



# YMCA BARRY

Annual Report 2020 – 2021

**Helping young people to belong,  
contribute and thrive**



## CHAIR'S REPORT 2020 - 2021

YMCA Barry is a registered charity and is controlled and directed by a Board of Management comprising volunteer trustees and local government representatives. It gives me great pleasure to present my first annual report as Chair of YMCA Barry, succeeding Mr Chris Elmore who resigned as Chairman in February. Chris Elmore joined the Board as a volunteer trustee in 2004 at the age of 21, and became Chairman in October 2007. I wish to record the Board's appreciation of his commitment to the organisation. His informed input has been valuable in the development and success of YMCA Barry. We welcome his decision to remain as a Board member and are grateful for the continued availability of his knowledge and experience.

This report incorporates summary financial information from the financial statements for the year ended 31 March 2021. Our activities have been significantly and adversely affected throughout 2020 - 2021 by the Covid-19 pandemic closures and restrictions. Nevertheless, through their superb hard work, responsiveness and commitment, our staff, partners and members have overcome the many new, unexpected difficulties and uncertainties. As a result, this has been a year of positive outcomes despite the challenges:

- ▶ Continuing close monitoring by the trustees has maintained the financial viability of the organisation.
- ▶ Application of sound Covid-19 safety measures in accordance with Government and regulatory bodies' requirements has ensured that no Covid-19 infection has arisen within the Centre.
- ▶ Appropriate take-up of Job Retention Scheme funding and regular internal communication have underpinned the successful retention of staff.

The management skill and tireless efforts of the Chief Executive Officer have been key to these management achievements as well as to the successes of the programmes and partnership activities which have been possible this year. Among these, we should celebrate that:

- ▶ Two of our gymnastics coaches have been selected to participate in the Welsh Gymnastics scholarship programme.
- ▶ Two gymnastics club members have been included on the long list for the Commonwealth Games 2022.
- ▶ Bro Radio, which broadcasts from YMCA Barry, was named Best UK Community Radio Station 2020.

On behalf of the Board of Management I thank all staff and volunteers for their remarkable response to the exceptional circumstances they faced this year. In addition I acknowledge the support of my colleagues on the Board of Management and the additional value brought to our deliberations by their differing perspectives.

**Mrs Lesley Virgin**  
Chair

## BOARD OF MANAGEMENT – GOVERNANCE

Trustees sitting on the Board of Management during the year

Mr Chris Elmore	Chairman	– Stepped down as Chairman 18.02.2021
Mrs Lesley Virgin	Vice Chair	– Appointed Chair 18.02.2021
Mrs Joyce Dent		– Treasurer
Mr Geoff Davies		– Appointed Vice Chair 18.02.2021
Cllr Lis Burnett		– Representative of Vale of Glamorgan Council
Cllr Kathryn McCaffer		– Representative of Vale of Glamorgan Council
Cllr Helen Payne		– Representative of Barry Town Council
Cllr John Hawkins		– Representative of Barry Town Council – resigned 18.02.2021

The Board trustees sign a Code of Conduct and a Register of Interest.

The Board meets six times a year and there are committees that report to the Board.

## FUNCTIONS OF THE BOARD

<b>Responsibility</b>	<ul style="list-style-type: none"><li>– For overall governance and strategic direction</li><li>– For efficient use of funds and property</li><li>– To ensure the aims, objectives and organisation goals are in accordance with the association's governing document</li><li>– Appointing and monitoring the work of senior staff</li></ul>
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**Registered office:** Court Road, Barry, Vale of Glamorgan, CF63 4EE

**Charity Number:** 251245

**Independent Financial Examiner:** Watts Gregory LLP



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### CHIEF EXECUTIVE'S STATEMENT

Firstly, a sincere thank you to each and every person and the grant funders who have supported our YMCA over the last year. It has been a challenging time but as you will see from this report, our team, members and partners have risen to the challenge. We have continued to offer as many services as possible and allowable since March 2020.

The pandemic presented us with uncertainty and hard times but both colleagues and those we serve have shown a strength and belief that I am truly grateful for. This doesn't happen by chance, it happens because we have exceptional people with determination to move forward.

Everyone helped to put in place the required COVID -19 safety procedures and followed them without question, ensuring that all who enter the YMCA centre are protected as much as they can be. As lockdown measures ease, our focus will be on reopening the centre fully, re-engaging our community and getting people involved. Once again thank you to everyone who has supported our YMCA and I look forward to a brighter 2021-2022.

Anthea Clements  
Chief Executive Officer

### DIGITAL MEDIA ENTERPRISE (DME)

Due to the resignation of the media co-ordinator closely followed by COVID -19 lockdowns DME has remained closed since March 2020. The plan is to secure funding and relaunch the department in 2022-2023. The Major Music Project also remains closed as the requirements of social distancing made it impossible to use the recording studios.

Our partnership during the year with Bro Radio has further developed, with Bro Radio taking on the responsibility and associated costs for the recording studio located in Llantwit Major. The studio has been refurbished and now is able broadcast on FM locally and record soloists and duets. Working in partnership we look forward to being able to offer radio and music training services to young people and local residents when guidelines allow.





GYMNASTICS

**11 gymnastics coaches and 7 volunteers delivered across 7 gymnastics disciplines to over 500 children in just four months of the gymnastics club operating during the year**

April 2020 to March 2021 was a year everyone will remember and a very different year for YMCA Barry Gymnastics Club. During this twelve month period, the club was open for less than four months in total and we had to learn quickly how to deliver gymnastics virtually to the club's members.

**Gymnastics Team**

During this very difficult year, the gymnastics staff have had the challenge of juggling many different elements of their roles in order to deliver high quality gymnastics in the safest way possible. The coaching team has had to learn how to deliver engaging gymnastics sessions online and keep the children interested when coaches were only allowed to teach basic physical preparation. They had to balance other duties such as cleaning and additional paper work with their coaching while often running a zoom session alongside a physical session. They have had to learn how to adapt gymnastics sessions so that the children could still learn new gymnastics skills safely without any physical help from their coach while also having much of the equipment removed from the gymnasium if it was difficult to clean.

**Welsh Gymnastics Coach Scholarships**

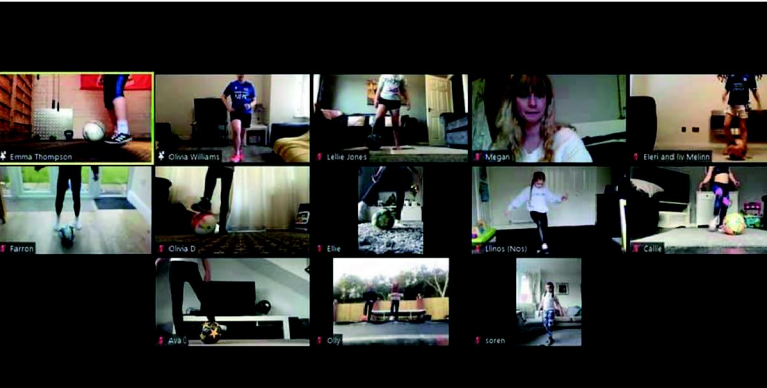
The club had the exciting news that both Bradley Haysham and Lizzie Dare had been selected by Welsh Gymnastics to be a part of their scholarship programme. Due to Bradley's and Lizzie's coaching levels and their potential for progression, they will now work with Welsh Gymnastics National Coaches and specialists to further their training and knowledge. A fantastic opportunity for both coaches and brilliant recognition.

**First Lockdown Closure March 2020**

YMCA Barry Gymnastics heard the devastating news that the club would have to close until further notice from the 23rd March 2020. This was an extremely frightening and concerning time for everyone involved as the club had to rely financially on the Government's Job Retention Scheme. Furthermore, YMCA Barry was amazed by the support and generosity of many of the gymnasts' parents who continued to help during the club's closure. During this lockdown the club tried to ensure that its members were able to stay active and connected with the club via social media.



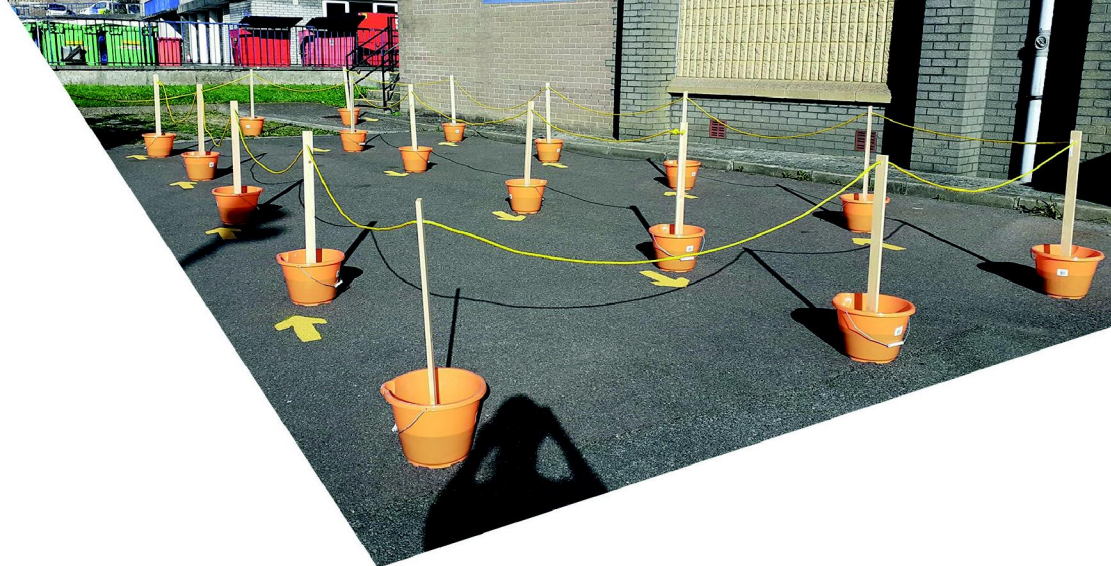
The club posted daily or weekly challenges where parents would send in photos or videos of the children completing the challenges: weekly themes such as 'Transformation Tuesday' where parents would send photos or videos of the children when they started gymnastics and the present to compare. The children were also sent a 'design a leotard' competition template, gymnastics themed word searches and games. Also although the gymnasts could not do actual gymnastics at home, the competitive gymnasts participated in physical preparation Zoom sessions to keep them strong and flexible ready for their return to the club.



Our gymnasts and coaches adapted their training very well throughout the pandemic.







## Reopening August 2020

During August 2020, the club received the exciting news that it could reopen from the 17th August. This meant a huge amount of preparation was required in order to open safely for gymnasts, staff and volunteers. This was a huge team effort whereby all staff came together to ensure the club could open as quickly as possible, while following the correct guidelines.

Part of this preparation included a complete clear out of the foam pit to help ensure there was less dust in the atmosphere, an intense deep clean and clear out of the gymnasium, hand sanitising units and social distancing markers throughout the building and all over the gymnasium as well as developing a new one way system into and out of the building.

In addition, to reduce the risk of contamination, the competitive gymnasts were all given a drawer each to store their equipment so it was not being taken between the club and homes daily. The outside of the building was also altered with queuing systems and social distancing markers to help parents during drop off and pick up time. Finally, due to a last minute clarification regarding sport returning, the gymnasium was split into three separate rooms by installing temporary polythene walls in order to stop the air moving around the gymnasium and to different groups of gymnasts. The club also received funding to have the entire gymnasium painted which was a lovely addition to the reopening preparation, as well as a new sound system and a disinfectant fogging machine to help fight the risk of Covid-19 spreading. The coaching staff all completed additional training which included Covid-19 Welsh Sport Association Training, COSHH Training as well as training within the centre to ensure everyone felt safe and confident with the new procedures.



Our Gym coaches prepared for Fogging disinfectant at the gym during the Covid-19 Pandemic



Finally once the physical aspects of the gymnasium were Covid-ready, a phased return was implemented whereby the advanced gymnasts returned for the last two weeks of August, followed by a restricted timetable for the preschool and recreational gymnasts from the 1st September 2020. Class times were shorter in order to allow coaches time to complete cleaning duties and gaps between classes helped ensure less congestion around the centre. Gymtots parent and child classes were deemed too risky at this time to restart.

Coaches and gymnasts alike were extremely excited to be back in their gymnastics classes, although they were somewhat different from previously with certain apparatus being off limits and social distancing measures being in place. It was fantastic to see over 500 children returned to their gymnastics classes from September 2020, although this was around 300 fewer than pre-Covid, it was a brilliant start to returning to operating gymnastics.

#### **Gymnastics from September to December 2020**

After all the hard work to prepare for reopening, it certainly did not stop there with the club having to tackle many unexpected challenges along the way. This included the implementation of masks being worn indoors which raised a number of difficulties communicating with the children. Furthermore, local lockdowns began from the end of September, with Caerphilly, RCT, Cardiff and finally the Vale of Glamorgan going into local lockdowns. This caused a complex situation whereby many members could not access the club if they did not live in the Vale of Glamorgan. To combat this, the children out of area joined in with some of the sessions via Zoom in order to stay in touch.



In addition, YMCA Barry worked with other local clubs to exchange gymnasts so that they did not miss out on any more training. Gymnasts from YMCA Barry trained with Capital Academy and Evolve Gymnastics and the club welcomed gymnasts from Capital Academy, Evolve Gymnastics and GymFusion. Furthermore, due to the local lockdowns, three elite gymnasts who train with the Welsh Gymnastics Academy and previously trained at YMCA Barry came back to train at the club as they were unable to train in the Cardiff centre.

Once gymnasts were allowed back to the club from the 19th November, Covid-19 cases locally increased significantly. Many children could not attend gymnastics due to self-isolating from school. YMCA Barry did its best to continue to provide Zoom sessions to children who were self-isolating alongside those who were able physically to train at the centre.







YMCA BARRY Gymnastics  
in the park & back at our club





### Third Lockdown Closure December 2020

Despite all the challenges that 2020 brought, the response from the gymnasts' parents has been supportive and positive recognising the club's hard work and dedication to keeping their children safe. The determined efforts of staff and volunteers to work through extremely difficult circumstances has been remarkable.

With the third and hopefully final closure, the club did not give up trying to ensure that the club's members were engaged and still able to access gymnastics. Weekly challenges and activities recommenced as well as zoom sessions for preschool, recreational and squad gymnasts. However, after five months of zoom sessions, it was more difficult to keep the sessions interesting and different. Therefore, YMCA Barry worked with other sports clubs to provide different sporting sessions. A coach from a different sport would deliver a zoom session and a YMCA Barry coach would deliver a gymnastics session. This included ballet, football, street dance, martial arts and cheerleading, all of which the children thoroughly enjoyed. The coaching staff even did themed fancy dress zooms and cupcake-making sessions.

With restrictions gradually easing from March 2021, sporting activity was allowed to recommence outdoors only. Therefore, YMCA Barry gymnastics coaches started to provide outdoor gymnastics training sessions to the advanced squad within local parks. After many months of being apart and only seeing each other through zoom, the children loved the outdoors sessions and these made them more eager to restart their training in the near future.



#### Gymnasts' Parent / Guardian Quotes

*'A seamless return to gymnastics as before. All staff are very welcoming and friendly and great communication via email. Happy Children = Happy Parents'*

*'Since re-opening I can't praise the staff enough, it's been very well organised and I have felt happy for my daughter to come along. All precautions are in place from children's temperatures being taken and social distancing when waiting to drop off and pick up. It has been brilliant'*

*'We are so grateful for all the zoom sessions that have been provided throughout lockdown and these have really helped maintain her strength! However, there is nothing quite like being in the gym for my daughter and she has loved being back. As far as Covid goes, everything is in place at YMCA Barry and it has been nothing but excellent as well as being kept up to date throughout. All very reassuring!'*

*'Absolutely superb. Great communication and interaction with the children as well as parents throughout such a challenging time. Very comprehensive planning that keeps the flow of 'traffic' moving and minimises contact for everyone'*

*'You have done an excellent job bringing the gymnastics back to some 'normality' within restrictions and you all deserve a medal.'*

*'My daughter suffers with anxiety and OCD so she was incredibly nervous to return and we had a few tears before her first lesson back. But she absolutely loved it, she loves the coaches and she loves that little hour where life seems normal again'*



## 2022 Commonwealth Games

After a rollercoaster of a year the club received some fantastic news regarding the upcoming 2022 Commonwealth Games. Club members Harri Morgan and Josh Cook have been named on the long list for the Commonwealth Games. Both gymnasts will undergo many trials throughout the year leading up to the Games in the hope of being named as team members to represent Wales. If they are successful, this will be Harri's first games and Josh's second.

## Staff Continued Professional Development

During lockdown four staff members used the time to complete courses they enrolled on in 2019, all successfully achieving their qualifications, which included: L2 Business Administration, L3 Management (2 staff) and L5 Management and Leadership. Well done to everyone.



## Partnerships

This has been a tough year for all but for young people and those already vulnerable, the impact of Covid-19 has been dramatic. Despite the challenges we faced, we continued to deliver vital education/youth support services and social care to those most in need, in partnership with the Vale of Glamorgan Council.

YMCA Barry is home to Community Radio Station Bro Radio, which broadcast continuously since the first lockdown in March 2020. Volunteer presenters, journalists, newsreaders and researchers all working from home ensured the station provided up to date local and national news and entertainment for our community. The station was awarded the Best Community Radio Station in the UK 2020 for its contribution to the community and work during the pandemic.

We would like to thank all our partners for working with us so closely, keeping services going and ensuring all Covid-19 safety procedures were followed.

**Thank you** to those who funded us:

thewaterloofoundation\*



**TESCO**



**YMCA**  
ENGLAND & WALES

**Simon Gibson**  
Trust



## SUMMARY FINANCIAL INFORMATION

The following figures are taken from the signed financial statements of Barry YMCA for the period 1 April 2020 to 31 March 2021, approved by the trustees of Barry YMCA on 20 August 2021.

The financial statements were subject to an Independent Examination.

Annual Operations:	Unrestricted funds £	Restricted funds £	31-Mar-21 Total £	31-Mar-20 Total £
<b>Income:</b>				
Donations and voluntary grants	185,684	-	185,684	9,659
Charitable activities	229,064	10,272	239,336	443,342
Other trading activities	10,221	-	10,221	41,162
Investment income	22	-	22	19
Other income	1,260	-	1,260	6,457
<b>Total incoming resources</b>	<b>426,251</b>	<b>10,272</b>	<b>436,523</b>	<b>500,639</b>
<b>Less:</b>				
Raising funds	(1,192)	-	(1,192)	(13,536)
Expenditure relating to provision of charitable activities	(404,446)	(49,268)	(453,714)	(521,421)
<b>Total resources expended</b>	<b>(405,638)</b>	<b>(49,268)</b>	<b>(454,906)</b>	<b>(534,957)</b>
<b>NET INCOME(EXPENDITURE)</b>	<b>20,613</b>	<b>(38,996)</b>	<b>(18,383)</b>	<b>(34,318)</b>
Transfers between funds	2,974	(2,974)	-	-
<b>Net movement in funds</b>	<b>23,587</b>	<b>(41,970)</b>	<b>(18,383)</b>	<b>(34,318)</b>
<b>RECONCILIATION OF FUNDS</b>				
Total funds brought forward	1,084,972	1,755,811	2,840,783	2,875,101
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>1,108,559</b>	<b>1,713,841</b>	<b>2,822,400</b>	<b>2,840,783</b>

	31-Mar-21 £	31-Mar-20 £
<b>Fixed assets comprising property, fixtures and equipment</b>	2,983,035	3,060,309
<b>Debtors being what the charity is owed</b>	24,089	16,493
<b>Cash, being monies held at the bank and in hand</b>	105,399	57,718
	<u>3,112,523</u>	<u>3,134,520</u>
<b>Less: What the charity owes</b>		
Suppliers and other creditors	(47,333)	(42,722)
Loan due after more than one year	(242,790)	(251,015)
	<u>(290,123)</u>	<u>(293,737)</u>
<b>Leaving what the charity owns</b>	<u>2,822,400</u>	<u>2,840,783</u>
<b>The funds of the charity comprise:</b>		
Unrestricted funds	1,108,559	1,084,972
Restricted funds	1,713,841	1,755,811
	<u>2,822,400</u>	<u>2,840,783</u>

The financial statements were approved for issue by the Board of Trustees on 20 August 2021 and were signed on its behalf by:

L Virgin - Chair



## **YMCA BARRY**

Court Road,  
Barry,  
Vale of Glamorgan,  
CF63 4EE

**Charity Number:** 251245

01446 724000

[www.ymcabarry.org.uk](http://www.ymcabarry.org.uk)  
[facebook.com/ymcabarry](https://facebook.com/ymcabarry)



YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.