

Bargoed & District YMCA Annual Report 2024/2025

Charity Number: 250969

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This year saw a small decrease to our income, but as one of our regular users is due to return after a long spell of ill-health and we are optimistic that our income will return to usual levels. We continued our efforts to reduce costs to the building and arranged an Energy Audit to show our options for future-proofing the building.

Organisational Structure

Bargoed & District YMCA is affiliated to YMCA England and Wales. We lost two of our new Committee Members and we currently have five members. There is also a non-elected secretary.

The Management Committee is responsible for ensuring that the Charity operates with maximum efficiency and effectiveness, which includes safeguarding the Charity's assets and applying them in accordance with our aims and objectives. The Association has a secretary, also serving as manager, who is the Officer of the Association but does not have the power to vote. The Committee also invites representation from the local authority Community Education Department and the Police.

Bargoed YMCA employs two members of staff, a manager and a caretaker, both on part-time hours at 25 hours per week.

The manager/secretary is responsible for managing the finances, including wages, invoices in and out, petty cash, ordering supplies, grant applications and financial reporting, monitoring and evaluation as well as managing the staff and volunteers.

The part-time caretaker is responsible for maintaining the fabric of the building and with general cleaning.

We have maintained the programme that we rebuilt after the lockdowns and have welcomed new groups and new activities to the building. We have still not attracted some of our historic activities such as employment training as so much of the work has moved online. The work that we do with the Local Health Board was reduced as the Pulmonary project was paused due to the ill-health of the nurses.

We have worked in partnership with other organisations to create a clothing bank which provides free school uniforms and also care packages for families that require help.

We have recruited and trained a number of new volunteers for the football section and currently have 42 volunteers running football teams for young people aged 5-13. We have increased our volunteer training programme and our Football Secretary has established links for development with AFC Bargoed.

We were successful in gaining grants from the local authority for minor changes to the building, improving the flooring in two areas of the building. As a result of the Energy Audit we were successful in an application to the Lottery to install solar panels on the building. The work will take place in the financial year 2025-26 and should greatly reduce our costs.

Review of Development and Activities

The numbers of people accessing services at the YMCA were nearly 2000, which is an increase since last year with new groups offering activities in the community.

The local authority youth club has not returned but we have continued to welcome groups who provide youthwork for specialised groups. We have also been operating as a contact centre for social services. The youthwork for disabled children has increased in numbers and in sessions.

We have worked with the other organisations based at the YMCA to offer Welcome Spaces in the Warm Room scheme.

We joined with other YMCAs in a project with GDN to distribute energy saving information to the community. We have discussed the issues with a number of groups and are looking forward to further developing the project to the local community directly.

Reserves Policy

The management committee strives to maintain reserves to ensure that the charity can continue its work. To this end it aims to hold sufficient reserves to maintain its work for six months. It also holds reserves for the long-term maintenance of the building.

Risk Assessment

The trustees of Bargoed YMCA recognise their responsibility to ensure that the assets and resources of the organisation are used to the best effect in order to endure that its work continues, and that the organisation provides a safety conscious and healthy environment for its employees, its volunteers and its users. This includes regulations and advice concerning COVID.

Advice has been sought from the fire service and Workplace Health Connect. The building has undergone expert risk assessment and we have made the changes that have been recommended. An expert in Risk Assessment advises the organisation on its statutory duties.

Regular financial reports are given to the management committee for financial decisions. Quarterly reports are prepared, and the annual accounts are prepared for the inspection.

Appointment of Trustees

Any person serving as a member of the management committee carries certain legal responsibilities.

The trustees of the charity are the people who, under the charity's governing document, are responsible for the general control and management of the charity. Sometimes an individual is nominated by an outside organisation to be a trustee of the charity. Nominated trustees may be appointed in a different way but they have the same legal duties and responsibilities as any other charity trustee.

All trustees must act solely in the interests of the charity. When a potential conflict of interest for a trustee arises on a particular issue, he or she should not take part in the discussions or vote on that issue.

Anyone who is over 18 years old can be a trustee unless they are legally disqualified from continuing to be or becoming a trustee. Prospective trustees should be selected for their ability to make an effective contribution to the charity in terms of skills and experience.

After we have selected a new trustee, he or she must be formally adopted. Members of the committee will be elected by the Association's members at the Annual General Meeting for a period of three years. One third of the members of the committee will retire annually but will be eligible for re-election along with any other member of the Association. The committee shall have the power to fill a casual vacancy on the committee by appointing such a person to hold office until the next AGM and such person, subject to being qualified, may be nominated at that Meeting as a candidate for election to the committee.

There will be an induction process for all new trustees in order to familiarise them with the work of the charity. Training is available to all trustees via the GAVO training programme which offers specific trustee's training.

Bargoed YMCA: Usage report 2024/25

Group	Number	
Young People		
Football Section (ages 5-12)	160	=
Karate	5	=
Volunteers	42	>
Aikido	25	=
CCBC Hub	80	=
CCBC Youth Group	30	=
DNL Dance Group	60	=
Family Parties	50	
CCBC Carers group	30	N
CPN Party	200	N
PETRA book event	30	N
Total	712	+46
Health		
LHB Cardiac Rehabilitation	200	›
LHB Cardiac Meetings	30	=
LHB Respiratory Rehabilitation	80	<
Dicky Tickers	90	=
Wheezers and Breathers	50	=
Menopause group	30	N
Yoga	24	›
Total	504	+4
Community		
Caerphilly Parent Network	80	=
CPN Award ceremony	90	N
Caerphilly People First	60	=
Friends of Bargoed YMCA	10	=
NAW/meetings	20	=
Person to Person	5	=
Bargoed Male Voice Choir	125	≥
Councillor Surgeries	40	=
Wellbeing Network	50	
Voluntary Sector Network Meetings	20	
Voluntary Sector Sub Committee	20	
CCBC CSCS training	12	N
Multiply Training	30	N
CPN Craft group	16	N
Crafty Ladies	12	N
Local Development Plan consultation event	70	N
Fundraising events	120	N
Total	0	+10

Young People	712	
Health	504	
Community	780	
Total	0	+60

Young people

Category 2

Health

Category 3

Community

Expenditure and Income aggregated through activities

[illegible]

Restricted										
Unrestricted	2812	1012			703			1097		
Total		81029	44501			14268			22259	

Section A

Statement of Financial Activities

Incoming resources (Note 3)

	Total	Unrestricted	Restricted		Total This year	Total Last year
Voluntary Income	26767.37	26767.37		3	26767.37	38866.53
Activities for generating income	38597	38597		3	38597	40946.6
Investment						
Charitable Activities	15665.42		15665.42	3	15665.42	28456.14
Other income						
Total Income	81029.79	65364.37	15665.42		81029.79	108269.27

Resources Expended (Notes 4-8)

Costs of generating income	21695.19	21695.19		4	21695.19	23656.95
Fundraising trading costs					0	
Investment costs					0	
Charitable activities	62750.66	59025.59	3725.07	4	62750.66	72159.9
Governance costs	476	476		4	476	298
Other resources expended	6055	6055			6055	
Total resources expended	90976.85	87251.78	3725.07		90976.85	96114.85

Ney income before transfers	-9947.06				12154.42	-4466.73
Gross transfer between funds	6055			13.3	6055	7311.78
Fixed Assets	2252016			9.2	2252016	108123
Net resources before gains/losses	248123.94				2248123.9	105302.27

Gains/losses on fixed assets	2365016	2365016		9.2	2365016	-1646
Gains/losses on investment assets	1198.03	1198.03		13.2	1198.03	1187.04
net movement in assets/resources	2366214.03	2366214.03	0		2366214	-458.96

Section B

Balance Sheet

Fixed assets

Tangible assets (Note 9)

Investments (Note 10)

Total fixed assets

Total	Unrestricted	restricted		Total this	Total last
2252016		2252016	9	2252018	108123
2252016		2252016		2252016	108123

Current assets

Stock and work in progress

Debtors (Note 11)

Short term investments

Cash at bank

Total current assets

			11	0	0
62225.07	62225.07			62225.07	70934.1
62225.07	62225.07			62225.07	166481.2

Creditors (Note 12)

Net current liabilities

--	--	--	--	--	--

Total assets less liabilities

62225.07	62225.07			62225.07	179057.1
----------	----------	--	--	----------	----------

Creditors: amounts due after one year

--	--	--	--	--	--

Net assets including fixed assets: 2314241.07 62225.07 2252016 2287241 179057.1

Funds of the Charity

Unrestricted funds

Restricted income funds

Endowment funds

Total funds

	62225.07			62225.07	70934.1
	62225.07			62225.07	70934.1

Signed by one or two trustees on behalf of all trustees

Signatures

Print name

Date of approval

B. Horrell

B. Horrell

23rd July 25

J. Price

J. PRICE

23.7.25

Signed by independent examiner

M. G. Price

M. G. Price

30.7.2025

Section C

Notes to the accounts

Note 1 Basis of preparation

- 1.1 These accounts have been prepared on the basis of historic cost in accordance with:
Accounting and Reporting by Charities: Statement of Recommended Practice (SORP 2005)
and with Accounting standards and with the Charities Act
- 1.2 There has been no change to the accounting policies since last year.
- 1.3 No changes have been made to accounts for previous years

Note 2 Accounting policies: INCOMING RESOURCES

Recognition of incoming resources

- These are included in the Statement of Financial Activities (SoFA) when
- *the Charity becomes entitled to the resources
 - *the Trustees are virtually certain they will receive the resources
 - *the monetary value can be measured with sufficient reliability

Incoming resources with related expenditure

Where incoming resources have related expenditure (fundraising or contract income)
the incoming resources and related expenditure are reported as gross in the SoFA

Grants and donations

Grants and donations are included in the SoFA when the Charity has unconditional entitlement to the resources

Contractual income and performance related grants

This is only included in the SoFA once goods and services have been delivered

Gifts in kind

- *Gifts in kind are accounted at a reasonable estimate of their value to the Charity
- *Gifts in kind for sale are included in the accounts only when sold or distributed by Charity
- *Gifts in kind for use by the Charity are included in the SoFA as incoming resources when receivable

Donated services and facilities

Those are only included in incoming resources (with an equivalent amount in resources expended) where
the benefit to the Charity is reasonably quantifiable, measurable and material. The value placed on
these resources is the estimated value to the Charity of the service or facility received

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustee's report

Investment Income

This is included in the accounts when receivable

Investment gains and losses

This includes any gain or loss on the sale of investments and any gain or loss from revaluing
investments to market value at the end of the year

EXPENDITURE AND LIABILITIES: Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the Charity
to pay out resources

Governance costs

Include costs of preparation and examination of statutory accounts, the costs of trustee meetings and cost
of any legal advice to trustees on governance or constitutional matters

Grants with performance conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions
to be met relating to the grant which remain in control of the Charity

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis
consistent with the use of resources, eg allocating property costs by floor area, or per capita, staff costs
by the time spent and other costs by their usage

ASSETS: Tangible fixed assets for use by Charity

These are capitalised if they can be used for more than one year, and cost at least £500. They are valued at
cost or, if gifted, at the value to the Charity on receipt

Investments

Investments quoted on a recognised stock exchange are valued at market value at year end

Section C

Analysis

This year Last year

Membership income			24689.5	38003.25
Reimbursals			1785.28	725.88
Recycling			292.59	137.4
	Total		26767.37	38866.53

e Rentals			38597	40946.6
	Total		38597	40946.6

		Total			

CFP				20000
RIF				604.55
BTC			500	500
CRF				6338
CEF			2921.64	653.59
CCBC:WCF			723.78	360
YMCA			11520	
	Total		15665.42	28456.14

Section C

Note 4

Costs of generating voluntary income	Utilities			18108.43	11180.48
	Building costs			3586.76	12476.47
		Total		21695.19	23656.95

Fundraising trading costs

	Total			

Investment management costs

	Total			

Charitable activities

Club activities			21178.93	13899.86
Grants			3725.07	29123.62
Staffing			36826.66	28045.65
Reimbursals			1020	213
	Total		62750.66	71282.13

Governance costs

Inspection of accounts			0	0
Affiliation fee			274	213
Memberships				35
Bank Charge			8.5	0
Building Assessment			193.5	50
	Total		476	298

Notes to the accounts (continued)

Section C

Support costs

Note 5

	Fundraising	Charitable		Total cost
Support cost type				
Young people		46303		46303
Health & wellbeing		17448		17448
Community		27225		27225
	Total	90976		90976

Details of certain items of expenditure

Note 6

Trustee expenses

6.1		This year	Last year
	Number of trustees who were paid expenses	0	0
	Nature of expenses		
	Total	0	0

Fees for the examination or audit of accounts

6.2

					This year	Last year
					0	0

Notes to the accounts (continued)

Section C

Paid employees

Note 7

Staff Costs

7.1	This year	Last year
Gross wages, salaries & benefits in kind	32252.27	25164.91
Employers Tax/NI costs	2564.2	2328.37
Pension Costs	2010.19	1430.14
Total staff costs	36826.66	28923.42

Average number of full time equivalents

7.2	This year	Last year
The parts of the Charity in which the employees work		
Fundraising		
Charitable activities	1.35	1.35
Governance		
Other		
Total	1.35	1.35

Defined contribution pension scheme

7.3 Brief details of scheme

Bargoed YMCA participated in a multi-employer defined benefit pension plan for employees of YMCAs in Wales, England and Scotland, which was closed to new members and accruals on 30 April 2007.

The plan's actuary has advised that it is not possible to separately identify the assets and liabilities relating to Bargoed YMCA for the purposes of FRS 17 disclosure.

The employer contributions in relation to the pension plan are determined by the Trustee based on advice from a qualified actuary and charged to the SoFA as made.

	This year	Last year
The costs of the scheme to the Charity for the year	417.65	473.16
Amount of contributions outstanding at year end		
Amount of contributions prepaid at year end		

Grantmaking

Note 8

8.1 Total value of grants	Nil
8.2 Grantmaking costs	Nil
8.3 Grants made to institutions	Nil

Notes to the accounts (continued)

Section C

Tangible fixed assets

Note 9

Cost or valuation

9.1

Freehold property cost £160,000

Freehold rebuild cost £2,252,016

Big Lottery Capital grant Cost £124,947 (2004)

	Freehold land	Other land	Plant machinery	Fixtures, fittings	Payments &	
	& buildings	& buildings	& vehicles	& equipment	construction	Total
Balance b/f	160000			124947		284947
Additions						
Revaluation	2,252,016					
Disposals						
Transfers						
Balance c/f	2,252,016			124947		2376963

Accumulated depreciation & impairment provisions

9.2

Basis	SL	RB
Rate	1.5	10%

Balance b/f			0	
Depreciations			0	
Impairment provisions				
Revaluations				
Disposals				
Transfers				
Balance c/f			0	

Net book value

9.3

b/f	160000			
c/f	2,252,016			

Revaluation

- 9.4 If any fixed assets have been revalued please give details of the valuer and the method of revaluation

Our insurers, Gallagher conducted a rebuild cost assessment with an increase to our building sum insured.

Notes to the accounts (continued)

Section C

Investment Assets

Nil

Note 10

Debtors and prepayments

Note 11

Analysis of debtors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year	Last year	This year	Last Year
Trade debt				
Subsidiary undertakings				
Other debtors	0	0		
Prepayments and accrued income				
Total	0			

Creditors and accruals

Note 12 Analysis of creditors

12.1

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year	Last year	This year	Last Year
Loans/overdrafts				
Trade creditors				
Subsidiary undertakings				
Other creditors				
Accruals/deferred income				
Total				

Security over assets

12.2 If any loan, overdraft or other creditors holds a charge or other security over any assets of the Charity, please provide details

Notes to the accounts (continued)

Section C

Endowments and restricted income funds

Note 13

Funds held

13.1

Fund name	Restricted income	Purpose and restriction
Trustee	Interest Account	Benefits of Charity
PayPal	Payment Account	Benefits of Charity

Movement of funds

13.2

	Balance b/f	Incoming	Outgoing	Transfers	Gain/loss	Balance c/f
Fund						
Trustee	41479.71	1198.03			1198.03	42677.74
PayPal	0					0

Transfer of funds

13.3

From fund	To fund	Reason	Amount
C/AC	Paypal	Charitable costs	3135.91
C/AC	Trustee	Charitable costs (paid in 23/24)	6055

Transactions with related parties

Nil

Note 14

Note 15 Additional disclosures

Section C Note 7 Tax/NI

We were in receipt of the Employment Allowance which reduces the NI that is paid by the organisation.

This support is provided as de minimis aid under EU Regulations

As we are a Charity and we do not trade goods/services we do not fall under the de minimus state aid rules.

Section A

Statement of Financial Activities

Incoming resources (Note 3)

	Total	Unrestricted	Restricted		Total This year	Total Last year
Voluntary Income	26767.37	26767.37		3	26767.37	38866.53
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Governance costs	476	476		4	476	298
Other resources expended	6055	6055			6055	
Total resources expended	90976.85	87251.78	3725.07		90976.85	96114.85

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Balance Sheet

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Tangible assets (Note 9)

Investments (Note 10)

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2252016		2252016		2252016	108123

Current assets

Stock and work in progress

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Cash at bank

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			11	0	0
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Creditors (Note 12)

Net current liabilities

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Total assets less liabilities

62225.07	62225.07			62225.07	179057.1
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Creditors: amounts due after one year

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Net assets including fixed assets

2314241.07	62225.07	225016		2287241	179057.1
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Funds of the Charity

Unrestricted funds

Restricted income funds

Endowment funds

Total funds

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Signatures

Print name

Date of approval

B. Horrell

B. Horrell

23rd July 25

J. Price

J. PRICE

23.7.25

Signed by independent examiner

M. Guster

M. Guster

30.7.2025

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		Total			

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Section C

Note 4

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Fundraising trading costs

	Total			

Investment management costs

	Total			

Charitable activities

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Memberships				35
Bank Charge			8.5	0
Building Assessment			193.5	50
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Notes to the accounts (continued)

Section C

Support costs

Note 5

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Community		27225		27225
	Total	90976		90976

Details of certain items of expenditure

Note 6

Trustee expenses

6.1		This year	Last year
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	Nature of expenses		
	Total	0	0

Fees for the examination or audit of accounts

6.2

					This year	Last year
					0	0

Notes to the accounts (continued)

Section C

Paid employees

Note 7

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Governance		
Other		
Total	1.35	1.35

Defined contribution pension scheme

7.3 Brief details of scheme

Bargoed YMCA participated in a multi-employer defined benefit pension plan for employees of YMCAs in Wales, England and Scotland, which was closed to new members and accruals on 30 April 2007.

The plan's actuary has advised that it is not possible to separately identify the assets and liabilities relating to Bargoed YMCA for the purposes of FRS 17 disclosure.

The employer contributions in relation to the pension plan are determined by the Trustee based on advice from a qualified actuary and charged to the SoFA as made.

	This year	Last year
The costs of the scheme to the Charity for the year	417.65	473.16
Amount of contributions outstanding at year end		
Amount of contributions prepaid at year end		

Grantmaking

Note 8

8.1 Total value of grants	Nil
8.2 Grantmaking costs	Nil
8.3 Grants made to institutions	Nil

Notes to the accounts (continued)

Section C

Tangible fixed assets

Note 9

Cost or valuation

9.1

Freehold property cost £160,000

Freehold rebuild cost £2,252,016

Big Lottery Capital grant Cost £124,947 (2004)

	Freehold land	Other land	Plant machinery	Fixtures, fittings	Payments &	
	& buildings	& buildings	& vehicles	& equipment	construction	Total
Balance b/f	160000			124947		284947
Additions						
Revaluation	2,252,016					
Disposals						
Transfers						
Balance c/f	2,252,016			124947		2376963

Accumulated depreciation & impairment provisions

9.2

Basis	SL	RB
Rate	1.5	10%

Balance b/f			0	
Depreciations			0	
Impairment provisions				
Revaluations				
Disposals				
Transfers				
Balance c/f			0	

Net book value

9.3

b/f	160000			
c/f	2,252,016			

Revaluation

9.4 If any fixed assets have been revalued please give details of the valuer and the method of revaluation

Our insurers, Gallagher conducted a rebuild cost assessment with an increase to our building sum insured.

Notes to the accounts (continued)

Section C

Investment Assets

Nil

Note 10

Debtors and prepayments

Note 11

Analysis of debtors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year	Last year	This year	Last Year
Trade debt				
Subsidiary undertakings				
Other debtors	0	0		
Prepayments and accrued income				
Total	0			

Creditors and accruals

Note 12 Analysis of creditors

12.1

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year	Last year	This year	Last Year
Loans/overdrafts				
Trade creditors				
Subsidiary undertakings				
Other creditors				
Accruals/deferred income				
Total				

Security over assets

12.2 If any loan, overdraft or other creditors holds a charge or other security over any assets of the Charity, please provide details

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Notes to the accounts (continued)

Section C

Endowments and restricted income funds

Note 13

Funds held

13.1

Fund name	Restricted income	Purpose and restriction
Trustee	Interest Account	Benefits of Charity
PayPal	Payment Account	Benefits of Charity

Movement of funds

13.2

	Balance b/f	Incoming	Outgoing	Transfers	Gain/loss	Balance c/f
Fund						
Trustee	41479.71	1198.03			1198.03	42677.74
PayPal	0					0

Transfer of funds

13.3

From fund	To fund	Reason	Amount
C/AC	Paypal	Charitable costs	3135.91
C/AC	Trustee	Charitable costs (paid in 23/24)	6055

Transactions with related parties

Nil

Note 14

Note 15 Additional disclosures

Section C Note 7 Tax/NI

We were in receipt of the Employment Allowance which reduces the NI that is paid by the organisation.

This support is provided as de minimis aid under EU Regulations

As we are a Charity and we do not trade goods/services we do not fall under the de minimus state aid rules.