

**Report of the Trustees  
and  
Financial Statements for the Year Ended 31 March 2023  
for  
The Society for Horticultural Therapy**

**The Society for Horticultural Therapy**  
**Contents of the Financial Statements for the Year Ended 31 March 2023**

## **Contents**

|                                                                        |    |
|------------------------------------------------------------------------|----|
| LETTER FROM THE CHAIR.....                                             | 3  |
| REPORT OF THE TRUSTEES .....                                           | 4  |
| ABOUT THRIVE .....                                                     | 4  |
| STRATEGIC REPORT .....                                                 | 7  |
| Review of 2022/23 (achievement and performance).....                   | 7  |
| Priorities for 2023/24.....                                            | 12 |
| STRUCTURE, GOVERNANCE AND MANAGEMENT .....                             | 13 |
| Governing document.....                                                | 13 |
| Charity Code of Governance.....                                        | 13 |
| Recruitment, appointment, induction and training of new trustees ..... | 13 |
| Organisational structure and decision making .....                     | 14 |
| Remuneration statement.....                                            | 14 |
| Fundraising Standards Compliance .....                                 | 15 |
| GOING CONCERN .....                                                    | 15 |
| EVENTS SINCE THE END OF THE YEAR.....                                  | 16 |
| REFERENCE AND ADMINISTRATIVE DETAILS.....                              | 16 |
| STATEMENT OF TRUSTEES' RESPONSIBILITIES .....                          | 18 |
| REPORT OF THE INDEPENDENT AUDITORS .....                               | 19 |
| STATEMENT OF FINANCIAL ACTIVITIES .....                                | 22 |
| BALANCE SHEET .....                                                    | 23 |
| CASH FLOW STATEMENT .....                                              | 24 |
| NOTES TO THE FINANCIAL STATEMENTS .....                                | 25 |

## **LETTER FROM THE CHAIR**

Dear Supporter,

The world has continued to be a challenging place over the last year as we experience the impact of the Ukraine War, fuel price rises, climate change concerns and the cost of living crisis. These affect us all as individuals, families and communities.

In this uncertain world, there continues to be a demand for our social and therapeutic horticulture services as we seek to improve our client's health outcomes. We have regular programmes and short courses running at each of our three centres in Birmingham, London and Berkshire.

As a charity we are striving to bring more awareness of the benefits of therapeutic horticulture to a wider audience. Our advocacy efforts have seen Thrive be invited to give audience to the House of Lords Horticulture Committee, a new BBC lifelines appeal fronted by our ambassador Mark Lane and a new partnership between Thrive and Trellis to increase professionalism in and create a governing body for the sector.

We were delighted to be the recipients of a National Lottery Heritage Grant to support our work and increase our outreach in Birmingham where we are based in King's Heath Park in the old Gardener's World garden. This grant covers multiple financial years and is an exciting opportunity to celebrate our work to date and more importantly increase awareness and engagement with therapeutic horticulture in the Birmingham area.

Nonetheless, the cost of living crisis has made fund raising ever more challenging. The level of personal giving has struggled to return to the levels it was pre-covid and the current environment only adds more caution to the mix. The Board and the SMT took the decision to sell a cottage in Berkshire that the charity still owned from the original legacy by our founder Dr Geoffrey Udall. Disposing of assets is never an easy decision but the funds raised will support our ongoing work and our current strategy of investing in additional advocacy work and expanding our training and education offering.

As always, I am proud of how hard the senior management team and Thrive staff have worked this year. Their commitment to the purpose of the charity is highly commendable and I am lucky to work with such dedicated and passionate people. This praise and thanks is also extended to our volunteers who continue to support the delivery of client services and the running of the gardens; their involvement is vital to our work.

As ever I would like to thank all our donors, funders and supporters, individuals, companies, organisations, trusts, grant-makers and in-memoriam givers. Every single donation has helped us to continue to deliver our services for the people who need us; your support has never been so important.

Yours sincerely



Faith Ramsay  
Chair of the Board of Trustees

## **REPORT OF THE TRUSTEES**

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **ABOUT THRIVE**

### **What we do**

Thrive leads the therapeutic use of gardening and horticulture in the UK. We are the specialists in social and therapeutic horticulture (STH), which is the process of working with plants to improve physical and psychological health and communication and thinking skills.

STH practitioners use the garden as a safe and secure environment in which to develop an individual's ability to socialise, make friends and gain practical skills that make them more independent and self-reliant. They use gardening tasks and the garden environment itself to build a set of activities for each client aimed at improving their health and wellbeing and achieving particular goals identified by the individual themselves or by their family, support workers or carers.

Gardens offer outdoor spaces with the peace and tranquillity needed for rehabilitation and recovery, and the opportunity to develop an interest in gardening will give benefits that can last a lifetime.

The benefits of a sustained and active interest in gardening are:

- better physical health from exercise and learning how to use or strengthen muscles to improve mobility
- improved mental health from gaining a sense of purpose and achievement
- reduce feelings of isolation or exclusion through the opportunity to connect with others:
- simply feeling better for being outdoors, in touch with nature and seeing things grow; all things that are known to be important to us all as human beings.

Whilst improving health and wellbeing are at the core of therapeutic horticulture, there are other benefits for people who take up gardening: developing new skills, learning about food growing and what is good to eat, boosting confidence with new-found knowledge and potentially using this knowledge to gain a qualification in horticulture and thereby gain employment.

### **How we do it**

Our work is done in a variety of ways:

- we run [therapeutic programmes](#) at our garden sites in London, Reading and Birmingham for a very wide range of client gardeners, and in care homes, public spaces, schools and community projects.
- through our Get Gardening [web resources](#) and our [gardening club](#), we offer a wealth of information, inspiration and guidance on techniques and tools that can help people to get started or to continue gardening, making everyday gardening easily accessible and enjoyable for people with a wide range of disabilities and limitations.
- we deliver the UK's largest curriculum of education in STH, offering high-quality [training courses](#) and [advice](#) services for individuals, groups and organisations interested in using horticulture for therapeutic, social and developmental purposes
- we advocate on behalf of the profession to get STH recognised as a therapeutic intervention and to ensure that provision is matched to beneficiaries needs.

**The Society for Horticultural Therapy**  
**REPORT OF THE TRUSTEES for the Year Ended 31 March 2023**

**Why we do it**

In the UK, c18.9 million people live with a long-term health condition (ONS Mar 20) and 8.4 million people of working age live with a disability (ONS Feb 21). 70% of health and social care spending and 50% of all GP consultations in England are linked to long-term conditions.

Our recent research has shown the following facts about specific forms of ill health and disability, all of which can be helped by structured Social & Therapeutic Horticulture programmes and active engagement with nature:

- 1 in 4 people per year experience a [mental health](#) problem of some kind according to MIND
  - In addition, ONS (Oct 2022) report links between rates of depression and financial concerns arising from the cost-of-living crisis. They found that:
    - Around 1 in 6 (16%) adults experienced moderate to severe depressive symptoms in the survey period (Sept 22- Oct 22); this is similar to rates found in summer 2021 (17%), however higher than pre-pandemic levels (10%).
    - When comparing within population groups, prevalence of moderate to severe depressive symptoms was higher among adults who were economically inactive because of long-term sickness (59%) and disabled adults (35%).
- 10 million people live with some form of [arthritis](#)
- More than 2 million people live with some degree of [sight loss](#)
- Almost 1 million people live with [dementia](#)
- Around 7.6 million people are living with [heart and circulatory disease](#)
- Around 13 million people are [peri / menopausal](#)
- Around 1.3 million [stroke](#) survivors
- More than 5 million people are living with [diabetes](#).

We have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities the charity should undertake. We believe that a significant proportion of the UK population will benefit from Thrive's services and we therefore consider that we continue to act in the **public benefit**.

## **OBJECTIVES AND GOALS**

As a result of our strategic review, we have refreshed our Strategy which is summarised below.

### **Our Purpose**

To bring health and horticulture closer together so that many more people achieve positive outcomes through Social & Therapeutic Horticulture

### **Our Vision**

Gardening is actively encouraged as part of personal health and wellbeing management and Social & Therapeutic Horticulture (STH) services are available wherever you live

### **Our Impact**

We improve health and wellbeing, reduce isolation and loneliness, increase a sense of occupation and enjoyment, making people's lives more satisfying; in doing so we contribute positively to health and social care services.

The priority outcomes for the next 5 years are:



STH sector is recognised as part of the health & social care landscape



STH provides genuine positive impact



Thrive has a sustainable operating model

The priority activities to achieve those outcomes are:



#### **Grow our Sector**

Lead and shape the debate  
Evidence through research  
Promote good practice  
Professionalise the Sector



#### **Grow our Impact**

Delivery of STH  
Information Service  
Services for Professionals  
Partnered services



#### **Grow our Organisation Sustainability**

People Strategy  
Infrastructure Development  
Income Generation

These activities are interlinked: to grow our impact (and the number of people we reach through our services), we need to grow our sector and the sustainability of our organisation.

## STRATEGIC REPORT

### Review of 2022/23 (achievement and performance)

This year saw the start of our work under the new Strategy as well as the continuation of existing delivery and projects. Our 5-year strategic plan sets out our vision and goals under 3 broad outcomes; priority activities have been aligned with each.

#### Grow our Sector

|                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|-----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Vision:                     | <b>STH sector is recognised as part of the health &amp; social care landscape.</b><br>Working collaboratively at the local, regional and national levels, the STH/Green Care sector plays a clear role in connecting communities to their local green spaces, improving health outcomes and reducing health inequalities, and in delivering measurable savings for the NHS and social care sectors.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Goals and Objectives:       | <ul style="list-style-type: none"><li>• <b>To lead and shape the debate about how a larger and more professional STH sector can support the care systems and provide improved outcomes for people with a defined health, social care or education need</b></li><li>• <b>To build a movement towards professionalising the sector, engaging providers/STH Practitioners and commissioners to actively progress an agenda for professionalisation</b></li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Achievements & performance: | <p>A Therapeutic Horticulture Stakeholder Group (THSG) was established by Natural England in March 22 to give focus to scaling up STH; membership includes policy officers, academics, health care professionals and STH provider organisations. Thrive took on the role of chair and convenor in September 22 and has led work to create a framework to support the alignment of STH interventions to different levels of mental health need and supported Essex University's research into barriers to commissioning STH – both pieces of work will be published in 2023/24. The Group also provides a platform for sharing policy developments related to STH and fostered relationships with the national Green Social Prescribing projects and provided comments on the draft Toolkit.</p> <p>We have continued to engage with and build closer connections with both local/regional and national networks who share our passion for STH/nature-based interventions and to engage with the new Integrated Care Systems and associated structures.</p> <p>Thrive has partnered with Trellis in Scotland to establish a new Association for STH. We are exploring the requirements of accreditation through the Professional Standards Authority to create a register of accredited STH Practitioners. Our joint consultative forum, set up to guide this work, has over 200 members.</p> <p>Aligned with raising awareness of the professional role of STH Practitioners, Thrive and Trellis played a key role in the launch of the Inaugural World STH Day on 18 May 23; this had great engagement with activities linked via many practitioners and over 12 national associations worldwide.</p> |

#### Grow our Impact

|                       |                                                                                                                                                                                                                                                                                       |
|-----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Vision:               | <b>STH is recognised as providing genuine positive impact.</b><br>Thrive is able to make a national-scale impact on health and wellbeing through delivery of STH programmes and a digital information service, and using our knowledge and expertise to enable others to deliver STH. |
| Goals and Objectives: | <ul style="list-style-type: none"><li>• <b>To use our delivery of STH to achieve improved outcomes for people with a defined health, social care or educational need.</b></li></ul>                                                                                                   |

**The Society for Horticultural Therapy**  
**REPORT OF THE TRUSTEES for the Year Ended 31 March 2023**

- **To use our knowledge and expertise to deliver gardening for health information that enables people to harness the health & wellbeing benefits of gardening in their own space and time.**
- **To use our knowledge and expertise to enable delivery of STH beyond our 3 centres, by**
  - **training others to increase their horticultural therapy skills and supporting their ongoing professional development**
  - **working in partnership with national horticultural/land-based organisations**

**Achievements & performance**

We continue to deliver STH services at and from our gardens in Reading, London and Birmingham although it has taken longer than planned to bring our client numbers back to pre-Covid levels. This was due to a combination of our staffing changes, changing community connections for referrals and funding constraints. During 2022/23, we worked with 325 client gardeners across our 3 centres, delivering a total of 9,205 therapeutic gardening sessions. Our impact survey of our client gardeners, and also their carers, showed some fantastic result:

| <b>March 2023</b>                                | <b>Client Engagement / Impact</b> | <b>Carer Satisfaction / Impact</b> |
|--------------------------------------------------|-----------------------------------|------------------------------------|
| Spent more time gardening or outside             | 98%                               | 89%                                |
| Socialised more with others                      | 96%                               | 89%                                |
| Increased or restored their confidence           | 100%                              | 96%                                |
| Been happier or improved their mental well-being | 97%                               | 100%                               |
| Improved their physical health                   | 98%                               | 96%                                |
| Learnt new skills                                | 99%                               | -                                  |
| Improved behaviour                               | -                                 | 88%                                |
| Became more active                               | -                                 | 93%                                |
| Satisfied with Thrive                            | 99%                               | 100%                               |

Our work with our client gardeners was recognised when Thrive was shortlisted for The Sun Who Cares Wins Awards which honours those across the health and social care sector who go above and beyond for their patients and causes. Although we didn't walk away with the top prize, we made it onto the shortlist of three charities, triumphing over a hundred applications, so were rightly very proud of being recognised for our work.

Our new therapeutic horticulture programme to help deafblind people and others with complex disabilities is flourishing in Birmingham with more clients than ever able to access the service. The site at Sense's TouchBase Pears is a multi-purpose site that operates as a social enterprise and was praised by HRH Princess Anne when she visited the site.

TV, radio presenter and keen gardener, Zoe Ball visited our centre in Battersea Park and engaged with client gardeners planting out seeds. Zoe was keen to learn how we use STH to bring about positive changes to the lives of so many and described how she finds solace in her garden. We hope to welcome her back for another visit soon.

**The Society for Horticultural Therapy**  
**REPORT OF THE TRUSTEES for the Year Ended 31 March 2023**

Made possible with a grant from the Peter Sowerby Foundation, our new gardening for health digital service, Get Gardening, launched in June 22. Since then, almost 105,000 people have accessed Get Gardening, with more than 330,000 articles read. More than 200 guides are now available, covering topics from seasonal gardening activities to inspiring stories and ways to make gardening accessible and enjoyable for all. We have collaborated with partner organisations when creating these to ensure the advice is sound, conduct extra research if necessary and co-promote the articles. Partners include:

- Dementia Adventure (gardening and dementia)
- Arthritis Action (Gardening and arthritis)
- Mental Health Foundation (Gardening to support mental health)
- Newson Health (Gardening and menopause)

There has been hugely encouraging feedback from Get Gardening users. We have a rolling survey in place, with the following results:

- 91% feel they now have a better understanding of how gardening can improve their health
- 98% have put into practice / intend to practice what they have learnt
- 86% with a disability / long-term health condition say the information has enabled removal of barriers to gardening

Our Gardening Club, launched during the 2020 lockdowns continues to have a strong following with sign-ups reaching 4,238 in March 23.

The Diploma in STH continues to prove very popular with a 2<sup>nd</sup> full cohort starting in September 22; the original intake is now nearing the end of their 2-year course. However, the accredited Award in STH has been less popular and we have been looking into the reasons for that.

Over the year we reintroduced some face-to-face training alongside the blended courses in the National Short Course Programme. Some 1,009 people accessed our free online training modules and 670 attended our paid-for short courses. 97% of attendees reported that they had broadened their skills in STH by attending the course and 96% said that course had positively impacted their practice.

We are very pleased to have been approached by the MHA to work with them on the implementation of their Green Care Strategy, which they launched in May 23, across their older people's care home network; we look forward to developing this work area.

### Grow our Organisational Sustainability

|                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Vision:                    | <p><b>Thrive has a sustainable operating model.</b></p> <p>Achieved through an engaged and effective workforce, effective use of our assets (land &amp; investments) and infrastructure (including facilities, data and digital tools), maximising revenue from our assets and ensuring that our spending is aligned with income.</p>                                                                                                                                                |
| Goals and Objectives:      | <ul style="list-style-type: none"> <li>• <b>To ensure that our workforce has the required competencies and that the organisation is structured to support the effective deployment of the workforce to achieve our strategic aims</b></li> <li>• <b>To develop our infrastructure to effectively support current and new service delivery</b></li> <li>• <b>To deliver an annual surplus with which to maintain our reserves and invest in our continued development.</b></li> </ul> |
| Achievements & performance | <p>We have worked hard on developing our People Strategy which will support delivery of the strategic plan. We have:</p>                                                                                                                                                                                                                                                                                                                                                             |

**The Society for Horticultural Therapy**  
**REPORT OF THE TRUSTEES for the Year Ended 31 March 2023**

- established the core principles which will govern our forward work
- reviewed our operating model and are working on aligning capacity and skills to future requirements
- engaged staff in the development of organisational values
- sought feedback from staff and volunteers through the engagement survey and identified areas for improvements
- started to develop a Management & Leadership framework to guide manager development
- created a revised pay and grading scheme for our STH Practitioners.
- instigated a strategic review of our Communications and Marketing activities to enhance focus and internal collaborations and to ensure we have sufficient skills and expertise.

This is a large and ongoing body of work which we will continue to develop and iterate over the coming years.

We repeated our staff engagement survey in September 2022. Our headline results were lower than the previous year's exceptional results and we are addressing key areas through the development of our People Strategy.

|                                                      |     |
|------------------------------------------------------|-----|
| Overall I am happy working at Thrive                 | 73% |
| I know what is expected of me at work                | 76% |
| I feel that my work is recognised & appreciated      | 65% |
| I can access the right L&D opportunities when needed | 57% |
| I have the tools to do my job effectively            | 65% |

We have started work on a land/asset management plan and successfully bid for an Enterprise Development Grant to support exploration of options for the use of land at Trunkwell.

We have concluded our data project and implemented the new CRM system. Our fundraising data has been cleaned and is being migrated to the new system which should improve the team's ability to focus and evaluate their campaigns. New forms have been designed to support an improved Client Services onboarding process.

Although our financial results for the year were disappointing, we were able to make a number of changes to how we are using resources to manage costs effectively and to our pricing for services.

The impact of turn-over within the fundraising team in late 21/22 was acutely felt in this year and the planned step change increase in supporter and donor numbers was not achieved. However, good work was done on the Big Give initiative (Nov/Dec 22) and we are grateful to the Leisure and Outdoor Furniture Association (LOFA) and the Reed Foundation who supported this initiative and provided the match funding pot. We also extend our heartfelt thanks to all of our donors (individuals, groups, corporates, trusts and foundations) who generously support our work this year.

### Our Staff & Volunteers

We would like to thank Thrive's staff and volunteers for their continued commitment and professionalism throughout this period. Many of them go well beyond what is expected of them and always doing all they can to support people living with ill-health, disability, loneliness or disadvantage.

Our volunteers have played a vital role in enabling the delivery of all our services and we are extremely grateful to the 221 people who have volunteered with us across the year, most turning out week after week to work with the client gardeners, others providing invaluable support in our offices. Together they gave some 19,881 hours of their time to Thrive. In addition, we hosted 54 corporate days across the 3 centres, a significant increase on last year, providing a further 2,711 hrs of additional work in the gardens.

**The Society for Horticultural Therapy**  
**REPORT OF THE TRUSTEES for the Year Ended 31 March 2023**

Financial review

Our financial results for the year to end March 2023 were disappointing and do not reflect the hard work and good progress made on the activities within the Strategic Plan.

Total income for the year was £1,330,009, a decrease of 7% (£97,869) compared to the previous year (£1,427,878) which had been boosted by the £100k grant from the Peter Sowerby Foundation for our new Information Service.

Income for delivery of client services increased by 8% as we moved towards pre-Covid activity levels. However, this was offset by a drop in income from our training courses (down 13%) and a smaller drop in fundraised income (2% decrease), the latter was considered a positive result given the turnover in the fundraising team over the last 18 months.

The overall balance of our income was as follows

| Income source                    | Amount (% of total income) |                |
|----------------------------------|----------------------------|----------------|
|                                  | 2022/23                    | 2021/22        |
| Charitable Activities            | £786,552 (59%)             | £845,868 (59%) |
| Donations & legacies             | £410,111 (31%)             | £418,457 (29%) |
| Investments                      | £86,330 (6%)               | £98,922 (7%)   |
| Trading activities               | £47,015 (3%)               | £46,262 (3%)   |
| Coronavirus Job Retention Scheme | £- (-%)                    | £18,369 (1%)   |

Expenditure for the year was £1,787,434, an increase of £129,943 (8%) compared to the previous year (£1,657,490).

The cost of delivering our charitable services increased by £120,435 (15%), with much of the increase related to inflation. There was similar increase in support costs which increased by £104,685 (16%). Again, inflation had a negative affect and we also invested in buildings and grounds maintenance. The increase in costs was partly offset by a reduction in spend on the Information Services following the significant development investment in the prior year. We invested £12,500 in the first phase of the development of a new database which will improve the quality and use of data, as well as delivering operational efficiencies across Thrive.

Staffing remains our largest cost at £1,280,792, an increase of £118,447 (9%). These costs included salary increases of between 1% and 3%.

We disposed of £250,000 of our listed investments, and these had a total value of £11,252 at 31 March 2023. Our investment properties increased in value by £135,000. The residential property has been reclassified on the balance sheet pending sale.

Overall, we recorded a significant deficit of £301,885 (2022: £211,260). The cash balances and short-term deposits decreased during the year by £113,154 to £41,020. The pressure on cashflow was anticipated and, as reported last year, we reviewed our asset base and disposed of listed investments (as above).

Reserves and investment policies

Thrive holds long-term investment assets to generate a return, protecting the charity's capital base and supporting future delivery of charitable activities and aims. Shorter term assets are held to provide revenue to support the operational requirements of the charity. We review the level of reserves annually in line with the budget and business plan to ensure that sufficient and appropriate resources are available to deliver charitable aims, support the charity's strategy and to meet contingencies.

**The Society for Horticultural Therapy**  
**REPORT OF THE TRUSTEES for the Year Ended 31 March 2023**

Free reserves (excluding fixed assets and designated funds) total £1,699,838. Included in this total are investments (listed and unlisted) which we use to generate essential income to support ongoing operations. We therefore do not consider those investments themselves to be part of our available reserves in the short to medium term. Our reserves are calculated as total reserves less income-generation investments giving a figure of £859,446 which we refer to as 'free reserves'. Our Reserves Policy, which is reviewed annually by Trustees, is to hold the equivalent of 6 months of expenditure so that we can continue to meet commitments to deliver services in the event of a funding shortfall, or where critical services are only partially funded. For 2023/24 this is budgeted at £845,000.

Total reserves at 31 March 2023 were £3,159,004 (2022 - £3,444,028). This includes fixed assets totalling £1,271,614 which can only be realised upon disposal of those assets. Our reserves also include amounts designated for specific, strategic projects to enhance our charitable activities and improve long-term financial sustainability. These will be undertaken over the next 2 years and include investments to maintain the value of our physical assets, supporting our strategy, developing our ICT systems including implementation of a new CRM, and investment in research. The original amount set aside was £475,000 and the fund balance at 31 March 2023 is £187,553 and the allocation for each activity can be found at Note 26 in the accounts. The level of designated funds is reviewed regularly in light of strategic and financial priorities.

### **Priorities for 2023/24**

#### **Grow our Sector**

- We will continue to chair and convene the Therapeutic Horticulture Stakeholder Group, with support from Natural England, to explore scaling up of STH provision and to keep abreast of developments and government policy initiatives relevant to STH. We will seek to encourage research activities that further our understanding of how STH can be used to deliver positive outcomes.
- In partnership with Trellis, we will continue to work to establish a new Professional Body for STH with accreditation from the Professional Standards Authority, engaging key stakeholders to develop and deliver the components of a professional sector.

#### **Grow our Impact**

- We will increase delivery of STH programmes in Birmingham with the benefit of a significant grant from the National Lottery Heritage Fund, securing engagement with new clients, community groups and referring organisations.
- We will continue to increase the number of General Session Clients at both Reading and London and aim to introduce one new client programme in Reading to improve diversity of client-base.
- We will develop a further 50 Get Gardening guides and seek funding support to develop and launch a fee-based on-line Gardening for Health service.
- We will continue to offer our range of training courses and aim to develop and launch an accredited 'Practitioner certificate' and a Practice Community/CPD service (aligned with the requirements of the new professional body for STH).
- We will continue to seek partnership projects to develop the partnership to develop STH delivery at scale outside of our centres, in particular to develop our partnership with MHA with a view to securing a funded development project.

#### **Grow our Organisation Sustainability**

- We will implement the priority workstreams already identified within the People Strategy and continue to develop this work area.
- We will complete the development of the land/asset management plan and create a funded implementation plan.
- We will conclude the implementation of the new CRM system, including staff training.

**The Society for Horticultural Therapy**  
**REPORT OF THE TRUSTEES for the Year Ended 31 March 2023**

- We will improve our outcome measurement capabilities for our STH delivery to improve our impact reporting.
- We will seek to improve our income-cost efficiencies across all services, including improving the effectiveness of our fundraising activities and prioritising activities to meet our funding needs for service delivery and development projects.

### Risk management

As Trustees, we are responsible for overseeing the charity's risk-management activities. The Board manages Thrive's risks through a Strategic Risk Register, which is incorporated in the Annual Business Plan and is monitored by the Finance and Risk Committee.

Strategic risks are the high-level risks that could prevent Thrive from meeting its objectives and they are identified following the annual Board workshop to review forward objectives and external influences. We describe each risk, giving the scenario under which it may occur; we then assess each risk in terms of the impact it would have on the organisation and the likelihood of it occurring, given the current controls and mitigation plans in place. We have identified actions required to mitigate the risk further; with all risks and actions assigned to a named individual. Risks with an impact-likelihood score above our threshold are prioritised for immediate action and close monitoring. Risks with an impact-likelihood score below the threshold are of lower priority but must still be monitored and assessed throughout the year.

For 2023/24, the following are identified as the significant risks aligned to the Strategic Plan:

- Not able to secure sufficient funded Clients
- Service delivery income-cost efficiencies are not achieved
- Fundraised income targets are not met.

Operational risks are kept under regular review by the management team and a 'Protecting People Risk Register' has been produced in accordance with Charity Commission guidance.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

Thrive was established under the terms of its governing Memorandum and Articles of Association in 1978, which were updated in 2009 and 2015, and is constituted as a company limited by guarantee.

### **Charity Code of Governance**

During 2022 we undertook a detailed review of our governance, with the aid of an independent assessment. This looked at both our governance practices in terms of the Charity Code of Governance (hard drivers) and our behaviours, culture, values etc. (soft drivers) to identify data-based priorities and to plan and implement improvements.

These results indicate that there are no major issues around the governance of Thrive, but that most areas could be further improved. The three areas highlighted for focus were Risk & Control, Income Generation and Committees. Actions agreed included: a review of how the Committees focus their efforts and enhance their reporting to the full Board; ensuring that the risk register is considered at each Board meeting; and maintaining the focus in the current strategic plan on income generation activities.

### **Recruitment, appointment, induction and training of new trustees**

The Board currently comprises 13 Trustees who delegate the running of the charity to the CEO and the Chief Finance & Operating Officer.

**The Society for Horticultural Therapy**  
**REPORT OF THE TRUSTEES for the Year Ended 31 March 2023**

Trustees are recruited to the Board in response to the need for a recognised skill or capacity. Recruitment is done via open advertising, with a description of the key skills, knowledge or experience being sought and an overview of the role and responsibilities of a Trustee. Thrive's own networks and communication channels are used along with recognised recruitment websites. Selection is through a two-stage interview process with the Chair, CEO and other Trustees as considered necessary.

Trustees may serve on the Board for up to nine years. One third of Trustees are required to stand down each year and may be re-appointed. The Chair and Vice Chair(s) are elected annually from amongst the Trustees; there are no restrictions on re-appointment.

All new Trustees undertake an induction process, which includes a full briefing on the business strategy, organisational structures, financial and risk matters, hands-on experience of working with our clients and volunteers, and attendance on a governance-training course. Further training is made available based on individual needs.

Recent Trustee recruitment and the adoption of video conferencing for Committee and some Board meetings has helped to widen the diversity of the Board in terms of experience, age and geography.

### **Organisational structure and decision making**

Last year we met as a Board four times for formal business meetings and held a further strategy planning workshop.

At our formal meetings, we considered long-term strategy, risk, current direction and finance. The senior management team monitors the budget each month and provided updates at each Board meeting.

The Chair and the CEO have regular meetings for the purpose of keeping up to date with developments and providing support to the CEO.

We have three sub-committees, which each meet 4 times a year and report to the main Board.

- Finance & Risk Committee focused on the long-term financing of the charity's activities as well as the more immediate cash flow management and the in-year financial performance and risk profile.
- Business Development Committee provides oversight of our marketing, communications and fundraising activities; this year it also oversaw the development of the Information Service, our Influencing Strategy and professional development project.
- HR Committee provides oversight of our staffing and volunteer management, health & safety and safeguarding; they maintain the Protecting People Risk Register and make recommendations to the Board on staff pay and benefits.

### **Remuneration statement**

Thrive relies heavily on donated funds and the ongoing support of its volunteers and funders. It is important to us that these resources are used to maximum effect so that we can continue to deliver quality services to some of the most vulnerable people in our communities. Thrive employs 48 staff, more than half of whom work on a part-time basis (total 38 full time equivalents, FTEs), and a further 19 sessional workers, who provide essential cover as needed.

Staff costs (salaries and pension contributions) make up a large proportion of the annual cost of running Thrive. Managing staff costs whilst ensuring that the charity has the appropriate mix of skills and expertise to achieve its objectives is an important part of ensuring the ongoing success and viability of Thrive. The total staff cost for Thrive in 2022/23 was £1,280,792. The median salary point (FTE) for the organisation was £25,908.

**The Society for Horticultural Therapy**  
**REPORT OF THE TRUSTEES for the Year Ended 31 March 2023**

The total staff costs (salary, employer's national insurance and employers pension contributions) for the Senior Management Team (listed on page 17) were £217,408. The CEO, Kathryn Rossiter, is the highest-paid member of staff. Her remuneration package consists of an annual salary plus a 5% pension contribution. The CEO's FTE salary in 2022/23 was £67,218 pa; this sits well within sector benchmarks being less than three times the median salary and 4 times the lowest. She reduced her working hours in April 2022 from 35 to 21 hours per week following a restructure in the Senior Management Team.

For 2023/24, the CEO received a cost of living salary uplift of 3% in common with all other staff.

### **Fundraising Standards Compliance**

We continue to adhere to the Code of Fundraising Practice and maintain our compliance with the Fundraising Standards set by the Fundraising Regulator to whom we pay an annual levy.

We received no complaints in relation to our fundraising activities. Our website clearly sets out our Fundraising Promise, outlines our complaints policy for the public and sets out the systems, recording and reporting we have in place.

We do not use third-party or professional fundraisers, although several companies have signed commercial participation agreements with us and made donations in 2022/23 from the sale of specified products via their normal sales channels. We are satisfied, through our relations with the companies, that the sales processes used were compliant with fundraising regulations.

We adhere to the Charities (Protection and Social Investment) Act 2016, and regularly check the guidance, making sure that we protect those who may have a vulnerable status. If we believe that an individual (or group of individuals) is unable to make a certain decision or does not have the mental capacity to do so, we will not accept the donation from that person. If the donation has already been made, and at the time of donating the individual lacked capacity (and Thrive receives evidence of this) we will return the donation.

### **GOING CONCERN**

It is the view of the Trustees that Thrive remains a going concern.

We are making progress against our Strategic Plan, a key part of which is to ensure long term financial sustainability.

Despite a difficult year financially, we have continued to effectively manage our cash requirements and are making strategic use of our reserves. We have invested in our Governance with an independent review, in our staff with the development of our People Strategy, and in our infrastructure with the implementation of a new CRM system and data management processes. We have built a stronger fundraising team and invested in our external-facing activities with the aim of raising awareness of our work and understanding of our sector's potential. We will continue to build on these foundations to grow the reach and impact of our services and move towards a more financially sustainable position.

As Trustees we have reviewed the Strategic Plan in the light of our financial results and recognise that, whilst further challenges await us, the direction of travel is positive. We have made changes to our monitoring arrangements to ensure we remain sighted on progress and are able to take early action if drift is detected.

Our future plans are ambitious. Our ambition needs to be underpinned by a sustainable and confident organisation and we are confident that we are well placed to achieve our strategic goals.

## **EVENTS SINCE THE END OF THE YEAR**

Information relating to events since the end of the year is given in the notes to the financial statements.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

### **Registered company number**

01415700 (England and Wales)

### **Registered charity number**

277570

### **Registered office**

The Geoffrey Udall Centre  
Beech Hill  
Reading  
RG7 2AT

### **Our Royal Patron**

HRH Princess Alexandra

### **Trustees**

The Trustees are also the directors of the company. At the time of writing, the following Trustees are in post or were in post during part of the year:

Mr Shanewaz Akhtar (joined 15 November 2018)  
Prof. Sam Brockington (joined 29 March 2021)  
Mr David Dyer (joined 13 June 2019)  
Ms Shelley Frost (joined 15 November 2018; resigned 12 September 22)  
Ms Victoria Hemmingway (joined 9 September 2021)  
Dr John James (joined 29 March 2021)  
Ms Debbie Jarrett (joined 15 November 2018)  
Ms Bene Kariger (joined 13 June 2019)  
Ms Sophy Kershaw (joined 15 November 2018)  
Mr Ian Miller (joined 9 September 2021)  
Mr Neil Leadbitter (joined 9 September 2021)  
Ms Alina Lourie – Vice Chair (joined 18 February 2015)  
Mrs Faith Ramsay – Chair (joined 12 Nov 2014)  
Dr Madeleine Smith (joined 29 March 2021)

### **Senior management team**

Mrs Kathryn Rossiter – Chief Executive Officer  
Mr Andrew Storm – Head of Finance and Resources  
Mr Ben Thomas - Head of Operations  
Mrs Sally Wright – Head of Innovation and Marketing

### **Independent auditors**

Sumer Audit  
Hermes House  
Fire Fly Avenue  
Swindon  
Wiltshire  
SN2 2GA

### **Solicitors**

Field Seymour Parkes  
The Old Coroner's Court  
1 London Street  
PO Box 174  
Reading  
RG1 4QW

**The Society for Horticultural Therapy**  
**REPORT OF THE TRUSTEES for the Year Ended 31 March 2023**

**Bankers**

National Westminster Bank  
5 High Street  
Bracknell  
Berkshire  
RG12 1DH

**The Society for Horticultural Therapy**  
**REPORT OF THE TRUSTEES for the Year Ended 31 March 2023**

## **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The Trustees (who are also the directors of The Society for Horticultural Therapy for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charity Statements of Recommended Practice (SORP)
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

### **Auditors**

In accordance with good practice, Trustees will review audit requirements and tender for audit services for 2023-24.

Report of the Trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 4<sup>th</sup> September 2023 and signed on the Board's behalf by:



Faith Ramsay - Chair of Board of Trustees

**Report of the Independent Auditors to the Members of  
The Society for Horticultural Therapy**

## **REPORT OF THE INDEPENDENT AUDITORS**

### **Opinion**

We have audited the financial statements of The Society for Horticultural Therapy (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

## **Report of the Independent Auditors to the Members of The Society for Horticultural Therapy**

### **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

### **Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

### **Our responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Based on our understanding of the charity and the industry, we identified that the principal risks of non-compliance with laws and regulations related to health and safety, employment law, Companies Act 2006 and Charity Law, and we considered the extent to which non-compliance might have a material effect on the financial statements of the charity. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Charities Statement of Recommended Practice and Companies Act 2006.

We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls) and determined that the principal risks were related to revenue recognition, management override, and management bias in accounting estimates

**Report of the Independent Auditors to the Members of  
The Society for Horticultural Therapy**

and judgemental areas of the financial statements such as the depreciation policy, valuation of debtors and valuation of fixed asset investments. Audit procedures performed by the audit engagement team included:

- discussions with management, including consideration of known or suspected instances of non-compliance with laws and regulations and fraud;
- understanding and review of management's internal controls designed to prevent and detect irregularities, and fraud;
- review of the minutes of the Trustees meetings;
- review of tax compliance;
- designing audit procedures to incorporate unpredictability;
- performing analytical procedures to identify any unusual or unexpected relationships that might indicate risks of material misstatement due to fraud;
- review of the financial statements disclosures and testing to supporting documentation to assess compliance with relevant laws and regulations discussed above;
- enquiring of the Trustees and third-party advisors about actual and potential litigation and claims;
- testing transactions entered into outside of the normal course of the charity's business; and
- identifying and testing journal entries, in particular any journal entries with fraud characteristics such as journals with round numbers.

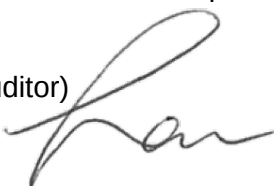
There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and the transactions reflected in the financial statements, the less likely we would become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

James Gare (Senior Statutory Auditor)  
for and on behalf of Sumer Audit  
Statutory Auditors  
Hermes House, Fire Fly Avenue  
Swindon  
Wiltshire  
SN2 2GA



Date: 20 September 2023

**The Society for Horticultural Therapy**  
**Statement of Financial Activities**  
**for the Year Ended 31 March 2023**

**STATEMENT OF FINANCIAL ACTIVITIES**

|                                    | Notes | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 2023<br>Total<br>funds<br>£ | 2022<br>Total<br>funds<br>£ |
|------------------------------------|-------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |       |                            |                          |                             |                             |
| Donations and legacies             | 3     | 410,111                    | -                        | 410,111                     | 418,457                     |
| <b>Charitable activities</b>       | 6     |                            |                          |                             |                             |
| Training and Education             |       | 165,528                    | -                        | 165,528                     | 189,036                     |
| Client services                    |       | 583,884                    | 37,141                   | 621,025                     | 572,390                     |
| Information Service                |       | -                          | -                        | -                           | 100,000                     |
| Investment income                  | 5     | 86,330                     | -                        | 86,330                      | 98,921                      |
| Other trading activities           | 4     | 47,015                     | -                        | 47,015                      | 49,074                      |
| <b>Total</b>                       |       | 1,292,868                  | 37,141                   | 1,330,009                   | 1,427,878                   |
| <b>EXPENDITURE ON</b>              |       |                            |                          |                             |                             |
| Raising funds                      | 7     | 364,222                    | -                        | 364,222                     | 303,717                     |
| <b>Charitable activities</b>       | 8     |                            |                          |                             |                             |
| Training and Education             |       | 328,722                    | -                        | 328,722                     | 314,684                     |
| Client services                    |       | 1,023,346                  | 37,141                   | 1,060,487                   | 954,089                     |
| Information Service                |       | 19,003                     | 15,000                   | 34,003                      | 85,000                      |
| <b>Total</b>                       |       | 1,735,293                  | 52,141                   | 1,787,434                   | 1,657,490                   |
| Net gains/(losses) on investments  |       | 157,401                    | -                        | 157,401                     | 18,352                      |
| <b>NET INCOME/(EXPENDITURE)</b>    |       | (285,024)                  | (15,000)                 | (300,024)                   | (211,260)                   |
| <b>RECONCILIATION OF FUNDS</b>     |       |                            |                          |                             |                             |
| Total funds brought forward        |       | 3,444,028                  | 15,000                   | 3,459,028                   | 3,670,288                   |
| <b>TOTAL FUNDS CARRIED FORWARD</b> |       | <u>3,159,004</u>           | <u>-</u>                 | <u>3,159,004</u>            | <u>3,459,028</u>            |

The notes form part of these financial statements

**The Society for Horticultural Therapy**  
**Balance Sheet 31 March 2023**

**BALANCE SHEET**

|                                              | Notes | 2023<br>£               | 2022<br>£               |
|----------------------------------------------|-------|-------------------------|-------------------------|
| <b>FIXED ASSETS</b>                          |       |                         |                         |
| Intangible assets                            | 15    | 2,253                   | 14,292                  |
| Tangible assets                              | 16    | 1,269,361               | 1,334,702               |
| <b>Investments</b>                           |       |                         |                         |
| Investments                                  | 17    | 840,392                 | 1,067,991               |
| Investment property                          | 18    | <u>675,000</u>          | <u>910,000</u>          |
|                                              |       | 2,787,006               | 3,326,985               |
| <b>CURRENT ASSETS</b>                        |       |                         |                         |
| Debtors                                      | 19    | 110,205                 | 128,261                 |
| Investment Property                          | 20    | 370,000                 |                         |
| Cash at bank                                 |       | <u>41,020</u>           | <u>154,174</u>          |
|                                              |       | 521,225                 | 282,435                 |
| <b>CREDITORS</b>                             |       |                         |                         |
| Amounts falling due within one year          | 21    | <u>(127,540)</u>        | <u>(119,914)</u>        |
| <b>NET CURRENT ASSETS</b>                    |       | <u>393,685</u>          | <u>162,521</u>          |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       | 3,180,691               | 3,489,506               |
| <b>CREDITORS</b>                             |       |                         |                         |
| Amounts falling due after more than one year | 22    | <u>(21,687)</u>         | <u>(30,478)</u>         |
| <b>NET ASSETS</b>                            |       | <u><u>3,159,004</u></u> | <u><u>3,459,028</u></u> |
| <b>FUNDS</b>                                 | 26    |                         |                         |
| Unrestricted funds:                          |       |                         |                         |
| General fund                                 |       | 2,296,451               | 2,284,552               |
| Investment Property                          |       | 675,000                 | 910,000                 |
| Designated Funds                             |       |                         |                         |
| Property and Estate                          |       | 100,000                 | 172,000                 |
| Strategic Development                        |       | 42,893                  | 32,816                  |
| Research and communication                   |       | <u>44,660</u>           | <u>44,660</u>           |
|                                              |       | 3,159,004               | 3,444,028               |
| Restricted funds                             |       | <u>-</u>                | <u>15,000</u>           |
| <b>TOTAL FUNDS</b>                           |       | <u><u>3,159,004</u></u> | <u><u>3,459,028</u></u> |

The financial statements were approved by the Board of Trustees and authorised for issue on 4<sup>th</sup> September 2023 and were signed on its behalf by:



F Ramsay – Trustee

The notes form part of these financial statements

**The Society for Horticultural Therapy**  
**Cash Flow Statement**  
**For the Year Ended 31 March 2023**

**CASH FLOW STATEMENT**

|                                                                           | Notes | 2023<br>£            | 2022<br>£             |
|---------------------------------------------------------------------------|-------|----------------------|-----------------------|
| <b>Cash flows from operating activities</b>                               |       |                      |                       |
| Cash generated from operations                                            | 28    | <u>(435,733)</u>     | <u>(252,839)</u>      |
| Net cash used in operating activities                                     |       | <u>(435,733)</u>     | <u>(252,839)</u>      |
| <b>Cash flows from investing activities</b>                               |       |                      |                       |
| Purchase of tangible fixed assets                                         |       | (4,960)              | (9,389)               |
| Sale of investments asset                                                 |       | 250,000              | -                     |
| Dividends and rents from investments                                      |       | 86,258               | -                     |
| Interest received                                                         |       | <u>72</u>            | <u>160</u>            |
| Net cash provided by investing activities                                 |       | <u>331,370</u>       | <u>89,532</u>         |
| <b>Cash flows from financing activities</b>                               |       |                      |                       |
| Loan repayments in year                                                   |       | <u>(8,791)</u>       | <u>(8,874)</u>        |
| Net cash (used in) / provided by financing activities                     |       | <u>(8,791)</u>       | <u>(8,874)</u>        |
|                                                                           |       | <hr/>                | <hr/>                 |
| <b>Change in cash and cash equivalents in the reporting period</b>        |       | (113,154)            | (172,181)             |
| <b>Cash and cash equivalents at the beginning of the reporting period</b> |       | <u>154,174</u>       | <u>326,355</u>        |
| <b>Cash and cash equivalents at the end of the reporting period</b>       |       | <u><u>41,020</u></u> | <u><u>154,174</u></u> |

The notes form part of these financial statements

**The Society for Horticultural Therapy**  
**Notes to the Financial Statements**  
**for the Year Ended 31 March 2023**

**NOTES TO THE FINANCIAL STATEMENTS**

**1. STATUTORY INFORMATION**

The Society for Horticultural Therapy is a company limited by guarantee, without share capital, registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The charity's registration number and registered office address can be found in the trustees' report.

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which meets the definition of a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006.

The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

The financial statements are prepared on a going concern basis.

The accounts are presented in Sterling, which is the functional currency of the Charity, and rounded to the nearest pound.

**Going concern**

A loss of some £457,000 was made for the year ended 31 March 2023 before investment gains. Free reserves (excluding fixed assets and designated funds) at 31 March 2023 were £1,699,838, of which £829,140 are held in unlisted investments. The majority of the listed investments were sold during the year, and the cottage was sold post year end.

As detailed in the trustees report the charity has made strategic use of its reserves and has invested in building a stronger fundraising team and infrastructure with the implementation of a new CRM system and data management processes. The charity will continue to build on these foundations to grow the reach and impact of the services and move towards a more financially sustainable position. Therefore the trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

**Critical accounting judgements and key sources of estimation uncertainty**

Valuation of Investment property: In ascertaining the market value of investment land and property - the Charity has relied on the professional judgement of surveyors. The valuation is based on their best professional judgement but does not necessarily reflect the final value the property would attract on the open market.

Valuation of non-listed shares: In ascertaining the market value of non-listed share prices, the charity has estimated the value based on a multiplication of the return obtained from the investment. This does not necessarily reflect the final value of the shares should they aim to sell them.

These estimates and assumptions have the most significant effect on recognition and measurement of assets. Actual results may be substantially different.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Interest

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Grants

Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred. When entitlement occurs before income is received, the income is accrued.

The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the balance sheet.

**The Society for Horticultural Therapy**  
**Notes to the Financial Statements**  
**for the Year Ended 31 March 2023**

**2. ACCOUNTING POLICIES - continued**  
**Income Continued**

Donations

Donations are recognised on a receivable basis where there is certainty of receipt and the amount can be reliably measured.

Training income

Income from training courses is recognised in line with performance.

Legacies

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the Trust that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Allocation and apportionment of costs**

Costs are apportioned by the basis of actual costs where possible. Where costs cannot be attributed directly to particular headings they have been allocated on a basis consistent with the use of head count.

**Redundancy/ termination payments**

Termination benefits are measured at the best estimate of the expenditure required to settle the obligation at the reporting date. If the expected settlement date of the termination payments is 12 months or more after making the provision and the effect would be material, the present value of the obligation is calculated using an appropriate discount rate.

**Computer software**

Intangible assets are initially measured at cost. After initial recognition, intangible assets are measured at costs less any accumulated amortisation and any accumulated impairment losses. Computer software is being amortised evenly over the estimated useful life of 5 years.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

|                          |                                  |
|--------------------------|----------------------------------|
| Freehold property        | - 2% on straight line basis      |
| Long leasehold           | - 4% on a straight line basis    |
| Improvements to property | - 20% on straight line basis     |
| Motor vehicles           | - 25% on straight line basis     |
| Computer equipment       | - 10%-25% on straight line basis |

All assets costing more than £750 are capitalised.

**Investment property**

Investment properties are included in the accounts at open market value. All movements arising from revaluation are shown in the Statement of Financial Activities. Realised gains and losses on investment properties are calculated as the difference between the disposal proceeds and the market value at the beginning of the year or cost of purchases during the year. Unrealised gains and losses are derived from the movement in the market values during the year.

**Other investments**

Investments are stated at market value at the balance sheet date. The Statement of Financial Activities (SOFA) includes the net gains and losses arising on revaluations and disposals throughout the year.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**The Society for Horticultural Therapy**  
**Notes to the Financial Statements**  
**for the Year Ended 31 March 2023**

**2. ACCOUNTING POLICIES - continued**

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**3. DONATIONS AND LEGACIES**

|           | 2023                  | 2022                  |
|-----------|-----------------------|-----------------------|
|           | £                     | £                     |
| Donations | 400,090               | 394,4575              |
| Legacies  | <u>10,021</u>         | <u>24,000</u>         |
|           | <u><u>410,111</u></u> | <u><u>418,457</u></u> |

**4. OTHER TRADING ACTIVITIES**

|               | 2023                 | 2022                 |
|---------------|----------------------|----------------------|
|               | £                    | £                    |
| Grants - CJRS | -                    | 2,812                |
| Rental income | 6,600                | 6,600                |
| Other income  | <u>40,415</u>        | <u>39,662</u>        |
|               | <u><u>47,015</u></u> | <u><u>49,074</u></u> |

**5. INVESTMENT INCOME**

|                          | 2023                 | 2022                 |
|--------------------------|----------------------|----------------------|
|                          | £                    | £                    |
| Rents received           | 15,702               | 13,368               |
| Investment income        | 70,556               | 85,393               |
| Deposit account interest | <u>73</u>            | <u>160</u>           |
|                          | <u><u>86,330</u></u> | <u><u>98,921</u></u> |

**The Society for Horticultural Therapy**  
**Notes to the Financial Statements**  
**for the Year Ended 31 March 2023**

**6. INCOME FROM CHARITABLE ACTIVITIES**

|                               | 2023           | 2022           |
|-------------------------------|----------------|----------------|
|                               | £              | £              |
| <u>Training and Education</u> |                |                |
| Grants                        | -              | 2,460          |
| Training                      | 165,528        | 186,576        |
| <u>Client services</u>        |                |                |
| Grants                        | 37,141         | 74,351         |
| Horticultural Therapy         | 524,322        | 451,197        |
| Other income                  | 59,562         | 46,842         |
| <u>Information Service</u>    | <u>-</u>       | <u>100,000</u> |
|                               | <u>786,533</u> | <u>861,426</u> |

Grants received, included in the above, are as follows:

|                                  | 2023          | 2022           |
|----------------------------------|---------------|----------------|
|                                  | £             | £              |
| Coronavirus Job Retention Scheme | -             | 15,557         |
| Client Services - Battersea      | 23,200        | 41,299         |
| Client Services - Birmingham     | 3,333         | 19,955         |
| Various                          | 10,608        | -              |
| Information Service              | <u>-</u>      | <u>100,000</u> |
|                                  | <u>37,141</u> | <u>176,811</u> |

**7. COST OF RAISING FUNDS & BUSINESS DEVELOPMENT**

| <i>Costs include partnership and business development activities</i> | 2023           | 2022           |
|----------------------------------------------------------------------|----------------|----------------|
|                                                                      | £              | £              |
| Staff costs                                                          | 176,136        | 168,308        |
| Sundries                                                             | 20,772         | 21,572         |
| Support costs                                                        | <u>167,314</u> | <u>113,837</u> |
|                                                                      | <u>364,222</u> | <u>303,717</u> |

**8. CHARITABLE ACTIVITIES COSTS**

|                        | Direct costs   | Support costs     | Totals           |
|------------------------|----------------|-------------------|------------------|
|                        | £              | (see note 9)<br>£ | £                |
| Training and Education | 178,055        | 150,667           | 328,723          |
| Client services        | 623,351        | 437,136           | 1,060,487        |
| Information Service    | <u>16,586</u>  | <u>17,417</u>     | <u>34,003</u>    |
|                        | <u>817,992</u> | <u>605,220</u>    | <u>1,423,212</u> |

**9. SUPPORT COSTS**

|                                | Management     | Communication and Development | Governance costs | Totals         |
|--------------------------------|----------------|-------------------------------|------------------|----------------|
|                                | £              | £                             | £                | £              |
| Raising donations and legacies | 101,257        | 47,755                        | 18,302           | 167,314        |
| Training and Education         | 91,183         | 43,003                        | 16,481           | 150,667        |
| Client services                | 263,428        | 124,237                       | 49,471           | 437,135        |
| Information Services           | <u>10,541</u>  | <u>4,971</u>                  | <u>1,905</u>     | <u>17,471</u>  |
|                                | <u>466,409</u> | <u>219,966</u>                | <u>86,159</u>    | <u>772,534</u> |

Support costs have been allocated on the basis of head count.

**The Society for Horticultural Therapy**  
**Notes to the Financial Statements**  
**for the Year Ended 31 March 2023**

**10 NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

|                                | 2023       | 2022         |
|--------------------------------|------------|--------------|
|                                | £          | £            |
| Auditors' remuneration         | 10,062     | 9,656        |
| Depreciation - owned assets    | 70,301     | 77,223       |
| Computer software amortisation | 12,039     | 12,039       |
| Operating leases - other       | <u>651</u> | <u>3,496</u> |

**11. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**Trustees' expenses**

No Trustees (2022 - 1) received reimbursement of travel expenses (2022 - £134).

**12. STAFF COSTS**

|                       | 2023             | 2022             |
|-----------------------|------------------|------------------|
|                       | £                | £                |
| Wages and salaries    | 1,137,222        | 1,074,043        |
| Social security costs | 98,905           | 91,096           |
| Other pension costs   | <u>44,665</u>    | <u>42,226</u>    |
|                       | <u>1,280,792</u> | <u>1,207,365</u> |

The average monthly number of employees during the year was as follows:

|                                          | 2023      | 2022      |
|------------------------------------------|-----------|-----------|
| Raising donations and legacies           | 7         | 6         |
| Governance                               | 1         | 1         |
| Charitable activities-Training/Education | 6         | 6         |
| Charitable activities-Client services    | 21        | 23        |
| Support and Communication                | <u>13</u> | <u>12</u> |
|                                          | <u>48</u> | <u>48</u> |

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

|                   | 2023     | 2022     |
|-------------------|----------|----------|
| £60,001 - £70,000 | <u>-</u> | <u>1</u> |

The Key Management Personnel of the charity consists of the Senior Management Team as listed on page 21. The total amount of employee benefits (salary, employer's national insurance and employers pension contributions) paid to key management personnel in the year was £217,408 (2022: £233,056).

The average number of full-time equivalents during the year was 38 (2022 - 37).

**The Society for Horticultural Therapy**  
**Notes to the Financial Statements**  
**for the Year Ended 31 March 2023**

**13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

|                                    | Unrestricted<br>funds<br>£ | Restricted<br>Funds<br>£ | Total<br>Funds<br>£     |
|------------------------------------|----------------------------|--------------------------|-------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |                            |                          |                         |
| Donations and legacies             | 418,457                    | -                        | 418,457                 |
| <b>Charitable activities</b>       |                            |                          |                         |
| Training and Education             | 189,036                    | -                        | 189,036                 |
| Client services                    | 510,029                    | 62,361                   | 572,390                 |
| Information Service                | -                          | 100,000                  | 100,000                 |
| Other trading activities           | 49,074                     | -                        | 49,074                  |
| Investment income                  | <u>98,921</u>              | <u>-</u>                 | <u>98,921</u>           |
| <b>Total</b>                       | 1,265,517                  | 162,361                  | 1,427,878               |
| <b>EXPENDITURE ON</b>              |                            |                          |                         |
| Raising funds                      | 303,717                    | -                        | 303,717                 |
| <b>Charitable activities</b>       |                            |                          |                         |
| Training and Education             | 314,684                    | -                        | 314,984                 |
| Client services                    | 850,232                    | 103,857                  | 954,089                 |
| Information Service                | -                          | 85,000                   | 85,000                  |
| <b>Total</b>                       | <u>1,468,633</u>           | <u>188,857</u>           | <u>1,657,490</u>        |
| Net gains/(losses) on investments  | <u>18,352</u>              | <u>-</u>                 | <u>18,352</u>           |
| <b>NET INCOME/(EXPENDITURE)</b>    | (184,764)                  | (26,496)                 | (211,260)               |
| <b>RECONCILIATION OF FUNDS</b>     |                            |                          |                         |
| <b>Total funds brought forward</b> | 3,628,792                  | 41,496                   | 3,670,288               |
| <b>TOTAL FUNDS CARRIED FORWARD</b> | <u><u>3,444,028</u></u>    | <u><u>15,000</u></u>     | <u><u>3,459,028</u></u> |

**14. GOVERNMENT GRANT INCOME**

|                                  | 2023<br>£ | 2022<br>£ |
|----------------------------------|-----------|-----------|
| Coronavirus Job Retention scheme | -         | 18,369    |

There were no unfulfilled conditions or other contingencies attached to these grants.  
The charity received a government backed coronavirus Bounce Back Loan – see note 22.  
The charity has not directly benefited from any other forms of government assistance.

**The Society for Horticultural Therapy**  
**Notes to the Financial Statements**  
**for the Year Ended 31 March 2023**

**15. INTANGIBLE FIXED ASSETS**

Computer  
Software  
£

**COST**

At 1 April 2022 and 31 March 2023

48,155

**AMORTISATION**

At 1 April 2022

33,863

Charge for year

12,039

At 31 March 2023

45,902

**NET BOOK VALUE**

At 31 March 2023

2,253

At 31 March 2022

14,292

**16. TANGIBLE FIXED ASSETS**

Freehold  
Property  
£

Long  
Leasehold  
£

Improvements  
to property  
£

**COST**

At 1 April 2022

1,215,166

599,704

272,427

Additions

-

4,960

-

At 31 March 2023

1,215,166

604,664

272,427

**DEPRECIATION**

At 1 April 2022

307,255

213,298

260,769

Charge for year

22,609

28,928

4,4286

At 31 March 2023

329,864

242,226

265,155

**NET BOOK VALUE**

At 31 March 2023

885,302

362,438

7,272

At 31 March 2022

907,911

386,406

11,658

Motor  
Vehicles  
£

Computer  
Equipment  
£

Totals  
£

**COST**

At 1 April 2022

49,708

178,072

2,315,077

Additions

-

-

4,960

At 31 March 2023

49,708

178,072

2,320,037

**DEPRECIATION**

At 1 April 2022

46,741

152,312

980,375

Charge for year

2,967

11,411

70,301

At 31 March 2023

49,708

163,723

1,050,676

**NET BOOK VALUE**

At 31 March 2023

-

14,349

1,269,361

At 31 March 2022

2,967

25,760

1,334,702

**The Society for Horticultural Therapy**  
**Notes to the Financial Statements**  
**for the Year Ended 31 March 2023**

**17. FIXED ASSET INVESTMENTS**

|                       | Listed<br>Investments<br>£ | Unlisted<br>Investments<br>£ | Totals<br>£      |
|-----------------------|----------------------------|------------------------------|------------------|
| <b>MARKET VALUE</b>   |                            |                              |                  |
| At 1 April 2022       | 270,185                    | 797,806                      | 1,067,991        |
| Disposal              | (250,000)                  | -                            | (250,000)        |
| Revaluations          | <u>(8,933)</u>             | <u>31,334</u>                | <u>22,401</u>    |
| At 31 March 2023      | <u>11,252</u>              | <u>829,140</u>               | <u>840,392</u>   |
| <b>NET BOOK VALUE</b> |                            |                              |                  |
| At 31 March 2023      | <u>11,252</u>              | <u>829,140</u>               | <u>840,392</u>   |
| At 31 March 2022      | <u>270,185</u>             | <u>797,806</u>               | <u>1,067,991</u> |

There were no investment assets outside the UK.

The listed securities comprise of units in the charity common investment fund, Charifund, managed by M&G investments.

The unlisted securities comprise of shares in Estate Incomes Limited. The charity owns 12.92% of the total number of shares in that company, all shares being ordinary shares.

Unlisted investments are valued on the basis of a multiplication of the return obtained from the investment.

**18. INVESTMENT PROPERTY**

|                       | £                |
|-----------------------|------------------|
| <b>FAIR VALUE</b>     |                  |
| At 31 March 2022      | 910,000          |
| Revaluations          | 135,000          |
| Reclassification      | <u>(370,000)</u> |
| At 31 March 2023      | <u>675,000</u>   |
| <b>NET BOOK VALUE</b> |                  |
| At 31 March 2023      | <u>675,000</u>   |
| At 31 March 2022      | <u>910,000</u>   |

Properties gifted to the charity comprise land surrounding the charity's premises at Beech Hill and a cottage in Beech Hill village.

The cottage was valued in June 2023, by Reliable Property Group, and the land was valued in June 2023 by BCM, in accordance with the appropriate sections of the current RICS Professional Standards and RICS Valuation Practice Statements contained in the RICS Valuation - Professional Standards 2014 incorporating the IVSC Valuation Standards (the 'Red Book'). The cottage has been reclassified as asset held for sale.

**19. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                                | 2023<br>£      | 2022<br>£      |
|--------------------------------|----------------|----------------|
| Trade debtors                  | 76,006         | 99,251         |
| Assets held for sale           | 370,000        | -              |
| Prepayments and accrued income | <u>34,199</u>  | <u>29,010</u>  |
|                                | <u>480,205</u> | <u>128,261</u> |

**The Society for Horticultural Therapy**  
**Notes to the Financial Statements**  
**for the Year Ended 31 March 2023**

**20. CURRENT ASSET INVESTMENTS**

|                                   | 2023<br>£ | 2022<br>£ |
|-----------------------------------|-----------|-----------|
| Investment property held for sale | 370,000   | -         |

At the time of preparing these financial statements the Charity was in advanced negotiation to sell its investment property in Beech Hill village. The asset has been moved to current assets as it is expected to complete the transaction within the next financial period.

**21. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                                 | 2023<br>£      | 2022<br>£      |
|---------------------------------|----------------|----------------|
| Bank loans and overdrafts       | 10,648         | 10,648         |
| Trade creditors                 | 43,582         | 20,554         |
| Social security and other taxes | 21,171         | 23,012         |
| Other creditors                 | 10,243         | 1,000          |
| Accruals and deferred income    | 41,896         | 64,700         |
|                                 | <u>127,540</u> | <u>119,914</u> |

Deferred income of £8,272 (2022: £7,137) relates to fee income received for the provision of post year end services

**22. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR**

|                          | 2023<br>£     | 2022<br>£     |
|--------------------------|---------------|---------------|
| Bank loans (see note 23) | <u>21,687</u> | <u>30,478</u> |

**23. LOANS**

An analysis of the maturity of loans is given below:

|                                                 | 2023<br>£     | 2022<br>£     |
|-------------------------------------------------|---------------|---------------|
| Amounts falling due within one year on demand:  |               |               |
| Bank loans                                      | <u>10,648</u> | <u>10,648</u> |
| Amounts falling due between one and two years:  |               |               |
| Bank loans – 1-2 years                          | <u>10,648</u> | <u>10,648</u> |
| Amounts falling due between two and five years: |               |               |
| Bank loans – 2-5 years                          | <u>11,039</u> | <u>19,830</u> |

The loan is supported by the Bounce Back Loan Scheme (BBLS). The Bank have received a guarantee from the UK Government under BBLS. The charity is responsible for the repayment of the loan. The interest rate is 2.5% per year.

**24. LEASING AGREEMENTS**

Minimum lease payments under non-cancellable operating leases fall due as follows:

|                            | 2023<br>£  | 2022<br>£  |
|----------------------------|------------|------------|
| Within one year            | 254        | 651        |
| Between one and five years | <u>-</u>   | <u>254</u> |
|                            | <u>254</u> | <u>905</u> |

**The Society for Horticultural Therapy  
Notes to the Financial Statements  
for the Year Ended 31 March 2023**

**The Society for Horticultural Therapy**  
**Notes to the Financial Statements**  
**for the Year Ended 31 March 2023**

**25. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

|                       | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | 2023<br>Total<br>Funds<br>£ | 2022<br>Total<br>Funds<br>£ |
|-----------------------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| Fixed assets          | 1,271,614                  | -                        | 1,271,614                   | 1,348,994                   |
| Investments           | 1,515,392                  | -                        | 1,515,392                   | 1,977,991                   |
| Current assets        | 521,225                    | -                        | 521,225                     | 282,435                     |
| Current liabilities   | (127,540)                  | -                        | (127,540)                   | (119,914)                   |
| Long term liabilities | (21,687)                   | -                        | (21,687)                    | (30,478)                    |
|                       | <u>3,159,004</u>           | <u>-</u>                 | <u>3,159,004</u>            | <u>3,459,028</u>            |

**26. MOVEMENT IN FUNDS**

|                                         | At 1.4.22<br>£   | Net<br>movement<br>in funds<br>£ | Transfer<br>between<br>funds<br>£ | At 31.3.23<br>£  |
|-----------------------------------------|------------------|----------------------------------|-----------------------------------|------------------|
| <b>Unrestricted funds</b>               |                  |                                  |                                   |                  |
| General fund                            | 2,284,552        | (420,024)                        | 431,923                           | 2,296,451        |
| Investment Property                     | 910,000          | 135,000                          | (370,000)                         | 675,000          |
| Designated - Property and Estate        | 172,000          | -                                | (72,000)                          | 100,000          |
| Designated -Strategic Development       | 32,816           | -                                | 10,077                            | 42,893           |
| Designated - Research and communication | 44,660           | -                                | -                                 | 44,660           |
|                                         | <u>3,444,028</u> | <u>(285,024)</u>                 | <u>-</u>                          | <u>3,159,004</u> |
| <b>Restricted funds</b>                 |                  |                                  |                                   |                  |
| Information Service                     | 15,000           | 15,000                           | -                                 | -                |
|                                         | <u>15,000</u>    | <u>(15,000)</u>                  | <u>-</u>                          | <u>-</u>         |
| <b>TOTAL FUNDS</b>                      | <u>3,459,028</u> | <u>(300,024)</u>                 | <u>-</u>                          | <u>3,159,004</u> |

Net movement in funds, included in the above are as follows:

|                                            | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Gains and<br>losses<br>£ | Movement In<br>Funds<br>£ |
|--------------------------------------------|----------------------------|----------------------------|--------------------------|---------------------------|
| <b>Unrestricted funds</b>                  |                            |                            |                          |                           |
| General fund                               | 1,292,868                  | (1,735,293)                | 157,401                  | (285,024)                 |
| <b>Restricted funds</b>                    |                            |                            |                          |                           |
| Grow & Learn (Birmingham)                  | 3,333                      | (3,333)                    | -                        | -                         |
| Sow & Grow (Birmingham)                    | 9,608                      | (9,608)                    | -                        | -                         |
| Population Health Management               | 1,000                      | (1,000)                    | -                        | -                         |
| Gardening for Good Health (Battersea)      | 13,200                     | (13,200)                   | -                        | -                         |
| Information Service 'Gardening for Health' | -                          | (15,000)                   | -                        | (15,000)                  |
| Pots & Petals (Reading)                    | 10,000                     | (10,000)                   | -                        | -                         |
|                                            | <u>37,141</u>              | <u>(52,141)</u>            | <u>-</u>                 | <u>(15,000)</u>           |
| <b>TOTAL FUNDS</b>                         | <u>1,330,009</u>           | <u>(1,787,434)</u>         | <u>157,401</u>           | <u>(300,024)</u>          |

**Designated Funds**

Property & Estate: Funds for the maintenance, upgrade and development of buildings and surroundings Thrive.

Investment Property: Investment property fund - for longer term security of the charity.

Strategic Development: Funds for the development of Thrive's strategic aims.

Research and communication: Funds for the development, commissioning and dissemination of research related to STH/Green Care

**The Society for Horticultural Therapy**  
**Notes to the Financial Statements**  
**for the Year Ended 31 March 2023**

**26. MOVEMENT IN FUNDS - Continued**

**Restricted funds**

Grow & Learn (Birmingham): The aim of this project is to enable 14 - 19 year olds with special educational needs to learn new skills, gain vocational qualifications and build self-confidence through a supported horticultural training programme.

Population Health Management (Birmingham): Is an initiative under the Integrated Care System to bring together local NHS services, local councils, and voluntary organisations to meet the health and care needs of their communities.

Sow & Grow (Birmingham): This programme is for small groups of socially isolated older people. Sessions will support individuals with:

- learning new gardening skills, helping them continue gardening and improve their health and wellbeing,
- form friendships and gain confidence to help them build local support networks, and
- re-engage with their local community, motivating them to become more active citizens

Gardening for Good Health (Battersea): A social and therapeutic horticulture programme for adults living in London with mental ill-health

Information Service: This is a comprehensive on-line service aimed at individuals and their specific circumstances. The service includes an intuitive self-service and personalised information search, evidence-based information.

Pots & Petals (Trunkwell): The project provides a weekly 2-hour interactive programme for young people with profound and multiple learning difficulties.

**Comparatives for movement in funds**

|                                            | At 1.4.21<br>£   | Net<br>movement<br>in funds<br>£ | Transfer<br>between<br>funds<br>£ | At 31.3.22<br>£  |
|--------------------------------------------|------------------|----------------------------------|-----------------------------------|------------------|
| <b>Unrestricted funds</b>                  |                  |                                  |                                   |                  |
| General fund                               | 2,372,277        | (184,764)                        | 97,039                            | 2,284,552        |
| Property and Estate                        | 172,000          | -                                | -                                 | 172,000          |
| Investment Property                        | 910,000          | -                                | -                                 | 910,000          |
| Strategic Development                      | 117,816          | -                                | (85,000)                          | 32,816           |
| Research and communication                 | 44,660           | -                                | -                                 | 44,660           |
| ICT and Digital Strategy                   | 12,039           | -                                | (12,039)                          | -                |
|                                            | 3,628,792        | (184,764)                        | -                                 | 3,444,028        |
| <b>Restricted funds</b>                    |                  |                                  |                                   |                  |
| Grow & Learn (Birmingham)                  | 24,703           | (24,703)                         | -                                 | -                |
| Pots & Petals (Trunkwell)                  | 16,793           | (16,793)                         | -                                 | -                |
| Information Service 'Gardening for Health' | -                | 15,000                           | -                                 | 15,000           |
|                                            | 41,496           | (26,496)                         | -                                 | 15,000           |
| <b>TOTAL FUNDS</b>                         | <b>3,670,288</b> | <b>(211,260)</b>                 | <b>-</b>                          | <b>3,459,028</b> |

Comparative net movement in funds, included in the above are as follows:

|                                            | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Gains and<br>losses<br>£ | Movement In<br>Funds<br>£ |
|--------------------------------------------|----------------------------|----------------------------|--------------------------|---------------------------|
| <b>Unrestricted funds</b>                  |                            |                            |                          |                           |
| General fund                               | 1,265,517                  | (1,468,633)                | 18,352                   | (184,764)                 |
| <b>Restricted funds</b>                    |                            |                            |                          |                           |
| Sow & Grow – Reaching Communities          | 9,924                      | (9,924)                    | -                        | -                         |
| Grow & Learn (Birmingham)                  | 10,031                     | (34,734)                   | -                        | (24,703)                  |
| Pots & Petals (Trunkwell)                  | -                          | (16,793)                   | -                        | (16,793)                  |
| Gardening for Good Health                  | 11,869                     | (11,869)                   | -                        | -                         |
| Security (Birmingham)                      | 1,107                      | (1,107)                    | -                        | -                         |
| Life Changers (Battersea)                  | 15,000                     | (15,000)                   | -                        | -                         |
| Growing Out (Battersea)                    | 14,430                     | (14,430)                   | -                        | -                         |
| Information Service 'Gardening for Health' | 100,000                    | (85,000)                   | -                        | 15,000                    |
|                                            | 162,361                    | (188,857)                  | -                        | (26,496)                  |
| <b>TOTAL FUNDS</b>                         | <b>1,427,878</b>           | <b>(1,657,490)</b>         | <b>18,352</b>            | <b>(211,260)</b>          |

**The Society for Horticultural Therapy**  
**Notes to the Financial Statements**  
**for the Year Ended 31 March 2023**

**27. EMPLOYEE BENEFIT OBLIGATIONS**

The charity operates a defined contribution pension scheme. The cost for the period was £44,665 (2022: £42,226). Contributions amounting to £6,000 were payable to the scheme at 31 March 2023 (2022: £6,263) and are included within other creditors.

**28. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2023.

**29. POST BALANCE SHEET EVENTS**

On 1 August 2023, the property, held at the balance sheet date as an investment property held for sale, was sold for £370,00 less selling costs.

**30. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES**

|                                                                                                    | 2023<br>£               | 2022<br>£               |
|----------------------------------------------------------------------------------------------------|-------------------------|-------------------------|
| <b>Net expenditure for the reporting period<br/>(as per the Statement of Financial Activities)</b> | (300,024)               | (211,260)               |
| <b>Adjustments for:</b>                                                                            |                         |                         |
| Depreciation charges                                                                               | 82,340                  | 89,262                  |
| (Gains)/Losses on investments                                                                      | (157,401)               | (18,352)                |
| Interest received                                                                                  | (72)                    | (160)                   |
| Dividends and rents from investments                                                               | (86,258)                | (98,761)                |
| (Increase)/Decrease in debtors                                                                     | 18,056                  | (19,397)                |
| Increase/(Decrease) in creditors                                                                   | <u>7,626</u>            | <u>5,829</u>            |
| <b>Net cash used in operations</b>                                                                 | <u><u>(435,733)</u></u> | <u><u>(252,839)</u></u> |

**31. ANALYSIS OF CHANGES IN NET FUNDS**

|                                 | At 1.4.22<br>£        | Cash flow<br>£        | At 31.3.23<br>£       |
|---------------------------------|-----------------------|-----------------------|-----------------------|
| <b>Net cash</b>                 |                       |                       |                       |
| Cash at bank and in hand        | <u>154,174</u>        | <u>(113,154)</u>      | <u>41,020</u>         |
|                                 | <u>154,174</u>        | <u>(113,154)</u>      | <u>41,020</u>         |
| <b>Liquid Resources</b>         |                       |                       |                       |
| Deposits included in cash       | -                     | -                     | -                     |
| Current asset investment        | <u>-</u>              | <u>370,000</u>        | <u>370,000</u>        |
|                                 | <u>-</u>              | <u>370,000</u>        | <u>370,000</u>        |
| <b>Debt</b>                     |                       |                       |                       |
| Debts falling due within 1 year | (10,648)              | -                     | (10,648)              |
| Debts falling due after 1 year  | <u>(30,478)</u>       | <u>8,791</u>          | <u>(21,687)</u>       |
|                                 | <u>(41,126)</u>       | <u>8,791</u>          | <u>(32,335)</u>       |
| <b>Total</b>                    | <u><u>113,048</u></u> | <u><u>265,637</u></u> | <u><u>378,685</u></u> |