

LADY BALOGH'S PSYCHOTHERAPY TRUST

England & Wales · Charity number 267569

Details

Status Registered

Legal form Trust

Registered 1974-06-14

Register [View on the Charity Commission register](#)

Contact

Address 92 Highgate Hill
London
N6 5HE

Phone 02083487731

Email tessa@henghes.com

Activities

Objects: THE PROMOTION OF EDUCATION IN PSYCHOTHERAPY.

Activities: The promotion of education in and access to psychotherapy

Classification

- **How:** Makes Grants To Organisations, Provides Buildings/facilities/open Space, Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-08-31	£110,035	£92,985	-	-
2023-08-31	£70,986	£78,043	-	-
2022-08-31	£53,125	£66,212	-	-
2021-08-31	£59,742	£100,090	-	-
2020-08-31	£59,547	£56,615	-	-

Trustees

Name	Role	Appointed
Penelope Kathryn Teresa Balogh Henghes	Chair	
Caroline Elizabeth Hallett		2019-11-08
DESMOND PETER KING		
DOROTHY HELEN HAMILTON		
DR TIRRIL OLIVIA HARRIS		
Dr JEREMY CHASE		2013-07-07
Lawrence Suss		2018-03-23

Accounts

LADY BALOGH'S PSYCHOTHERAPY TRUST

ANNUAL REPORT

2023 - 2024

Lady Balogh's Psychotherapy Trust, Registered Charity Number 267569.
1 Fairbridge Rd. London N19 3EW

PHILOSOPHY AND AIMS

Lady Balogh's Psychotherapy Trust is dedicated to Education in Psychotherapy. The Trust was created and endowed in 1974 by Penelope Lady Balogh, who was among the founders of psychoanalytical psychotherapy training in Britain. The Trust stands for two main principles, which derive from the work and thinking of the founder, her partner Deryck Dyne, and their associates. These are:

that psychotherapy, and in particular psychoanalytical psychotherapy, should be made more widely available in respect of both treatment and training;

that the field theory(ies) of psychotherapy, and in particular psychoanalytical psychotherapy, should be developed along a philosophical continuum, unobstructed by factional divisions, and maintained by an eclectic and inclusive stance.

The Trust seeks to widen the availability of psychotherapy treatment, training, and knowledge:

through support for the provision of psychotherapy to include those who might otherwise not seek professional help, at fees they can afford;

through support for training in psychotherapy based on the principles of eclecticism and the personal synthesis of orientations;

through support for psychotherapeutically based ventures in the wider community;

through the dissemination of information, and all other appropriate means.

The Trust's principal asset is its headquarters, 1 Fairbridge Road, Archway, London. This property was purchased by the Trustees following the sale of the founder's original bequest in Primrose Hill. Over the years the Trustees have spent a considerable sum on repairing and improving the house. This year some internal decoration took place.

The house is used in part as clinical consulting rooms, occupied by therapists who pay room contributions to the Trust's Central Fund in return for use of the rooms; and in part by the Trust's principal beneficiary, the Association for Group and Individual Psychotherapy (AGIP) for its administrative, training and membership functions. AGIP's use of the house is free of charge; in return, it carries out certain administrative functions on the Trustees' behalf.

In furtherance of its aims, the Trust:

supports the Association for Group and Individual Psychotherapy (a psychoanalytical psychotherapy training organisation, member of the UK Council for Psychotherapy), formerly a section of the Trust, with an annual donation that represents a major part of the income from the property;

allows consulting room rates to be set below going rates, giving scope to therapists to accept low-paying clients;

has obtained funding for a low-fee psychotherapy scheme, the Fairbridge Clinic, which is run by AGIP;

considers applications for funding from bodies providing psychotherapeutic training and services in the community, in particular those who seek to provide psychotherapy in areas where little presently exists;

aims through these and other means to produce a broadly based Trust, capable of supporting a variety of activities and orientations.

Originally, the Trust was set up as a central Trusteeship with a number of component parts, or sections. All these sections have now become independent bodies.

The current Trustees are:

Tessa Henghes (Chair), Child Psychotherapist (retired); daughter of Penelope Lady Balogh.

Jeremy Chase (Treasurer), Psychiatrist (retired).

Dorothy Hamilton (Hon. Secretary), Psychoanalytic Psychotherapist; Former Chair of AGIP and Honorary Fellow of the United Kingdom Council for Psychotherapy.

Tirril Harris, Psychotherapist (retired); Honorary Research Fellow, Institute of Psychiatry, King's College, University of London; daughter of Penelope Lady Balogh.

Desmond King, Chartered Clinical Psychologist, Member of the Institute of Group Analysis, in private practice.

Lawrence Suss, AGIP (retired) professional member. Former Chair of AGIP. Coordinator of AGIP Professional Ethics Committee.

Caroline Hallett, AGIP (retired) professional member.

THE BENEFICIARIES OF THE TRUST

During the year 2023 -2024 the Trust supported the following beneficiaries:

The Association for Group and Individual Psychotherapy (AGIP)

AGIP was established in 1974 as part of the Trust. In October 1999, it became a Company Limited by Guarantee, and therefore an independent body. It is the Trust's main beneficiary.

AGIP exists to provide a training course in psychoanalytical psychotherapy, to provide psychotherapy at accessible fees, and to support its members in their professional lives. The Association has been active in the UK Council for Psychotherapy (UKCP) since its inception, with leading roles played by AGIP members.

The Alliance of Psychoanalytic Psychotherapy Trainings (apptraining) formed by AGIP in partnership with Arbours Association in 2015, and taking its first trainees in September 2016, dissolved in the summer of 2017. With the support of the Trust, AGIP continued with its courses

which are proving popular. In the summer of 2018 the courses were reviewed by the UK Council for Psychotherapy and were re-validated as ‘more than’ meeting the necessary standards.

AGIP accepts trainees from a variety of backgrounds, with no *a priori* bar on grounds of gender, sexual orientation, race, creed, educational background or physical disability. The courses attract students who live out of London; those who may have the ability to train, but lack formal qualifications; and older students often debarred from training elsewhere. The training is eclectic, and is based on the principle of the personal synthesis of orientations. The courses are taught at weekends enabling people with full time occupations to attend. This year the Trust has also continued to offer each clinical student a book grant.

AGIP is a membership organisation, with a democratically elected Council as managing body. There are currently 100 members including trainees. Professional Members, who have qualified as independent practitioners, are eligible to register with the UK Council for Psychotherapy.

In offering psychotherapy treatment, AGIP receives referrals from a variety of sources, including GPs, hospitals, word of mouth, and through the Fairbridge Clinic (see below). AGIP publicises the benefits of psychotherapy through appropriate publications and events, including conferences and workshops for the public and other professionals, and through leaflets detailing AGIP's clinical facilities.

In addition to its free use of the Trust headquarters, the Association receives a substantial annual donation from the Trust.

The Fairbridge Clinic

The Clinic was launched in the Autumn of 1994 to provide reduced fee therapy for those on low income; it is partly funded by a charitable donation secured by the Trustees for this purpose and is administered by AGIP. The Clinic fulfils an important function not only for patients, but also for AGIP therapists in training, who receive lower fees in return for the opportunity to work twice weekly over a substantial period of time. Therapists working during the day in the clinic are able to use rooms free of charge. This constitutes a further donation to the clinic of approximately £7,000 per annum.

Recently the clinic has benefited from two generous donations made by two psychotherapy organisations that recently closed down – a very substantial donation from the Association of Independent Psychotherapists and the other seen as a reimbursement of a grant from the Trust to the Cork Psychodynamic Integrative Graduates Group, when it was set up in 1994.

International Attachment Network

I.A.N., formerly a section of the Trust, aims to facilitate the spread of knowledge and understanding of Attachment Theory, and to develop its applications in many areas, including psychiatry, psychotherapy, developmental psychopathology, parent counselling, social work and social policy. To this end it holds monthly peer supervision groups, and Saturday workshops, sometimes at the Trust Headquarters. The Trust has continued to enable the I.A.N. free use of its premises for these activities.

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST AUGUST 2024
FOR
LADY BALOGH'S PSYCHOTHERAPY TRUST**

LADY BALOGH'S PSYCHOTHERAPY TRUST

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FOR THE YEAR ENDED 31ST AUGUST 2024**

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LADY BALOGH'S PSYCHOTHERAPY TRUST

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST AUGUST 2024**

The trustees present their report with the financial statements of the charity for the year ended 31st August 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

LADY BALOGH'S PSYCHOTHERAPY TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST AUGUST 2024

OBJECTIVES AND ACTIVITIES

Objectives and aims

Lady Balogh's Psychotherapy Trust is dedicated to Education in Psychotherapy. The Trust was created and endowed in 1974 by Penelope Lady Balogh, who was among the founders of psychoanalytical psychotherapy training in Britain. The Trust stands for two main principles, which derive from the work and thinking of the founder, her partner Deryck Dyne, and their associates. These are:

- that psychotherapy, and in particular psychoanalytical psychotherapy, should be made more widely available in respect of both treatment and training;
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The Trust seeks to widen the availability of psychotherapy treatment, training, and knowledge:

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- through support for training in psychotherapy based on the principles of eclecticism and the personal synthesis of orientations;
- through support for psychotherapeutically-based ventures in the wider community;
- through the dissemination of information, and all other appropriate means.

The Trust's principal asset is its headquarters, 1 Fairbridge Road, Archway, London. This property was purchased by the Trustees following the sale of the founder's original bequest in Primrose Hill. Over the years the Trustees have spent a considerable sum on repairing and improving the house. This year some internal decoration took place.

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- allows consulting room rates to be set below going rates, giving scope to therapists to accept low-paying clients;
- has obtained funding for a low-fee psychotherapy scheme, the Fairbridge Clinic, which is run by AGIP;
- considers applications for funding from bodies providing psychotherapeutic training and services in the community, in particular those who seek to provide psychotherapy in areas where little presently exists;
- aims through these and other means to produce a broadly-based Trust, capable of supporting a variety of activities and orientations.

Originally, the Trust was set up as a central Trusteeship with a number of component parts, or sections. All these sections have now become independent bodies.

LADY BALOGH'S PSYCHOTHERAPY TRUST

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST AUGUST 2024**

OBJECTIVES AND ACTIVITIES

Public benefit

The section of this report above entitled 'Objectives and achievements of the year' sets out the charity's objectives and reports on the activity and successes in the year to 31 August 2024 as well as explaining the plans for the current financial year of 2024-25.

The Trustees have considered this matter and concluded:

1. That the aims of the organisation continue to be charitable;
2. That the aims and the work done give identifiable benefits to the charitable sector and both indirectly and directly to individuals in need;
3. That the benefits are for the public, are not unreasonably restricted in any way and certainly not by ability to pay; and
4. That there is no detriment or harm arising from the aims or activities.

The Trustees confirm that they have complied with the duty in Section 4 of the Charities' Act 2006 to have due regard to the guidance published by the Charities' Commission on public benefit when reviewing the Charities' main aims and objectives and in planning future activities.

LADY BALOGH'S PSYCHOTHERAPY TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST AUGUST 2024

ACHIEVEMENT AND PERFORMANCE

Charitable activities

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LADY BALOGH'S PSYCHOTHERAPY TRUST

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST AUGUST 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

267569

Principal address

1 Fairbridge Road
London
N19 3EW

Trustees

Tessa Henghes (Chair), Child Psychotherapist (retired); daughter of Penelope Lady Balogh.

Jeremy Chase (Treasurer), Psychiatrist (retired).

Dorothy Hamilton (Hon. Secretary), Psychoanalytic Psychotherapist; Chair of AGIP and Honorary Fellow of the United Kingdom Council for Psychotherapy.

Tirril Harris, Psychotherapist (retired); Honorary Research Fellow, Institute of Psychiatry, King's College, University of London; daughter of Penelope Lady Balogh.

Desmond King, Chartered Clinical Psychologist, Member of the Institute of Group Analysis, in private practice.

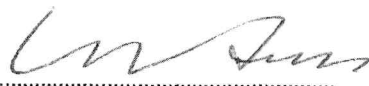
Lawrence Suss, AGIP (retired) professional member. Former Chair of AGIP. Coordinator of AGIP Professional Ethics Committee.

Caroline Hallett, AGIP professional member.

Independent Examiner

Annette Watson PhD BSc FCA
Parkers
Cornelius House
178-180 Church Road
Hove
East Sussex
BN3 2DJ

Approved by order of the board of trustees on 23/4/25 and signed on its behalf by:



.....
L A Suss - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
LADY BALOGH'S PSYCHOTHERAPY TRUST**

Independent examiner's report to the trustees of Lady Balogh's Psychotherapy Trust

I report to the charity trustees on my examination of the accounts of Lady Balogh's Psychotherapy Trust (the Trust) for the year ended 31st August 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Annette Watson

Annette Watson PhD BSc FCA

Parkers
Cornelius House
178-180 Church Road
Hove
East Sussex
BN3 2DJ

Date: *23rd June 2025*

LADY BALOGH'S PSYCHOTHERAPY TRUST

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST AUGUST 2024

		2024 Unrestricted fund £	2023 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		108,419	88,176
Investment income	2	1,616	1,231
Total		110,035	89,407
EXPENDITURE ON			
Charitable activities			
Rental of psychotherapy consulting rooms		55,436	71,894
Fairbridge Clinic		37,549	30,880
Total		92,985	102,774
Net gains on investments		22,236	-
NET INCOME/(EXPENDITURE)		39,286	(13,367)
RECONCILIATION OF FUNDS			
Total funds brought forward		564,804	578,171
TOTAL FUNDS CARRIED FORWARD		604,090	564,804

The notes form part of these financial statements

LADY BALOGH'S PSYCHOTHERAPY TRUST

BALANCE SHEET
31ST AUGUST 2024

	Notes	2024 Unrestricted fund £	2023 Total funds £
FIXED ASSETS			
Tangible assets	4	305,396	305,396
Investments	5	41,418	19,182
		<u>346,814</u>	<u>324,578</u>
CURRENT ASSETS			
Debtors	6	6,000	7,762
Cash at bank		253,010	234,354
		<u>259,010</u>	<u>242,116</u>
CREDITORS			
Amounts falling due within one year	7	(1,734)	(1,890)
NET CURRENT ASSETS		<u>257,276</u>	<u>240,226</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>604,090</u>	<u>564,804</u>
NET ASSETS		<u>604,090</u>	<u>564,804</u>
FUNDS	8		
Unrestricted funds		604,090	564,804
TOTAL FUNDS		<u>604,090</u>	<u>564,804</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 23rd June 2025 and were signed on its behalf by:



L A Suss - Trustee

The notes form part of these financial statements

LADY BALOGH'S PSYCHOTHERAPY TRUST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST AUGUST 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Tangible fixed assets

The freehold property is included in the accounts at cost and depreciation is not provided.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

LADY BALOGH'S PSYCHOTHERAPY TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST AUGUST 2024**

2. INVESTMENT INCOME

	2024	2023
	£	£
Dividend income	-	416
Deposit account interest	1,616	815
	<u>1,616</u>	<u>1,231</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st August 2024 nor for the year ended 31st August 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st August 2024 nor for the year ended 31st August 2023.

4. TANGIBLE FIXED ASSETS

	Freehold property £
COST	
At 1st September 2023 and 31st August 2024	<u>305,396</u>
NET BOOK VALUE	
At 31st August 2024	<u>305,396</u>
At 31st August 2023	<u>305,396</u>

5. FIXED ASSET INVESTMENTS

	Listed investments £
MARKET VALUE	
At 1st September 2023	19,182
Revaluations	22,236
At 31st August 2024	<u>41,418</u>
NET BOOK VALUE	
At 31st August 2024	<u>41,418</u>
At 31st August 2023	<u>19,182</u>

There were no investment assets outside the UK.

LADY BALOGH'S PSYCHOTHERAPY TRUST
NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST AUGUST 2024

5. FIXED ASSET INVESTMENTS - continued

Cost or valuation at 31st August 2024 is represented by:

	Listed investments £
Valuation in 2024	22,236
Cost	19,182
	<u>41,418</u>

If investments had not been revalued they would have been included at the following historical cost:

	2024 £	2023 £
Cost	19,182	19,182
	<u>19,182</u>	<u>19,182</u>

Fixed asset investments were valued on an open market basis on 31st August 2024 by the relevant fund manager.

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade debtors	-	1,762
Other debtors	6,000	6,000
	<u>6,000</u>	<u>7,762</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Other creditors	1,734	1,890
	<u>1,734</u>	<u>1,890</u>

8. MOVEMENT IN FUNDS

	At 1/9/23 £	Net movement in funds £	At 31/8/24 £
Unrestricted funds			
General fund	564,804	39,286	604,090
	<u>564,804</u>	<u>39,286</u>	<u>604,090</u>
TOTAL FUNDS	<u>564,804</u>	<u>39,286</u>	<u>604,090</u>

LADY BALOGH'S PSYCHOTHERAPY TRUST
NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST AUGUST 2024

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General fund	110,035	(92,985)	22,236	39,286
TOTAL FUNDS	<u>110,035</u>	<u>(92,985)</u>	<u>22,236</u>	<u>39,286</u>

Comparatives for movement in funds

	At 1/9/22 £	Net movement in funds £	At 31/8/23 £
Unrestricted funds			
General fund	578,171	(13,367)	564,804
TOTAL FUNDS	<u>578,171</u>	<u>(13,367)</u>	<u>564,804</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	89,407	(102,774)	(13,367)
TOTAL FUNDS	<u>89,407</u>	<u>(102,774)</u>	<u>(13,367)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/9/22 £	Net movement in funds £	At 31/8/24 £
Unrestricted funds			
General fund	578,171	25,919	604,090
TOTAL FUNDS	<u>578,171</u>	<u>25,919</u>	<u>604,090</u>

LADY BALOGH'S PSYCHOTHERAPY TRUST
NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST AUGUST 2024

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General fund	199,442	(195,759)	22,236	25,919
TOTAL FUNDS	<u>199,442</u>	<u>(195,759)</u>	<u>22,236</u>	<u>25,919</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st August 2024.

Accounts

LADY BALOGH'S PSYCHOTHERAPY TRUST

ANNUAL REPORT

2022 - 2023

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that psychotherapy, and in particular psychoanalytical psychotherapy, should be made more widely available in respect of both treatment and training;

that the field theory(ies) of psychotherapy, and in particular psychoanalytical psychotherapy, should be developed along a philosophical continuum, unobstructed by factional divisions, and maintained by an eclectic and inclusive stance.

The Trust seeks to widen the availability of psychotherapy treatment, training, and knowledge:

through support for the provision of psychotherapy to include those who might otherwise not seek professional help, at fees they can afford;

through support for training in psychotherapy based on the principles of eclecticism and the personal synthesis of orientations;

through support for psychotherapeutically based ventures in the wider community;

through the dissemination of information, and all other appropriate means.

The Trust's principal asset is its headquarters, 1 Fairbridge Road, Archway, London. This property was purchased by the Trustees following the sale of the founder's original bequest in Primrose Hill. Over the years the Trustees have spent a considerable sum on repairing and improving the house. And this year the garage roof required attention and three velux windows on the top floor of the house were replaced.

The house is used in part as clinical consulting rooms, occupied by therapists who pay room contributions to the Trust's Central Fund in return for use of the rooms; and in part by the Trust's principal beneficiary, the Association for Group and Individual Psychotherapy (AGIP) for its administrative, training and membership functions. AGIP's use of the house is free of charge; in return, it carries out certain administrative functions on the Trustees' behalf.

In furtherance of its aims, the Trust:

supports the Association for Group and Individual Psychotherapy (a psychoanalytical psychotherapy training organisation, member of the UK Council for Psychotherapy), formerly a section of the Trust, with an annual donation that represents a major part of the income from the property;

allows consulting room rates to be set below going rates, giving scope to therapists to accept low-paying clients;

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aims through these and other means to produce a broadly based Trust, capable of supporting a variety of activities and orientations.

Originally, the Trust was set up as a central Trusteeship with a number of component parts, or sections. All these sections have now become independent bodies.

The current Trustees are:

Tessa Henghes (Chair), Child Psychotherapist (retired); daughter of Penelope Lady Balogh.

Jeremy Chase (Treasurer), Psychiatrist (retired).

Dorothy Hamilton (Hon. Secretary), Psychoanalytic Psychotherapist; Chair of AGIP and Honorary Fellow of the United Kingdom Council for Psychotherapy.

Tirril Harris, Psychotherapist (retired); Honorary Research Fellow, Institute of Psychiatry, King's College, University of London; daughter of Penelope Lady Balogh.

Desmond King, Chartered Clinical Psychologist, Member of the Institute of Group Analysis, in private practice.

Lawrence Suss, AGIP (retired) professional member. Former Chair of AGIP. Coordinator of AGIP Professional Ethics Committee.

Caroline Hallett, AGIP professional member.

THE BENEFICIARIES OF THE TRUST

During the year 2022 -2023 the trust supported the following beneficiaries:

The Association for Group and Individual Psychotherapy (AGIP)

AGIP was established in 1974 as part of the Trust. In October 1999, it became a Company Limited by Guarantee, and therefore an independent body. It is the Trust's main beneficiary.

AGIP exists to provide a training course in psychoanalytical psychotherapy, to provide psychotherapy at accessible fees, and to support its members in their professional lives. The Association has been active in the UK Council for Psychotherapy (UKCP) since its inception, with leading roles played by AGIP members.

The Alliance of Psychoanalytic Psychotherapy Trainings (aptraining) formed by AGIP in partnership with Arbours Association in 2015, and taking its first trainees in September 2016, dissolved in the summer of 2017. With the support of the Trust, AGIP continued with its courses which are proving popular. In the summer of 2018 the courses were reviewed by the UK Council for Psychotherapy and were re-validated as 'more than' meeting the necessary standards.

AGIP accepts trainees from a variety of backgrounds, with no *a priori* bar on grounds of gender, sexual orientation, race, creed, educational background or physical disability. The courses attract students who live out of London; those who may have the ability to train, but lack formal qualifications; and older students often debarred from training elsewhere. The training is eclectic, and is based on the principle of the personal synthesis of orientations. The courses are taught at weekends enabling people with full time occupations to attend. This year the Trust has also continued to offer each clinical student a book grant.

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In offering psychotherapy treatment, AGIP receives referrals from a variety of sources, including GPs, hospitals, word of mouth, and through the Fairbridge Clinic (see below). AGIP publicises the benefits of psychotherapy through appropriate publications and events, including conferences and workshops for the public and other professionals, and through leaflets detailing AGIP's clinical facilities.

In addition to its free use of the Trust headquarters, the Association receives a substantial annual donation from the Trust.

The Fairbridge Clinic

The Clinic was launched in the Autumn of 1994 to provide reduced fee therapy for those on low income; it is partly funded by a charitable donation secured by the Trustees for this purpose and is administered by AGIP. The Clinic fulfils an important function not only for patients, but also for AGIP therapists in training, who receive lower fees in return for the opportunity to work twice weekly over a substantial period of time. Therapists working during the day in the clinic are able to use rooms free of charge. This constitutes a further donation to the clinic of approximately £7,000 per annum.

Recently the clinic has benefited from two generous donations made by two psychotherapy organisations that recently closed down – a very substantial donation from the Association of Independent Psychotherapists and the other seen as a reimbursement of a grant from the Trust to the Cork Psychodynamic Integrative Graduates Group, when it was set up in 1994.

International Attachment Network

I.A.N., formerly a section of the Trust, aims to facilitate the spread of knowledge and understanding of Attachment Theory, and to develop its applications in many areas, including psychiatry, psychotherapy, developmental psychopathology, parent counselling, social work and social policy. To this end it holds monthly peer supervision groups, and Saturday workshops, sometimes at the

Trust Headquarters. The Trust has continued to enable the I.A.N. free use of its premises for these activities.

Trauma Foundation South West

This is a charity providing free psychotherapy and support for those that have suffered through torture, oppression and war. The organisation also provides supervision and training for staff in Tfsw and other agencies and charities in Bristol and it is particularly this work which the Trust has supported with a donation this year.

Woman's Trust

Woman's Trust is a specialist mental health charity, providing free counselling and therapy for women who have experienced domestic abuse. It was set up in 1996. This year the Trust made a donation towards supervision and CPD for therapists and counsellors working in this organisation.

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2023**

FOR

**LADY BALOGH'S PSYCHOTHERAPY TRUST
(INCORPORATING FAIRBRIDGE CLINIC)**

BROOKS GREEN

Chartered Accountants
342 Regents Park Road
London N3 2LJ

LADY BALOGH'S PSYCHOTHERAPY TRUST

INDEX TO THE FINANCIAL STATEMENTS

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Accountants Report	1
Income & Expenditure Account	2
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LADY BALOGH'S PSYCHOTHERAPY TRUST

GENERAL INFORMATION

ADDRESS: 1 Fairbridge Road
London
N19 3EW

ACCOUNTANTS: Brooks Green
342 Regents Park Road
London N3 2LJ

LADY BALOGH'S PSYCHOTHERAPY TRUST

**ACCOUNTANTS REPORT TO THE TRUSTEES OF
LADY BALOGH'S PSYCHOTHERAPY TRUST**

In accordance with the instructions given to us we have prepared, without carrying out an audit, the annexed accounts on Pages 2 to 3 from the accounting records of Lady Balogh's Psychotherapy Trust and from information and explanations supplied to us.

Brooks Green
Abbey House
342 Regents Park Road
London N3 2LJ
Tel. 020 8343 1660

BROOKS GREEN

342 Regents Park Road
London N3 2LJ

Date: 13th June 2024

**LADY BALOGH'S PSYCHOTHERAPY TRUST
(INCORPORATING FAIRBRIDGE CLINIC)
CONSOLIDATED BALANCE SHEET AS AT 31 AUGUST 2023**

	£	2023 £	£	2022 £
FIXED ASSETS				
Property - Fairbridge Road		305,396		305,396
Listed Investments		19,182		19,182
CURRENT ASSETS				
Debtors and Prepayments	7,762		10,668	
Cash Balances	234,354		250,048	
	<u>£242,116</u>		<u>£260,716</u>	
	=====		=====	
CURRENT LIABILITIES				
Creditors	<u>£1,890</u>		<u>£7,123</u>	
	=====		=====	
Net Current Assets		240,226		253,593
		<u>£564,804</u>		<u>£578,171</u>
		=====		=====
REPRESENTED BY: ACCUMULATED FUND				
Balance as at 1 September 2022	578,171		593,610	
Deficit for year	<u>13,367</u>	<u>£564,804</u>	<u>15,439</u>	<u>£578,171</u>
	=====	=====	=====	=====

We approve the financial statements and confirm that we have made available all relevant records and information for their preparation.



Trustee



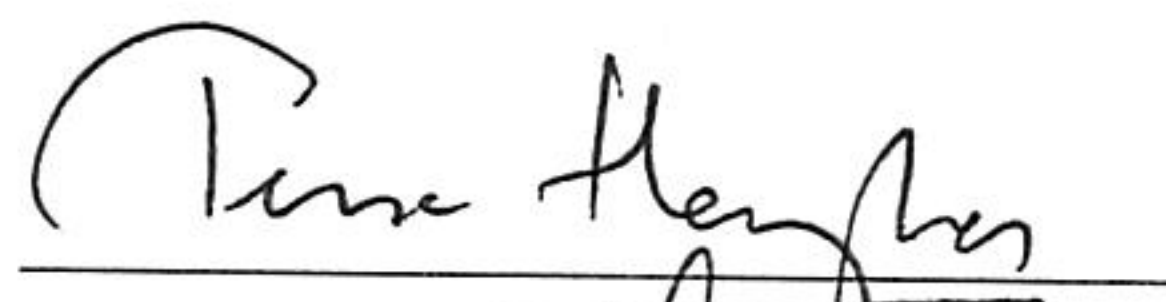
Trustee

Date: 17/6/24

**LADY BALOGH'S PSYCHOTHERAPY TRUST
BALANCE SHEET AS AT 31 AUGUST 2023**

	£	2023 £	£	2022 £
FIXED ASSETS				
Property - Fairbridge Road		305,396		305,396
Listed Investments		19,182		19,182
CURRENT ASSETS				
Debtors and Prepayments	7,762		10,668	
Cash Balances	168,864		172,925	
	<u>£176,626</u>		<u>£183,593</u>	
	=====		=====	
CURRENT LIABILITIES				
Creditors	£1,890		£1,800	
	<u>£1,890</u>		<u>£1,800</u>	
	=====		=====	
Net Current Assets		174,736		181,793
		<u>£499,314</u>		<u>£506,371</u>
		=====		=====
REPRESENTED BY:				
ACCUMULATED FUND				
Balance as at 1 September 2022	506,371		519,458	
Deficit for year	7,057	£499,314	13,087	£506,371
	<u>7,057</u>	<u>£499,314</u>	<u>13,087</u>	<u>£506,371</u>
	=====	=====	=====	=====

We approve the financial statements and confirm that we have made available all relevant records and information for their preparation.


 _____ Trustee

 _____ Trustee

Date: 17/6/24

**LADY BALOGH'S PSYCHOTHERAPY TRUST
CENTRAL FUND
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 AUGUST 2023**

	£	2023 £	£	2022 £
House Contributions	70,051		52,850	
Donations	-	70,051	-	52,850
Deposit Interest	519		12	
Dividends	416	935	263	275
		70,986		53,125
<u>Less:</u>				
Secretarial Fees	2,776		9,759	
Book Bursaries	5,025		-	
Administration Costs	-		112	
House Expenses	12,744		8,149	
Equipment Maintenance	-		1,567	
Insurance	1,958		2,425	
Accountancy	1,890		1,800	
Donations to A.G.I.P.	34,000		34,000	
Other Donations	19,650	78,043	8,400	66,212
<u>Deficit for year</u>		£7,057		£13,087

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2023**

FOR

**LADY BALOGH'S PSYCHOTHERAPY TRUST
(INCORPORATING FAIRBRIDGE CLINIC)**

BROOKS GREEN

Chartered Accountants
342 Regents Park Road
London N3 2LJ

LADY BALOGH'S PSYCHOTHERAPY TRUST

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ACCOUNTANTS: Brooks Green
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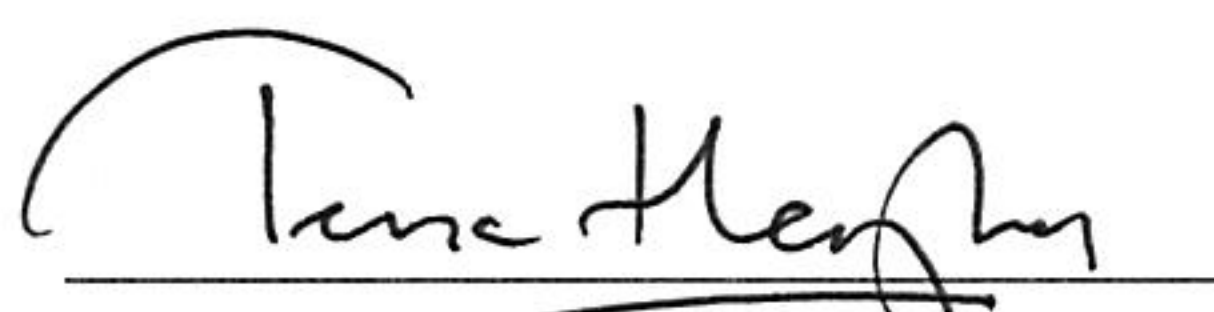
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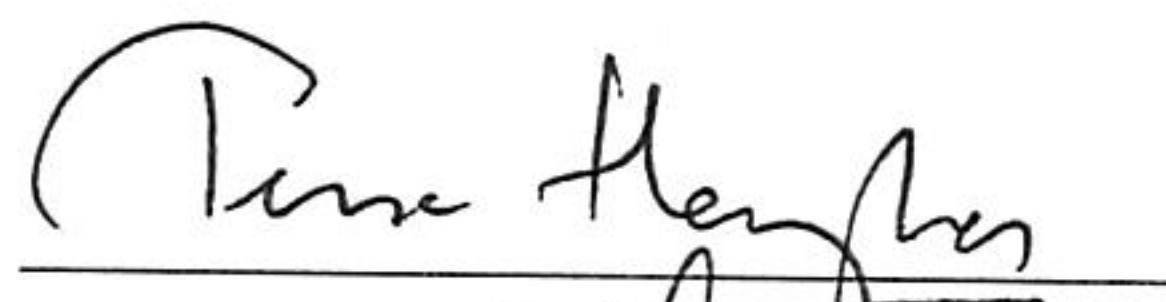
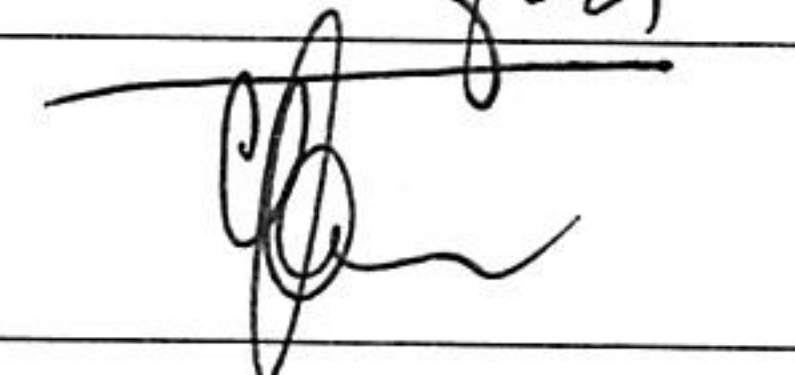
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Accounts

LADY BALOGH'S PSYCHOTHERAPY TRUST

ANNUAL REPORT

2021 - 2022

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The Baobab Trust for Young Survivors in Exile

This is a therapeutic community providing psychotherapy and practical support to children, adolescents and young adults who are survivors of extreme violence, trafficking or rape and are refugees or asylum seekers.

Lady Balogh's Essay Prize

This is a prize which will usually be awarded biennially to a member of the Jungian Association of the British Psychotherapy Foundation, for the merit of their professional, qualifying paper. This year the prize (£250) was awarded in May 2022.

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2022**

FOR

LADY BALOGH'S PSYCHOTHERAPY TRUST

(INCORPORATING FAIRBRIDGE CLINIC)

BROOKS GREEN

Chartered Accountants
342 Regents Park Road
London N3 2LJ

LADY BALOGH'S PSYCHOTHERAPY TRUST

GENERAL INFORMATION

ADDRESS: 1 Fairbridge Road
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N19 3EW

ACCOUNTANTS: Brooks Green
342 Regents Park Road
London N3 2LJ

LADY BALOGH'S PSYCHOTHERAPY TRUST

**ACCOUNTANTS REPORT TO THE TRUSTEES OF
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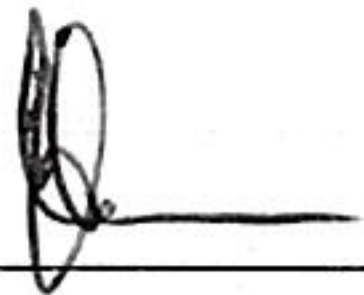
342 Regents Park Road
London N3 2LJ

Date:

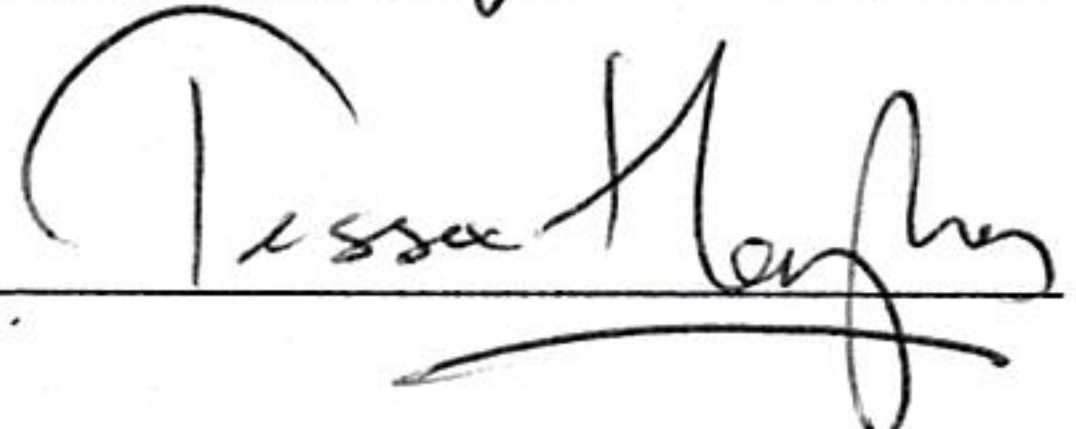
**LADY BALOGH'S PSYCHOTHERAPY TRUST
(INCORPORATING FAIRBRIDGE CLINIC)
CONSOLIDATED BALANCE SHEET AS AT 31 AUGUST 2022**

	£	2022 £	£	2021 £
FIXED ASSETS				
Property - Fairbridge Road		305,396		305,396
Listed Investments		19,182		19,182
CURRENT ASSETS				
Debtors and Prepayments	10,668		9,481	
Cash Balances	250,048		261,351	
	<u>£260,716</u>		<u>£270,832</u>	
CURRENT LIABILITIES				
Creditors	<u>£7,123</u>		<u>£1,800</u>	
Net Current Assets		253,593		269,032
		<u>£578,171</u>		<u>£593,610</u>
REPRESENTED BY: ACCUMULATED FUND				
Balance as at 1 September 2021	593,610		633,958	
Deficit for year	<u>15,439</u>	<u>£578,171</u>	<u>40,348</u>	<u>£593,610</u>

We approve the financial statements and confirm that we have made available all relevant records and information for their preparation.



Trustee



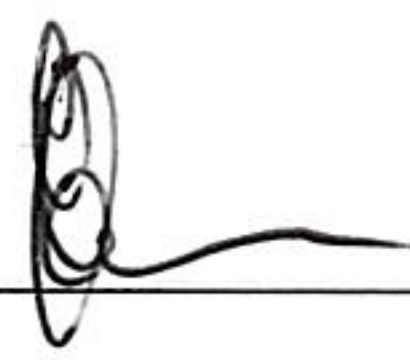
Trustee

Date:

**LADY BALOGH'S PSYCHOTHERAPY TRUST
BALANCE SHEET AS AT 31 AUGUST 2022**

		2022		2021
	£	£	£	£
FIXED ASSETS				
Property - Fairbridge Road		305,396		305,396
Listed Investments		19,182		19,182
CURRENT ASSETS				
Debtors and Prepayments	10,668		9,481	
Cash Balances	172,925		187,199	
	<u>£183,593</u>		<u>£196,680</u>	
CURRENT LIABILITIES				
Creditors	<u>£1,800</u>		<u>£1,800</u>	
Net Current Assets		181,793		194,880
		<u>£506,371</u>		<u>£519,458</u>
REPRESENTED BY: ACCUMULATED FUND				
Balance as at 1 September 2021	519,458		557,426	
Deficit for year	<u>13,087</u>	<u>£506,371</u>	<u>37,968</u>	<u>£519,458</u>

We approve the financial statements and confirm that we have made available all relevant records and information for their preparation.


 _____ Trustee


 _____ Trustee

Date:

**LADY BALOGH'S PSYCHOTHERAPY TRUST
CENTRAL FUND
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 AUGUST 2022**

		2022		2021
	£	£	£	£
House Contributions	52,850		25,694	
Donations	-	52,850	-	25,694
Deposit Interest	12		10	
Dividends	263	275	286	296
		53,125		25,990
<u>Less:</u>				
Secretarial Fees	9,759		-	
Professional Fees	-		-	
Administration Costs	112		291	
House Expenses	8,149		8,907	
Equipment Maintenance	1,567		-	
Insurance	2,425		2,260	
Accountancy	1,800		1,800	
Donations to A.G.I.P.	34,000		45,000	
Other Donations	8,400	66,212	5,700	63,958
<u>Deficit for year</u>		£13,087		£37,968

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2022**

FOR

LADY BALOGH'S PSYCHOTHERAPY TRUST

(INCORPORATING FAIRBRIDGE CLINIC)

BROOKS GREEN

Chartered Accountants
342 Regents Park Road
London N3 2LJ

LADY BALOGH'S PSYCHOTHERAPY TRUST

GENERAL INFORMATION

ADDRESS: 1 Fairbridge Road
London
N19 3EW

ACCOUNTANTS: Brooks Green
342 Regents Park Road
London N3 2LJ

LADY BALOGH'S PSYCHOTHERAPY TRUST

**ACCOUNTANTS REPORT TO THE TRUSTEES OF
LADY BALOGH'S PSYCHOTHERAPY TRUST**

In accordance with the instructions given to us we have prepared, without carrying out an audit, the annexed accounts on Pages 2 to 3 from the accounting records of Lady Balogh's Psychotherapy Trust and from information and explanations supplied to us.

Brooks Green
Abbey House
342 Regents Park Road
London N3 2LJ
Tel. 020 8343 1660

BROOKS GREEN

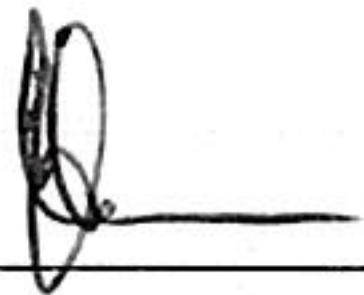
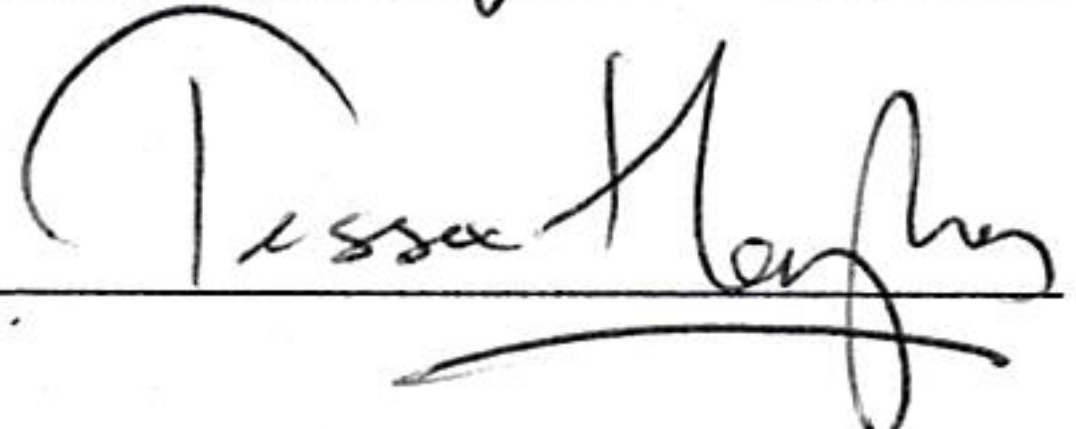
342 Regents Park Road
London N3 2LJ

Date:

**LADY BALOGH'S PSYCHOTHERAPY TRUST
(INCORPORATING FAIRBRIDGE CLINIC)
CONSOLIDATED BALANCE SHEET AS AT 31 AUGUST 2022**

		2022		2021
	£	£	£	£
FIXED ASSETS				
Property - Fairbridge Road		305,396		305,396
Listed Investments		19,182		19,182
CURRENT ASSETS				
Debtors and Prepayments	10,668		9,481	
Cash Balances	250,048		261,351	
	<u>£260,716</u>		<u>£270,832</u>	
	=====		=====	
CURRENT LIABILITIES				
Creditors	£7,123		£1,800	
	<u>=====</u>		<u>=====</u>	
Net Current Assets		253,593		269,032
		<u>£578,171</u>		<u>£593,610</u>
		=====		=====
REPRESENTED BY:				
ACCUMULATED FUND				
Balance as at 1 September 2021	593,610		633,958	
Deficit for year	15,439	£578,171	40,348	£593,610
	<u>=====</u>	=====	<u>=====</u>	=====

We approve the financial statements and confirm that we have made available all relevant records and information for their preparation.

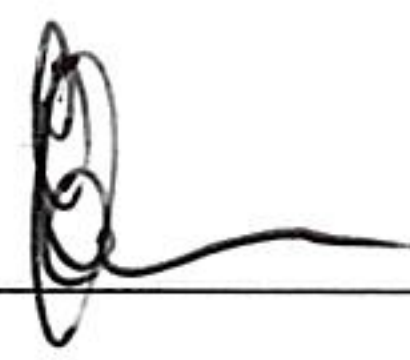

 _____ Trustee

 _____ Trustee

Date:

**LADY BALOGH'S PSYCHOTHERAPY TRUST
BALANCE SHEET AS AT 31 AUGUST 2022**

		2022		2021
	£	£	£	£
FIXED ASSETS				
Property - Fairbridge Road		305,396		305,396
Listed Investments		19,182		19,182
CURRENT ASSETS				
Debtors and Prepayments	10,668		9,481	
Cash Balances	172,925		187,199	
	<u>£183,593</u>		<u>£196,680</u>	
CURRENT LIABILITIES				
Creditors	<u>£1,800</u>		<u>£1,800</u>	
Net Current Assets		181,793		194,880
		<u>£506,371</u>		<u>£519,458</u>
REPRESENTED BY: ACCUMULATED FUND				
Balance as at 1 September 2021	519,458		557,426	
Deficit for year	<u>13,087</u>	<u>£506,371</u>	<u>37,968</u>	<u>£519,458</u>

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**LADY BALOGH'S PSYCHOTHERAPY TRUST
CENTRAL FUND
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 AUGUST 2022**

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	£	£	£	£
House Contributions	52,850		25,694	
Donations	-	52,850	-	25,694
Deposit Interest	12		10	
Dividends	263	275	286	296
		53,125		25,990
<u>Less:</u>				
Secretarial Fees	9,759		-	
Professional Fees	-		-	
Administration Costs	112		291	
House Expenses	8,149		8,907	
Equipment Maintenance	1,567		-	
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Accountancy	1,800		1,800	
Donations to A.G.I.P.	34,000		45,000	
Other Donations	8,400	66,212	5,700	63,958
<u>Deficit for year</u>		£13,087		£37,968

Accounts

LADY BALOGH'S PSYCHOTHERAPY TRUST

ANNUAL REPORT

2020 - 2021

Lady Balogh's Psychotherapy Trust, Registered Charity Number 267569.
1 Fairbridge Rd. London N19 3EW

It should be noted that during the year covered by this report, the house at Fairbridge Road had to be closed due to the COVID-19 pandemic and when it was possible to reopen safely, many therapists had given up their rooms. This resulted in some loss of income for this year.

PHILOSOPHY AND AIMS

Lady Balogh's Psychotherapy Trust is dedicated to Education in Psychotherapy. The Trust was created and endowed in 1974 by Penelope Lady Balogh, who was among the founders of psychoanalytical psychotherapy training in Britain. The Trust stands for two main principles, which derive from the work and thinking of the founder, her partner Deryck Dyne, and their associates. These are:

that psychotherapy, and in particular psychoanalytical psychotherapy, should be made more widely available in respect of both treatment and training;

that the field theory(ies) of psychotherapy, and in particular psychoanalytical psychotherapy, should be developed along a philosophical continuum, unobstructed by factional divisions, and maintained by an eclectic and inclusive stance.

The Trust seeks to widen the availability of psychotherapy treatment, training, and knowledge:

through support for the provision of psychotherapy to include those who might otherwise not seek professional help, at fees they can afford;

through support for training in psychotherapy based on the principles of eclecticism and the personal synthesis of orientations;

through support for psychotherapeutically based ventures in the wider community;

through the dissemination of information, and all other appropriate means.

The Trust's principal asset is its headquarters, 1 Fairbridge Road, Archway, London. This property was purchased by the Trustees following the sale of the founder's original bequest in Primrose Hill. Over the years the Trustees have spent a considerable sum on repairing and improving the house.

The house is used in part as clinical consulting rooms, occupied by therapists who pay room contributions to the Trust's Central Fund in return for use of the rooms; and in part by the Trust's principal beneficiary, the Association for Group and Individual Psychotherapy (AGIP) for its administrative, training and membership functions. AGIP's use of the house is free of charge; in return, it carries out certain administrative functions on the Trustees' behalf.

In furtherance of its aims, the Trust:

supports the Association for Group and Individual Psychotherapy (a psychoanalytical psychotherapy training organisation, member of the UK Council for Psychotherapy), formerly a section of the Trust, with an annual donation that represents a major part of the income from the property;

allows consulting room rates to be set below going rates, giving scope to therapists to accept low-paying clients;

has obtained funding for a low-fee psychotherapy scheme, the Fairbridge Clinic, which is operated by AGIP;

considers applications for funding from bodies providing psychotherapeutic training and services in the community, in particular those who seek to provide psychotherapy in areas where little presently exists;

aims through these and other means to produce a broadly based Trust, capable of supporting a variety of activities and orientations.

Originally, the Trust was set up as a central Trusteeship with a number of component parts, or sections. All these sections have now become independent bodies.

The current Trustees are:

Tessa Henghes (Chair), Child Psychotherapist (retired); daughter of Penelope Lady Balogh.

Jeremy Chase (Treasurer), Psychiatrist (retired).

Dorothy Hamilton (Hon. Secretary), Psychoanalytic Psychotherapist; Chair of AGIP and Honorary Fellow of the United Kingdom Council for Psychotherapy.

Tirril Harris, Psychotherapist (retired); Honorary Research Fellow, Institute of Psychiatry, King's College, University of London; daughter of Penelope Lady Balogh.

Desmond King, Chartered Clinical Psychologist, Member of the Institute of Group Analysis, in private practice.

Pam Lawson, Chartered Counselling Psychologist, UKCP-registered Psychotherapist.

Lawrence Suss, AGIP professional member. Former Chair of AGIP. Coordinator of AGIP Professional Ethics Committee.

Caroline Hallett, AGIP professional member. UKCP registered Psychoanalytic Psychotherapist.

THE BENEFICIARIES OF THE TRUST

During the year 2020 -2021 the trust supported the following beneficiaries:

The Association for Group and Individual Psychotherapy (AGIP)

AGIP was established in 1974 as part of the Trust. In October 1999, it became a Company Limited by Guarantee, and therefore an independent body. It is the Trust's main beneficiary.

AGIP exists to provide a training course in psychoanalytical psychotherapy, to provide psychotherapy at accessible fees, and to support its members in their professional lives. The Association has been active in the UK Council for Psychotherapy (UKCP) since its inception, with leading roles played by AGIP members.

The Alliance of Psychoanalytic Psychotherapy Trainings (appttraining) formed by AGIP in partnership with Arbours Association in 2015, and taking its first trainees in September 2016, dissolved in the summer of 2017. The Trust however has assisted with funds for advertising and for the temporary engagement of a Training Manager. With the support of the Trust, AGIP continued with its courses which are proving popular. In the summer of 2018 the courses were reviewed by the UK Council for Psychotherapy and were re-validated as 'more than' meeting the necessary standards.

AGIP accepts trainees from a variety of backgrounds, with no *a priori* bar on grounds of gender, sexual orientation, race, creed, educational background or physical disability. The courses attract students who live out of London; those who may have the ability to train, but lack formal qualifications; and older students often debarred from training elsewhere. The training is eclectic, and is based on the principle of the personal synthesis of orientations. The courses are taught at weekends enabling people with full time occupations to attend. This year the Trust has also continued to offer each clinical student a book grant.

AGIP is a membership organisation, with a democratically elected Council as managing body. There are currently 99 members. Professional Members, who have qualified as independent practitioners, are registered with the UK Council for Psychotherapy.

In offering psychotherapy treatment, AGIP receives referrals from a variety of sources, including GPs, hospitals, word of mouth, and through the Fairbridge Clinic (see below). AGIP publicises the benefits of psychotherapy through appropriate publications and events, including conferences and workshops for the public and other professionals, and through leaflets detailing AGIP's clinical facilities.

In addition to its free use of the Trust headquarters, the Association receives a substantial annual donation from the Trust.

The Fairbridge Clinic

The Clinic was launched in the Autumn of 1994 to provide reduced fee therapy for those on low income; it is partly funded by a charitable donation secured by the Trustees for this purpose and is administered by AGIP. The Clinic fulfils an important function not only for patients, but also for AGIP therapists in training, who receive lower fees in return for the opportunity to work twice weekly over a substantial period of time. Therapists working during the day in the clinic are able to use rooms free of charge. This constitutes a further donation to the clinic of approximately £7,000 per annum.

Recently the clinic has benefited from two generous donations made by two psychotherapy organisations that recently closed down – a very substantial donation from the Association of Independent Psychotherapists and the other seen as a reimbursement of a grant from the Trust to the Cork Psychodynamic Integrative Graduates Group, when it was set up in 1994.

International Attachment Network

I.A.N., formerly a section of the Trust, aims to facilitate the spread of knowledge and understanding of Attachment Theory, and to develop its applications in many areas, including psychiatry, psychotherapy, developmental psychopathology, parent counselling, social work and social policy. To this end it holds monthly peer supervision groups, and Saturday workshops at the Trust Headquarters. The Trust has continued to enable the I.A.N. free use of its premises for these activities.

Lady Balogh's Essay Prize

This is a prize which will usually be awarded biennially to a member of the Jungian Association of the British Psychotherapy Foundation, for the merit of their professional, qualifying paper. Although this should have been awarded in this year the prize was postponed to May 2022.

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2021**

FOR

**LADY BALOGH'S PSYCHOTHERAPY TRUST
(INCORPORATING FAIRBRIDGE CLINIC)**

BROOKS GREEN

Chartered Accountants
342 Regents Park Road
London N3 2LJ

LADY BALOGH'S PSYCHOTHERAPY TRUST

GENERAL INFORMATION

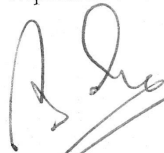
ADDRESS: 1 Fairbridge Road
London
N19 3EW

ACCOUNTANTS: Brooks Green
342 Regents Park Road
London N3 2LJ

LADY BALOGH'S PSYCHOTHERAPY TRUST

ACCOUNTANTS REPORT TO THE TRUSTEES OF
LADY BALOGH'S PSYCHOTHERAPY TRUST

In accordance with the instructions given to us we have prepared, without carrying out an audit, the annexed accounts on Pages 2 to 3 from the accounting records of Lady Balogh's Psychotherapy Trust and from information and explanations supplied to us.



BROOKS GREEN

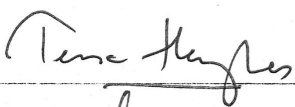
342 Regents Park Road
London N3 2LJ

Date: 11 June 2022

LADY BALOGH'S PSYCHOTHERAPY TRUST
(INCORPORATING FAIRBRIDGE CLINIC)
CONSOLIDATED BALANCE SHEET AS AT 31 AUGUST 2021

	2021	2020
£	£	£
FIXED ASSETS		
Property - Fairbridge Road	305,396	305,396
Listed Investments	19,182	19,182
CURRENT ASSETS		
Debtors and Prepayments	9,481	6,884
Cash Balances	261,351	304,368
	<u>£270,832</u>	<u>£311,252</u>
CURRENT LIABILITIES		
Creditors	£1,800	£1,872
	<u>£1,800</u>	<u>£1,872</u>
Net Current Assets	269,032	309,380
	<u>£593,610</u>	<u>£633,958</u>
REPRESENTED BY:		
ACCUMULATED FUND		
Surplus brought forward	633,958	634,001
Surplus (Deficit) for year	(40,348)	(43)
	<u>£593,610</u>	<u>£633,958</u>

We approve the financial statements and confirm that we have made available all relevant records and information for their preparation.

 Trustee

 Trustee

Date: 12 June 2022

LADY BALOGH'S PSYCHOTHERAPY TRUST
CENTRAL FUND
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 AUGUST 2021

	£	2021 £	£	2020 £
House Contributions	25,694		58,786	
Donations	-	25,694	-	58,786
Deposit Interest	10		50	
Dividends	286	296	711	761
		25,990		59,547
Less:				
Secretarial Fees	-		3,362	
Professional Fees	-		900	
Administration Costs	291		400	
House Expenses	8,907		8,063	
Legal Charges	-		-	
Insurance	2,260		2,008	
Accountancy	1,800		1,800	
Donations to A.G.I.P.	45,000		33,572	
Other Donations	5,700	63,958	6,510	56,615
<u>Surplus (Deficit) for year</u>		£(37,968)		£2,932

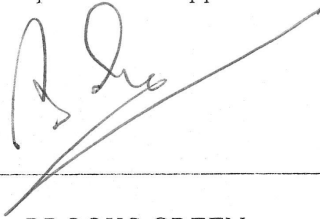
FAIRBRIDGE CLINIC
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 AUGUST 2021

		2021		2020
	£	£	£	£
INCOME				
Fees Received		27,317		23,001
Private Donations		732		712
Donations -- Balogh Trust		5,700		5,700
Bank Interest Received		3		13
		33,752		29,426
EXPENDITURE				
Payments to Therapists	19,882		17,248	
Dividends to Therapists	11,463		11,108	
Bursary Payments	4,367		3,625	
Accountancy Charges	420	36,132	420	32,401
Deficit for the Year		£2,380		£2,975

LADY BALOGH'S PSYCHOTHERAPY TRUST

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LADY BALOGH'S PSYCHOTHERAPY TRUST

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A handwritten signature in dark ink, appearing to read 'Brooks Green', is written over a horizontal line.

BROOKS GREEN

342 Regents Park Road
London N3 2LJ

Date: 11 June 2022

Accounts

LADY BALOGH'S PSYCHOTHERAPY TRUST

ANNUAL REPORT

2019 - 2020

It should be noted that during the year covered by this report, in March 2020, the house at Fairbridge Road had to be closed due to the COVID-19 pandemic. This resulted in some loss of income for this year.

PHILOSOPHY AND AIMS

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Tirril Harris, Psychotherapist (retired); Honorary Research Fellow, Institute of Psychiatry, King's College, University of London; daughter of Penelope Lady Balogh.

Carol Leader, Jungian Analyst and Psychoanalytic Psychotherapist (resigned March 2020)

Desmond King, Chartered Clinical Psychologist, Member of the Institute of Group Analysis, in private practice.

Pam Lawson, Chartered Counselling Psychologist, UKCP-registered Psychotherapist

Lawrence Suss, AGIP professional member. Former Chair of AGIP. Member of the AGIP Training Committee

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THE BENEFICIARIES OF THE TRUST

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International Attachment Network

I.A.N. aims to facilitate the spread of knowledge and understanding of Attachment Theory, and to develop its applications in many areas, including psychiatry, psychotherapy, developmental psychopathology, parent counselling, social work and social policy. To this end it holds monthly peer supervision groups, and Saturday workshops at the Trust Headquarters. The Trust has continued to enable the I.A.N. free use of its premises for these activities.

Woman's Trust

Woman's Trust is a specialist mental health charity, providing free counselling and therapy for women who have experienced domestic abuse. It was set up in 1996. This year the Trust made a donation towards supervision and CPD for therapists and counsellors working in this organisation.

Lady Balogh's Essay Prize

This is a prize which will be awarded biennially to a member of the Jungian Association of the British Psychotherapy Foundation, for the merit of their professional, qualifying paper. Although this should have been awarded in this year the prize was postponed.

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2020**

FOR

LADY BALOGH'S PSYCHOTHERAPY TRUST

BROOKS GREEN

Chartered Accountants
342 Regents Park Road
London N3 2LJ

LADY BALOGH'S PSYCHOTHERAPY TRUST

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Income & Expenditure Account	2
Balance Sheet	3

LADY BALOGH'S PSYCHOTHERAPY TRUST

GENERAL INFORMATION

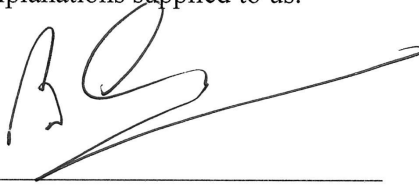
ADDRESS: 1 Fairbridge Road
London
N19 3EW

ACCOUNTANTS: Brooks Green
342 Regents Park Road
London N3 2LJ

LADY BALOGH'S PSYCHOTHERAPY TRUST

**ACCOUNTANTS REPORT TO THE TRUSTEES OF
LADY BALOGH'S PSYCHOTHERAPY TRUST**

In accordance with the instructions given to us we have prepared, without carrying out an audit, the annexed accounts on Pages 2 to 3 from the accounting records of Lady Balogh's Psychotherapy Trust and from information and explanations supplied to us.

A handwritten signature in black ink, appearing to be 'BG', written over a horizontal line.

BROOKS GREEN

342 Regents Park Road
London N3 2LJ

Date: 18 April 2021

**LADY BALOGH'S PSYCHOTHERAPY TRUST
CENTRAL FUND
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 AUGUST 2020**

		2020		2019
	£	£	£	£
House Contributions	58,786		80,592	
Donations	-	58,786	-	80,592
Deposit Interest	50		51	
Dividends	711	761	367	418
		59,547		81,010
<u>Less:</u>				
Secretarial Fees	3,362		3,362	
Professional Fees	900		-	
Administration Costs	400		1,546	
House Expenses	8,063		12,883	
Legal Charges	-		-	
Insurance	2,008		1,940	
Accountancy	1,800		2,700	
Donations to A.G.I.P.	33,572		31,000	
Other Donations	6,510	56,615	10,500	63,931
<u>Surplus for year</u>		£2,932		£17,079

**LADY BALOGH'S PSYCHOTHERAPY TRUST
CENTRAL FUND
BALANCE SHEET AS AT 31 AUGUST 2020**

	2020	2019
£	£	£
FIXED ASSETS		
Property - Fairbridge Road	305,396	305,396
Listed Investments	19,182	18,877
CURRENT ASSETS		
Debtors and Prepayments	6,884	1,679
Cash Balances	230,614	232,350
	<u>£237,498</u>	<u>£234,029</u>
CURRENT LIABILITIES		
Creditors	£4,650	£3,808
	<u>£4,650</u>	<u>£3,808</u>
Net Current Assets	232,848	230,221
	<u>£557,426</u>	<u>£554,494</u>
REPRESENTED BY: ACCUMULATED FUND		
Surplus brought forward	554,494	537,415
Surplus for year	2,932	17,079
	<u>£557,426</u>	<u>£554,494</u>

We approve the financial statements and confirm that we have made available all relevant records and information for their preparation.


Tine Hain


Pandeelusen

Date: 28 April 2021

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2020**

FOR

LADY BALOGH'S PSYCHOTHERAPY TRUST

BROOKS GREEN

Chartered Accountants
342 Regents Park Road
London N3 2LJ

LADY BALOGH'S PSYCHOTHERAPY TRUST

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LADY BALOGH'S PSYCHOTHERAPY TRUST

GENERAL INFORMATION

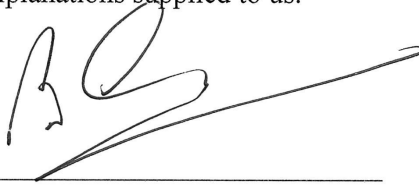
ADDRESS: 1 Fairbridge Road
London
N19 3EW

ACCOUNTANTS: Brooks Green
342 Regents Park Road
London N3 2LJ

LADY BALOGH'S PSYCHOTHERAPY TRUST

**ACCOUNTANTS REPORT TO THE TRUSTEES OF
LADY BALOGH'S PSYCHOTHERAPY TRUST**

In accordance with the instructions given to us we have prepared, without carrying out an audit, the annexed accounts on Pages 2 to 3 from the accounting records of Lady Balogh's Psychotherapy Trust and from information and explanations supplied to us.

A handwritten signature in black ink, appearing to be 'BG', written over a horizontal line.

BROOKS GREEN

342 Regents Park Road
London N3 2LJ

Date: 18 April 2021

**LADY BALOGH'S PSYCHOTHERAPY TRUST
CENTRAL FUND
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 AUGUST 2020**

		2020		2019
	£	£	£	£
House Contributions	58,786		80,592	
Donations	-	58,786	-	80,592
Deposit Interest	50		51	
Dividends	711	761	367	418
		59,547		81,010
<u>Less:</u>				
Secretarial Fees	3,362		3,362	
Professional Fees	900		-	
Administration Costs	400		1,546	
House Expenses	8,063		12,883	
Legal Charges	-		-	
Insurance	2,008		1,940	
Accountancy	1,800		2,700	
Donations to A.G.I.P.	33,572		31,000	
Other Donations	6,510	56,615	10,500	63,931
<u>Surplus for year</u>		£2,932		£17,079

**LADY BALOGH'S PSYCHOTHERAPY TRUST
CENTRAL FUND
BALANCE SHEET AS AT 31 AUGUST 2020**

	2020	2019
£	£	£
FIXED ASSETS		
Property - Fairbridge Road	305,396	305,396
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Surplus brought forward	554,494	537,415
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	<u>£557,426</u>	<u>£554,494</u>

We approve the financial statements and confirm that we have made available all relevant records and information for their preparation.


Tine Hain


Pandeelusen

Date: 28 April 2021