



La Leche League GB
mother-to-mother support for breastfeeding

LA LECHE LEAGUE GREAT BRITAIN

(A charity and company limited by guarantee
and not having share capital, registered in England)

**REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

Company Number 1566925
Charity Number 283771 (England and Wales)
SC050396 (Scotland)

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
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CHAIR'S REPORT FOR ANNUAL FINANCIAL STATEMENTS

It has been another busy year for our charity.

When the financial year began in April 2021, the world was still in the throes of the Covid-19 pandemic, and though things settled during the period, it would be hard to say everything is once more normal.

Many of our groups have moved back to face to face meetings, with suitable care and precautions; others continue online to respect the needs of those who are not comfortable with indoor events. Our popular "Beginning Breastfeeding" antenatal courses continue to be run online, meaning they can reach a wide audience.

In most ways we remain stable, with our results and financial position similar to the previous year, and our volunteer numbers similar too. Perhaps what can't be seen in the figures is the ongoing extra strain on our people. It is a credit to our volunteers that we have kept up our offering throughout these difficult times, and the next challenge will be moving on purposefully in the new environment, making the best of our resources and ensuring we are an organisation that embraces the twenty-first century and reflects and supports fully the mothers and families that we exist for.



Efrat Burman

Chair of La Leche League Great Britain Council of Directors

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REPORT OF THE TRUSTEES

The Trustees present their report and financial statements for the year ended 31 March 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

PRINCIPAL ACTIVITY

The principal activity of the company is the provision of breastfeeding help, information and education.

LEGAL AND ADMINISTRATIVE INFORMATION

Name of company: LA LECHE LEAGUE GREAT BRITAIN

The company is incorporated under the 2006 Companies Act (No. 1566925).

La Leche League Great Britain is a registered charity (No. 283771 England and Wales, SC050396 Scotland)

DIRECTORS

The directors of the charitable company are its trustees for the purposes of charity law. The following persons have served during the year.

Efrat Burman	(appointed October 2022)
Bronwyn Davies	(appointed October 2022)
Louise Moran	(appointed October 2022)
Claire Grimstead	(appointed October 2022)
Benaifer Bhandari	(appointed October 2022)
Helen Lloyd	(resigned October 2022)
Rebecca Coyle	(resigned October 2021)
Clare Davidson	
Susan Dowling	(resigned May 2021)
Justine Fieth	(resigned October 2022)
Louise Moran	(resigned October 2021)
Eva Natali Williams	(resigned October 2022)
Alisha Okoroafo	(resigned May 2021)
Maria Yasnova	(resigned October 2021)
Nicola Coles-Carr	(resigned October 2022)
Kerrie-Louise Goodman	(appointed October 2020)
Sarah Denniston	(appointed October 2021)
Cheryl Inwood	(appointed October 2021)
Jennifer Thompson	(appointed October 2021, resigned December 2022)
Elizabeth Hall	(appointed October 2021, resigned February 2022)

SECRETARY

Claire Patel

REGISTERED OFFICE

18 St Christophers Way, Pride Park, Derby, DE24 8JY

INDEPENDENT EXAMINER

Mrs K Seagrave FCA, Fouetté Accountancy Solutions Limited
White Rose House, 5 Walnut Grove
Nottingham, NG12 3AU

BANKERS

Lloyds TSB Bank plc
Tudor Square, West Bridgford
Nottingham NG2 5JD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH, 2022

PURPOSES AND AIMS

OUR PURPOSES

Our purposes as set out in objects of the company's Memorandum and Articles of Association are:

- to promote the physical and psychological health of mothers and children through education in the technique of breastfeeding, and
- to advance the education of the public and especially those concerned with the care of children, in the health benefits both immediate and long-term of breastfeeding.

OUR AIMS

Our aims are to help mothers to breastfeed through mother-to-mother support, encouragement, information and education, and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and the mother. Our aims fully reflect the purposes the charity was set up to further.

OUR OBJECTIVES

Our objectives for the year continued to be the provision of information and support in diverse formats to pregnant and breastfeeding mothers and their families, and the provision of specialist training to health professionals who work with breastfeeding women.

The strategies employed to achieve the charity's objectives are through:

- Training and supporting La Leche League Leaders
- Encouraging and supporting Leaders in forming local groups
- Supporting Leaders in delivering support and information to mothers and others
- Developing breastfeeding courses
- Maintaining a membership of mothers and health professionals and providing them with information and support
- Producing and purchasing publications for Leaders, members, health professionals and the general public
- Raising public awareness of breastfeeding and of La Leche League.

In shaping our objectives for the year and planning our activities, the Trustees have considered the Charity Commission's guidance on public benefit.

ENSURING OUR WORK DELIVERS OUR AIMS

We review our aims, objectives and activities on a regular basis. The main objectives for the year continued to be the provision of information and support in diverse formats to pregnant and breastfeeding mothers and their families, in addition to achieving significant cost savings and raising money in order to secure our financial future. This review looks at the success of each activity we have undertaken, and the benefits they have brought to each group. We have referred to the guidance given in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives, and in planning future activities. In particular, the Trustees consider how planned activities will contribute to the aims and activities they have set.

The strategies employed to achieve the charity's objectives are to:

- focus on meeting the needs of breastfeeding mothers and babies for information and support;
- enable families throughout the UK to access our information and services easily (e.g. with a baby in arms and older child(ren) at their knee);
- provide healthcare professionals with tools to enable them to help mothers/families effectively in their local communities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

GOVERNING DOCUMENT

La Leche League Great Britain (LLLGB) is an Affiliate of La Leche League International (LLLI), a world-wide not-for-profit organisation and internationally recognised authority on breastfeeding. La Leche League GB is registered as a charity with the Charity Commission and with the OSCR and is a company limited by guarantee, registered in England, incorporated under the 2006 Companies Act, governed by its Memorandum and Articles of Association, dated 9 June 1981 and amended to allow for current governance arrangements on 23 October 2004, 22 November 2008, 12 October 2013, 25 May 2014, 12 October 2014, 10 October 2015, 16 April 2020. The members of the Company are those who have been accredited by La Leche League International as competent to offer breastfeeding information to the best of their ability in the advancement of the objectives of La Leche League Great Britain ("La Leche League Leaders") and who have paid their annual Leader fee. Non-Leader members of the Company may only become voting members if appointed to serve on the Council of Directors. There 240 Leader members at 31 March 2022 (236 Leader-members at 31 March 2021, 240 at 31 March 2020) each of whom agreed to contribute £1 in the event of the charity winding up.

APPOINTMENT OF TRUSTEES

As set out in the Articles of Association, the Chair of the Trustees is elected by the Council of Directors (the Trustee board). Each year, at the Annual General Meeting (usually held in October) attended by the members of the charitable company, one third (or the nearest number to a third) of Trustees shall retire, but shall be eligible for re-election, subject to restrictions placed on the re-election of Departmental Directors. Departmental Directors are Trustees who have been elected by the membership to take responsibility for designated areas of the company's business and who may not serve more than two three-year terms in such a position. All voting members are circulated with invitations prior to the AGM advising them of the retiring Trustees and requesting them to nominate Trustees for election at the AGM. The Trustee board has the power to co-opt other Trustees during the year, subject to such persons then standing for election at the next AGM. When considering co-opting Trustees, the board has regard to the requirement for any specialist skills needed.

TRUSTEE INDUCTION AND TRAINING

New Trustees receive an orientation pack (revised and updated as necessary) to brief them on their legal obligations under charity and company law, a copy of the Memorandum and Articles of Association, the charity's policies and procedures, the department structure and decision-making processes, the recent financial statements of the charity and the current strategic plan. Opportunities are given to new Trustees to meet key employees and other Trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

ORGANISATION

The Council of Directors, which administers the charity, can have up to 13 members (the majority of whom must be appointed from amongst the Leader-members of the company). In normal times, the Council meets three times a year; in exceptional pandemic-related circumstances this is replaced with more regular and shorter online meetings, reflecting current difficulties in arranging travel and managing risk.

The Trustees manage the day-to-day operations of the charity. To facilitate effective operations, authority is delegated to staff and volunteers, within terms of delegation approved by the Trustees, for operational matters including finance, volunteer training and support, publications and training activities.

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RISK MANAGEMENT

Risks facing the organisation are reassessed on an ongoing basis and plans put in place to mitigate them, with these plans carefully monitored and adjusted as necessary. These risks have been/are being addressed in the following ways:

Risks associated with the costs of our infrastructure: we moved a few years ago to a new database which has enabled much efficiency, particularly in the way we process memberships. In addition to annual memberships we now offer monthly memberships payable by direct debit. The new website has further increased efficiency of administration.

Risks associated with the economic links between the trading subsidiary (LLL (Books) Ltd.) and LLLGB: these risks have been mitigated by cost containment and improved trading conditions as detailed in this report.

Risks associated with the links to La Leche League International (LLLI), our parent organisation: Trustees take part in discussions about LLLI's management and details of bylaws and other revisions, considering the effects on LLLGB of decisions taken internationally, and ensuring that GB Leaders have their voices heard at the highest level. This includes having a guaranteed GB Leader seat on the LLLI Board.

Risks associated with lack of general funds from memberships and donations: some fundraising has been undertaken, including online donations and encouraging membership. The charity is increasingly working on obtaining grant funding for specific tailored projects and the provision of CPD to our volunteer Leaders, through local and national grants which can also be used to support local LLL Groups with the costs of running meetings. In times of economic pressure across Great Britain, the charity cannot place significant reliance on income from donations, so one focus is on managing costs to ensure that our committed costs are not high, and that spending decisions and plans are based on available funds not on expectation of future income.

Risks relating to compliance with laws and regulations: LLLGB needs to ensure compliance with both company law and charity law and guidance, with the risks of non-compliance being both reputational and financial. These risks are managed by ensuring the trustee body includes those with knowledge and experience of relevant regulations and supporting trustees and our Company Secretary in attending training where appropriate. We take legal and professional advice where necessary, recognising this as part of our trustee responsibility.

Risks relating to the SARS-COVID-19 pandemic: The effects of the pandemic on the charity's operations were widespread, as one of the core pieces of our work has always been providing face to face support.

Breastfeeding support is helped by close physical proximity. Our guidelines for Leaders running face to face meetings or providing individual in-person support have continually tracked the changing regulations in each relevant part of Great Britain, always asking Leaders to ensure they comply with the law and are mindful of individual and group risks.

As we move into the post-pandemic period there are risks associated with re-opening groups and we encourage our volunteers only to provide services with which they are comfortable. This is balanced with the need to show we are still present and to maintain our reputation as providers of uniquely supportive and welcoming groups.

MAIN AREAS OF OPERATION AND HOW THEY DELIVER PUBLIC BENEFIT

Our main activities providing information and support are described below; these are undertaken to further our charitable purposes for public benefit. We deliver services to many areas of the UK, and are working to increase our outreach further, as for example with project funding in Scotland.

SUPPORT

Mother-to-mother support - We support mothers, parents, and families through LLLGB Local Groups, our telephone helpline, online helpforms, online chat facility, website and a range of social media channels.

Volunteer support - The process to become accredited as an LLL Leader may take months or years and applicants are supported throughout the process by their local Leaders and a remote supporter. Once accredited, Leaders are supported by a locally based District Co-ordinator and our Leader Department Director; there are also significant levels of informal mutual support.

INFORMATION

We share breastfeeding information through our paper publications, website, professional liaison, public relations, and trading subsidiary LLL (Books) Limited. We are also actively pursuing closer cooperation with other breastfeeding support organisations in the UK.

EDUCATION and DEVELOPMENT

Our Education and Development Department run a programme of antenatal breastfeeding courses, which in the current financial year have all been provided online under the title of "Beginning Breastfeeding". This innovative offering, provided at no charge to families, has contributed significantly to our reputation and to wide awareness of the support we offer, and 86 instances of the course ran in the financial year.

ADMINISTRATION and FINANCE

Our only paid staff are our part-time Operation Manager and bookkeeper. Further information on our financial position is set out in the Finance Director's report.

BREASTFEEDING SUPPORT

Local Groups

Our Leaders report summary statistics with us each quarter, which are summarised below:

Total attendances at meetings: 6,819
1,647 Telephone calls received or returned through our helpline and callback services
2,227 calls made directly to local LLL Leaders
1,172 Online helpforms responded to in writing
8,217 contacts through public or private social media
1,060 one to one support situations in person or on video calls

Public Relations and Media

LLLGB has been working to raise awareness of who we are and what we do at both a local and a GB level. We aim to increase awareness and accessibility of our GB-wide provision of breastfeeding support at our LLL groups and by Leaders in their communities. We have continued to explore and expand our social media presence as a way of reaching new and existing audiences, and of raising the profile and awareness of LLLGB in general.

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Social Media

The social media team co-ordinates posts, memes, and information sharing via Facebook, Twitter, Instagram and YouTube. We promote the information available on our website, raise awareness of the presence of LLLGB groups across the country, and encourage membership and donations. We also aim to encourage interaction and peer support and encouragement across our channels.

Media

La Leche League GB has received numerous media enquiries in the last year asking for our response to various news stories about breastfeeding. LLL Leaders have taken part in several radio discussions on local radio and national media, and TV interviews. LLLGB has been quoted in articles on the national print media, as well as online media channels.

VOLUNTEER SUPPORT

Leader Accreditation Department (LAD)

The Leader Accreditation Department continues to work to secure the future of LLLGB by working with Leader Applicants. This year there have continued to be many changes to LLLI documents and procedures requiring us to continually update our GB documentation and keep up with the global changes.

Eleven Co-ordinators of Leader Accreditation in Great Britain (and four ACLA-at-large helping from abroad) are supporting 102 Leader Applicants. LLLGB accredited 27 new Leaders in the last year - some who had only ever attended LLL meetings remotely through the pandemic.

The LAD department responds to those interested in leadership via our website, sometimes leading to applications.

LLLGB has accepted 40 new applications in 2021-2022 most of them supported by Leaders in a group. Our LLLGB Applicants Facebook group remains active.

Internationally, LAD is involved in twice monthly meetings with the LAD council and with the LLLI Board. Sharing their views on policy changes at Board level to ensure decisions are relevant to our work here in GB. We continue to be represented at every international LAD meeting and participate in many discussions online.

Scottish Government Breastfeeding Programme for Government 2018-2022

In 2021-2022 La Leche League GB received an additional fourth year of funding from the Scottish Government for two projects: LLL Group Development in Scotland, and Peer Support Training with Breastfeeding LENS Ltd.

Since April 2021 La Leche League groups in Scotland have continued to offer support by phone and online (one-to-one and meetings), and as of June 2021, in-person meetings. Scottish Government funding continues to be used to secure venues for face-to-face meetings. Overall meeting frequency across Scotland has increased considerably as Covid restrictions have allowed. The Beginning Breastfeeding Online course continues to be offered by Leaders in Scotland. Since April 2021 this course was led by Leaders in Scotland 23 times and has reached approximately 20 families each month.

This reporting period saw us continue our CPD for La Leche League Leaders and applicants. Scottish Government funding supported them to attend the LLLI conference online in October 2021. LLL Groups in Scotland held an in-person and online Scottish Spring Workshop in Glasgow, funded by the Scottish Government grant. The funding enabled us to choose a highly accessible venue and redeem travel and workshop expenses to volunteers. This event was held entirely online in 2020 and 2021.

The Peer Support Project with Breastfeeding LENS trains local mothers to support each other and promote breastfeeding in an area in East Lothian with low breastfeeding rates. This year they increased the number of groups meeting each week and the number of trained peer supporters. Enrichment activities for volunteer peer supporters included a talk by Prof Helen Ball from BASIS and an in-person information event.

Annual data show breastfeeding rates increased over the past year. Project oversight is provided by Breastfeeding LENS in cooperation with LLLGB.

With these projects LLLGB aims to contribute to the Scottish Government's objective of reducing the breastfeeding attrition rate at the 6-8 week infant review.

LLL in Scotland is also proud to continue to be a part of the Scottish Government Breastfeeding Advocacy Advisory Group. Key work this year includes:

- the development of breastfeeding education to be included in the Scottish national curriculum from nursery to secondary school education
- the development of national guidelines for breastfeeding peer support volunteers
- a national map of all breastfeeding groups by location in Scotland, and all businesses signed up to the Breastfeeding Friendly Scotland scheme
- a collaboration with Healthcare Without Harm Europe on Breastfeeding and Climate Change

INFORMATION

Publications

Breastfeeding Matters

Breastfeeding Matters, LLLGB's bi-monthly newsletter, is produced by a team of dedicated Leaders and is a terrific resource for our members who can choose to receive it in paper form or electronically. It is full of information and wonderful stories shared by mothers and families, which provide encouragement and tips for breastfeeding parents finding themselves in similar situations.

Breastfeeding Matters articles are often referred to by our breastfeeding counsellors during our local group meetings, whether in person or online, and they can be a useful resource to promote LLLGB membership. Breastfeeding Matters is read around the world, although its circulation is especially wide across Britain, Ireland and France. Articles of particular interest are also made available on the LLLGB website, making Breastfeeding Matters' reach truly global.

Leader and Leader Applicant resource (previously known as "Feedback")

LLLGB is in the process of creating a new resource for Leaders and Leader Applicants to replace the previous online repository (known as Feedback). The purpose of this resource is:

1. To provide information on LLLGB activities such as national and local workshop sessions, to help our breastfeeding counsellors stay up to date.
2. To allow LLLGB Leaders and Leader Applicants to more easily share documents which will be valuable resources for other Leaders and Leader Applicants, e.g. meeting plans.
3. To increase collaboration and community bonding amongst Leaders and Leader Applicants, e.g. "Meet a Leader" articles.

Leaflets Team: Booklets & Information Sheets

LLLGB publishes over fifty different information sheets and booklets. These are for sale in the LLLGB Shop as single copies and bulk pads and packs, and are popular with parents, Leaders, breastfeeding supporters and health professionals in the UK and beyond. The text of many leaflets can also be read on the LLLGB website.

Our *Positioning and Attachment* leaflet is available for sale in Kindle format. Also available is the popular *Full Sample Set* of all LLLGB published leaflets, along with a *Complete Reference Set*, comprising the contents of the *Full Sample Set*, ready filed for easy reference. Parents attending LLLGB Beginning Breastfeeding Antenatal Courses receive a pack of specially selected leaflets as part of their course. LLL Ireland purchase and sell our leaflets and LLL New Zealand continue to print many of our titles under licence.

Leaflets are written and updated on a rolling basis by the Leaflets Coordinator, working closely with other Leaders who act as editorial consultants, proof readers and reviewers, coordinated using a Facebook group.

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Leaflet layout and graphic design services have been performed by Bronwyn Davies (leaflets coordinator).

This year the following leaflets were updated with the latest research:

- *Treating Thrush*
- *Nipple Confusion*

Printing of new leaflets has resumed this year as the demand for leaflets has picked up after COVID restrictions have eased.

Website

From 1st April 2021 to 31st March 2022, our national website (www.laleche.org.uk) had 3.3m page views from 2.2m visitors.

Our 20 most popular pages were viewed 2.2m times: these included our pages on Sleepy Baby – What and what to do, Too much milk and oversupply as well as our information on managing engorgement, information on thrush, and our page on alcohol and breastfeeding.

80% of our visitors are from the UK or United States, and the rest of our reach is geographically very wide, with visits from all over the world.

Keeping the breastfeeding information on our website up to date and accurate is an ongoing priority for the website team, ahead even of generating new content. We continue to monitor our use of images and language to ensure they represent the full diverse range of families we support.

Behind the scenes, we continue to develop our website-based resources for our Leaders so they can record their work securely online which also improves our internal record keeping. In the 2021-22 year we fully refreshed the area of our website for Leader use, reducing as far as possible the administrative difficulties arising from the necessary record-keeping that is part of our volunteers' responsibilities.

LLLGB LEADER ALUMNAE

We value our alumnae and are grateful to them for the service they have provided to LLLGB and their continued support.

LLLGB Shop (LLL Books Ltd – the trading arm of LLLGB)

Further into the coronavirus pandemic we found our overall sales again reduced with a total turnover for 2021-22 of £14,275 (2020-21 £19,416). We were concerned we might not break even. However lower costs of generating sales and a stock re-evaluation following resolution of our difficulties with the fulfilment company has enabled us to Gift Aid a surplus of £2,796 to LLLGB (paid during the 2022-23 tax year). Sales during early summer were mostly for books. However, from September 2021 face-to-face support groups began resuming and orders of LLLGB leaflets from Leaders and breastfeeding supporters increased and continued through to the end of the financial year.

We did not attend any in-person events, leading to a significant saving in costs. However we promoted the LLLGB Shop at online events including LLLI, LCGB and ABM conferences and workshops, offering items for their prize draws and discount codes.

We keep a close eye on pricing and make adjustments (both up and down) when necessary, but remain committed to offering a good deal on our products any time a customer needs to order. In 2021-22 the Womanly Art of Breastfeeding, Sweet Sleep and Adventures in Tandem Nursing were our top selling books. Our leaflets Sample Set and Complete Reference Sets both also sold well.

We use a self-employed book-keeper. The remaining admin tasks are shared on a voluntary basis between the three company directors working from home. More Leader volunteers are needed urgently to join this team in order to keep the shop running smoothly and ensure it can remain viable for the future. Company directors Sue Upstone, Kate Wootton-Beard and Heather Birt would like to thank Sally Harris, Suzanne Cohen and Ellie Moriarty for their ongoing contributions and all the Leaders who encourage people to buy from the LLLGB Shop.

RELATED PARTIES

La Leche League GB is affiliated with La Leche League International, though there is no legal ownership and the only financial link is the quarterly cost-sharing payments made under our current affiliate agreement, which sets out certain contractual commitments for both parties relating to use of the LLL name and logo, and contributions to shared central costs.

External Organisations

LLGB is part of the Breastfeeding Alliance, a cooperative group made of representatives of breastfeeding organisations and other interested parties.

ADMINISTRATION and FINANCE

Some of the charity's main sources of income were:

Donations £17,890 (£20,612 in 2021)

LLGB Books Donation £4,012 (£6,066 in 2021)

Grants such as the Scottish Government Funding and Awards For All applications, and, as usual, the bulk of our income is in **Subscriptions** of various forms (around £40,960 this year). Despite the economic effects of Covid-19 and furlough, we have been grateful to receive a very similar rate of subscriptions to that of last year, and this has allowed our Leaders to fund new and innovative ways of supporting families.

The expected **Gift Aid** claim for 2021-22 is £2,883, down from last year's £4009. We are planning to emphasise the importance of choosing to give us Gift Aid, which doesn't cost any extra to our donors and subscribers.

The accounts show total incoming resources for the year of £128,669 which is up from the 2021 figure of £115,738. This increase is in line with an increase in outgoings (£78,350 to £96,673), as costs of providing services went up as expected as we restarted providing face to face helping. Our reserves are still robust, and we will use our surplus as needed to support a full return to face to face work alongside a continued virtual offering wherever possible.

Donations have fallen this year, which reflects the continuing lower numbers of group meetings with potential for cash donations. In times of widespread economic difficulty, it may also be more difficult for families to spare cash for donations.

We are, as always, grateful for the support of the various local funders and for grants to groups as well as donations from individuals. We are also very grateful for those people who felt able to make a contribution to our work, large or small, and to those volunteers who have invested time and energy in obtaining grant funding to support their work.

During the year LLGB's balance sheet included £94,145 cash held by groups. This amount increased from last year, with local groups only starting to offer face to face support and outgoing funds to hire venues or share physical resources with attendees have not been back yet to pre-pandemic levels.

La Leche League Great Britain will aim to maintain reserves in order to provide continuity of service provision. Unrestricted funds will be held in reserve for amounts of up to six months annual running costs to provide for any unexpected shortfall in funding. The current level of reserves is considered adequate.

The balance of restricted funds represents the unspent portion of the amount received from funders which is specifically earmarked for the completion of fund projects. As was the case last year, these funds may take longer than expected to clear due to the venue restrictions from Covid-19 management, and so may remain in our account for longer than originally planned, but will be redirected or reserved for completion of these projects as soon as circumstances allow.

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During the year there was again a net increase in total funds, in this case of £31,996 (2021: £37,388). This leaves us in a strong position to not only fund our return to previous levels of support but also look to combine those previous settings with the new innovations the last year has triggered and build something offering even more support to the babies and families we support next year and further into the future.

TRUSTEES' RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS

Company law requires the Trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In doing so the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINER

Mrs K Seagrave FCA of Fouetté Accountancy Solutions Limited will be in office as independent examiner for the ensuing year.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions relating to small companies under Part 15 of the Companies Act 2006.



Efrat Burman

Chair of the La Leche League Great Britain Council of Directors

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF LA LECHE LEAGUE GREAT BRITAIN

I report on the accounts of the Charitable Company for the year ended March 31, 2022, which are set out on pages 12 to 20.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The Charity's Trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Even though the charity's gross income did not exceed £250,000 its governing document requires an independent examination and I am qualified to undertake the examination by being a qualified member of the ICAEW.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility:

- to examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by
- the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements
 - (a) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - (b) to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice (FRS 102): Accounting and Reporting by Charities have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mrs K Seagrave FCA
Fouetté Accountancy Solutions Limited
White Rose House, 5 Walnut Grove
Nottingham, NG12 3AU

Date 15 October 2022

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
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**STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022**

INCOMING AND ENDOWMENTS		Unrestricted	Restricted	31.03.22	31.03.21
	Notes	£	£	Total	
				£	£
Income and endowments from generated funds:					
Voluntary income		94,880	-	94,880	79,925
Activities for generating funds		3,805	-	3,805	5,981
Investment income		553	-	553	668
Income and endowments from charitable activities		1,856	27,575	29,431	29,164
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
Total income and endowments	1/2	101,094	27,575	128,669	115,738
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
 RESOURCES EXPENDED					
Cost of generating funds:					
Cost of generating voluntary income	3	-	-	-	-
Fundraising trading: cost of goods sold & other goods	3	13,623	-	13,623	17,152
Charitable activities	3	54,963	26,443	81,406	59,591
Governance costs	3	1,644	-	1,644	1,607
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
Total Resources Expended	3	70,230	26,443	96,673	78,350
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
 NET INCOMING RESOURCES FOR THE YEAR					
net (expenditure)/income for the year		30,864	1,132	31,996	37,388
Transfer between funds		-	-	-	-
Fund balances at 1 April, 2021	11	272,385	14,006	286,391	249,003
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
Fund balances at 31 March, 2022	11	303,249	15,138	318,387	286,391
		<u> </u>	<u> </u>	<u> </u>	<u> </u>

The statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 14 to 20 form part of these accounts

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
(A Company limited by guarantee and not having share capital)

COMPANY NUMBER 1566925
BALANCE SHEET AS AT 31 MARCH 2022

		2022	2021
		£	£
FIXED ASSETS	Notes		
Tangible	5	-	-
Investment in subsidiary	4	<u>10,000</u>	10,000
		10,000	10,000
CURRENT ASSETS			
Stock		2,379	2,379
Sundry debtors and prepayments	6	5,734	19,809
Balance at Charities Official Investment Fund		79,744	79,615
Cash in bank		<u>261,955</u>	204,510
		349,812	306,313
CURRENT LIABILITIES-CREDITORS:			
Amounts falling due within one year	7	<u>41,425</u>	29,922
NET CURRENT ASSETS		<u>308,387</u>	<u>276,391</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>318,387</u>	<u>286,391</u>
REPRESENTED BY:			
RESERVES:			
Unrestricted funds			
Designated fund	8	-	-
General funds	8	<u>303,249</u>	272,385
		303,249	272,385
Restricted funds	8	<u>15,138</u>	14,006
	11	<u>318,387</u>	<u>286,391</u>

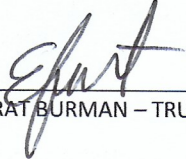
The Trustees are satisfied that the charitable company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the accounts for the year by virtue of section 477 and that no member or members have requested an audit pursuant to section 476 of the Act.

The Trustees acknowledge their responsibilities for:

- (i) ensuring that the charitable company keeps proper accounting records which comply with section 386 of the Act, and
- (ii) preparing accounts which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its surplus or deficiency for the financial year in accordance with the requirements of sections 394 and 395, and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

These financial statements were approved by the board of Trustees on 15 October 2022 and signed on its behalf by:


EFRAT BURMAN – TRUSTEE/DIRECTOR


Clare Davidson - TRUSTEE/DIRECTOR

The notes on pages 14 to 20 form part of these accounts

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

The accounts have been prepared under the historical cost convention and in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", the Charities Act 2011, the Companies Act 2006 and the Statement of Recommended Practice: "Accounting and Reporting by Charities" (FRS 102).

DONATIONS AND GRANTS

Income from donations and grants, including capital grants, is included in incoming resources when these are receivable, except as follows:

- When donors specify that donations and grants given to the charity must be used in future accounting periods, the income is deferred until those periods.
- When donors impose conditions, which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred and not included in incoming resources until the pre-conditions for use have been met.
- When donors specify that donations and grants, including capital grants, are for particular restricted purposes, which do not amount to pre-conditions regarding entitlement, this income is included in incoming resources of restricted funds receivable.

RESOURCES EXPENDED

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Certain expenditure is directly attributable to specific activities and has been included in those cost categories. Certain other costs, which are attributable to more than one activity, are apportioned across cost categories on the basis of an estimate of the proportion of time spent on those activities.

Charitable activities include expenditure associated with the provision of information, advice and support, and include both the direct costs and support costs relating to these activities.

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

CONSOLIDATION

The Company is exempt from the requirements to prepare group accounts under 398 of the Companies Act 2006 as the group qualifies as a small size group and thus group accounts have not been prepared.

FIXED ASSETS

Fixed assets are included in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of fixed assets over their estimated useful life of four years on a straight-line basis. Assets costing under £50 are not normally capitalised.

STOCKS

Stocks are valued at the lower of cost and net realisable value. It is not possible to value the goods that are donated to the shops and these are therefore carried at a £Nil valuation within the year end stocks.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022 (CONTINUED)

PENSIONS

Pensions are accounted for in accordance with FRS 102.

Pension costs and the pension provision for the defined benefit scheme are calculated on the basis of actuarial advice and are charged to the statement of financial activities on a basis to spread the costs over the employees' working lives.

Pension costs for the defined contribution scheme are charged to the accounts on an accruals basis in the period in which they occur.

A pension provision has been created within unrestricted funds in compliance with the requirements of the SORP.

FUND ACCOUNTING

Funds held by the charity are either:

- Unrestricted general funds – these are funds which can be used in accordance with the charitable objectives at the discretion of the Trustees.
- Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

BRANCHES

The operating results and net assets of branches of La Leche League Great Britain have been included in the Statement of Financial Activities and Balance Sheet.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022 (CONTINUED)

2. INCOMING RESOURCES

	Unrestricted Funds	Restricted Funds	Total 31.03.22	Total 31.03.21
	£	£	£	£
INCOMING RESOURCES				
Voluntary income				
Grants receivable	35,594	-	35,594	10,169
Others	436	-	436	341
Subscriptions	40,960	-	40,960	48,803
Donations	17,890	-	17,890	20,612
	<u>94,880</u>	<u>-</u>	<u>94,880</u>	<u>79,925</u>
Investment income				
Interest receivable	553	-	553	668
Rent receivable	-	-	-	-
Sale of assets	-	-	-	-
Compensation	-	-	-	-
	<u>553</u>	<u>-</u>	<u>553</u>	<u>668</u>
Incoming resources from charitable activities				
Scottish government grants	-	27,575	27,575	21,675
Lens income	-	-	-	1,500
Conference	390	-	390	1,854
Others	1,466	-	1,466	4,135
	<u>1,856</u>	<u>27,575</u>	<u>29,431</u>	<u>29,164</u>

3. ANALYSIS OF TOTAL RESOURCES EXPENDED:

	Costs of Generating Funds	Fundraising Trading	Information advice and support	Governance	2022 Total	2021 Total
	£	£	£	£	£	£
Costs directly allocated to activities						
Salaries	-	-	20,659	-	20,659	20,263
Direct costs and materials	-	1,950	42,504	-	44,454	27,444
Publications and leaflets	-	11,673	-	-	11,673	12,564
Travel and accommodation	-	-	-	-	-	227
Communications	-	-	2,352	-	2,352	2,566
Training and conferences	-	-	3,285	-	3,285	4,122
Depreciation	-	-	-	-	-	-
Premises costs	-	-	287	264	551	274
Other costs	-	-	12,319	1,380	13,699	10,890
	<u>-</u>	<u>13,623</u>	<u>81,406</u>	<u>1,644</u>	<u>96,673</u>	<u>78,350</u>

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
(A Company limited by guarantee and not having share capital)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022 (CONTINUED)

TOTAL RESOURCES EXPENDED INCLUDE THE FOLLOWING:

	2022	2021
	£	£
Depreciation	-	-
Management Committee remuneration	-	-
Auditors' remuneration – audit services	-	-
Management Committee expenses reimbursed:		
- Travel and incidental expenses of Trustees	-	227
	<u>-</u>	<u>227</u>

Staff costs

	£	£
Salaries and wages	20,659	20,263
Social Security costs	-	-
	<u>20,659</u>	<u>20,263</u>

The average number of employees during the year was 2 (2021: 2). No employee earned in excess of £60,000 (2021: £60,000)

ANALYSIS OF GOVERNANCE COSTS:	2022	2021
	£	£
Independent Examination fees	1,020	1,020
Legal and professional fees	-	-
Costs of Trustee travel and subsistence	-	227
LLLGB International conference and meetings	-	-
Bad debts	-	-
Other costs	360	360
	<u>1,380</u>	<u>1,607</u>

4. INVESTMENT IN SUBSIDIARY

	2022	2021
	£	£
10,000 £1 Ordinary Shares in LLL (Books) Ltd	<u>10,000</u>	<u>10,000</u>

The Company owns 100% of the ordinary share capital of LLL (Books) Ltd., a company incorporated in England. LLL (Books) Ltd. is a trading company selling books on breastfeeding, child care and family life to La Leche League Leaders, members and the general public. Profits not needed for development are donated to the charity.

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
(A Company limited by guarantee and not having share capital)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022 (CONTINUED)

At 31 March 2022 the aggregate capital and reserves of LLL (Books) Ltd. were as follows:

	£
Aggregate capital	10,000
Reserves	25,471
	<u>35,471</u>
The net assets of LLL (Books) Ltd at 31 March 2022 comprise:	
Tangible fixed assets	102
Stock	20,615
Debtors	7,064
Cash at Bank	11,903
	<u>39,684</u>
Less Creditors (including amounts due to group undertakings as below)	
Amounts owed to the group	2,343
Other creditors	1,870
	<u>4,213</u>

LLL (Books) Ltd made a loss of £26 (2021: £32), after taxation in the year ended 31 March 2022.

5. FIXED ASSETS

COST

	Office equipment £
Balance at 1 April,2020	1,394
Additions	-
Disposals	-
	<u>1,394</u>
Balance at 31 March,2021	<u>1,394</u>

DEPRECIATION

Balance at 1 April,2020	1,394
Provision in year	-
Disposals	-
	<u>1,394</u>
Balance at 31 March,2021	<u>1,394</u>

NET BOOK VALUE

At 1 April, 2020	-
At 31 March, 2021	<u>-</u>

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
(A Company limited by guarantee and not having share capital)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022 (CONTINUED)

6. DEBTORS

	2022	2021
	£	£
Amounts due for Peer Counsellor Programme	-	-
Sundry debtors	5,734	19,809
	<u>5,734</u>	<u>19,809</u>

7. CREDITORS

	2022	2021
	£	£
Amounts falling due within one year:		
Peer Counsellor Programme Income in advance	-	-
Other income in advance	26,084	28,207
Trade creditors	14,137	472
Other creditors and accruals	1,204	1,243
	<u>41,425</u>	<u>29,922</u>

8. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Fixed Assets £	Net current Assets £	2022 Total £	2021 Total £
Unrestricted				
Designated fund	-	-	-	-
General funds	10,000	293,249	303,249	272,385
Restricted	<u>-</u>	<u>15,138</u>	<u>15,138</u>	<u>14,006</u>
Total	<u>10,000</u>	<u>308,387</u>	<u>318,387</u>	<u>286,391</u>

9. RESERVE CAPITAL

The Company is limited by guarantee with no authorised share capital.

The amounts guaranteed in the nature of reserve capital are £240. These amounts are only capable of being called up for the purposes of winding up the Company.

10. RESTRICTED FUNDS

Restricted funds relate to the following programmes:

- Scottish government grants.

LA LECHE LEAGUE GREAT BRITAIN (company number 1566925)
(A Company limited by guarantee and not having share capital)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022 (CONTINUED)

11. MOVEMENTS IN FUNDS

	Balance at 01.04.21 £	Incoming resources £	Resources used £	Transfers £	Balance at 31.03.22 £
RESTRICTED FUNDS:					
Scottish Government Grant	14,006	27,575	(26,443)	-	15,138
Total restricted funds	<u>14,006</u>	<u>27,575</u>	<u>(26,443)</u>	<u>-</u>	<u>15,138</u>
 UNRESTRICTED FUNDS:					
General funds	272,385	101,094	(70,230)	-	303,249
Total unrestricted funds	<u>272,385</u>	<u>101,094</u>	<u>(70,230)</u>	<u>-</u>	<u>303,249</u>
TOTAL FUNDS	<u>286,391</u>	<u>128,669</u>	<u>(96,673)</u>	<u>-</u>	<u>318,387</u>