



Here for young people
Here for communities
Here for you

Yma i bobl ifanc
Yma i gymunedau
Yma i chi

YMCA BARRY

Annual Report 2021 – 2022

Helping young people to belong,
contribute and thrive.

Chair report 2021-2022

It gives me great pleasure to present this YMCA Barry Annual Report which incorporates summary financial information from the financial statements for the year ended 31 March 2022. YMCA Barry is a registered charity and is controlled and directed by a Board of Management comprising volunteer trustees and local government representatives. I am extremely grateful for the support of my colleagues on the Board and for the additional value their differing perspectives have brought to our deliberations.

During the year, Covid-19 pandemic closures and restrictions have continued to affect the delivery of our programmes and put additional pressures on those providing them. However, the superb hard work, responsiveness and commitment of our staff, partners and members, together with continued close financial monitoring by the trustees, have retained the financial viability of the organisation.

The management skills and tireless efforts of the Chief Executive Officer have underpinned the YMCA's achievements and successes this year. Among these, the following illustrate the organisation's effectiveness and deserve special mention:

- ▶ By June 2021 the number of children and young people returning to gymnastics sessions had reached pre-Covid-19 lockdown levels.
- ▶ The Gymnastics Manager was runner-up in the Bro Radio Community Awards in the 'Triumph over Adversity' category, in recognition of her outstanding contribution to supporting gymnasts during lockdowns.
- ▶ Four female gymnasts gained places in the Welsh South Central Squad and five male gymnasts gained places in the Welsh Foundation Squad. Two young male gymnasts were selected to represent Wales at the British Elite Grades. One of these gymnasts is now in the Great Britain Foundation Squad, the only Welsh gymnast to gain a place.

On March 19th 2022, YMCA Barry opened its doors fully, nearly two years to the day after they had been closed due to Covid-19 regulations. On behalf of the Board of Management I thank all staff and volunteers for their remarkable response to the exceptional circumstances which arose over this period. I want particularly to recognise the challenges and concerns they faced during the past year when working gradually to return to more accustomed ways of operating whilst keeping the YMCA premises Covid-safe for themselves and visitors.

In conclusion, I am sad to report the recent death of Mr Colin Buffin, who was one of three YMCA Barry Property Trustees. As a former YMCA head coach, he was instrumental in developing the YMCA Barry gymnastics club. Colin was well-liked and respected, and we send our condolences to his widow and family.

Lesley Virgin
Chair, YMCA Barry

BOARD OF MANAGEMENT – GOVERNANCE

Trustees sitting on the Board of Management during the year

Mrs Lesley Virgin	Chair – Appointed Chair 18.02.2021
Mrs Joyce Dent	- Treasurer
Mr Geoff Davies	- Vice Chair
Mr Chris Elmore	- Representative of Vale of Glamorgan Council
Cllr Lis Burnett	- Representative of Vale of Glamorgan Council
Cllr Kathryn McCaffer	- Representative of Vale of Glamorgan Council
Cllr Helen Payne	- Representative of Barry Town Council
Cllr Sanda Perkes	- Representative of Barry Town Council

The Board trustees sign a Code of Conduct and a Register of Interest.
The Board meets six times a year and there are committees that report to the Board.

FUNCTIONS OF THE BOARD

Responsibility	<ul style="list-style-type: none">- For overall governance and strategic direction- For efficient use of funds and property- To ensure the aims, objectives and organisation goals are in accordance with the association’s governing document- Appointing and monitoring the work of senior staff
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FUNDERS



Simon Gibson
Trust

Allways

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05 - Gymnastics

16 - Music Workshops

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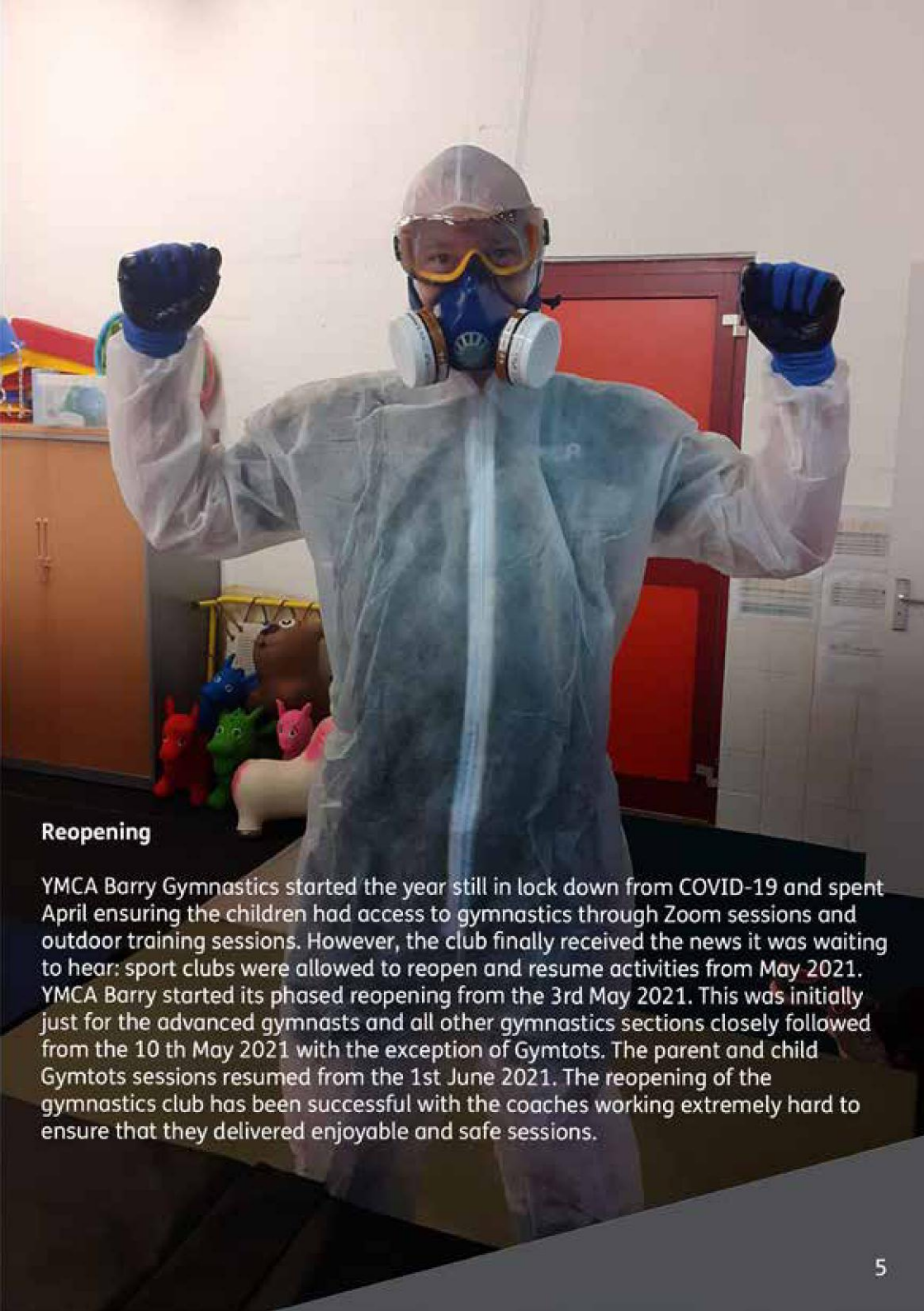
Chief Executive's Statement

Another challenging year of uncertainty and worry about how the charity could sustain itself and bounce back from numerous lockdowns. Thankfully with the support from our members, partners, funders and the amazing YMCA staff and volunteer team, we did just that. We all had to learn to operate a little differently, continuing to follow comprehensive COVID 19 safety measures to protect everyone as best we could.

The gymnastics club phased reopening in May 2021 saw the return of hundreds of children and young people, reaching pre COVID 19 attendance figures much quicker than expected. Throughout the year we worked with our partners to ensure we delivered as many services as possible to the young people and community we serve.

Finally reopening the front doors on 19th March 2022, two years since they had been locked, we welcomed everyone back into our centre. My sincere thanks go to everyone who has believed in us and supported us during what has been a challenging time.

Anthea Clements
Chief Executive Officer



Reopening

YMCA Barry Gymnastics started the year still in lock down from COVID-19 and spent April ensuring the children had access to gymnastics through Zoom sessions and outdoor training sessions. However, the club finally received the news it was waiting to hear: sport clubs were allowed to reopen and resume activities from May 2021. YMCA Barry started its phased reopening from the 3rd May 2021. This was initially just for the advanced gymnasts and all other gymnastics sections closely followed from the 10 th May 2021 with the exception of Gymtots. The parent and child Gymtots sessions resumed from the 1st June 2021. The reopening of the gymnastics club has been successful with the coaches working extremely hard to ensure that they delivered enjoyable and safe sessions.



'Big shout out to Barry YMCA Grade 4 girls (and coaches Emma & Jacqui). Freya was the only Bedwas girl competing today at Regional Grades and was placed with your group. The girls welcomed her and cheered her on, showing great 'sportsmanship'. It was lovely to see'

Bedwas Parent, Grade 4 girls

14 gymnastics coaches and 6 volunteers delivered 3150 gymnastics sessions, 5250 hours, across 7 gymnastics disciplines to over 1300 children. Per week!

Gymnastics Team

The gymnastics team had some changes throughout the year with a new Head Coach of Female & Mixed Gym Juniors and Female Gymspire. Two part time assistant coaches were appointed to two new full time positions as Development Lead Gymnastics Coaches. A new Trampoline specific coach also joined the team and is now running the trampoline specific classes.

Gymnastics Training

Despite its being a busy year, the gymnastics coaches continued with their training. Eleven coaches completed First Aid refresher training and two coaches started their Level 3 Gymnastics Theory qualification. In addition, one coach passed their Women's Artistic Gymnastics Level 1, and three coaches completed Management Training for Developing Managers. Two coaches have also enrolled onto an Apprenticeship Level 2 course in Activity Leadership to help support their development coaching role. One coach was accepted onto the Vale of Glamorgan's Coaches of the Future Scheme. To conclude, all YMCA Barry staff completed Autism Awareness training and due to this commitment and level of training, YMCA Barry was declared an Autism Aware Organisation.

Make up Gymnastics Camps

Demonstrating the generosity of some of the gymnastics members, many paid their fees throughout or for part of our closures. This level of support from the gymnastics members throughout three closures was a tremendous help to the club. As a 'Thank You' to these members additional 'make up camps' were organised whereby children would attend gymnastics camps which were a combination of training and games. The children loved the sessions and all camps quickly became fully booked. This was a huge undertaking for the club, balancing the normal gymnastics Covid-safe timetable with over 150 hours of make up camps.

The recreational children attended three hour camps and the advanced gymnasts attended between three and six hour camps. The feedback and gratitude from parents were extremely positive.

Summer of Fun

As part of the Welsh Government's initiative to get children back into sport after COVID-19, the club worked with the Vale of Glamorgan Sport and Play Team to deliver free gymnastics taster sessions. Over the summer holidays many children attended five different gymnastics sessions: Under 3's, 3 – 4 years, 5 – 8 years, 8 – 12 years and 13 + years. This was a great way to raise awareness of the club and provide a positive gymnastics experience to a range of children. It also led to a number of children joining the club.





New Classes for September 2021

During the summer, preparations for a busier September timetable began in readiness for the relaxation of some of the COVID-19 requirements. The timetable for September included additional Gymtots classes as well as GymKids and the introduction of a Recreational Disability specific class, Trampolining, Home Education and Adult Gymnastics. These additions will go some way towards developing a gymnastics timetable that has something suitable for everyone. Home Education Gymnastics has been particularly popular.

Under 5's

The Under 5's programme provides engaging lessons from babies to four year olds attending their first afterschool club. The different classes provide children with a gymnastics structure to focus on the FUNdamentals skills which provide an excellent foundation both physically and mentally for a healthy future.

As part of the phased return to gymnastics, Gymtots returned from the 1st June 2021, initially with just two classes and gradually increasing. Due to all the necessary changes regarding COVID-19, Gymtots classes went from being a drop-in session to one for which parents signed up for a month. By September 2021, the under 5's timetable was full which included an additional GymKids class as well as reintroducing GymBabies and Structured Gymtots. The Under 5's programme has been important to the parents and children as many of the youngest children attending had never been able to attend activities such as gymnastics due to lockdowns. Despite all the challenges prior to and during this year, over 500 children within this age group have benefitted from the classes.



Gymnastics for All

The Gymnastics for All section of the club covers all the classes for five years and over that last between one and two hours. This is the largest section in the club with over 650 children accessing the following classes over the last year - Female, Male & Mixed GymJuniors, Teen Gymnastics, GymSpire, Home Education Gym, Trampolining, Disability Gymnastics and Adult Gymnastics. The Gymnastics for All programme is designed to ensure that everyone can find a place within the gymnastics programme. The ethos of these classes is for gymnasts to have fun and progress in gymnastics at a level appropriate to them. The GymJuniors classes help children build on their physical literacy and enhance their gymnastics basics to work towards more complex gymnastics skills. Some of the children will then progress to GymSpire where the gymnasts will work towards the Welsh Gymnastics grassroots competitions.



Tumbling Gymnastics

Tumbling gymnastics is one of the more recent additions to the gymnastics timetable and allows gymnasts who may struggle to compete on all apparatus a competition pathway. The club currently has fifteen gymnasts working towards tumbling specific competitions and seven gymnasts secured a place within the South Area Welsh Tumbling Squad.



Female Advanced

It has been a challenging time for the competitive squad to get back into training after three lockdowns and only being able to complete basic training at home or in parks. Nevertheless, the female advanced section of the club has worked extremely hard to regain their gymnastics skills and work towards competitions.

26 gymnasts competed in the South Central Classic Challenge, whereby all gymnasts came away with at least one award and the club came away with two overall age group champions.

23 gymnasts also completed their Club and Regional Grades with all gymnasts passing their grades and two gymnasts qualifying to represent the area in the Welsh Grade Finals.

Furthermore, 4 gymnasts gained places in the South Central Wales Squad and Olivia Melinn retained her place in the Welsh Development Squad and Azaria Karim in the Welsh Preparation Squad.





Male Advanced

Despite the gymnasts having considerable disruption to their training, the male competitive gymnasts have persevered with many outstanding results.

Jamie Tran and Levi Scott were selected to represent Wales at the British Elite Grades competition. Against the best gymnasts of their age in Great Britain Levi achieved 3rd on high bar and 13th overall with Jamie gaining a perfect 10 on his Physical Preparation Programme routine, 3rd on pommel horse and 10th overall. Following on from this, Jamie was invited to attend a trial for the British Squad alongside his coach Bradley Haysham.

Jamie underwent a number of testing exercises with the GB National coaches and subsequently gained a place in the prestigious Great Britain Foundation squad. Jamie is the only Welsh gymnast to have gained a place within the squad. In addition to this, five male gymnasts gained places in the Welsh Foundation Squad.

Four male gymnasts attended the British Artistic Gymnastics Championships and competed against the best gymnasts in Britain with Henry Lewis achieving 4th on Vault in the Under 18's category and Michael Tang 4th on High Bar also in the Under 18's category.



Music Workshops

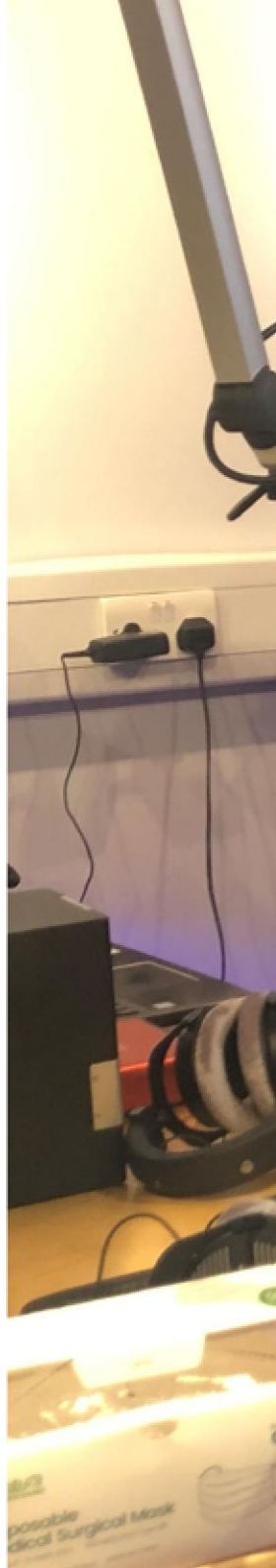
YMCA Barry held music workshops between February and March 2022.

The workshops focused on engaging young people and young carers across the Vale of Glamorgan, to develop skills that help people to express emotions and creativity through song writing.

Using music as a medium to express emotions has proven to be a successful way to engage young people and by writing their own music and songs, young people have found it easier to communicate messages and express emotions which they would not feel comfortable having a conversation about.

With two accomplished song writing tutors and volunteers, the music sessions saw young people and young carers write and record over 6 original music pieces and develop critical social skills. All participants learned the basics of how to structure a song both conventionally and unconventionally.

At the final session the young carers showcased their recorded music masterpieces on a radio show at the community radio station Bro Radio.





SUMMARY FINANCIAL INFORMATION

The following figures are taken from the signed financial statements of Barry YMCA for the period 1 April 2021 to 31 March 2022, approved by the trustees of Barry YMCA on 23 September 2022.

The financial statements were subject to an Independent Examination.

Annual Operations:	Unrestricted funds £	Restricted funds £	31-Mar-22 Total £	31-Mar-21 Total £
Income:				
Donations and voluntary grants	34,111	6,390	40,501	185,684
Charitable activities	385,151	14,440	399,591	239,336
Other trading activities	13,229	0	13,229	10,221
Investment income	10	0	10	22
Other income	0	0	0	1,260
Total incoming resources	432,501	20,830	453,331	436,523
Less:				
Raising funds	(3,972)	-	(3,972)	(1,192)
Expenditure relating to provision of charitable activities	(462,325)	(44,458)	(506,783)	(453,714)
Total resources expended	(466,297)	(44,458)	(510,755)	(454,906)
NET INCOME(EXPENDITURE)	(33,796)	(23,628)	(57,424)	(18,383)
Transfers between funds	19,129	(19,129)	-	-
Net movement in funds	(14,667)	(42,757)	(57,424)	(18,383)
RECONCILIATION OF FUNDS				
Total funds brought forward	1,108,559	1,713,841	2,822,400	2,840,783
TOTAL FUNDS CARRIED FORWARD	1,093,892	1,671,084	2,764,976	2,822,400

	31-Mar-22	31-Mar-21
	£	£
Fixed assets comprising property, fixtures and equipment	2,924,903	2,983,035
Debtors being what the charity is owed	16,377	24,089
Cash, being monies held at the bank and in hand	108,873	105,399
	<u>3,050,153</u>	<u>3,112,523</u>
Less: What the charity owes		
Suppliers and other creditors	(50,947)	(47,333)
Loan due after more than one year	(234,230)	(242,790)
	<u>(285,177)</u>	<u>(290,123)</u>
Leaving what the charity owns	<u>2,764,976</u>	<u>2,822,400</u>
The funds of the charity comprise:		
Unrestricted funds	1,093,892	1,108,559
Restricted funds	1,671,084	1,713,841
	<u>2,764,976</u>	<u>2,822,400</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 23rd September 2022 and were signed on its behalf by:

L Virgin - Chairr

YMCA BARRY
Court Road,
Barry,
Vale of Glamorgan,
CF63 4EE

Charity Number: 251245

01446 724000

www.ymcabarry.org.uk
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**Yma i bobl ifanc
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Yma i chi**

YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

Mae YMCA yn galluogi pobl i ddatblygu eu potensial llawn o ran meddwl, corff ac ysbryd. Cawn ein hysbrydoli gan ein gwerthoedd Cristnogol ac rydym yn ffyddlon iddynt, ac rydym yn creu cymunedau cefnogol, cynhwysol a grymusol y gall pobl ifanc berthyn iddynt, a chyfrannou a ffynnu.

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TAI**

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CYMORTH A CHYNGOR**