

TRUSTEES' ANNUAL REPORT

and

FINANCIAL STATEMENT

For the year ended 31st December 2022

MEDICAL AND SCIENTIFIC AID FOR VIETNAM, LAOS AND CAMBODIA
Annual Report for the year ended 31st December 2022

The Trustees present their report for the year ended 31st December 2022.

The Charity is an unincorporated association established in June 1965 as the Medical Aid Committee for Vietnam and is registered with the Charity Commission No. 252906. The Charity's name was changed to Medical and Scientific Aid for Vietnam, Laos and Cambodia when aid was also sent to Laos and Cambodia. A new constitution based on the Charity Commission's model was formally adopted at the Annual General Meeting in July 2010. Medical and Scientific Aid for Vietnam, Laos and Cambodia, is also known by its abbreviated form of MSAVLC.

Trustees are elected on an annual basis at the Annual General Meeting of the Charity; new Trustees are inducted fully on all the charity's projects and given appropriate literature. All new Trustees are required to be prepared to take on a specific role in the running of the charity. Trustees can be co-opted onto the Committee, if necessary, to fulfil a role.

The Trustees during the year were:

Mr Peter Lidgard	Chairman
Mrs Mary Lidgard	Honorary Secretary
Mr John Firth	Honorary Treasurer
Mrs Lynn Firth	
Mrs Susmita Ghosh	
Ms Jenny Gold	

The Honorary Officers of the Charity are:

President of the Charity:	Vice-Presidents:	Medical & Scientific Advisor:
Dame Judi Dench DBE	Sir George Howarth MP	Dr. Stewart Benzie
	Lord Balfe of Dulwich	
	John Pilger	
	Honorary Legal Advisor:	
	Simon Mumford BA	

The Principal Address of the Charity is: Anchor Cottage, 3, Horsefair Street, Charlton Kings, CHELTENHAM, Gloucestershire, GL53 8JF

Objects of the Charity

The objects of the charity are:-

The relief of sickness, the promotion of good health and the advance of medical research in Vietnam, Laos and Cambodia.

In furtherance of these objectives, the Charity shall have power

- a) To send medical, scientific and food aid, supplies, equipment and literature to Vietnam, Laos and Cambodia.
- b) To further, and to assist in the furtherance of, medical research provided that the useful results of such research shall be disseminated.
- c) To foster the exchange between Vietnam, Laos and Cambodia and Britain and other nations medical, scientific and technological information and personnel.

The control of the charity is vested in the Trustees and supporters who meet annually to elect Honorary Officers, to receive the Annual Report and Financial Statement for the previous year, and to elect the Trustees for the following year. The day-to-day management of the Charity is the responsibility of the Trustees who aim to meet three or four times per year and correspond with each other regularly via email and telephone during the year.

Detailed project proposals from our Project Directors are submitted for approval by the Trustees, and decisions regarding disbursements are taken by the Trustees at their meetings. New and existing projects are reviewed regularly, and accounts, reports and outcomes are provided. It is the aim of the Trustees to send a delegation to visit all funded projects at regular intervals, ideally every two years. During these visits receipts and invoices are checked and the outcomes and impact of projects recorded. New proposals are received, to be discussed and approved by the Trustees.

The charity has taken into account that the risk of accidents or ill health may occur during the Trustees' visits to projects, and all Trustees are advised to take appropriate measures in the form of insurance and medications.

A Safeguarding Policy is held by the charity and is reviewed every two years.

Donations are received mainly as a result of publicity campaigns, chiefly the publication of the news Bulletin three or four times per year, from leaflets, and by notifications in Facebook and on our website. From time-to-time fund-raising activities such as suppers, sponsored events, and talks are organised. Donations sent for a specific project, or specified purpose are recorded as Restricted Income and are only used for that specified purpose. All other donations are recorded as Unrestricted Income.

Complete detailed records of Income and Expenditure are maintained by the Honorary Treasurer, and a Financial Statement is prepared at the end of each month for the approval by the Trustees.

The Honorary Treasurer's Report is included within the Trustees' Annual Report.

The Charity financially supported during the year:

- The continuation of the project 'Listen.Out.Loud, Kratie!' run by All Ears Cambodia (AEC), for a fourth year, until its completion at the end of February 2022.
The project has provided primary ear health care, health education and aural rehabilitation of disabling hearing loss in children and adults in eastern Cambodia.
- School screening and paediatric audiology clinics in northern Cambodia, run by All Ears Cambodia.
- The purchase of musical instruments for All Ears Cambodia.
These were used to introduce music therapy for Khmer children who are deaf or severely hearing-impaired, to help with cognitive and language development, and develop speech and auditory skills.
- A qualified medical doctor to work at the All Ears Cambodia Clinic in Phnom Penh.
The doctor was employed to enhance and promote AEC clinical services in Phnom Penh and at outreach level. He combined clinical and teaching skills as well as direct patient care.
- The continuation of a two-year Paraplegic and Quadriplegic Rehabilitation Project (PQR Project) run by the Disability Development Services Program in Cambodia. (DDSP), until its completion in June.
The project has improved the quality of life for people with disabilities and their families, through access to health, rehabilitation, livelihood, and social inclusion.
- The start of a new two-year Paraplegic and Quadriplegic Rehabilitation Project in July 2022, run by the Disability Development Services Program in Cambodia. (DDSP).
- The continuation of A Health and Wholeness Project at 'Daughters of Cambodia', until its completion at the end of September 2022.

The project helped young women and men in Cambodia escape the horrors of sex trafficking and start sustainable new lives for themselves. It provided skills and training, paired with vital health and support services needed to aid their physical, psychological, and social recovery.

- The start of a new Health and Wholeness Project at 'Daughters of Cambodia' from October 2022, to run for one year.
- Sponsorship of children, and gifts for children, at New Hope Children's Home, Poipet, Cambodia.
The project helped the Home provide shelter and stability for orphaned and abandoned children. The children receive loving care, education, health, and welfare support.
- Continuation of the First Aid Project at New Hope Children's Home.
- Hospital fees for a child at New Hope children's Home.
- Equipment for New Hope Children's Home.
- Wheelchairs for The Vietnamese Association for Victims of Agent Orange (VAVA).

545 wheelchairs were distributed to 39 provinces throughout Vietnam, to assist the victims of Agent Orange to become mobile and more self-sufficient.

Further details of the clients benefitting directly or indirectly from the charity's funding is provided in the 'Projects' section of the charity's website (www.msavlc.org), in the quarterly Bulletins and on our Facebook page. The Trustees believe that all of the funding for the projects supported in 2022 was for the public benefit, as set out in the Charity Commission's public benefit guidance.

Review of Objectives, Progress and Achievements during 2022

As well as conducting their respective executive roles, Peter Lidgard compiled and edited the Bulletin, Mary Lidgard liaised regularly with all project directors, and managed all emails sent to the website contact address, and John Firth maintained the charity's mailing list.

Lynn Firth was responsible for the distribution of the Bulletin by post and email, each quarter, and for compliance with General Data Protection Regulations.

Susmita Ghosh managed the MSAVLC Facebook page.

Jenny Gold liaised with New Hope Children's Home for the welfare of our children there.

The Trustees held meetings four times during 2022, and were in touch regularly by telephone and email, when necessary.

A meeting of the Trustees took place in January 2022.

The main points from that meeting follow:

Money had been sent to Daughters of Cambodia to continue the Health and Wholeness Project until September 2022.

The 'Contact Us' point on the website had been well used and all queries answered.

The Vietnam Union Friendship Organisation (VUFO) had informed us that VAVA had been awarded a labour medal by the Vietnamese government, for its contribution to the people of Vietnam.

An informative newsletter had been received from Daughters of Cambodia informing us of their activities.

It was noted that Global Care, a Coventry charity, had now discontinued their financial support for New Hope Children's Home, and it was discussed what our involvement should be in the future. It was decided to continue with the sponsorship of our three children at the Home and to fund any specific needs if and when requested. Jenny Gold was to take on the responsibility of liaising with the Home with regards to the sponsored children. We continue to fund the First Aid Project at the Home.

Following the death of Professor Trinh, the management team at The Highland Education Development Organisation (HEDO) had changed, and it was proving difficult to communicate with them.

Three fund-raising activities had taken place. The sale of books at the Organic Farm shop in Cirencester, and two fundraising events via Facebook.

Baby clothes had been sent to Vietnam for distribution to families in need.

A meeting of the Trustees took place in March 2022.

The main points from that meeting follow:

Due to ill health Jon Dainton was no longer able to manage our website for us however, we are indebted to Peter Ryan, who has taken on the position.

The Vietnamese Association for Victims of Agent Orange (VAVA) had sent a proposal for more wheelchairs to be purchased, this was agreed, and the requested money sent.

A six-month Narrative and Financial Report had been received from the Disability Development Services Program in Cambodia. (DDSP) which was very satisfactory.

A final Narrative Report had been received from All Ears Cambodia with regard to the 'Listen.Out.Loud Kratie!' Project. This again was very satisfactory.

The Safeguarding Policy for MSAVLC was reviewed, no amendments were necessary. Peter Lidgard agreed to continue in the role of Safeguarding Officer, and the policy was updated until 2024.

All the baby clothes that had been sent to Cambodia had now been received and distributed to families in need.

A plan had been drawn up to inform the director of New Hope Children's Home how we would like to receive reports from him in the future.

Three proposals for funding had been received from All ears Cambodia, and all were approved.

Still nothing had been heard from HEDO and it was decided to investigate it more on the Trustees next evaluation visit to Vietnam.

The Vietnamese Ambassador had agreed that we could hold the Annual General Meeting at the Embassy in May 2022.

A meeting of the Trustees took place in June 2022.

The main points from that meeting follow:

Our contact at the Vietnamese Association for Victims of Agent Orange (VAVA), Mr. Pham Truong informed us that he had now retired due to illness. Ms Do Mai Khanh had taken over as his successor.

Glyn Vaughan from All Ears Cambodia reported that the musical instruments funded by MSAVLC had been purchased, and photos were supplied to us.

A new proposal from DDSP had been received to run from July 2022 to June 2024, and this was agreed by the Trustees.

Our Vice-President John Pilger apologised for not attending the AGM but stated that he thought our work goes from strength to strength, and said "well done, as always."

A progress report had been received from New Hope Children's Home. All our sponsored children are doing well, and despite contacting Covid they were now recovered. The Greenhouse Project was going well, and vegetables had been planted. Photos of the children were supplied. All looked well and healthy.

The Annual General Meeting had taken place at The Embassy of the Socialist Republic of Vietnam in London, and grateful thanks was given to the Ambassador, His Excellency Mr. Nguyen Hoang.

A meeting of the trustee took place in October 2022

The main points from that meeting follow:

The MSAVLC website has been updated.

Ms. Do Mai Khanh from VAVA had been in regular contact with us. The wheelchairs purchased by MSAVLC had been delivered and distributed to Agent Orange Victims, and photos and receipts had been sent to us. It was heartening to learn how many victims had been helped.

All Ears Cambodia had sent us a progress report on our three sponsored projects, along with photos.

Rostitus, the director of New Hope Children's Home, is striving for self-sufficiency and intends to start computer classes and use the income to support the children at the Home. The Trustees requested information from him on the progress of the classes and devised a chart for him to fill in and return to us regularly. Trustees to look very carefully at the situation at the Home on their next evaluation visit next spring.

All Ears Cambodia had sent us a progress report on the three projects that we support with them. The report was thorough and well-illustrated.

A proposal had been received from Daughters of Cambodia to fund another Health and Wellness Project to run from October 2022 to September 2023 and this was agreed by the Trustees.

It was agreed that Trustees should carry out an evaluation visit to Vietnam and Cambodia in March 2023. It was decided not to look for extra projects in Laos, but to respond to any requests that may be made.

Auditors from Daughters had requested information on the money that we send to them, and this was supplied.

A fund-raising quiz was to take place at the Abbey Home Farm. Grateful thanks were given to the organisers.

During 2022

Four Trustees meetings had taken place.

Satisfactory reports had been received from all our project leaders and regular contact made with them all.

Funding had been granted for all of our present projects in Vietnam, and Cambodia.

The Bulletin was published in February, May, August and November, and circulated to all our supporters: Approximately 229 by email, and 154 by post.

The Annual General Meeting had taken place in May at The Embassy of The Socialist Republic of Vietnam in London and was well attended.

Three fund-raising events had taken place.

Peter Ryan had taken over the position of Website Manager.

Ms. Do Mai Khanh had taken over the position of VAVA representative.

The Safeguarding Policy for the charity had been updated.

Future Plans and Key Objectives

The Trustees aim to meet regularly during 2023 and liaise with all the project leaders of the projects which we are currently supporting.

A delegation of the Trustees will travel to Vietnam and Cambodia at the end of February 2023, to visit and evaluate the charity's current projects and visit some related organisations. Their objectives will be:

- To discuss with directors, the projects which we have funded recently, and proposals for future funding,
- To view and check any equipment which has been purchased recently using MSAVLC funds,
- To meet patients and clients who have benefitted from the aid sent by the charity,
- To check records of transactions, receipts and maintenance protocols,
- To obtain verbal or written reports and photographs, to facilitate reporting back to the Trustees, supporters and donors.

We aim to keep our Website, Facebook, and Mailing List up to date, in order to inform our donors and supporters of the charity's activities, and we aim to publish our Bulletin three or four times a year.

We will support fund-raising activities where appropriate.

Finances

The attached Financial Statements show the state of the charity's finances on 31st December 2022 which the Trustees consider to be satisfactory.

The Charity's main bankers are:

The Cooperative Bank plc
1 Islington High Street
London N1 9TR

The Charity's Independent Examiner is:

Mrs Nicola Hewlett MAAT
43, West Street,
Minehead, TA24 5EJ.

Statement of Receipts and Payments for the year ended 31 December 2022

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	notes	Unrestricted £	Restricted £	2022 total £	2021 total £
INCOME					
Donations not gift-aided					
single payments	2	16,107	251	16,358	9,775
regular payments	3	3,010	0	3,010	3,190
Donations gift-aided					
single payments	2	4,655	0	4,655	5,936
regular payments	3	6,133	560	6,693	6,887
Legacies	4	28,075	0	28,075	2,000
Gift aid - tax reclaimed	5	2,718	140	2,858	3,721
Interest received		1,000	0	1,000	17
Investment income		28,323	0	28,323	27,925
Other income		0	0	0	790
Total received (A)		90,022	951	90,973	60,242
EXPENDITURE					
Project expenditure					
Projects in Vietnam, Laos & Cambodia	6	135,625	2,545	138,170	83,609
Project assessment visit	7	7,560	0	7,560	0
Non-project expenditure					
Bulletins	8	1,076		1,076	1,283
General administration					
travel		349		349	15
bank charges	6	107		107	140
accounting costs	9	75		75	75
stationery		63		63	80
postage		63		63	291
copying		24		24	11
admin		0		0	30
Total spent (B)		144,941	2,545	147,487	85,534
NET SURPLUS / DEFICIT (A - B = C)		-54,920	-1,594	-56,514	-25,292
ADJUSTMENTS & TRANSFERS					
revaluation of investments		-128,682	0	-128,682	123,342
Total adjustments & transfers (D)		-128,682	0	-128,682	123,342
NET MOVEMENT IN FUNDS (C + D = E)		-183,602	-1,594	-185,196	98,050
RECONCILIATION OF FUNDS					
brought forward from previous year (F)		1,199,418	3,179	1,202,597	1,104,547 (2020)
carried forward to next year (E + F)		1,015,816	1,585	1,017,401	1,202,597

	notes	Unrestricted £	Restricted £	2022 total £	2021 total £
ASSETS	10				
Cash funds					
Co-op Bank current account		21,717	0	21,717	57,238
Santander current account	11	680	0	680	660
Paypal account	12	1,110	0	1,110	1,447
Held as cash		0	135	135	135
COIF 1C deposit fund	13	84,670	1,450	86,120	106,796
		108,176	1,585	109,761	166,275
Investment funds					
COIF 1AA ethical fund		907,640	0	907,640	1,036,322
Other monetary assets					
None		0.00	0	0	0
Total assets (G)		1,015,816	1,585	1,017,401	1,202,597
LIABILITIES	10				
Committed funds held	13				
Joan McMichael prize fund	14	0	829	829	829
New Hope Children's Home		0	355	355	0
Hoa Binh Peace Village	15	0	250	250	250
VAVA		0	151	151	2,100
Total liabilities (H)		0	1,585	1,585	3,179
Net assets (G - H)		1,015,816	0	1,015,816	1,199,418

Notes to the accounts

- These accounts have been prepared in accordance with guidelines set out by the Charity Commission.
- Single payments received by cash, cheque or BACS transfer into our Co-op Bank account, and by direct transfer or debit/credit card into our PayPal account.
- Regular payments received by standing order into our Co-op Bank, Santander and PayPal accounts.
- From the estate of Dr Constance Hunter.
- As at 31 December 2022 we had reclaimed tax on all gift-aided donations received prior to 1 December 2022; tax reclaimed is classified as unrestricted, except where we have received a substantial gift-aided restricted donation.
- See back page for projects. Charges incurred in transferring money overseas are classed as project expenditure.
- Cost of sending trustees to Vietnam, Laos and Cambodia to review supported projects.
- 'Bulletins' item includes all associated postage, printing and stationery costs.
- Includes cost of gift to independent examiner; financial report (year ending 31 December 2021) examined free of charge.
- The charity owns no property, has no employees, no borrowings and no debts.
- The Santander account remains open (monthly charge 30 pence) solely to receive a £2 monthly standing order from an unknown donor.
- The Paypal account mainly receives donations made through our website and six monthly standing orders.
- All restricted funds are committed to the project or purpose specified by the donors.
- The Joan McMichael prize (£300) is normally awarded annually. Prize winners are decided locally at Ky Anh Hospital. The prize was not awarded in 2022 due to communication difficulties with the hospital.
- Includes £135 held as cash.

MSAVLC - 2022 PROJECT EXPENDITURE

date completed			gross payment including fees
27/01/2022	VAVA	Wheelchairs	£ 30,999.94
15/02/2022	New Hope Children's Home	Sponsorship of three children for half year	£ 480.97
01/04/2022	All Ears Cambodia	Training & deployment of seven clinicians at Siem Reap (year 1 of 2)	£ 14,743.21
01/04/2022	All Ears Cambodia	Provision of instruments for music therapy	£ 1,140.00
01/04/2022	All Ears Cambodia	Sponsor one full-time medical doctor	£ 9,758.00
01/07/2022	DDSP	Continuation of PQR project	£ 43,845.07
21/07/2022	New Hope Children's Home	Hospital fee for one child	£ 239.57
18/08/2022	New Hope Children's Home	Computer equipment	£ 5,326.34
12/09/2022	New Hope Children's Home	Sponsorship of three children for half year	£ 555.52
04/10/2022	Daughters of Cambodia	Health & Wellness Recovery Project	£ 30,759.00
13/10/2022	New Hope Children's Home	Hospital fee for one child	£ 322.86
21/10/2022	Review visit in 2023	Air fares	£ 7,560.00
			£ 145,730.48



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

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Report to the trustees of

Medical & Scientific Aid for Vietnam, Laos & Cambodia

**On accounts for the year
ended**

31 December 2022

**Charity
number**

252906

Set out on pages

9 and 10

I report to the trustees on my examination of the accounts of the above charity ("the Trust").

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:**Date:**

16/5/23.

Name:

Mrs Nicola Hewlett

**Relevant professional
qualification(s) or body
(if any):**

MAAT

Address:

43 West Street

Minehead

Somerset TA24 5EJ