

Charity Registration No. 265087

Company Registration No. 01082980 (England and Wales)

**CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE  
(CPSL) MIND LTD**

**ANNUAL REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2022**

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	A Tait (Chair)	
	A Grosbois (Vice Chair)	
	M Huber (Treasurer)	
	D Biswas	(Appointed 14 December 2021)
	C Clarke	
	S Gilfoyle	
	A Granta	(Appointed 22 June 2021)
	A Page	(Appointed 14 December 2021)
	D Richards	
<b>Chief Executive</b>	Aly Anderson	
<b>Charity number</b>	265087	
<b>Company number</b>	01082980	
<b>Registered office</b>	Barrere House 100 Chesterton Road Cambridge Cambridgeshire United Kingdom CB4 1ER	
<b>Auditor</b>	Azets Audit Services Ruthlyn House 90 Lincoln Road Peterborough United Kingdom PE1 2SP	
<b>Bankers</b>	CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent United Kingdom ME19 4JQ	

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# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

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# **CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)**

**FOR THE YEAR ENDED 31 MARCH 2022**

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### **Charity Name**

Cambridgeshire, Peterborough and South Lincolnshire (CPSL) Mind Ltd is known as CPSL Mind.

### **Trustees/Directors**

The Trustees are pleased to present the Trustees' Report together with the financial statements of the charity for the year ended 31 March 2022, which are also prepared to meet the requirements for a Directors' Report and accounts for Companies Act purposes. Members of the Board of Trustees are 'Directors' for the purposes of company law and 'Trustees' for the purpose of charity law. They will be referred to as Trustees throughout this document and for the purposes of the financial statements.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

### **Our beneficiaries**

CPSL Mind continues to work predominately with adults (18-plus) who are experiencing mental health challenges and living in the areas of Cambridgeshire and Peterborough; while now expanding our reach in South Lincolnshire. We also promote positive mental health for all, via projects, campaigns, training and awareness-raising.

### **Overview 2021/22**

Despite the ongoing impacts of the Covid-19 pandemic, 2021-2022 has been a year of continued growth both in terms of income received and the breadth of services that CPSL Mind now delivers across the communities of Cambridgeshire, Peterborough and South Lincolnshire.

While emerging from Covid-19 restrictions has been challenging at times – with safety always our number one priority – our staff and volunteer teams have once again demonstrated their flexibility, resilience and commitment to continuity of our services; for which we are deeply grateful.

While there is no doubting the importance of restoring face to face connections across our communities – the pandemic has also resulted in what are likely to be long term changes in the expectations of those whom we support; resulting in much more flexible delivery styles that can increase reach and accessibility.

In particular, during this year we:

- Expanded our Good Life Service offer with the launch of our Good Life Fund and 'Anger and what to do about it' workshops. We also expanded the service available in rural Peterborough, thanks to additional NHS Community Mental Health Transformation funding.
- Worked alongside The Lantern Initiative – <https://www.thelanterninitiative.co.uk/> and other community partners to undertake a ground-breaking service design activity with local Muslim mums, to co-produce a new perinatal service for our Muslim communities.
- Extended the hours of our Sanctuary crisis service, which now provides support from 11am to 1 am Monday to Friday as well as 6pm to 1am over the weekend.
- Secured the additional funding required to maintain and grow our innovative Discharge Buddy Service, providing support - including focused peer support - to individuals following discharge either from an inpatient stay or Crisis Team intervention.
- Further developed the NHS-funded peer support element of the new Community Personality Disorder service, which began in Peterborough but will soon be expanded across Cambridgeshire.
- Worked with partners across South Lincolnshire to pilot out of hours 'Night Light' cafe, which have since received longer term NHS community mental health transformation investment.
- Secured funding to expand our Good Mood Cafe model into Long Sutton and Sutton Bridge, with further cafes in Holbeach and Crowland funded from September 2022.

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

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- As part of the 'Fullscope' consortium, continued to work alongside other local charities to influence and improve children and young people's mental health services across Cambridgeshire and Peterborough.
- Worked in partnership with Living Sport - [www.livingsport.co.uk](http://www.livingsport.co.uk) - to develop and deliver community-based 'Wellbeing Together' training to upskill local community staff and volunteers around mental health and self-care.
- Our STOP Suicide awareness campaign and training opportunities increased the suicide prevention knowledge skills and awareness across more than 30 diverse local organisations working with individuals facing various life challenges.
- Co-produced an innovative animated STOP Suicide film to support people to respond in a direct, helpful and compassionate way if they are concerned that someone they know may be feeling suicidal.
- Adopted the new Mind branding and launched a new website underpinning improved accessibility for service information and engagement.

This has also been a year in which we have developed our new organisational strategy – 'Connecting across our communities: for better mental health' - following considerable consultation both internally and externally. This new strategy builds on the work we began with the launch of our previous strategy – 'Building on our strengths: for better mental health' – three years ago and against which we have delivered significant growth and development, the highlights of which are detailed below.

Our new strategy was launched at our AGM on 29th March 2022 and focuses in particular on three core strategic development areas 'Inclusion, Innovation and Influence.' In response to the Climate Emergency, it also recognises our responsibilities in relation to protecting the natural environment together with the vital part that nature can play in supporting positive mental health.

#### Our Reach

During **2021/22** we supported more than **4,300** people and provided approximately:

- **20,500** hours of one-to-one support to more than **2,500** people.
- **2,100** hours of group activities for **900** people.
- **2,000** hours of online support to **700** people via the digital service provided by Qwell.
- **175** hours of ad hoc listening support via our general enquiries telephone line.
- **450** hours of training and workshops attended by **1,550** participants.

We have also:

- Helped resource 18 community-based wellbeing activities via our Good Life Fund, reaching more than 200 people across Cambridgeshire and Peterborough.
- Trained more than 500 people in suicide prevention skills spanning 30 diverse local organisations.
- Directed more than 14,500 visitors to our [www.stopsuicidepledge.org](http://www.stopsuicidepledge.org) website via our innovative animated STOP Suicide film, outdoor advertising and social media campaigns.
- Raised public awareness of mental health issues with more than 60 TV, radio, online and print interviews and articles.

#### Our Impact

Below is just some of the feedback we have received from individuals we have worked with this year:

*"I feel fresh and very positive after attending. I feel full of energy and the rest of the day goes smoothly."*  
**Attendee of Chai and Chat**

*"I can't praise these sessions enough. They helped me through a very difficult time. An amazing service."* **Client, Changing Lives Talking Therapy**

*"I don't know where I would be now without you. I was in a very dark place, suicidal and self-harming, and you have all been brilliant, you haven't judged, you listened and now I have so many things to look forward to."* **Peer Support Group Member, Community Personality Disorder Service**

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

*"It was like a relief because there was someone else there, someone that understood, somebody who was there to listen and just be able to talk to somebody and knowing they understand. It was lifesaving."* **Individual accessing Discharge Buddy Service**

*"I accessed the Good Life Peer Mentors to help support me with IT skills, something I have never felt able to do. My Peer Mentor was so patient with me and helped me to explore how to use a computer. I use my laptop every day now."* **Individual accessing Good Life Peer Mentor one-to-one support**

*"I have found all the sessions to be very beneficial to my wellbeing and now spend a part of each day doing some exercises on my own. This helps me, especially at bedtime, as it relaxes and empties my mind!"* **Participant, Good Life Rural Peterborough Calm Space**

*"This year has been tricky to meet new people and make friends...I was made to feel at home with chatter and funny stories being shared. I met some really lovely people and I can honestly say that, after an hour of non-stop laughter and coffee, I felt so much better."* **University Good Mood Cafe participant**

*"I now feel like a different person. I have made great progress."* **HMP Peterborough resident accessing one-to-one wellbeing support**

*"Mums Matter has given me more confidence and has enabled me to appreciate myself more, it has made me a stronger person. Since completing Mums Matter, I have completed a course around understanding mental health in children and young people and I would also like to go on to volunteer."* **Participant, Mums Matter Course, Perinatal Service**

*"This is an inspirational and uplifting place to meet new people and chat. There's no pressure, it's just nice to get out...."* **South Lincolnshire Good Mood Cafe and Night Light Café Participant**

*"In all my years of struggling with mental health problems, I have never felt so understood and validated for my difficult experiences."* **Visitor accessing Sanctuary crisis support**

*"One delegate shared a very powerful experience where they had supported a friend who had been experiencing a very severe bout of depression, anxiety and PTSD related symptoms. . .They felt able to gain trust from the person concerned and able to signpost the right support. . .now the person is getting the right support and medication."* **Community Training Partner**

*"I have become a Mental Health First Aider at work, I wouldn't have done it if it wasn't for STOP Suicide...I try my best to spread awareness whenever I see an opportunity."* **STOP Suicide Campaign Maker**

More information and examples of the impact we have had across our communities over the past year will be shared in our Annual Impact Report 2021-22, available later this year. As ever, the Board of Trustees would like to extend its sincerest thanks to everyone involved; in particular our staff, volunteers and Campaign Makers; our co-producers and delivery partners; our funders and fundraisers.

### Values-based practice

CPSL Mind is a values-based organisation and our six values, illustrated below, are at the heart of everything we do:



# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

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We work hard to ensure our behaviours and decision-making across the organisation reflect these values:

- We believe that everyone, whatever their role in CPSL Mind or our local community, brings strengths, skills and talents that should be both recognised and valued.
- We recognise that everyone has mental health and that we all have ups and downs in life that may impact on our daily lives, including our work/volunteering lives.
- We acknowledge the vital role that those with lived experience of mental health issues can have in supporting others and actively invest in opportunities for peer support including opportunities for volunteers and paid staff.
- We work collaboratively with other stakeholders across the community and are mindful of the need to respect and acknowledge all our partners and co-producers.
- We believe in the value of genuine co-production and seek to engage a diverse range of opinions and ideas when developing our projects and services.
- We seek to be open, honest and accountable, especially if we get things wrong. Our ethos is one of transparency and we strive to create a reflective, learning culture.

### Co-production and engagement

Despite the changes in our delivery methods during the Covid-19 pandemic, co-production has continued to be at the heart of all our activities across CPSL Mind. Alongside the invaluable input from our Co-production Team, many individuals accessing our services have been actively involved in new project design as well as development of existing services; as have a wide range of partner organisations with whom we have collaborated.

#### Feedback from a Co-production volunteer:

*"I have thoroughly enjoyed volunteering with CPSL Mind's Co-production team as it is a safe and supportive environment where I can freely express my ideas and opinions and feel listened to as a valued member of the team. This is especially prominent as a young person wanting to go down this career path. It has taught me so much about the importance of collaboration and given me a valuable experience within this field."*

We have also increased our skills in using the Mind Service Design Toolkit. This 'tried and tested' service design methodology ensures that services are truly focused on the needs of those they set out to support. In particular, this Service Design approach has given us vital insights relating to the particular needs of Muslim mums experiencing mental health challenges during the perinatal period – supporting the co-production of the new Starting Well service for our local Muslim communities. The Insights Report produced as part of that process has since been shared both locally and nationally.

### Volunteer impact

This year saw more than 4,700 volunteer hours and more than 3,900 hours of direct service delivery from our volunteers.

This includes more than 2,700 hours from our extraordinary team of volunteer counsellors who worked with us to deliver our Improving access to Psychological Therapies (IAPT) service Changing Lives, supporting hundreds of local people across Cambridgeshire.

Sadly, despite the excellent outcomes consistently achieved by this service over many years, changes in NHS rules have meant that funding for the IAPT aspect of our work has now come to an end. However, as part of our 'inclusivity' commitment, we hope to continue working with a number of our volunteer counsellors on a new NHS-funded 'service design' pilot project aimed at increasing the number of older people who access an IAPT service locally.

Alongside our volunteer counsellors, many other local people have volunteered their time and skills in a wide variety of ways: as trustees or in campaigning, fundraising, co-production, administrative or facilities roles.

As ever, a huge 'thank you' goes to everyone who has given up their time to support our work during this exceptionally challenging year. We could not do what we do without you.

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

#### Quality and service development

As our services continue to adapt and develop post-Covid 19 restrictions, safety and effectiveness is our top priority. We seek to continuously improve the quality of all our services and are proud of our learning culture.

This year we have made particular progress in reviewing our services, governance and processes against the national Mind Quality Mark (MQM) guidance. This is further supported by our approach to co-production and our proactive response to both formal evaluation and informal feedback which supports our continuous quality improvement ambitions.

#### Delivering against our Strategy

The table below summarises the progress made as against the six goals set out in our 2019-21 organisational strategy:

Strategic Goal 2019-21	Activity
<b>Increasing choice and accessibility</b>	<ul style="list-style-type: none"> <li>• Launched our community-based Good Life Service, which includes open access elements; the online 'Qwell' service (delivered by digital partner Xenzone) and the co-produced 'Waves' Personality Disorder Service (in partnership with Suffolk Mind).</li> <li>• Subsequently expanded the reach of Good Life Service into rural Peterborough, thanks to NHS Community Mental Health Transformation funding.</li> <li>• Additional funding enabled us to co-produce a Good Life Service element specifically designed for university students.</li> <li>• Partnered with Cambridgeshire and Peterborough Foundation Trust (CPFT) to provide peer support element of Community Personality Disorder Service as part of the Community Mental Health Transformation activity in Peterborough.</li> <li>• Collaborated with others across the sector to provide additional helpline support during Covid-19 lockdowns and adapted delivery methods of all services in response to Covid-19 response</li> <li>• Development of Discharge Buddy Service, to support individuals after either an inpatient stay or following discharge from the Cambridgeshire and Peterborough Foundation Trust (CPFT) Crisis Team.</li> <li>• Co-production and delivery of the 'Starting Well' community perinatal project focused on needs of our Muslim communities, in partnership with The Lantern Initiative.</li> <li>• Co-produced 'Chai and Chat' wellbeing activity for local Muslim women in partnership with The Lantern Initiative.</li> <li>• Investment in South Lincolnshire – firstly in research project and subsequently a development manager role; securing funding to launch 'Good Mood Cafes' in Long Sutton and Sutton Bridge.</li> </ul>
<b>Empowerment through strengths-based approaches</b>	<ul style="list-style-type: none"> <li>• Development of the Good Life Service which takes a strengths-based approach and focuses on connecting people to their strengths, talents and wider community.</li> <li>• Launched our Good Life Fund which provides funding and support to local people seeking to develop their own community-based wellbeing activities.</li> <li>• Embedded co-production and peer support across all our services; including the launch of peer mentor volunteering training and opportunities.</li> <li>• Played a key role in the development of a county-wide Asset-Based Community Development (ABCD) network across Cambridgeshire and Peterborough.</li> <li>• Co-produced a powerful online suicide prevention campaign, focused specifically on men and created alongside eight individuals who used their lived experience to shape the campaign messages.</li> <li>• Worked with local men to co-produce 'Dads Matter' service to support new fathers to manage their own wellbeing and to support their partners.</li> </ul>

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

<b>Opportunities for self-help and peer support</b>	<ul style="list-style-type: none"> <li>• Launched open access 'Open Door – calm spaces' and 'Good Mood Cafes' across Peterborough and Cambridgeshire initially and, subsequently, in South Lincolnshire.</li> <li>• Embedded peer support groups across our Good Life and Perinatal Services.</li> <li>• Connected individuals with evidence-based self-help skills and resources as part of our Changing Lives CBT and Counselling Service.</li> <li>• Shared evidence-based self-help ideas and resources via our communications and campaigns.</li> <li>• Supported Lifecraft's Lifeline helpline and the multi-agency 'Now We're Talking' media campaign targeted at connecting people to support and self-help resources during Covid-19 lockdown.</li> <li>• Launched new Personality Disorder Peer Support groups to the Personality Disorder support pathway, as part of the new Community Mental Health Transformation programme in Peterborough.</li> <li>• Launched our Peer Mentor Volunteer programme as part of the Good Life Service.</li> <li>• Promoted 'Wellbeing Plans' and associated resources across all our services.</li> <li>• Launched our online service 'Qwell', delivered by our partner XenZone and including a range of self-help resources as well as online peer support.</li> </ul>
<b>Support the growth of community-led activities</b>	<ul style="list-style-type: none"> <li>• Delivered our open access 'Good Mood Cafes' across Peterborough and Cambridgeshire, designed to connect individuals around common interests and with other local opportunities.</li> <li>• Developed our 'Good Life Fund' – which offers small grants to groups of individuals who wish to establish their own wellbeing-related activities.</li> <li>• Worked alongside our incredible community of STOP Suicide 'Campaign Makers' to find creative new ways of promoting our suicide prevention messages.</li> <li>• Co-produced University Good Mood Cafes with students at Anglia Ruskin University and University of Cambridge.</li> <li>• Co-produced 'Chai and Chat' wellbeing sessions for Muslim women, in partnership with The Lantern Initiative.</li> <li>• Supported a growing number of community fundraisers to develop and deliver innovative online and outdoor fundraising activities that connected people safely during the pandemic while also raising funds for our work.</li> <li>• Worked with partner Living Sport to develop a training programme 'Wellbeing Together' that increased wellbeing-related skills across our communities.</li> <li>• Secured funding for 'Good Mood picnics' and related activities in South Lincolnshire.</li> </ul>
<b>Encourage open conversations around mental health and suicide</b>	<ul style="list-style-type: none"> <li>• Continued to grow and develop our STOP Suicide campaign, with innovations including an animated film, co-produced men's campaign and high-profile local media.</li> <li>• Increased suicide prevention skills across our local communities via awareness-raising and training focused on partner organisation working with vulnerable people.</li> <li>• Delivered an award-winning programme of suicide mitigation training with local GPs and other Primary Care staff.</li> <li>• Actively supported the county-wide 'Now We're Talking' campaign to encourage self-help and 'neighbourliness' during Covid-19 Lockdown periods.</li> <li>• Created opportunities for awareness raising around mental health issues, available services and suicide prevention across print, radio and social media.</li> <li>• Delivered our Stress LESS wellbeing campaign for students, aged 12- 18 years old, across local schools and colleges.</li> </ul>

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2022**

<b>Increase mental health-related skills within our communities</b>	<ul style="list-style-type: none"><li>• Trained hundreds of local people in mental health-related skills via our community activity and corporate training and consultancy service.</li><li>• Delivered a two-year partnership programme with national Mind and the University of Cambridge focused on equipping students and staff with tools, techniques and knowledge on how to look after their mental health.</li><li>• Continued to train local businesses in our mental health workshops during lockdown, responding quickly to convert our training to an online offer. This led to collaboration across CPSL Mind to offer 'Good Mood Cafes in the workplace'</li><li>• Developed and delivered a comprehensive trauma-informed support work training for frontline homeless community support staff.</li><li>• Supported 'Covid-19' hub volunteers to have open conversations around mental health and suicide via online, easy-access workshop.</li><li>• Supported local employers to promote positive wellbeing among home-working staff via workplace-based Good Mood Cafes.</li></ul>
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### Looking forward

As described above, our new strategy has been developed over the past year and aims to take the previous strategic direction to the 'next level'. Launched at our AGM in March 2022, our Vision and Mission remain largely as before and our organisational values are unchanged:

**Our Vision** is a society in which everyone has positive mental health and feels part of a connected community.

**Our Mission** is to:

Support those with poor mental health to live well, whatever that means for them.

Enable people to maintain positive mental health, especially those who are going through tough times.

Inspire connections and eliminate stigma within our diverse communities for the benefit of everyone's mental health.

**Our Values:** Compassion, Inclusivity, Empowerment, Integrity, Respect and Courage.

The four **Goals** we have set for 2022-2025 are:

**Goal 1:** Increase the reach and accessibility of community-based mental health support across the diverse populations of Cambridgeshire, Peterborough and South Lincolnshire.

**Goal 2:** Use strength-based, holistic and trauma-informed approaches to support people with mental health problems to connect to others, enhance their wellbeing and facilitate peer to peer support.

**Goal 3:** Challenge the attitudes and behaviours that prevent open conversations around our mental health.

**Goal 4:** Support local employers to create mentally healthy workplaces.

# **CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

### **FOR THE YEAR ENDED 31 MARCH 2022**

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Alongside these goals we have set ourselves three strategic development priorities of 'Inclusivity, Innovation and Influence', all of which are underpinned by our commitment to Caring for the Environment:

#### **Inclusivity**

- Reflecting and celebrating our diverse communities.
- Meeting needs of minority groups with our projects and services.
- Focusing on health inequalities and areas of deprivation.
- Embedding trauma-informed approaches.
- Collaborating with others to reach new audiences.

#### **Innovation**

- Working alongside our communities to test and co-produce 'purpose designed' solutions to well-being related challenges.
- Building an evidence base around non-clinical, strengths-based interventions – with a particular focus on peer support.
- Developing new, values-based services and fund-raising methods that diversify both our income and our reach.

#### **Influence**

- Authentic co-production of our projects and services.
- Standing up for what we believe as mental health services and systems change.
- Truly listening to those we support – and those who currently feel excluded.
- Developing Services and Campaigns that change minds and prompt positive responses to mental health challenges.

### **Structure, governance and management**

#### **Trustees**

CPSL Mind's strategic direction is led by its Board of Trustees. The full Board meets at least quarterly, supplemented by designated Working Groups.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

A Tait (Chair)	
A Grosbois (Vice Chair)	
M Huber (Treasurer)	
L Adcock	(Resigned 12 August 2022)
D Biswas	(Appointed 14 December 2021)
C Clarke	
S Gilfoyle	
A Granta	(Appointed 22 June 2021)
E Orekogbe	(Appointed 14 December 2021 and resigned 2 December 2022)
A Page	(Appointed 14 December 2021)
D Richards	
R Young	(Resigned 14 November 2022)

#### **Appointment of Trustees**

Trustees are sourced from current CPSL Mind members, on the basis of recommendation or from public recruitment campaigns. New Trustees are required to complete an application form, undertake a Disclosure and Barring Service check and are then interviewed by members of the Board of Trustees.

# **CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

***FOR THE YEAR ENDED 31 MARCH 2022***

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### **Trustee Induction and Training**

Trustee induction and training includes one to one sessions with the Chair and Senior Leadership Team and visiting CPSL Mind's services, together with external training such as Governance and Management Training and Away Days.

### **CPSL Mind Members**

Our members are individuals or corporations who have paid the minimum subscription fee, as stipulated by CPSL Mind, for a year. Members of the charitable company guarantee to contribute an amount not exceeding £1 to the assets of the charitable company in the event of winding up.

### **Remuneration Policy**

The Trustees consider the board of directors, who are the charity's Trustees, and the senior management team comprising the key management personnel of the charity, to be in charge of directing and controlling, running and operating the charity on a day-to-day basis. All Trustees give of their time freely and no Trustee received remuneration in the year. The pay of the senior management team is set by the Trustees, benchmarking against pay levels in other charities of a similar size and type.

### **Management**

A Chief Executive Officer is appointed by the Trustees to manage the day-to-day operations of the charity. The Executive Board expect the Chief Executive Officer to undertake both strategic and operational decisions based on their formal ratification of the Business Plan and Annual Budget. The board expects the Chief Executive Officer to ensure that all decision making is within the remit of CPSL Mind Policy and Procedures.

### **Public Benefit**

CPSL Mind has paid due regard to the published guidance from the Charity Commission on the operation of the Public Benefit requirement under the Charities Act 2011.

### **Risk Management**

Our Board of Trustees consistently reviews the major risks to which the charity is exposed, in line with the organisation's risk appetite and risk management strategy, which comprises:

- A regular review of new and high/medium level risks.
- A comprehensive annual review of all the organisational risks which the charity faces.
- Established systems and procedures to manage those risks identified in the plan.
- The implementation of procedures designed to minimise any potential impact on the charity should any of those risks materialise.

This review takes into account the continuing changes to the organisation and to the range of services as the charity's work grows and develops.

### **Financial review**

The Trustees continue to meet regularly and receive reports in order to review the charity's financial position.

The charity recorded a surplus for the year of £119,230 compared to a surplus in the previous year of £184,629. Total income from the year increased from £2,568,583 in the previous year to £2,808,852 in the current year. Reserves at the end of the year increased from £1,175,118 to £1,294,348, of which £160,648 were held in restricted funds (2021: £217,302).

CPSL Mind is not liable for Corporation Tax and the surplus has been transferred to reserves for the year.

# **CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022**

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CPSL Mind's reserve strategy is formalised within the Finance Policy and revisited annually by the Trustees at the point of ratification of the annual budget. This forms part of the annual organisation risk review.

Disaster Fund - as at 31 March 2022 the Disaster Fund had a balance of £225,000. This represents approximately 1 months operating costs in the event that funding for services is lost.

Building Reserve - a fund set aside for significant repairs. As at 31 March 2022 the balance on the Building Reserve stood at £20,000.

At 31 March 2022 the charity had free reserves of £377,793.

### **Funding Sources**

CPSL Mind has been fortunate to gain funding from the following sources:

Cambridgeshire County Council  
Peterborough City Council  
Cambridgeshire and Peterborough Clinical Commissioning Group  
National Mind  
A range of community partners

We thank all our funders for their continued support of our work.

### **Investment policy and performance**

Funds are held by CPSL Mind in accordance with the Finance Policy and the Business Plan. Bank Interest received was £242.

### **Auditor**

Azets Audit Services were appointed as auditor to the company and a resolution proposing that they be re-appointed will be put at a General Meeting.

The trustees' report was approved by the Board of Trustees.

### **A Tait (Chair)**

Trustee

Dated: 15 December 2022

# **CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD**

## **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

***FOR THE YEAR ENDED 31 MARCH 2022***

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The trustees, who are also the directors of Cambridgeshire, Peterborough and South Lincolnshire (CPSL) Mind Ltd for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## INDEPENDENT AUDITOR'S REPORT

### TO THE TRUSTEES OF CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

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#### Opinion

We have audited the financial statements of Cambridgeshire, Peterborough and South Lincolnshire (CPSL) Mind Ltd (the 'charity') for the year ended 31 March 2022 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

#### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

#### Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

# **CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD**

## **INDEPENDENT AUDITOR'S REPORT (CONTINUED)**

### **TO THE TRUSTEES OF CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD**

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#### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

#### **Responsibilities of trustees**

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

#### **Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

# **CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD**

## **INDEPENDENT AUDITOR'S REPORT (CONTINUED)**

### **TO THE TRUSTEES OF CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD**

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#### **Extent to which the audit was considered capable of detecting irregularities, including fraud**

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above and on the Financial Reporting Council's website, to detect material misstatements in respect of irregularities, including fraud.

We obtain and update our understanding of the entity, its activities, its control environment, and likely future developments, including in relation to the legal and regulatory framework applicable and how the entity is complying with that framework. Based on this understanding, we identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. This includes consideration of the risk of acts by the entity that were contrary to applicable laws and regulations, including fraud.

In response to the risk of irregularities and non-compliance with laws and regulations, including fraud, we designed procedures which included:

- Enquiry of management and those charged with governance around actual and potential litigation and claims as well as actual, suspected and alleged fraud;
- Reviewing minutes of meetings of those charged with governance;
- Assessing the extent of compliance with the laws and regulations considered to have a direct material effect on the financial statements or the operations of the entity through enquiry and inspection;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the risk of management bias and override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for indicators of potential bias.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

#### **Use of our report**

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

**Mr Mark Jackson FCA DChA (Senior Statutory Auditor)**  
**for and on behalf of Azets Audit Services**

16 December 2022

**Chartered Accountants**  
**Statutory Auditor**

Ruthlyn House  
90 Lincoln Road  
Peterborough  
United Kingdom  
PE1 2SP

**CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE  
(CPSL) MIND LTD**

**INDEPENDENT AUDITOR'S REPORT (CONTINUED)**

**TO THE TRUSTEES OF CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH  
LINCOLNSHIRE (CPSL) MIND LTD**

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Azets Audit Services is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under of section 1212 of the Companies Act 2006.

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MARCH 2022**

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
	Notes						
<b>Income from:</b>							
Donations and legacies	3	172,819	-	172,819	147,338	-	147,338
Charitable activities	4	1,512,593	1,123,198	2,635,791	1,526,901	892,606	2,419,507
Investments	5	242	-	242	1,738	-	1,738
<b>Total income</b>		<b>1,685,654</b>	<b>1,123,198</b>	<b>2,808,852</b>	<b>1,675,977</b>	<b>892,606</b>	<b>2,568,583</b>
<b>Expenditure on:</b>							
Raising funds	6	7,100	-	7,100	23,700	-	23,700
Charitable activities	7	1,468,072	1,222,572	2,690,644	1,584,172	775,960	2,360,132
<b>Total resources expended</b>		<b>1,475,172</b>	<b>1,222,572</b>	<b>2,697,744</b>	<b>1,607,872</b>	<b>775,960</b>	<b>2,383,832</b>
Net gains/(losses) on investments	11	(1,825)	-	(1,825)	1,086	-	1,086
<b>Net incoming/ (outgoing) resources before transfers</b>		<b>208,657</b>	<b>(99,374)</b>	<b>109,283</b>	<b>69,191</b>	<b>116,646</b>	<b>185,837</b>

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MARCH 2022**

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Notes						
<b>Net incoming/ (outgoing) resources before transfers</b>	208,657	(99,374)	109,283	69,191	116,646	185,837
Gross transfers between funds	(42,720)	42,720	-	13,741	(13,741)	-
<b>Net incoming/(outgoing) resources</b>	165,937	(56,654)	109,283	82,932	102,905	185,837
<b>Other recognised gains and losses</b>						
Actuarial gain/(loss) on defined benefit pension schemes	9,947	-	9,947	(1,208)	-	(1,208)
<b>Net movement in funds</b>	175,884	(56,654)	119,230	81,724	102,905	184,629
Fund balances at 1 April 2021	957,816	217,302	1,175,118	876,092	114,397	990,489
<b>Fund balances at 31 March 2022</b>	1,133,700	160,648	1,294,348	957,816	217,302	1,175,118

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
<b>Fixed assets</b>					
Tangible assets	12		303,681		278,023
Investments	13		2,017		3,822
			<u>305,698</u>		<u>281,845</u>
<b>Current assets</b>					
Debtors	14	94,225		67,879	
Cash at bank and in hand		1,167,317		1,008,870	
		<u>1,261,542</u>		<u>1,076,749</u>	
<b>Creditors: amounts falling due within one year</b>	15	(267,996)		(163,604)	
Net current assets			<u>993,546</u>		<u>913,145</u>
<b>Total assets less current liabilities</b>			<u>1,299,244</u>		<u>1,194,990</u>
<b>Provisions for liabilities</b>			<u>(4,896)</u>		<u>(19,872)</u>
<b>Net assets</b>			<u><u>1,294,348</u></u>		<u><u>1,175,118</u></u>
<b>Income funds</b>					
Restricted funds	18		160,648		217,302
<u>Unrestricted funds</u>					
Designated funds	19	755,907		605,204	
General unrestricted funds		377,793		352,612	
		<u></u>	<u>1,133,700</u>	<u></u>	<u>957,816</u>
			<u><u>1,294,348</u></u>		<u><u>1,175,118</u></u>

# **CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD**

## **BALANCE SHEET (CONTINUED)**

**AS AT 31 MARCH 2022**

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The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022, although an audit has been carried out under section 144 of the Charities Act 2011.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 15 December 2022

A Tait (Chair)  
**Trustee**

**Company Registration No. 01082980**

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
<b>Cash flows from operating activities</b>					
Cash generated from operations	23		204,646		286,991
<b>Investing activities</b>					
Purchase of tangible fixed assets		(46,421)		(13,670)	
Purchase of investments		(20)		(21)	
Investment income received		242		1,738	
<b>Net cash used in investing activities</b>			(46,199)		(11,953)
<b>Net cash used in financing activities</b>			-		-
<b>Net increase in cash and cash equivalents</b>			158,447		275,038
Cash and cash equivalents at beginning of year			1,008,870		733,832
<b>Cash and cash equivalents at end of year</b>			1,167,317		1,008,870

# **CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD**

## **NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2022**

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### **1 Accounting policies**

#### **Charity information**

Cambridgeshire, Peterborough and South Lincolnshire (CPSL) Mind Ltd is a private company limited by guarantee incorporated in England and Wales. The registered office is Barrere House, 100 Chesterton Road, Cambridge, Cambridgeshire, CB4 1ER, United Kingdom.

#### **1.1 Accounting convention**

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

#### **1.2 Going concern**

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### **1.3 Charitable funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The cost of raising and administering such funds are charged against the specific fund. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

#### **1.4 Income**

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

#### **1.5 Expenditure**

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2022**

### **1 Accounting policies**

**(Continued)**

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributable to particular activities they have been allocated on a basis consistent with the use of the resources. Expenditure includes any VAT which cannot be fully recovered.

#### **1.6 Tangible fixed assets**

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

All assets costing more than £250 are capitalised by the charity.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold land and buildings	2% per annum straight line
Leasehold property	Over the life of the lease
Leasehold improvements	Over the life of the lease
Furniture and equipment	25% per annum straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

#### **1.7 Fixed asset investments**

Investments are stated at market value at the balance sheet date. The statement of financial activities includes the net gains and losses arising on revaluations and disposals throughout the year.

#### **1.8 Impairment of fixed assets**

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### **1.9 Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### **1.10 Financial instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

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### 1 Accounting policies

(Continued)

#### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

#### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### **1.11 Employee benefits**

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### **1.12 Retirement benefits**

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

The company contributes to a defined benefit pension scheme for the benefit of 2 senior employees. The scheme is a multi-employer scheme where it is not possible, in the normal course of events, on a consistent and reasonable basis, to identify the share of underlying assets and liabilities belonging to individual participating employers. Therefore, as required by FRS102 'Retirement benefits' the company accounts for this scheme as if it was a defined contribution scheme. The amount charged to the statement of financial activities represents contributions payable to the scheme in respect of the accounting period.

#### **1.13 Volunteers**

The value of services provided by the volunteers is not incorporated in these financial statements. Further details of contributions from volunteers can be found in the Trustees' Report.

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2022**

### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Donations and legacies

	<b>Unrestricted funds</b>	Unrestricted funds
	<b>2022</b>	2021
	£	£
Donations and gifts	170,939	145,357
Subscriptions	1,880	1,981
	<u>172,819</u>	<u>147,338</u>

### 4 Charitable activities

	<b>2022</b>	<b>2021</b>
	£	£
Mental Health Services	2,635,791	2,419,507
	<u>2,635,791</u>	<u>2,419,507</u>
Analysis by fund		
Unrestricted funds	1,512,593	1,526,901
Restricted funds	1,123,198	892,606
	<u>2,635,791</u>	<u>2,419,507</u>

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 5 Investments

	Unrestricted funds	Unrestricted funds
	2022 £	2021 £
Interest receivable	242	1,738
	<u>242</u>	<u>1,738</u>

### 6 Raising funds

	Unrestricted funds	Unrestricted funds
	2022 £	2021 £
<u>Fundraising and publicity</u>		
Other fundraising costs	7,100	23,700
	<u>7,100</u>	<u>23,700</u>
	<u>7,100</u>	<u>23,700</u>

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 7 Charitable activities

	Mental Health Services 2022 £	Mental Health Services 2021 £
Staff costs	2,076,771	1,789,881
Depreciation and impairment	20,763	18,801
Staff costs (excluding wages and salaries)	47,025	23,636
Training delivery costs	17,762	8,083
Telephone and website	76,927	69,070
Printing postage and stationery	21,907	23,669
IT costs	36,421	26,634
Travel	31,045	25,633
Office, accommodation and other costs	343,085	364,092
	<u>2,671,706</u>	<u>2,349,499</u>
Share of support costs (see note 8)	18,938	10,633
	<u>2,690,644</u>	<u>2,360,132</u>
<b>Analysis by fund</b>		
Unrestricted funds	1,468,072	1,584,172
Restricted funds	1,222,572	775,960
	<u>2,690,644</u>	<u>2,360,132</u>

### 8 Support costs

	Support costs £	Governance costs £	2022 Support costs £	Governance costs £	2021 £
Accountancy and financial advice	3,704	-	3,704	585	585
Auditors' remuneration	6,000	-	6,000	6,000	6,000
Professional fees	2,257	-	2,257	3,248	3,248
AGM & Annual report cost	1,296	-	1,296	800	800
Trustees' meetings and other expenditure	5,681	-	5,681	-	-
	<u>18,938</u>	<u>-</u>	<u>18,938</u>	<u>10,633</u>	<u>10,633</u>
Analysed between Charitable activities	<u>18,938</u>	<u>-</u>	<u>18,938</u>	<u>10,633</u>	<u>10,633</u>

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 9 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year, but 2 of them were reimbursed a total of £128 travelling expenses (2021: none).

### 10 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
Project workers and administrative staff	98	81
<b>Employment costs</b>	<b>2022 £</b>	<b>2021 £</b>
Wages and salaries	1,882,220	1,612,906
Social security costs	148,370	126,780
Other pension costs	46,181	50,195
	2,076,771	1,789,881

Key management personnel benefits totalled £261,816 in the year (2021: £233,560).

There were no employees whose annual remuneration was £60,000 or more.

### 11 Net gains/(losses) on investments

	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Revaluation of investments	(1,825)	1,086

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2022**

### 12 Tangible fixed assets

	Freehold land and buildings £	Leasehold property £	Leasehold improvements £	Furniture and equipment £	Total £
<b>Cost</b>					
At 1 April 2021	460,203	150,000	-	128,425	738,628
Additions	-	-	39,437	6,984	46,421
Disposals	-	(150,000)	-	(38,478)	(188,478)
At 31 March 2022	460,203	-	39,437	96,931	596,571
<b>Depreciation and impairment</b>					
At 1 April 2021	199,133	150,000	-	111,472	460,605
Depreciation charged in the year	9,205	-	3,944	7,614	20,763
Eliminated in respect of disposals	-	(150,000)	-	(38,478)	(188,478)
At 31 March 2022	208,338	-	3,944	80,608	292,890
<b>Carrying amount</b>					
At 31 March 2022	251,865	-	35,493	16,323	303,681
At 31 March 2021	261,070	-	-	16,953	278,023

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 13 Fixed asset investments

	Listed investments £
<b>Cost or valuation</b>	
At 1 April 2021	3,822
Additions	20
Valuation changes	(1,825)
	<hr/>
At 31 March 2022	2,017
	<hr/>
<b>Carrying amount</b>	
At 31 March 2022	2,017
	<hr/>
At 31 March 2021	3,822
	<hr/>

### 14 Debtors

	2022 £	2021 £
<b>Amounts falling due within one year:</b>		
Trade debtors	60,177	38,689
Other debtors	12,630	4,905
Prepayments and accrued income	21,418	24,285
	<hr/>	<hr/>
	94,225	67,879
	<hr/>	<hr/>

### 15 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	39,514	33,832
Deferred income	146,823	15,286
Trade creditors	31,257	46,311
Other creditors	7,886	11,541
Accruals and deferred income	42,516	56,634
	<hr/>	<hr/>
	267,996	163,604
	<hr/>	<hr/>

### 16 Deferred income

	2022 £	2021 £
Other deferred income	146,823	15,286
	<hr/>	<hr/>

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

#### 17 Retirement benefit schemes

##### TPT Retirement Solutions - The Growth Plan

The company participates in the scheme, a multi-employer scheme which provides benefits to some 638 non-associated participating employers. The scheme is a defined benefit scheme in the UK. It is not possible for the company to obtain sufficient information to enable it to account for the scheme as a defined benefit scheme. Therefore it accounts for the scheme as a defined contribution scheme.

The scheme is subject to the funding legislation outlined in the Pensions Act 2004 which came into force on 30 December 2005. This, together with documents issued by the Pensions Regulator and Technical Actuarial Standards issued by the Financial Reporting Council, set out the framework for funding defined benefit occupational pension schemes in the UK.

The scheme is classified as a 'last-man standing arrangement'. Therefore the company is potentially liable for other participating employers' obligations if those employers are unable to meet their share of the scheme deficit following withdrawal from the scheme. Participating employers are legally required to meet their share of the scheme deficit on an annuity purchase basis on withdrawal from the scheme.

A full actuarial valuation for the scheme was carried out at 30 September 2020. This valuation showed assets of £800.3m, liabilities of £831.9m and a deficit of £31.6m. To eliminate this funding shortfall, the Trustee has asked the participating employers to pay additional contributions to the scheme as follows:

From 1 April 2022 to 31 January 2025: £3,312,000 per annum (payable monthly)

Unless a concession has been agreed with the Trustee the term to 31 January 2025 applies.

Note that the scheme's previous valuation was carried out with an effective date of 30 September 2017. This valuation showed assets of £794.9m, liabilities of £926.4m and a deficit of £131.5m. To eliminate this funding shortfall, the Trustee asked the participating employers to pay additional contributions to the scheme as follows:

##### Deficit contributions

From 1 April 2019 to 30 September 2025: £11,243,000 per annum (payable monthly and increasing by 3% each on 1st April)

The recovery plan contributions are allocated to each participating employer in line with their estimated share of the Series 1 and Series 2 scheme liabilities.

Where the scheme is in deficit and where the company has agreed to a deficit funding arrangement the company recognises a liability for this obligation. The amount recognised is the net present value of the deficit reduction contributions payable under the agreement that relates to the deficit. The present value is calculated using the discount rate detailed in these disclosures. The unwinding of the discount rate is recognised as a finance cost.

##### PRESENT VALUES OF PROVISION

	2022 £	2021 £	2020 £
Present values of provision	4,896	19,872	23,546

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 17 Retirement benefit schemes

(Continued)

#### RECONCILIATION OF OPENING AND CLOSING PROVISIONS

	2022 £	2021 £
Provision at the start of the period	19,872	23,546
Unwinding of the discount factor (interest expense)	115	528
Deficit contribution paid	(5,029)	(4,882)
Remeasurements - impact of any change in assumptions	(112)	680
Remeasurements - amendments to the contribution schedule	(9,950)	-
Provision at end of period	4,896	19,872

#### INCOME AND EXPENDITURE IMPACT

	2022 £	2021 £
Interest expense	115	528
Remeasurements - impact of any change in assumptions	(112)	680
Remeasurements - amendments to the contribution schedule	(9,950)	-

#### ASSUMPTIONS

	2022	2021	2020
Rate of discount (% per annum)	2.35%	0.66%	2.53%

The discount rates shown above are the equivalent single discount rates which, when used to discount the future recovery plan contributions due, would give the same results as using a full AA corporate bond yield curve to discount the same recovery plan contributions.

In the event that CPSL Mind withdraws from the multi-employer defined benefit pension scheme, they must by law pay their share of the deficit, calculated on a statutory basis known as the buy-out valuation basis. This was last estimated on 30 September 2020 where the cost of withdrawal was £88,232.

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

#### 18 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2020 £	Movement in funds			Balance at 1 April 2021 £	Movement in funds			Transfers £	Balance at 31 March 2022 £
		Incoming resources £	Resources expended £	Transfers £		Incoming resources £	Resources expended £	Transfers £		
The Sanctuary	-	449,247	(396,177)	-	53,070	500,934	(484,004)	-	-	70,000
GP Training	981	-	-	(981)	-	-	-	-	-	-
Prison Training	-	28,424	(28,886)	462	-	30,225	(30,112)	-	-	113
Suicide Prevention Trailblazer	95,802	-	(45,929)	(13,500)	36,373	-	(36,373)	-	-	-
Building Mentally Healthy Universities	17,614	55,935	(73,827)	278	-	26,644	(30,650)	4,006	-	-
Discharge Buddies	-	115,000	(27,823)	-	87,177	38,821	(124,800)	-	-	1,198
Papworth Trust	-	10,000	(3,615)	-	6,385	6,463	(13,648)	800	-	-
Community Personality Disorder Service	-	59,902	(57,204)	-	2,698	100,000	(81,356)	-	-	21,342
University Good Life Service	-	31,017	(22,117)	-	8,900	8,676	(15,490)	-	-	2,086
Cambourne Good Life Project	-	14,778	(9,358)	-	5,420	12,500	(17,920)	-	-	-
Perinatal and Empowering Women	-	96,988	(79,471)	-	17,517	107,290	(111,372)	12,500	-	25,935
Night Light Café (South Lincs Development)	-	-	-	-	-	7,746	(32,860)	25,114	-	-
South Holland Good Life Project	-	-	-	-	-	22,494	(12,430)	-	-	10,064
Racial Equity	-	-	-	-	-	39,584	(19,188)	-	-	20,396
Rural Peterborough	-	-	-	-	-	80,336	(70,822)	-	-	9,514
Starting Well	-	31,315	(31,553)	-	(238)	141,485	(141,547)	300	-	-
	114,397	892,606	(775,960)	(13,741)	217,302	1,123,198	(1,222,572)	42,720	-	160,648

**The Sanctuary** - The Sanctuary provides a safe place for individuals experiencing an emotional or mental health crisis out of office hours. It is open seven days a week from 6pm to 1am and works as part of the county-wide First Response Service. The Sanctuary is funded by Cambridgeshire and Peterborough Clinical Commissioning Group (CCG) and has also developed a phone-based Sanctuary Daytime service.

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

#### 18 Restricted funds

(Continued)

**Prison Training** - An annual grant for the fiscal year is agreed with and paid by Sodexo Ltd for the Prison Wellbeing Service, which provides support for both male and female residents of HMP Peterborough. Delivered via one-to-one sessions and workshops for each resident group, the grant is sufficient to cover the deliverer's salary costs and the small amount of materials required.

**Suicide Prevention Trailblazer** - As part of a broader Mental Health Transformation programme, this project completed in early 2021.

**Building Mentally Healthy Universities** - Funded by National Mind from an ultimate income source of Goldman Sachs. This project ran through 2020/21 and, meeting the majority of its objectives and completed in 2021.

**Discharge Buddies** - A pilot project in 2020/21 funded by the Cambridgeshire and Peterborough CCG to provide short term support to individuals being discharged from Cambridgeshire and Peterborough Foundation Trust mental health inpatient wards and crisis teams. This project has now been until March 2024.

**Papworth Trust** - CPSL Mind worked with the Papworth Trust (PT) in a time limited £10k project to support PT's Work & Health programme participants with self-declared mental health issues. Additional funding was secured to extend the project, which completed in 2021.

**Community Personality Disorder Service** - Providing peer support as part of the new Personality Disorder pathway in Peterborough. This service is delivered in partnership with the Cambridgeshire and Peterborough Foundation Trust as part of the Community Mental Health Transformation work in Peterborough. Longer term funding has now been secured to enable a future expansion of the project.

**University Good Life Service** - Delivering services to Students at Anglia Ruskin University (ARU) via Good Mood Cafes, enabling students to connect with their peers, supported by Information Sessions, providing practical tools and skills to improve mental health and wellbeing. Additional funding from ARU and the Evelyn Trust has allowed this project to continue to August 2022.

**Cambourne Good Life project** - Funded locally, via the NHS and delivering a weekly Good Mood Café, Open Door calm space and monthly information session. This project completed in March 2022.

**Perinatal and Empowering Women** - This is an expanding area for CPSL Mind. The core project has transferred funder from Peterborough City Council to Barnardo's. Alongside this service, the CCG funded Peer Support project continued for a second year up until March 2022 and will extend beyond that date. Trust fund grants and specific donations continued to benefit the service with continued support from the Evelyn Trust, the Pye Foundation and others.

**Starting Well** - A £350k multi-annual Starting Well project aimed at supporting mums in Muslim communities was launched in early 2021 and produced a well-received impact report after its initial period of operation. Funding is received directly from the Department for Health & Social Care.

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

#### 18 Restricted funds

(Continued)

**South Holland Good Life Project** – Funded by the Cooperative, via National Mind and working with isolated communities in South Lincolnshire. Using an asset-based model to deliver support based upon the Good Mood Café model.

**Night Light Café (South Lincs Development)** – Funding has been received, to deliver a programme using the Good Mood Café model. This is a pilot in 2021/22 funded by Lincolnshire CCG.

**Racial Equity** – Funded by Pears, via National Mind. CPSL Mind working closely with the Lantern Initiative to educate and raise awareness of mental health issues in the Muslim Community.

**Rural Peterborough** – A project funded by the Cambridgeshire & Peterborough CCG, running until Autumn 2022 and building on the Good Life model to deliver support services to those in isolated rural communities around Peterborough.

Transfers between funds relate to expenditure funded from general unrestricted funds.

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

#### 19 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 April 2020 £	Movement in funds			Balance at 1 April 2021 £	Movement in funds			Transfers £	Balance at 31 March 2022 £
		Incoming resources £	Resources expended £	Transfers £		Incoming resources £	Resources expended £	Transfers £		
Fixed Asset Fund	270,275	-	(9,205)	-	261,070	-	(20,763)	63,374	303,681	
Building Reserve	20,000	-	-	-	20,000	-	-	-	20,000	
Disaster Fund	169,000	-	-	-	169,000	-	-	56,000	225,000	
Charitable Services Fund	54,682	1,502,096	(1,461,106)	59,462	155,134	1,510,821	(1,444,362)	(14,367)	207,226	
	513,957	1,502,096	(1,470,311)	59,462	605,204	1,510,821	(1,465,125)	105,007	755,907	

**Fixed Asset Fund** - The Fixed Asset Fund represents the net book value of fixed assets held by the charity.

**Building Reserve** - The Trustees have set aside £20,000 to cover the costs of any unexpected maintenance costs for property.

**Disaster Fund** - The Trustees have set aside £225,000 to cover approximately 1 months operating costs in the event that funding for the services is lost, and the charity has to be wound up. These costs exclude the costs of staff redundancy, which has been considered separately.

**Charitable Services Fund** - The charity receives funding for the provision of services to people with mental health problems in and around Cambridgeshire. The charity records the direct costs incurred in providing these services and charges administrative and overhead expenses to the funds. The projects covered are as follows:

- The Good Life - This major project amalgamated the legacy Wellbeing and Support to Recovery programmes into one overarching activity which commenced on 1/9/2019 for a three-year initial contract amounting to £3.118m over that period. This is jointly funded by Cambridgeshire County Council and the Cambridgeshire & Peterborough NHS Clinical Commissioning Group.
- Changing Lives - Improving access to psychological therapies and counselling.
- STOP Suicide – Suicide prevention campaign.
- Training - Mental health related training and workshops.

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2022**

### 20 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Tangible assets	303,681	-	303,681	278,023	-	278,023
Investments	2,017	-	2,017	3,822	-	3,822
Current assets/(liabilities)	832,898	160,648	993,546	695,843	217,302	913,145
Provisions and pensions	(4,896)	-	(4,896)	(19,872)	-	(19,872)
	<u>1,133,700</u>	<u>160,648</u>	<u>1,294,348</u>	<u>957,816</u>	<u>217,302</u>	<u>1,175,118</u>

### 21 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2022 £	2021 £
Within one year	29,986	18,201
Between two and five years	92,215	8,472
	<u>122,201</u>	<u>26,673</u>

### 22 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).

# CAMBRIDGESHIRE, PETERBOROUGH AND SOUTH LINCOLNSHIRE (CPSL) MIND LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2022**

23	Cash generated from operations	2022 £	2021 £
	Surplus for the year	109,283	185,837
	Adjustments for:		
	Investment income recognised in statement of financial activities	(242)	(1,738)
	Fair value gains and losses on investments	1,825	(1,086)
	Depreciation and impairment of tangible fixed assets	20,763	18,801
	Difference between pension charge and cash contributions	(5,029)	(4,882)
	Movements in working capital:		
	(Increase)/decrease in debtors	(26,346)	105,091
	(Decrease) in creditors	(27,145)	(30,318)
	Increase in deferred income	131,537	15,286
	<b>Cash generated from operations</b>	<b>204,646</b>	<b>286,991</b>
24	<b>Analysis of changes in net funds</b>		
	The charity had no debt during the year.		