

ROYAL FREE HOSPITAL KIDNEY PATIENTS ASSOCIATION

England & Wales · Charity number 277711

Details

Other names	RFHKPA
Status	Registered
Legal form	Other
Registered	1979-06-19
Register	View on the Charity Commission register

Contact

Address	To Be Opened By Kpa Renal Admin Hub Upper 3rd Floor Royal Free London NHS Trust Pond Street Hampstea
Phone	07359497044
Email	rfhkpa@gmail.com
Website	https://rfhkpa.org/

Activities

Objects: TO ASSIST PATIENTS ON DIALYSIS AND FOLLOWING TRANSPLANTATION.

Activities: The principal activity of the charity is the raising of money by donations and fund raising for the purposes of assisting renal patients within The Royal Free Hampstead NHS Trust.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability, Amateur Sport
- **Who:** People With Disabilities

Geography

- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-09-30	-	-	-	-
2024-09-30	£40,916	£18,647	-	-
2023-09-30	£11,034	£7,579	-	-
2022-09-30	£6,992	£18,771	-	-
2021-09-30	£18,172	£34,119	-	-
2020-09-30	£26,364	£26,564	-	-

Trustees

Name	Role	Appointed
Nii Plange	Chair	
CARYL ANNE BRYANT		
Funmi Lawal		2018-11-18
JILL SLANN		
LOUIS TOUSSAINT		
Patricia Gooden		2025-03-10
Peter Victor Czwartos		2022-01-02

Accounts

2024

CHAIRMAN'S ANNUAL REPORT

2024 is a year the association would want to forget in haste but still hold on to the memories of the loved members we lost. It is a year punctuated with grief upon grief.

In January we lost our very Mrs Pamela Hunt – the grandmother of the RFHKPA; she graced our annual tea parties with her charm and collected money for the association regularly. Linda Elgahawi another helper at the tea parties and very active member also bowed out and was followed by Caroline Ryan who was also an active member and had great interest in the transplant games. Tess Harris of the PKD was also lost. In August, we were informed of the passing of our Life President Mr David Myers BEM.

David was the chairman of the association for many years, became a governor of the trust and the chair of the Royal Free Hospital's Organ Donation committee, He produced our newsletters and was the force behind the association's website and our membermojo register. His work was recognised and was awarded BEM. As if it wasn't enough, Professor Ben Walsh also left us. Professor Stephen (Ben) Walsh worked with NASA researching health impact on Mars.

The RFHKPA and the Renal department are currently working on how to remember David Myers legacy and you will be informed in due course.

DONATIONS:

Thanks to our regular direct debit donors who kept our donations flowing until we had a substantial donation left by will which pushed our donations up.

PURCHASES & SUPPORT:

We supported numerous patients financially due to the cost-of-living crisis and bought items for several patients e.g. weighing machine, freezer and washing machine/tumble dryer. An ice-machine was bought and installed at the Mary Rankin unit.

We also supported the Psychology department to send a couple of their staff for training and the PD team to hold 2 education day events.

The association funded our Day Trip and the Tea Party as well as Christmas party within the units.

We referred 9 patients to our Camden Service for help with housing and benefits applications. Four patients were sent to the Kidney Care UK for help with their electricity bills and 8 patients were also sent there for help with their holidays.

MEETINGS ATTENDED:

I attended Mortality Surveillance & End of Life Care Group with Funmi Lawal, NKF meetings with Caryl Bryant , Mary Rankin site search meetings, Patient Partnership Group and the North Middlesex and the Royal Free London proposed merger meeting, DHL transport meetings and RF/KPA meeting.

Our relationship with the renal department is very strong and we are involved with research and reviewing leaflets/ documents to be sent out to patients. We are invited to join in decisions that affects renal patients.

As mentioned earlier, our donations were down till we had a huge one from one individual; I will still appeal to you to think of us when making donations. We are not allergic to small donations and any amount will be welcomed.

My thanks to the trustees who once again failed to buckle down in the face of very depressing situations. Thank you, Caryl, Jill , Peter, Louis, Patricia and Funmi, for helping to deliver very meaningful assistance to our members who needed it.

Apart from the financial support I have asked for; I will also appeal for volunteers to take over from aging trustees and fill the gaps left by those who have passed. Anyone who wants to volunteer can call me on 07766355047 / 07359497044 or send e-mail to rfhkpa3@gmail.com.

New patients are reminded to register their membership at:

<https://membermojo.co.uk/rfhkpa>.

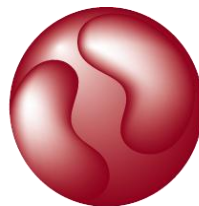
NB: Those who are not able to access or use a computer can call me on any of the numbers above for a paper version to fill in to register.

Thanks to all those who helped in different ways to support the association. Thanks to all our donors for helping us to provide financially to our fellow patients who needed assistance. And special thanks to all our consultants, nurses, dieticians, pharmacists, admin staff and support workers for helping us on our journey to a better quality of life.

I will at this point ask you kindly to bow your head for a two-minute silence for all those named above and other patients who passed as well without our knowing.

DASHBOARD

01/10/2023 to 30/09/23



RFHKPA
ROYAL FREE HOSPITAL
KIDNEY PATIENTS
ASSOCIATION

REG. CHARITY NO. 277711

Revision A issued for Comment by DM & JG

INCOME

	YEAR TO DATE	
	£ 40,916.06	

EXPENDITURE

	YEAR TO DATE	
	£ 17,624.28	

LIABILITIES

	TOTAL	
£ -		

ADMIN. + EXPS.

	YEAR TO DATE	
	£ 1,023.01	

NETT CHANGE IN PERIOD

22268.77	
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FUNDS CARRIED FORWARD

£ 131,799.60	
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Distribution: Nii Plange, David Myers, Funmi Lawal,
Caryl Bryant, Louis Toussaint, Jill Slainn.

FUNDS AT START OF PERIOD

DEPOSIT ACC.	£ 105,103.87
CURRENT ACCOUNT	£ 4,426.96
TOTAL	£ 109,530.83

Prepared by Peter czwartos July 25

29th July 2025

Peter Czwartos
30 Southern Road
Southbourne
BH6 3SS

Dear Sir or Madame, RFHKPA

I am writing to confirm the accounts and annual report have been uploaded for the period October 23 to September 24.

Please accept my apologies for running late with the submission. I moved home and the post office redirect did not work for the Bank statements as they only have my address not my name. The bank proved very difficult to obtain duplicate copies.

In addition, the Accountant used for verification has been impossible to contact. I have just received an email from his assistant confirming he is too ill to work.

I have just engaged an alternative Accountant who has undertaken to complete his work next week. I will upload the confirmation as soon as I have it.

Yours faithfully

P V Czwartos

Accounts

The Royal Free Hospital Kidney Patients Association

As at 30th September 2022

Information

President	David Myers
Chairman	Nii Plange
Treasurer	Peter Czwartos
Membership Secretary	Jill Slann
NKF Representative	Louis Toussaint

Trustees	Caryl Bryant
	Funmi Lawal
	Jill Slann
	Louis Toussaint
	Nii Plange
	David Myers
	Peter Czwartos

Charity Number	277711
Principal Address	TO BE OPENED BY KPA
	Renal Admin Hub
	Upper 3 rd Floor
	Royal Free London NHS Trust
	Pond Street
	London NW3 2QD
Website	rfhkpa.org

The Royal Free Hospital Kidney Patients Association

Year Ending 30th September 2022

Statement of Financial Activities

	2022	2021		
Charity Incoming Resources				
Donations	5,979		13,200	
Just Giving	707		4,379	
Patient day Trip/ Summer Party				
Patient Festive Dinner				
NKF Conference – Patient Charge				
Bank Interest received	306		507	
Miscellaneous Income			86	
Sub Total Income		6,992		18,172
Charity Resources Expended				
<i>Direct Charitable Expenses</i>				
Equipment Purchased	10,351		14,958	
Awards & Grants			5,000	
Patient Hardship cases	2,798		5,786	
Patient Day Trip				
Patient Summer Party				
Patient Festive Dinner				
Patient Xmas Food & Gifts	1,976		1,041	
Patient Education	560			
Massage Therapy Service				
NKF Conference – Patient Fees				
Grant to Kindred Charity				
Organ Donation Events				
Peer Support				
Sub Total Expenditure		15,928		27,213
<i>Administration Expenses</i>				
Design & Artwork	2,483			
Printing, Postage & Messaging			385	
Website			307	
Committee Meetings & AGM			173	
Stationary			242	
Membership Administration			5,592	
Professional fees	220		75	
Miscellaneous				
Total Charity Resources Expended		18,771		34,119
Charity Net (outgoing/incoming Resources)		-11,779		-15,947
Other income – NHS Blood & Transport Project			863	
Other expenditure- NHS Blood & Transport Project			3,432	
Net NHS Blood & Transport Project				-2,569

Net outgoing/incoming resources	-11,779		-18,516	
Funds Brought Forward	113,867		132,383	
Funds Carried Forward	102,088		113,867	

Note.

NHS Blood & Transport funds are held on account. Unspent funds are refunded at the close of each project.

These accounts were approved by the trustees on 21st July 2023

Signed

P V Czwartos

P.V. Czwartos

The Activities of the Charity

The principal activity of the Charity is the raising of money by donations and fund raising for the purposes of assisting renal patients within The Royal Free London NHS Foundation Trust.

The Charity does not require an Audit.

The books and records are kept according to The Charity Commissioner's general procedures and directions. These accounts have been prepared accordingly.

Report of the Independent Examiner to:

The Royal Free Hospital Kidney Patients Association

For the year ended September 2022

We have examined the accounts prepared together with records and information supplied in accordance with instructions received, Without carrying out an audit and confirm that they are in accordance therewith.

In connection with our examination no matter has come to our attention.

(1) which gives us reasonable cause to believe that in any material respect the requirements

(i) to keep proper accounting records, and

(ii) to prepare accounts which accord with the accounting records have not been met, or

(2) To which in opinion your attention should be drawn in order to Enable a proper understanding of the accounts to be reached

PETER ROBERT WALKER

FCCA

26 High Street Marine Tax Services (Cardiff) Ltd

Barry

Vale of Glamorgan.

CF62 7EB

Royal Free Hospital Kidney Patients Association

Trustees' Annual Report - Year Ended 30th September 2022

Governance and membership

The charity is an unincorporated association and its current constitution was adopted on 20th November 2016.

All renal patients of the The Royal Free London NHS Foundation Trust ("the Trust") are members of the charity. Relatives and carers of patients may also become members, as may renal medical staff of the Trust.

Seven members are appointed as trustees at the Annual General Meeting. During the year the trustees may appoint up to two additional trustees. All trustees stand down at each Annual General Meeting and may then stand for re-election.

Financial policy

The charity does not have a formal reserves policy.

Public benefit statement

The trustees have complied with their duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.

Objectives and activities

The charity offers support to help all renal patients who are being treated by the Trust, their families and carers, and it raises money by donations and fund raising activities to be used for the purposes of the charity. The objectives are fully described in section 3 of the constitution.

Achievements and performance

The coronavirus Covid-19 pandemic has continued to affect the work of the Trustees. All meetings have been carried out over the internet via Zoom. There has been no face to face meetings with staff or patients in the various renal units.

Patients Day Trips, Summer Party and Festive Dinner were all cancelled.

The charity was pleased that staff at the St. Pancras, Tottenham Hale and Barnet dialysis units were once again able to provide December festive period refreshments for their patients. These were funded by the charity, as were gift vouchers for patients whom unit staff identified as being without family companions.

The trustees authorised the purchase of AV equipment for the renal unit along with an Age reader.

Grant-making activities continued as normal although the amount granted was less than last year (2021). The amount of incoming donations was also reduced.

The charity expresses its thanks for:

- The continued generosity of members and others who provide funds, without which it could not carry out its work for the benefit of patients. These include bequests, and monthly or one-off donations.
- Trustees and committee members who continued to attend meetings during the year using the Zoom internet facility.
- The continued dedication of Royal Free staff caring for renal patients in the very difficult circumstances of the covid pandemic, especially noting that by the nature of their work they were particularly exposed to the virus and often had to work short-handed when colleagues had to self-isolate.
- Mr. Peter Walker FCCA, Independent Examiner of the accounts, for providing his services at reasonable cost.
- Mr. Jeremy Gold for his time and assistance in the preparation of this Report.