

# PARK ROYAL OCCUPATIONAL HEALTH LIMITED

England & Wales · Charity number 250706

## Details

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Other names	WEST LONDON OCCUPATIONAL HEALTH SERVICE LIMITED, PRO HEALTH
Status	Registered
Legal form	Charitable company
Company number	<a href="#">00609824</a>
Registered	1966-12-21
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	16 Dalston Gardens Stanmore HA7 1BU
Phone	07711479080
Email	<a href="mailto:davidyelee@gmail.com">davidyelee@gmail.com</a>
Website	<a href="http://www.prohealthuk.org.uk">www.prohealthuk.org.uk</a>

## Activities

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**Objects:** TO ADVANCE THE PHYSICAL AND MORAL WELFARE OF THE POPULATION BY THE PREVENTION AND CURE OF OCCUPATIONAL DISEASES AND INJURIES AND TO PROMOTE THE GENERAL HEALTH OF THE WORKSERS.

**Activities:** The charity's current activities include the provision of occupational health services, flu vaccinations and travel vaccinations.

## Classification

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- **How:** Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

## Geography

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- **Area of benefit:** WEST LONDON
- Throughout London

## Finances

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Period end	Income	Expenditure	Assets	Employees
2024-12-31	£62,276	£8,919	-	-
2023-12-31	£59,973	£12,248	-	-
2022-12-31	£13,759	£8,192	-	-
2021-12-31	£170	£7,082	-	-
2020-12-31	£5,393	£9,110	-	-

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## Trustees

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Name	Role	Appointed
Ion Metsovitis		2016-09-16
Ruwan Strangeways		2014-07-31
Steven Yip		2013-10-03

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**PARK ROYAL OCCUPATIONAL HEALTH LIMITED**

England & Wales - Charity number 250706

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# Accounts

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REGISTERED COMPANY NUMBER: 00609824 (England and Wales)  
REGISTERED CHARITY NUMBER: 250706

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2024  
FOR  
PARK ROYAL OCCUPATIONAL HEALTH LIMITED**

Carston ETL  
Chartered Accountants  
Second Floor  
34 Lime Street  
London  
EC3M 7AT

**PARK ROYAL OCCUPATIONAL HEALTH LIMITED**

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FOR THE YEAR ENDED 31 DECEMBER 2024**

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**PARK ROYAL OCCUPATIONAL HEALTH LIMITED**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 DECEMBER 2024**

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The objects of the Charity and its principal activity have been that of providing occupational health and safety services to industry. The charity is so organised that the members, who are also the trustees, meet regularly to oversee its affairs and to receive the reports of the Company Officers.

**FINANCIAL REVIEW**

**Review of developments**

During the year under review the company had a surplus of £53,357 (2023 - £47,725).

The trustees decided the company will carry on but with alternative charitable activities. The trustees will look into various opportunities to try and maintain and hope to improve the value of the funds in hand. These various opportunities will be assessed, evaluated, earmarked and incorporated.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

00609824 (England and Wales)

**Registered Charity number**

250706

**Registered office**

16 Dalston Gardens  
Stanmore  
Middlesex  
HA7 1BU

**Trustees**

Mr R A J Strangeways  
Mr I Metsovitis  
Mr S Yip

**Company Secretary**

Mr D Lee

**Independent Examiner**

Carston ETL  
Chartered Accountants  
Second Floor  
34 Lime Street  
London  
EC3M 7AT

Approved by order of the board of trustees on 8 August 2025 and signed on its behalf by:

PARK ROYAL OCCUPATIONAL HEALTH LIMITED

REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 DECEMBER 2024

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Signed by:

*R A J Strangeways*

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Mr R A J Strangeways - Trustee

**PARK ROYAL OCCUPATIONAL HEALTH LIMITED**

**STATEMENT OF TRUSTEES' RESPONSIBILITIES  
FOR THE YEAR ENDED 31 DECEMBER 2024**

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The trustees (who are also the directors of Park Royal Occupational Health Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
PARK ROYAL OCCUPATIONAL HEALTH LIMITED**

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**Independent examiner's report to the trustees of Park Royal Occupational Health Limited ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

R Hogg

Carston ETL  
Chartered Accountants  
Second Floor  
34 Lime Street  
London  
EC3M 7AT

8 August 2025

## PARK ROYAL OCCUPATIONAL HEALTH LIMITED

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 DECEMBER 2024

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Investment income	2	<u>62,276</u>	<u>-</u>	<u>62,276</u>	<u>59,973</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Other expenditure		<u>8,919</u>	<u>-</u>	<u>8,919</u>	<u>12,248</u>
<b>NET INCOME</b>		<b>53,357</b>	<b>-</b>	<b>53,357</b>	<b>47,725</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>1,779,278</u>	<u>23,058</u>	<u>1,802,336</u>	<u>1,754,611</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><b>1,832,635</b></u>	<u><b>23,058</b></u>	<u><b>1,855,693</b></u>	<u><b>1,802,336</b></u>

The notes form part of these financial statements

## PARK ROYAL OCCUPATIONAL HEALTH LIMITED

BALANCE SHEET  
31 DECEMBER 2024

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank		1,856,623	-	1,856,623	1,803,266
<b>CREDITORS</b>					
Amounts falling due within one year	5	(930)	-	(930)	(930)
<b>NET CURRENT ASSETS</b>		<u>1,855,693</u>	<u>-</u>	<u>1,855,693</u>	<u>1,802,336</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>1,855,693</u>	<u>-</u>	<u>1,855,693</u>	<u>1,802,336</u>
<b>NET ASSETS</b>		<u>1,855,693</u>	<u>-</u>	<u>1,855,693</u>	<u>1,802,336</u>
<b>FUNDS</b>					
Unrestricted funds:					
Unrestricted Reserves				1,492,290	1,438,933
Capital Reserves				340,345	340,345
				<u>1,832,635</u>	<u>1,779,278</u>
Restricted funds:					
Restricted Funds				23,058	23,058
<b>TOTAL FUNDS</b>				<u>1,855,693</u>	<u>1,802,336</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

**PARK ROYAL OCCUPATIONAL HEALTH LIMITED**

**BALANCE SHEET - continued**  
**31 DECEMBER 2024**

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These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 8 August 2025 and were signed on its behalf by:

Signed by:  
  
23CC2C4C7A21455...

Mr R A J Strangeways - Trustee

**PARK ROYAL OCCUPATIONAL HEALTH LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2024**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. INVESTMENT INCOME**

	<b>2024</b>	2023
	£	£
Deposit account interest	<b><u>62,276</u></b>	<u>59,973</u>

**3. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 December 2024 nor for the year ended 31 December 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 December 2024 nor for the year ended 31 December 2023.

PARK ROYAL OCCUPATIONAL HEALTH LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 DECEMBER 2024

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Investment income	59,973	-	59,973
<b>EXPENDITURE ON Charitable activities</b>			
Other expenditure	12,248	-	12,248
<b>NET INCOME</b>	47,725	-	47,725
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	1,731,553	23,058	1,754,611
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>1,779,278</u>	<u>23,058</u>	<u>1,802,336</u>

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Accruals and deferred income	<u>930</u>	<u>930</u>

6. MOVEMENT IN FUNDS

	At 1/1/24 £	Net movement in funds £	At 31/12/24 £
<b>Unrestricted funds</b>			
Unrestricted Reserves	1,438,933	53,357	1,492,290
Capital Reserves	340,345	-	340,345
	<u>1,779,278</u>	<u>53,357</u>	<u>1,832,635</u>
<b>Restricted funds</b>			
Restricted Funds	23,058	-	23,058
<b>TOTAL FUNDS</b>	<u>1,802,336</u>	<u>53,357</u>	<u>1,855,693</u>

## PARK ROYAL OCCUPATIONAL HEALTH LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 DECEMBER 2024

## 6. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
Unrestricted Reserves	62,276	(8,919)	53,357
	<u>        </u>	<u>        </u>	<u>        </u>
<b>TOTAL FUNDS</b>	<u>62,276</u>	<u>(8,919)</u>	<u>53,357</u>

## Comparatives for movement in funds

	At 1/1/23 £	Net movement in funds £	At 31/12/23 £
<b>Unrestricted funds</b>			
Unrestricted Reserves	1,391,208	47,725	1,438,933
Capital Reserves	340,345	-	340,345
	<u>1,731,553</u>	<u>47,725</u>	<u>1,779,278</u>
<b>Restricted funds</b>			
Restricted Funds	23,058	-	23,058
	<u>        </u>	<u>        </u>	<u>        </u>
<b>TOTAL FUNDS</b>	<u>1,754,611</u>	<u>47,725</u>	<u>1,802,336</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
Unrestricted Reserves	59,973	(12,248)	47,725
	<u>        </u>	<u>        </u>	<u>        </u>
<b>TOTAL FUNDS</b>	<u>59,973</u>	<u>(12,248)</u>	<u>47,725</u>

## PARK ROYAL OCCUPATIONAL HEALTH LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 DECEMBER 2024

## 6. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/1/23 £	Net movement in funds £	At 31/12/24 £
<b>Unrestricted funds</b>			
Unrestricted Reserves	1,391,208	101,082	1,492,290
Capital Reserves	340,345	-	340,345
	<u>1,731,553</u>	<u>101,082</u>	<u>1,832,635</u>
<b>Restricted funds</b>			
Restricted Funds	23,058	-	23,058
	<u>23,058</u>	<u>-</u>	<u>23,058</u>
<b>TOTAL FUNDS</b>	<u><u>1,754,611</u></u>	<u><u>101,082</u></u>	<u><u>1,855,693</u></u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
Unrestricted Reserves	122,249	(21,167)	101,082
	<u>122,249</u>	<u>(21,167)</u>	<u>101,082</u>
<b>TOTAL FUNDS</b>	<u><u>122,249</u></u>	<u><u>(21,167)</u></u>	<u><u>101,082</u></u>

## 7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2024.

## PARK ROYAL OCCUPATIONAL HEALTH LIMITED

DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 DECEMBER 2024

	2024 £	2023 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Investment income</b>		
Deposit account interest	<u>62,276</u>	<u>59,973</u>
<b>Total incoming resources</b>	<b>62,276</b>	<b>59,973</b>
<b>EXPENDITURE</b>		
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	60	60
<b>Governance costs</b>		
Postage and stationery	88	321
Sundries	2,064	2,374
Professional fees	4,400	4,500
Independent examiners' fee	900	930
Computer Cost	<u>1,407</u>	<u>4,063</u>
	<u>8,859</u>	<u>12,188</u>
Total resources expended	<u>8,919</u>	<u>12,248</u>
<b>Net income</b>	<u><u>53,357</u></u>	<u><u>47,725</u></u>

**PARK ROYAL OCCUPATIONAL HEALTH LIMITED**

England & Wales - Charity number 250706

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# Accounts

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PARK ROYAL OCCUPATIONAL HEALTH LIMITED

(A company limited by guarantee)

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2023

COMPANY REGISTRATION NUMBER 609824

Charity Number 250706

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Boydell & Co  
Chartered Accountants  
146B Chiswick High Road  
London  
W4 1PU

PARK ROYAL OCCUPATIONAL HEALTH LIMITED

FINANCIAL STATEMENTS

YEAR ENDED 31 DECEMBER 2022

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PARK ROYAL OCCUPATIONAL HEALTH LIMITEDCOMPANY INFORMATIONThe board of trustees

Mr Ruwan Strangeways  
Mr Ion Metsovitis  
Mr Steven Yip

Company director

Mr R Strangeways

Company secretary

Mr D Lee

Registered office

16 Dalston Gardens  
Stanmore  
HA7 1BU

Independent examiners

Mr M B Boydell FCA  
Boydell & Co  
Chartered Accountants  
146B Chiswick High Road  
London  
W4 1PU

Bankers

HSBC Bank plc  
P O Box 260  
46 The Broadway  
Ealing  
London  
W5 5JR

PARK ROYAL OCCUPATIONAL HEALTH LIMITED

DIRECTORS' AND TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 DECEMBER 2023

The trustees, who are also Directors for the purposes of the Companies Act, present their report and the financial statements of the charity for the year ended 31 December 2023. The financial statements comply with current statutory requirements and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the provision of section 1A 'Small Entities' of Financial Reporting Standard 102.

Legal Status

The charity is constituted as a company limited by guarantee, and is therefore governed by a Memorandum and Articles of Association.

Objectives of the charity

The charity's object and its principal activity have been that of providing occupational health and safety services to industry. The charity is so organised that the members, who are also the trustees, meet regularly to oversee its affairs and to receive the reports of the Company's Officers.

Capital and reserve

There is no change in the capital reserve

Review of developments

During the year under review the company had a surplus of £ 47,725 (£ 5,567 – 2022).

The trustees decided the company will carry on but with alternative charitable activities. The trustees will look into various opportunities to try and maintain and hope to improve the value of the funds in hand. These various opportunities will be assessed, evaluated, earmarked and incorporated.

THE TRUSTEES

The trustees who served the charity during the period were as follows:

Ruwan Strangeways  
Mr Ion Metsovitis  
Mr Steven Yip

PARK ROYAL OCCUPATIONAL HEALTH LIMITED

DIRECTORS' AND TRUSTEES' ANNUAL REPORT (continued)

YEAR ENDED 31 DECEMBER 2023

TRUSTEES' RESPONSIBILITIES

The trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice. Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit and loss of the company for the company for that period. In preparing those financial statements we are required to:

- select suitable accounting policies and apply them consistently;
- make reasonable and prudent judgements and estimates;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

PARK ROYAL OCCUPATIONAL HEALTH LIMITED

(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2023

In accordance with company law, as the charitable company trustees, we certify that:

- so far we are aware, there is no relevant information of which the charitable company's independent examiner is unaware; and
- as the trustees of the charitable company have taken all the steps that we ought to have taken as directors in order to make ourselves aware of any relevant information and to establish that the company's independent examiner is aware of that information.

**INDEPENDENT EXAMINERS**

The directors consider that for the year ended 31 December 2023 the company was entitled to exemption from a statutory audit under section 477 of the Companies Act 2006. Under the provisions of the Act, the directors have appointed Mr M B Boydell FCA of Boydell & Co as Independent Examiner.

The above report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 relating to small companies.

**ON BEHALF OF THE TRUSTEES:**



4<sup>th</sup> September 2024

Mr. D Lee  
Company Secretary

Registered office:

16 Dalston Gardens  
Stanmore  
HA7 1BU

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

ON THE UNAUDITED ACCOUNTS OF

PARK ROYAL OCCUPATIONAL HEALTH LIMITED

(A COMPANY LIMITED BY GUARANTEE)

I report on the accounts of the company for the year ended 31 December 2023, which are set out on pages 6 to 11.

**Respective responsibilities of trustees and examiner**

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

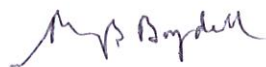
In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- (a) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- (b) to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 386 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



M B Boydell FCA  
Chartered Accountant  
146B Chiswick High Road  
London  
W4 1PU

16/9/2024

PARK ROYAL OCCUPATIONAL HEALTH LIMITED

STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 DECEMBER 2023

	Note	2023 £	2022 £
Income from charitable trading activities:			
Charitable trading income	2	-	-
Interest receivable	3	59,973	13,759
		<u>59,973</u>	<u>13,759</u>
Charitable expenditure:			
Management and administration	5	12,248	8,192
		<u>12,248</u>	<u>8,192</u>
Net Incoming resources for the year		47,725	5,567
Net Surplus for the year		<u>47,725</u>	<u>5,567</u>
Surplus brought forward		1,391,208	1,385,641
Surplus carried forward		<u>1,438,933</u>	<u>1,391,208</u>

All movements are in Unrestricted Funds

The charity has no recognised gains or losses other than the results for the year as set out above.

The notes on pages 8 to 11 form part of these financial statements

PARK ROYAL OCCUPATIONAL HEALTH LIMITEDBALANCE SHEET31 DECEMBER 2023

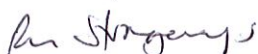
	Note	2023 £	£	2022 £
<u>CURRENT ASSETS</u>				
Cash at bank		1,803,266		1,755,511
		<u>1,803,266</u>		<u>1,755,511</u>
Amounts falling due within one year	8	(930)		(900)
		<u>1,802,336</u>		<u>1,754,611</u>
<u>NET CURRENT ASSETS</u>				
		<u>£ 1,802,336</u>		<u>£ 1,754,611</u>
		=====		=====
<u>FUNDS</u>				
Restricted	9		23,058	23,058
Unrestricted reserves:		1,438,933		1,391,208
Capital Reserves		340,345		340,345
		<u>1,779,278</u>		<u>1,754,611</u>
		<u>£ 1,802,336</u>		<u>£ 1,754,611</u>
		=====		=====
<u>TOTAL FUNDS</u>				

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

For the financial year ended 31 December 2023 the company was entitled to exemption from audit under section 477 [small company exemption] Companies Act 2006; and no notice has been deposited under section 476 [member or members requesting an audit].

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with s. 386 and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These financial statements were approved by the members of the committee on 04/09/2024 and are signed on their behalf by:



Director  
Mr R Strangeways

The notes on pages 8 to 11 form part of these financial statements

PARK ROYAL OCCUPATIONAL HEALTH LIMITEDNOTES TO THE FINANCIAL STATEMENTSYEAR ENDED 31 DECEMBER 20231. ACCOUNTING POLICIES

## Basis of accounting

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of certain fixed assets.

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the provision of section 1A 'Small Entities' of Financial Reporting Standard 102.

## Cash flow statement

The trustees have taken advantage of the exemption in Financial Reporting Standard No 1 (revised) from including a cash flow statement in the financial statements on the grounds that the charity is small.

2. CHARITABLE TRADING INCOME

	2023	2022
	£	£
Medical services	-	-
Other sales income	-	-
	-----	-----
	£-	£-
	-----	-----

PARK ROYAL OCCUPATIONAL HEALTH LIMITEDNOTES TO THE FINANCIAL STATEMENTS (CONTINUED)YEAR ENDED 31 DECEMBER 2023

3.	<u>INTEREST RECEIVABLE</u>		
		<b>2023</b>	<b>2022</b>
		<b>£</b>	<b>£</b>
	Bank interest receivable	59,973	13,759
		=====	=====
4.	<u>MEDICAL COSTS AND SUPPLIES AND STAFF COSTS</u>		
		<b>2023</b>	<b>2022</b>
		<b>£</b>	<b>£</b>
	Provisions of charitable services:		
	Doctors fees	-	-
	Medical costs and supplies	-	-
		-----	-----
		£ -	£ -
		=====	=====
5.	<u>MANAGEMENT AND ADMINISTRATION</u>		
		<b>2023</b>	<b>2022</b>
		<b>£</b>	<b>£</b>
	Use of home as office	600	741
	Office costs	142	2,038
	Storage	3,321	-
	Independent examiners' fee	930	900
	Interest payable and bank charges	60	60
	Legal and professional fees	4,500	3,600
	Traveling	-	109
	Postage & stationery	321	173
	Sundry expenses	2,374	571
		-----	-----
		£ 12,248	£ 8,192
		=====	=====

PARK ROYAL OCCUPATIONAL HEALTH LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

YEAR ENDED 31 DECEMBER 2023

6. TOTAL RESOURCES EXPENDED

	Staff costs	Depreciation	Other costs	Total 2023	Total 2022
	£	£	£	£	£
Direct charitable Expenditure	-	-	-	-	-
Management and Administration	-	-	12,248	12,248	8,192
	<u>£ -</u>	<u>-</u>	<u>£ 12,248</u>	<u>£ 12,248</u>	<u>£ 8,192</u>
	=====	=====	=====	=====	=====

The aggregate payroll costs were:

	2023	2022
	£	£
Wages and salaries	-	-
Social security costs	-	-
	<u>£ -</u>	<u>£ -</u>
	=====	=====

Particulars of employees:

The average number of staff employed by the charity during the financial year amounted to:

	2023	2022
	No	No
Occupational Physicians	-	-
Administrative	-	-
Director	1	1
	<u>1</u>	<u>1</u>
	==	==

PARK ROYAL OCCUPATIONAL HEALTH LIMITEDNOTES TO THE FINANCIAL STATEMENTS (CONTINUED)YEAR ENDED 31 DECEMBER 20237. OPERATING DEFICIT

Operating deficit is stated after charging:

	2023	2022
	£	£
Depreciation	-	-
	=====	=====

8. CREDITORS

Amounts falling due within one-year

	2023	2022
	£	£
Accruals	930	900
	-----	-----
	£ 930	£ 900
	=====	=====

9. RESTRICTED FUNDS

Restricted income funds

	£ 23,058	£ 23,058
	=====	=====