTIVITY

The principal activity of the company is the provision of breastfeeding help, information and education.

LEGAL AND ADMINISTRATIVE INFORMATION

Name of company: LA LECHE LEAGUE GREAT BRITAIN

The company is incorporated under the 2006 Companies Act (No. 1566925).

La Leche League Great Britain is a registered charity (No. 283771 England and Wales, SC050396 Scotland)

DIRECTORS

The directors of the charitable company are its trustees for the purposes of charity law. The following persons have served during the year April 2023- March 2024.

Joanna Godden	(appointed February 2024)
Eleanor Moriarty	(appointed February 2024, resigned June 2024)
Miriam Main	(appointed November 2023)
Helen Russ	(appointed November 2023)
Ruth Lewis	(appointed November 2023)
Rebecca Cluett	(appointed November 2023)
Sian Keller	(appointed November 2023)
Amanda Dunbar	(appointed November 2023, resigned June 2024)
Anne Gaskell	(appointed November 2023, resigned March 2024)
Rachele Lowe	(appointed August 2023, resigned November 2023)
Hannah Ford	(appointed May 2023, resigned March 2024)
Efrat Burman	(appointed October 2022, resigned January 2024)
Bronwyn Davies	(appointed October 2022, resigned June 2024)
Louise Moran	(appointed October 2022, resigned June 2024)
Claire Grimstead	(appointed October 2022, resigned January 2024)
Benaifer Bhandari	(appointed October 2022, resigned June 2023)
Sarah Denniston	(appointed October 2021, resigned April 2023)
Cheryl Inwood	(appointed October 2021, resigned April 2023)
Kerrie-Louise Goodman	(appointed November 2020, resigned November 2023)
Clare Davidson	(appointed July 2019, resigned November 2023)

COMPANY SECRETARY

Claire Patel

REGISTERED OFFICE

Charlotte House, Stanier Way, The Wyvern Business Park, Derby, DE21 6BF

INDEPENDENT EXAMINER

Mrs K Seagrave FCA, Fouetté Accountancy Solutions Limited
82a Selby Lane, Keyworth, Nottingham, NG12 5AJ

BANKERS

TSB Bank plc
West Bridgford
Nottingham NG2 5JD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH, 2024

PURPOSES AND AIMS

OUR PURPOSES

Our purposes as set out in objects of the company's Memorandum and Articles of Association are:

- to promote the physical and psychological health of mothers and children through education in the technique of breastfeeding, and
- to advance the education of the public and especially those concerned with the care of children, in the health benefits both immediate and long-term of breastfeeding.

OUR AIMS

Our aims are to help mothers to breastfeed through mother-to-mother support, encouragement, information and education, and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and the mother. Our aims fully reflect the purposes the charity was set up to further.

OUR OBJECTIVES

Our objectives for the year continued to be the provision of information and support in diverse formats to pregnant and breastfeeding mothers, as well as offering support and information to the fathers/partners, families and health professionals who are supporting the mother and baby.

The strategies employed to achieve the charity's objectives are through:

- Training and supporting La Leche League Leaders
- Encouraging and supporting Leaders in forming local groups
- Supporting Leaders in delivering support and information to mothers.
- Developing breastfeeding courses
- Maintaining and growing our subscribing and health professional memberships, providing them with well referenced information and support
- Producing publications for Leaders, members, health professionals and the general public
- Raising public awareness of the benefits of breastfeeding and La Leche League as a trusted source of well referenced information and excellent support, through social media, attending local events and membership of and participation in other relevant local, national and international organisations .

In shaping our objectives for the year and planning our activities, the Trustees have considered the Charity Commission's guidance on public benefit.

ENSURING OUR WORK DELIVERS OUR AIMS

We review our aims, objectives and activities on a regular basis. The main objectives for the year continued to be the provision of information and support in diverse formats to pregnant and breastfeeding mothers and their families, in addition to achieving significant cost savings and raising money in order to secure our financial future. This review looks at the success of each activity we have undertaken, and the benefits they have brought to each group. We have referred to the guidance given in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives, and in planning future activities. In particular, the Trustees consider how planned activities will contribute to the aims and activities set.

The strategies employed to achieve the charity's objectives are to:

- focus on meeting the needs of breastfeeding mothers and babies for information and support;
- enable mothers and families throughout the UK to access our information and services easily (e.g. with a baby in arms and older child(ren) at their knee);
- provide healthcare professionals with tools to enable them to help mothers/families effectively in their local communities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

GOVERNING DOCUMENT

La Leche League Great Britain (LLLGB) is an Affiliate of La Leche League International (LLI), a world-wide not-for-profit organisation and internationally recognised authority on breastfeeding. La Leche League GB is registered as a charity with the Charity Commission and with the OSCR and is a company limited by guarantee, registered in England, incorporated under the 2006 Companies Act, governed by its Memorandum and Articles of Association, dated 9 June 1981 and amended to allow for current governance arrangements on 23 October 2004, 22 November 2008, 12 October 2013, 25 May 2014, 12 October 2014, 10 October 2015, 16 April 2020. The leader Members of the Company are those who have been accredited by La Leche League International as competent to offer breastfeeding information to the best of their ability in the advancement of the objectives of La Leche League Great Britain ("La Leche League Leaders") and who have paid their annual Leader fee to LLLGB. LLL Leader numbers at 31/3/24 - 218

APPOINTMENT OF TRUSTEES

As set out in the Articles of Association, the Chair of the Trustees is elected by the Council of Directors (the Trustee board). Each year, at the Annual General Meeting (usually held in October/November) attended by the members of the charitable company, one third (or the nearest number to a third) of Trustees shall retire, but shall be eligible for re-election, subject to restrictions placed on the re-election of Departmental Directors. Departmental Directors are Trustees who have been elected by the membership to take responsibility for designated areas of the company's business and who may not serve more than two three-year terms in such a position. All voting members are circulated with invitations prior to the AGM advising them of the retiring Trustees and requesting them to nominate Trustees for election at the AGM. The Trustee board has the power to co-opt other Trustees during the year, subject to such persons then standing for election at the next AGM. When considering co-opting Trustees, the board has regard to the requirement for any specialist skills needed.

TRUSTEE INDUCTION AND TRAINING

New Trustees receive an orientation pack (revised and updated as necessary) to brief them on their legal obligations under charity and company law, a copy of the Memorandum and Articles of Association, the charity's policies and procedures handbook, the department structure and decision-making processes, the recent financial statements of the charity and the current strategic plan. New trustees are also orientated into the online workspaces and documents drive currently used for all trustee work. Opportunities are given to new Trustees to meet key employees and other Trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

ORGANISATION

The Council of Directors (CoD), which administers the charity, can have up to thirteen Directors. The Council holds four quarterly meetings each year. These are full day meetings in person (online in certain circumstances). In addition as required, the CoD holds regular shorter meetings online for day-to-day departmental and governance work. In this way the CoD are able to work collaboratively, keeping up to date as directors in our shared online workspaces

The Trustees manage the day-to-day operations of the charity. To facilitate effective operations, authority is delegated to staff and other volunteers, within terms of delegation approved by the Trustees, for operational matters including finance, volunteer training and support, publications and training activities.

RISK MANAGEMENT

Risks facing the organisation are reassessed on an ongoing basis and plans put in place to mitigate them, with these plans carefully monitored and adjusted as necessary. These risks are addressed in the following ways:

Risks associated with the costs of our infrastructure: Our database supports our administrative efficiency, particularly in the way we process memberships. We offer annual memberships and monthly memberships payable by direct debit. The new website has further increased efficiency of administration. This year we have increased security on the website and minimised phishing attacks.

Risks associated with the economic links between the trading subsidiary (LLL (Books) Ltd.) and LLLGB: these risks have been mitigated by cost containment and improved trading conditions as detailed in this report.

Risks associated with the links to La Leche League International (LLI), with whom LLLGB has an affiliate agreement: LLLGB are able to join discussions about LLI's management and consider details of changes to bylaws and other proposed revisions to the LLI Policy and Standing Rules (PSR), ensuring that GB Leaders have their voices heard. This includes having a guaranteed GB Leader seat on the LLI Board and a CoD representative on the LLI DCE review panel. When implementing LLI Policies in GB, trustees need to ensure alignment and compliance with UK laws and LLLGB charitable objects.

Risks associated with lack of general funds from memberships and donations: some fundraising has been undertaken, including online donations and encouraging membership. The charity is increasingly working on obtaining grant funding for specific tailored projects and the provision of training to our volunteer Leaders, through local and national grants which can also be used to support local LLL Groups with the costs of running meetings. In times of economic pressure across Great Britain, the charity cannot place significant reliance on income from donations. LLLGB recognises that going forward focussing on budgeting, forecasting expenditure and reducing costs where possible are all essential to sustainable finances.

Risks relating to compliance with laws and regulations: LLLGB needs to ensure compliance with both company law and charity law. To minimise risks trustees include those with knowledge and experience of relevant regulations in supporting LLLGB CoD. LLLGB take legal and professional advice where necessary, recognising this as part of our trustee responsibility, in addition, attending relevant governance and role specific training where appropriate.

MAIN AREAS OF OPERATION AND HOW THEY DELIVER PUBLIC BENEFIT

Our main activities providing information and support are described below; these are undertaken to further our charitable purposes for public benefit. Our online resources, contacts and website deliver services to all areas of Great Britain. LLLGB are working to increase our local outreach further through accrediting more Leaders and opening local groups, as achieved for example with project funding secured for LLLGB work in Scotland.

SUPPORT

Breastfeeding support - We offer free access to support, encouragement and information to mothers, who plan to or are breastfeeding, through LLLGB local groups, a helpline (with a callback service), online Help Forms, a comprehensive website including live chat and a range of social media channels. We also offer free to access information and support to partners, families and health care professionals.

Volunteer support - LLL Leaders follow the LLLI accreditation pathway which has built in flexibility to allow for family needs. Leader applicants are supported throughout the process by their local Leader and the LLLGB Leader Accreditation Department (LAD). Once accredited, Leaders are supported by a locally based District Co-ordinator and the Leader Department Director; there are also significant levels of informal mutual support.

Professional Liaison Department (PL) and Panel of Professional Advisors (PPA)

LLL Leaders offer support with the normal course of breastfeeding. The Professional Liaison (PL) Department is a small department within LLLGB providing support and information to Leaders dealing with more complex breastfeeding queries. Our PL Department is part of a wider LLL Global PL Group. The LLLGB Panel of Professional Advisors (PPA) are a body of experts in breastfeeding and birth research and practice. They advise our Professional Liaison Department and support us with medical queries and challenges.

INFORMATION

We share breastfeeding information through our paper publications, website, professional liaison, public relations, and trading subsidiary LLL (Books) Limited. We are also actively pursuing closer cooperation with other breastfeeding support organisations in the UK. For example the Baby Feeding Law Group. (BFLG)

EDUCATION and DEVELOPMENT

Our Education and Development Department runs a programme of antenatal breastfeeding courses, which in the current financial year have been provided both online and in person under the title of "Beginning Breastfeeding". This innovative offering, provided at no charge to families, has contributed significantly to a wider awareness of the support LLLGB offers, in this year thirty-four courses have been run.

This year LLLGB invested in Vimeo to facilitate in-house enrichment training for Leaders including the National Workshop 2023 being run as a fully accessible live hybrid event with access to key sessions available for a month afterwards. We are in the process of rolling out Leader training during 2024, covering the following areas: Safeguarding Children Levels 1 & 2, Safeguarding Adults Levels 1 & 2 Equality, Diversity & Human Rights and Information Governance.

ADMINISTRATION and FINANCE

We have departmental directors for both Administration and Finance, who are supported by two part-time members of staff, our Operations Manager and Bookkeeper. Further information on our financial position is set out in the Finance Report.

Public Relations and Media

LLLGB has been working to raise awareness of who we are and what we do at both a local and a GB level. We aim to increase awareness of and accessibility to our GB-wide provision of breastfeeding support via local Leader contact and local groups all over GB. La Leche League GB has received several media enquiries during the year asking for our response to various news stories about breastfeeding. LLL Leaders have taken part when availability allows in radio discussions on local radio, national media, and TV interviews. LLLGB has been quoted in articles on the national print media, as well as online media channels.

We have continued to explore and expand our social media presence as a way of reaching new and existing audiences, and of raising the profile and awareness of LLLGB in general.

Social Media

The social media team coordinates posts, memes, and information sharing via Facebook, X, Instagram and YouTube. We promote the information available on our website, raise awareness of the presence of LLLGB groups across England, Wales and Scotland, advocate for families, and encourage membership and donations. We also aim to encourage interaction, peer support and encouragement across our channels. On X we interact with Healthcare Professionals, academic and allied organisations, for example, covering conferences and APPG on Infant Feeding & Inequalities

meetings on the latest research and best practice. We offer individual support to anyone who contacts us via social media with a view to eventually connecting them with their local group where possible.

VOLUNTEER SUPPORT

Leader Accreditation Department (LAD)

Our team of Coordinators of Leader Accreditation (CLAs) continue to work with new and existing Leader Applicants. The LAD team met in-person in March 2024 for a productive departmental meeting.

The Administrator of Leader Applicants (ALA) meets monthly with the International LAD Council and every other month with the LLLI Board. In March 2024, the LLLGB LAD ALA attended the LAD council International Meeting where the future of accreditation was discussed.

Scottish Government Breastfeeding Programme for Government 2018-2024

In 2023-2024 La Leche League GB received an additional year of funding from the Scottish Government for two projects: LLL Group Development in Scotland and Peer Support Training with Breastfeeding LENS Ltd.

La Leche League groups in Scotland have continued to offer support by phone and online, as well as in-person meetings. Scottish Government funding continues to be used to secure venues for face-to-face meetings, and for continuing professional development (CPD) for volunteers. The 'Beginning Breastfeeding' course online continues to be offered by Leaders in Scotland. This past year, it has been offered quarterly, reaching approximately eight families each session.

This reporting period saw us continue our CPD offer for La Leche League Leaders and trainee Leaders. LLL Groups in Scotland held an in-person educational event in Edinburgh in May 2023. The funding enabled us to invite guest speakers, to choose an accessible venue and redeem travel and workshop expenses to volunteers.

The Peer Support Project with Breastfeeding LENS trains local mothers to support each other and promote breastfeeding in an area in East Lothian with low breastfeeding rates. The number of groups meeting each week and the number of trained peer supporters have continued to grow. Enrichment activities for volunteer peer supporters included a talk by Dr Justice Reilly. Annual data show breastfeeding rates increased over the past year in the project area. Project oversight is provided by Breastfeeding LENS in cooperation with LLLGB. With both projects, LLLGB aims to contribute to the Scottish Government's objective of reducing the breastfeeding attrition rate at the 6-8 week infant review.

In March 2024, three Leaders from Scotland travelled to the La Leche League European Management Symposium in Frankfurt to present a talk on our work in Scotland. The presentation, entitled, "Breastfeeding Friendly Scotland: Developing LLLGB in a Positive Policy Climate", was delivered to European administrators of LLL.

INFORMATION

Publications

Breastfeeding Matters

Breastfeeding Matters, LLLGB's bi-monthly member newsletter, is produced by a team of dedicated Leaders and is a terrific resource for our members who can choose to receive it in paper form or electronically. It is full of information and wonderful stories shared by mothers and families, which provide encouragement and there are often suggestions for those in similar situations.

There have been changes to the *Breastfeeding Matters* team over the past year, including a new editor, Jayne Joyce, and our Operations Manager has recently taken on the role of layout editor in addition to her other responsibilities.

Breastfeeding Matters articles are often referred to by our breastfeeding counsellors during our local group meetings, whether in person or online, and they can be a useful resource to promote LLLGB membership. *Breastfeeding Matters* is read around the world, although its circulation is especially wide across Britain, Ireland and France. Articles of particular interest are also made available on the LLLGB website.

Podcast - The episodes released to date of the LLLGB Podcast are proving successful in adding another way for LLL information and support to become more accessible and well known in GB. The podcast was launched, with its first episode 'Why Breastfeeding Support Matters', in November 2023 and has added another avenue for LLLGB to become more widely recognised.

Leaflets Team: Booklets & Information Sheets

LLLGB publishes over fifty different information sheets and booklets. These are for sale in the LLLGB shop as single copies and bulk pads and packs, and are popular with parents, Leaders, breastfeeding supporters and health professionals in the UK and beyond. The text of many leaflets can also be read on the LLLGB website.

Our Positioning and Attachment leaflet is available for sale in Kindle format. Also available is the popular Complete Reference Set, comprising the contents of the Full Sample Set, ready filed for easy reference. Parents attending LLLGB Beginning Breastfeeding Antenatal Courses receive a pack of specially selected leaflets as part of their course. LLL Ireland purchases and sells our leaflets and LLL New Zealand have continued to print many of our titles under licence.

The leaflets team continued their work on revamping and streamlining our leaflet collection using the information collated following a survey of Leaders. LLLGB engaged a graphic designer and have been working with her on a new design and format. The possibility of updating the LLLGB logo to reflect our reach is being discussed. The LLLGB publications team plan to build the team by recruiting new writers and continue to make progress, optimistic that some leaflets in the updated format will be published in 2024.

Website

From 1st April 2023 to 31st March 2024, our national website (www.laleche.org.uk) recorded 2.2m page views from 1.2m active users.

After "La Leche League", our most google searched queries were about how to increase milk supply, and alcohol & breastfeeding. The pages with the most views are "Breastfeeding At Night" (115K), "Sleepy Baby" (75K) and "How to increase your milk supply" (69K). Other popular pages were information on thrush and too much milk/oversupply as well as our Get Support page where mothers can find out how to get in touch with a Leader or a local group directly.

Keeping the breastfeeding information on our website up to date and accurate is an ongoing priority, ahead even of generating new content. We continue to monitor our use of images and language to ensure they represent the full diverse range of mothers and children we support.

A new privacy tool was installed on the website in January 2024 to improve GDPR compliance. We have improved our website search function and prioritised the breastfeeding information as the recommended content in the search. We started consulting with volunteer web experts, as a long term piece of work to update the website with particular focus

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on user experience, accessibility and functionality. We have improved user engagement by optimising form design, functionality and usability.

We are increasing the audio visual content of the website, embedding videos where possible, including adding subtitles to videos where we have permission to alter the content.

Behind the scenes, we continue to develop our website-based resources for our Leaders so they can record their work securely online which also improves our internal record keeping.

LLLGB LEADER ALUMNAE

We value our alumni and are grateful to them for the service they have provided to LLLGB and their continued support.

LLLGB Shop (LLL Books Ltd – the trading arm of LLLGB)

LLLGB Shop (LLL Books Ltd) is a trading subsidiary wholly owned by LLLGB and financially separate from the charity. It is a registered UK company with its own board of (unpaid) directors.

Any surplus income at the end of the financial year is donated to LLLGB. The 2023-24 tax year brought a turnover of £16,852 (2023 £20,166), which enabled us to Gift Aid a surplus of £1,066 to LLLGB (2023 £2,522). This reduction in sales income and ongoing significant increases in fulfilment and shipping costs have been the main factors in the fall in our overall surplus.

We stock an exceptionally wide range of books, leaflets and Leader resources totalling more than 120 different lines. All our products are in line with LLL philosophy. Our customer base includes parents, breastfeeding supporters (paid and volunteer), NHS trusts and other health organisations. Our leaflet Full Sample Set and Complete Reference Set were our top sellers. These are made up in small batches to ensure they always contain current leaflets. The *Breastfeeding Answers Pocket Guide*, *Sweet Sleep*, *The Womanly Art of Breastfeeding*, and *Adventures in Tandem Nursing* were our best-selling books. One very large purchase order of leaflet pads during the year gave a significant boost to our income.

We work closely with the LLLGB Publications team to ensure we continue to offer a wide range of current breastfeeding leaflets. The team has been restructuring the range of titles we sell in printed form to ensure it stays manageable and can be kept up to date in a timely way.

We keep a close eye on pricing and make adjustments when necessary, but remain committed to offering a good deal on our products any time a customer needs to order. LLLGB Shop attended the LLLGB National Workshop in November 2023, where we were able to showcase a vast range of products to Leaders and Leader Applicants. We also ran sales stalls at the Lactation Consultants of Great Britain Conference in April 2023 and the LLL SE London Spring Workshop in Woolwich.

We use a self-employed book-keeper. The remaining admin tasks are shared on a voluntary basis between the three company directors working from home. Company directors Sue Upstone, Kate Wootton-Beard and Heather Birt would like to thank Sally Harris and Suzanne Cohen for their ongoing contributions over the past few years and all the Leaders who encourage people to buy from the LLLGB Shop.

RELATED PARTIES

La Leche League GB is affiliated with La Leche League International, though there is no legal ownership and the only financial link is the quarterly cost-sharing payments made under our current affiliate agreement, which sets out certain contractual commitments for both parties relating to use of the LLL name and logo, and contributions to shared central costs.

ADMINISTRATION and FINANCE

This financial year the charity's main sources of income were:

Subscriptions, as usual the bulk of our income came from various forms of subscriptions totaling around £35,827 this year (compared with £36,575 last year)

Donations £22,801 (£14,730 in 2023), including the **LLLGB Books Donation** of £2,522;

Grants, such as the Scottish Government Funding

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The accounts show total incoming resources for the year of £148,026 which shows an increment when compared with last year's amount (£117,158). The expenses have risen in the past two years from £127,923 in 2023 to £159,704 in 2024. This is a reflection in the UK cost of living increment in the last few years. Although we have some reserves, we're aware that the cost of living and inflation have increased, leading to higher expenses. We aim to boost our income and make necessary adjustments to accommodate these costs. With the assistance of various department heads, we plan to create a budget with designated funds for each department. As well as help implementing budget to local groups so they can access further education and do what they know best: support mothers and their families.

Most of the local groups resumed their in person meetings, which revealed a rise in donations for the first time in the last couple of years.

A substantial amount of the groups hold funds for local use, which includes venues hiring and resources needed for the meetings and to accommodate the needs of our attendees.

LLLGB's balance sheet included £97,695.63 cash held by those groups. .

Restricted funds are funds received from a funder and are to be used for a specific purpose, such as a particular project or activity. The balance of restricted funds is the amount not yet spent on those specific projects and activities.

Most LLLGB funds are unrestricted funds, which means that they can be used for any purpose as long as they are used in accordance with our charity aims and objectives.

La Leche League's goal is to uphold reserves to guarantee continuity of our work, even in less ideal economic conditions.

We are, as ever, deeply appreciative of the support from our local funders, as well as the grants awarded to groups and the generous donations from individuals. We extend our heartfelt thanks to everyone who felt moved to contribute to our cause, whether their donations were large or small. We are also immensely grateful to the volunteers who have dedicated their time and energy to secure grant funding, thereby allowing the heart of our work to take place.

TRUSTEES' RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS

Company law requires the Trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In doing so the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINER

Mrs K Seagrave FCA of Fouetté Accountancy Solutions Limited will be in office as independent examiner for the ensuing year.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions relating to small companies under Part 15 of the Companies Act 2006.

The LLLGB Council of Directors

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF LA LECHE LEAGUE GREAT BRITAIN

I report on the accounts of the Charitable Company for the year ended March 31, 2024, which are set out on pages 13 to 21.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The Charity's Trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Even though the charity's gross income did not exceed £250,000 its governing document requires an independent examination and I am qualified to undertake the examination by being a qualified member of the ICAEW.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility:

- to examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by
- the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements
 - (a) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - (b) to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice (FRS 102): Accounting and Reporting by Charities have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mrs K Seagrave FCA
Fouetté Accountancy Solutions Limited
82a Selby Lane, Keyworth, Nottingham, NG12 5AJ

Date 16 November 2024

THE UNIVERSITY OF CHICAGO

DEPARTMENT OF THE HISTORY OF ARTS

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PUBLICATE

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
(A Company limited by guarantee and not having share capital)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF LA LECHE LEAGUE GREAT BRITAIN

I report on the accounts of the Charitable Company for the year ended March 31, 2024, which are set out on pages 2 to 20.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The Charity's Trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Even though the charity's gross income did not exceed £250,000 its governing document requires an independent examination and I am qualified to undertake the examination by being a qualified member of the ICAEW.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility:

- to examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements
 - (a) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - (b) to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice (FRS 102): Accounting and Reporting by Charities have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mrs K Seagrave FCA
Fouetté Accountancy Solutions Limited
82a Selby Lane, Keyworth, Nottingham, NG12 5AJ

Date 16 November 2024

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
(A Company limited by guarantee and not having share capital)

STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2024

INCOMING AND ENDOWMENTS		Unrestricted	Restricted	31.03.24	31.03.23
	Notes	£	£	Total £	£
Income and endowments from generated funds:					
Voluntary income		118,322	-	118,322	72,592
Activities for generating funds		3,452	-	3,452	2,619
Investment income		1,465	-	1,465	1,688
Income and endowments from charitable activities		5,476	19,311	24,787	40,259
Total income and endowments	1/2	128,715	19,311	148,026	117,158
RESOURCES EXPENDED					
Cost of generating funds:					
Cost of generating voluntary income	3	-	-	-	-
Fundraising trading: cost of goods sold & other goods	3	12,309	-	12,309	18,373
Charitable activities	3	118,302	22,371	140,673	107,543
Governance costs	3	6,722	-	6,722	2,007
Total Resources Expended	3	137,333	22,371	159,704	127,923
NET INCOMING RESOURCES FOR THE YEAR					
net (expenditure for the year		(8,618)	(3,060)	(11,678)	(10,765)
Transfer between funds		-	-	-	-
Fund balances at 1 April, 2023	11	274,231	33,391	307,622	318,387
Fund balances at 31 March, 2024	11	265,613	30,331	295,944	307,622

The statement of financial activities includes all gains and losses recognised in the year.

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
(A Company limited by guarantee and not having share capital)

COMPANY NUMBER 1566925
BALANCE SHEET AS AT 31 MARCH 2024

		2024	2023
FIXED ASSETS	Notes	£	£
Tangible	5	184	367
Investment in subsidiary	4	10,000	10,000
		<u>10,184</u>	<u>10,367</u>
CURRENT ASSETS			
Stock		2,379	2,379
Sundry debtors and prepayments	6	10,293	5,867
Balance at Charities Official Investment Fund		79,744	79,744
Cash in bank		222,780	236,524
		<u>315,196</u>	<u>324,514</u>
CURRENT LIABILITIES-CREDITORS:			
Amounts falling due within one year	7	29,436	27,259
		<u>285,760</u>	<u>297,255</u>
NET CURRENT ASSETS			
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>295,944</u>	<u>307,622</u>
REPRESENTED BY:			
RESERVES:			
Unrestricted funds			
Designated fund	8	-	-
General funds	8	265,613	274,231
		<u>265,613</u>	<u>274,231</u>
Restricted funds	8	30,331	33,391
	11	<u>295,944</u>	<u>307,622</u>

The Trustees are satisfied that the charitable company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the accounts for the year by virtue of section 477 and that no member or members have requested an audit pursuant to section 476 of the Act.

The Trustees acknowledge their responsibilities for:

- (i) ensuring that the charitable company keeps proper accounting records which comply with section 386 of the Act, and
- (ii) preparing accounts which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its surplus or deficiency for the financial year in accordance with the requirements of sections 394 and 395, and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions for small companies, subject to the small companies regime.

These financial statements were approved by the board of Trustees on 16 November 2024

and signed on its behalf by: Helen Russ *Helen Mary Russ*

Adriana Espinhal *Adriana Espinhal*

DUPLICATE

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
(A Company limited by guarantee and not having share capital)

COMPANY NUMBER 1566925
BALANCE SHEET AS AT 31 MARCH 2024

		2024	2023
FIXED ASSETS	Notes	£	£
Tangible	5	184	367
Investment in subsidiary	4	10,000	10,000
		<u>10,184</u>	<u>10,367</u>
CURRENT ASSETS			
Stock		2,379	2,379
Sundry debtors and prepayments	6	10,293	5,867
Balance at Charities Official Investment Fund		79,744	79,744
Cash in bank		222,780	236,524
		<u>315,196</u>	<u>324,514</u>
CURRENT LIABILITIES-CREDITORS:			
Amounts falling due within one year	7	29,436	27,259
		<u>285,760</u>	<u>297,255</u>
NET CURRENT ASSETS			
		<u>285,760</u>	<u>297,255</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>295,944</u>	<u>307,622</u>
REPRESENTED BY:			
RESERVES:			
Unrestricted funds			
Designated fund	8	-	-
General funds	8	265,613	274,231
		<u>265,613</u>	<u>274,231</u>
Restricted funds	8	30,331	33,391
	11	<u>295,944</u>	<u>307,622</u>

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- (i) ensuring that the charitable company keeps proper accounting records which comply with section 386 of the Act, and
- (ii) preparing accounts which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its surplus or deficiency for the financial year in accordance with the requirements of sections 394 and 395, and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions for small companies, subject to the small companies regime.

These financial statements were approved by the board of Trustees on 16 November 2024

and signed on its behalf by: Helen Mary Russ

HELEN MARY RUSS - LEADER DEPARTMENT
DIRECTOR

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

The accounts have been prepared under the historical cost convention and in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", the Charities Act, the Companies Act 2006 and the Statement of Recommended Practice: "Accounting and Reporting by Charities" (FRS 102).

DONATIONS AND GRANTS

Income from donations and grants, including capital grants, is included in incoming resources when these are receivable, except as follows:

- When donors specify that donations and grants given to the charity must be used in future accounting periods, the income is deferred until those periods.
- When donors impose conditions, which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred and not included in incoming resources until the pre-conditions for use have been met.
- When donors specify that donations and grants, including capital grants, are for particular restricted purposes, which do not amount to pre-conditions regarding entitlement, this income is included in incoming resources of restricted funds receivable.

RESOURCES EXPENDED

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Certain expenditure is directly attributable to specific activities and has been included in those cost categories. Certain other costs, which are attributable to more than one activity, are apportioned across cost categories on the basis of an estimate of the proportion of time spent on those activities.

Charitable activities include expenditure associated with the provision of information, advice and support, and include both the direct costs and support costs relating to these activities.

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

CONSOLIDATION

The Company is exempt from the requirements to prepare group accounts under 398 of the Companies Act 2006 as the group qualifies as a small size group and thus group accounts have not been prepared.

FIXED ASSETS

Fixed assets are included in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of fixed assets over their estimated useful life of four years on a straight-line basis. Assets costing under £50 are not normally capitalised.

STOCKS

Stocks are valued at the lower of cost and net realisable value. It is not possible to value the goods that are donated to the shops and these are therefore carried at a £Nil valuation within the year end stocks.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024 (CONTINUED)

PENSIONS

Pensions are accounted for in accordance with FRS 102.

Pension costs and the pension provision for the defined benefit scheme are calculated on the basis of actuarial advice and are charged to the statement of financial activities on a basis to spread the costs over the employees' working lives.

Pension costs for the defined contribution scheme are charged to the accounts on an accruals basis in the period in which they occur.

A pension provision has been created within unrestricted funds in compliance with the requirements of the SORP.

FUND ACCOUNTING

Funds held by the charity are either:

- Unrestricted general funds – these are funds which can be used in accordance with the charitable objectives at the discretion of the Trustees.
- Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

BRANCHES

The operating results and net assets of branches of La Leche League Great Britain have been included in the Statement of Financial Activities and Balance Sheet.

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
(A Company limited by guarantee and not having share capital)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024 (CONTINUED)

2. INCOMING RESOURCES

	Unrestricted Funds	Restricted Funds	Total 31.03.24	Total 31.03.23
	£	£	£	£
INCOMING RESOURCES				
Voluntary income				
Grants receivable	59,198	-	59,198	22,159
Others	496	-	496	525
Subscriptions	35,827	-	35,827	35,789
Donations	22,801	-	22,801	14,119
	<u>118,322</u>	<u>-</u>	<u>118,322</u>	<u>72,592</u>
Investment income				
Interest receivable	1,465	-	1,465	1,688
Rent receivable	-	-	-	-
Sale of assets	-	-	-	-
Compensation	-	-	-	-
	<u>1,465</u>	<u>-</u>	<u>1,465</u>	<u>1,688</u>
Incoming resources from charitable activities				
Scottish government grants	-	18,153	18,153	35,100
Alison memorial fund	-	1,158	1,158	2,365
Conference	2,865	-	2,865	825
Others	2,611	-	2,611	1,969
	<u>5,476</u>	<u>19,311</u>	<u>24,787</u>	<u>40,259</u>

3. ANALYSIS OF TOTAL RESOURCES EXPENDED:

	Costs of Generating Funds	Fundraising Trading	Information advice and support	Governance	2024 Total	2023 Total
	£	£	£	£	£	£
Costs directly allocated to activities						
Salaries	-	-	26,967	-	26,967	26,517
Direct costs and materials	-	224	64,834	-	65,058	60,041
Publications and leaflets	-	12,085	-	-	12,085	16,236
Travel and accommodation	-	-	-	1,149	1,149	444
Communications	-	-	1,281	-	1,281	1,180
Training and conferences	-	-	24,842	299	25,141	2,051
Depreciation	-	-	-	183	183	183
Premises costs	-	-	613	-	613	397
Other costs	-	-	22,136	5,091	27,227	20,874
	<u>-</u>	<u>12,309</u>	<u>140,673</u>	<u>6,722</u>	<u>159,704</u>	<u>127,923</u>

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
(A Company limited by guarantee and not having share capital)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024 (CONTINUED)

TOTAL RESOURCES EXPENDED INCLUDE THE FOLLOWING:

	2024	2023
	£	£
Depreciation	183	183
Management Committee remuneration	-	-
Auditors' remuneration – audit services	-	-
Management Committee expenses reimbursed:		
- Travel and incidental expenses of Trustees	-	-
	<u> </u>	<u> </u>

Staff costs

	£	£
Salaries and wages	26,967	26,517
Social Security costs	-	-
	<u> </u>	<u> </u>
	<u>26,517</u>	<u>26,517</u>

The average number of employees during the year was 2 (2023: 2). No employee earned in excess of £60,000 (2023: £60,000)

ANALYSIS OF GOVERNANCE COSTS:

	2024	2023
	£	£
Independent Examination fees	1,494	1,020
Legal and professional fees	3,600	-
Costs of Trustee travel and subsistence	1,149	-
LLLGB International conference and meetings	-	-
Bad debts	-	-
Other costs	479	360
	<u> </u>	<u> </u>
	<u>6,722</u>	<u>1,380</u>

4. INVESTMENT IN SUBSIDIARY

	2024	2023
	£	£
10,000 £1 Ordinary Shares in LLL (Books) Ltd	<u>10,000</u>	<u>10,000</u>

The Company owns 100% of the ordinary share capital of LLL (Books) Ltd., a company incorporated in England. LLL (Books) Ltd. is a trading company selling books on breastfeeding, child care and family life to La Leche League Leaders, members and the general public. Profits not needed for development are donated to the charity.

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
(A Company limited by guarantee and not having share capital)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024 (CONTINUED)

At 31 March 2024 the aggregate capital and reserves of LLL (Books) Ltd. were as follows:

	£
Aggregate capital	10,000
Reserves	25,434
	<u>35,434</u>

The net assets of LLL (Books) Ltd at 31 March 2024 comprise:

Tangible fixed assets	65
Stock	16,852
Debtors	8,057
Cash at Bank	12,401
	<u>37,375</u>

Less Creditors (including amounts due to group undertakings as below)

Amounts owed to the group	613
Other creditors	1,328
	<u>1,941</u>

LLL (Books) Ltd made a loss of £11 (2023: £26), after taxation in the year ended 31 March 2024.

5. FIXED ASSETS

COST

	Office equipment £
Balance at 1 April, 2023	1,944
Additions	-
Disposals	-
	<u>1,944</u>
Balance at 31 March, 2024	<u>1,944</u>

DEPRECIATION

Balance at 1 April, 2023	1,577
Provision in year	183
Disposals	-
	<u>1,760</u>
Balance at 31 March, 2024	<u>1,760</u>

NET BOOK VALUE

At 1 April, 2023	367
At 31 March, 2024	<u>184</u>

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
(A Company limited by guarantee and not having share capital)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024 (CONTINUED)

6. DEBTORS

	2024	2023
	£	£
Amounts due for Peer Counsellor Programme	-	-
Sundry debtors	10,293	5,867
	<u>10,293</u>	<u>5,867</u>

7. CREDITORS

	2024	2023
	£	£
Amounts falling due within one year:		
Peer Counsellor Programme Income in advance	-	-
Other income in advance	24,345	25,917
Trade creditors	3,872	152
Other creditors and accruals	1,219	1,190
	<u>29,436</u>	<u>27,259</u>

8. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Fixed Assets £	Net current Assets £	2024 Total £	2023 Total £
Unrestricted				
Designated fund	-	-	-	-
General funds	10,000	255,613	265,613	274,231
Restricted	<u>-</u>	<u>30,331</u>	<u>30,331</u>	<u>33,391</u>
Total	<u>10,000</u>	<u>285,944</u>	<u>295,944</u>	<u>307,622</u>

9. RESERVE CAPITAL

The Company is limited by guarantee with no authorised share capital.

The amounts guaranteed in the nature of reserve capital are £240. These amounts are only capable of being called up for the purposes of winding up the Company.

10. RESTRICTED FUNDS

Restricted funds relate to the following programmes:

- Scottish government grants.
- Alison memorial fund

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
(A Company limited by guarantee and not having share capital)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024 (CONTINUED)

11. MOVEMENTS IN FUNDS

	Balance at 01.04.23 £	Incoming resources £	Resources used £	Transfers £	Balance at 31.03.24 £
RESTRICTED FUNDS:					
Alison memorial fund	2,365	1,158	-	-	3,523
Scottish Government Grant	31,026	18,153	(22,371)	-	26,808
Total restricted funds	<u>33,391</u>	<u>19,311</u>	<u>(22,371)</u>	<u>-</u>	<u>30,331</u>
UNRESTRICTED FUNDS:					
General funds	274,231	128,715	(137,333)	-	265,613
Total unrestricted funds	<u>274,231</u>	<u>128,715</u>	<u>(137,333)</u>	<u>-</u>	<u>265,613</u>
TOTAL FUNDS	<u>307,622</u>	<u>148,026</u>	<u>(159,704)</u>	<u>-</u>	<u>295,944</u>