



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1 May 2022 to 30 April 2023

Charity name: **UPRAWR Mental Health Foundation**

Charity registration number: **11788183**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Improving the mental health and emotional resilience of young adults who are part of the rock and alternative music scene who are in need by reason of ill-health or other disadvantage including by providing counselling and other support in nonclinical music-industry related venues; and Raise awareness and understanding within the music community of mental health issues.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	What Counselling support Who Young people How Providing advocacy/advice/information Acting as a resource body and support network
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have considered and are satisfied that the charity has met the public benefit requirement. The charity operates solely for the benefit of the public.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Maintaining and growing communications</p> <p>Peer support</p> <p>Event appearances</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity has a net deficiency of assets at the balance sheet date, however creditors are related parties that are not seeking repayment until and unless the charity is in a strong financial position and able to repay. In light of this the trustees consider that the charity has sufficient reserves.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The unrestricted reserves are primarily to cover the development and future running expense of the charity.
Amount of reserves held	Para 1.22	£30,927
Reasons for holding zero reserves	Para 1.22	Please see above
Details of fund materially in deficit	Para 1.24	Please see above
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Please see above

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	UPRWAR Mental Health Foundation
Other name the charity uses	
Registered charity number	1178183
Charity's principal address	41-43 Hampton Street Birmingham B19 3LS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Roy Davis			
2	Tom Ross			
3	Peter Suddock			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

Roy Davis	
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Position (eg Secretary,
Chair, etc)

Trustee	
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Date

31/10/2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
14th Southgate Scout Group

No (if any)
267202

CC16a

Receipts and payments accounts

For the period
from

Period start date
1/1/2022


To

Period end date
12/31/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Activities and events	1,785	-	-	1,785	1,559
Camps	4,252	-	-	4,252	3,882
Donations	3,749	-	-	3,749	287
Hall and space hire	10,829	-	-	10,829	4,385
Interest	17	-	-	17	1
Sale of Scoutwear	216	-	-	216	-
Subscriptions	8,100	-	-	8,100	4,640
Misc Income	-	-	-	-	14,500
Sub total (Gross income for AR)	28,948	-	-	28,948	29,255
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	28,948	-	-	28,948	29,255
A3 Payments					
Activities and events	1,436	-	-	1,436	1,324
Camps	4,741	-	-	4,741	4,853
Badges	500	-	-	500	202
Section expenses	450	-	-	450	137
Misc	13	-	-	13	12
Scoutwear and uniform	1,506	-	-	1,506	457
Subscriptions	164	-	-	164	150
Capitation	2,762	-	-	2,762	1,343
Rent	1,000	-	-	1,000	1,000
Utilities	4,374	-	-	4,374	2,050
Building maintenance	281	-	-	281	258
Insurance	2,210	-	-	2,210	1,734
General expenses	898	-	-	898	764
Cleaning	1,001	-	-	1,001	1,128
Online transaction charges	297	-	-	297	163
	-	-	-	-	-
Sub total	21,633	-	-	21,633	15,574
A4 Asset and investment purchases, (see table)					
Tents	1,166	-	-	1,166	-
Adjustment 2021	634	-	-	634	-
Sub total	1,800	-	-	1,800	-
Total payments	23,433	-	-	23,433	15,574
Net of receipts/(payments)	5,515	-	-	5,515	13,681
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	42,143	-	-	42,143	28,462
Cash funds this year end	47,658	-	-	47,658	42,143

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Accounts (3)	47,391	-	-
	Optimum Beavers account	1	-	-
	Cash in hand	266	-	-
	Total cash funds	47,658	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Trade debtors	270	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Fixed assets	General	-	671
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Trade creditors	General	42	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Ilan Shefer	9/23/2023	



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
14TH SOUTHGATE SCOUT GROUP

On accounts for the year
ended

31 December 2022

Charity no
(if any)

267202

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2022/YY.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

S. Engelbert

Date:

25/09/2023

Name:

Steven Engelbert

Relevant professional
qualification(s) or body
(if any):

ICAS

Address:

112 Lakenheath

London

N14 4RX

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.