

Trustees Annual Report 2024

Charity No. 271775

THE BRISTOL AREA KIDNEY PATIENTS' ASSOCIATION

TRUSTEES ANNUAL REPORT

Year ended 31st December 2024

The trustees are pleased to present their annual report and financial statements for the charity for the year ending 31 December 2024.

Chair's report

This last year has flown by, and I can't believe it's time for our AGM.

Throughout this last year we have strived to work for the best outcome possible for BAKPA as a charity and for the patients and wards.

This last year we have supplied dialysis patients with stress balls in the shape of a kidney to help strengthen their fistulas, we have contributed towards the cost of setting up Kidney Beam along with our fellow KPA's in Gloucester, Devon, Dorset and Cornwall for the patients of the South West. This is an online fitness program that is free for patients to join and do in the comfort of their own homes.

BAKPA held two coffee mornings - one in Weston Super Mare and the other in Southmead. At these events we raise money by selling cakes, tea and coffee and have a tombola table. We love to meet members who come along, so please do look out for our next one and if you can, come along and say hello.

BAKPA sponsored the Bristol transplant games team with a very smart new kit, that was worn with pride throughout last year's games.

McAllister house had a few finishing touches, the kitchen was painted to brighten the room up and garden furniture bought and assembled ready for the summer season. These jobs were completed by some of the committee members.

Hales House had a very much needed garden make over with new fencing. The last time the garden had a makeover was around 15 years ago so, this was very much needed to keep it easy to maintain and a pleasant place for our guests to stay. The two bedrooms at the property also had a makeover with new carpets and curtains and art work on the walls.

I look forward to seeing what this year brings our way.



Vicky Gardner
Chair

Objectives and activities

Objects

The objects of the charity are:

1. To supplement the service provided by Southmead Hospital's Renal Units for the treatment, welfare and comfort of its patients by providing such facilities, buildings and equipment as the Association may decide are required from time to time for that purpose.
2. To provide recreational facilities, including holiday accommodation, and arrange social occasions for the Association's members, at the Management Committee's discretion.
3. To assist Southmead Hospital's Renal Department in any way that may be within the capacity of the Association to offer from time to time.
4. To arrange and provide for the holding of public exhibitions, meetings, lectures and other promotional events in support of the Association's work, the work of Southmead Hospital's Renal Units and kidney research and organ donation for transplantation.

Activities

We achieve these objects through our work in partnership with Southmead Hospital Renal Department and their five Renal Dialysis Units.

Our meetings are regularly attended by Medical Consultants from Southmead Hospital Renal Department, one of whom is our President. This keeps us updated on the Department's activity which includes transplant statistics for the unit which is currently leading the country in movement toward organ donation. Other issues reported relate to local and national policy updates, staffing changes, donor peer mentoring and collaborative ways in which we can support their work.

BAKPA has two properties purchased for the benefit of renal patients. Hales House, a two-bedroomed house in Bristol and McAllister House, a three-bedroomed house in Torquay. We continue to ensure these are well maintained and continue provide valued accommodation for patients and relatives.

On World Kidney Day in March an awareness day was held at Southmead Hospital with a table manned by committee members with BAKPA promotional items and renal disease educational information available. There was opportunity to speak with the public and NHS staff about renal disease and the importance of looking after ones kidneys. The literature was well received with some being taken for patients by staff from the Outpatients department.

BAKPA continues to support those who participate in a team at the annual British Transplant Games. This year the Games were held in Nottingham and for 2025, the planned venue is Oxford.

Details of the work we support are provided below under the heading *Achievements and Performance*.

The trustees have considered the Charity Commission's guidance on public benefit. We think that our work provides public benefit in many ways, because the work we do is open to all and makes a tangible difference to people's lives.

We acknowledge the work undertaken and achieved which could not be done without our volunteers. All BAKPA Trustees and Committee members are volunteers, and we are grateful for their contribution.

Achievements and Performance

Dialysis Units

BAKPA has been pleased to be able to support the five Dialysis Units under the medical care of Southmead Hospital Renal Unit.

This year Cossham Dialysis Unit saw the installation of televisions for patients completed. This was fully funded by BAKPA, and we worked in partnership with the Southmead Hospital Charity, through whom payments were made. Other units have asked us about installing televisions and we are awaiting progress of these requests by Southmead hospital and the hospital charity.

Continuing our tradition at Christmastime we provided greetings cards, gift cards and chocolates as seasonal gifts to all medical units under the care of the Southmead Renal Unit. The gift cards enable Dialysis Unit staff to buy festive food and drinks for those undergoing dialysis and these gifts have been well received.

For dialysis patients we purchased kidney-shaped stress balls printed with BAKPA's logo. These were distributed to all the Dialysis Units. These promotional items enable patients to improve their fistula access when dialysing.

We had a request from the manager at Weston-Super-Mare Dialysis unit who was keen to improve patient wellbeing and grow fresh produce from the garden in the summer for patients to enjoy. We were pleased to be able to provide a garden centre voucher to support this initiative to improve patient welfare.

Ambleside Unit requested cushions to reduce the risk of pressure sores when patients sit for long periods of time and we purchased these to help patients' health.

We continue to seek to provide and purchase, when requested, specialist hospital and recreational equipment for the benefit of patients.

Properties

Hales House our property located close to Southmead Hospital enables patients and relatives to stay near to the hospital when they are away from home. This has become more useful with the expansion of the geographical area covered by Southmead Renal Department.

It has provided a very welcome resource for patients and their families who live outside the Bristol area and who are being treated at the Southmead Hospital Renal Unit. The Hales House online booking system has been functioning well and has simplified bookings for patients, their relatives and Southmead Hospital Renal Unit staff.

This year we have much needed refurbishments made to the Hales House, including replacement of garden fences and updating of the landscaping. The contractor kindly offered to regularly maintain the garden voluntarily. We have also updated and maintained the interior of the property with minor repairs to walls and the provision of new curtains, carpets and artworks. Most of the cost of these has been met by the contractor who has been very generous in their support of BAKPA.

This facility is very much appreciated with many positive comments left in the visitors' book such as these extracts:

"Hales house has been a lifesaver for us. Thank you so much for letting us use this wonderful home, we will be forever grateful."

"It was like home from home. Thank you so much! Amazing service to those in need and helps take the pressure off hard times."

"I am so happy we were able to stay at Hales House near the hospital. I am from the Netherlands, and it was really nice to say here close to the hospital. It felt 'homey' and safe. Thank you so much for this!"

"Thank you so much for providing this service. It has greatly reduced the stresses of travelling for appointments"

"A huge thank you to everyone at BAKPA for supplying this wonderful house. It has provided us a private space to have some peace and calm in our very chaotic world. Life has not been kind to our family of late, so thank you from the bottom of my heart. Whatever life throws at us we can now look forward with love and positivity."

"You have made a very stressful time easier with some place to relax after long days."

"to be able to stay in this house was amazing. It has a wonderful safe feeling."

McAllister House, our second property, purchased in July 2022, provides much needed holidays for patients and their families. It is close to a dialysis unit and use of this will enable patients to continue this treatment whilst on holiday.

Maintenance and improvements of this year included painting the Kitchen by BAKPA members, sealing of the garden paving slabs and purchase of garden furniture to enhance the use of the property.

There has been positive feedback and appreciation from those who have used McAllister House which is encouraging.

This year we finalised the status of the property by transferring the title of land to the Official Custodian for Charities in trust for the charity. Both properties are now registered with the Official Custodian for Charities which provides a legal framework in the event of any change of trustees.

Transplant Games

The 2024 British Transplant Games took place in Nottingham in July with twenty-one competitors attending, with five of these being new competitors.

The British Transplant Games 2024 was very successful for the team. They returned having won 23 Gold medals, 8 Silver medals and 11 Bronze medals. Many new participants won medals, one of whom achieved three golds!

There was a change in management with the team led by new team manager Charlie, on the retirement of Catharine after 14 years of service and who has moved away from the area. Catharine will continue to support Charlie as he takes on the new role.

BAKPA were also able to support the team with the use of BAKPA's gazebo and provision of new sports kit for competitors.

Thirteen of the team were selected for the World Transplant Games in 2025, which will be taking place in Germany in August 2025.

Partnerships

We work in close relationship with Southmead Hospital Renal Department and their medical and nursing staff. In recent years we have worked more closely with the Southmead Hospital Charity (SHC), the charitable department of the hospital, to help meet patient needs. This year they held a SHC Donors' event which was attended by our Chair and who was pleased to hear their acknowledgement of BAKPAs funding of Cossham Dialysis Unit patient television.

This year we have participated in the Kidney Disease Health Integration Team (HIT) (www.bristolhealthpartners.org.uk/health-integrationteams/kidney-disease), a team of clinical staff and patients working together to improve patient outcomes and care pathways for patients with kidney disease. Through this group we have been pursuing our goal of having a dedicated social worker appointed for renal patients and BAKPA provided a statement in support of the application for this post.

We have significant partnerships with other Renal organisations including the National Kidney Federation (NKF) who represent UK Kidney Patient Associations (KPA's). We have representation with Trustees and Committee members participating in NKF events and meetings. This year these included the NKF National Conference, KPA South West Chairs' meeting and the NKF KPA Day. These events provide opportunities to discuss and share with other KPA members on a range of relevant topics. BAKPA is also represented each year in the annual NKF KPA's promotional calendar. BAKPA members also participate in and contribute to the South West Renal Network a collaboration of NHS organisations.

Following attendance at these partnership events, members and trustees report details of the events to BAKPA committee meetings.

Social events and Fundraising

Coffee mornings were hosted by BAKPA at Weston-Super-Mare and at St Stephens Church, Southmead. We were pleased the Ambleside Dialysis Unit manager was able to come to the Weston event. The Southmead event was supported by a craft stall run by church members with all proceeds going to BAKPA. Other crafts generated further interest raising funds after the event.

For the first time a stall was held at Stockwood market which was successful and which also provided a useful platform to raise awareness of kidney health and discuss the work BAKPA carries out on behalf of renal patients. We plan to repeat this event when the market is open during the summer months.

Website

We maintain a website (www.bakpa.org.uk) which contains news and information about BAKPA and which is regularly updated and available to all.

Newsletter

We provide a regular Newsletter for all members and this year again sent paper copies of the newsletter in order to best suit our membership. The newsletter is also published online on the BAKPA website.

Membership

Membership numbers were impacted by the change to online only membership and mindful of this we have this year sent membership forms by post.

We and are grateful for the help of those voluntarily working behind the screens to ensure the website, newsletter and membership lists are up to date.

Review of Financial Activities and Affairs

BAKPA's income in 2023 was just over £31000 which was more than last year with an increase in donations including one very generous anonymous donation. Both properties saw similar income this year with Hales House expenditure increasing due to work on the garden and house maintenance.

We have again been grateful to have received donations from many individuals and companies who have contributed to our income. John Lewis PLC continue to support the ongoing work of BAKPA with donations of goods including pillows and bedding. We were supported in our purchase of sportswear for the Transplant Games team by Total Teamwear who matched funding for this. Other fundraisers have kindly donated their time and effort in raising donations for us through charitable giving platforms with social and fundraising events. We receive generous donations in memory of family members, many anonymous donations and regular gifts through standing orders, for which we are grateful.

We were pleased to meet a request from Kidney Care UK to fund travel for two young adult renal patients enabling them to attend the Young Adult Residential weekend. As this is an annual event there is scope to continue this support.

Toward the end of the year, we researched and purchased new corporate kit for Committee members. This enables BAKPA members to be identified as such when volunteering at fundraising or social events.

The charity holds a reserve of £30,000 as at the end of the financial year which enables us to meet any commitments or contingencies and hold funds in an investment bond.

At our present levels of income and regular commitments we have no concerns about the charity's ability to continue as a going concern.

The trustees consider that under the Charities Act 2011, the income of the charity falls within the range for which an independent examination of the charity's accounts is required, but an audit is not required.

Structure, Governance and Management

BAKPA is governed by a Constitution, version 14, amended 2016. It is an Unincorporated Association. New Trustees may be appointed by the Trustees and members of the charity. Executive Officers (Chair, Vice-Chair, Treasurer and Secretary) are elected at the Annual General Meeting and the Chair holds office for a maximum of three years and may then stand for re-election at each subsequent Annual General Meeting.

The Charity operates in the South West of England, serving all patients registered with Southmead Hospital Renal Department and is comprised of Trustees and Management Committee members. All Trustees and Committee members work for the Association on a voluntary basis and do not receive any remuneration, payments or benefits from the charity other than legitimate trustee expenses and there are no paid staff.

BAKPA works on behalf of renal patients under the care of Southmead Hospital North Bristol NHS Trust Renal Department and in partnership with the Southmead Hospital Charity (1055900) through whom some donations are disbursed.

Reference and administrative details

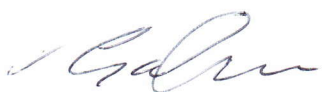

Charity Name Bristol Area Kidney Patients' Association
Other name the charity uses BAKPA
Registered Charity Number 271775
Charity's principal address 9 Medina Close, Thornbury, Bristol, BS35 2DJ

Names of the Trustees who manage the charity

Trustee	Office	Dates acted if not for whole year
John Gardner	Hales House	
Vicky Gardner	Chair	
Catharine Hall	Transplant Games	Resigned 19 September 2024
Sharon Nicholls	Secretary	
Steve Nicholls	Membership Secretary	
Lesley McAllister	Treasurer	
Colin Marrs	NKF Representative	
Andy Strange	Fundraiser	Appointed 25 January 2024
Anne Strange	Fundraiser	Appointed 25 January 2024

Declarations

The Trustees declare that they have approved the trustees' report above.
Signed on behalf of the trustees:

Signature(s)		
Full Name(s)	Vicky Gardner	Sharon Nicholls
Position	Chair	Secretary
Date	19 th March 2025	19 th March 2025

BRISTOL AREA KIDNEY PATIENTS ASSOCIATION
CHARITY NO. 271775
Accounts for the year ended 31st December 2024

Receipts and Payments Account

		2024	2023
	Note	£	£
Income			
Donations		20059	16798
Donations - Hales House, Bristol		394	568
Accommodation receipts - McAllister House, Torquay		1364	1283
Membership subscriptions		190	401
Fundraising		358	-
Annual Draw		-	356
Interest on Bank Accounts		8454	1235
Gift Aid reclaimed including HMRC and Just Giving		983	688
Total Income		31802	21329
Expenditure			
Charitable expenditure as detailed in note	2	41492	38889
Total Expenditure		41492	38889
(Deficit)/Surplus in the year		(9690)	(17560)
Cash funds brought forward from previous year		179969	197529
Cash funds carried forward to next year		170279	179969

BRISTOL AREA KIDNEY PATIENTS ASSOCIATION
CHARITY NO. 271775
Accounts for the year ended 31st December 2024

Statements of Assets and Liabilities at 31 December 2024

		2024	2023
	Note	£	£
Assets			
Fixed Assets:	4		
Freehold Property - Torquay house		305000	305000
Freehold Property - Bristol house		52000	52000
		357000	357000
Cash Funds:			
Cash at Bank and in hand	5	170279	179969
Total Assets		527279	536969

Liabilities

There are no liabilities

These accounts were approved by the Board of Trustees and signed on its behalf by



Lesley McAllister, Treasurer

19th March 2025

BRISTOL AREA KIDNEY PATIENTS ASSOCIATION
CHARITY NO. 271775
Accounts for the year ended 31st December 2024

Notes to the Financial Statements

1 Accounting Policies

These accounts have been prepared on a "receipts and payments" basis in accordance with section 133 of the Charities Act 2011.

		2024	2023
	Note	£	£
2 Direct Charitable Expenditure			
Hospital Funding		12093	9839
Hales House Bristol Expenses	4	13530	4808
McAllister House Torquay expenses	4	4937	16832
Fundraising/Social		280	1617
Fees	5	5501	1849
Newsletter		99	145
Website		733	215
Stationery and Postage		421	1036
Travel Expenses		374	355
Sundry Expenses		24	393
Transplant and World Games Subsidy		3500	1800
		41492	38889

3 Designation of Funds

All of the Association's funds for 2024 and 2023 are Unrestricted.

- 4** A Freehold house in Bristol, 'Hales House', available for the use of members undergoing treatment at Southmead Hospital Renal Unit was purchased in 1998 at a cost of £52,000.

A Freehold property in Torquay 'McAllister House' for the use of patients and their families was purchased in July 2022 at a cost of £305,000.

All owned properties are shown at the original purchase value in the accounts.

All refurbishment, repair and maintenance costs of owned properties are written off as expenditure when incurred and it is the opinion of the Trustees that the market value of these properties is not less than the values shown in these accounts.

- 5** Increase in fees is due to reporting of charges by charitable platforms and legal fees.

BRISTOL AREA KIDNEY PATIENTS ASSOCIATION
CHARITY NO. 271775
Accounts for the year ended 31st December 2024

Notes to the Financial Statements (cont)

5 Cash at Bank and in Hand

Analysis of cash at bank

	2024	2023
	£	£
Barclays - Community Account	1984	6742
Barclays - Business Premium Account	83295	87997
Cambridge and Counties	85000	85230
	170279	179969

6 Staff Costs

No remuneration of any kind is paid to the Trustees or any employee of the Association.
No fee is payable to the Independent Examiner.

**Independent Examiner's Report on the accounts of the
Bristol Area Kidney Patients Association
(Charity No. 271775)**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's account carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in conjunction with the examination which gives me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Name: Thomas E Nolan FCCA
Chartered Certified Accountant

Address: 169A Church Road, Frampton Cotterell, Bristol BS36 2JX

Date: 20th March 2025