

Company registration number: 1402217

Charity registration number: 277128

CMSS

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Sterling Grove Accountants Limited
Chartered Certified Accountants and Statutory Auditor
Fawley House
2 Regatta Place
Marlow Road
Bourne End
Buckinghamshire
SL8 5TD

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Reference and Administrative Details

Trustees	Miss A Barnes
	Mr P B O'Sullivan
	Mrs C Carse
	Mrs H K Haston
	Mrs J Burton
	Mr J Jobanputra
Charity Registration Number	277128
Company Registration Number	1402217
Registered Office	The charity is incorporated in England & Wales.
	Fawley House
	2 Regatta Place
	Marlow Road
	Bourne Emd
	Buckinghamshire
Principal Office	SL8 5TD
	Wiltshire Lane
	Northwood Hills
	Pinner
	Middlesex
	HA5 2NB
Auditor	Sterling Grove Accountants Limited
	Chartered Certified Accountants and Statutory Auditor
	Fawley House
	2 Regatta Place
	Marlow Road
	Bourne End
	Buckinghamshire
	SL8 5TD

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Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 March 2023.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Mr E Smart (Resigned 5 December 2022)
	Miss A Barnes
	Mr L Hardy (Resigned 24 January 2023)
	Mr P B O'Sullivan
	Mrs C Carse
	Mrs H K Haston
	Mrs J Burton
	Mr J Jobanputra

Objectives and activities

Public benefit

Objects of the charity

The objects of the charity are to promote care, welfare, interest, treatment, education and advancement within the London Boroughs of Ealing, Harrow and Hillingdon, and that part of Brent north of the north circular road (or in the event of any local government reorganisation in an equivalent area) and surrounding districts of people with disabilities (which means to include any persons with any form of cerebral palsy and associated disabilities).

Our Aims

Our primary aim is to provide a day service for our clients that empowers them to progress in all aspects of their lives, thus optimising their individual potential and maximising their autonomy.

Our objectives are to provide our clients with:

- * Educational opportunities
- * Independent living skills;
- * Conductive education
- * Social skills;
- * IT skills;

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Trustees' Report

Delivering our aims

We hold an annual business strategy and planning event where we review our aims and objectives and assess new business opportunities. We do this within the framework of our stated aims and objectives.

We are mindful of the Charity Commission's general guidance on public benefit, and when reviewing our programmed activities we consider how these will meet our stated aims and objectives.

We monitor our progress against agreed objectives on a quarterly basis. The Executive committee receive regular budget reports and reviews spend against the agreed budget provision.

The Chief Executive Officer has day to day responsibility for managing the activities of the charity within the agreed budget provision. The service fees are reviewed annually by the Executive committee and a detailed budget is agreed that will deliver the aims and objectives.

How our services deliver public benefit

All our charitable activities provide services to disabled adults and/or their carers and are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our services

Our services are provided for disabled adults with cerebral palsy and associated disabilities from the North-West London area.

Most clients are referred to us through their local authority social services departments; although it is possible to self-refer and self-fund. The service is purchased on a per day basis and while some clients will be funded for five days more typically the majority will attend for between one and three days each week.

CMSS values diversity within communities and we aim to contribute towards this by supporting our clients to become actively involved and engaged locally with community interests and initiatives.

The number of clients fluctuates throughout the year but on average we have worked with 50-55 clients, with the current maximum capacity 55, although this will be dependent upon individual client needs.

We look to provide educational activities involving some attendance at college and usage of our own IT suite; independent living skills incorporating sessions within our well-equipped adapted kitchen facility, shopping, and budgeting; social skills including a range of social activities designed to develop and enhance social interaction; and, access to a range of physical and creative activities along with Conductive education.

Our clients are encouraged to have their own forums which enables them to influence the activities within CMSS.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

Following the pandemic and against a difficult financial position, CMSS has returned to normal service which has enabled our clients to rebuild their confidence in meeting others and going out in to the community. This has had a positive impact on clients physical and emotional well-being.

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Trustees' Report

Financial review

In 2022/23 the charity's accounts show a deficit of £104,466.

The main elements that contributed to the above deficit were:

- A reduction in the number of clients returning to the service following the Covid pandemic.
- A general increase in operating costs, particularly vehicle running costs, lighting and heating.
- Fees have not been increased in line with these inflationary costs.

Future trends on income and expenditure will continue to be monitored closely.

Policy on reserves

The Executive committee has a policy whereby the unrestricted funds not committed held by the charity should equate to about six months of the resources expended in general funds. At 31 March 2023, the actual reserves held in uncommitted and unrestricted funds were £1,508,412 and restricted funds were £82,127. The details of designated funds can be found in note 22 to the accounts.

Principal funding sources

Our principal funding source is local authority adult social care funding. While traditionally this has been paid through block fees based upon a contract directly with the local authority, we also have a number of clients who receive direct payments and personal budgets and purchase the services themselves. There have been few opportunities to fund raise and as a result we have been unable to offer holiday projects as this is not supported via local authority funding.

Investment policy and objectives

The Executive Committee continuously review the basis of the investment policy of the charity, obtaining independent advice when appropriate, and is confident that the spread of funds especially those designed for the charity sector meets present needs. Our investments are managed by our Investment Committee which is constituted as a formal sub-committee to the Executive Committee with its own terms of reference. Any decision made by the CMSS Investment Committee is based on the principle of trying to achieve appropriate investment returns while also being mindful of the charitable reputation of CMSS and the need to ensure any assets held within its overall investment portfolio do not breach the Charity's ethical and social principles.

Plans for future periods

During the next year CMSS are looking to increase the number of clients and develop the programme we deliver. We plan to do this by:

- Increasing awareness of our services with Local Authorities
- Building relationships with the education sector
- Extending opportunities for outreach
- Raising awareness of volunteering opportunities
- Improving our presence on social media

Structure, governance and management

Nature of governing document

CMSS is a charitable company limited by guarantee. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up the members are required to contribute an amount not exceeding £5.

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Trustees' Report

Recruitment and appointment of trustees

The directors of the charitable company "the charity" are its trustees for the purposes of charity law and throughout this report are collectively referred to as the Executive Committee or the trustees. As set out in the Articles of Association the Chairman and other Honorary Officers are nominated by the Executive Committee and serve for a period of one year, after which they are eligible for re-election. Trustees can be co-opted by the Executive Committee; newly co-opted trustees must retire at the next AGM, along with one third of the other trustees on a rotational basis, after which they are eligible for appointment or re-election by the members as appropriate.

CMSS has a board of trustees of up to fourteen members who meet on a monthly basis. The board includes the appointments of a chair, treasurer, and minutes' secretary. During 2020, an Investment sub-committee was set up as part of the revised investment strategy

The trustees have appointed a Chief Executive Officer, Betty Morris, to oversee the overall activities of the charity. There is also a service manager, Naheed Judge, who is responsible for co-ordinating the day-to-day operational activities of the charity.

Most trustees are familiar with the work of the charity before appointment as a trustee. However, all new trustees will be invited to undergo a recruitment process prior to becoming a trustee of the charity and are inducted into the work of the charity and the responsibilities of the trustees.

Executive members step down on a rotational basis annually and are then subject to re-election. The Executive Committee must have a minimum of seven members and a maximum of fourteen members, and is accountable to the members of the society. Membership is open primarily to all people with disabilities, their parents, carers and those interested in the well-being of people with disabilities.

Arrangements for setting key management personnel remuneration

CMSS has set senior staff salaries by benchmarking against equivalent local authority positions. These are reviewed annually.

Major risks and management of those risks

The trustees have examined the major strategic, business and operational risks which the charity faces and have established systems to ensure that these risks can be monitored, reviewed and minimised. The principal risk identified by the charity is a possible reduction in future local authority referrals due to the financial constraint upon local authorities. The charity is therefore seeking to review its service model to ensure it remains relevant and attractive to potential clients and local authorities who fund them. Internal control mechanisms are in place to minimise operational risks. Regular risk assessments are undertaken, and accidents, incidents and near misses are reported and monitored to continuously improve policies and procedures.

Financial instruments

Objectives and policies

The charity finances its operations through retaining a high level of cash and other reserves.

Cash flow risk

The charity maintains a high level of cash reserves to mitigate cash flow risk.

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Trustees' Report

Credit risk

The charity's principal financial assets are bank balances and cash, trade and other receivables, and investments. The charity's credit risk is primarily attributable to its trade receivables. The amounts presented in the balance sheet are net of allowances for doubtful receivables. An allowance for impairment is made where there is an identified loss event which, based on previous experience, is evidence of a reduction in the recoverability of the cash flows.

Liquidity risk

The charity seeks to manage financial risk by ensuring sufficient liquidity is available to meet foreseeable needs and to invest cash assets safely and profitably.

Statement of trustees' responsibilities

The trustees (who are also the directors of CMSS for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Disclosure of information to auditor

Each trustee has taken steps that they ought to have taken as a trustee in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information. The trustees confirm that there is no relevant information that they know of and of which they know the auditor is unaware.

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Trustees' Report

The annual report was approved by the trustees of the charity on 6 November 2023 and signed on its behalf by:

.....
Mrs J Burton
Trustee

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Independent Auditor's Report to the Members of CMSS

Opinion

We have audited the financial statements of CMSS (the 'charity') for the year ended 31 March 2023, which comprise the Statement of Financial Activities, Balance Sheet, Statement of Cash Flows, and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

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Independent Auditor's Report to the Members of CMSS

Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of trustees' responsibilities (set out on page 6), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

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Independent Auditor's Report to the Members of CMSS

Our audit procedures were designed to provide reasonable assurance that they would detect irregularities, including non-compliance with relevant laws and regulations, and fraud. They included:

- obtaining an understanding of the Charities' activities and the laws and regulations which are central to their activities, including the Companies Act 2006, Charities Act 2011, employment, data protection and health and safety legislation, both through our knowledge of the sector and discussions with management;
- reviewing the Charities' activities and any relevant correspondence for evidence of non-compliance; - assessing the susceptibility of the financial statements to material misstatement in the light of the Charities' control environment, which we assessed to be low;
- ensuring that the engagement team had the appropriate competence and capabilities to recognise non-compliance with laws and regulations, through appropriate training and briefings; and that they remained alert to the possibility of non-compliance throughout the engagement.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Mr Gianni Pietro Amasanti FCCA (Senior Statutory Auditor)
For and on behalf of Sterling Grove Accountants Limited, Statutory Auditor

Fawley House
2 Regatta Place
Marlow Road
Bourne End
Buckinghamshire
SL8 5TD

6 November 2023

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Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2023 £
Income and Endowments from:				
Donations and legacies	3	5,434	-	5,434
Charitable activities	4	736,122	-	736,122
Investment income	5	13,753	-	13,753
Total Income		<u>755,309</u>	<u>-</u>	<u>755,309</u>
Expenditure on:				
Charitable activities	7	<u>(854,267)</u>	<u>(5,508)</u>	<u>(859,775)</u>
Total Expenditure		<u>(854,267)</u>	<u>(5,508)</u>	<u>(859,775)</u>
Net expenditure		(98,958)	(5,508)	(104,466)
Transfer from/(to) revaluation reserve		(29)	-	(29)
Other recognised gains and losses				
Gains/losses on revaluation of fixed assets		<u>29</u>	<u>-</u>	<u>29</u>
Net movement in funds		(98,958)	(5,508)	(104,466)
Reconciliation of funds				
Total funds brought forward		<u>1,607,370</u>	<u>87,635</u>	<u>1,695,005</u>
Total funds carried forward	22	<u><u>1,508,412</u></u>	<u><u>82,127</u></u>	<u><u>1,590,539</u></u>

The notes on pages 15 to 30 form an integral part of these financial statements.

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Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	3	1,440	160	1,600
Charitable activities	4	535,918	-	535,918
Investment income	5	5,754	-	5,754
Other income	6	101,290	-	101,290
Total income		<u>644,402</u>	<u>160</u>	<u>644,562</u>
Expenditure on:				
Charitable activities	7	<u>(805,153)</u>	<u>(5,781)</u>	<u>(810,934)</u>
Total expenditure		<u>(805,153)</u>	<u>(5,781)</u>	<u>(810,934)</u>
Net expenditure		(160,751)	(5,621)	(166,372)
Transfer from/(to) revaluation reserve		(14)	-	(14)
Other recognised gains and losses				
Gains/losses on revaluation of fixed assets		<u>14</u>	<u>-</u>	<u>14</u>
Net movement in funds		(160,751)	(5,621)	(166,372)
Reconciliation of funds				
Total funds brought forward		<u>1,768,121</u>	<u>93,256</u>	<u>1,861,377</u>
Total funds carried forward	22	<u><u>1,607,370</u></u>	<u><u>87,635</u></u>	<u><u>1,695,005</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2022 is shown in note 22.

The notes on pages 15 to 30 form an integral part of these financial statements.

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(Registration number: 1402217) Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	14	81,577	95,582
Investments	15	<u>292</u>	<u>263</u>
		<u>81,869</u>	<u>95,845</u>
Current assets			
Stocks	16	340	340
Debtors	17	417,556	472,884
Cash at bank and in hand		<u>1,131,051</u>	<u>1,168,004</u>
		1,548,947	1,641,228
Creditors: Amounts falling due within one year	18	<u>(39,985)</u>	<u>(41,805)</u>
Net current assets		<u>1,508,962</u>	<u>1,599,423</u>
Net assets		<u>1,590,831</u>	<u>1,695,268</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	22	82,127	87,635
Unrestricted income funds			
Revaluation reserve		292	263
Unrestricted Funds		<u>1,508,412</u>	<u>1,607,370</u>
Total unrestricted funds		<u>1,508,704</u>	<u>1,607,633</u>
Total funds	22	<u>1,590,831</u>	<u>1,695,268</u>

The financial statements on pages 11 to 30 were approved by the trustees, and authorised for issue on 6 November 2023 and signed on their behalf by:

.....
Mrs J Burton
Trustee

The notes on pages 15 to 30 form an integral part of these financial statements.

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Statement of Cash Flows for the Year Ended 31 March 2023

	Note	2023 £	2022 £
Cash flows from operating activities			
Net cash expenditure		(104,466)	(166,372)
Adjustments to cash flows from non-cash items			
Depreciation		16,046	17,406
Investment income	5	<u>(13,753)</u>	<u>(5,754)</u>
		(102,173)	(154,720)
Working capital adjustments			
Decrease/(increase) in debtors	17	55,328	(5,230)
(Decrease)/increase in creditors	18	<u>(1,820)</u>	<u>8,374</u>
Net cash flows from operating activities		<u>(48,665)</u>	<u>(151,576)</u>
Cash flows from investing activities			
Interest receivable and similar income	5	13,745	5,748
Purchase of tangible fixed assets	14	(2,041)	-
Income from dividends	5	<u>8</u>	<u>6</u>
Net cash flows from investing activities		<u>11,712</u>	<u>5,754</u>
Net decrease in cash and cash equivalents		(36,953)	(145,822)
Cash and cash equivalents at 1 April		<u>1,168,004</u>	<u>1,313,826</u>
Cash and cash equivalents at 31 March		<u><u>1,131,051</u></u>	<u><u>1,168,004</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

The notes on pages 15 to 30 form an integral part of these financial statements.

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Notes to the Financial Statements for the Year Ended 31 March 2023

1 Charity status

The charity is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £5 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Fawley House
2 Regatta Place
Marlow Road
Bourne Emd
Buckinghamshire
SL8 5TD

The principal place of business is:

Wiltshire Lane
Northwood Hills
Pinner
Middlesex
HA5 2NB

These financial statements were authorised for issue by the trustees on 6 November 2023.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

CMSS meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees have carefully considered the impact of Covid-19 on the company's financial position, liquidity and future performance. As set out in the trustees report, the company has experienced an unprecedented impact on the company's trading and cash flow. Despite this, the trustees believe that the company is well placed to manage its business risks successfully. Accordingly, they have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

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Notes to the Financial Statements for the Year Ended 31 March 2023

Income and endowments

Fees from local authorities and fees received direct from clients relate to the provision of services provided by the Centre with respect to clients attending the Centre and other community based locations, and are recognised in the accounting period to which the fees relate on a receivable basis.

Deferred income consists of funds received in advance of related expenditure which is to be incurred in a later period, or set aside to cover expenditure arising in a later period which was previously expected to be incurred in the period in which the funds were received.

Donations and legacies

Voluntary income including donations, legacies and grants that provide core funding or are of a general nature is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Other trading activities

Fundraising income is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Investment income

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank. Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Other income

Other income is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Expenditure

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Raising funds

These are costs incurred in attracting voluntary income.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

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Notes to the Financial Statements for the Year Ended 31 March 2023

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management, trustees's meetings and reimbursed expenses and also including associated staff and depreciation costs.

Salary costs are allocated on a per capita basis between activities carried out by each staff member. Other costs are allocated directly.

The costs relating to rent, utilities, insurance, legal and professional fees, bank charges have been apportioned between charitable activities expenses and governance of the charity to reflect the proportion of office space used by governance related personnel as follows:

Charitable activities expenditure - 95%

Governance of the charity - 5%

Government grants

Government grants are recognised under the accrual model of grant recognition. This model requires the grant to be classified as either a revenue-based grant or a capital-based grant.

Government grants are recognised in the profit or loss on a systematic basis over the periods in which the entity recognises expenses for the related costs for which the grants are intended to compensate.

Grants relating to assets are recognised in income on a systematic basis over the expected useful life of the asset.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £250 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Motor vehicles	10% straight line basis
Furniture, fittings and equipment	Evenly over 4 to 10 years
Building and centre	Evenly over 4 to 10 years

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Notes to the Financial Statements for the Year Ended 31 March 2023

Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

Stock

Stock is valued at the lower of cost and estimated selling price less costs to complete and sell, after due regard for obsolete and slow moving stocks. Cost is determined using the first-in, first-out (FIFO).

Trade debtors

Trade debtors are amounts due from clients for services performed in the ordinary course of the charity's activities. Trade debtors are recognised at the transaction price less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of the charity's activities from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities. Trade creditors are recognised at the transaction price.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

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Notes to the Financial Statements for the Year Ended 31 March 2023

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

Recognition and measurement

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Financial assets and liabilities are only offset in the statement of financial position when, and only when there exists a legally enforceable right to set off the recognised amounts and the charity intends either to settle on a net basis, or to realise the asset and settle the liability simultaneously.

Financial assets are derecognised when and only when a) the contractual rights to the cash flows from the financial asset expire or are settled, b) the charity transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or c) the charity, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled or expires.

3 Income from donations and legacies

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from individuals	5,434	5,434	1,440
Donations from community groups	-	-	160
	<u>5,434</u>	<u>5,434</u>	<u>1,600</u>

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Notes to the Financial Statements for the Year Ended 31 March 2023

4 Income from charitable activities

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Subscription	-	-	185
Fees	736,122	736,122	535,733
	<u>736,122</u>	<u>736,122</u>	<u>535,918</u>

5 Investment income

	Unrestricted General £	Total 2023 £	Total 2022 £
Income from dividends;			
Dividends received from listed investments	8	8	6
Interest receivable and similar income;			
Interest receivable on bank deposits	13,745	13,745	5,748
	<u>13,753</u>	<u>13,753</u>	<u>5,754</u>

6 Other income

	Total 2023 £	Total 2022 £
Grants	-	5,000
Coronavirus job retention scheme	-	96,290
	<u>-</u>	<u>101,290</u>

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Notes to the Financial Statements for the Year Ended 31 March 2023

7 Expenditure on charitable activities

		Unrestricted		Total	Total
	Note	General	Restricted	2023	2022
		£	£	£	£
Bank charges		827	-	827	843
Establishment costs		108,393	-	108,393	97,098
Repairs and maintenance		46,538	-	46,538	35,085
Conductive Education Costs		27,436	-	27,436	46,792
Clients training		4,500	-	4,500	1,454
Horticultural expenditure		2,353	-	2,353	6,198
Sundry and other costs		461	-	461	412
Cleaning		15,707	-	15,707	8,868
Motor expenses		73,127	-	73,127	45,510
Client fares, expenses and meals		7,450	-	7,450	2,437
Advertising and publicity		-	-	-	114
Social fund costs		-	1,340	1,340	1,453
Covid expenses		11	-	11	4,004
Depreciation, amortisation and other similar costs		11,878	4,168	16,046	17,406
Staff costs		372,829	-	372,829	356,101
Allocated support costs	8	-	-	-	4,985
Governance costs	8	176,426	-	176,426	170,923
Legal, professional and consultancy costs		6,331	-	6,331	11,251
		<u>854,267</u>	<u>5,508</u>	<u>859,775</u>	<u>810,934</u>

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Notes to the Financial Statements for the Year Ended 31 March 2023

8 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Staff costs			
Wages and salaries	104,372	104,372	101,177
Social security costs	11,292	11,292	10,202
Pension costs	3,797	3,797	3,797
Audit fees			
Audit of the financial statements	5,760	5,760	5,760
Other fees paid to auditors	6,900	6,900	8,281
Legal fees	2,252	2,252	2,512
Other governance costs	42,053	42,053	39,194
	176,426	176,426	170,923

9 Net incoming/outgoing resources

Net outgoing resources for the year include:

	2023 £	2022 £
Audit fees	5,760	5,760
Depreciation of fixed assets	16,046	17,406

10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

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Notes to the Financial Statements for the Year Ended 31 March 2023

11 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	433,480	414,737
Social security costs	32,552	28,514
Pension costs	22,054	23,095
Other staff costs	4,204	4,931
	<u>492,290</u>	<u>471,277</u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2023 No	2022 No
Charitable activities	21	19
Governance	4	4
	<u>25</u>	<u>23</u>

14 (2022 - 17) of the above employees participated in the Defined Contribution Pension Schemes.

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £152,520 (2022 - £147,103).

12 Auditors' remuneration

	2023 £	2022 £
Audit of the financial statements	<u>5,760</u>	<u>5,760</u>
Other fees to auditors		
All other non-audit services	<u>6,900</u>	<u>8,281</u>

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Notes to the Financial Statements for the Year Ended 31 March 2023

13 Taxation

The charity is a registered charity and is therefore exempt from taxation.

14 Tangible fixed assets

	Building and Centre £	Fixtures, fittings and equipment £	Motor vehicles £	Total £
Cost				
At 1 April 2022	308,654	245,343	176,888	730,885
Additions	1,266	775	-	2,041
At 31 March 2023	309,920	246,118	176,888	732,926
Depreciation				
At 1 April 2022	262,001	215,680	157,622	635,303
Charge for the year	7,586	5,293	3,167	16,046
At 31 March 2023	269,587	220,973	160,789	651,349
Net book value				
At 31 March 2023	40,333	25,145	16,099	81,577
At 31 March 2022	46,653	29,663	19,266	95,582

Included within the net book value of land and buildings above is £nil (2022: £nil) in respect of freehold land and buildings and £40,333 (2022: £46,653) in respect of short leaseholds.

15 Fixed asset investments

	2023 £	2022 £
Other investments	292	263

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Notes to the Financial Statements for the Year Ended 31 March 2023

Other investments

	Listed investments £	Total £
Cost or Valuation		
At 1 April 2022	263	263
At 31 March 2023	263	263
Provision for impairment		
Charge for year	(29)	(29)
At 31 March 2023	(29)	(29)
Net book value		
At 31 March 2023	292	292
At 31 March 2022	263	263

16 Stock

	2023 £	2022 £
Stocks	340	340

17 Debtors

	2023 £	2022 £
Trade debtors	122,506	109,136
Prepayments and accrued income	295,050	363,748
	417,556	472,884

Prepayments and accrued income includes £268,333 (2022: £338,333) relating to prepaid rent. See note 19 for further details.

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Notes to the Financial Statements for the Year Ended 31 March 2023

18 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	11,654	17,446
Other taxation and social security	10,849	8,629
Accruals and deferred income	17,482	15,730
	<u>39,985</u>	<u>41,805</u>

19 Obligations under leases and hire purchase contracts

Operating lease commitments

The trustees signed a new 10 year lease on 1 February 2017. The rent payable for the lease period was paid in advance in full therefore there is no financial commitment in this respect at the balance sheet date. Included within prepayments is £268,333 (2022: £338,333) for rent paid in advance, with £70,000 recoverable within one year and £198,333 recoverable after more than one year.

The value of non-cancellable operating lease payments recognised as an expense during the year was £70,000 (2022: £70,000).

20 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £22,054 (2022 - £23,095) and this expense has been allocated in full to unrestricted funds on the basis that it relates entirely to the running of the centre.

21 Reserves

	Unrestricted revaluation reserve £	Total £
At 1 April 2022	263	263
Unrealised gain on investments	29	29
At 31 March 2023	<u>292</u>	<u>292</u>
	Unrestricted revaluation reserve £	Total £
At 1 April 2022	249	249
Unrealised gain on investments	14	14
At 31 March 2023	<u>263</u>	<u>263</u>

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Notes to the Financial Statements for the Year Ended 31 March 2023

22 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Other recognised gains/(losses) £	Balance at 31 March 2023 £
Unrestricted funds					
<i>General</i>					
Unrestricted fund	573,347	755,309	(854,267)	-	474,389
Revaluation reserve	263	-	-	29	292
	<u>573,610</u>	<u>755,309</u>	<u>(854,267)</u>	<u>29</u>	<u>474,681</u>
<i>Designated</i>					
Motor vehicle replacement fund	80,000	-	-	-	80,000
Capital expenditure fund	100,000	-	-	-	100,000
Building development and maintenance fund	175,000	-	-	-	175,000
Pension fund	60,000	-	-	-	60,000
Building future needs fund	500,000	-	-	-	500,000
New initiatives fund	64,000	-	-	-	64,000
Conductive education fund	55,023	-	-	-	55,023
	<u>1,034,023</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>1,034,023</u>
Total unrestricted funds	<u>1,607,633</u>	<u>755,309</u>	<u>(854,267)</u>	<u>29</u>	<u>1,508,704</u>
Restricted funds					
Social fund	10,324	-	(1,340)	-	8,984
Memorial fund	18,332	-	(3,230)	-	15,102
Parkinsons fund	50,000	-	-	-	50,000
Garden fund	8,979	-	(938)	-	8,041
	<u>87,635</u>	<u>-</u>	<u>(5,508)</u>	<u>-</u>	<u>82,127</u>
Total restricted funds	<u>87,635</u>	<u>-</u>	<u>(5,508)</u>	<u>-</u>	<u>82,127</u>
Total funds	<u>1,695,268</u>	<u>755,309</u>	<u>(859,775)</u>	<u>29</u>	<u>1,590,831</u>

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Notes to the Financial Statements for the Year Ended 31 March 2023

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Other recognised gains/(losses) £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
Unrestricted fund	734,098	644,402	(805,153)	-	573,347
Revaluation reserve	249	-	-	14	263
	<u>734,347</u>	<u>644,402</u>	<u>(805,153)</u>	<u>14</u>	<u>573,610</u>
<i>Designated</i>					
Motor vehicle replacement fund	80,000	-	-	-	80,000
Capital expenditure fund	100,000	-	-	-	100,000
Building development and maintenance fund	175,000	-	-	-	175,000
Pension fund	60,000	-	-	-	60,000
Building future needs fund	500,000	-	-	-	500,000
New initiatives fund	64,000	-	-	-	64,000
Conductive education fund	55,023	-	-	-	55,023
	<u>1,034,023</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>1,034,023</u>
Total unrestricted funds	<u>1,768,370</u>	<u>644,402</u>	<u>(805,153)</u>	<u>14</u>	<u>1,607,633</u>
Restricted					
Social fund	11,777	-	(1,453)	-	10,324
Memorial fund	21,562	-	(3,230)	-	18,332
Parkinsons fund	50,000	-	-	-	50,000
Garden fund	9,917	160	(1,098)	-	8,979
Total restricted funds	<u>93,256</u>	<u>160</u>	<u>(5,781)</u>	<u>-</u>	<u>87,635</u>
Total funds	<u>1,861,626</u>	<u>644,562</u>	<u>(810,934)</u>	<u>14</u>	<u>1,695,268</u>

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Notes to the Financial Statements for the Year Ended 31 March 2023

The specific purposes for which the funds are to be applied are as follows:

Social Fund

The social fund has been established to allow clients of the centre the opportunity to go on holidays and to enjoy other social activities.

Sensory Room Fund

The sensory room fund was established from specific donations towards the costs of providing a sensory room within the centre for the clients' enjoyment and benefit.

Memorial Fund

The memorial fund was established from specific donations towards the costs of a lasting memorial at the centre for two former clients.

Parkinsons Fund

The Parkinsons fund has been established from specific donations towards the costs of providing conductive education and other activities for Parkinsons sufferers within the centre.

Garden Fund

The Garden fund was established from a specific donations towards the cost of improving the garden area.

23 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2023 £
Tangible fixed assets	63,638	17,939	81,577
Fixed asset investments	292	-	292
Current assets	1,484,759	64,188	1,548,947
Current liabilities	(39,985)	-	(39,985)
Total net assets	<u>1,508,704</u>	<u>82,127</u>	<u>1,590,831</u>
	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2022 £
Tangible fixed assets	73,475	22,107	95,582
Fixed asset investments	263	-	263
Current assets	1,575,700	65,528	1,641,228
Current liabilities	(41,805)	-	(41,805)
Total net assets	<u>1,607,633</u>	<u>87,635</u>	<u>1,695,268</u>

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Notes to the Financial Statements for the Year Ended 31 March 2023

24 Analysis of net funds

	At 1 April 2022 £	At 31 March 2023 £
Cash at bank and in hand	<u>1,168,004</u>	<u>1,168,004</u>
Net debt	<u>1,168,004</u>	<u>1,168,004</u>
	At 1 April 2021 £	At 31 March 2022 £
Cash at bank and in hand	<u>1,313,826</u>	<u>1,313,826</u>
Net debt	<u>1,313,826</u>	<u>1,313,826</u>

25 Related party transactions

There were no related party transactions in the year.