



Autism Family Support Oxfordshire

**Unaudited Financial Statements
and Annual Report
for the year ended
31 March 2022**

**Abingdon Community Support Service
Crabtree Place, off Audlett Drive,
Abingdon, Oxon OX14 3GD**

Registered charity: 276494

Website: www.afso.org.uk

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Autism Family Support Oxfordshire

Annual Report and Financial Statements for the year ended 31 March 2022

This year was one of our busiest years yet. We received 411 new referrals – the highest number of referrals in 10 years. and demand for support was higher than ever.

28% increase in referrals

3,935

Children and young adults
supported by us
in 2021/22

28%
increase

411

NEW REFERRALS
during the year



77% of new referrals were
children aged 0-13

425 young people received
a direct service

20%
increase

630 Individual advice appointments

The majority (45%) of the young people we supported this year
were aged 11-15 years

The number of young people
requiring 1:1 support
increased by 56%

We've been in such a dark
place, and it feels like
you've just turned a light on.
Parent

AFSO is a lifeline, always there when
everything feels like it is falling apart.
They listen, they understand,
and they proactively help.

NEW this year!



NEW POSTS

Family Practitioner
(0-13s)

We were delighted to expand our small Family Support Team to help meet growing demand for advice and support to parent/carers and young people.

In April 2021, we welcomed Vicky Crawley as Family Practitioner supporting families who have a child aged 13 and under; and in October 2021 Claire Glasgow was welcomed as Family Practitioner supporting families with a young person aged 14-25.

Family Practitioner
(14-25s)

Vicky and Claire have established creative ways of supporting families including online support groups and online *Meet Vicky & Claire* sessions for newly referred families.

NHS PILOT PROJECT: PEER SUPPORT GROUPS & MENTORING



Peer Support
Groups for
young people

We delivered a needs-led one-year pilot project funded by NHS England: *Peer Support and Mentoring for 14-25 year olds*.

We delivered four peer support groups, where each group addressed an emerging issue facing our young people. The four topics were Understanding My Autism; Social Skills & Staying Safe; Girls on the spectrum (for girls only); and Self-harm and suicidal thoughts. Each peer support group was successful in achieving positive outcomes for the young people.

Outcomes for young people after attending a peer support group:

- 71%** Felt more part of their community
- 64%** Felt more accepted and less isolated
- 64%** Felt more hopeful and optimistic about their future
- 57%** Felt more able to ask for help
- 100%** Wanted to continue to meet as a peer support group
- 100%** Accessed more of our services, after attending a peer support group.

Peer support groups were effective in promoting self-advocacy and support networks amongst young people; and proved to promote engagement, good decision making, and improved mental health

We evaluated the project and reported recommendations on running a successful peer support group with autistic young people. We intend to develop this pilot project and deliver future peer support groups.

We mentored 74 young people with complex needs. Before commencing mentoring, all the young people reported feeling social isolation; low mood; difficulties with emotional regulation where it affected their daily activities. 40% of the young people (30) reported self-harm and/or suicidal ideation. However, we suspect this figure is higher, with more young people having unreported experiences.

Mentoring
14–25 year-olds
people with
complex needs

After the mentoring:

72% had met their SHORT-TERM goal.

But only 3% had met their LONG-TERM goal, clearly indicating the need for ongoing long-term mentoring, beyond the one-year pilot project.

100% of young people wished to continue to receive mentoring or to have access to mentoring when needed.

Impact of COVID-19 pandemic

The ongoing COVID-19 pandemic and associated restrictions meant our services were delivered via a hybrid of in-person and virtual services. The majority of parents/carers reported that virtual appointments via video calls or telephone were more accessible, timely, and preferred. However, the majority of young people preferred in-person meetings.

Our group work with young people - youth groups, peer support groups, and Youth Action Team – was delivered in-person except when prohibited by Coronavirus restrictions. All our training courses remained online.

We saw a significant rise in young people experiencing poor mental health, social anxiety, very low mood, social isolation and a lack of friendships and social skills. A significant number of children and young people experienced difficulty returning to face-to-face education and other activities.

A number of young people felt fatigued by Zoom meetings yet felt anxious about meeting people face to face.

I'm looking forward to seeing people again. You can tell it's bad when people with autism are looking forward to being social again!

Youth group member

The majority (45%) of the young people we supported this year were aged 11-15 years. There was a 56% increase in the number of young people identified as requiring 1:1 support.

Tragically, one of our young people completed suicide this year. This tragedy is an indication of the mental health of many young people. The majority of young people who received our mentoring service presented with several key markers to indicate a risk of suicide. Sadly, statutory and community services across Oxfordshire are overstretched and do not proactively nor adequately support young autistic people.

We continued to lobby for improved services for our children, young adults and families, including contributing towards local strategic planning and service design, by way of membership on strategic boards.

Growing demand and impact on our service

Waiting times for a 1:1 appointment with a Family Practitioner increased over the year, as referrals and demand for our support soared. Parents of a child aged 13 or under experienced the longest waiting times – as 77% of new referrals are in this cohort. At it's longest, the waiting time for a 1:1 appointment was 14 weeks.

Waiting lists for all our youth groups also rose significantly, with the longest being 26 young people on the waiting list for the Saturday youth group.

Due to our limited reserves and the economic climate we were unable to hire fundraising personnel, and fundraising remained the responsibility of the CEO. Income from grants was significantly higher this year, allowing us to expand our family support team.

At youth group you can
be who you want to be.
You can be a hexagon
or a circle.

Youth Group member

What our families told us Annual Evaluation 2022

98%

of parents are likely to
use our service again

Our most useful services are:

1. One-to-one family support
2. Training
3. Holiday activities
4. Youth groups

AFSO is an amazing
and friendly
organisation that
supports families at all
stages, from diagnosis
to everyday life.
It offers hope and
inspiration as well as
really practical help
and advice.

From our current services, families want MORE

1. Holiday activities
2. Youth groups
3. Music, drama & arts groups

Gita Lobo
Chief Executive Officer

The Trustees are pleased to present their report for the year ended 31 March 2022 which provides a commentary on these results and the operations of the charity during the year, which are set out in the financial statements following this report. The report also acts as the charity's strategic report for the year.

The Trustees' Report covers a range of areas and these are set out as follows:

- | | |
|---------------------------------|---|
| a) About Us | e) Financial Review |
| b) Principal Activities | f) Governance, the Board and Executive Officers |
| c) Our Strategy | g) Statement of the Trustees' Responsibilities |
| d) Achievements and Performance | |

a) About Us

Autism Family Support Oxfordshire is an award-winning Oxfordshire charity that believes people with autism deserve to live life to the full, and their families be supported and empowered.

We nurture, enable and inspire children and young people with autism as well as their families. We support children and families from the very start of their journey – when they receive the diagnosis of autism. We tackle the difficulties faced by the whole family living with autism – from understanding the diagnosis to developing coping mechanisms and strategies, accessing social 'stuff' and moving into adulthood.

We want the autism community to have a voice and for children and young adults with autism to have aspirations, feel they can achieve their potential and live happy and fulfilling lives.

We are a small Oxfordshire organisation with 5 full-time members of staff, 7 part-time, 7 sessional staff supported by 27 volunteers. We only recruit staff who have essential experience of autism and are aligned with our ethos of nurturing and enabling children and families, learning and having fun.

b) Principal Activities

Our aim is to enable and empower parent/carers; and to nurture and inspire children and young people with autism to build their confidence and skills, raise their aspirations and achieve their goals.

For parents and carers we provide advice, information and support from the very start of their journey - typically the parent is told to contact us whilst at the diagnostic clinic. Many of our parents/carers come back to us for support as and when needed, sometimes for information and advice, sometimes for support, and other times just a listening ear.

We provide advice and information via

- Advice surgeries - several held weekly across Oxfordshire
- Home visits - when an advice surgery is not suitable we can visit families and young people at home.
- Information and support via monthly email bulletins, on the phone, and attending meetings.
- Support Groups - we run two support groups, one in Carterton for all parents/carers, and another in Abingdon for parents who are themselves on the autism spectrum.

Our training programme for parent/carers includes:

- All Things Autism - a six-week course for parent/carers. Commissioned by Oxford Health NHS Foundation Trust via the local Child and Adolescent Mental Health Service (CAMHS). Runs 10 times per annum.
- Challenging Behaviour and Autism - a six-week course for parent/carers who experience challenging behaviour by their child or children at home. Runs twice per annum.

- We co-deliver PUFFIN - a post diagnosis course for parents of children aged under 5, managed by Oxfordshire County Council.
- We co-deliver an Autism Workshop - a three hour introduction for parents of pre-school aged children diagnosed at the John Radcliffe Children's Hospital
- Plus, bespoke training as requested.

For young people we provide 3 weekly youth groups for 8-21 year olds, Summer and Easter holiday activities for 8-17 year olds and one-to-one support and advice. Often attending our activity is the first activity a child has done successfully unaccompanied by their parents or siblings, and often the only social activity they do. We aim to help children and young adults understand their autism, have the opportunity to develop social skills and confidence, feel able to achieve their goals.

We also train and support young adults to join our training team as Experts By Experience. They provide valuable first-hand experience of living with autism.

For professionals we provide joint working, training and consultation as requested or initiated by our staff. We also contribute to strategic development and are members of several strategic boards and steering groups such as the Buckinghamshire, Oxfordshire and Berkshire West (BOB) Integrated Care Partnership Learning Disability and Autism Subgroup and the Disabled Children Safeguarding group.

Public Benefit

Under section 17 of the Charities Act 2011, the Trustees have a duty to have due regard to the public benefit guidance published by the Charity Commission. During the year, the Trustees have acted in accordance with this requirement and they are satisfied that all the activities of the charity are for the public benefit.

Our work with families is “life changing”. Our autism expertise and working with the local autism community allow us to keep abreast of the issues faced by children, young people and their families. We help bring parents and young people together, to reduce isolation, and increase knowledge, understanding and empowerment.

Our family support service fills a gap in local services – providing autism-specific support and expertise for the family, and crucial understanding and a safe place for children and young people.

We spread autism awareness in the wider community via our training and awareness campaigns.

We have excellent support from statutory bodies including contracts with the county council and Health. Our work is complemented by donations and grants.

c) Our Strategy

Our strategy is to ensure that we develop and expand to meet the need of the community and can offer activities for the long-term.

We aim to offer services holistically for the whole family, and across the county of Oxfordshire. Our projects embody our ethos to nurture, enable and inspire, whilst remaining innovative and having the community's needs at the heart of our work.

d) Achievements and Performance

Key financial performance indicators

The charity provides an extremely cost effective service, delivering more benefits at lower cost than comparable organisations including statutory bodies. The continued and increased commissioning of services is evidence for this.

Review of activities

The charity continually reviews its activities and gathers feedback from service users and others. A full review of the Charity's operational performance for the year is set out in the Chief Executive Officer's Report, which precedes this Trustee's Report.

Investment policy and performance

The funds of the Charity are held in bank current and deposit accounts in three separate banks but are not otherwise invested.

The Charity's operational performance is set out in the Chief Executive Officer's Report, which precedes this Trustee's Report.

e) Financial Review

Financial review

Due to the success in raising grants in 21/22 to support our work and carry out new projects, turnover increased by 21% from last year to £260,437. However, the Charity only made a small surplus for the year of £1,168 following a surplus in the previous year of £12,937. However, the reduction in surplus results from expenditure on projects for which grants were received in 20/21.

Net assets total £32,641, similar to the £31,473 last year. The majority of the net assets are held as cash, with only a minimal level of fixed assets and debtors. Free reserves have risen from £2,271 to £8,627 but still represent less than 1 month's total expenditure (2021: under 1 month's expenditure). However, most activities only take place after income has been confirmed and the Charity continues to work towards the level of free reserves rising in future years. The Charity is working towards a formal reserves policy, but currently operates an informal approach ensuring that were there a downturn in income the Charity could continue to operate while it addressed the situation.

Going concern review

COVID-19 has had significant impacts on the operations of the charity, the outcomes of which are still being felt. In addition, the increase in grant income in 21/22 will be difficult to sustain in 22/23 and there is a real possibility of a reduction in voluntary income as a result of the cost of living situation, which may also see the charity's operating costs rise. The Trustees have reviewed the financial sustainability of the charity have considered expected cashflows for 18 months after the date of signing of these accounts. As future funding is uncertain, they have also stress-tested the cashflow based on a number of scenarios (including their responses to them) and are satisfied that the charity remains able to meet its obligations and that these accounts should be prepared on a going concern basis.

f) Governance, the Board and Executive Officers

The Charity is governed by a Deed of Constitution originally adopted on 19 August 1978.

The Trustee Board was made up of 9 Trustees during the entire year and these are listed on page 22. There are currently 7 Trustees following the retirement of 2 of the Trustees in the early part of 22/23.

The Trustees meet at least four times a year, generally more often. Issues arising between meetings that require the consideration of all Trustees are dealt with by correspondence or telecommunication. The Treasurer is responsible for coordinating the administration of the Charity, correspondence, maintenance of financial records, expenditure payments and monitoring estimates of income and expenditure, cashflow and reporting the day-to-day activities to the Trustees.

Investment powers are as stated in the Trust Deed. The Charity does not currently hold any investments. The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Treasurer, together with the Trustees carries out regular reviews of the activities of the Charity and of the systems in use. This is for the purpose of planning for the future and assessing any major risks likely to affect the operation of the trust. The Trustees are satisfied that systems are in place to mitigate exposure to major risks.

The Board is responsible for setting the strategic direction of the charity and ensuring that it is properly controlled, the risks are managed, it is financially sustainable and that it delivers charitable outcomes for young people with autism in the Oxfordshire.

The Trustees have a broad range of skills and expertise and are recruited through open advertisement.

The Board delegates the day to day operations to the Chief Executive Officer. The pay of the CEO is reviewed annually by the Board of Trustees with their salary being benchmarked against pay levels in other not for profit organisations of a similar size.

g) Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' annual report, which includes the strategic report, and the Financial Statements for the charity in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law requires the Trustees to prepare financial statements for each financial year. They must not approve the Financial Statements unless they are satisfied that these give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the Financial Statements on a going concern basis, unless it is inappropriate to presume that the Charity will continue to operate.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and therefore for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Trustee's annual report was approved by the Board of Trustees on 26 January 2023 and is signed on their behalf by:

A handwritten signature in black ink, appearing to read 'Paul Rennard', written in a cursive style.

Paul Rennard
Interim Chair and Treasurer

26 January 2023

Independent Examiner's Report to the Trustees of Autism Family Support Oxfordshire (the "charity")

I report to the trustees on my examination of the financial statements of Autism Family Support Oxfordshire ('the charity') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work or for the opinions I have formed.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Stuart Harrison FCA

Date: 27 January 2023

For and on behalf of

Venthams

Chartered Accountants

Millhouse

32 - 38 East Street

Rochford

Essex

SS4 1DB

Statement of Financial Activities (including Income and Expenditure Account)

	Note	31 March 2022			31 March 2021
		Unrestricted funds	Restricted funds	Total funds	Total funds
		£	£	£	£
Income and endowments from					
Donations and legacies	3	22,822	-	22,822	14,253
Grants	3	-	106,263	106,263	80,225
Charitable activities	4	2,124	129,226	131,350	121,236
Other trading activities	5	-	-	-	-
Investments		2	-	2	12
Total Income		24,948	235,489	260,437	215,726
Expenditure on:					
Raising funds	3	(3,656)	-	(3,656)	(5,337)
Charitable activities	4	(14,936)	(240,677)	(255,613)	(197,452)
Total expenditure		(18,592)	(240,677)	(259,269)	(202,789)
Net gains/(losses) on investments		-	-	-	-
Net (expenditure)/income for the year		6,356	(5,188)	1,168	12,937
Transfers between funds		-	-	-	-
Net movement in funds		6,356	(5,188)	1,168	12,937
Reconciliation of funds:					
Total funds brought forward		2,271	29,202	31,473	18,536
Total funds carried forward		8,627	24,014	32,641	31,473

Balance Sheet at 31 March 2022

	Note	31 March 2022		31 March 2021	
		£	£	£	£
Fixed assets					
Tangible assets	10		1,807		1,909
Current assets					
Debtors	11	2,664		817	
Cash at bank and in hand		60,319		36,715	
		62,983		37,532	
Liabilities					
Creditors: Amounts falling due within one year	12	(32,149)		(7,968)	
Net Current assets			30,834		29,564
Total assets less current liabilities			32,641		31,473
Creditors: Amounts falling due after more than one year			-		-
Total net assets			32,641		31,473
Funds of the charity					
Restricted income funds	13,14		24,014		29,202
Unrestricted funds	13		8,627		2,271
Total charity funds			32,641		31,473

The financial statements on pages 11 to 21 were approved by the Trustees on 26 January 2023 and signed on their behalf by



Paul Rennard
Interim Chair and Treasurer



Catherine Hill
Vice-chair

The notes on pages 13 to 21 form part of these accounts

1. Legal status

The charity is registered as a charity with the Charity Commission (charity number 276494) and is unincorporated. The Trustees of the charity are set out on page 22.

2. Accounting policies

a) Statement of Compliance and Basis of Preparation

The financial statements have been prepared in accordance with the Statement of Recommended Practice for Charities (SORP and applicable accounting standards (FRS102)). They have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated. The charity is a Public Benefit Entity as defined by FRS102.

The Trustees consider that there are no material uncertainties regarding the charity's ability to continue as a going concern. In arriving at this view, the Trustees have considered the risks presented by the impacts of the COVID-19 pandemic. They have considered a range of scenarios and consider that, having taken account of the these scenarios (including actions that would be taken in response to risks crystallising), the impact of COVID-19 does not create uncertainties around the assessment of the charity as a going concern.

b) Significant judgements and estimates

In preparing these financial statements, the Trustees have made judgements in the application of the charity's accounting policies which affect the amounts recognised in the financial statements. None of these estimates and judgements are considered by the Trustees to be material.

c) Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Legacies are recognised at the earlier of either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the Trust that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income from grants, including government grants, is recognised on a receivable basis when the charity has entitlement to the funds and any prior performance conditions attached to the grants have been met. Income received in advance of entitlement is deferred and income not received when receivable is accrued.

Donated services or facilities are recognised when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use of the charity of the item is probable and economic benefit can be measured reliably. They are included in income at the value of the gift to the charity i.e. the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market. A corresponding amount is then recognised in expenditure in the period of receipt. Time spent by volunteers is not recognised in line with the SORP.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable

d) Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Governance costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

Costs of generating funds are costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Charitable activities and Governance costs are costs incurred on the charity's educational operations, including support costs and costs relating to the governance of the charity apportioned to charitable activities.

e) Funds

Unrestricted funds are funds that are expendable at the discretion of the Trustees in furtherance of the general objects of the charity and which has not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of the major restricted funds are set out in the notes to the financial statements.

f) Tangible fixed assets and depreciation

Tangible fixed assets are carried at cost less accumulated depreciation and any provision for impairment. Assets are depreciated, on a straight line basis, over the useful economic life of the assets from the date of acquisition, as follows:

- | | |
|--------------------------------------|---------|
| • Furniture, machinery and equipment | 3 years |
| • Computer equipment | 3 years |

g) Impairment

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the SOFA.

h) Debtors and interest receivable

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Notes to the Financial Statements for the year ended 31 March 2022

i) Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

j) Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised within interest payable and similar charges.

k) Taxation

The charity is a registered charity and is exempt from Corporation Tax on its income and gains to the extent that they are applied to its charitable purposes. The subsidiaries aim to distribute any taxable profits in full to the charity through Gift Aid so will only provide for a tax liability where this is not possible.

l) VAT

The majority of expenditure is subject to VAT, which the charity is unable to reclaim. Expenditure is therefore shown inclusive of VAT.

m) Financial Instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

3. Voluntary income and costs of raising funds

	31 March 2022			31 March 2021
	Income and direct costs	Support costs	Total income and costs	Total income and costs
	£	£	£	£
Income:				
Donations and fundraising	22,822	-	22,822	14,253
Legacies	-	-	-	-
Grants	-	-	-	-
Total income	22,822	-	22,822	14,253
Expenditure:				
Costs of raising funds	(281)	(3,375)	(3,656)	(5,337)
Net funds raised	22,541	(3,375)	19,166	8,916

All of the income and costs above are unrestricted so £nil of the income above is restricted (2021: £nil).

Notes to the Financial Statements for the year ended 31 March 2022

4. Charitable activities

The income and costs from these activities are set out below:

	31 March 2022		31 March 2021	
	Unrestricted	Restricted	Total	£
	£	£	£	£
Income:				
Grants	-	106,263	106,263	80,225
Block contracts and other income	2,124	129,226	131,350	121,236
Total Income	2,124	235,489	237,613	201,461
Direct costs	(13,067)	(203,408)	(216,475)	(163,452)
Support costs	(1,869)	(37,269)	(39,133)	(34,000)
Total costs	(14,936)	(240,677)	(255,613)	(197,452)
Net (expenditure)/income	(12,812)	(5,188)	(18,000)	4,009

The total expenditure on charitable activities can be analysed as follows:

	31 March 2022		31 March 2021	
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Staff costs:				
Salaries, NI and pension	13,067	190,282	203,349	153,910
Recruitment, payroll and HR advice	-	4,343	4,343	3,612
Staff training, expenses and other costs	95	1,670	1,765	1,467
Total staff costs	13,162	196,295	209,457	158,989
Other costs:				
Venue costs – activities	-	6,230	6,230	3,718
Leisure and other costs – activities	-	5,641	5,641	2,633
Venue costs - training	-	-	-	268
Trainer fees and other training costs	-	1,255	1,255	2,923
Rent	816	14,439	15,255	15,270
Office costs	48	844	892	931
IT and telephone	578	10,211	10,789	6,268
Insurance	89	1,575	1,664	1,583
Printing, postage and stationery	57	1,006	1,063	1,942
Professional fees and other finance costs	123	2,165	2,288	2,387
Depreciation	63	1,016	1,079	540
Total other costs	1,774	44,382	46,156	38,463
Total charitable expenditure	14,936	240,677	255,613	197,452

Notes to the Financial Statements for the year ended 31 March 2022

5. Other trading activities

The charity receives fees from beneficiaries and their families to attend events and activities which are disclosed as other income in Note 4. The costs of these activities are also shown in charitable activities. During the year, the charity has received £nil of income from other trading activities (2021: £nil).

6. Support costs

Support costs allocated to the activities of the charity represent the running costs of the charity.

	31 March 2022	31 March 2021
	£	£
Corporate, finance and governance costs	23,854	24,097
HR and IT costs	14,295	9,433
Depreciation of non-function specific assets	1,082	542
Total allocated support costs	39,231	34,072
Allocated to		
Raising funds	98	72
Charitable activities:	39,133	34,000
Total allocated support costs	39,231	34,072

7. Net income

Net income is stated after charging/(crediting):

	31 March 2022	31 March 2021
	£	£
Depreciation of tangible fixed assets	1,082	542
Independent examiner's remuneration incl VAT:		
Independent examination fee	2,100	2,100
for payroll and other services	504	432

Notes to the Financial Statements for the year ended 31 March 2022

8. Employee information

Employees costs during the year were:

	31 March 2022	31 March 2021
	£	£
Employee Costs		
Wages and salaries	189,073	145,060
Social Security costs	11,284	7,448
Pension costs	6,269	4,671
Total	206,626	157,179

The average number of people employed during the year was:

	31 March 2022	31 March 2021
Total	15	13

The average number of people employed during the year expressed as full-time equivalents was:

	31 March 2022	31 March 2021
Total	7	5

No employee received emoluments for the year amounting to more than £60,000 (2021: 0)

9. Trustees and Executive Officers

Details of Trustees and the Executive Officer are set on page 22 of these Financial Statements. Trustees do not receive any remuneration and no Trustees claimed expenses during the year (2021: 0 claiming a total of £nil).

The total emoluments received by the Chief Executive Officer was:

	31 March 2022	31 March 2021
	£	£
Salary	43,130	43,130
National insurance	4,731	4,740
Pension contributions	1,845	1,843
Total	49,706	49,713

Notes to the Financial Statements for the year ended 31 March 2022

10. Fixed assets: tangible assets

	31 March 2022		
	Fixtures, fittings, furniture & equipment	Computer & other equipment	Total
	£	£	£
Cost:			
At 1 April 2021	-	9,493	9,493
Additions	-	980	980
Disposals	-	-	-
At 31 March 2022	-	10,473	10,473
Accumulated depreciation:			
At 1 April 2021	-	7,584	7,584
Charge for the year	-	1,082	1,082
Disposals	-	-	-
At 31 March 2022	-	8,666	8,666
Net book value:	-		
At 31 March 2022	-	1,807	1,807
At 31 March 2021	-	1,909	1,909

11. Debtors

	31 March 2022	31 March 2021
	£	£
Due within one year		
Prepayments & Accrued Income	2,664	817
Total due within one year	2,664	817

12. Creditors: Amounts falling due within one year

	31 March 2022	31 March 2021
	£	£
Taxation and social security	4,527	-
Accruals and deferred income	8,632	7,200
Other creditors	18,990	768
Total Creditors: Amounts falling due within one year	32,149	7,968

Creditors include £2,736 of deferred income (2021: £nil). This relates to income for Easter activities received before 31 March 2022 but taking place at Easter after the year end. No deferred income amounts have been released from the previous year (2021: £nil)

Notes to the Financial Statements for the year ended 31 March 2022

13. Fund movements

	31 March 2022					
	At 1 April 2021	Income	Expenditure	Transfers	Gains and losses	At 31 March 2022
	£	£	£	£	£	£
General funds	2,271	24,948	(18,592)	-	-	8,627
Total unrestricted funds	2,271	24,948	(18,592)	-	-	8,627
Restricted funds	29,202	235,489	(240,677)	-	-	24,014
Total funds	31,473	260,437	(259,269)	-	-	32,641

	31 March 2021					
	At 1 April 2020	Income	Expenditure	Transfers	Gains and losses	At 31 March 2021
	£	£	£	£	£	£
General funds	3,536	15,255	(16,520)	-	-	2,271
Total unrestricted funds	3,536	15,255	(16,520)	-	-	2,271
Restricted funds	15,000	200,471	(186,269)	-	-	29,202
Total funds	18,536	215,726	(202,789)	-	-	31,473

14. Fund assets and liabilities

The analysis of net assets between funds is set out below:

	31 March 2022		31 March 2021	
	Unrestricted funds	Restricted funds	Unrestricted funds	Restricted funds
	£	£	£	£
Tangible fixed assets	1,807	-	1,909	-
Current assets	18,233	44,750	3,230	34,302
Current liabilities	(11,413)	(20,736)	(2,868)	(5,100)
Total net assets at 31 March 2022	8,627	24,014	2,271	29,202

The charity receives donations and grants that can only be used for specified purposes. The charity maintains records for each donation or grant given in this way and allocates costs against those funds. These can be summarised as follows:

	31 March 2022			
	At 1 April 2021	Income	Costs	At 31 March 2022
	£	£	£	£
Autism activities and training	(4,798)	146,724	(140,712)	1,214
Activity co-ordinator post	9,000	15,000	(16,500)	7,500
Family practitioner post	25,000	-	(25,000)	-
Family support project	-	73,765	(58,465)	15,300
Total restricted funds	29,202	235,489	(240,677)	24,014

Notes to the Financial Statements for the year ended 31 March 2022

	31 March 2021				
	At 1 April 2020	Income	Costs	Transfers	At 31 March 2021
	£	£	£	£	£
Autism activities and training	-	155,471	(160,269)	-	(4,798)
Activity co-ordinator post	15,000	15,000	(21,000)	-	9,000
Family practitioner post	-	30,000	(5,000)	-	25,000
Total restricted funds	15,000	200,471	(186,289)	-	29,202

15. Operating leases

The charity has a short-term lease on its offices in Abingdon which runs until 30 September 2022 but there is an informal agreement that this will be extended. There are currently no non-cancellable operating leases for printers and office equipment. Details are set out below:

	31 March 2022			31 March 2021
	Land and buildings	IT and office equipment	Total	
	£	£	£	£
Within one year	7,650	-	7,650	20,400
One year or more but less than two years	-	-	-	7,650
More than two years but less than five years	-	-	-	-
Total operating leases	7,650		7,650	28,050

16. Contingent liabilities

The charity has no contingent liabilities as at 31 March 2022 (2021: £nil).

17. Related party transactions

A number of the Trustees are employed by health authorities and other public sector bodies who contract with, or provide services to, the Charity. Their positions on those bodies is not directly related to the transactions and relationships that the Charity has with the health authorities, so it is considered that there are no conflict of interests.

In addition, some Trustees have autistic relatives who, as such, are eligible for services provided by the Charity. Where these relatives receive services from the Charity, it is at arm's length and on the same basis as other beneficiaries.

Principal Office: Abingdon Community Support Service
Crabtree Place
off Audlett Drive
Abingdon
OX14 3GD

Board of Trustees

Paul Rennard	Interim Chair (from 21 July 2022)	
	Treasurer	
Richard Brooks	Chair (to 21 July 2022)	Resigned 20 September 2021
Lesley Feldman		
Catherine Hill	Vice Chair (from 21 July 2022)	
Nick Keene	Secretary	
Marian Roiser		Resigned 19 May 2022
Hayley Ryder		
Sue Sweeney		
Helen Toone		

Chief Executive Officer

Gita Lobo

Accountants:

Venthams
Chartered Accountants
Millhouse
32 - 38 East Street Rochford
Essex
SS4 1DB

Bankers:

Barclays Bank PLC
1 Churchill Place
London
E14 5HP