

**Society of the Helpers  
of the Holy Souls  
A Registered Charity**

Report and Financial Statements

31 December 2024

# Society of the Helpers of the Holy Souls - A Registered Charity

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# Society of the Helpers of the Holy Souls - A Registered Charity

## TRUSTEE'S ANNUAL REPORT

at 31 December 2024

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The Trustees present their financial statements and annual report for the year ended 31 December 2024. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's trust deed dated 8 September 1949, the Charities Act 2011 and Accounting and the Charities Statement of Recommended Practice (effective 1 January 2019) - (Charities SORP (FRS 102)).

### Reference and Administration Details of the Charity, its Trustee and Advisors

Date of Deed 8 September 1949

Trustee The Holy Rood Trustee Company Limited

The Directors of the Company during the year were:-

Elizabeth Mary Kelly  
Karl Hart  
Margaret Ann Minards  
Frances McCarthy

The statutory power of appointment of Trustees applies and a corporation or company may be appointed. Except as regards any corporation or company, any person who shall not profess the Roman Catholic religion shall be absolutely disqualified from acting or remaining a Trustee. Any Trustee who shall become incapacitated from acting or communicate in writing a wish to resign or shall be requested by two-thirds of the Trustees to resign shall thereupon cease to be a Trustee. The Holy Rood Trustee Company was appointed as a Trust Corporation on 24 January 2000. The appointment of new Trustees is considered by the existing Trustees to ensure that the board of Trustees has the appropriate skill sets to carry out its responsibilities.

The induction process for new Trustees comprises an initial meeting at which the new Trustee is briefed on the grant making procedures, the investment strategy of the Charity and the responsibilities of the Trustees. New Trustees are provided with a copy of the Charity's most recent annual financial statements and other relevant documents.

Nature of Trust Registered Charity No 240876 (Charity Commission for England and Wales)  
Registered Charity No SC000084 (OSCR)

Registered Address 81 St Mary's Road  
Liverpool L36 5SR

Accountants TMF Global Services (UK) Ltd  
13<sup>th</sup> Floor  
1 Angel Court  
London  
EC2R 7HJ

Auditors FKCA Limited  
260-270 Butterfield  
Great Marlings  
Luton LU2 8DL

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# Society of the Helpers of the Holy Souls - A Registered Charity

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at 31 December 2024

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Bankers	The Royal Bank of Scotland plc RBS Bishopsgate 49 Bishopsgate London EC2N 3AS
Solicitors	Stone King 3 <sup>rd</sup> Floor Bateman House, 82-88 Hills Road Thirty Station Road Cambridge CB2 1LQ
Stockbrokers	Charles Stanley & Co 55 Bishopsgate London EC2N 3AS
Investment Powers	Unrestricted
Tax	Under existing law the trust is exempt from income tax, inheritance tax and capital gains tax.
Religious houses	No account has been taken of the assets or liabilities of the individual houses by agreement with the Charity Commission.
Permitted Destination of Funds	As to both capital (Expendable Endowment) and income:  a) for the support of the poor, sick and needy including maintenance and support of charitable institutions for the poor and needy whether at home or abroad, whether or not they are members of the Roman Catholic religion;  b) maintenance and support of charitable institutions for persons engaged in or carrying out the work of the support and the visitation of the poor, sick and needy; and  c) generally for any such charitable purpose at the discretion of the Trustee conducive to the advancement or maintenance of the Roman Catholic religion whether in Great Britain or elsewhere.

### Structure, Governance & Management

Governance & Management	<p>The Charity is an unincorporated trust constituted under a trust deed dated 8 September 1949 and is a registered charity, number 240786.</p> <p>The management of the Charity is carried out by the Directors of the Trustee Company who also determine the overall strategy of the Charity.</p> <p>The Charity has a close working relationship with the General Council in Paris which provides the Charity with advice and, when necessary, financial assistance to ensure that the Charity is able to continue to meet its charitable objectives.</p>
Objectives & Activities	<p>One of the aims of the Charity is to provide support for the poor, sick and needy, whether at home or abroad regardless of whether they are members of the Roman Catholic Religion. The Charity has made a commitment in favour of human rights and provides help for displaced persons and support for economic, education and health development projects.</p>

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# Society of the Helpers of the Holy Souls - A Registered Charity

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**Objectives & Activities - continued** The activity of the Charity with regard to this aim has been diverse. In the UK these include working in local parishes (this includes working with the sick, local schools, homeless and elderly), with those who have severe and enduring mental illness, with survivors of torture, with refugees, chaplaincy work in schools and hospitals, education of children, working with adults with learning difficulties and those who suffer from AIDS.

The activities of the Charity also have an international aspect and include working with NGOs for example CAFOD, OXFAM and other justice and peace organisations. This work has necessitated international visits to third world countries. The Charity is involved with the education of women in third world countries and in the prevention of human trafficking of women and children. The Charity also supports the work of SIDI (International Solidarity for Development Investment) and CCDF (Catholic Committee against Hunger and for Development).

The Charity continues to maintain its institutions as well as supporting the ongoing care of the sick and elderly sisters. This constitutes a large part of the Charity's expenditure as the majority of the sisters of the congregation are elderly. The sisters do not receive any remuneration for the work they carry out for the Charity.

### Method of Donation

The trust supplies financial assistance to religious houses and this is expected to continue in the foreseeable future. At the end of each year the community/sister has to account for the money spent during the year and has to submit a budget for the coming year. These are sent to the Province Leadership Team. Each budget is considered then the overall budget of the Province, which is made up of all the budgets, is looked at and decisions made regarding amendments to the budgets and the grants to be made to each house. The Trustee approves the grants and then takes on the responsibility of their administration. The end of the year accounts and budgets for the coming year are also sent to the General Bursar in Paris who presents them to the General Leadership Team.

For important matters, such as the sale of one of the houses, authorisation is required by the board of Directors of The Holy Rood Trustee Company Ltd and signed by any three of the Directors. Any important decision is made only after a process of discernment is carried out involving the Sisters concerned and the Province Leadership Team and others who may be affected by the decision.

### Risk Management

The Trustee confirms that the major risks to which the Charity is exposed, as identified by the Trustee, have been reviewed and systems have been established to mitigate those risks.

### Investment Policy

The investments are managed by Charles Stanley & Co. In exercising discretion over its investment policies, the Trustee aims to maintain a balance, exposing the portfolio to no more than a moderate risk with a view to providing income for today without forgetting the long-term need to protect the real value of capital. Selecting appropriate investments, the investment manager is also mindful that investments should not give exposure to areas which are not in harmony with the Charity's ethical and religious ethos.

Advice regarding the portfolio of freehold properties held for the Charity's use is obtained from individual surveyors appropriate to the locality of each property. Maintenance of the properties is a priority.

# Society of the Helpers of the Holy Souls - A Registered Charity

## TRUSTEE'S ANNUAL REPORT

at 31 December 2024

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### Achievements, Public Benefit and Performance

The financial statements have been prepared in accordance with the accounting policies set out on pages 13 and 14 and comply with the Charity's Trust Deed and applicable law.

Expenditure from the income account during the year ended 31 December 2024 amounted to £592,637 (2023 £1,075,274) which deducted from the income of £704,084 gave a surplus of £111,447. A sum representing the surplus was transferred to the Endowment Fund. The expenditure includes grants of £510,228 (2023 £1,031,181) as detailed in note 4 to the financial statements. The total funds held by the Charity as at 31 December 2024 was £20,418,704.

The Trustee confirms that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when setting their grant making policy for the year, in line with the Charity's aims and objectives.

The net losses on revaluation and disposal of investment assets was £396,822. The total return for the Main Fund over the year was 3.62%. This compared to total returns on the FTSE 100, MSCI PIMFA Private Investor Balanced and FTSE All-Share indices of 9.66%, 10.73% and 9.47% respectively.

The requirements of section 13 of the Charities (Protection and Social Investment) Act 2016 requires that the Trustees of those charities that must have an audit by charity law are to provide a statement on specific areas of their fundraising in their Trustees' Annual Report. The charity is unincorporated and does not currently actively fundraise therefore the requirements do not apply.

The 2023 grant commitment of £150,000 to The Old Schoolhouse Community was paid in the year, and a further grant of £170,000 approved, which will be paid in 2025.

The following conditions were placed on the grant:

1. The grant is given to the Old Schoolhouse Community Project in recognition of the reality that the mission and ethos of the Old Schoolhouse Community Project is closely aligned to that of the Helpers of the Holy Souls. The grant is offered, therefore, to maintain the work of the organisation, and allow it to develop in line with this mission. The fundamental principles being:
  - To support all people to reach the goal of their creation
  - To help in all manner of good
  - To be providence of Providence
  - To work with those who are forgotten
  - To go to the utmost ends of the earth to help others
2. Reports outlining how the above principles are being met will be provided at least annually to the Provincial Leadership Team but they reserve the right to request reports more often.

The Sisters have been closely working with Share Knowsley over the last few years. It supports refugees and asylum seekers in various ways. It runs English lessons and offers advocacy to help with asylum applications and housing problems. A drop-in service also allows for social interaction with the local community, as well as providing food and clothing cheaply. A grant of £200,000 was agreed in April 2023, to be paid over three years, £60,000 to be paid in 2024 and £70,000 to be paid in 2025 and 2026.

# Society of the Helpers of the Holy Souls - A Registered Charity

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Plans for future periods	The Trustees are satisfied with their grant making priorities and it is their intention to continue on this basis to achieve the objectives of the Charity in the future. The investment policy is currently being reviewed with an intention to reflect a more ethical approach.
Going Concern	<p>The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.</p> <p>The Trustees have considered the financial health of the charity and with this in mind the Trustees believe that the charity at the date of signing, will continue as a going concern for the foreseeable future.</p>
Reserves	<p>The Endowment Fund represents the Charity's reserves which are used to supplement the income as necessary to maintain the grants. The Trustee's policy is to at least maintain reserves at their present level, subject to the prevailing investment climate.</p> <p>The General Bursar in Paris has requested that each province of the Institute makes financial provision for the long-term care of the sisters. Following the annual review and in consideration of changing circumstances we have calculated that, for the British Province, £10 million will be required over the next 30 years to secure this provision. It is to be held in reserve and will be known as 'Stable Patrimony'.</p>

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# Society of the Helpers of the Holy Souls - A Registered Charity

## TRUSTEE'S ANNUAL REPORT

for the year ended 31 December 2024

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### Statement from the Group (Province) Secretary

Old Schoolhouse Community Project, St Johns Road, Huyton  
(oscp.co.uk) Reg. Charity No. 1097390

*(To support community groups and voluntary sector organizations through provision of high quality, low cost and flexible meeting space)*

The Sisters have been associated with this project since its inception. In the last few years financial support has been given in the form of a grant, and it was agreed to continue this support over the coming twelve months. The local Sisters continue to contribute as volunteers and trustees.

### In support of refugee/asylum seekers

In the cities where we are present, Sisters are actively in support of individuals and families who are seeking refuge in the UK. This involves regular visits to individuals, being involved at drop-in centres, provision of transport to and from appointments, assistance with documentation and writing to official agencies, facilitating a support group for volunteers who accompany/teach English to immigrants and refugees, and offering financial assistance in some circumstances. The Sisters also continue to support SHARE Knowsley (Charity No. 1179562 [www.shareknowsley.org.uk](http://www.shareknowsley.org.uk)) by way of a grant. This group support refugees/asylum seekers through English lessons, advocacy in asylum applications and housing issues, helping with furniture, and a drop in service.

### Hospitality

The Sisters maintain both a small house and a static caravan (*adapted for those with a disability*) providing places of respite, retreat, holidays or spaces for some people in crisis situations.

### Visits to Nursing Homes and housebound

The Sisters continue to make visits to local Nursing Homes in their area. They also regularly visit our own elderly Sisters who are in residential care. Visits to the elderly housebound are also made on a regular basis by the Sisters.

### Retreats and Spiritual Direction

Two Sisters offer retreats and spirituality courses to groups in both the UK and abroad. A number of Sisters offer individual spiritual direction in the UK.

### Help to the bereaved

Some Sisters are closely involved with the bereaved through Bereavement Groups in their local Church, and one Sister regularly conducts funerals.

### Networking with other agencies

The Sisters are involved in their local areas through contact with other agencies – i.e. Beginning Experience (*support for those separated, widowed and divorced*); CAFOD (*Catholic Agency for Overseas Development*); LGBT pastoral care; HIV events and meetings, and Committee member/Volunteer for Dunbar Churches Together Foodbank.

### Other

One of the Sisters has been working in Kenya to support the establishment, and development, of a new house of formation. Further support will be offered in the form of a grant toward the cost of the new building. The Charity has agreed to offer £250,000 to this endeavour. £50,000 was paid in 2023, and the remaining £200,000 was paid in 2024.



Sr. Anne Paterson HHS  
Group (Province) Secretary  
Glasgow  
12<sup>th</sup> March 2025



# Society of the Helpers of the Holy Souls - A Registered Charity

## TRUSTEE'S ANNUAL REPORT

at 31 December 2024

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### Statement of Trustee's responsibilities for the financial statements

Law applicable to charities in England & Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the Charity's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the Trustee should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustee is responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the Charity and which enable it to ascertain the financial position of the Charity and which enable it to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations and the provisions of the trust deed. The Trustee is also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

So far as each Trustee is aware:

- there is no relevant information of which the charity's auditors are unaware; and
- each Trustee has taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Approved by the Trustee on:

25. 7. 25

\_\_\_\_\_

Date

and signed on its behalf by:

  
\_\_\_\_\_

Trustee

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## **INDEPENDENT AUDITORS' REPORT**

**to the Trustee of the Society of the Helpers of the Holy Souls - A Registered Charity**

### **Opinion**

We have audited the financial statements of the Society of the Helpers of the Holy Souls (the 'charity') for the year ended 31 December 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charity's Trustees, as a body, in accordance with Section 144 of the Charities Act 2011 and regulations made under Section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's Trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for our audit work, for this report, or for the opinions we have formed.

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 December 2024 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the Trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

### **Other information**

The Trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

## INDEPENDENT AUDITORS' REPORT

to the Trustee of the Society of the Helpers of the Holy Souls - A Registered Charity

### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities Act 2011 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

### Responsibilities of Trustees

As explained more fully in the Trustees Responsibility Statement, the Trustees are responsible for the preparation of the financial statements which give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

### Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Because of the inherent limitations of an audit, there is a risk that will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management, those charged with governance around actual and potential litigation and claims.
- Enquiry of the Trustees to identify any instances of non-compliance with laws and regulations.
- Reviewing minutes of meetings of those charged with governance.
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- Auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness, and evaluating the rationale of significant transactions outside the objectives of the charity.
- Performed detailed substantive testing to address completeness and accuracy of investments and investment income

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.



Tara Aldwin ACA (Senior Statutory Auditor)  
For and on behalf of FKCA Limited  
Statutory Auditor  
260-270 Butterfield  
Great Marlings  
Luton LU2 8DL

Date: 4 August 2025

# Society of the Helpers of the Holy Souls - A Registered Charity

## STATEMENT OF FINANCIAL ACTIVITIES

for the year ended 31 December 2024

		Unrestricted Funds		Total	Total
		Income	Expendable	2024	2023
	Note	£	£	£	£
<b>INCOME AND ENDOWMENTS</b>					
Investments	2	704,084	-	704,084	664,286
<b>TOTAL INCOME</b>		<b>704,084</b>	<b>-</b>	<b>704,084</b>	<b>664,286</b>
<b>EXPENDITURE</b>					
Cost of raising funds	3	-	66,481	66,481	65,469
Charitable activities	4	592,637	-	592,637	1,075,274
<b>TOTAL EXPENDITURE</b>		<b>592,637</b>	<b>66,481</b>	<b>659,118</b>	<b>1,140,743</b>
<b>NET INCOME/(EXPENDITURE) BEFORE GAINS AND LOSSES ON INVESTMENTS</b>		<b>111,447</b>	<b>(66,481)</b>	<b>44,966</b>	<b>(476,457)</b>
Net (losses)/gains on investments	9	-	(396,822)	(396,822)	520,566
Net (losses)/gains on caravan sale			1,500	1,500	-
Net gains/(losses) on property sale		-	236,810	236,810	-
<b>NET INCOME/(EXPENDITURE) AFTER GAINS AND LOSSES ON INVESTMENTS</b>		<b>111,447</b>	<b>(224,993)</b>	<b>(113,546)</b>	<b>44,109</b>
<b>TRANSFER BETWEEN FUNDS</b>	17	<b>(111,447)</b>	<b>111,447</b>	<b>-</b>	<b>-</b>
<b>NET MOVEMENT IN FUNDS</b>		<b>-</b>	<b>(113,546)</b>	<b>(113,546)</b>	<b>44,109</b>
<b>FUND BALANCES BROUGHT FORWARD</b>		<b>-</b>	<b>20,532,250</b>	<b>20,532,250</b>	<b>20,488,141</b>
<b>FUND BALANCES CARRIED FORWARD</b>		<b>-</b>	<b>20,418,704</b>	<b>20,418,704</b>	<b>20,532,250</b>

# Society of the Helpers of the Holy Souls - A Registered Charity

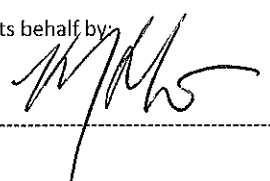
## BALANCE SHEET

as at 31 December 2024

	Note	2024 £	2023 £
<b>FIXED ASSETS</b>			
Tangible assets	8	2,500,785	2,595,550
Investments	9	17,530,275	18,432,479
		<u>20,031,060</u>	<u>21,028,029</u>
<b>CURRENT ASSETS</b>			
Debtor	10a	438,900	-
Cash at bank	10b	388,930	188,593
		<u>827,830</u>	<u>188,593</u>
<b>LIABILITIES: amounts falling due within one year</b>			
Accruals	11a	(41,186)	(45,372)
Other creditors	11b	(89,000)	(89,000)
Grants	11c	(240,000)	(410,000)
		<u>457,644</u>	<u>(355,779)</u>
<b>NET CURRENT ASSETS</b>			
		<u>20,488,704</u>	<u>20,672,250</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			
		<u>20,488,704</u>	<u>20,672,250</u>
<b>LIABILITIES: amounts falling due after one year</b>			
	12	(70,000)	(140,000)
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			
		<u>20,418,704</u>	<u>20,532,250</u>
Representing:			
<b>UNRESTRICTED FUNDS</b>			
Expendable Endowment	15	<u>20,418,704</u>	<u>20,532,250</u>

Approved by the Trustee on:

25. 7. 25  
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Date

and signed on its behalf by:   
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Trustee

# Society of the Helpers of the Holy Souls - A Registered Charity

## STATEMENT OF CASHFLOWS

for the year ended 31 December 2024

	Note	2024 £	2023 £
<b>Cash flows from operating activities:</b>			
Net cash provided by (used in) operating activities	16	(1,335,167)	(770,356)
<b>Cash flows from investing activities:</b>			
Investment income		704,084	664,286
Sale of property		373,159	-
Purchase of Caravan		(39,860)	-
Purchase of property		(7,262)	(497,387)
Proceeds from sale of investments		3,446,633	1,340,354
Purchase of investments		(2,892,869)	(1,341,551)
Net cash provided by (used in) investing activities		1,583,885	165,702
Change in cash and cash equivalents in the year		248,718	(604,654)
Cash and cash equivalents at the beginning of the year		190,400	795,054
Cash and cash equivalents at the end of the year		439,118	190,400
<b>Represented by:</b>			
Cash held within the investment portfolio	9	50,188	1,807
Cash at bank	10	388,930	188,593
		439,118	190,400

# Society of the Helpers of the Holy Souls - A Registered Charity

## NOTES TO THE FINANCIAL STATEMENTS

at 31 December 2024

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### 1. ACCOUNTING POLICIES

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are set out below:

#### a) Basis of preparation and assessment of going concern

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note to these financial statements. The financial statements have been prepared in accordance with the Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (effective 1 January 2019) - (Charities SORP (FRS 102)) and the Charities Act 2011.

The Charity constitutes a public benefit entity as defined by FRS 102.

The Trustees have considered the financial health of the charity and deem that there are no material uncertainties about the Charity's ability to continue as a going concern. The Trustees believe that the Charity at the date of signing, will continue as a going concern for the foreseeable future.

#### b) Fund structure

The expendable endowment represents funds originally settled into the Charity and the Trustee is permitted to apply the endowment as though it were income. As permitted by the Trust Deed, any surplus or deficit arising on the income account for a year shall be transferred to or met by the Expendable Endowment account as there is no specific requirement for an income reserve to be held. Further details are disclosed in note 17.

#### c) Income recognition

All income is recognised once the Charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Interest on funds held is included upon notification of the interest paid or payable. Dividends are recognised once the dividend has been declared and notification has been received of the dividend due. Credit is taken in the accounts for income tax deducted from investment income which has or will be reclaimed from the H M Revenue & Customs up to 31 December 2024.

Income from donations and legacies is recognised as it is received by the Trustee.

#### d) Expenditure recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. For more information on this allocation refer to note e) below.

Grants payable are payments made in furtherance of the charitable objectives of the Charity. Provision is made for grants approved by the Trustee in the year.

#### e) Allocation of governance and other support costs

Governance and support costs have been allocated between charitable activities and governance based on the activity to which they relate. The allocation is analysed in note 6.

Governance costs comprise all costs involving the public accountability of the Charity and its compliance with regulation and good practice. These costs include costs related to the audit of the Charity and accountancy charges.

# Society of the Helpers of the Holy Souls - A Registered Charity

## NOTES TO THE FINANCIAL STATEMENTS

at 31 December 2024

### 1. ACCOUNTING POLICIES – continued

#### f) Cost of raising funds

The cost of generating funds comprises the investment management charges.

#### g) Charitable activities

The expenditure on charitable activities comprises grants made in the year, governance costs and support costs as shown in note 4.

#### h) Tangible fixed assets and depreciation

Tangible assets are stated at cost and depreciated according to their asset category.

##### Properties

Freehold properties are held for the use of the Charity and are shown at their value when received in trust with subsequent additions included at cost. No provision has been made this year for depreciation of freehold properties. The Trustees are of the opinion that the recoverable amount of the freehold properties is in excess of the carrying value of that class of assets. This has been clearly demonstrated by the profits on disposal of properties in recent years. An annual impairment review is performed by the Trustees to ensure no change to this opinion has occurred.

##### Static Caravans

Depreciation is charged on static caravans held for the use of the Charity, which are written off on a straight-line basis over their estimated useful economic lives, which is at a rate of 10-15 years.

#### i) Fixed asset investments

Investments are initially recognised at their transaction value and subsequently measured at their market value as at the Balance Sheet date using the closing quoted market price. The Statement of Financial Activities includes the net gains and losses arising on revaluation and disposals throughout the year.

#### j) Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

#### k) Foreign currency translation

Transactions denominated in foreign currencies are recorded at the rate of exchange ruling at the date of the transactions. Monetary assets and liabilities denominated in foreign currencies are translated into sterling at year-end rates and translation differences are taken to the Statement of Financial Activities.

### 2. INCOME AND ENDOWMENTS

	2024	2023
	£	£
<b>Investment Income</b>		
Investment income - UK listed	619,338	573,173
Investment income - Overseas listed	91,489	103,006
	<u>710,827</u>	<u>676,179</u>
Less: Non recoverable and overseas tax	(13,502)	(17,749)
Interest on cash deposits	6,759	5,856
	<u>704,084</u>	<u>664,286</u>



# Society of the Helpers of the Holy Souls - A Registered Charity

## NOTES TO THE FINANCIAL STATEMENTS

at 31 December 2024

### 3. COST OF RAISING FUNDS

	2024 £	2023 £
Investment management charges	66,481	65,469

### 4. ANALYSIS OF CHARITABLE ACTIVITIES

The Charity undertakes its charitable activities through grant making and awarded grants to a number of institutions in furtherance of its charitable objectives.

	Total 2024 £	Total 2023 £
Grant funded activity	510,228	1,031,181
Support and governance costs	58,145	20,851
- Charitable Activities - income	24,264	23,242
- Governance - income		
	592,637	1,075,274

#### Grants in furtherance of charitable objectives

	2024 £	2023 £
Annual grants used for the maintenance and support of religious houses, and to fund the Old Schoolhouse Community Project's operations		
13 North Gyle Park, Edinburgh	24,400	14,400
Flat 20, Southworth House, Larmenier Retirement Village	18,000	18,000
13 Lincoln Avenue, Glasgow	6,500	6,000
81 St Mary's Road, Liverpool	12,400	12,400
10/4 Mount Alvernia, Edinburgh	10,800	10,800
470 Anniesland Road, Glasgow	-	12,000
183 Dorchester Avenue, Glasgow	12,000	-
168 Tarbock Road, Liverpool	26,200	24,000
5 Harmony Crescent, Edinburgh	-	4,800
14 Craigend Park, Edinburgh	18,928	10,781
Province a/c	211,000	318,000
Generalate – Noviate House, Kenya	-	250,000
The Old Schoolhouse Community Project	170,000	150,000
SHARE Knowsley	-	200,000
	510,228	1,031,181

### 5. RELATED PARTY TRANSACTIONS

Karl Hart is an employee and Elizabeth Mary Kelly is a Trustee of The Old Schoolhouse Community Project. Grants were paid of £150,000 for the year to 31 December 2023, £150,000 for the year to 31 December 2024 and a further grant of £170,000 has been agreed for the year to 31 December 2025.

# Society of the Helpers of the Holy Souls - A Registered Charity

## NOTES TO THE FINANCIAL STATEMENTS

at 31 December 2024

### 6. ALLOCATION OF GOVERNANCE AND OTHER SUPPORT COSTS

	2024		2023	
	Charitable Activities	Governance	Charitable Activities	Governance
	£	£	£	£
<b>UNRESTRICTED INCOME FUND</b>				
Depreciation of tangible assets	7,037	-	7,145	-
Property expenditure	36,161	-	-	-
Auditors' remuneration	-	6,588	-	6,270
Accountancy and tax compliance services	-	17,676	-	16,972
Bank charges and sundry	1,194	-	1,077	-
Insurance	13,753	-	12,629	-
	<u>58,145</u>	<u>24,264</u>	<u>20,851</u>	<u>23,242</u>

### 7. TRUSTEE EXPENSES AND REMUNERATION

The Trustee received no remuneration in respect of the financial year ended 31 December 2024 (2023 £Nil). In the year none of the Directors of the Trustee Company were reimbursed expenses (2023 £Nil).

### 8. FIXED ASSETS: TANGIBLE ASSETS

	Freehold properties £	Static caravans £	Total £
<b>Cost</b>			
At 1 January 2024	2,748,962	92,852	2,841,814
Additions	7,262	41,360	48,622
Disposals	(163,250)	(28,650)	(191,900)
	<u>2,592,974</u>	<u>105,562</u>	<u>2,698,536</u>
<b>Depreciation</b>			
At 1 January 2024	176,954	69,310	246,264
Depreciation on sale	(26,900)	(28,650)	(55,550)
Provided in year	-	7,037	7,037
	<u>150,054</u>	<u>47,697</u>	<u>197,751</u>
Net book value at 31 December 2024	<u>2,442,920</u>	<u>57,865</u>	<u>2,500,785</u>
Net book value at 31 December 2023	<u>2,572,008</u>	<u>23,542</u>	<u>2,595,550</u>

No properties were purchased in 2024. (Two properties were purchased during the year to 31 December 2023).

# Society of the Helpers of the Holy Souls - A Registered Charity

## NOTES TO THE FINANCIAL STATEMENTS

at 31 December 2024

### 9. FIXED ASSET INVESTMENTS

UK and foreign investments listed on a recognised stock exchange.

	2024 £	2023 £
Market value at 31 December 2023	18,430,672	17,908,909
Sale proceeds of disposals	(3,446,633)	(1,340,354)
Add: acquisitions at cost	2,892,870	1,341,551
Net gains/(losses) on revaluation and disposal	(396,822)	520,566
Market value at 31 December 2024	17,480,087	18,430,672
Cash held within the investment portfolio	50,188	1,807
	17,530,275	18,432,479
Historical cost at 31 December 2024	16,073,214	16,300,639
Investments		
UK listed	14,583,278	15,251,306
Overseas listed	2,896,809	3,179,366
	17,480,087	18,430,672

The following investments comprise more than 5% of the value of the investment portfolio:

Name	Holding	Market Value
Bloomsbury Publishing Plc	157,500	£1,061,550
NatWest Group Plc	237,482	£954,915

### 10a. DEBTOR

	2024 £	2023 £
Stockbrokers cash due	438,900	-

### 10b. CASH AT BANK

	2024 £	2023 £
Stockbrokers income account	57,596	36,822
Bank account	331,334	151,771
	388,930	188,593

# Society of the Helpers of the Holy Souls - A Registered Charity

## NOTES TO THE FINANCIAL STATEMENTS

at 31 December 2024

### 11. LIABILITIES: amounts falling due within one year

a) Accruals	2024 £	2023 £
Accrued expenses	41,186	45,372

### b) Other creditors

Other creditors comprise the value of assets transferred to the Charity by Sisters which will be refundable should any of the following Sisters leave the order or make a testamentary disposition. The Sisters and the amounts involved are as follows:

	2024 £	2023 £
O'Grady	54,000	54,000
Bayne	5,000	5,000
Minards	22,000	22,000
Paterson	8,000	8,000
	89,000	89,000

### c) Grants

	2024 £	2023 £
The Old Schoolhouse Community Project	170,000	150,000
Noviate House, Kenya	-	200,000
SHARE Knowsley	70,000	60,000
	240,000	410,000

### 12. LIABILITIES: amounts falling due after one year

	2024 £	2023 £
Grants		
SHARE Knowsley	70,000	140,000
	70,000	140,000

### 13. VOLUNTEERS

Other than the Directors of the Trustee Company, the Charity receives no contributions from volunteers.

### 14. CAPITAL COMMITMENTS

There are no capital commitments for the year ended 31 December 2024 (2023: £40,000).

# Society of the Helpers of the Holy Souls - A Registered Charity

## NOTES TO THE FINANCIAL STATEMENTS

at 31 December 2024

### 15. UNRESTRICTED FUNDS

	Capital £	Income £	Total 2024 £
<b>2024</b>			
Unrestricted funds comprise the following:			
- Tangible assets	2,500,785	-	2,500,785
- Investments	17,530,275	-	17,530,275
- Debtors	438,900	-	438,900
- Cash	500,347	(111,417)	388,930
- Creditors	(551,603)	111,417	(440,186)
	<u>20,418,704</u>	<u>-</u>	<u>20,418,704</u>

### 16. RECONCILIATION OF NET MOVEMENTS IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net movement in funds (as per the Statement of Financial Activities)	(113,546)	44,109
Depreciation charges	7,037	7,145
(Gains)/losses on investments shown in investing activities	396,822	(520,566)
(Gains)/losses on sale of property	(236,810)	-
(Gains)/losses on sale of caravan	(1,500)	-
Deduct investment income shown in investing activities	(704,084)	(664,286)
(Increase)/decrease in debtors	(438,900)	-
Increase/(decrease) in creditors	(244,186)	363,242
Net cash provided by (used in) operating activities	<u>(1,355,167)</u>	<u>(770,356)</u>

### 17. SUMMARY OF FUND MOVEMENTS

Fund Name	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Expendable endowment	20,532,250	-	(66,481)	111,447	(158,512)	20,418,704
Income	-	704,084	(592,637)	(111,447)	-	-
Total Funds	<u>20,532,250</u>	<u>704,084</u>	<u>(659,118)</u>	<u>-</u>	<u>(158,512)</u>	<u>20,418,704</u>

The transfer between funds represents the excess of income over expenditure during the year.