

RUISLIP NORTHWOOD OLD FOLKS ASSOCIATION

England & Wales · Charity number 250776

Details

Other names	RUISLIP-NORTHWOOD OLD FOLKS ASSOCIATION, R N O F A
Status	Registered
Legal form	Other
Registered	1967-01-27
Register	View on the Charity Commission register

Contact

Address	The Tudor Club 461 Field End Road Ruislip Middlesex HA4 9NZ
Phone	01895634962
Website	rnofa.org.uk

Activities

Objects: TO PROMOTE AND ASSIST THE GENERAL GOOD OF ALL ELDERLY PEOPLE IN THE URBAN DISTRICT OF RUISLIP-NORTHWOOD. (FOR DETAILS SEE CONSTITUTION).

Activities: Provision of weekday cooked lunches to senior citizen members of the RNOFA with additional social activities, on and off club premises.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services
- **What:** General Charitable Purposes
- **Who:** Elderly/old People

Geography

- **Area of benefit:** URBAN DISTRICT OF RUISLIP-NORTHWOOD
- Hillingdon

Finances

Period end	Income	Expenditure	Assets	Employees
2026-03-31	£54,036	£117,480	-	-
2025-03-31	£103,658	£122,162	-	-
2024-03-31	£178,526	£179,125	-	-
2023-03-31	£132,367	£170,049	-	-
2022-03-31	£153,701	£148,344	-	-
2021-03-31	£162,677	£127,664	-	-

Trustees

Name	Role	Appointed
Alan George Wenman		2019-01-31
CATHERINE DANN		
Jacqueline Markham		2026-01-15
Lorraine Angela Reed		2019-01-31
Stephen Barry McBain		2026-06-24
Timothy Markham		2018-10-18

Accounts

Ruislip Northwood Old Folks Association

**Financial Statement and Trustees' Report
for the Year Ended 31 March 2025**

Registered Charity Number 250776_x

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Charity Information

Charity Name and Number

Ruislip Northwood Old Folks Association
Registered Charity No 250776

Correspondence Address

Tudor Dining Club, 461 Field End Road, Eastcote, Middlesex, HA4 9NZ

President

The Worshipful the Mayor of Hillingdon

Trustees

Mrs L Higgins (Acting Chair)
Mr T Markham (Hon' Treasurer)
Mrs C Dann
Mr A Wenman
Mrs L Reed
Mr C James
Mr St McBain (Resigned July 2025)

Bankers

Caf Bank, 25 Kings Hill Avenue, West Malling, Kent

Independent Examiner

Mr Sean Murray, Manor Way, Ruislip

Trustees' Annual Report

History, Objectives and Activities

The Ruislip Northwood Old Folks Association ("the Association") was set up in 1949 to benefit the elderly residents of Ruislip and Northwood. It now accepts members from other areas of the London Borough of Hillingdon plus members from the London Boroughs of Harrow and Ealing. It operates the Tudor Club dining centre; located in Eastcote. The main functions of the Association are to provide a wholesome cooked meal at lunch time, every weekday, and to promote the social wellbeing and social inclusion for members over the age of 60 years. The Association also provide activities on various days which include bingo, afternoon teas with entertainment and other events determined by the members. These include trips to places of interest such as historic sites, garden centres, the theatre and Christmas markets. With sufficient demand, the Association also organises Spring and Winter holidays for members.

Management and Governance arrangements

The Trust Deed provides for a minimum of 5 and maximum of 10 Trustees. Trustees are elected or re-elected each year at the Annual General Meeting of the Association. When there is a requirement for new Trustees, these are identified and appointed by the remaining trustees and confirmed at the Annual General Meeting.

In May 2024 Mr McBain resigned as Chair and Trustee and we wish to state on record our thanks to him for is exceptional and long-term support of the Association. Mrs Higgins has offered to act as Chair in the interim.

Queen's Award for Voluntary Service

The Association was delighted to have been awarded The Queen's Award for Voluntary Service (QAVS) in the Queen's 70th Anniversary awards in June 2022. This award recognises the superb efforts of the volunteers and staff, not just now, but over the 75 years that the Association has been providing support to the elderly of the London Borough of Hillingdon.

Financial Review, Investment Policy and Reserves

The Financial year runs from the 1 April to 31 March each year. The accounting standards set out in the Charity Commission's accounting regulations have been followed.

The long-term impact of the Covid pandemic and the associated impact on the physical and mental wellbeing of members continues and even now, many are still reticent to return. We have also struggled to recruit new members in volume and are, therefore, still below pre pandemic levels of membership and the number of meals served. As a result and with the reduction in funding (see below), the Trustees took the unhappy decision to concentrate efforts at the Tudor Club site.

Historically, the Association received a substantial annual grant from the London Borough of Hillingdon (LBH). Unfortunately, financial pressures in the Borough have resulted in our grant (and other grants to similar organisations in the borough) being halted. The Association did receive a final grant from HS2/Groundworks UK of £33,036, and a number of smaller donations, for which we are very grateful. The reduction of the LBH grant, and the ongoing reduction in membership and meal provision, has meant that

considerable evaluation and planning by the Trustees. As a result, at the end of March 2024, it was decided to close the Elm Park operation, with resulting staff redundancies.

This was a sad decision for all the trustees and members, who were encouraged to transfer their membership to the ongoing service at the Tudor Club. Many of these members have transferred and continue to dine there.

In 2022/23, The Association received a generous £2,000 legacy donation specifically to support The Sunday Afternoon Tea (SATS) activities. As a result, much of the costs for the teas provided this year have been covered by this donation, until exhausted.

Membership is currently at circa 120 and the number of meals served this year was circa 7,000, way below the pre pandemic levels of circa 200 and 12,500 respectively.

The Tudor Clubs continues additional after meal club activities to members.

No major capital expenditure was made during the year and all physical assets have been fully depreciated. The Tudor Club site is rented from the London Borough of Harrow.

Without the LBH grant, reduced meal income and with the cost of living increases, particularly electricity and food, financially the operational activity for the Association (including the Tudor Club activities) had an Income of £103,658 with Expenditure of £122,162 and so made a deficit of **£18,504** compared to the deficit of **£67** in 2023/2024. Without The Tudor Club activities the 2024/25 operational Loss was **£19,110**.

In order to try to mitigate the longer-term financial issues, the Trustees recognise the need to investigate alternative grant opportunities. In addition, we are looking at the meal charges and occupancy and are focusing the marketing of the Association to recruit new members. As a result, we have established an improved website, with associated improvements to our social media presence. This is particularly directed at the families of new, potential members. Plus, we have provided leaflets to local libraries, doctors' surgeries and other relevant local charities (e.g. H4ALL and Age UK). However, the Trustees recognise the negative future economic prospects of the Association going forward.

The Association continues to be very grateful to the hard work and support of all our staff and of the many volunteers who gave over 1,000 hours of their time during the year. Gratitude is also extended to the organisations who support the Association and membership activities particularly through what continues to be a difficult time, physically, mentally and financially.

Our main banking is undertaken through CAF Bank current and Gold accounts. To maximise interest income we transferred the Reserve monies from NS&I into the CAF Gold Account. This gives access to the deposits should it be needed at short notice. The Association Trustees continue to review its policy on reserves giving weight to current events which affect the running of the charity. The reserves have been established to support the operation of the services, including rent, supplies, utilities and staff costs for 6 months, plus staff redundancy costs. As a result £60,000 has been allocated notionally within the Gold Account. The Elm Park bank account has been retained to be used as the account for the Gift Aid service. Daily attendance sheets quantify meal income to match to bank cash receipts and all bank payment transactions require a second user/trustee authorisation.

Statement of Trustees' Responsibilities.

Charity law requires the Trustees to prepare financial statements for each financial year which show a true and fair view of the state of the affairs of the charity and its financial activities for that year. In preparing those financial statements, the Trustees are required to:

- 1) Select suitable accounting policies and then apply them consistently
- 2) Make a judgement and estimates that are reasonable and prudent
- 3) State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements.
- 4) Prepare the financial statements on the ongoing concern basis unless it is inappropriate to presume that the Charity will continue in operational existence.

The Trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Charities Act. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the preventing and detection of fraud and irregularities.

Signed on behalf of the Trustees



Linda Higgins
Acting Chair

16th June 2025



Tim Markham
Hon Treasurer

12th June 2025

Independent Examiner's Report to the Executive Committee of the Ruislip Northwood Old Folks Association

I report on the accounts of the Association for the year ended 31 March 2025 which are set out in the attached statements.

Responsibilities and basis of the Report

As the charity trustees of the Association you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act")

I report in respect of my examination of the Association's accounts carried out under Section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under Section 145(5) (b) of the Act.

Independent Examiner's Statement

In connection with my examination, I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records are not kept in respect of the Association as required by Section 130 of the Act or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Sean Murray

12 June 2025

Income & Expenditure Accounts 1 April 2024 - 31 March 2025

RECEIPTS/INCOME	Unrestricted Funds £	Restricted Funds £	Reserve Funds £	Total Funds £	2023-24 £
LBH Grant	-			0	30,000
HS2 Grant	33,036			33,036	0
Gift Aid	1,331			1,331	88,044
Meal Income Elm	-			0	28,335
Meal Income Tudor	48,232			48,232	24,912
Membership fees	1,990			1,990	2,605
Sun' Afternoon Tea	520			520	549
Donations	904			904	2,842
Interest CAF Bank	2,681			2,681	1,239
Holiday	7,396			7,396	0
Total Association Income	96,090	-	-	96,090	178,526
Tudor Club Income (see Below)		7,568		7,568	4,919
TOTAL RNOFA INCOME	96,090	7,568	-	103,658	183,445

PAYMENTS/EXPENDITURE	Unrestricted Funds £	Restricted Funds £	Reserve Funds £	Total Funds £	2023-24 £
Net Salaries	57,750			57,750	92,554
HMRC (inc. Ees Tax and NI payment)	5,231			5,231	6,998
Pension (inc. Ees Nest Payment)	1,860			1,860	2,583
Staff Training	37			37	101
Staff Expenses	46			46	69
Suppliers	20,188			20,188	32,837
Entertainment	100			100	474
SATS	69			69	0
Rent	1,223			1,223	1,873
Total Utilities	11,345			11,345	23,481
Stationary	168			168	27
Small Equipment	743			743	954
Assets Equipment	349			349	0
Maintenance	3,230			3,230	4,377
Total Professional Services	5,129			5,129	12,797
Holiday	7,733			7,733	0
Misc				0	0
TOTAL Association Expenditure	115,201	-	-	115,201	179,125
Tudor Club Expenditure (see below)		6,961		6,961	4,253
TOTAL RNOFA EXPENDITURE	115,201	6,961	-	122,162	1833,78
TOTAL PROFIT/LOSS	-19,111	6,961	0	-18,504	67

CASH IN BANK AT YEAR END	Unrestricted Funds £	Restricted Funds £	Reserved Funds £	Total Funds £	2023-24 £
CAF	624			624	684
CAF ELM PARK	399			399	1,657
CAF TUDOR CLUB (Restricted)		4,568		4,568	3,962
CAF GOLD	60,850		60,000	120,850	64,418
NS&I (Reserved) (closed)			-	-	75,498
TOTAL	61,873	4,568	60,000	126,441	146,220

PROVISIONS & ACCRUALS	£
INCOME	
Meal Income Tudor	807
EXPENDITURE	0
TOTAL	807

ASSETS	Fund	Original Cost	Date Purchased	Right off period (yrs)	Annual Depreciation	Current value
Description						
Steriliser/Dishwasher	Unrestricted	2,500	Sep-20	3	833	0
Furniture (Tables)	Unrestricted	2,500	Apr-19	3	833	0
Cooker	Unrestricted	4,500	Nov-20	3	1,500	0
Fridge/Freezers	Unrestricted	1,000	Apr-15	3	333	0
Steriliser/Dishwasher	Unrestricted	2,500	Sep-20	3	833	0

Tudor Social Club

Details	Income £	Expenditure £
Bingo	338.00	307.66
Shop	2020.00	1694.11
Raffles	1558.00	402.30
Parties	1525.11	3523.46
Tea & Cake	514.80	0.00
Birthday Cards	115.00	231.88
Donations/Gifts	1496.85	349.00
Water	0.00	403.14
Outings	0.00	0.00
Sundries	0.00	0.00
Bank	0.00	49.80
Total	7568	6961

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Ruislip Northwood Old Folks Association

Financial Statement and Trustees' Report for the Year Ended 31 March 2024

Registered Charity Number 250776

Ruislip Northwood Old Folks Association

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Ruislip Northwood Old Folks Association

Charity Information

Charity Name and Number
Ruislip Northwood Old Folks Association
Registered Charity No 250776

Correspondence Address

Tudor Dining Club, 461 Field End Road, Eastcote, Middlesex, HA4 9NZ

President

The Worshipful the Mayor of Hillingdon

Trustees

Mr S McBain (Chairman)
Mr T Markham (Hon' Treasurer)
Mrs C Dann
Mr A Wenman
Mrs L Reed
Mr C James

Bankers

Caf Bank, 25 Kings Hill Avenue, West Malling, Kent
National Savings, Glasgow

Independent Examiner

Mr Sean Murray

Ruislip Northwood Old Folks Association

Trustees' Annual Report

History, Objectives and Activities

The Ruislip Northwood Old Folks Association ("the Association") was set up in 1949 to benefit the elderly residents of Ruislip and Northwood. It now accepts members from other areas of the London Borough of Hillingdon plus members from the London Boroughs of Harrow and Ealing. It operates two dining centres; Elm Park Club in Ruislip and the Tudor Club located in Eastcote. The main functions of the Association are to provide a wholesome cooked meal at lunch time, every weekday, and to promote the social wellbeing and social inclusion for members over the age of 60 years. Both clubs also provide activities on various days which include bingo, scrabble, entertainment and other events determined by the members. These include trips to places of interest such as historic sites, garden centres, the theatre and Christmas markets.

In addition, on four occasions throughout the year, the Association arranges a Sunday Afternoon Tea (SAT) for members and other local residents who are less able to leave their homes on a regular basis. This includes tea, with entertainment, at the Tudor Club. The objectives are to reduce social isolation and to support community integration.

Management and Governance arrangements

The Trust Deed provides for a minimum of 5 and maximum of 10 Trustees. Trustees are elected or re-elected each year at the Annual General Meeting of the Association. When there is a requirement for new Trustees, these are identified and appointed by the remaining trustees and confirmed at the Annual General Meeting.

Queen's Award for Voluntary Service

The Association was delighted to have been awarded The Queen's Award for Voluntary Service (QAVS) in the Queen's 70 Anniversary awards in June 2022. This award recognises the superb efforts of the volunteers and staff, not just now, but over the 75 years that the Association has been providing support to the elderly of the London Borough of Hillingdon.

Financial Review, Investment Policy and Reserves

The Financial year runs from the 1 April to 31 March each year. The accounting standards set out in the Charity Commission's accounting regulations have been followed.

The long term impact of the Covid pandemic and the associated impact on the physical and mental wellbeing of members continues and even now, many are still reticent to return. We have also struggled to recruit new members in volume and are, therefore, still below pre pandemic levels of membership and the number of meals served.

The Association is grateful to the London Borough of Hillingdon (LBH) for their support in the past and this year with final (and much reduced) grant of £30,000. Despite some significant one off grants from The Government's Community Cost of Living Fund from the Department for Levelling Up, Housing and Communities, HS2/Groundworks UK and the Forrester Family Trust, for which we are very grateful. The reduction of the LBH grant, and the ongoing reduction in membership and meal provision, has meant that considerable evaluation and planning by the Trustees over the coming year.

Ruislip Northwood Old Folks Association

In 2022/23, The Association received a generous £2,000 legacy donation specifically to support The Sunday Afternoon Tea (SATS) activities. As a result, costs for the 4 teas provided this year have been covered by this donation, now leaving a £725 provision to be carried over for other teas in the next financial year.

The number of meals served this year was 9,912 compared to 9,433 last year, but still below the pre pandemic levels of circa 12,500.

Fortunately, the Elm Park and Tudor Clubs were both able to continue additional after meal club activities to members.

No major capital expenditure was made during the year. The Trustees, however have reviewed the right off period of the assets this, significantly reduces their balance sheet values, to make these more in line with their possible actual net value.

With the reduced LBH grant, reduced meal income and with the cost of living increases, particularly electricity and food, financially the operational activity for the Association (excluding the Tudor and Elm Park Club activities) made a further deficit of £599 compared to the deficit of £34,829 in 2022/2023.

In order to try to mitigate the longer-term financial issues, the Trustees recognise the need to investigate alternative grant opportunities. In addition, we are looking at the meal charges and occupancy and are focusing the marketing of the Association to recruit new members. As a result, we have established an improved website, with associated improvements to our social media presence. This is particularly directed at the families of new, potential members. Plus, we have provided leaflets to local libraries, doctors' surgeries and other relevant local charities (e.g. H4ALL and Age UK). However, the Trustees recognise the negative future economic prospects of the Association going forward.

The Association continues to be very grateful to the hard work and support of all our staff and of the many volunteers who gave over 3,500 hours of their time during the year. It is difficult to quantify, in financial terms, the value the work undertaken but if just the minimum wage is considered, plus Employers NI and Pension contribution, this equates to over £40,000. Gratitude is also extended to the organisations who support the Association and membership activities particularly through what continues to be a difficult time, physically, mentally and financially.

The ongoing loss of the LBH Grant, the reduction in membership and meals, plus the significant increases to the living and employment costs has resulted, unfortunately, in the Trustees having to make some very difficult decisions. The Trustees, with great regret, agreed that we should consolidate our operation to just one site. The decision over the choice of site, was made simpler by the fact that the Elm Park building, which we rent from LBH, has a significant and deteriorating issue with its floor. This is increasingly becoming a Health & Safety concern and LBH have indicated that that any repair was not cost effective. As result the Trustees decided to close Elm Park from March 2024 and unfortunately make the Elm Park staff redundant. We have made plans to encourage all Elm Park attendees and volunteers to come to the Tudor Club where they will continue to get the same good meal and comradery.

Our main banking is undertaken through CAF Bank current and Gold accounts and our reserves are held in National Savings. This gives access to the deposits should it be needed at short notice. The Association Trustees continue to review its policy on reserves giving weight to current events which affect the running

Ruislip Northwood Old Folks Association

of the charity. The reserves have been established to support the operation of the services, including rent, supplies, utilities and staff costs for 6 months, plus staff redundancy costs.

Statement of Trustees' Responsibilities.

Charity law requires the Trustees to prepare financial statements for each financial year which show a true and fair view of the state of the affairs of the charity and its financial activities for that year. In preparing those financial statements, the Trustees are required to:

- 1) Select suitable accounting policies and then apply them consistently
- 2) Make a judgement and estimates that are reasonable and prudent
- 3) State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements.
- 4) Prepare the financial statements on the ongoing concern basis unless it is inappropriate to presume that the Charity will continue in operational existence.

The Trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Charities Act. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the preventing and detection of fraud and irregularities.

Signed on behalf of the Trustees



30th April 2024

Steve McBain
Chair

Ruislip Northwood Old Folks Association

Independent Examiner's Report to the Executive Committee of the Ruislip Northwood Old Folks Association

I report on the accounts of the Association for the year ended 31 March 2021 which are set out in the attached statements.

Responsibilities and basis of the Report

As the charity trustees of the Association you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act")

I report in respect of my examination of the Association's accounts carried out under Section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under Section 145(5) (b) of the Act.

Independent Examiner's Statement

In connection with my examination, I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records are not kept in respect of the Association as required by Section 130 of the Act or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Sean Murray



14 June 2024

MANOR WAY, RUISLIP.

Income & Expenditure Accounts 1 April 2023 – 31 March 2024

RECEIPTS /INCOME	Unrestricted Funds £	Restricted Funds £	Reserve Funds £	Total Funds £	2022-23 £
LBH Grant	30,000			30,000	50,000
LBH Leaders Grant	-			0	2,250
Other Grants	88,044			88,044	24,220
Meal Income Elm	28,335			28,335	23,881
Meal Income Tdor	24,912			24,912	20,188
Membership fees	2,605			2,605	1,860
Sun' Afternoon Tea	549			549	944
Donations	2,842			2,842	950
Interest CAF Bank	1,239			1,239	595
Interest NS&I (Reserved)	-			0	69
Holiday	0			0	7,410
TOTAL RNOFA INCOME	178,526	-	-	178,526	132,367

Ruislip Northwood Old Folks Association

	Unrestricted Funds £	Restricted Funds £	Reserve Funds £	Total Funds £	2022-23 £
PAYMENTS/EXPENDITURE					
Net Salaries	92,554			92,554	83,993
HMRC	6,998			6,998	6,588
Pension	2,583			2,583	2,371
Staff Training	101			101	150
Staff Expenses	69			69	233
Suppliers	32,837			32,837	26,140
Entertainment	474			474	500
Sun' Afternoon Tea	0			0	584
Rent	1,873			1,873	2,198
Total Utilities	23,481			23,481	18,408
Stationary	27			27	130
Small Equipment	954			954	2,186
Assets Equipment	-			0	0
Maintenance	4,377			4,377	3,187
Total Professional Services	12,797			12,797	12,808
Holiday	-			0	7,720
TOTAL RNOFA EXPENDITURE	179,125	-	-	179,125	167,196
PROFIT/LOSS	-599	0	0	-599	-34,829

CASH IN BANK AT YEAR END	Unrestricted Funds	Restricted Funds	Reserved Funds	Total Funds	2022-23
CAF CASH	684			684	512
ELM PARK (Restricted)		1,657		1,657	5,123
TUDOR CLUB (Restricted)		3,962		3,962	3,296
CAF GOLD (Inc. Holiday)	64,418			64,418	65,190
NS&I (Reserved)			74,498	74,498	74,498
TOTAL	65,102	5,619	74,498	145,220	148,619

PROVISIONS & ACCRUALS	£
INCOME	
Meal Income Tudor	356
Meal Income Tudor	569
SATS	725
EXPENDITURE	0
TOTAL	200

ASSETS	Fund	Original Cost	Date Purchased	Right off period (yrs)	Annual Depreciation	Current value
Furniture (Chairs)	Unrestricted	2,500	Mar-19	3	833	0
Furniture (Tables)	Unrestricted	964	Sep-21	3	321	0
Cooker	Unrestricted	4,500	Sep-20	3	1,500	0
Fridge/Freezers	Unrestricted	1,000	Apr-15	3	333	0
Steriliser/Dishwasher	Unrestricted	2,855	Jun-20	3	952	0
Tudor						
Steriliser/Dishwasher	Unrestricted	2,500	Sep-20	3	833	0
Furniture (Tables)	Unrestricted	2,500	Apr-19	3	833	0
Cooker	Unrestricted	4,500	Nov-20	3	1,500	0
Fridge/Freezers	Unrestricted	1,000	Apr-15	3	333	0

Ruislip Northwood Old Folks Association

Elm Park Social Club

Details	Income £	Expenditure £	
Tuesday Bingo/Games	178	0	
Art & Craft	218	47	
Scrabble	0	0	
Activities/Day Trip/Saturdays	1468	4494	
Cards &cakes	38	0	
Raffle	411	28	
Donations	53	892	
Bank Charges	10	60	
Water	0	320	
TOTAL	2375	5841	-3466

Tudor Social Club

Details	Income £	Expenditure £	
Bingo	194.00	196.58	
Birthday cards	123.70	199.56	
Tea &cake	623.70	0.00	
Raffles	1192.90	251.56	
Shop	1657.00	1529.32	
Parties	302.72	689.25	
Donations/gifts	15.00	0.00	
Sundries	1.00	155.57	
Outings	802.00	901.80	
Water	0.00	269.40	
Bank	6.76	60.00	
TOTAL	4919	4253	666

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Ruislip Northwood Old Folks Association

**Financial Statement and Trustees' Report
for the Year Ended 31 March 2023**

Registered Charity Number 250776_x

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Charity Information

Charity Name and Number

Ruislip Northwood Old Folks Association
Registered Charity No 250776

Correspondence Address

Elm Park Club, Park Way, Ruislip, Middlesex, HA4 9NZ

President

The Worshipful the Mayor of Hillingdon

Trustees

Mr S McBain (Chairman)
Mr T Markham (Hon' Treasurer)
Councillor B Haggar
Mrs C Dann
Mr A Wenman
Mrs L Reed
Mr C James

Bankers

Caf Bank, 25 Kings Hill Avenue, West Malling, Kent
National Savings, Glasgow

Independent Examiner

Mr Geoffrey Porter
152 Eastcote Road
Pinner
Middlesex
HA5 1EZ

Trustees' Annual Report

History, Objectives and Activities

The Ruislip Northwood Old Folks Association ("the Association") was set up in 1949 to benefit the elderly residents of Ruislip and Northwood. It now accepts members from other areas of the London Borough of Hillingdon plus members from the London Boroughs of Harrow and Ealing. It operates two dining centres; Elm Park Club in Ruislip and the Tudor Club located in Eastcote. The main functions of the Association are to provide a wholesome cooked meal at lunch time, every weekday, and to promote the social wellbeing and social inclusion for members over the age of 60 years. Both clubs also provide activities on various days which include bingo, scrabble, entertainment and other events determined by the members. These include trips to places of interest such as historic sites, garden centres, the theatre and Christmas markets.

The Association organises a holiday with travel, accommodation, site-seeing and entertainment all included. In addition, on four occasions throughout the year, the Association arranges a Sunday Afternoon Tea (SATS) for members and other local residents who are housebound. This includes tea, activities and entertainment, at the Tudor Club. The objectives are to reduce social isolation and to support community integration.

Management and Governance arrangements

The Trust Deed provides for a minimum of 5 and maximum of 10 Trustees. Trustees are elected or re-elected each year at the Annual General Meeting of the Association. When there is a requirement for new Trustees, these are identified and appointed by the remaining trustees and confirmed at the Annual General Meeting.

Queen's Award for Voluntary Service

The Association was delighted to have been awarded The Queen's Award for Voluntary Service (QAVS) in the Queen's 70th Anniversary awards in June 2022. This award recognises the superb efforts of the volunteers and staff, not just now, but over the nearly 75 years that the Association has been providing support to the elderly of the London Borough of Hillingdon.

Financial Review, Investment Policy and Reserves

The Financial year runs from the 1 April to 31 March each year. The accounting standards set out in the Charity Commission's accounting regulations have been followed.

The members holiday to the Isle of Wight in April 2022 was a success with some 25 members enjoying the holiday.

The Covid pandemic continues to have an impact on the physical and mental wellbeing of members and many are still reticent to return. We have also struggled to recruit new members in volume and are, therefore, still below pre pandemic levels of membership and the number of meals served.

The Association is very grateful to the London Borough of Hillingdon for their continued support with the grant of £50,000. This was significantly less than the 2021 grant and was, initially, explained as a "claw back" of pandemic business grants from the previous year. The London Borough of Hillingdon, however,

have now confirmed that the support for 2023/24 will be further reduced to £30,000 and have indicated that this will be their last such grant. This drastic reduction of income long term and the ongoing reduction in membership and meal provision, will require some considerable evaluation and planning by the Trustees over the coming year.

The Association would like to thank HS2 and Groundwork UK for their Grant of £13,920. The HS2 & Groundwork UK support will continue with further grants in 2023/24. The Association also applied for and were successful with a grant from the National Lottery for £10,000.

The Association received a generous £2,000 legacy donation specifically to support The Sunday Afternoon Tea (SATS) activities. As a result, costs for the 4 teas provided this year have been covered by this donation, leaving a £1,415 provision to be carried over for other teas in the next financial year.

The number of meals served this year was 9,433 compared to 7,459 last year, but still below the pre pandemic levels of circa 12,500.

Fortunately, the Elm Park and Tudor Clubs were both able to continue additional after meal club activities to members.

No major capital expenditure was made during the year. The Trustees, however have reviewed the right off period of the assets this, significantly reduces their balance sheet values, to make these more in line with their possible actual net value.

With the reduced LBH grant, reduced meal income and with the cost of living increases, particularly electricity and food, financially the operational activity for the Association (including the Tudor and Elm Park Club activities) made a deficit of £35,206 compared to the surplus of £5,357 in 2021/2022.

In order to try to mitigate the longer-term financial issues, the Trustees recognise the need to investigate alternative grant opportunities. In addition, we are looking at the meal charges and occupancy and are focusing the marketing of the Association to recruit new members. As a result, we have established an improved website, with associated improvements to our social media presence. This is particularly directed at the families of new, potential members. Plus, we have provided leaflets to local libraries, doctors' surgeries and other relevant local charities (e.g. H4ALL and Age UK). However, the Trustees recognise the negative future economic prospects of the Association going forward.

The Association continues to be very grateful to the hard work and support of all our staff and of the many volunteers who gave 3,725 hours of their time during the year. It is difficult to quantify, in financial terms, the value the work undertaken but if just the minimum wage is considered, plus Employers NI and Pension contribution, this equates to nearly £42,000. Gratitude is also extended to the organisations who support the Association and membership activities particularly through what continues to be a difficult time, physically, mentally and financially.

Our main banking is undertaken through CAF Bank current and Gold accounts and our reserves are held in National Savings. This gives access to the deposits should it be needed at short notice. The Association Trustees continue to review its policy on reserves giving weight to current events which affect the running of the charity. The reserves have been established to support the operation of the services, including rent, supplies, utilities and staff costs for 6 months, plus staff redundancy costs.

Statement of Trustees' Responsibilities.

Charity law requires the Trustees to prepare financial statements for each financial year which show a true and fair view of the state of the affairs of the charity and its financial activities for that year. In preparing those financial statements, the Trustees are required to:

- 1) Select suitable accounting policies and then apply them consistently
- 2) Make a judgement and estimates that are reasonable and prudent
- 3) State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements.
- 4) Prepare the financial statements on the ongoing concern basis unless it is inappropriate to presume that the Charity will continue in operational existence.

The Trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Charities Act. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the preventing and detection of fraud and irregularities.

Signed on behalf of the Trustees



30th April 2023

Steve McBain
Chair

Independent Examiner's Report to the Executive Committee of the Ruislip Northwood Old Folks Association

I report on the accounts of the Association for the year ended 31 March 2021 which are set out in the attached statements.

Responsibilities and basis of the Report

As the charity trustees of the Association you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act")

I report in respect of my examination of the Association's accounts carried out under Section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under Section 145(5) (b) of the Act.

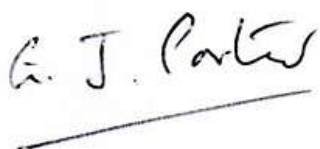
Independent Examiner's Statement

In connection with my examination, I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records are not kept in respect of the Association as required by Section 130 of the Act or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



G J Porter
152 Eastcote Road
Pinner
Middlesex
HA5 1EZ

6th June 2023

Income & Expenditure Accounts 1 April 2022 - 31 March 2023

RECEIPTS/INCOME	Unrestricted Funds £	Restricted Funds £	Reserve Funds £	Total Funds £	2021-22 £
LBH Grant	50,000			50,000	84,000
LBH Leaders Grant	2,250			2,250	5,248
Other Grants	24,220			24,220	22,080
Meal Income Elm	23,881			23,881	16,411
Meal Income Tdor	20,188			20,188	15,213
Membership fees	1,860			1,860	790
Sat' Afternoon Tea	944			944	81
Donations	950			950	115
Interest CAF Bank	595			595	21
Interest NS&I (Reserved)	69			69	7
Holiday	7,410			7,410	9,548
Misc				0	7
Elm Park Soc' Club (Restricted)		1,074		1,074	2,190
Tudor Soc' Club (Restricted)		1,401		1,401	4,162
TOTAL RNOFA INCOME	132,367	2,476	-	134,843	160,053

PAYMENTS/EXPENDITURE	Unrestricted Funds £	Restricted Funds £	Reserve Funds £	Total Funds £	2021-22 £
Net Salaries	83,993			83,993	79,841
HMRC (inc. Ees Tax and NI payment)	6,588			6,588	6,790
Pension (inc. Ees Nest Payment)	2,371			2,371	1,889
Staff Training	150			150	150
Staff Expences	233			233	60
Suppliers	26,140			26,140	19,563
Transport	0			0	296
Entertainment	500			500	695
Housebound	584			584	330
Rent	2,198			2,198	2,432
Total Utilities	18,408			18,408	8,456
Stationary	130			130	489
Small Equipment	2,186			2,186	3,077
Assets Equipment	-			0	3,253
Maintenance	3,187			3,187	5,801
Total Professional Services	12,808			12,808	11,852
Holiday	7,720			7,720	3,528
Misc				0	169
Elm Park Soc' Club (Restricted)		1,871		1,871	2,930
Tudor Soc' Club (Restricted)		981		981	3,423
TOTAL RNOFA EXPENDITURE	167,196	2,853	-	170,049	154,697
PROFIT/LOSS	-34,829	-377	0	-35,206	5,357

CASH IN BANK AT YEAR END	Unrestricted Funds £	Restricted Funds £	Reserved Funds £	Total Funds £	2022-23 £
CAF CASH	512			512	609
CAF GOLD (Inc. Holiday)	65,190			65,190	99,992
NS&I (Reserved)			74,498	74,498	74,429
ELM PARK (Restricted)		5,123		5,123	5,920
TUDOR CLUB (Restricted)		3,296		3,296	2,876
TOTAL	65,702	8,419	74,498	148,619	183,825

PROVISIONS & ACCRUALS	£
INCOME	
SATS Donation	- 1,416
Meal Income Elm	531
Meal Income Tudor	414
Elm Park Social Transfer	- 143
EXPENDITURE	
Cheque 2677	- 174
TOTAL	- 787

ASSETS	Fund	Original Cost	Date Purchased	Right off period (yrs)	Annual Depreciation	Current value
Elm Park						
Furniture (Chairs)	Unrestricted	2,500	Mar-19	3	833	0
Furniture (Tables)	Unrestricted	964	Sep-21	3	321	459
Cooker	Unrestricted	4,500	Sep-20	3	1,500	641
Fridge/Freezers	Unrestricted	1,000	Apr-15	3	333	0
Stellilzor/Dishwasher	Unrestricted	2,855	Jun-20	3	952	167
Tudor						
Stellilzor/Dishwasher	Unrestricted	2,500	Sep-20	3	833	356
Furniture (Tables)	Unrestricted	2,500	Apr-19	3	833	0
Cooker	Unrestricted	4,500	Nov-20	3	1,500	892
Fridge/Freezers	Unrestricted	1,000	Apr-15	3	333	0

Elm Park Social Club

Details	Income £	Expenditure £
Tuesday Bingo/Games	139	57
Art & Craft	421	30
Scrabble	52	0
Activities/Day Trip/Sundays	997	2066
Cards	0	0
Raffle	139	42
Bric a Brac	0	0
Donations	120	0
Sub Total	1868	2196
Equipment	0	129
Bank Charges	7	73
Water	0	274
TOTAL	1874	2672

-797

Tudor Social Club

Details	Income £	Expenditure £
Bingo	31.00	152.80
Shop	1787.00	1703.20
Raffles	863.50	291.80
Parties	897.40	1084.14
Tea & cake	495.30	0.00
Birthday/cards	140.75	93.61
Donations/gifts	50.00	0.00
Water	0.00	382.92
Sundries	0.00	68.70
Bank fees	0.00	67.56
TOTAL	4265	3845

420

Accounts

Ruislip Northwood Old Folks Association

**Financial Statement and Trustees' Report
for the Year Ended 31 March 2022**

Registered Charity Number 250776_x

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Charity Information

Charity Name and Number

Ruislip Northwood Old Folks Association

Registered Charity No 250776

Correspondence Address

Elm Park Club, Parkway, Ruislip, Middlesex, HA4 9NZ

President

The Worshipful the Mayor of Hillingdon

Trustees

Mr S McBain (Chairman)

Mr T Markham (Hon' Treasurer)

Councillor B Haggar

Councillor E Lavery

Mrs C Dann

Mr A Wenman

Mrs L Reed

Mr C James

Bankers

Caf Bank, 25 Kings Hill Avenue, West Malling, Kent

National Savings, Glasgow

Independent Examiner

Mr Geoffrey Porter

152 Eastcote Road

Pinner

Middlesex

HA5 1EZ

Trustees' Annual Report

History, Objectives and Activities

The Ruislip Northwood Old Folks Association ("the Association") was set up in 1949 to benefit the elderly residents of Ruislip and Northwood. It now accepts members from other areas of the London Borough of Hillingdon plus members from the London Boroughs of Harrow and Ealing. It operates two dining centres; Elm Park Club in Ruislip and the Tudor Club located in Eastcote. The main functions of the Association are to provide a wholesome cooked meal at lunch time, every weekday, and to promote the social wellbeing and social inclusion for members over the age of 60 years. Both clubs also provide activities on various days which include Bingo, Scrabble, entertainment and other events determined by the members. These include trips to places of interest such as historic sites, garden centres, the theatre and Christmas markets.

Twice a year the Association organises a holiday with travel, accommodation, site-seeing and entertainment all included. In addition, on four occasions throughout the year, the Association arranges for those persons who are lonely and do not get out often to attend an afternoon tea with entertainment at the Tudor Club. The objectives are to reduce social isolation and to support community integration. The local authority, London Borough of Hillingdon, continues to support the work of the Association.

Management and Governance arrangements

The Trust Deed provides for a minimum of 5 and maximum of 10 Trustees. Trustees are elected or re-elected each year at the Annual General Meeting of the Association. When there is a requirement for new Trustees, these are identified and appointed by the remaining trustees and confirmed at the Annual General Meeting.

Financial Review, Investment Policy and Reserves, Covid-19

The Financial year runs from the 1 April to 31 March each year. The accounting standards set out in the Charities accounting regulations have been followed.

As with all businesses and charities, the continuance of the Covid-19 epidemic and resultant business shutdown and "Stay At Home" instruction from Government continued to have a significant impact on the operation of the charity, particularly throughout the first three quarters of the year.

The staff continued to support all Association members during the various lock-down and closure periods. Members were regularly contacted with telephone support, particularly those most at risk. The Trustees wish to thank the staff for their continued work and support through these extremely difficult times.

The members holiday to the Isle of Wight in April 2021 did not take place. However, the travel company still retained our £6,000 credit for the cancelled 2020 holiday which will be utilized for the April 2022 holiday costs, as planned.

Apart from the resultant economic impact on meal income for the Association and a commensurate reduction in food and ingredients expenditure, the virus continues to have an impact on the physical and mental wellbeing of both staff and members. As usual, we did lose a number of members through natural causes, although fortunately none due to covid. In addition, a significant number of members have subsequently moved into residential care or to be closer to family. Some members are still reticent about

returning, despite our continuing “protective” actions which include mandatory vaccination for staff, volunteers and members.

The Association continued to claim the Coronavirus Job Retention Scheme (CJRS) Grant scheme for five staff members by placing them on “furlough” thus enabling the Association to claim 80% of their salary from HMRC (May & June) resulting in a furlough payment of £5,248. Trustees, however, agreed to pay all staff their full (100%) salaries. The General Manager, along with the two Club Managers continued to work and were not furloughed enabling us to maintain contact with members throughout.

The Association is very grateful to the London Borough of Hillingdon for their continued support with the grant of £84,000 per annum. They have confirmed this support extends to, at least, 31 March 2023 albeit at a significantly reduced value, ensuring the Association’s financial security over the coming year.

The Association would also like to thank the London Borough of Hillingdon for two Covid-19 Lockdown Business Support Grants for £16,000 and £2,400 in April and June respectively.

We also wish to thank the Council for the additional Leaders Initiative Grants of £1,360 in August and £2,400 in November which were used for various “Welcome Back” parties for members.

Despite the various lock down periods, the number of meals served this year increased to 7,459 compared to just 1,500 last year, but still well below the typical pre Covid number of over 12,000 meals. As stated above, there is still a significant reticence by some members to return to the lunch clubs.

Unfortunately, neither the Elm Park Club nor the Tudor Club were able to provide any additional after meal club activities to members until the last quarter in the year.

The Association purchased a new sanitizer for the Elm Park Club (£2,770) and the Elm Park Club part funded the Association’s acquisition of new tables at Elm Park (£995). The difficulty of finding replacement drivers for the two drivers becoming aged 70 during lockdown, and are therefore ineligible for insurance cover with Hillingdon Community Transport (HCT), resulted in the Trustees agreeing to donate the Minibus to HCT. This has zero effect on the Association asset balance sheet, since the write down value of the bus was zero.

Financially, the virus continued to impact the Association in a number of ways. There was a significant reduction in the meal occupancy and thus a resultant reduction in supplier costs. The purchase of hand sanitisers/disinfectants and PPE equipment continued. The reduction in Income through the closure for the early part of the year, however, was offset by the CJRS Grant and the Covid-19 Business Support Grants. The Operational activity for the Association, ie. excluding the Tudor and Elm Park Club activities, made a surplus of £5,357, primarily through the recovery of the £6,000 Holiday Credit. This compares to the equivalent surplus of £36,098 in 2020/2021. The 2021/22 surplus also included an Income Provisions of £782 and Expenditure provisions of £254. Without the Furlough Grant, and the Covid Business Support Grant, the Association would have made a loss of some £18,000 and so we are very grateful for all these additional support packages.

As part of the ongoing Hillingdon Council Post Covid Recovery plan, and because of the excessive surplus last year, the Council have informed us that for the year 2022/23, their Grant will reduce from £84,000 to just £50,000. Whilst our, unexpectedly large, surplus in 2020/21 will help to offset some of the impact of this, the Trustees are concerned of the long-term effect on the operation of the Charity if this Grant is not returned to, at least, the 2021/22 level of £84,000. This risk compounds the impact of the

expected increases in employment costs due to raised National Minimum Wage and National Insurance payments, plus an expected significant increase in utilities and food costs and other expenditure over the next 12 months.

In order to try to mitigate longer term issues, the Trustees recognise the need to increase meal charges and in particular, meal occupancy and so are focusing the marketing of the Association to recruit new members. As a result, we have established an improved website with associated improvements to our social media presence. This is particularly directed at the families of new, potential members. Plus we have provided leaflets to local libraries, doctors' surgeries and other relevant local charities (e.g. H4ALL and Age UK). In addition, we have trialled a local leaflet drop to residents with a "First Meal Free" offer. The success of this leaflet trial will be closely monitored but initial review of the response appears very disappointing.

The Association continues to be very grateful to the hard work and support of all our staff and of the many volunteers and organisations who support the Association and membership activities particularly through what has been, for everyone, a very difficult time, both physically and mentally.

Our main banking is undertaken through CAF Bank Current and Gold accounts and our reserves are held in National Savings. This gives access to the deposits should it be needed at short notice. The Association Trustees continue to review its policy on reserves giving weight to current events which affect the running of the Charity. The Reserves have been established to support the operation of the services, including rent, supplies, utilities and staff costs for 6 months, plus staff redundancy costs.

Statement of Trustees' Responsibilities.

Charity law requires the Trustees to prepare financial statements for each financial year which show a true and fair view of the state of the affairs of the charity and its financial activities for that year. In preparing those financial statements, the Trustees are required to:

- 1) Select suitable accounting policies and then apply them consistently
- 2) Make a judgement and estimates that are reasonable and prudent
- 3) State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements.
- 4) Prepare the financial statements on the ongoing concern basis unless it is inappropriate to presume that the Charity will continue in operational existence.

The trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Charities Act. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the preventing and detection of fraud and irregularities.

Signed on behalf of the Trustees



Steve McBain
Chairman

20TH JUNE

2022

Independent Examiner's Report to the Executive Committee of the Ruislip Northwood Old Folks Association

I report on the accounts of the Association for the year ended 31 March 2022 which are set out in the attached statements.

Responsibilities and basis of the Report

As the charity trustees of the Association you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act")

I report in respect of my examination of the Association's accounts carried out under Section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under Section 145(5) (b) of the Act.

Independent Examiner's Statement

In connection with my examination, I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records are not kept in respect of the Association as required by Section 130 of the Act or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

G. J. Porter

G J Porter
152 Eastcote Road
Pinner
Middlesex
HA5 1EZ

20th June.

2022

Income & Expenditure Accounts 1 April 2021 - 31 March 2022

RECEIPTS/INCOME	Unrestricted Funds £	Restricted Funds £	Reserve Funds £	Total Funds £	2020-21 £
LBH Grant	84,000			84,000	84,000
Furlough Payments	5,248			5,248	26,810
Covid Business Grants	18,400			18,400	40,302
Hillingdon Leaders Grant	3,860			3,860	10,000
Meal Income Elm	16,411			16,411	3,406
Meal Income Tudor	15,213			15,213	4,072
Membership fees	790			790	0
Transport Fees	-			0	0
Sat' Afternoon Teas	81			81	0
Donations	115			115	0
Interest CAF Bank	21			21	52
Interest NS&I (Reserved)			7	7	532
Holiday (Restricted)		9,548		9,548	-6,450
Misc/Other Income		7		7	0
TOTAL RNOFA INCOME	144,139	9,555	7	153,701	162,723

PAYMENTS/EXPENDITURE	Unrestricted Funds £	Restricted Funds £	Reserve Funds £	Total Funds £	2020-21 £
Net Salaries	79,841			79,841	73,489
HMRC	6,790			6,790	5,966
Pension	1,889			1,889	1,349
Staff Training	150			150	0
Staff Expenses	60			60	144
Suppliers	19,238			19,238	605
Transport	296			296	5,847
Entertainment	695			695	820
Sat' Afternoon Teas	330			330	100
Rent	2,432			2,432	1,818
Total Utilities	8,456			8,456	8,071
Stationary	489			489	304
Small Equipment	3,077			3,077	3,652
Assets Equipment	3,253			3,253	10,965
Maintenance	5,801			5,801	2,642
Total Professional Services	11,852			11,852	10,854
Holiday (Restricted)		3,528		3,528	0
Misc/Donation	169			169	0
TOTAL RNOFA EXPENDITURE	144,816	3,528	-	148,344	126,625
PROFIT/LOSS	-678	6,027	7	5,357	36,098

CASH IN BANK AT YEAR END	Unrestricted Funds £	Restricted Funds £	Reserved Funds £	Total Funds £	2020-21 £
CAF CASH	608			608	500
ELM PARK (Restricted)		5,920		5,920	6,660
TUDOR CLUB (Restricted)		2,876		2,876	2,137
CAF GOLD (Inc. Holiday)	99,993			99,993	94,751
NS&I (Reserved)			74,429	74,429	74,421
TOTAL	100,601	8,796	74,429	183,826	178,469

Description	Fund	Original Cost	Date Purchased	Right off period (years)	Annual Depreciation	Current value	
Bus	Unrestricted	35000	Apr-05	15	2333	0	Written Off
Elm Park							
Pre 2018 Assets	Unrestricted	10000	Apr-10	15	667	0	Written Off
Furniture #1	Unrestricted	2500	Mar-19	15	167	1977	
Furniture #2	Unrestricted	2500	Mar-19	15	167	1977	
Cooker	Unrestricted	4500	Sep-20	10	450	3775	
Fridge/Freezers	Unrestricted	1000	Apr-15	10	100	289	
Sanitizer/Dishwasher	Unrestricted	2500	Sep-20	10	250	2097	
		10500				8138	
Tudor							
Pre 2018 Assets	Unrestricted	10000	Apr-10	15	667	0	Written Off
Sanitizer/Dishwasher	Unrestricted	2500	Apr-10	10	250	0	Written Off
Furniture	Unrestricted	2500	Apr-19	15	167	1991	
Cooker	Unrestricted	4500	Nov-20	10	450	3851	
Fridge/Freezers	Unrestricted	1000	Apr-15	10	100	289	
		8000				6131	

Elm Park Social Club

Details	Income £	Expenditure £	
Monday Club	0	0	
Tuesday Bingo	44	47	
Art & Craft	276	23	
Scrabble	90	0	
Activities/Day Trip/Saturdays	325	696	
Cards	93	42	
Raffle	0	0	
Donations	880	60	
Bric a Brac	0	0	
Equipment/Furniture	482	1703	
Bank Charges	0	98	
Water	0	261	
TOTAL	2,190	2,930	-740

Tudor Social Club

Details	Income £	Expenditure £	
Bingo	157	63	
B/day	163	250	
Raffles	708	234	
Shop	2080	1758	
Parties	499	346	
Donations	215	0	
Xmas	280	0	
Gardener	60	0	
Entertainer	0	100	
Bank	0	97	
Water	0	575	
TOTAL	4,162	3,423	739

Accounts

Ruislip Northwood Old Folks Association

**Financial Statement and Trustees' Report
for the Year Ended 31 March 2021**

Registered Charity Number 250776_x

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Charity Information

Charity Name and Number

Ruislip Northwood Old Folks Association
Registered Charity No 250776

Correspondence Address

Elm Park Club, Parkway, Ruislip, Middlesex, HA4 8NS

President

The Worshipful the Mayor of Hillingdon

Trustees

Mr S McBain (Chairman)
Mr T Markham (Hon' Treasurer)
Councillor B Haggar
Councillor E Lavery
Mrs C Dann
Mr A Wenman
Mrs L Reed
Mr C James

Bankers

Caf Bank, 25 Kings Hill Avenue, West Malling, Kent
National Savings, Glasgow

Independent Examiner

Mr Geoffrey Porter
152 Eastcote Road
Pinner
Middlesex
HA5 1EZ

Trustees' Annual Report

History, Objectives and Activities

The Ruislip Northwood Old Folks Association ("the Association") was set up in 1949 to benefit the elderly residents of Ruislip and Northwood. It now accepts members from other areas of the London Borough of Hillingdon plus members from the London Boroughs of Harrow and Ealing. It operates two dining centres; Elm Park Club in Ruislip and the Tudor Club located in Eastcote. The main functions of the Association are to provide a wholesome cooked meal at lunch time, every weekday, and to promote the social wellbeing and social inclusion for members over the age of 60 years. Both clubs also provide activities on various days which include Bingo, Scrabble, entertainment and other events determined by the members. These include trips to places of interest such as historic sites, garden centres, the theatre and Christmas markets.

Twice a year the Association organises a holiday with travel, accommodation, site-seeing and entertainment all included. In addition, on four occasions throughout the year, the Association arranges for persons who are housebound to attend tea and an afternoon of activities and entertainment at the Tudor Club. The objectives are to reduce social isolation and to support community integration. The local authority, London Borough of Hillingdon, continues to support the work of the Association.

Management and Governance arrangements

The Trust Deed provides for a minimum of 5 and maximum of 10 Trustees. Trustees are elected or re-elected each year at the Annual General Meeting of the Association. When there is a requirement for new Trustees, these are identified and appointed by the remaining trustees and confirmed at the Annual General Meeting.

Financial Review, Investment Policy and Reserves, Covid-19

The Financial year runs from the 1 April to 31 March each year. The accounting standards set out in the Charities accounting regulations have been followed.

As with all businesses and charities, the Covid-19 epidemic and resultant business shutdown and "Stay At Home" instruction from Government has had a significant effect on the operation of the charity throughout the year.

Because of the virus and the resultant Government travel and isolation restrictions, the members holiday to the Isle of Wight in April 2020 was cancelled by the travel company. The travel company declined to give a refund and retained the money as payment for a future members' holiday. The Trustees took the decision that the Association would bear the interim cost and refund the members in full. This is reflected in these 2020/2021 Accounts. Should a holiday be possible in 2021/2022, the refund will then be utilized and reflected in that future year's accounts.

The staff continued to support all Association members during the Virus from the start of lockdown in March 2020 through to our brief reopening between mid September and mid November and then again through to the end of March 2021. Members were regularly contacted with telephone support, particularly those most at risk. The Trustees wish to thank the staff for their work and support through this extremely difficult time.

Apart from the resultant economic impact on meal income for the Association and a commensurate reduction in food and ingredients expenditure, the virus is likely to continue to have an impact on the physical and mental wellbeing of both staff and members. The Association understand we did not lose any members specifically due to Covid but did, as usual, lose a small number of members due to “normal attrition”. Fortunately, all our staff were Covid clear. By the end of March 2021, all members will have been offered their initial Vaccine inoculations and many would have received their second. Many of our volunteers and some staff would have also been offered the vaccine at this time.

The Trustees agreed to claim the Coronavirus Job Retention Scheme (CJRS) Grant scheme for five staff members by placing them on “furlough” thus enabling the Association to claim 80% of their salary from HMRC (reduced to 70% in August and 60% in September). The Trustees, however, agreed to pay all staff their full salaries throughout. The General Manager along with the two Club Managers continued to work and were not furloughed and enabling us to maintain contact with members throughout. The financial benefit of the claim was mainly reflected in these 2020/21 Accounts; however, we had taken an income provision of £1,443 for the CJRS Grant for the period 15th to 30th March, in the previous, 2019/20, Accounts.

The Association is very grateful to the London Borough of Hillingdon for their continued support with the grant of £84,000 per annum. They have confirmed this support extends to, at least, 31 March 2022 ensuring the Association’s financial security over the coming year.

The Association would also like to thank the London Borough of Hillingdon for the two Covid19 Lockdown Business Support Grants for £20,000 and £20,302 in July and Feb/March, respectively.

The Association also applied for and were successful with a grant from the National Lottery Covid Fund for £5,000.

In addition, we also thank the Support by the Charity of Sir Richard Whittington for a grant to the value of £5,000 for PPE equipment.

The Association continues membership of the Food Share scheme; whereby supermarkets like Waitrose, Tesco, Asda and Aldi, donate unsold, but still in-date produce to Food Share for distribution to worthy causes and we thank them for their support.

As a result of the Government virus lockdowns, the Club Meal Service was unable to open until October, at a reduced attendance to ensure suitable social distancing. We remained open until mid-December, when virus lockdown rules demanded we close again. Therefore, the number of meals served this year was just 1665 compared to over 12,000 last year.

Unfortunately, neither the Elm Park Club nor the Tudor Club were able to provide any additional after meal club activities to members, throughout the whole accept changes year.

Whilst in lockdown, we took the opportunity to purchase and install new catering cookers at both sites as replacement parts were not available for the aging cookers. A new sterilizer unit at the Tudor Club was purchased, again due to the age of the original.

Financially, the virus effected the organization in a number of ways. There was a significant reduction in the meal output and thus the resultant reduction in Supplier costs. A significant increase in expenditure,

however, with the purchase of sanitisors/disinfectants and PPE equipment, which were supported by the Sir Richard Whittington Grant. In addition, we raised the Asset purchases for Sanitizer/Cookers. The loss of meal Income through the year, however, was offset by the CJRS Grant and the Covid-19 Business Support Grants. As a result, the charity made a surplus of £35,014 compared to the surplus of £888 in 2019/2020. The Operational activity for the Association, i.e. excluding the Tudor and Elm Park Club activities and the holidays, made a surplus of £42,548. This compares to the equivalent surplus of £2,937 in 2019/2020. Without the Furlough Grant, the two charitable Grants and the Covid Business Support Grant, the Association would have made a loss of £34,564 and so we are very grateful for all these support packages.

The Association continues to be very grateful to the hard work and support of all our staff and of the many volunteers and organisations who support the Association and membership activities particularly through what has been, for everyone, a very difficult time, both physically and mentally.

Our main banking is undertaken through CAF Bank Current and Gold accounts and our reserves are held in National Savings. This gives access to the deposits should it be needed at short notice. The Association Trustees continue to review its policy on reserves giving weight to current events which affect the running of the Charity. The Reserves have been established to support the operation of the services, including rent, supplies, utilities and staff costs for 6 months, plus staff redundancy costs.

Statement of Trustees' Responsibilities.

Charity law requires the Trustees to prepare financial statements for each financial year which show a true and fair view of the state of the affairs of the charity and its financial activities for that year. In preparing those financial statements, the Trustees are required to:

- 1) Select suitable accounting policies and then apply them consistently
- 2) Make a judgement and estimates that are reasonable and prudent
- 3) State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements.
- 4) Prepare the financial statements on the ongoing concern basis unless it is inappropriate to presume that the Charity will continue in operational existence.

The trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Charities Act. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the preventing and detection of fraud and irregularities.

Signed on behalf of the Trustees



Steve McBain
Chairman

25th May 2021

Independent Examiner's Report to the Executive Committee of the Ruislip Northwood Old Folks Association

I report on the accounts of the Association for the year ended 31 March 2021 which are set out in the attached statements.

Responsibilities and basis of the Report

As the charity trustees of the Association you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act")

I report in respect of my examination of the Association's accounts carried out under Section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under Section 145(5) (b) of the Act.

Independent Examiner's Statement

In connection with my examination, I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records are not kept in respect of the Association as required by Section 130 of the Act or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

G. J. Porter

G J Porter
152 Eastcote Road
Pinner
Middlesex
HA5 1EZ

21st May

2021

Income & Expenditure Accounts 1 April 2020 - 31 March 2021

RECEIPTS/INCOME	Unrestricted Funds £	Restricted Funds £	Reserve Funds £	Total Funds £	2019-20 £
LBH Grant	84,000			84,000	84,000
CJRS Furlough Payments	26,810			26,810	6,543
Covid Business Grants	40,302			40,302	0
Other Covid Grants	10,000			10,000	0
Meal Income Elm	3,689			3,689	29,185
Meal Income Tudor	3,728			3,728	29,739
Membership fees	-			0	1,305
Transport income	-			0	2,350
Housebound Income	-			0	420
Donations	-			0	2,131
Interest CAF Bank	52			52	155
Interest NS&I (Reserved)			532	532	586
Elm Park Soc' Club (Restricted)		14		14	4,611
Tudor Soc' Club (Restricted)		0		0	4,697
Holiday (Restricted)		-6,450	-	-6,450	13,896
TOTAL RNOFA INCOME	168,581	- 6,436	532	162,677	179,618

PAYMENTS/EXPENDITURE	Unrestricted Funds £	Restricted Funds £	Reserve Funds £	Total Funds £	2019-20 £
Net Salaries	73,489			73,489	76,971
HMRC (inc. Ees Tax and NI payment)	5,966			5,966	5,682
Pension (inc. Ees Nest Payment)	1,349			1,349	1,516
Staff Training	144			144	75
Staff Expenses	605			605	203
Suppliers	5,787			5,787	29,843
Transport	820			820	4,544
Housebound	100			100	956
Rent	1,818			1,818	716
Total Utilities	8,071			8,071	9,032
Stationary	304			304	439
Small Equipment	3,652			3,652	850
Assets Equipment	10,965			10,965	2,076
Maintenance	2,642			2,642	3,296
Total Professional Services	10,854			10,854	10,737
Misc	-			0	0
Elm Park Soc' Club (Restricted)		298		298	8,775
Tudor Soc' Club (Restricted)		801		801	8,608
Holiday (Restricted)		-		0	14,412
TOTAL RNOFA EXPENDITURE	126,565	1,099	-	127,664	178,730
PROFIT/LOSS	42,016	-7,535	532	35,014	888

CASH IN BANK AT YEAR END	Unrestricted Funds £	Restricted Funds £	Reserved Funds £	Total Funds £	2019-20 £
CAF CASH	500			500	500
ELM PARK (Restricted)		6,660		6660	6,944
TUDOR CLUB (Restricted)		2,137		2,137	2,938
CAF GOLD	94,751			94,751	59,185
NS&I (Reserved)			74,421	74,421	73,889
TOTAL	95,251	8,696	74,421	178,369	143,456

Description	Fund	Original Cost	Date Purchased	Right off period (years)	Annual Depreciation	Current value	
Bus	Unrestricted	35000	Apr-05	15	2333	0	Written Off
Elm Park							
Pre 2018 Assets	Unrestricted	10000	Apr-10	15	667	0	Written Off
Furniture	Unrestricted	2500	Mar-19	15	167	2152	
Cooker	Unrestricted	4500	Sep-20	10	450	4248	
Fridge/Freezers	Unrestricted	1000	Apr-15	10	100	394	
Stelilizer/Dishwasher	Unrestricted	2500	Sep-20	10	250	2360	
		10500				9153	
Tudor							
Pre 2018 Assets	Unrestricted	10000	Apr-10	15	667	0	Written Off
Stelilizer/Dishwasher	Unrestricted	2500	Apr-10	10	250	0	Written Off
Furniture	Unrestricted	2500	Apr-19	15	167	2166	
Cooker	Unrestricted	4500	Nov-20	10	450	4324	
Fridge/Freezers	Unrestricted	1000	Apr-15	10	100	394	
		8000				6884	

Elm Park Social Club

Details	Income £	Expenditure £	
Club Activities	14	0	
Donations	0	0	
Bank Charges	0	69	
Water	0	229	
TOTAL	14	298	-284

Tudor Social Club

Details	Income £	Expenditure £	
Club Activities	0	515	
Donations	0	0	
Bank Charges	0	69	
Water	0	217	
TOTAL	0	801	-801