

Registered Charity Number 263620

ANNUAL REPORT

2021 – 2022



A collage of drawings by members of Active Citizens

CONTACT US:

Eastleigh Borough & Romsey Mencap

Waverly, Old Palace Farm, Kings Somborne SO20 6NJ

Tel: 07799 370043

email: info@ebrmencap.org.uk

www.ebrmencap.org.uk

YOUR COMMITTEE IN 2021-2022

Officers:	Chair:	Elaine Fish
	Vice Chair:	Terry Wheeler
	Secretary:	Vacant
	Treasurer:	Henry Rau and Paul Glover

Other Committee Members:	Janice Botting
	Stevan Floyd
	Jacqui Rowley
	Beverley Du-Crow
	Heather Bevis – Minutes secretary
	Matthew Cole
	Abbie Matcham
Ashley Martin	

Staff Team:

Operations Manager:	Richard Peck
Active Citizens Co-ordinator:	Amber Babey
Active Citizens Assistant:	Pauline Spiers and Emma Baxter
Chill Out Club Co-ordinator:	Shelley Temperley and Megan Parnell-Bray
Chill Out Club Assistant:	Emma Baxter and Lisa Warren
Gardening Club Co-ordinator:	Mariamah Mount
Flagship Art support:	Pauline Spiers and Emma Baxter
Basketball Coach:	Craig Hughes
Wednesday Club	

Volunteers:

Ashley Martin
Stephen Saunders
John Chandler
Terry Wheeler
Terry Wheeler
Janice Botting
Terry Wheeler
Heather Bevis
Elaine Fish

CHAIR'S REPORT

When considering what to write for this report, I decided the word that sums up the year is "reconnection". It has been very gratifying to see things returning to normal for Eastleigh Borough and Romsey Mencap, and to welcome back our lovely club members.

Of course, it has not been without its challenges, for instance the retirement of two longstanding and loyal members of staff during the year. Our Operations Manager, Richard Peck, explains the changes in staff in his part of this report, so I will just add that we are enormously grateful to Pauline Spiers and Eric Hyom for all they have done over the years for our members. Our new members of staff already feel like old friends, and we are very pleased to see how well they are connecting and building relationships with our members.

I would also like to acknowledge the amazing support and work of Megan Parnell-Bray, who is now the Chill Out Club co-ordinator. She has been the constant in the Chill Out Club members' lives throughout the last few years.

As you will see from Richard's report, now that things are gradually returning to pre-Covid days, our focus for the short and long term future is to consolidate the work of the Society, to grow and provide an enhanced service to our members. Two of the biggest challenges facing us in the coming year will be sourcing funding to sustain our work, and encouraging more individuals and organisations to support us in our work.

Thank you to the individual supporters and organisations who have so generously donated or granted funds to us this year, enabling us to continue providing our services through another challenging year.

I will end my report by giving thanks to Jacqui Rowley and Henry Rau, who are retiring as committee members and Trustees. Their support, both for the Society and to me personally, is very much appreciated and valued, and we know they will continue as friends to the Society.



Elaine Fish, Chair

November 2022

OPERATIONS MANAGER'S REPORT

Overview

During the year we have seen conditions, be they health, financial, political, legal or climate to name a few, change so rapidly that it has been difficult not only to react in a timely manner but even to know how to react. This is a challenge for everyone but particularly for small charities such as ours. In short, it emphasises the importance of having a clear understanding of what we want to accomplish and a set of objectives with which to achieve our goals. It is great therefore that a strategy committee has been formed which will be so instrumental in driving everything forward. One of the key priorities for the year ahead will be to ensure that our running costs are sustainably funded.

This year has been one for rebuilding the clubs back to where they were prior to the Covid pandemic. The shutdown emphasised just how important our activities are for allowing people to socialise, learn new experiences and enjoy each other's company.

During the year there was a small turnover of staff. We said goodbye to Pauline Spiers who had provided many years of invaluable service to the charity and to Eric Hyom who had made a significant contribution. Pauline was replaced by Emma Baxter who has fitted into the role superbly well. Shelley Temperley also left and Amber Babey has stepped in to ably take on the role of the Active Citizens' coordinator. Megan Parnell-Bray has taken over the running of the Chill Out Club having gained much experience as the assistant to the club. Lisa Warren, having recently retired as a primary school headmistress, is now the new assistant.

Club news

Chill Out Club

The Chill Out Club has been well attended throughout this year. Its value in providing our members with the opportunity to socialise and enjoy themselves in a relaxed environment and as part of the community has been demonstrated only too well following the Covid lockdown last year. The club has over 40 members who attend in one of two groups on alternate weeks – Group A on Tuesdays and Group B on Mondays.



Megan has done a superb job since taking over from Shelley Temperley who left at the end of April. The spirit and lovely atmosphere in the club is down to her enthusiasm and caring nature. She has been ably assisted by Emma who took over from Eric Hyom in March. Emma has now stood down from the Chill Out Club and Lisa Warren has recently joined to take on the role of assistant, and we welcome her onto the team.

Our thanks go to Stephen who drives the minibus for Group A and has now gone on to volunteer with both groups, and to Angie and all the staff at the Good Companions pub who have been hugely supportive and have made us feel so welcome.

Active Citizens



The overriding priority, which has been successfully achieved, has been to get Active Citizens back to its level of activity before the first Covid lockdown. Several projects have been initiated which have included the environment, litter management and financial concerns mainly around the cost of living.

The visit by the Mayor of Eastleigh in March was a major highlight, and it was superb to welcome her to the group and to hear about the important role that the Mayor has in supporting the community.

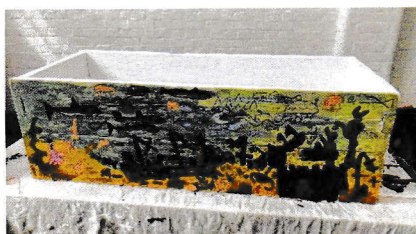


We also visited God's House Tower in Southampton in preparation for the start of the delayed project with A Space Arts.

Sadly, Pauline Spiers and Shelley Temperley left us in March and April respectively. However, we have been delighted to welcome Amber Babey who took over from Shelley, and Emma Baxter who has replaced Pauline. They have both adapted brilliantly to their roles, and there are some exciting plans for the forthcoming year.

Flagship Art

It has been great to see Flagship Art get back to its regular meetings on Thursday mornings. Caroline Rackham has been busy during the year devising new art projects with some great results. This is a great opportunity for people to develop their creative skills, and we are really keen for new members to join this most enjoyable club.



Gardening Club



This has not been an easy year for the Gardening Club having experienced one of the severest droughts on record. Mariamah and the volunteers, however, have done a wonderful job with limited water to keep allotments productive and fruitful!



During part of the season, while Mariamah was away, we were delighted to welcome back Maria Dowding who kindly covered for Mariamah in the summer.

Our thanks also go to Terry Wheeler and John Chandler for their continued regular support of the Gardening Club.

Walking Club



The Walking Group, which meets most Friday mornings, has become increasingly popular. It's a great way to get out into the fresh air, enjoy the surroundings and spend time with friends. It also has the bonus of ending at the Blackbird Café in the Pavilion on the Park, to enjoy a well earned hot drink and cake!

This group is currently an informal one, but there is the intention to make it part of the EBR Mencap offer in the coming year.

The Wednesday Club

Run jointly with the Multi Sports Club, the Wednesday Club has met consistently throughout the year on the first Wednesday of each month at the QEII Activity Centre, River Hamble Country Park. It provides an exciting variety of activities including skittles, pool, table tennis, themed evenings or just sitting and having a chat with friends.



We have much appreciated the opportunity to jointly run this club with our friends at the Multi Sports Club.

Basketball

This has been a popular club in the past, and for most of the year it met on every other Saturday at the sports facilities at Wyvern College. Sadly, due to dwindling numbers and funds this club has been temporarily suspended and will be restarted in the new year when hopefully new funds are available.



Our thanks go to our coach, Craig Hughes, for his enthusiasm and for making the sessions so enjoyable for our members.

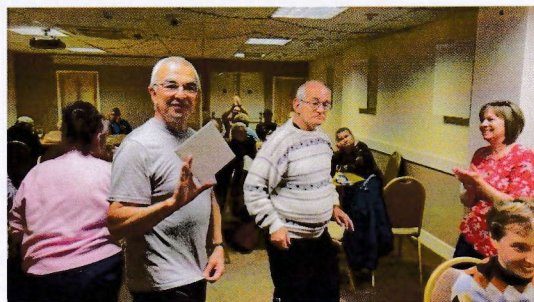
EVENTS

Skittles Evening



The skittles evening was held on 12 October at the Locomotive Engineers Club in Eastleigh. What a great evening it was with some very accurate skittling!

Elaine took the opportunity to thank Eric Hyom on behalf of the members, who retired after many years of immensely valuable service, for all his support, invaluable work, and dedication to the Society.



Eastleigh Platinum Jubilee Fayre

We were well represented at the One Community Eastleigh Platinum Jubilee Fayre in June which was a great occasion to celebrate this amazing event which has never happened before and probably won't happen again for a very long time! It was wonderful to be part of it and fortunately the weather was kind to us.

Quiz and Curry Night at The Concorde Club

After a break of 2 years, we were delighted to be able to return to the Concorde Club on 28 June for the very enjoyable Quiz and Curry night. Everyone had a lot of fun, and we raised an amazing £760.

Summer BBQ at the Royal Victoria Country Park



We were so fortunate to have perfect weather for this annual fun event which was held on 9 July at a great venue at the Royal Victoria Country Park. With games and plenty of refreshments the 40 or so people who attended had a great day out.





How you can help

As a small charity, we are always working to identify ways to grow and enhance the services we provide, both supporting people within our community and working with key stakeholders to learn about and improve the lives of the people we support.

We are always keen to hear from people who would like to help us and there are lots of ways you can get involved in our work and help to support people with learning disabilities living in our community.

Volunteer for us!

Our volunteers are involved in all of our group activities, fundraising and special events. There is lots of variety and the opportunity to gain experience, meet new people and contribute to valuable work in your community.

If you have an interest in supporting people with learning disabilities and helping a local charity, please get in touch to find out how you can help.

Fundraise for us!

Do you have a great idea for a fundraising event, is your workplace looking for a charity of the year partnership, or would you like to support us and need some ideas? We welcome enquiries from anyone who wants to find out more about supporting our work through fundraising.

Become a Member!

You can become a member and support our work through an annual subscription of just £12. The money raised through our membership directly supports our work and helps to fund the services we deliver to people with learning disabilities. As a member you get priority booking for all of our events and services and a regular supporter newsletter, to keep you updated on our work.

To find out more, contact us on 07799 370043 or email info@ebrmencap.org.uk



Registered Charity Number
263620

TREASURER'S REPORT

2021 - 2022

Henry Rau and Paul Glover

**STATEMENT OF INCOME & EXPENDITURE ACCOUNT -
YEAR ENDED 30 SEPTEMBER 2022**

Income	Restrict ed	Unrestrict ed	Total	<i>Prior Year</i>
Grants & Donations		2739	2739	5220
Eastleigh Friends for People with a Learning Disability				7985
Mayor's Charity Appeal				7830
Fundraising inc Local Giving		1246	1246	233
Membership Fees		355	355	303
Active Citizens	9250	1341	10591	473
Basketball Club	500	252	752	106
Grantham Green Growers		0	0	263
Chill Out Club		2315	2315	105
Operations Manager	3000	0	3000	3228
Flagship Art Club		1061	1061	132
Gardening Club		355	355	0
Wednesday Club		207	207	0
New Arts Project	1900	0	1900	0
Outings		350	350	0
Administration		0	0	0
Bank Interest		2	2	2
Gift Aid		261	261	156
Website Redesign		2000	2000	0
Total Income	14650	12484	27134	26036
Expenditure				
Fundraising Costs		1243	1243	223
Active Citizens	548	7719	8267	2152
Basketball Club	500	1667	2167	759
Grantham Green Growers		688	688	42
Chill Out Club		5849	5849	1095
Operations Manager	3000	560	3560	5621
Flagship Art Club		3150	3150	642
Gardening Club		3484	3484	3632
Wednesday Club		710	710	0
New Arts Project	1820	0	1820	0
Outings		366	366	0
Administration		2299	2299	1051
Insurance		651	651	651
NET Covid19 support		0	0	331
Website Redesign		3360	3360	0
				1619
Total Expenditure	5868	31746	37614	9
Excess of Income over	8782	-19262	-10480	9837

Expenditure

BALANCE SHEET AT 30 SEPTEMBER 2022

	Restrict ed	Unrestrict ed	Tota l	Prior year
	£	£	£	£
Current Assets				
Bank Accounts	8782	8441	17223	2770
Query/overs in cash	0	75	75	2
				76
				2777
Total Current Assets	8782	8516	17298	8
Income & Expenditure Account				
Balance at 30 September 2021	-2567	30345	27778	-
Excess of Income over expenditure for Year	8782	-19262	10480	1794
				1
				9837
				2777
Balance carried forward	6215	11083	17298	8

Breakdown of administrative costs

	2021/ 22	2020/ 21
Affiliations and memberships	244	78
Advertising	267	0
DBS checks	164	156
Equipment	341	164
Training/recruitment	20	115
Payroll costs	580	444
Hall hire	210	0
Transport	77	0
Website fees	245	0
Other	151	94
Total	2299	1051

Coronavirus Job Retention Scheme

No longer applicable.

GRANTS AND DONATIONS RECEIVED IN 2021-22

Boyatt Wood Pharmacy

Concorde Club

Eastleigh Borough Council

HCC: A Dowden

Hampshire & Isle of Wight Community Foundation (HIWCF)

The Misselbrook Trust

The National Lottery

Postcode Society Trust via Local Giving

YAPP Charitable Trust

**Independent examiner's report to the trustees of Eastleigh
Borough and Romsey Mencap** Registered Charity Number 263620

I report on the accounts of the Trust for the year ended 30 September 2022,

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general Directions given by the commission under section 145(5)(b) of the 2011 Act
- to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

Lorraine Healy,

9 Moorgreen Road, West End, Southampton SO30 3EA

24/02/2023