

Ruislip Northwood Old Folks Association

Financial Statement and Trustees' Report for the Year Ended 31 March 2024

Registered Charity Number 250776

Ruislip Northwood Old Folks Association

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Ruislip Northwood Old Folks Association

Charity Information

Charity Name and Number
Ruislip Northwood Old Folks Association
Registered Charity No 250776

Correspondence Address

Tudor Dining Club, 461 Field End Road, Eastcote, Middlesex, HA4 9NZ

President

The Worshipful the Mayor of Hillingdon

Trustees

Mr S McBain (Chairman)
Mr T Markham (Hon' Treasurer)
Mrs C Dann
Mr A Wenman
Mrs L Reed
Mr C James

Bankers

Caf Bank, 25 Kings Hill Avenue, West Malling, Kent
National Savings, Glasgow

Independent Examiner

Mr Sean Murray

Ruislip Northwood Old Folks Association

Trustees' Annual Report

History, Objectives and Activities

The Ruislip Northwood Old Folks Association ("the Association") was set up in 1949 to benefit the elderly residents of Ruislip and Northwood. It now accepts members from other areas of the London Borough of Hillingdon plus members from the London Boroughs of Harrow and Ealing. It operates two dining centres; Elm Park Club in Ruislip and the Tudor Club located in Eastcote. The main functions of the Association are to provide a wholesome cooked meal at lunch time, every weekday, and to promote the social wellbeing and social inclusion for members over the age of 60 years. Both clubs also provide activities on various days which include bingo, scrabble, entertainment and other events determined by the members. These include trips to places of interest such as historic sites, garden centres, the theatre and Christmas markets.

In addition, on four occasions throughout the year, the Association arranges a Sunday Afternoon Tea (SAT) for members and other local residents who are less able to leave their homes on a regular basis. This includes tea, with entertainment, at the Tudor Club. The objectives are to reduce social isolation and to support community integration.

Management and Governance arrangements

The Trust Deed provides for a minimum of 5 and maximum of 10 Trustees. Trustees are elected or re-elected each year at the Annual General Meeting of the Association. When there is a requirement for new Trustees, these are identified and appointed by the remaining trustees and confirmed at the Annual General Meeting.

Queen's Award for Voluntary Service

The Association was delighted to have been awarded The Queen's Award for Voluntary Service (QAVS) in the Queen's 70 Anniversary awards in June 2022. This award recognises the superb efforts of the volunteers and staff, not just now, but over the 75 years that the Association has been providing support to the elderly of the London Borough of Hillingdon.

Financial Review, Investment Policy and Reserves

The Financial year runs from the 1 April to 31 March each year. The accounting standards set out in the Charity Commission's accounting regulations have been followed.

The long term impact of the Covid pandemic and the associated impact on the physical and mental wellbeing of members continues and even now, many are still reticent to return. We have also struggled to recruit new members in volume and are, therefore, still below pre pandemic levels of membership and the number of meals served.

The Association is grateful to the London Borough of Hillingdon (LBH) for their support in the past and this year with final (and much reduced) grant of £30,000. Despite some significant one off grants from The Government's Community Cost of Living Fund from the Department for Levelling Up, Housing and Communities, HS2/Groundworks UK and the Forrester Family Trust, for which we are very grateful. The reduction of the LBH grant, and the ongoing reduction in membership and meal provision, has meant that considerable evaluation and planning by the Trustees over the coming year.

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In 2022/23, The Association received a generous £2,000 legacy donation specifically to support The Sunday Afternoon Tea (SATS) activities. As a result, costs for the 4 teas provided this year have been covered by this donation, now leaving a £725 provision to be carried over for other teas in the next financial year.

The number of meals served this year was 9,912 compared to 9,433 last year, but still below the pre pandemic levels of circa 12,500.

Fortunately, the Elm Park and Tudor Clubs were both able to continue additional after meal club activities to members.

No major capital expenditure was made during the year. The Trustees, however have reviewed the right off period of the assets this, significantly reduces their balance sheet values, to make these more in line with their possible actual net value.

With the reduced LBH grant, reduced meal income and with the cost of living increases, particularly electricity and food, financially the operational activity for the Association (excluding the Tudor and Elm Park Club activities) made a further deficit of £599 compared to the deficit of £34,829 in 2022/2023.

In order to try to mitigate the longer-term financial issues, the Trustees recognise the need to investigate alternative grant opportunities. In addition, we are looking at the meal charges and occupancy and are focusing the marketing of the Association to recruit new members. As a result, we have established an improved website, with associated improvements to our social media presence. This is particularly directed at the families of new, potential members. Plus, we have provided leaflets to local libraries, doctors' surgeries and other relevant local charities (e.g. H4ALL and Age UK). However, the Trustees recognise the negative future economic prospects of the Association going forward.

The Association continues to be very grateful to the hard work and support of all our staff and of the many volunteers who gave over 3,500 hours of their time during the year. It is difficult to quantify, in financial terms, the value the work undertaken but if just the minimum wage is considered, plus Employers NI and Pension contribution, this equates to over £40,000. Gratitude is also extended to the organisations who support the Association and membership activities particularly through what continues to be a difficult time, physically, mentally and financially.

The ongoing loss of the LBH Grant, the reduction in membership and meals, plus the significant increases to the living and employment costs has resulted, unfortunately, in the Trustees having to make some very difficult decisions. The Trustees, with great regret, agreed that we should consolidate our operation to just one site. The decision over the choice of site, was made simpler by the fact that the Elm Park building, which we rent from LBH, has a significant and deteriorating issue with its floor. This is increasingly becoming a Health & Safety concern and LBH have indicated that that any repair was not cost effective. As result the Trustees decided to close Elm Park from March 2024 and unfortunately make the Elm Park staff redundant. We have made plans to encourage all Elm Park attendees and volunteers to come to the Tudor Club where they will continue to get the same good meal and comradery.

Our main banking is undertaken through CAF Bank current and Gold accounts and our reserves are held in National Savings. This gives access to the deposits should it be needed at short notice. The Association Trustees continue to review its policy on reserves giving weight to current events which affect the running

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of the charity. The reserves have been established to support the operation of the services, including rent, supplies, utilities and staff costs for 6 months, plus staff redundancy costs.

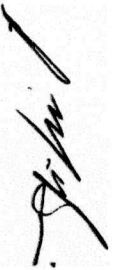
Statement of Trustees' Responsibilities.

Charity law requires the Trustees to prepare financial statements for each financial year which show a true and fair view of the state of the affairs of the charity and its financial activities for that year. In preparing those financial statements, the Trustees are required to:

- 1) Select suitable accounting policies and then apply them consistently
- 2) Make a judgement and estimates that are reasonable and prudent
- 3) State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements.
- 4) Prepare the financial statements on the ongoing concern basis unless it is inappropriate to presume that the Charity will continue in operational existence.

The Trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Charities Act. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the preventing and detection of fraud and irregularities.

Signed on behalf of the Trustees



30th April 2024

Steve McBain
Chair

Ruislip Northwood Old Folks Association

Independent Examiner's Report to the Executive Committee of the Ruislip Northwood Old Folks Association

I report on the accounts of the Association for the year ended 31 March 2021 which are set out in the attached statements.

Responsibilities and basis of the Report

As the charity trustees of the Association you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act")

I report in respect of my examination of the Association's accounts carried out under Section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under Section 145(5) (b) of the Act.

Independent Examiner's Statement

In connection with my examination, I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records are not kept in respect of the Association as required by Section 130 of the Act or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Sean Murray



14 June 2024

MANOR WAY, RUISLIP.

Income & Expenditure Accounts 1 April 2023 – 31 March 2024

RECEIPTS / INCOME	Unrestricted Funds £	Restricted Funds £	Reserve Funds £	Total Funds £	2022-23 £
LBH Grant	30,000			30,000	50,000
LBH Leaders Grant	-			0	2,250
Other Grants	88,044			88,044	24,220
Meal Income Elm	28,335			28,335	23,881
Meal Income Tdor	24,912			24,912	20,188
Membership fees	2,605			2,605	1,860
Sun' Afternoon Tea	549			549	944
Donations	2,842			2,842	950
Interest CAF Bank	1,239			1,239	595
Interest NS&I (Reserved)	-			0	69
Holiday	0			0	7,410
TOTAL RNOFA INCOME	178,526	-	-	178,526	132,367

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	Unrestricted Funds £	Restricted Funds £	Reserve Funds £	Total Funds £	2022-23 £
PAYMENTS/EXPENDITURE					
Net Salaries	92,554			92,554	83,993
HMRC	6,998			6,998	6,588
Pension	2,583			2,583	2,371
Staff Training	101			101	150
Staff Expenses	69			69	233
Suppliers	32,837			32,837	26,140
Entertainment	474			474	500
Sun' Afternoon Tea	0			0	584
Rent	1,873			1,873	2,198
Total Utilities	23,481			23,481	18,408
Stationary	27			27	130
Small Equipment	954			954	2,186
Assets Equipment	-			0	0
Maintenance	4,377			4,377	3,187
Total Professional Services	12,797			12,797	12,808
Holiday	-			0	7,720
TOTAL RNOFA EXPENDITURE	179,125	-	-	179,125	167,196
PROFIT/LOSS	-599	0	0	-599	-34,829

CASH IN BANK AT YEAR END	Unrestricted Funds	Restricted Funds	Reserved Funds	Total Funds	2022-23
CAF CASH	684			684	512
ELM PARK (Restricted)		1,657		1,657	5,123
TUDOR CLUB (Restricted)		3,962		3,962	3,296
CAF GOLD (Inc. Holiday)	64,418			64,418	65,190
NS&I (Reserved)			74,498	74,498	74,498
TOTAL	65,102	5,619	74,498	145,220	148,619

PROVISIONS & ACCRUALS	£
INCOME	
Meal Income Tudor	356
Meal Income Tudor	569
SATS	725
EXPENDITURE	0
TOTAL	200

ASSETS	Fund	Original Cost	Date Purchased	Right off period (yrs)	Annual Depreciation	Current value
Furniture (Chairs)	Unrestricted	2,500	Mar-19	3	833	0
Furniture (Tables)	Unrestricted	964	Sep-21	3	321	0
Cooker	Unrestricted	4,500	Sep-20	3	1,500	0
Fridge/Freezers	Unrestricted	1,000	Apr-15	3	333	0
Steriliser/Dishwasher	Unrestricted	2,855	Jun-20	3	952	0
Tudor						
Steriliser/Dishwasher	Unrestricted	2,500	Sep-20	3	833	0
Furniture (Tables)	Unrestricted	2,500	Apr-19	3	833	0
Cooker	Unrestricted	4,500	Nov-20	3	1,500	0
Fridge/Freezers	Unrestricted	1,000	Apr-15	3	333	0

Ruislip Northwood Old Folks Association

Elm Park Social Club

Details	Income £	Expenditure £	
Tuesday Bingo/Games	178	0	
Art & Craft	218	47	
Scrabble	0	0	
Activities/Day Trip/Saturdays	1468	4494	
Cards &cakes	38	0	
Raffle	411	28	
Donations	53	892	
Bank Charges	10	60	
Water	0	320	
TOTAL	2375	5841	-3466

Tudor Social Club

Details	Income £	Expenditure £	
Bingo	194.00	196.58	
Birthday cards	123.70	199.56	
Tea &cake	623.70	0.00	
Raffles	1192.90	251.56	
Shop	1657.00	1529.32	
Parties	302.72	689.25	
Donations/gifts	15.00	0.00	
Sundries	1.00	155.57	
Outings	802.00	901.80	
Water	0.00	269.40	
Bank	6.76	60.00	
TOTAL	4919	4253	666