

Company number 402695  
Registered Charity number 238441

**THE SOCIETY OF ANALYTICAL PSYCHOLOGY**  
(Company limited by guarantee)

**TRUSTEES' ANNUAL REPORT & ACCOUNTS**

**1 September 2019 to 31 August 2020**

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## 1. Administrative Details

### *Address*

1 Daleham Gardens  
London  
NW3 5BY

[www.thesap.org.uk](http://www.thesap.org.uk)

### *Registrations*

Registered Charity no. 238441, Charity Commission, England and Wales  
Company registered in England and Wales No. 402695

### *Officers*

Acting Chair	Inge Spencer (Nov 2020)
Chair	Michael Cullinan (to Nov 2020)
	Judith Brech (to Feb 2020)
Deputy Chair	Inge Spencer (to Nov 2020)
	Michael Cullinan (to Feb 2020)

### *Members of Council*

Members of the Council, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are:

Inge Spencer (Acting Chair)  
Michael Cullinan  
Penny de Haas Curnow (Diversity Officer)  
Hilary Lester  
Simona Panetta-Crean  
Barry Proner (Feb 2020)  
Valerie Roach  
Jennifer Stein  
Ali Zarbafi (co-opted 12 Sep 2020)  
Judith Brech (Chair) (resigned 22 Feb 2020)  
Larissa Lagutina (resigned 21 Apr 2020)  
Steve Slann (co-opted 12 Nov 2018 resigned 1 Oct 2019)

### *Chief Executive and Company Secretary*

Judith Willetts

***Solicitors***

Fieldfisher LLP

Riverbank House, 2 Swan Lane, London, EC4R 3TT

***Principal Bankers***

HSBC

122 Finchley Road, London, NW3 5JD

***Independent Examiner***

Mary Wallbank DChA, FCIE

Charity Management Services

18 Park Road, Chandlers Ford,

Eastleigh SO53 2EU



## 2. Achievements and performance

### 2.1 Aims and Objectives

The objects of the Society are:

*With a view to the benefit of the community at large but not otherwise to promote and encourage:*

- (a) The practice and application of analytical psychology in and to medical and other fields;*
- (b) Education and training in analytical psychology, its principles, practice and application;*
- (c) The increase of knowledge in relation to analytical psychology;*
- (d) The diffusion of the knowledge of the advantages that accrue from the practice and application of analytical psychology consistently with the foregoing.*

The Society promotes analytical (Jungian) psychology in four ways:

- Running courses to train participants in analysis and psychotherapy;
- Putting on events, lectures, seminars and courses in a range of Jungian and psychoanalytic topics, both at an introductory level and for professionals;
- Publishing an academic journal to increase knowledge in the field of analytical psychology;
- Providing a clinic offering reduced-fee analysis and psychotherapy.

### 2.2 Special note regarding Covid-19

This financial year has been unusual and challenging owing to the global pandemic. The Society made the decision to close the office at Daleham Gardens at the end of March 2020.

All staff were able to work from home and continue to do so. Our IT consultants ensured each employee had secure remote access to the SAP server. This meant the Society was fortunate in not having to furlough any employee.

The building was visited by our security company every evening, the alarm system was serviced and all requirements of our insurance policies were met. There is a single member of staff in the building at least three times a week.

The Society's members quickly had to adapt to working online rather than face-to-face. While there were some initial challenges in becoming accustomed to the technology, these were comparatively small compared with adjusting to working remotely with patients. We created new protocols and provided training and support for our members and trainees in order to help them to work safely and effectively and to deal with the inevitable sense of isolation many experienced.

Our colleagues in training as well as our members no longer had the opportunity to meet together in groups and the absence of the physical space had to be filled with gatherings on Zoom. It is to the credit of our community that individuals were able to adapt and flourish in these circumstances. We should also acknowledge that some members lost much of their practices as a result of the pandemic which has led to significant hardship for those affected.

The Society ran all its professional trainings, introductory courses, CPD seminars and courses, and public events through Zoom. As a result of this there has been increased take-up of many of our events and courses and we are very well set to grow the Society's business during 2020 – 2021.

Unfortunately, the Journal of Analytical Psychology's 2020 conference had to be postponed. It was scheduled to take place in Sao Paulo at the end of July 2020 but is now being organised as a virtual conference to take place in April 2021.

## **2.3 Activities**

### ***Professional Training***

The Analytic Training saw the continuation of the modular structure and finished the year with 12 trainees and 3 post-trainees. The Psychodynamic Psychotherapy Training had 19 trainees & 12 post trainees. Trainee numbers for both professional trainings continue to grow year on year.

### ***Public Events, Seminars and Courses***

The Society ran 7 events in London and 1 online event, and 3 in Cambridge and 2 online events. Attendance was good, particularly for the online events. In addition, the Society had a screening adaption of a Daphne du Maurier novel at Everyman Cinema, followed by Q & A, which was very well attended. Also, 2 more in a series of films in collaboration with CAP, 1 of which was held online. The Society also had a series of Clinicians Work Discussion Groups held in London and online.

26 people attended the Foundations course and 14 people took part on the Jungian Practice Experiential Group.

The Supervision course for experienced clinicians continued to be popular. 16 people completed the course. In addition, we continued to run the modular Transitions course, which attracted 6 participants for the entire year with 3 participants electing to take modules 1 and 2.

We ran two reflective practice seminar series for trainees. One specifically addressed issues around working remotely; the second tackled issues of diversity. Further seminar series are scheduled for 2020 – 2021.

In addition, we ran two seven-week seminar series entitled *Obsessions, Anxieties and Phobias* and *Somatic Countertransference and the Unthinkable*, which attracted 12 participants.



### ***Special Event***

In April 2020 we were deeply saddened by the death of Dr Alessandra Cavalli. She was an internationally renowned child analyst and academic who was hugely involved in many aspects of the Society, being key to significant aspects of training and supervision. We are very grateful to her colleagues for stepping in to take over these responsibilities. A special event was held online for members to come together to share their experiences of Dr Cavalli. An online conference on child and adolescent analysis will be held next year and will begin with a tribute to her.

### ***The Clinic***

The Clinic had 60 applications and conducted 25 consultations. These consultations resulted in 18 new people starting therapy with a member (4 people), with a Psychodynamic Psychotherapy trainee (10 people), with an Analytic trainee (2 people) and with clinicians on the Transitions course (2 people). The Clinic continues to be responsible for existing patients working with the Society's trainees and provides advice and support to applicants who could not be placed through the Society.

## ***2.4 How our activities deliver public benefit***

The Society provides high quality training to individuals training to become psychoanalysts and psychodynamic psychotherapists. It is on a continuous mission to train as many people as possible who will go on to work with hundreds of patients who need support for a wide range of mental health problems. The work continues to be very much in need as the challenges people are facing in society grow year on year. Our short courses and introductory courses raise awareness of this work and encourage people into professional training.

The Society also provides psychological consultation and treatments to members of the public in need, and consultation and advanced learning to professionals delivering such treatments. The Society's fees are kept as low as possible for its educational events, and its clinic operates on a sliding scale basis of fees to widen access to psychological services to those with low incomes.

The trustees have complied with their duty to have due regard to the Charity Commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

## **3. Financial Review**

### ***3.1 Income and Expenditure***

The Society's income was £427,000, £17,000 more than last year. The expenditure was £482,000, the same as last year. Part of the Society's deficit was covered by its investments. This, of course, is dependent on the stock market, but it does mean that the financial position is currently sustainable. Your attention should be drawn to the points made under 2.2 which gives further information about the impact of Covid-19 on the Society.

### **3.2 Reserves Policy**

The Society has reserves of £1.6 million (2019 £1.7 million), which includes £284,000 (2019 £284,000) in restricted funds. The restricted funds are managed by a sub-committee of the Council (the board of trustees), and the funds are used to promote the Society's professional trainings.

The policy was reviewed by Council in November 2020. The Society's free reserves are being retained to subsidise operational activities until the activities can be brought onto a breakeven basis.

Please note, the Reserves Policy has been substantially rewritten this year, giving a clear plan for both necessary retention of reserves and plans to spend restricted funds. This policy is provided as an appendix to this report.

### **3.3 Investment Policy**

The policy covers risk and exclusions. The Society has instructed Investec, our asset management company, to adopt a medium risk investment policy. The trustees wish to preclude investment in tobacco, alcohol and gambling - defined as companies or funds with more than 10% of their turnover in these activities. The trustees reserve the right to exclude companies that carry out activities contrary to their aims or from holding particular investments which damage the Charity's reputation. The yield is under 3%.

### **3.4 Grants Policy**

The Society makes grants to support trainees who are struggling to afford the training fees. These grants are based on need. The budget for the grants is set annually by Council (£0 for 2019-20), but the decision for who receives a grant is the responsibility of the Restricted Funds and Bursaries Committee. The Board has reflected on its decision not to award grants during the 2019-20 financial year and has undertaken to make grants available each year for the foreseeable future.

### **3.5 Value of property**

The Society owns 45% of 1 Daleham Gardens. The Trustees estimate that this share could be worth over £1 million but there are no plans to sell the property so they have decided not to seek a more accurate valuation.

## **4. Plans for the future**

The Society continues to see steady growth in the numbers applying for and being accepted on its two professional training courses. From September 2020 we are running the Foundations Course at



capacity (40 people) and have introduced a new course, Clinical Practice from a Jungian Perspective, which is also fully subscribed (30 people).

The Society continues to run events for the public and has developed a number of seminar series for clinicians which began in September 2020. There will be a joint lecture in November, organised in partnership with the West Midlands Institute of Psychotherapy, *Alchemy - a bridge to Jung's 'objective psyche'* presented by William Meredith-Owen.

A new Diploma course has been developed and will begin in September 2021. It had been planned to begin this in January 2021 but the start has been postponed in order to ensure it can be run on a face-to-face basis. New professional training for those working with adolescents and young people is in development, and a new two-year Transitions course, both of which will be supported through the use of some of the Fordham Fund monies. Currently, we are looking at whether we can amend the criteria for the use of this fund.

It remains important to increase membership numbers and it is positive that we have a steady flow of new members each year. However, exploring ways of growing the number of analytic members remains a priority, alongside encouraging members to become training and Supervising Analysts.

## **5. Governance, Structure and Management**

### **5.1 Governance**

The Society is a registered charity and a company limited by guarantee. The members of the Society appoint a Council who are the trustees of the charity and the directors of the company.

### **5.2 Recruitment, Appointment and Training of Trustees**

Members of Council are recruited and elected by ballot. Any member of the Society may nominate themselves and vote. One third of the members of Council must retire every year and no member, other than the Chair, may stand for more than six years.

Trustees are provided with an induction by the CEO and the Chair and a full induction pack.

### **5.3 Risk Management**

The trustees consider risk as part of every decision. They review the risk register annually. As mentioned above, it was necessary to make a series of rapid changes to the way we work as a result of the pandemic. We have revised our policies and protocols in light of this.

### **5.4 Related Parties**

The Society is a member of the British Psychoanalytic Council (BPC), which provides ethical oversight and accreditation of the training courses. The BPC was due to undertake a re-accreditation exercise in March 2020. It has been necessary to postpone this to 2021 as a result of the office closure.

### **5.5 Independent examiner**

Mary Wallbank, DChA, FCIE, was re-appointed as the Society's independent examiner.

## **6. Responsibilities of the Council**

The Trustees (who are also the directors of The Society of Analytical Psychology for the purposes of Company Law) are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (UK Generally Accepted Accounting Practice).

Company law requires the Council to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Council should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the company will continue on that basis.

The Council is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985. The Council is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by Council on 14<sup>th</sup> December 2020 and signed on its behalf by:



Inge Spencer  
Acting Chair  
The Society of Analytical Psychology



I report on the accounts of the Charity for the year to 31 August 2020

The trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

The charity's trustees consider that an audit is not required for this year under Part 16 of the 2006 Act and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified Fellow of the Association of Charity Independent Examiners.

It is my responsibility to:

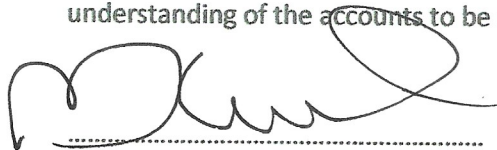
- examine the accounts under section 145 of the Charities Act 2011.
- to follow the applicable Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act 2011, and
- to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the 2006 Act or
- the accounts do not accord with the accounting records; or
- the accounts do not comply with the relevant accounting requirements under section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is a matter not considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Date.....11.1.2021.....

Mary Wallbank DChA, FCIE  
Charity Management Services  
18 Park Road,  
Chandlers Ford, Eastleigh,  
Hampshire, SO53 2EU

Note	2020			2019		
	Unrestricted Funds	Restricted Funds	Total 2020	Unrestricted Funds	Restricted Funds	Total 2019
	£	£	£	£	£	£
<b>Income from:</b>						
Donations and legacies						
Donations	10	-	10	200	15,000	15,200
Investments	42,596	-	42,596	51,251	-	51,251
Charitable activities						
Training	90,452	-	90,452	71,487	-	71,487
Membership services	84,179	-	84,179	89,280	-	89,280
Journal and publications	86,196	-	86,196	81,793	-	81,793
Clinic	35,115	-	35,115	29,004	-	29,004
Education, research, library and public events	83,461	-	83,461	64,154	-	64,154
Room hire and other income	5,135	-	5,135	7,815	-	7,815
Conference	-	-	-	-	-	-
<b>Total</b>	<b>427,144</b>	<b>-</b>	<b>427,144</b>	<b>394,984</b>	<b>15,000</b>	<b>409,984</b>
<b>Expenditure on:</b>						
Raising funds - investment management costs	12,384	-	12,384	12,866	-	12,866
Charitable activities	468,801	775	469,576	465,418	3,433	468,851
<b>Total</b>	<b>481,185</b>	<b>775</b>	<b>481,960</b>	<b>478,284</b>	<b>3,433</b>	<b>481,717</b>
<b>Net income / (expenditure) before investment (losses) / gains</b>	<b>(54,041)</b>	<b>(775)</b>	<b>(54,816)</b>	<b>(83,300)</b>	<b>11,567</b>	<b>(71,733)</b>
<b>Net (losses) / gains on investments</b>	<b>(72,949)</b>	<b>-</b>	<b>(72,949)</b>	<b>11,442</b>	<b>-</b>	<b>11,442</b>
<b>Net movement in funds</b>	<b>(126,990)</b>	<b>(775)</b>	<b>(127,765)</b>	<b>(71,858)</b>	<b>11,567</b>	<b>(60,291)</b>
<b>Reconciliation of funds</b>						
Balance brought forward at 1st September 2019	1,432,627	284,388	1,717,015	1,504,485	272,821	1,777,306
Balance carried forward at 31st August 2020	<u>1,305,637</u>	<u>283,613</u>	<u>1,589,249</u>	<u>1,432,627</u>	<u>284,388</u>	<u>1,717,015</u>

The notes on pages 13 to 20 form part of the financial statements.



	Note	£	2020 £	£	2019 £
<b>Fixed Assets</b>					
Tangible assets	8		176,052		179,171
Investments	9		<u>1,366,052</u>		<u>1,451,549</u>
			1,542,104		1,630,720
<b>Current Assets</b>					
Debtors	10	210,705		214,248	
Bank deposit accounts		2,007		2,003	
Bank current accounts and cash balances		60,573		57,114	
			<u>273,285</u>	<u>273,365</u>	
<b>Creditors: Amounts falling due within one year</b>	12	<u>(226,140)</u>		<u>(187,071)</u>	
<b>Net Current Assets</b>			<u>47,145</u>		<u>86,294</u>
<b>Net Assets</b>			<u><u>1,589,249</u></u>		<u><u>1,717,015</u></u>
<b>Funds</b>					
Unrestricted funds	13		1,305,637		1,432,627
Restricted funds	14		283,613		284,388
<b>Net Assets</b>			<u><u>1,589,249</u></u>		<u><u>1,717,015</u></u>

The notes on pages 13 to 20 form part of the financial statements.

The Trustees are satisfied that the company is entitled to exemption for the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The Trustees acknowledge their responsibilities for:

- (i) ensuring that the company keeps adequate accounting records which comply with section 386 of the Act and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 395 and 395, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

These financial statements on pages 11 to 20 were approved by the members of the Council on 14th December 2020 and are signed on their behalf by:



Inge Spencer  
Acting Chair  
The Society of Analytical Psychology

Company Number 402695 (Registered in England & Wales)  
Registered Charity Number 238441

## **Accounting Policies**

### **1 Basis of Accounting**

The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value. They have been prepared in accordance with Financial Reporting Standard 102, applicable in the United Kingdom and the Republic of Ireland, and in accordance with the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in 2015, applicable accounting standards and the Companies Act 2006.

The Society of Analytical Psychology meets the benefit of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost convention or transaction value unless otherwise stated in the relevant accounting policy note.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

#### **Income**

Subscriptions are accounted for in the period to which they relate. As the subscription year is not the same as the accounting year the portion of subscriptions relating to the later period is carried forward as deferred income.

Donations are accounted for in the period in which they are receivable.

All other sources of income are accounted for in the period in which it falls due.

#### **Expenditure**

All expenditure is accounted for on an accruals basis and is recognised where there is a legal or constructive obligation to pay for the expenditure. The charity is not registered for VAT and costs therefore include attributable VAT.

Wherever possible costs are attributed directly to expenditure headings. Salary costs and shared overheads are allocated to each heading based on employee time spent on that particular activity.

Costs of generating funds comprise those costs directly attributable to the charity's fund raising activities.

Charitable expenditure comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### **Pension costs**

The charity makes contributions to the Company Pension Auto Enrolment Stakeholder Scheme on behalf of employees and all contributed costs are accounted for on the basis of charging the cost of providing pensions over the period when the charity benefits from the employees' services. The charity has no further liability.

#### **Tangible Fixed Assets and Depreciation**

All tangible fixed assets costing over £1000 are capitalised at their cost to the charity.

Depreciation is provided at the following rates and bases which are calculated to write off each asset over its useful life:

Freehold premises and improvements	not depreciated. (See note 8)
Fixtures, fittings and furnishings	20% reducing balance basis
Computer equipment	33% straight line basis
Office and video equipment	20% reducing balance basis

#### **Investments**

Investments are stated at market value at the balance sheet date. The net gains and losses arising on revaluation and disposals throughout the year are taken to the fund which owns the investment.

#### **Fund Accounting**

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors, or the terms of the appeal. The costs of administering these funds are charged directly to each fund. Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity. Designated funds are a division of unrestricted funds which have been set aside by the trustees for particular purposes. The purpose of the designated funds are set out in the notes.

2 Investment Income

All investment from investments is credited to unrestricted funds

	2020	2019
	£	£
Quoted investments	42,593	51,247
Interest	3	5
	<u>42,596</u>	<u>51,251</u>

3 Expenditure

	2020				2019			
	Grant funding activities Restricted £	Direct activities Unrestricted £	Support costs £	Total 2020 £	Grant funding activities Restricted £	Direct activities Unrestricted £	Support costs £	Total 2019 £
Cost of generating funds								
Investment management charges	-	12,384	-	12,384	-	12,866	-	12,866
	<u>-</u>	<u>12,384</u>	<u>-</u>	<u>12,384</u>	<u>-</u>	<u>12,866</u>	<u>-</u>	<u>12,866</u>
Charitable activities								
* Grants and donations	775	250	-	1,025	3,013	6,250	-	9,263
Training and library	-	126,213	91,643	217,856	-	114,264	91,058	205,322
Membership services	-	11,667	4,999	16,667	-	11,290	6,341	17,630
Journal and publications	-	48,634	-	48,634	-	38,546	-	38,546
Clinic	-	54,344	46,022	100,366	-	56,651	49,419	106,070
Education, research, public events	-	52,555	26,399	78,954	-	63,898	26,266	90,164
Conference	-	-	-	-	-	-	-	-
Building maintenance	-	6,075	-	6,075	-	1,855	-	1,855
	<u>775</u>	<u>299,739</u>	<u>169,062</u>	<u>469,576</u>	<u>3,013</u>	<u>292,754</u>	<u>173,083</u>	<u>468,851</u>
Total resources expended	<u>775</u>	<u>312,123</u>	<u>169,062</u>	<u>481,960</u>	<u>3,013</u>	<u>305,621</u>	<u>173,083</u>	<u>481,717</u>

Support costs are allocated to the activities of the charity by employee time spent on that particular activity.

- \* 10 individuals received grants totalling £1,025.  
(2019: 3 individuals received grants of £2,000, 3 others received a total of £2,495 and 4 others totalling £768)

Volunteers

In accordance with FRS102, the value of volunteer time is not recognised in the accounts. However, it is acknowledged that the charity benefits significantly from all the work done by its volunteers.

4 Support Costs	2020	2019
	£	£
Staff costs	102,624	98,485
Accountancy	1,650	1,600
Depreciation	3,120	6,487
Legal/professional /consultancy fees	546	10,653
Office costs		
Premises costs	15,067	10,707
Printing, postage, stationery, telephone and computer	7,209	10,388
Repairs and maintenance	1,091	4,037
Insurance	6,827	5,942
Marketing and website	25,594	12,226
Miscellaneous	855	2,289
Governance costs		
Trustee and meeting costs	3,568	9,421
Independent examiner's fees	910	850
	<u>169,062</u>	<u>173,083</u>

5 Staff Costs	Total 2020	Total 2019
	£	£
Comprising:		
Wages and salaries	249,730	229,550
Social security costs	17,129	16,122
Staff pension costs	11,287	10,407
	<u>278,146</u>	<u>256,079</u>

The average number of staff for the year was:

	No.	No.
Charitable activities	13	12

No member of staff was paid more than £70,000, or full time equivalent, per annum (2019 - Nil).

The CEO received a gross salary of £66,700 pa pro rata (2019 £66,700), plus employer pension contribution of 6% of salary.

The charity makes contributions to the company pension auto enrolment stakeholder scheme for eligible employees.

Paid contributions for the year for employees and employers amounted to £14,588 (2019 £9,735)

#### Trustees

- 6 No trustees received any remuneration for their services in the year or the preceding year. A minority of trustees received remuneration for professional activities such as teaching or providing clinical consultations.

4 trustees received a total of £1,520 for their professional services in the period and 2 received travel expenses of £459. (2019: 3 trustees received a total of £5,975 for their professional services in the year and 4 received travel expenses of £3,731).



**7 Independent Examination Fee**

The fee for the Independent Examination was £910 (2019 £1,000).

**8 Tangible Fixed Assets**

	Freehold Premises and Improvements £	Fixtures, Fittings and Furnishings £	Office and Video Equipment £	Total £
<b>Cost</b>				
At 1st September 2019	183,856	38,824	51,470	274,150
Additions	-	-	-	-
Disposals	-	-	-	-
At 31st August 2020	183,856	38,824	51,470	274,150
<b>Depreciation</b>				
At 1st September 2019	19,092	30,216	45,670	94,978
Disposal	-	-	-	-
Charge for the period	-	1,721	1,398	3,120
At 31st August 2020	19,092	31,937	47,068	98,097
<b>Net Book Value</b>				
At 31st August 2020	164,764	6,887	4,402	176,052
At 1st September 2019	164,764	8,608	5,800	179,172

Included in freehold premises is land costing £61,710 (2019 - £61,710).

The freehold property at 1 Daleham Gardens was purchased in 1982, in partnership with The Institute of Group Analysis, the Society having a 45% share and occupying the first and second floors with the Institute occupying the remainder of the premises. Neither are self-contained and each holds a 99 year lease from the joint freeholders. The trustees are aware that the property is undervalued but are unable to quantify the value at a reasonable cost. The trustees consider that is not necessary to depreciate the freehold property further after 1/9/15.

**9 Fixed Asset Investment**

	Total 2020 £	Total 2019 £
<b>UK Listed Investments</b>		
Market value at 1 September 2019	1,451,549	1,503,067
Withdrawals	(12,548)	(62,960)
Net realised and unrealised (losses) / gains	(72,949)	11,442
Market value at 31 August 2020	1,366,052	1,451,549
Historical cost at 31 August 2020	1,280,058	1,168,207

**Material investments**

No investments represented more than 5% of the market value of the portfolio.

**10 Debtors**

	2020	2019
	£	£
Charitable loans (note 11)	42,590	35,620
Accounts receivable	129,542	140,652
Prepayments	38,573	37,976
	<u>210,705</u>	<u>214,248</u>

**11 Loans**

	2020	2019
	£	£
Balance at 1st September 2020	35,620	33,400
Loans made to trainees	10,000	12,000
Written off	-	-
Repayment in year	(3,030)	(9,780)
Balance at 31st August 2020	<u>42,590</u>	<u>35,620</u>

**12 Creditors: Amounts falling due within one year**

	2020	2019
	£	£
Accounts payable	7,410	25,756
Accruals	4,076	4,239
Deferred income (see below)	170,724	118,198
Other creditors	36,327	33,325
Other taxes and social security	7,603	5,553
	<u>226,140</u>	<u>187,071</u>
<b>Deferred income</b>		
Balance at start of year	118,198	106,688
Amount released to income	(118,198)	(106,688)
Amount deferred in year	<u>170,724</u>	<u>118,198</u>
Balance at end of year	<u>170,724</u>	<u>118,198</u>
<b>Deferred income is made up as follows:</b>		
Members subscriptions in advance	81,217	91,077
Training fees in advance	89,507	27,121
	<u>170,724</u>	<u>118,198</u>

All of the deferred income as at 31 August 2019 has been released in the year ended 31 August 2020.

13 Unrestricted Funds	Reserves Brought Forward £	Incoming Resources £	Resources Expended £	Investment Gains & Losses £	Transfers Between Funds £	Reserves Carried Forward £
Designated funds						
1 Building maintenance fund	201,161	-	(6,075)	-	-	195,085
2 Tangible fixed assets	179,171				(3,120)	176,051
Other Unrestricted Funds	1,052,295	427,144	(475,110)	(72,949)	3,120	934,500
	<u>1,432,627</u>	<u>427,144</u>	<u>(481,185)</u>	<u>(72,949)</u>	<u>-</u>	<u>1,305,637</u>

Designated funds relate to the following purposes:

- 1 The Building Maintenance Fund represents a legacy set aside to fund separate clearly-defined projects which is now designated for the maintenance and development of the current premises.
- 2 The designated Fixed Asset Fund represents the funds held in the form of tangible fixed assets and so not available as free reserves.

#### 14 Restricted Funds

	Brought Forward	Incoming Resources	Resources Expended	Gains & Losses	Carried Forward
	£	£	£	£	£
1 Fordham Fund	251,930	-	(300)		251,630
2 Ruth Strauss Fund	2,499	-	-		2,499
3 Mary Welch Fund	15,378	-	-		15,378
4 CG Jung Clinic	14,580	-	(475)		14,105
	<u>284,387</u>	<u>-</u>	<u>(775)</u>	<u>-</u>	<u>283,612</u>

The source of the Restricted Funds is legacies and donations in memoriam.

Restricted funds are held for the following purposes:

- 1 Furtherance of Jungian child analysis based on Michael Fordham's extensions of Jung to theory and practice regarding children. The Fordham Fund will be used to provide bursaries to PP trainees who wish to train as analysts. Also, to provide bursaries for Infant Observation. The Society intends to use significant sums during the financial year 2020-21 for a child conference in March 2021 and also to develop training courses for those working with children and adolescents, starting autumn 2021.
- 2 Continuing development of Professional Members and Training Analysts of the Society. We will continue to provide grants of £500 from the Ruth Strauss Fund for members training to become supervising analysts.
- 3 Promotion of analytical work and thinking amongst the Clergy of all faiths. Bursaries will be available to those who are pursuing professional trainings within the Society.
- 4 The CG Jung Clinic Fund will continue to be used to subsidise consultation fees for patients who could not otherwise afford them.

#### 15 Allocation of net assets to funds

	Fixed assets	Net current assets	Total
	£	£	£
Unrestricted Funds	1,258,491	47,145	1,305,637
Restricted Funds	<u>283,613</u>	<u>-</u>	<u>283,613</u>
	<u>1,542,104</u>	<u>47,145</u>	<u>1,589,249</u>

#### 16 Legal status

The charity is a company limited by guarantee. It is registered with the Charity Commission in England and Wales charity registration number 238441. The registered office is 1 Daleham Gardens London NW3 5BY. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

#### 17 Corporation Tax

The Society of Analytical Psychology is a registered charity and as such its income and gains falling within Sections 471 to 489 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its charitable objectives.

#### 18 Related Party Transactions

Expenditure includes fees payable to the following trustees for services provided to the charity in addition to their role as a trustee:

	Training fees	Travel expenses	Total
	£	£	£
de Haas Curnow P	75		75
Lester H	275		275
Panetta Crean S	150		150
Lagutina L	1,020		1,020
Brech J		378	378
Slann S		81	81
	<u>1,520</u>	<u>459</u>	<u>1,979</u>



**THIS PAGE IS FOR COMPARISON PURPOSES ONLY - 2018-19**

**19 Restricted Funds**

	Brought Forward	Incoming Resources	Resources Expended	Gains & Losses	Carried Forward
	£	£	£	£	£
(1) Fordham Fund	254,944	-	(3,013)	-	251,930
(2) Ruth Strauss Fund	2,499	-	-	-	2,499
(3) Mary Welch Fund	15,378	-	-	-	15,378
(4) CG Jung Clinic	-	15,000	(420)	-	14,580
	<u>272,821</u>	<u>15,000</u>	<u>(3,433)</u>	<u>-</u>	<u>284,387</u>

The source of the Restricted Funds is legacies and donations in memoriam.

Restricted funds are held for the following purposes:

- (1) Bursaries for adult training. The Alison Lyons Training Fund (ALTF) has now been fully spent.
- (2) Furtherance of Jungian child analysis based on Michael Fordham's extensions of Jung to theory and practice regarding children. It is expected that £3,000 will be used from the Fordham Fund to provide a bursary for a PP trainee to start analytic training.
- (3) Continuing development of Professional Members and Training Analysts of the Society. We hope to provide grants of £500 from the Ruth Strauss Fund for members training to become Supervising Analysts.
- (4) Assisting trainees drawn from the clergy. Approximately £3,000 from the Mary Welch Fund will be used to fund a bursary for a clergy person in the coming year.

**20 Allocation of net assets to funds**

	Fixed Assets	Net Current Assets	Total
	£	£	£
Unrestricted Funds	1,630,720	(198,094)	1,432,626
Restricted Funds	-	284,388	284,388
	<u>1,630,720</u>	<u>86,294</u>	<u>1,717,014</u>

**21 Related Party Transactions**

Expenditure includes fees payable to the following trustees for services provided to the charity in addition to their role as a trustee:

	Training fees	Travel expenses	Total
	£	£	£
Brech J	-	1,712	1,712
Cullinan M	2,500	-	2,500
de Haas Curnow P	-	809	809
Lagutina L	3,255	-	3,255
Richardson E	-	26	26
Slann S	-	1,184	1,184
Tower R	220	-	220
	<u>5,975</u>	<u>3,731</u>	<u>9,706</u>

# RESERVES POLICY

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*Ratified by Council: December 2020*

## **Current Position**

On 31 August 2020 the total reserves were £1.6 million, which includes £284,000 in restricted funds and £1.3 million in free reserves.

The restricted funds are used for different purposes: adult training, the promotion of analytic work with children and young people, the provision of financial support to enable Analysts to become Supervising Analysts and promotion of analytical work among the clergy of all faiths. The Alison Lyons Training Fund (ALTF) has been fully spent.

The Society is currently spending about £52,000 more than its income generated by its activities. The total reserves generate about £42,000 net income, which is likely to reduce to £36,000 next year due to the Covid-19 pandemic effects on global financial markets, and so the remainder of the deficit is funded drawing down on our free reserves.

Income from the restricted funds is used to meet the funds' objectives.

## **Future Plans**

It is likely that the Society will continue to make a significant deficit over the next two years and so the Society will fund this deficit through continuing to draw down on its reserves. The Society will aim to maintain the overall level of reserves by ensuring its annual loss is no greater than the capital gain on the investments held as reserves.

## **Policy on Free Reserves**

1. The Society wants to use its money effectively, and so the Council has agreed the following policies:

- As much of the reserves as is prudent should be invested in medium risk investments. This should either be property or through a fund manager.
- The amount of money available to be spent from the restricted funds will be set annually by Council. The amount is set after consideration of the net return on the SAP's investments, the needs of trainees and overall financial position of the Society.
- The Society's cash should be managed in such a way as to maximise the interest received, but without exceeding the limit of the Government's guarantee for bank accounts.
- The Society should have between 2 and 6 months' cash available in bank accounts.
- Sales of investments should be kept to a minimum to reduce transaction costs.



If the cash projections show that the Society is likely to breach the cash reserve limits, the CEO should either invest any surplus or sell assets. Any sale must have the permission of the Council.

2. The SAP wishes to retain £1m in order to continue to provide income for the charitable activities. The Board is still planning ultimately to reach a break-even situation and would hope to be able to do so without relying on investment income in the future. The Board's preference is to run the charity on a business model that does not rely on 'topping up' from the reserves.

The Board is mindful that it has a duty to its current and growing trainee community and course attendees and, indeed, has a moral and ethical obligation to be able to continue the training for all current trainees and for those we continue to accept onto training. If the SAP were in a position of not being able to continue as a viable organisation in the future, the Board would still wish to have sufficient funds to ensure that all trainees could complete their training whilst still receiving support from the Clinic. This could entail employing analysts from outside the SAP in order to meet our duty of care to vulnerable patients. There is therefore a requirement to retain five years' funds to support trainees as previously expressed. The annual cost is estimated at £100,000 per annum.

It will be necessary in future to reconsider the balance between retaining a reserve to provide income (which we hope will become less necessary) and retaining five years' funding to see our trainees through to completion. It is also acknowledged that the SAP should consider investment in projects or infrastructure. The Board will spend money on the current premises at Daleham Gardens to ensure the building can reopen safely following the Covid-19 pandemic.

## **Policy on Restricted Reserves**

It is acknowledged that our main restricted fund, the Fordham Fund, has continued to be unspent during the financial year 2019 – 2020. The Chief Executive has been in communication with the Independent Examiner regarding this on behalf of the Board of Trustees and in consultation with Mrs Valerie Roach, Trustee, who is liaising with the Board and the CEO over financial matters in the absence of 'Treasurer'.

The Fordham Fund (FF) was set up to provide support for child and adolescent analytic work, training, child observation work and a Michael Fordham Prize. It is no longer possible to correspond with the Fordham Estate and the management of the FF has been the responsibility of a committee of the SAP for some time. The original bequest had no time-limit attached to it in terms of when the money should be spent. The restrictions placed on the fund mean that it has been impossible to spend the fund to date.

We have challenged the assertion that 'the Charity Commission expect all funds to be spent within a year unless there is clearly documented reason for not doing so'. We have received confirmation from the Independent Examiner that this is, indeed, not the case, but that this was 'based on the fact that charities report on an annual basis and so will need to be able to justify retaining any funds when they report the following year'. The trustees are aware of the requirement to report on plans for restricted funds in the annual statutory accounts.

We are developing a new three-year training in child and adolescent analysis and we shall begin to use some of the fund to pay for seminar leaders, tutors and to provide bursaries. It is hoped that this

will grow and that we shall continue to use the fund to grow our number of child analysts and therapists. This will be aimed at current SAP qualified Analysts. We plan to begin this in September 2021.

In addition, we have developed our current one-year *Transitions* course into a two-year course. This will be open to therapists and counsellors from outside the SAP and we hope to make grants available from the MFF, especially targeting individuals who are currently underrepresented within the SAP community, such as those with disabilities, those from black and minority ethnic backgrounds and individuals who are part of the gender, sexuality and relationship diverse community.

Even with these spending plans, it is likely that a significant sum will remain unspent over the next three years. The trustees will seek permission from the Charity Commission to widen the purposes for which it can be used.

The Ruth Strauss Fund is available for members wishing to apply for a higher level of membership, as Supervisors and Training Analysts. We need to increase the pool of members in these positions in order to meet our targets for expanding our training to a wider public whilst maintaining standards. We have recently undertaken a push to encourage members to apply and will hope to use the fund over the next year. However, the barrier is not cost but the time involved to prepare for the application.

We have recently widened the reach of the Mary Welch Fund to 'clergy of any faith' which we hope will generate additional applicants. It is hoped to use this fund over the next three years.

The donation to the SAP Clinic (C.G.Jung Clinic) is used each year to cover a deficit created by providing discounted consultations. This will take eight years to utilise and we shall seek a widening of the fund's use.

*Updated November 2020*