

THE REST-HARROW TRUST

England & Wales · Charity number 238042

Details

Status Registered

Legal form Trust

Registered 1965-02-03

Register [View on the Charity Commission register](#)

Contact

Address Wedlake Bell Llp
71 Queen Victoria Street
London
EC4V 4AY

Phone 02076740590

Activities

Objects: FOR ANY CHARITABLE PURPOSES IN ABSOLUTE DISCRETION OF TRUSTEES.

Activities: Makes grants to organisations throughout England and Wales for general charitable purposes, at the discretion of the Trustees

Classification

- **How:** Makes Grants To Organisations
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£94,365	£98,304	-	-
2024-04-05	£102,956	£114,072	-	-
2023-04-05	£125,093	£101,343	-	-
2022-04-05	£72,722	£85,086	-	-
2021-04-05	£88,087	£105,101	-	-

Trustees

Name	Role	Appointed
JANET BERYL BLOCH	Chair	2003-10-20
JUDITH SUSAN PORTRAIT		2004-06-17
Owen Benedict Byrne		2025-02-24

THE REST-HARROW TRUST

England & Wales - Charity number 238042

Accounts

THE REST-HARROW TRUST

(Created by Deed dated 29th October 1964)

Registered Number: 238042

ACCOUNTS

FOR THE YEAR ENDED 5TH APRIL 2025

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THE REST-HARROW TRUST**ANNUAL REPORT****FOR THE YEAR ENDED 5TH APRIL 2025**

The trustees present their report for the year ended 5th April 2025

REFERENCE AND ADMINISTRATIVE DETAILS

The Rest-Harrow Trust is a Registered Charity No. 238042

The Principal office address is One Bartholomew Close, London EC1A 7BL

The Trustees who held office during the year were:

Mrs Janet Beryl Bloch
Miss Judith Susan Portrait
Mr Dominic Brendan Flynn (Retired 24th February 2025)
Mr Owen Benedict Byrne (Appointed 24th February 2025)

The Professional Advisers of the Charity are as follows:

INDEPENDENT EXAMINER: G N C D Stevenson FCA
Knox Cropper LLP
Office Suite 1, Haslemere House
Lower Street
Haslemere
Surrey GU27 2PE

BANKERS: Child & Co Bankers
1 Fleet Street
London EC4Y 1BD

Schroder & Co Limited
1 London Wall Place
London EC2Y 5AU

Cafcash Limited
Kings Hill
West Malling
Kent ME19 4TA

INVESTMENT ADVISERS: Cazenove Capital Management
1 London Wall Place
London EC2Y 5AU

STRUCTURE, GOVERNANCE AND MANAGEMENT

- **Legal Status and Constitution**

The Charity was created by Trust Deed dated 29th October 1964 and is registered with the Charity Commission No. 238042.

- **Trustees Appointment and Training**

The Trustees are recruited and appointed as and when required by the remaining Trustees, often based on their professional backgrounds.

New Trustees are inducted by the other Trustees and are encouraged to attend relevant training courses where considered beneficial.

THE REST-HARROW TRUST
ANNUAL REPORT
FOR THE YEAR ENDED 5TH APRIL 2025
(Continued)

STRUCTURE, GOVERNANCE AND MANAGEMENT (continued)

- **Management Arrangements**

The Trustees meet half yearly to monitor the activities of the Charity, including the investment performances.

The day to day administration of the Charity is undertaken by external professional firms.

- **Risk Management**

The Trustees continually review the major risks to which the charity is exposed, in particular those related to the finances of the charity and are satisfied that systems are in place to mitigate their exposure to major risk. The major risk of the charity is its investment portfolio risk, which is mitigated by biannual meetings with the Investment Managers.

OBJECTS AND ACTIVITIES

- **Objects of the Charity**

The object of the charity is the making of grants to charitable causes chosen by the trustees at their absolute discretion.

- **Objectives for the Year**

The objectives for the year were:

- To continue to make grants to charitable organisations.
- To monitor the income of the charity whilst monitoring the financial markets.

ACHIEVEMENT AND PERFORMANCE

- **Achievement of Objectives and Public Benefit**

- The Charity continued to provide grants to worthy organisations. In the year this amounted to 257 grants totalling £65,000 (2024: £79,400).
- This included many medical and relief of poverty charities and these are disclosed in the Notes to the Accounts (pages 11 – 16).
- Many of the organisations concerned are grateful to receive the grants, and the Charity received many letters of thanks.
- In planning the activities for the year the Trustees have referred to the guidance contained in the Charity Commission's guidance on public benefit. In particular the Trustees considered how planned activities contribute to the aims and objectives of the Charity and are satisfied that this is the case.

- **Grant Making Policies**

Grant applications are reviewed to ensure they comply with the requirements of the Charity and the Trustees authorise payment through a third party.

- **Fundraising**

The Charity does not undertake any fundraising activities.

THE REST-HARROW TRUST**ANNUAL REPORT****FOR THE YEAR ENDED 5TH APRIL 2025****(Continued)**

FINANCE REVIEW

• Results for the Year

The Charity plans to expend its income on charitable donations, whilst keeping its capital intact.

In the year the Charity received donations of £50,620 and investment income of £43,745 and expended £98,304, resulting in net expenditure for the period of £10,134 after Realised Gains and Unrealised Losses on investments of £15,516 and £21,711 respectively.

The Charity saw the market value of investments decrease during the year to £965,996.

• Reserves Policy

The Trustees maintain sufficient reserves in the Income Fund to meet expected direct charitable expenditure.

The Capital Fund is invested to produce income for the Income Fund.

FUTURE ACTIVITIES

The Charity will continue to generate income to make grants to charitable bodies.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the charity's financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, giving a true and fair view, the trustees should follow best practice and:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed subject to any material departures disclosed and explained in the financial statements;
- prepare financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue to operate.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and which enable them to ensure that the financial statements comply with relevant legislation and the trust deed. They are also responsible for safeguarding the assets of the Charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

BY ORDER OF THE TRUSTEES

MRS J B BLOCH
TRUSTEE

Dated:

THE REST-HARROW TRUST
REPORT OF THE INDEPENDENT EXAMINER
TO THE TRUSTEES

I report to the trustees on my examination of the accounts of the Rest-Harrow Trust (the Trust) for the year ended 5th April 2025, which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

This report is made to the Trustees, as a body, in accordance with the terms of my engagement. My work has been undertaken so that I might carry out an Independent Examination of the financial statements in accordance with the General Directions given by the Charity Commission. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Trust and the Trust's Trustees as a body for my work or for this report.

Responsibilities and basis of report

As the trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Office Suite 1, Haslemere House
Lower Street, Haslemere
Surrey, GU27 2PE

Greg Stevenson FCA
Knox Cropper LLP
Chartered Accountants

THE REST-HARROW TRUST

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 5TH APRIL 2025

	<u>Notes</u>	<u>Capital Fund</u> £	<u>Income Fund</u> £	<u>2025 Total</u> £	<u>Capital Fund</u> £	<u>Income Fund</u> £	<u>2024 Total</u> £
INCOME FROM							
Donations	2	-	50,620	50,620	-	59,059	59,059
Investments (pages 17 and 18)		-	41,188	41,188	-	42,678	42,678
Bank Interest		-	2,557	2,557	-	1,219	1,219
TOTAL INCOME		-	94,365	94,365	-	102,956	102,956
EXPENDITURE ON							
Raising Funds	3	7,315	-	7,315	7,495	-	7,495
Charitable Activities	4	2,850	88,139	90,989	2,790	103,787	106,577
TOTAL EXPENDITURE		10,165	88,139	98,304	10,285	103,787	114,072
OTHER RECOGNISED GAINS/(LOSSES)							
Net Losses/(Gains) on investments (pages 17 and 18)	6	(10,165)	6,226	(3,939)	(10,285)	(831)	(11,116)
		(6,195)	-	(6,195)	12,378	-	12,378
NET INCOME/(EXPENDITURE) AND NET MOVEMENT IN FUNDS		(16,360)	6,226	(10,134)	2,093	(831)	1,262
Fund Balances Brought Forward		1,044,490	41,784	1,086,274	1,042,397	42,615	1,085,012
FUND BALANCES CARRIED FORWARD		£1,028,130	£48,010	£1,076,140	£1,044,490	£41,784	£1,086,274

THE REST-HARROW TRUST
BALANCE SHEET AT 5TH APRIL 2025

	<u>Notes</u>	<u>2025</u>		<u>2024</u>	
		£	£	£	£
FIXED ASSETS – INVESTMENTS	6		965,996		1,043,936
CURRENT ASSETS					
Child & Co Bankers		41,446		26,151	
Schroder & Co Limited		77,079		28,648	
		-----		-----	
			118,525		54,799
CURRENT LIABILITIES	7	8,381		12,461	
		-----		-----	
NET CURRENT ASSETS			110,144		42,338
			-----		-----
NET ASSETS			£1,076,140		£1,086,274
			-----		-----
Represented by:					
UNRESTRICTED FUNDS					
Capital fund			1,028,130		1,044,490
Income fund			48,010		41,784
			-----		-----
			£1,076,140		£1,086,274
			-----		-----

The accounts set out on pages 5 to 18 are approved.

	MRS J B BLOCH)	
)	
)	
)	
	MISS J S PORTRAIT)	TRUSTEES
)	
)	
	MR O B BYRNE)	

Dated:

THE REST-HARROW TRUST
NOTES FORMING PART OF THE ACCOUNTS
FOR THE YEAR ENDED 5TH APRIL 2025

1. ACCOUNTING POLICIES

a) Basis of Preparation and Assessment of going concern

The accounts have been prepared under the historical cost convention with the exception of investments which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (Second Edition issued in October 2019) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The accounts have been prepared to give a 'true and fair view' and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Charity constitutes a public benefit entity as defined by FRS 102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

b) Funds

The Capital and Income Funds represent the funds of the Charity that are not subject to any restrictions regarding their use and are available for application to the general purposes of the Charity. Funds designated for a particular purpose by the Charity are unrestricted. Restricted Funds are funds which are used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for a particular purpose.

c) Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings.

e) Investments

Investments are a form of basic financial investment and are initially recognised at their transaction value and subsequently measured at fair value as at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluations and disposals throughout the year.

THE REST-HARROW TRUST**NOTES FORMING PART OF THE ACCOUNTS****FOR THE YEAR ENDED 5TH APRIL 2025**

(Continued)

	2025	2024
	£	£
6. INVESTMENTS (pages 17 and 18)		
Market value at 6th April 2024	1,043,936	1,020,450
Purchases	338,810	20,769
Disposals at market value	(410,555)	(9,661)
Realised gains/(losses)	15,516	(925)
Unrealised gains/(losses) on revaluation	(21,711)	13,303
	<hr/>	<hr/>
Market value at 5th April 2025	£965,996	£1,043,936
	<hr/>	<hr/>
Historical cost of investments	£894,545	£895,741
	<hr/>	<hr/>
7. CURRENT LIABILITIES		
Broadfield Law UK LLP	2,100	6,144
Knox Cropper	4,560	4,440
Cazenove Capital Management	1,721	1,877
	<hr/>	<hr/>
	£8,381	£12,461
	<hr/>	<hr/>

8. SUMMARY OF NET ASSETS BY FUND

	Unrestricted Funds 2025		
	Capital	Income	Total
	£	£	£
Investments	965,996	-	965,996
Child & Co Bankers	(4,919)	46,365	41,446
Schroder & Co Limited	68,774	8,305	77,079
	<hr/>	<hr/>	<hr/>
	1,029,851	54,670	1,084,521
Current liabilities	1,721	6,660	8,381
	<hr/>	<hr/>	<hr/>
	£1,028,130	£48,010	£1,076,140
	<hr/>	<hr/>	<hr/>
	Unrestricted Funds 2024		
	Capital	Income	Total
	£	£	£
Investments	1,043,936	-	1,043,936
Child & Co Bankers	(721)	26,872	26,151
Schroder & Co Limited	3,152	25,496	28,648
	<hr/>	<hr/>	<hr/>
	1,046,367	52,368	1,098,735
Current liabilities	1,877	10,584	12,461
	<hr/>	<hr/>	<hr/>
	£1,044,490	£41,784	£1,086,274
	<hr/>	<hr/>	<hr/>

THE REST-HARROW TRUST
NOTES FORMING PART OF THE ACCOUNTS
FOR THE YEAR ENDED 5TH APRIL 2025
(Continued)

9. TRUSTEES' REMUNERATION AND RELATED PARTY TRANSACTIONS

Mr D B Flynn and Mr O B Byrne are partners of Broadfield Law UK LLP to whom fees of £12,424 including VAT (2024: £13,416) were paid for legal services

No reimbursement of expenses has been made or is due to be made to any of the trustees in respect of the year.

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2025**

	£
ASG – Academic Study Group	1,000
Breast Cancer Now	1,000
British Heart Foundation – Children with congenital heart disease	1,000
British Friends of Neve Shalom	1,000
Cheltenham Ladies' College – for Bursaries Fund	1,000
Griffin Institute	1,000
Jewish Child's Day	1,000
Leukaemia UK	1,000
Multiple System Atrophy Trust	1,000
Wiener Library	1,000
Action Medical Research	500
African Adventures Foundation	500
Alzheimer's Research UK	500
Alzheimer's Society	500
Brain Tumour Charity	500
Brain Tumour Research	500
Brain Tumour Support	500
British Heart Foundation	500
Canon Collins Educational & Legal Assistance Trust	500
Carers UK	500
Child Brain Injury Trust	500
CLIC Sargent Cancer Care for Children	500
Crisis	500
Different Strokes	500
DKMS Bone Marrow Donor Centre	500
Down's Syndrome Association	500
Imperial Health Charity	500
Independent Age – Royal United Kingdom Benevolent Association	500
Kidney Research UK	500
Kisharon Langdon	500
Listening Books	500
Literacy Pirates	500
Macular Disease Society	500
Medair – for assistance in Ukraine	500
Multiple Sclerosis Society	500
New Israel Fund	500
Norwood	500
Oscar's Paediatric Brain Tumour Charity	500
Parkinson's UK	500
Prevent Breast Cancer	500
Retina UK	500
Royal British Legion Industries	500
Royal Marsden Cancer Charity	500
St Mungo Community Housing Association	500
Target Ovarian Cancer	500
Wetherby in Support of the Elderly	500
World Jewish Relief	500
3H Foundation	200
Carried forward	28,700

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2025****(continued)**

	£
Brought forward	28,700
Acid Survivors Trust International	200
Action against Hunger	200
Action for Kids – AFK	200
Age Concern – Cheshire	200
Age Concern – North Norfolk	200
Age UK	200
Alder Hey Children’s Charity	200
Ambitious about Autism	200
Asthma & Lung UK	200
Bede House Association	200
Bedford MS Therapy Centre	200
Blind Veterans UK	200
Bowel Cancer UK	200
Braille Chess Association	200
Bright Sight Mission	200
British Blind Sport	200
British Limbless Ex-Servicemen’s Association	200
Buttercup Children’s Trust	200
Camphill Village Trust	200
Canine Partners	200
Care for Veterans	200
Cavell	200
Cerebral Palsy Plus	200
Children’s Air Ambulance	200
Children’s Heart Federation	200
Clatterbridge Cancer Charity	200
Clothing Solutions	200
Combat Stress	200
Crohn’s & Colitis UK	200
Cystic Fibrosis Trust	200
Deaf Choices UK – prev. Cued Speech UK	200
Deafblind UK	200
Demelza Hospice Care for Children	200
Dementia Support	200
Disability Africa	200
Dogs for Good	200
Dolphin Society	200
Dressability	200
Earl Mountbatten Hospice, Isle of Wight	200
Endometriosis	200
Enham Trust	200
Essex & Herts Air Ambulance	200
Evelina Children’s Heart Organisation	200
FareShare Sussex & Surrey	200
Fight for Sight	200
Forest of Avon Trust	200

Carried forward	37,900

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2025****(continued)**

	£
Brought forward	37,900
Freedom from Torture	200
Gateway Community Care Hub	200
Ghana SchoolAid	200
GL11 Community Hub	200
Go Beyond – Residential breaks for children & young people	200
Great Western Air Ambulance Charity	200
Guide Association	200
Guide Dogs for the Blind Association	200
Haemochromatosis UK	200
Hampshire & Isle of Wight Air Ambulance	200
Handicapped Children's 'Action' Group	200
Health Poverty Action	200
Henshaws Society for Blind People	200
Home-Start Banbury, Bicester & Chipping Norton	200
Home-Start Erewash	200
Hope and Homes for Children	200
Hot Line Meals Service (London)	200
Housing for Women	200
Humanity & Inclusion	200
Inter Care	200
InterAct Stroke Support	200
Israel Guide Dog Centre	200
Jnetics	200
Kent Enterprise Trust	200
Kidney Care UK	200
Kids Cancer Charity	200
Let the Children hear	200
Lewis-Manning Hospice Care	200
Lifelites	200
Living Options Devon	200
London's Air Ambulance	200
Lupus UK	200
Mary Stevens Hospice	200
Mast Cell Action	200
Meningitis Now	200
Microphthalmia, Anophthalmia & Coloboma Support	200
Missing People	200
Muscular Dystrophy UK	200
Myton Hospice	200
Naomi & Jacksplace	200
National Kidney Federation	200
Neuro Wellbeing Centre	200
New Bridge Foundation	200
North London Hospice	200
North Yorkshire Hospice Care	200
Carried forward	46,900

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2025****(continued)**

	£
Brought forward	46,900
Open Age	200
Pain Relief Foundation	200
Price of Wales Hospice	200
Project Indi. – previously Helping Angels Charitable Association	200
Pump Aid	200
Queen Elizabeth's Foundation for Disabled People	200
Rainforest Foundation UK	200
RAW Workshop	200
React	200
Read Easy UK	200
Read for Good	200
ReRead	200
Respite Association	200
Rising Sun Domestic Violence & Abuse Service	200
RNID – Royal National Institute for Deaf People	200
Rossendale Trust	200
Rowans Hospice	200
Royal Hospital for Neuro-disability	200
Royal National Orthopaedic Hospital	200
Royal Trinity Hospice	200
Salvation Army	200
Sand Dams Worldwide	200
Scope	200
Sense	200
Sequal Trust	200
Shakespeare Hospice	200
Shelter	200
Shine	200
Shipston Home Nursing	200
Shooting Star Children's Hospices	200
Sight Research UK	200
Sight Support Derbyshire	200
Sightsavers	200
SignHealth	200
South East Cancer Help Centre	200
Spitalfields Crypt Trust	200
St Catherine's Hospice	200
St Christopher's Fellowship	200
St Clare Hospice	200
St John Ambulance	200
St Joseph's Hospice	200
St Michael's Hospice	200
St Raphael's Hospice	200
St Wilfrid's Hospice (Eastbourne)	200
Strongbones Children's Charitable Trust	200
	<hr/>
Carried forward	55,900

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2025**

(continued)

	£
Brought forward	55,900
Sunny Days Children's Fund	200
Support through Court	200
Teeside Hospice	200
Thames Valley Air Ambulance	200
Tiny Tim's Children's Centre	200
Toynbee Hall	200
Treloar Trust	200
Village Water	200
WaterAid	200
Wear Valley Women's Aid	200
Whizz Kidz	200
Willen Hospice	200
Willow Trust	200
Wiltshire Air Ambulance	200
Wingate Special Children's Trust	200
Women & Children First	200
Women's Aid	200
Yorkshire Children's Trust	200
Activiteens	100
Amaze	100
Anaphylaxis UK	100
Anne Robson Trust	100
Arrive Alive	100
BAND – Bristol Association for Neighbourhood Daycare	100
Batten Disease Family Association	100
Bren Project	100
Caring Together Charity	100
Caudwell Children	100
Climbing Out!	100
CoActive Arts	100
Community Hub	100
Framlingham Area Youth Action Partnership	100
Gurkha Welfare Trust	100
Hebron Housing	100
Hour Community	100
Independent Lives	100
Ipswich Community Playbus	100
Jigsaw South East	100
Kids Matter	100
Kids Space	100
Leeds Weekend Care Association	100
Loughborough Junction Action Group	100
Lunch on the Run	100
Marches Family Network	100
Marine Conservation Society	100
Carried forward	62,200

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2025****(continued)**

	£
Brought forward	62,200
Marmalade Trust – supporting isolated older people	100
Marmalade Trust – support for lonely/isolated elderly in Brisol and area	100
Musical Keys	100
Oakley Rural Day Centre	100
Pelton Community Association	100
Phab	100
Refresh Carers	100
Resolve West	100
Revitalise Respite Holidays	100
Ruby's Fund	100
Rural Coffee Caravan	100
Safe Families for Children	100
Shropshire Youth Support Trust	100
SNAPS – Special Needs and Parent Support	100
SOFA Project	100
Space4Autism	100
Spear	100
Stand Out	100
Sunderland Women's Centre	100
Support Dogs	100
Tree Aid	100
Versus Arthritis	100
Wavelength	100
Work Avenue Foundation	100
Young Barnet Foundation	100
Young People Taking Action	100
Youth & Community Connexions	100
Youth on the Move (London)	100

Total	£65,000

(page 8)

THE REST-HARROW TRUST

INVESTMENTS AND INCOME RECEIVED

FOR THE YEAR ENDED 5TH APRIL 2025

	At 6th April 2024		Purchases/Donations		Sales		Surplus/ (Deficit) on Revaluation £	At 5th April 2025		Income Received £
	Nominal Holding	Market Value £	Nominal Holding	Cost £	Proceeds £	Profit/(Loss) £		Nominal Holding	Market Value £	
EQUITIES AND UNIT TRUSTS										
Ashmore Emerging Markets Z3 shares	186	15,485	-	-	-	-	161	186	15,646	824.00
Bellvue Healthcare Trust plc Shares	20,000	29,520	-	-	-	-	(6,200)	20,000	23,310	1,103.00
British American Tobacco Ordinary Shares	856	19,936	-	-	19,646	(290)	-	-	-	-
CG Portfolio Funds plc Dollar Fund	330	30,159	-	-	30,704	545	-	-	-	810.11
BlackRock Charities UK Bond Fund A Distribution Units	25,000	35,880	-	-	36,291	411	-	-	-	750.00
Charities Property Fund Units	24,203	28,528	-	-	-	-	627	24,203	29,155	1,373.88
Jupiter UK Milti Cap Z income shares	5,600	55,381	-	-	57,212	1,831	-	-	-	1,717.86
Greencat UK Wind plc Ordinary shares of 1p	24,511	33,758	-	-	-	-	(7,979)	24,511	25,779	2,455.12
Fidelity Global Dividend Fund R Distribution	-	-	9,232	10,901	-	-	48	9,232	10,949	21.97
International Public Partnerships Ordinary shares of 1p	17,500	21,875	-	-	-	-	(2,695)	17,500	19,180	1,443.75
J P Morgan US Equity Income Fund Shares Class C	18,682	29,816	-	-	5,993	(11)	(477)	14,920	23,335	649.86
JPM Emerging Markets Income Fund GPB Income C	60,000	41,916	-	-	8,349	(176)	(1,319)	47,798	32,072	1,341.98
Man GCG Income Fund Professional D Shares	145,000	186,180	-	-	39,668	2,283	(695)	115,884	148,100	174.13
Man GLG Sterling Corporate Bond Fund G Institutional	-	-	16,134	16,522	-	-	96	16,134	16,618	9,041.51
Schroder Charity Equity Value Fund S Income Units	280,000	188,860	-	-	63,048	5,202	5,322	194,238	136,336	7,550.36
Schroder Global Recovery Fund S Income Shares	70,000	52,010	-	-	10,617	164	(1,325)	55,931	40,231	1,255.43
SUTL Cazenove Charity NURS Fund Charity Multi Asset Fund	-	-	331,356	190,000	-	-	(11,134)	331,356	178,866	3,987.20
Target Healthcare Reit Plc Ordinary shares	10,000	7,950	-	-	-	-	910	10,000	8,860	622.34
Trojan Investment Funds Income Fund S	112,000	192,875	-	-	63,879	4,339	4,057	77,426	137,392	4,733.40
Vontobel Twenty Four Absolute Retain Credit Fund	-	-	167	16,675	-	-	(148)	167	16,527	347.64
3i Infrastructure plc Ordinary shares NPV	8,000	26,040	-	-	-	-	(1,360)	8,000	24,690	982.00
		996,169		234,098	335,407	14,298	(22,111)		887,046	41,185.54

THE REST-HARROW TRUST

England & Wales - Charity number 238042

Accounts

THE REST-HARROW TRUST

(Created by Deed dated 29th October 1964)

Registered Number: 238042

ACCOUNTS

FOR THE YEAR ENDED 5TH APRIL 2024

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THE REST-HARROW TRUST**ANNUAL REPORT****FOR THE YEAR ENDED 5TH APRIL 2024**

The trustees present their report for the year ended 5th April 2024.

REFERENCE AND ADMINISTRATIVE DETAILS

The Rest-Harrow Trust is a Registered Charity No. 238042.

The Principal office address is One Bartholomew Close, London EC1A 7BL.

The Trustees who held office during the year were:-

Mrs Janet Beryl Bloch
Miss Judith Susan Portrait
Mr Dominic Brendan Flynn

The Professional Advisers of the Charity are as follows:

INDEPENDENT EXAMINER: G N C D Stevenson FCA
Knox Cropper LLP
Office Suite 1, Haslemere House
Lower Street
Haslemere
Surrey GU27 2PE

BANKERS: Child & Co Bankers
1 Fleet Street
London EC4Y 1BD

Schroder & Co Limited
1 London Wall Place
London EC2Y 5AU

Cafcash Limited
Kings Hill
West Malling
Kent ME19 4TA

INVESTMENT ADVISERS: Cazenove Capital Management
1 London Wall Place
London EC2Y 5AU

STRUCTURE, GOVERNANCE AND MANAGEMENT

- **Legal Status and Constitution**

The Charity was created by Trust Deed dated 29th October 1964 and is registered with the Charity Commission No. 238042.

- **Trustees Appointment and Training**

The Trustees are recruited and appointed as and when required by the remaining Trustees, often based on their professional backgrounds.

New Trustees are inducted by the other Trustees and are encouraged to attend relevant training courses where considered beneficial.

THE REST-HARROW TRUST
ANNUAL REPORT
FOR THE YEAR ENDED 5TH APRIL 2024
(Continued)

STRUCTURE, GOVERNANCE AND MANAGEMENT (continued)

- **Management Arrangements**

The Trustees meet half yearly to monitor the activities of the Charity, including the investment performances.

The day to day administration of the Charity is undertaken by external professional firms.

- **Risk Management**

The Trustees continually review the major risks to which the charity is exposed, in particular those related to the finances of the charity and are satisfied that systems are in place to mitigate their exposure to major risk. The major risk of the charity is its investment portfolio risk, which is mitigated by biannual meetings with the Investment Managers.

OBJECTS AND ACTIVITIES

- **Objects of the Charity**

The object of the charity is the making of grants to charitable causes chosen by the trustees at their absolute discretion.

- **Objectives for the Year**

The objectives for the year were:

- To continue to make grants to charitable organisations.
- To monitor the income of the charity whilst monitoring the financial markets.

ACHIEVEMENT AND PERFORMANCE

- **Achievement of Objectives and Public Benefit**

- The Charity continued to provide grants to worthy organisations. In the year this amounted to 315 grants totalling £79,400 (2023: £72,200).
- This included many medical and relief of poverty charities and these are disclosed in the Notes to the Accounts (pages 11 – 17).
- Many of the organisations concerned are grateful to receive the grants, and the Charity received many letters of thanks.
- In planning the activities for the year the Trustees have referred to the guidance contained in the Charity Commission's guidance on public benefit. In particular the Trustees considered how planned activities contribute to the aims and objectives of the Charity and are satisfied that this is the case.

- **Grant Making Policies**

Grant applications are reviewed to ensure they comply with the requirements of the Charity and the Trustees authorise payment through a third party.

- **Fundraising**

The Charity does not undertake any fundraising activities.

THE REST-HARROW TRUST
ANNUAL REPORT
FOR THE YEAR ENDED 5TH APRIL 2024
(Continued)

FINANCE REVIEW

• **Results for the Year**

The Charity plans to expend its income on charitable donations, whilst keeping its capital intact.

In the year the Charity received donations of £59,059 and investment income of £43,897 and expended £114,072, resulting in net income for the period of £1,262 after Realised and Unrealised Gains on investments of £12,378.

The Charity saw the market value of investments increase during the year to £1,043,936.

• **Reserves Policy**

The Trustees maintain sufficient reserves in the Income Fund to meet expected direct charitable expenditure.

The Capital Fund is invested to produce income for the Income Fund.

FUTURE ACTIVITIES

The Charity will continue to generate income to make grants to charitable bodies.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the charity's financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, giving a true and fair view, the trustees should follow best practice and:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed subject to any material departures disclosed and explained in the financial statements;
- prepare financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue to operate.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and which enable them to ensure that the financial statements comply with relevant legislation and the trust deed. They are also responsible for safeguarding the assets of the Charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

BY ORDER OF THE TRUSTEES

MRS J B BLOCH
TRUSTEE

Dated:

THE REST-HARROW TRUST
REPORT OF THE INDEPENDENT EXAMINER
TO THE TRUSTEES

I report to the trustees on my examination of the accounts of the Rest-Harrow Trust (the Trust) for the year ended 5th April 2024, which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

This report is made to the Trustees, as a body, in accordance with the terms of my engagement. My work has been undertaken so that I might carry out an Independent Examination of the financial statements in accordance with the General Directions given by the Charity Commission. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Trust and the Trust's Trustees as a body for my work or for this report.

Responsibilities and basis of report

As the trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Office Suite 1, Haslemere House
Lower Street, Haslemere
Surrey, GU27 2PE

Greg Stevenson FCA
Knox Cropper LLP
Chartered Accountants

THE REST-HARROW TRUST

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 5TH APRIL 2024

	Notes	Capital Fund £	Income Fund £	2024 Total £	Capital Fund £	Income Fund £	2023 Total £
INCOME FROM							
Donations	2	-	59,059	59,059	-	83,582	83,582
Investments (page 18)		-	42,678	42,678	-	41,105	41,105
Bank Interest		-	1,219	1,219	-	406	406
TOTAL INCOME		-	102,956	102,956	-	125,093	125,093
EXPENDITURE ON							
Raising Funds	3	7,495	-	7,495	7,739	-	7,739
Charitable Activities	4	2,790	103,787	106,577	2,658	90,946	93,604
TOTAL EXPENDITURE		10,285	103,787	114,072	10,397	90,946	101,343
OTHER RECOGNISED GAINS/(LOSSES)							
Net Gains/(Losses) on investments (page 18)	6	(10,285)	(831)	(11,116)	(10,397)	34,147	23,750
NET INCOME/(EXPENDITURE) AND NET MOVEMENT IN FUNDS		2,093	(831)	1,262	(76,778)	34,147	(42,631)
Fund Balances Brought Forward		1,042,397	42,615	1,085,012	1,119,175	8,468	1,127,643
FUND BALANCES CARRIED FORWARD		£1,044,490	£41,784	£1,086,274	£1,042,397	£42,615	£1,085,012

THE REST-HARROW TRUST
BALANCE SHEET AT 5TH APRIL 2024

	<u>Notes</u>	<u>2024</u>		<u>2023</u>	
		£	£	£	£
FIXED ASSETS – INVESTMENTS	6		1,043,936		1,020,450
CURRENT ASSETS					
Child & Co Bankers		26,151		34,587	
Schroder & Co Limited		28,648		36,138	
		-----		-----	
			54,799		70,725
CURRENT LIABILITIES	7	12,461		6,163	
		-----		-----	
NET CURRENT ASSETS			42,338		64,562
			-----		-----
NET ASSETS			£1,086,274		£1,085,012
			-----		-----
Represented by:					
UNRESTRICTED FUNDS					
Capital fund			1,044,490		1,042,397
Income fund			41,784		42,615
			-----		-----
			£1,086,274		£1,085,012
			-----		-----

The accounts set out on pages 5 to 18 are approved.

..... MRS J B BLOCH)	
)	
)	
)	
..... MISS J S PORTRAIT)	TRUSTEES
)	
)	
..... MR D B FLYNN)	

Dated:

THE REST-HARROW TRUST
NOTES FORMING PART OF THE ACCOUNTS
FOR THE YEAR ENDED 5TH APRIL 2024

1. ACCOUNTING POLICIES

a) Basis of Preparation and Assessment of going concern

The accounts have been prepared under the historical cost convention with the exception of investments which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (Second Edition issued in October 2019) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The accounts have been prepared to give a 'true and fair view' and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Charity constitutes a public benefit entity as defined by FRS 102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

b) Funds

The Capital and Income Funds represent the funds of the Charity that are not subject to any restrictions regarding their use and are available for application to the general purposes of the Charity. Funds designated for a particular purpose by the Charity are unrestricted. Restricted Funds are funds which are used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for a particular purpose.

c) Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings.

e) Investments

Investments are a form of basic financial investment and are initially recognised at their transaction value and subsequently measured at fair value as at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluations and disposals throughout the year.

THE REST-HARROW TRUST**NOTES FORMING PART OF THE ACCOUNTS****FOR THE YEAR ENDED 5TH APRIL 2024****(Continued)**

	2024	2023
	£	£
6. INVESTMENTS (page 18)		
Market value at 6th April 2023	1,020,450	1,116,926
Purchases	20,769	20
Disposals at market value	(9,661)	(30,115)
Realised gains/(losses)	(925)	(2,645)
Unrealised gains/(losses) on revaluation	13,303	(63,736)
	<hr/>	<hr/>
Market value at 5th April 2024	£1,043,936	£1,020,450
	<hr/>	<hr/>
Historical cost of investments	£895,741	£879,895
	<hr/>	<hr/>
7. CURRENT LIABILITIES		
BDB Pitmans LLP Solicitors	6,144	-
Knox Cropper	4,440	4,260
Cazenove Capital Management	1,877	1,903
	<hr/>	<hr/>
	£12,461	£6,163
	<hr/>	<hr/>

8. SUMMARY OF NET ASSETS BY FUND

	Unrestricted Funds 2024		
	Capital	Income	Total
	£	£	£
Investments	1,043,936	-	1,043,936
Child & Co Bankers	(721)	26,872	26,151
Schroder & Co Limited	3,152	25,496	28,648
	<hr/>	<hr/>	<hr/>
	1,046,367	52,368	1,098,735
Current liabilities	1,877	10,584	12,461
	<hr/>	<hr/>	<hr/>
	£1,044,490	£41,784	£1,086,274
	<hr/>	<hr/>	<hr/>
	Unrestricted Funds 2023		
	Capital	Income	Total
	£	£	£
Investments	1,020,450	-	1,020,450
Child & Co Bankers	2,503	32,084	34,587
Schroder & Co Limited	21,347	14,791	36,138
	<hr/>	<hr/>	<hr/>
	1,044,300	46,875	1,091,175
Current liabilities	1,903	4,260	6,163
	<hr/>	<hr/>	<hr/>
	£1,042,397	£42,615	£1,085,012
	<hr/>	<hr/>	<hr/>

THE REST-HARROW TRUST
NOTES FORMING PART OF THE ACCOUNTS
FOR THE YEAR ENDED 5TH APRIL 2024
(Continued)

9. TRUSTEES' REMUNERATION AND RELATED PARTY TRANSACTIONS

Mr D B Flynn is a partner of BDB Pitmans LLP to whom fees of £13,416 including VAT (2023: £8,426) were paid for legal services

No reimbursement of expenses has been made or is due to be made to any of the trustees in respect of the year.

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2024**

	£
British Friends of the Hebrew University-Student Scholarship Programme	2,000
Pinhas Rutenberg Educational Trust	2,000
Weizmann UK – for Making Connections Programme	2,000
ASG – Academic Study Group	1,000
Breast Cancer Now	1,000
Cheltenham Ladies' College – for Bursaries Fund	1,000
Jewish Blind & Disabled	1,000
Jewish Care	1,000
Jewish Child's Day – for therapeutic equipment	1,000
Leukaemia & Myeloma Research UK	1,000
Lilian Faithfull Care	1,000
Nightingale Hammerson	1,000
Ovarian Cancer Action	1,000
Tuberous Sclerosis Association	1,000
World Jewish Relief	1,000
Wiener Library	1,000
ABF – The Soldiers' Charity	500
Action Medical Research	500
Alzheimer's Research UK	500
Asthma & Lung UK	500
Bowel Research UK	500
Brain Research UK	500
Brain Tumour Charity	500
British Heart Foundation	500
Cancer Research UK	500
CLAPA – Cleft Lip & Palate Association	500
Cobalt Health	500
Dystonia UK	500
Familial Dysautonomia UK	500
Fare Share Sussex & Surrey	500
Friends of the Elderly	500
Great Ormond Street Hospital Charity	500
Hot Line Meals Service	500
Independent Age – Royal UK Beneficent Association	500
International Spinal Research Trust	500
Jewish Deaf Association	500
Kisharon	500
Lupus UK	500
Macmillan Cancer Support	500
Moorfields Eye Charity	500
Norwood	500
Ohel Sarah UK	500
Prevent Breast Cancer	500
Prostate Cancer Research	500
Shaare Zedek UK	500
Target Ovarian Cancer	500
Ability North London	200
Able Child Africa	200
	<hr/>
Carried forward	34,400

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2024****(continued)**

	£
Brought forward	34,400
Able Kidz	200
Acid Survivors Trust International	200
Acorns Children's Hospice	200
Action for Kids Charitable Trust	200
Action on Poverty – APT	200
Age Concern Cheshire	200
Age Concern North Norfolk	200
Age UK	200
Alder Hey Children's Charity	200
Alex, the Leukodystrophy Charity	200
Ambitious about Autism	200
Amref Health Africa	200
Anaphylaxis UK – for Helpline	200
Anne Frank Trust UK	200
APE – Art Play Environment Project	200
Association of Wheelchair Children/Go Kids Go	200
Autistic Minds	200
BASICS Essex – Accident Rescue Service	200
Be Free Young Carers	200
Become – charity for children in care & young care leavers	200
Bede House Association	200
BID Services – Birmingham's Deaf Community	200
Blind Veterans UK	200
Bone Cancer Research Trust	200
Bowel Cancer UK	200
Brain Tumour Support	200
Break	200
British Blind Sport	200
British Deaf Association	200
British Friends of Bar-Ilan University	200
British Limbless Ex-Service Men's Association	200
British Liver Trust	200
Calibre Audio	200
Cancer Support UK	200
Canon Collins Trust	200
Care for Veterans	200
Carers Trust	200
Cavell Nurses' Trust	200
Cerebra – for Sleep Support Service	200
Challengers	200
Chapter One – Online Reading Volunteers programme	200
Cherry Trees	200
Children's Air Ambulance	200
Children's Heart Federation	200
Children's Trust	200
City Hospice	200
	<hr/>
Carried forward	43,600

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2024****(continued)**

	£
Brought forward	43,600
Clothing Solutions	200
Combat Stress – for Peer Support Service	200
Concern Worldwide	200
Contact – Contact a Family	200
County Air Ambulance Trust	200
Crisis	200
Cystic Fibrosis Trust	200
DEMAND	200
Demelza Hospice Care for Children	200
Dementia Support	200
Disability Advice Service (East Suffolk)	200
Disability Africa	200
Dogs for Good	200
Dolphin Society	200
Douglas Macmillan Hospice	200
Dressability	200
Earl Mountbatten Hospice	200
Encephalitis Society	200
ENYP – activities for young people in Norfolk	200
Essex & Herts Air Ambulance	200
Fight against Blindness	200
Food Lifeline	200
Framlingham Area Youth Action Partnership	200
Freedom from Torture	200
Freedom Kit Bags	200
G11 Community Hub	200
Gingerbread	200
Go Beyond – prev. CHICKS Country Holidays for Inner City Kids	200
Great Western Air Ambulance Charity	200
Guide Dogs for the Blind Association	200
Gurkha Welfare Trust	200
Hampshire and Isle of Wight Air Ambulance	200
Hands around the World	200
Headway – the brain injury association	200
Health Poverty Action	200
Heel and Toe Children's Charity	200
Helen Arkell Dyslexia Charity	200
Help for Heroes	200
Henshaw's Society for Blind People	200
Hope and Homes for Children	200
Hope for Justice – for medical aftercare support	200
Hospice Care Kenya	200
Hospice of St Francis	200
Humanity & Inclusion/Handicap International UK	200
Individual Technology Solutions for vision impaired people	200
	<hr/>
Carried forward	52,600

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2024****(continued)**

	£
Brought forward	52,600
INSIGHT – Counselling Coaching & Support Services	200
Inter Care	200
Jessie May Children’s Hospice at Home	200
Jigsaw Trust	200
Just for Kids Law	200
Katharine House Hospice, Banbury	200
Katharine House Hospice, Stafford	200
Keech Hospice Care	200
Kirkwood (Hospice)	200
Lakelands Day Care Hospice	200
Legs4Africa	200
Lennox Children’s Cancer Fund	200
Leonard Cheshire	200
London’s Air Ambulance Charity	200
Magpas Air Ambulance	200
Make Them Smile Children’s Charity	200
Manchester Jewish Community Care	200
Martlets Hospice	200
Mary Stevens Hospice	200
Mast Cell Action	200
Mencap	200
Mercy Ships	200
Micropthalmia, Anophthalmia & Coloboma Support	200
Midlands Air Ambulance Charity	200
Motor Neurone Disease Association	200
Muscular Dystrophy UK	200
My Life My Choice	200
Naomi House & Jacksplace – Wessex Children’s Hospice Trust	200
National Autistic Society	200
National Brain Appeal – for Rare Dementia Support Centre	200
National Kidney Federation – for Helpline	200
National Schizophrenia Fellowship	200
National Tremor Foundation	200
New Israel Fund	200
Newlife the Charity for Disabled Children	200
Nightingale House Hospice	200
Norfolk Hospice Tapping House	200
Nuneaton & North Warwickshire Equestrian Centre	200
Oesophageal Patients Association	200
Orthopaedic Institute – replace laboratory equipment	200
Pancreatic Cancer UK	200
PhysioNet – Discarded physio equipment to the 3rd world	200
Prince of Wales Hospice/The Five Towns Plus Hospice Fund Ltd	200
Princess Alice Hospice	200
Prisoners Abroad	200

Carried forward	61,600

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2024****(continued)**

	£
Brought forward	61,600
Providence Row	200
Queen Elizabeth's Foundation for Disabled People	200
Reach Out	200
React	200
Respite Association	200
Royal National College for the Blind, Hereford	200
Royal National Lifeboat Institute	200
RNIB – for children with sight loss	200
RNID	200
Royal Society for Blind Children	200
Royal Star & Garter Homes	200
Royal Trinity Hospice	200
Rowcroft Hospice	200
SafeHands	200
Salisbury Hospice Charity	200
Salvation Army	200
Sand Dams Worldwide – prev. Excellent Development	200
Sane	200
Scope – to run online community	200
Sequal Trust	200
Shakespeare Hospice	200
Shelter	200
Side by Side	200
Sight for Surrey	200
SSAFA The Armed Forces Charity	200
St Barnabas Hospices	200
St Catherine's Hospice	200
St Christopher's Hospice	200
St Elizabeth's Centre	200
St Gemma's Hospice	200
St John Ambulance	200
St Joseph's Hospice	200
St Mungo's	200
St Richard's Hospice	200
St Wilfred's Hospice	200
Strongbones Children's Charitable Trust	200
Sue Ryder	200
Teenage Cancer Trust	200
Teesside Hospice	200
The Brain Charity	200
Thumbs Up Club	200
Treloar Trust	200
Village Water	200
Wales Air Ambulance	200
WaterAid	200
Willow Trust	200

Carried forward	70,800

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2024**

(continued)

	£
Brought forward	70,800
Women & Children First UK	200
Action for ME	100
Activiteens	100
Batten Disease Family Association	100
Braille Chess Association	100
Bren Project	100
British Polio Fellowship	100
Calvert Trust	100
Camphill Village Trust	100
Caudwell Children	100
Children Ahead	100
Clapton Common Boys Club	100
Computer Aid International	100
Cruse Bereavement Support	100
Designability	100
Ditch the Label	100
Douglas Bader Foundation	100
Durham Association of Boys & Girls Clubs	100
Dyspraxia Foundation	100
East Sussex Vision Support – prev. E Sussex Assoc. of Blind & Part-Sighted People	100
Eastside Community Trust	100
Ecolocal	100
Elfrida Rathbone Camden	100
Family Holiday Charity	100
Get Set Girls	100
Guide Association	100
Handicapped Children's 'Action' Group	100
Happy Days Ministries UK	100
Home-Start Southern Oxfordshire	100
Hour Community	100
In Touch	100
Inspire a Teen	100
Ipswich Community Playbus	100
Israel Guide Dog Centre	100
Jigsaw (South East)	100
Kids Matter	100
Kids N'Action	100
Leprosy Mission	100
Lifelites	100
Liquid Listening – prev. Liquid Vibrations	100
Little Hiccups	100
Live! – towards new tricycles	100
Marches Family Network	100
Mental Health Foundation	100

Carried forward	75,300

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2024****(continued)**

	£
Brought forward	75,300
Musical Keys	100
Nottingham Clubs for Young People	100
Oakleaf Enterprise	100
Pain Relief Foundation	100
Partnership for Children	100
Place2Be	100
Pump Aid	100
Pumping Marvellous	100
Rainy Day Trust	100
RAW Workshop	100
Rescare – for Helpline	100
Resolve West	100
Revitalise Respite Holidays	100
Rossendale Trust	100
S Pinter Youth Project	100
Safe Families for Children	100
Samaritans	100
Shropshire Youth Support Trust	100
Space	100
Space4Autism – for Space4Carers	100
Spadework	100
Standout	100
Starlight Children's Foundation	100
Step by Step	100
Storeroom2010	100
Stubbers Adventure Centre	100
Terrence Higgins Trust	100
Tiny Tim's Children's Centre	100
Tree Aid	100
Unity Works	100
Up n' Away	100
Versus Arthritis	100
Volunteering Matters	100
Wellbeing of Women	100
Wiltshire Air Ambulance	100
Work Avenue Foundation	100
Young & Free	100
Young Epilepsy	100
Young People Taking Action	100
Youth and Community Connexions	100
Youth on the Move (London)	100
	£79,400
	(page 8)

THE REST-HARROW TRUST

England & Wales - Charity number 238042

Accounts

THE REST-HARROW TRUST

(Created by Deed dated 29th October 1964)

Registered Number: 238042

ACCOUNTS

FOR THE YEAR ENDED 5TH APRIL 2023

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THE REST-HARROW TRUST**ANNUAL REPORT****FOR THE YEAR ENDED 5TH APRIL 2023**

The trustees present their report for the year ended 5th April 2023.

REFERENCE AND ADMINISTRATIVE DETAILS

The Rest-Harrow Trust is a Registered Charity No. 238042.

The Principal office address is One Bartholomew Close, London EC1A 7BL.

The Trustees who held office during the year were:-

Mrs Janet Beryl Bloch
Miss Judith Susan Portrait
Mr Dominic Brendan Flynn

The Professional Advisers of the Charity are as follows:

INDEPENDENT EXAMINER: G N C D Stevenson FCA
Knox Cropper LLP
Office Suite 1, Haslemere House
Lower Street
Haslemere
Surrey GU27 2PE

BANKERS: Child & Co Bankers
1 Fleet Street
London EC4Y 1BD

Schroder & Co Limited
1 London Wall Place
London EC2Y 5AU

Cafcash Limited
Kings Hill
West Malling
Kent ME19 4TA

INVESTMENT ADVISERS: Cazenove Capital Management
1 London Wall Place
London EC2Y 5AU

STRUCTURE, GOVERNANCE AND MANAGEMENT

- **Legal Status and Constitution**
The Charity was created by Trust Deed dated 29th October 1964 and is registered with the Charity Commission No. 238042.
- **Trustees Appointment and Training**
The Trustees are recruited and appointed as and when required by the remaining Trustees, often based on their professional backgrounds.

New Trustees are inducted by the other Trustees and are encouraged to attend relevant training courses where considered beneficial.

THE REST-HARROW TRUST
ANNUAL REPORT
FOR THE YEAR ENDED 5TH APRIL 2023
(Continued)

STRUCTURE, GOVERNANCE AND MANAGEMENT (continued)

- **Management Arrangements**

The Trustees meet half yearly to monitor the activities of the Charity, including the investment performances.

The day to day administration of the Charity is undertaken by external professional firms.

- **Risk Management**

The Trustees continually review the major risks to which the charity is exposed, in particular those related to the finances of the charity and are satisfied that systems are in place to mitigate their exposure to major risk. The major risk of the charity is its investment portfolio risk, which is mitigated by biannual meetings with the Investment Managers.

OBJECTS AND ACTIVITIES

- **Objects of the Charity**

The object of the charity is the making of grants to charitable causes chosen by the trustees at their absolute discretion.

- **Objectives for the Year**

The objectives for the year were:

- To continue to make grants to charitable organisations.
- To monitor the income of the charity whilst monitoring the financial markets.

ACHIEVEMENT AND PERFORMANCE

- **Achievement of Objectives and Public Benefit**

- The Charity continued to provide grants to worthy organisations. In the year this amounted to 281 grants totalling £72,200 (2022: £54,700).
- This included many medical and relief of poverty charities and these are disclosed in the Notes to the Accounts (pages 11 – 17).
- Many of the organisations concerned are grateful to receive the grants, and the Charity received many letters of thanks.
- In planning the activities for the year the Trustees have referred to the guidance contained in the Charity Commission's guidance on public benefit. In particular the Trustees considered how planned activities contribute to the aims and objectives of the Charity and are satisfied that this is the case.

- **Grant Making Policies**

Grant applications are reviewed to ensure they comply with the requirements of the Charity and the Trustees authorise payment through a third party.

- **Fundraising**

The Charity does not undertake any fundraising activities.

THE REST-HARROW TRUST
ANNUAL REPORT
FOR THE YEAR ENDED 5TH APRIL 2023
(Continued)

FINANCE REVIEW

• **Results for the Year**

The Charity plans to expend its income on charitable donations, whilst keeping its capital intact.

In the year the Charity received donations of £83,582 and investment income of £41,511 and expended £101,343, resulting in net expenditure for the period of £42,631 after Realised and Unrealised Losses on investments of £66,381.

The Charity saw the market value of investments increase during the year.

• **Reserves Policy**

The Trustees maintain sufficient reserves in the Income Fund to meet expected direct charitable expenditure.

The Capital Fund is invested to produce income for the Income Fund.

FUTURE ACTIVITIES

The Charity will continue to generate income to make grants to charitable bodies.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the charity's financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, giving a true and fair view, the trustees should follow best practice and:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed subject to any material departures disclosed and explained in the financial statements;
- prepare financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue to operate.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and which enable them to ensure that the financial statements comply with relevant legislation and the trust deed. They are also responsible for safeguarding the assets of the Charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

BY ORDER OF THE TRUSTEES

MRS J B BLOCH
TRUSTEE

Dated:

THE REST-HARROW TRUST
REPORT OF THE INDEPENDENT EXAMINER
TO THE TRUSTEES

I report to the trustees on my examination of the accounts of the Rest-Harrow Trust (the Trust) for the year ended 5th April 2023, which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

This report is made to the Trustees, as a body, in accordance with the terms of my engagement. My work has been undertaken so that I might carry out an Independent Examination of the financial statements in accordance with the General Directions given by the Charity Commission. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Trust and the Trust's Trustees as a body for my work or for this report.

Responsibilities and basis of report

As the trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Office Suite 1, Haslemere House
Lower Street, Haslemere
Surrey, GU27 2PE

Greg Stevenson FCA
Knox Cropper LLP
Chartered Accountants

THE REST-HARROW TRUST

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 5TH APRIL 2023

	Notes	Capital Fund £	Income Fund £	2023 Total £	Capital Fund £	Income Fund £	2022 Total £
INCOME FROM							
Donations	2	-	83,582	83,582	-	32,463	32,463
Investments (page 18)		-	41,105	41,105	-	40,257	40,257
Bank Interest		-	406	406	-	2	2
TOTAL INCOME		-	125,093	125,093	-	72,722	72,722
EXPENDITURE ON							
Raising Funds	3	7,739	-	7,739	8,140	-	8,140
Charitable Activities	4	2,658	90,946	93,604	2,580	74,366	76,946
TOTAL EXPENDITURE		10,397	90,946	101,343	10,720	74,366	85,086
OTHER RECOGNISED GAINS/(LOSSES)							
Net Gains/(Losses) on investments (page 18)	6	(10,397)	34,147	23,750	(10,720)	(1,644)	(12,364)
NET INCOME/(EXPENDITURE) AND NET MOVEMENT IN FUNDS		(76,778)	34,147	(42,631)	61,366	(1,644)	59,722
Fund Balances Brought Forward		1,119,175	8,468	1,127,643	1,057,809	10,112	1,067,921
FUND BALANCES CARRIED FORWARD		£1,042,397	£42,615	£1,085,012	£1,119,175	£8,468	£1,127,643

THE REST-HARROW TRUST
NOTES FORMING PART OF THE ACCOUNTS
FOR THE YEAR ENDED 5TH APRIL 2023

1. ACCOUNTING POLICIES

a) Basis of Preparation and Assessment of going concern

The accounts have been prepared under the historical cost convention with the exception of investments which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (Second Edition issued in October 2019) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The accounts have been prepared to give a 'true and fair view' and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Charity constitutes a public benefit entity as defined by FRS 102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

b) Funds

The Capital and Income Funds represent the funds of the Charity that are not subject to any restrictions regarding their use and are available for application to the general purposes of the Charity. Funds designated for a particular purpose by the Charity are unrestricted. Restricted Funds are funds which are used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for a particular purpose.

c) Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings.

e) Investments

Investments are a form of basic financial investment and are initially recognised at their transaction value and subsequently measured at fair value as at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluations and disposals throughout the year.

THE REST-HARROW TRUST**NOTES FORMING PART OF THE ACCOUNTS****FOR THE YEAR ENDED 5TH APRIL 2023**

(Continued)

	2023	2022
	£	£
6. INVESTMENTS (page 18)		
Market value at 6th April 2022	1,116,926	1,045,421
Purchases	20	239,368
Disposals at market value	(30,115)	(239,949)
Realised gains/(losses)	(2,645)	4,834
Unrealised gains/(losses) on revaluation	(63,736)	67,252
	<hr/>	<hr/>
Market value at 5th April 2023	£1,020,450	£1,116,926
	<hr/>	<hr/>
Historical cost of investments	£879,895	£901,315
	<hr/>	<hr/>
7. CURRENT LIABILITIES		
Portrait Solicitors	-	4,980
Knox Cropper	4,260	4,020
Cazenove Capital Management	1,903	1,988
	<hr/>	<hr/>
	£6,163	£10,988
	<hr/>	<hr/>

8. SUMMARY OF NET ASSETS BY FUND

	Unrestricted Funds 2023		
	Capital	Income	Total
	£	£	£
Investments	1,020,450	-	1,020,450
Child & Co Bankers	2,503	32,084	34,587
Schroder & Co Limited	21,347	14,791	36,138
	<hr/>	<hr/>	<hr/>
	1,044,300	46,875	1,091,175
Current liabilities	1,903	4,260	6,163
	<hr/>	<hr/>	<hr/>
	£1,042,397	£42,615	£1,085,012
	<hr/>	<hr/>	<hr/>
	Unrestricted Funds 2022		
	Capital	Income	Total
	£	£	£
Investments	1,116,926	-	1,116,926
Child & Co Bankers	2,524	17,468	19,992
Schroder & Co Limited	1,713	-	1,713
	<hr/>	<hr/>	<hr/>
	1,121,163	17,468	1,138,631
Current liabilities	1,988	9,000	10,988
	<hr/>	<hr/>	<hr/>
	£1,119,175	£8,468	£1,127,643
	<hr/>	<hr/>	<hr/>

THE REST-HARROW TRUST
NOTES FORMING PART OF THE ACCOUNTS
FOR THE YEAR ENDED 5TH APRIL 2023
(Continued)

9. TRUSTEES' REMUNERATION AND RELATED PARTY TRANSACTIONS

Miss J S Portrait and Mr D B Flynn were partners of Portrait Solicitors, and whilst the former has retired and the latter is now acting for BDB Pitmans LLP to whom fees of £3,163 including VAT (2022: £11,556) and £5,258 including VAT (2022: £Nil) respectively were paid for legal services

No reimbursement of expenses has been made or is due to be made to any of the trustees in respect of the year.

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2023**

	£
Nightingale Hammerson	2,000
Pinhas Rutenberg Educational Trust	2,000
Weizmann UK – for Making Connections Programme	2,000
Bowel Research UK	1,000
British Friends of the Hebrew University – for M&A Wix Scholarship Fund	1,000
British Friends of the Hebrew University –for Student Scholarship Fund	1,000
Institute of Cancer Research	1,000
Jewish Blind & Disabled	1,000
Jewish Care	1,000
Leukaemia UK	1,000
Tuberous Sclerosis Association	1,000
World Jewish Relief	1,000
World Jewish Relief – for relief in Ukraine	1,000
Acorns Children’s Hospice	500
Action Medical Research	500
Age Concern North Norfolk	500
ASG – Academic Study Group	500
Bishop Creighton House Settlement	500
Boxes of Basics	500
Brain Research UK	500
British Friends of Neve Shalom	500
British Heart Foundation	500
Cancer Research UK	500
Canon Collins Educational & Legal Assistance Trust	500
Cardiac Risk in the Young	500
Cheltenham Ladies’ College	500
Concern Worldwide	500
Crisis	500
Diabetes UK	500
Familial Dysautonomia UK	500
FareShare Sussex	500
Fight for Sight	500
Haemochromatosis UK	500
Hot Meals Service (London)	500
Independent Age – Royal UK Beneficent Association	500
Legs4Africa	500
Leukaemia & Myeloma Research	500
Lilian Faithfull Care	500
Listening Books	500
Literacy Pirates	500
Macular Disease Society	500
New Israel Fund	500
Norwood	500
Oxford Hospital Charity	500
Royal Marsden Cancer Charity	500
ABF The Soldiers’ Charity	200
Age Concern Cheshire	200
Age UK	200
Alice House Hospice	200
Carried forward	32,800

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2023****(continued)**

	£
Brought forward	32,800
Amref Health Africa	200
Anaphylaxis Campaign	200
Asthma & Lung UK	200
Autistic Minds	200
Bede House Association	200
Blind Veterans UK	200
Blood Cancer UK – Bloodwise	200
Bone Cancer Research Trust	200
Book Aid International	200
Break	200
British Dyslexics	200
British Limbless Ex-Service Men's Association	200
British Wireless for the Blind Fund	200
Calibre Audio	200
Cancer Support UK	200
Canine Partners	200
Cardiac Rehab	200
Care for Veterans	200
Carers UK	200
Cavell Nurses' Trust	200
Cerebral Palsy Plus	200
Challengers	200
Children with Cancer UK	200
Children's Adventure Farm Trust	200
Children's Air Ambulance	200
Children's Heart Federation	200
Cirdan Sailing Trust	200
Clean Rivers Trust	200
Colostomy UK	200
Combat Stress	200
Concern Worldwide	200
Crackerjack Children's Trust	200
Criminon UK	200
Crohn's & Colitis UK	200
Deafblind UK	200
DEMAND	200
Dementia Support	200
Disability Resource Centre – Birmingham	200
Dogs for Good	200
Dolphin Society	200
Douglas Macmillan Hospice	200
Durham Association of Boys & Girls Clubs	200
Dyspraxia Foundation	200
Earl Mountbatten Hospice	200
Enham Trust	200
ENYP	200

Carried forward	42,000

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2023****(continued)**

	£
Brought forward	42,000
Fight against Blindness	200
Food Lifeline	200
Framlingham Area Youth Action Partnership	200
Freedom from Torture	200
Freedom Kit Bags	200
Friends of the Elderly	200
Garden House Hospice	200
Great Western Air Ambulance Charity	200
Group B Strep Support	200
Guide Dogs for the Blind Association	200
Gurkha Welfare Trust	200
Hands Around the World	200
Helen Arkell Dyslexia Charity	200
Hope Housing, Training & Support	200
Hospice Charity Partnership – merge of Birmingham St Mary’s & John Taylor Hospice	200
Hospice of St Francis	200
Hot Line Meals Service (London)	200
Hour Community	200
I CAN – children’s communication charity	200
INSIGHT	200
Inter Care	200
International Spinal Research Trust	200
IPSEA – Independent Provider of Special Education Advice	200
Jessie May – Children’s Hospice at Home	200
Jewish Child’s Day	200
Jumbulance Trust	200
Katharine House Hospice	200
Keech Hospice Care	200
Kidney Care UK	200
Kids Cancer Charity	200
Kids Care London	200
Kinetic Science Foundation	200
Kirkwood Hospice	200
Lakelands Day Care Hospice	200
Learning Partnerships	200
Lennox Children’s Cancer Fund	200
Leonard Cheshire	200
Lewis-Manning Hospice	200
Liquid Vibrations	200
Livability	200
London’s Air Ambulance Charity	200
Lucy Air Ambulance for Children	200
Magpas Air Ambulance	200
Manchester Jewish Community Care	200
Marine Conservation Society	200

Carried forward	51,000

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2023**

(continued)

	£
Brought forward	51,000
Mary Stevens Hospice	200
Meningitis Now	200
Missing People	200
Motor Neurone Disease Association	200
MS Society	200
Muscular Dystrophy UK	200
Myaware	200
Naomi House & Jackspace – Wessex Children's Hospice Trust	200
Ohel Sarah UK	200
Open Age	200
Pancreatic Cancer UK	200
Parkinson's UK	200
Pelton Community Association	200
Plan International UK	200
Porchlight	200
Prevent Breast Cancer	200
Prince of Wales Hospice	200
Princess Alice Hospice	200
Prisoners Abroad	200
Prostate Cancer Research	200
Providence Row	200
PSP Association	200
Pump Aid	200
Pumping Marvellous Foundation	200
React	200
Read for Good	200
Refugee Council	200
Rescare	200
Revitalise Respite Holidays	200
Royal Star & Garter Homes	200
Royal Trinity Hospice	200
Rural Coffee Caravan	200
Salvation Army	200
Save the Children	200
Scout Association	200
Shaare Zedek UK	200
Shine – Spina Bifida & Hydrocephalus	200
Shropshire Youth Support Trust	200
Sight Support Derbyshire	200
Smallpiece Trust	200
Sofa Project	200
South Bucks Hospice	200
South East Cancer Help Centre	200
Spinal Injuries Association	200
Spinal Muscular Atrophy UK	200
SSAFA – Forces Help	200

Carried forward	60,200

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2023****(continued)**

	£
Brought forward	60,200
St Barnabas House Hospice	200
St Elizabeth's Centre	200
St Gemma's Hospice	200
St John's Hospice	200
St Joseph's Hospice	200
St Michael's Hospice	200
St Richard's Hospice	200
Starlight Children's Foundation	200
Strongbones Children's Charitable Trust	200
Support through Court	200
3H Foundation	200
Teenage Cancer Trust	200
Teeside Hospice	200
Treloar Trust	200
Village Water	200
Warwickshire Social Inclusion Partnership	200
Willen Hospice	200
Willow Foundation	200
Willow Trust	200
Wingate Special Children's Trust	200
Women and Children First (UK)	200
Women's Aid	200
Young Epilepsy	200
Youth Aliyah	200
Zoe's Place Baby Hospice	200
Acid Survivors Trust International	100
Action for A-T	100
Activiteens	100
Beds & Northants MS Therapy Centre	100
Berkshire Autistic Society	100
Blueprint Training & Enterprise	100
British Disabled Angling Association	100
Camphill Village Trust	100
Carers Trust	100
Chailey Heritage Foundation	100
Cherry Trees	100
Child Bereavement UK	100
Contact	100
Cruse Bereavement Care	100
Designability Charity	100
Devon in Sight	100
Ditch the Label	100
Douglas Bader Foundation	100
Eastside Community Trust	100
Excellent Development	100
Exeter Community Transport Association	100
	<hr/>
Carried forward	67,300

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2023****(continued)**

	£
Brought forward	67,300
Family Holiday Charity	100
Forest of Avon Trust	100
Get Set Girls	100
GL11 Community Hub	100
Go Beyond – previously Country Holidays for Inner City Kids	100
HALOW (Birmingham)	100
Happy Kids	100
Hebron Trust	100
Heel & Toe children's Charity	100
Home from Hospital Care	100
Hospice Care Kenya	100
In Touch	100
Inter Faith Network for the UK	100
InterAct Stroke Support	100
Kids	100
Kids Space	100
Kids in the Spotlight	100
Lifelites	100
Live!	100
Make Them Smile Children's Charity	100
Marches Family Network	100
MERU – Medical Engineering Resource Unit	100
Mercia Therapy Centre Coventry	100
Migraine Trust	100
Mission to Seafarers	100
National Deaf Children's Society	100
Nuneaton & North Warwickshire Equestrian Riding Centre for Disabled	100
Oesophageal Patients Association	100
Ovacome	100
RAW Workshop	100
Respite Association	100
S Pinter Youth Project	100
Safe Families for Children	100
SignHealth	100
Spadework	100
St Martin-in-the-Fields Charity	100
St Michael's Fellowship	100
Sudbury Neighbourhood Centre	100
Teen Action	100
Terrence Higgins Trust	100
Tommy's	100
Tree Aid	100
Vision Foundation – previously Greater London Fund for the Blind	100

Carried forward	71,600

THE REST-HARROW TRUST**GRANTS PAYABLE****FOR THE YEAR ENDED 5TH APRIL 2023**

(continued)

	£
Brought forward	71,600
Vision North Somerset	100
War Memorials Trust	100
Wellbeing of Women	100
Wessex Cancer Trust	100
YMCA England	100
Young & Free	100
	<hr/>
	£72,200
	<hr/>
	(page 8)

THE REST-HARROW TRUST

INVESTMENTS AND INCOME RECEIVED
FOR THE YEAR ENDED 5TH APRIL 2023

	At 6th April 2022		Purchases/Donations		Sales		Surplus/ (Deficit) on Revaluation £	At 5th April 2023		Income Received £
	Nominal Holding	Market Value £	Nominal Holding	Cost £	Nominal Holding	Proceeds £		Profit/(Loss) £	Nominal Holding	
<u>EQUITIES AND UNIT TRUSTS</u>										
Ashmore Emerging Markets Z3 shares	186	17,750	-	20	(Acc Inc)	-	-	186	14,775	796.23
Bellvue Healthcare Trust plc Shares	20,000	38,040	-	-	-	-	(7,840)	20,000	30,200	1,250.00
CG Portfolio Funds plc Dollar Fund	330	34,845	-	-	-	-	(2,974)	330	31,871	382.62
BlackRock Charities UK Bond Fund A Distribution Units	25,000	42,856	-	-	-	-	(5,998)	25,000	36,858	1,500.00
Charities Property Fund Units	24,203	34,896	-	-	-	-	(4,676)	24,203	30,220	1,270.60
GAM UK Equity Fund Z income shares	5,600	58,050	-	-	-	-	(2,147)	5,600	55,903	2,513.84
Greencoat UK Wind plc Ordinary shares of 1p	24,511	38,177	-	-	-	-	1,031	24,511	39,208	1,895.32
Hipgnosis Songs Fund Ltd Ordinary Shares	12,800	15,539	-	-	-	-	(4,953)	12,800	10,586	504.00
International Public Partnerships Ordinary shares of 1p	17,500	29,995	-	-	-	-	(4,025)	17,500	25,970	1,337.00
J P Morgan US Equity Income Fund Shares Class C	6,500	28,542	12,182	-	-	-	(874)	18,682	27,668	637.65
JPM Emerging Markets Income Fund GBP Income C	60,000	42,762	-	-	-	-	(3,426)	60,000	39,336	1,542.00
Man GCG Income Fund Professional D Shares	145,000	172,695	-	-	-	-	(290)	145,000	172,405	9,553.56
Schroder Charity Equity Value Fund S Income Units	310,000	204,941	-	-	30,000	19,125	(708)	280,000	182,897	9,052.00
Schroder Global Recovery Fund S Income Shares	70,000	45,101	-	-	-	-	2,842	70,000	47,943	1,474.90
Target Healthcare Reit Plc Ordinary shares	10,000	11,460	-	-	-	-	(4,190)	10,000	7,270	676.00
Trojan Investment Funds Income Fund S	112,000	210,250	-	-	-	-	(14,952)	112,000	195,328	5,728.46
3i Infrastructure plc Ordinary shares NPV	9,309	32,907	-	-	1,309	3,945	(683)	8,000	25,199	932.40
		1,058,836		20		23,070	(1,391)		973,637	41,046.58
		58,090		-	£5,000	7,045	(1,254)	£30,000	46,813	58.19
		58,090		-		7,045	(1,254)		46,813	58.19
		£1,116,926		£20		£30,115	£(2,645)		£1,020,450	£41,104.77
TOTAL										

INTEREST BEARING

UK Treasury Stock
0.125% Index Linked 2029

TOTAL

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THE REST-HARROW TRUST

England & Wales - Charity number 238042

Accounts

THE REST-HARROW TRUST

(Created by Deed dated 29th October 1964)

Registered Number: 238042

ACCOUNTS

FOR THE YEAR ENDED 5TH APRIL 2022

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THE REST-HARROW TRUSTANNUAL REPORTFOR THE YEAR ENDED 5TH APRIL 2022

The trustees present their report for the year ended 5th April 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

The Rest-Harrow Trust is a Registered Charity No. 238042.

The Principal office address is 4th Floor, 21 Whitefriars Street, London EC4Y 8JJ.

The Trustees who held office during the year were:-

Mrs Janet Beryl Bloch
Miss Judith Susan Portrait
Mr Dominic Brendan Flynn

The Professional Advisers of the Charity are as follows:

INDEPENDENT EXAMINER: G N C D Stevenson FCA
Knox Cropper LLP
Office Suite 1, Haslemere House
Lower Street
Haslemere
Surrey GU27 2PE

BANKERS: Child & Co Bankers
1 Fleet Street
London EC4Y 1BD

Schroder & Co Limited
1 London Wall Place
London EC2Y 5AU

Cafcash Limited
Kings Hill
West Malling
Kent ME19 4TA

INVESTMENT ADVISERS: Cazenove Capital Management
1 London Wall Place
London EC2Y 5AU

STRUCTURE, GOVERNANCE AND MANAGEMENT

- **Legal Status and Constitution**

The Charity was created by Trust Deed dated 29th October 1964 and is registered with the Charity Commission No. 238042.

- **Trustees Appointment and Training**

The Trustees are recruited and appointed as and when required by the remaining Trustees, often based on their professional backgrounds.

New Trustees are inducted by the other Trustees and are encouraged to attend relevant training courses where considered beneficial.

THE REST-HARROW TRUST
ANNUAL REPORT
FOR THE YEAR ENDED 5TH APRIL 2022
(Continued)

STRUCTURE, GOVERNANCE AND MANAGEMENT (continued)

- **Management Arrangements**

The Trustees meet half yearly to monitor the activities of the Charity, including the investment performances.

The day to day administration of the Charity is undertaken by external professional firms.

- **Risk Management**

The Trustees continually review the major risks to which the charity is exposed, in particular those related to the finances of the charity and are satisfied that systems are in place to mitigate their exposure to major risk. The major risk of the charity is its investment portfolio risk, which is mitigated by biannual meetings with the Investment Managers.

OBJECTS AND ACTIVITIES

- **Objects of the Charity**

The object of the charity is the making of grants to charitable causes chosen by the trustees at their absolute discretion.

- **Objectives for the Year**

The objectives for the year were:

- To continue to make grants to charitable organisations.
- To monitor the income of the charity whilst monitoring the financial markets.

ACHIEVEMENT AND PERFORMANCE

- **Achievement of Objectives and Public Benefit**

- The Charity continued to provide grants to worthy organisations. In the year this amounted to 286 grants totalling £54,700 (2020: £73,900).
- This included many medical and relief of poverty charities and these are disclosed in the Notes to the Accounts (pages 11 – 17).
- Many of the organisations concerned are grateful to receive the grants, and the Charity received many letters of thanks.
- In planning the activities for the year the Trustees have referred to the guidance contained in the Charity Commission's guidance on public benefit. In particular the Trustees considered how planned activities contribute to the aims and objectives of the Charity and are satisfied that this is the case.

- **Grant Making Policies**

Grant applications are reviewed to ensure they comply with the requirements of the Charity and the Trustees authorise payment through a third party.

- **Fundraising**

The Charity does not undertake any fundraising activities.

THE REST-HARROW TRUST

ANNUAL REPORT

FOR THE YEAR ENDED 5TH APRIL 2022

(Continued)

FINANCE REVIEW

• **Results for the Year**

The Charity plans to expend its income on charitable donations, whilst keeping its capital intact.

In the year the Charity received donations of £32,463 and investment income of £40,257 and expended £85,086, resulting in net income for the period of £59,722 after Realised and Unrealised Gains on investments of £72,086.

The Charity saw the market value of investments increase during the year.

• **Reserves Policy**

The Trustees maintain sufficient reserves in the Income Fund to meet expected direct charitable expenditure.

The Capital Fund is invested to produce income for the Income Fund.

FUTURE ACTIVITIES

The Charity will continue to generate income to make grants to charitable bodies.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the charity's financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, giving a true and fair view, the trustees should follow best practice and:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed subject to any material departures disclosed and explained in the financial statements;
- prepare financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue to operate.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and which enable them to ensure that the financial statements comply with relevant legislation and the trust deed. They are also responsible for safeguarding the assets of the Charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

BY ORDER OF THE TRUSTEES

MRS J B BLOCH
TRUSTEE

Dated:

THE REST-HARROW TRUST
REPORT OF THE INDEPENDENT EXAMINER
TO THE TRUSTEES

I report to the trustees on my examination of the accounts of the Rest-Harrow Trust (the Trust) for the year ended 5th April 2022, which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

This report is made to the Trustees, as a body, in accordance with the terms of my engagement. My work has been undertaken so that I might carry out an Independent Examination of the financial statements in accordance with the General Directions given by the Charity Commission. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Trust and the Trust's Trustees as a body for my work or for this report.

Responsibilities and basis of report

As the trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Office Suite 1, Haslemere House
Lower Street, Haslemere
Surrey, GU27 2PE

Greg Stevenson FCA
Knox Cropper LLP
Chartered Accountants

THE REST-HARROW TRUST

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 5TH APRIL 2022

	<u>Notes</u>	Capital Fund £	Income Fund £	2022 Total £	Capital Fund £	Income Fund £	2021 Total £
INCOME FROM							
Donations	2	-	32,463	32,463	-	58,921	58,921
Investments (page 18)		-	40,257	40,257	-	29,159	29,159
Bank Interest		-	2	2	-	7	7
TOTAL INCOME		-	72,722	72,722	-	88,087	88,087
EXPENDITURE ON							
Raising Funds	3	8,140	-	8,140	7,236	-	7,236
Charitable Activities	4	2,580	74,366	76,946	2,520	95,345	97,865
TOTAL EXPENDITURE		10,720	74,366	85,086	9,756	95,345	105,101
OTHER RECOGNISED GAINS/(LOSSES)							
Net Gains/(Losses) on investments (page 18)	6	(10,720)	(1,644)	(12,364)	(9,756)	(7,258)	(17,014)
NET INCOME/(EXPENDITURE) AND NET MOVEMENT IN FUNDS		72,086	-	72,086	178,984	-	178,984
Fund Balances Brought Forward		61,366	(1,644)	59,722	169,228	(7,258)	161,970
		1,057,809	10,112	1,067,921	888,581	17,370	905,951
FUND BALANCES CARRIED FORWARD		£1,119,175	£8,468	£1,127,643	£1,057,809	£10,112	£1,067,921

THE REST-HARROW TRUST

NOTES FORMING PART OF THE ACCOUNTS

FOR THE YEAR ENDED 5TH APRIL 2022

1. ACCOUNTING POLICIES

a) Basis of Preparation and Assessment of going concern

The accounts have been prepared under the historical cost convention with the exception of investments which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (Second Edition issued in October 2019) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The accounts have been prepared to give a 'true and fair view' and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Charity constitutes a public benefit entity as defined by FRS 102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

b) Funds

The Capital and Income Funds represent the funds of the Charity that are not subject to any restrictions regarding their use and are available for application to the general purposes of the Charity. Funds designated for a particular purpose by the Charity are unrestricted. Restricted Funds are funds which are used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for a particular purpose.

c) Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings.

e) Investments

Investments are a form of basic financial investment and are initially recognised at their transaction value and subsequently measured at fair value as at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluations and disposals throughout the year.

THE REST-HARROW TRUST**NOTES FORMING PART OF THE ACCOUNTS****FOR THE YEAR ENDED 5TH APRIL 2022****(Continued)**

	2022	2021
	£	£
6. INVESTMENTS (page 18)		
Market value at 6th April 2021	1,045,421	866,298
Purchases	239,368	57,299
Disposals at market value	(239,949)	(57,160)
Realised gains/(losses)	4,834	9,287
Unrealised gains/(losses) on revaluation	67,252	169,697
	<hr/>	<hr/>
Market value at 5th April 2021	£1,116,926	£1,045,421
	<hr/>	<hr/>
Historical cost of investments	£901,315	£843,875
	<hr/>	<hr/>
7. CURRENT LIABILITIES		
Portrait Solicitors	4,980	5,160
Knox Cropper	4,020	3,840
Cazenove Capital Management	1,988	1,852
	<hr/>	<hr/>
	£10,988	£10,852
	<hr/>	<hr/>

8. SUMMARY OF NET ASSETS BY FUND

	Unrestricted Funds 2022		
	Capital	Income	Total
	£	£	£
Investments	1,116,926	-	1,116,926
Child & Co Bankers	2,524	17,468	19,992
Schroder & Co Limited	1,713	-	1,713
	<hr/>	<hr/>	<hr/>
	1,121,163	17,468	1,138,631
Current liabilities	1,988	9,000	10,988
	<hr/>	<hr/>	<hr/>
	£1,119,175	£8,468	£1,127,643
	<hr/>	<hr/>	<hr/>
	Unrestricted Funds 2021		
	Capital	Income	Total
	£	£	£
Investments	1,045,421	-	1,045,421
Child & Co Bankers	2,161	18,112	20,273
Schroder & Co Limited	12,079	-	12,079
Debtors	-	1,000	1,000
	<hr/>	<hr/>	<hr/>
	1,059,661	19,112	1,078,773
Current liabilities	1,852	9,000	10,852
	<hr/>	<hr/>	<hr/>
	£1,057,809	£10,112	£1,067,921
	<hr/>	<hr/>	<hr/>

THE REST-HARROW TRUST

NOTES FORMING PART OF THE ACCOUNTS

FOR THE YEAR ENDED 5TH APRIL 2022

(Continued)

9. TRUSTEES' REMUNERATION AND RELATED PARTY TRANSACTIONS

Miss J S Portrait and Mr D B Flynn are partners of Portrait Solicitors to whom fees of £10,536 (2021: £11,556) including VAT were paid for legal services.

No reimbursement of expenses has been made or is due to be made to any of the trustees in respect of the year.

10. EVENTS AFTER THE BALANCE SHEET DATE

The Trust's investments have recovered further and are substantially in excess of the value they were prior to the Covid 19 pandemic. In addition, the investment income has continued to recover to almost pre Covid levels. The Trustees feel confident, that with careful monitoring, the operations of the Trust will continue to give a substantial number of grants to the Charities that need support, particularly in these difficult times.

THE REST-HARROW TRUSTGRANTS PAYABLEFOR THE YEAR ENDED 5TH APRIL 2022

	£
Tuberous Sclerosis Association	1,000
Alzheimer's Research UK	500
Bowel Cancer UK	500
Bowel Research UK	500
Brain Research UK	500
British Heart Foundation	500
Canon Collins Educational & Legal Assistance Trust	500
Fight for Sight	500
Group B Strep Support	500
Jewish Blind & Disabled	500
Kisharon	500
Macular Disease Society	500
New Israel Fund for Charles Clore Jewish Arab Community Centre, Akko Norwood	500
Prevent Breast Cancer	500
Prostate Cancer Research	500
Shaare Zedek UK	500
Wiener Holocaust Library	500
World Jewish Relief	500
ABF The Soldier's Charity	200
Action for A-T	200
Action for Children	200
Action for M.E.	200
Action Medical Research	200
Action on Poverty – APT	200
Age Concern – Colchester & North East Essex	200
Age Concern – North Norfolk	200
Age UK – for National Advice Line	200
Age UK Bath & North East Somerset	200
Age UK East Grinstead District	200
Age UK – Solihull	200
Alcohol & Drug Service	200
Alder Hey Children's Charity	200
Alex – the Leukodystrophy Charity	200
Alzheimer's Society	200
Ambitious about Autism	200
Amref Health Africa – UK	200
Anne Frank Trust	200
Ataxia Telangiectasia Society	200
Batten Disease Family Association	200
Bede House Association – for Youth Project	200
Birmingham St Mary's Hospice	200
Blind Veterans UK	200
Bone Cancer Research Trust	200
Book Aid International	200
Brain Tumour Charity	200
Brain Tumour Support	200
British Liver Trust	200
Carried forward	15,800

THE REST-HARROW TRUSTGRANTS PAYABLEFOR THE YEAR ENDED 5TH APRIL 2022

(continued)

	£
Brought forward	15,800
British Lung Foundation	200
British Wheelchair Sports Foundation	200
Cancer Research UK	200
Cancer Support UK	200
Canterbury Food Bank	200
Cardiac Risk in the Young	200
Care for Veterans	200
Carers UK	200
Cavell Nurses Trust	200
Cerebra	200
Chai Cancer Care	200
Challengers	200
Children's Air Ambulance	200
Children's Heart Foundation	200
Clatterbridge Cancer Charity – for art activities for cancer & dementia	200
Clothing Solutions	200
Colostomy UK	200
Combat Stress	200
Concern Worldwide – for climate impact in Malawi	200
County Air Ambulance Trust	200
Crackerjack Children's Trust	200
Crisis	200
Crohn's & Colitis UK – for Helpline	200
Cued Speech Association UK	200
Cure International UK	200
Cystic Fibrosis Trust	200
Deafblind UK	200
Dementia Support	200
Dogs for Good	200
Douglas Macmillan Hospice	200
Dressability	200
Durham Association of Boys & Girls Clubs	200
Dyspraxia Foundation – for new online helpline	200
Eden Valley Hospice & Jigsaw Children's Hospice	200
Endeavour – life skills for the disadvantaged	200
Enham Trust – for Greenhouse refurbishment project	200
Ethiopiaid	200
Eve Appeal – Gynaecology Cancer Research Fund	200
Excellent Development	200
FareShare South West	200
Fight Against Blindness	200
Frank Water – clean water in India & Nepal	200
Freedom Kit Bags	200
Friends of the Elderly	200
Friends of Yad Sarah – for hospital equipment at home	200
Garden House Hospice Care	200
	<hr/>
Carried forward	25,000

THE REST-HARROW TRUSTGRANTS PAYABLEFOR THE YEAR ENDED 5TH APRIL 2022

(continued)

	£
Brought forward	25,000
Gingerbread	200
Girl's Network	200
Great Western Air Ambulance Charity	200
Guide Dogs for the Blind Association	200
Haemochromatosis UK	200
Hampshire and Isle of Wight Air Ambulance	200
Hands Around the World	200
Health Poverty Action	200
Henshaw Society for Blind People	200
Home Start Banbury, Bicester & Chipping Norton	200
Hope House Children's Hospices	200
Hope, Housing, Training and Support	200
Hospice of St Francis	200
Hot Line Meal Service	200
Independent Age – Royal United Kingdom Beneficent Association	200
INSIGHT	200
Jessie May – Children's Hospice at Home	200
Jewish Child's Day	200
Jigsaw Trust – Children & adults with complex autism	200
Jnetics – for screening on university campus	200
Just Different	200
Katherine House Hospice	200
Keech Hospice Care	200
Kidney Care UK – formerly British Kidney Patients Association	200
Kingsbridge Foodbank	200
LEAH – Learn English at Home	200
Leeway Domestic Violence and Abuse Services	200
Legs4Africa	200
Leicester Hospitals Charity	200
Lennox Children's Cancer Fund	200
Leukaemia Myeloma Research	200
Lepra	200
Listening Books	200
Literacy Pirates	200
Livability	200
London's Air Ambulance Charity	200
Longfield Community Hospice Care	200
Lupus UK	200
Marches Family Network	200
Martlets Hospice	200
Mary Stevens House	200
Medical Foundation for Care of Victims of Torture	200
Meningitis Now	200
Mercy Ships	200
Microphthalmia Anophthalmia & Coloboma Support	200
Carried forward	34,000

THE REST-HARROW TRUSTGRANTS PAYABLEFOR THE YEAR ENDED 5TH APRIL 2022

(continued)

	£
Brought forward	34,000
Muscular Dystrophy UK	200
Naomi House & Jackspace	200
National Brain Appeal	200
New Bridge	200
Nightingale House Hospice	200
Norfolk Hospice Tapping House	200
Oesophageal Patients Association	200
Ohel Sarah UK	200
Pancreatic Cancer UK	200
Parkinson's UK	200
Pelton Community Association	200
Plan International UK	200
Princess Alice Hospice	200
Project Harar – surgery for cleft lip & palate, Ethiopia	200
Queen Elizabeth Foundation for Disabled People	200
React	200
Refugee Council	200
Resolve West	200
Respite Association	200
RNID – Royal National Institute for Deaf People	200
Royal National College for the Blind, Hereford	200
Royal National Lifeboat Institute	200
Royal National Orthopaedic Hospital	200
Royal School for the Blind – Seeability	200
Royal Star & Garter Homes	200
Royal Trinity Hospice	200
Saint Francis Hospice	200
Salisbury Hospice Charity	200
Salvation Army	200
Sequal Trust	200
Shelter	200
Shine (East Norfolk)	200
Sight Research UK – formerly National Eye Research Centre	200
Sightsavers	200
SNAPS – Special Needs and Parent Support	200
South Bucks Hospice	200
SSAFA – Forces Help	200
St Benedict's Hospice	200
St Catherine's Hospice	200
St Christopher's Hospice	200
St Clare Hospice	200
St Elizabeth's Centre	200
St Gemma's Hospice	200
St John of Jerusalem Eye Hospital Group	200
St Kentigern Hospice	200
St Michael's Fellowship	200
Carried forward	43,200

THE REST-HARROW TRUSTGRANTS PAYABLEFOR THE YEAR ENDED 5TH APRIL 2022

(continued)

	£
Brought forward	43,200
St Mungo Community Housing Association	200
Support Dogs	200
Support through Court	200
Target Ovarian Cancer	200
The Music Works	200
Thumbs Up Club	200
Unity Works Social Enterprises	200
Victim Support	200
White Lodge Centre	200
Whizz-Kidz	200
Wiltshire Air Ambulance	200
Womankind Worldwide	200
Women's Aid	200
Young Women's Trust	200
Able Kidz	100
Acid Survivors Trust International	100
Activiteens	100
Arrive Alive	100
Autism Hampshire	100
BAND – Bristol Association for Neighbourhood Daycare	100
Beams – Support for disabled children & families	100
BID Services	100
Break	100
Bren Project	100
Bristol Children's Help Society	100
Building for the Future	100
Calvert Trust	100
Canine Partners	100
Cerebral Palsy Plus	100
Child Autism UK	100
Children's Adventure Farm Trust	100
Children Today	100
Clapton Common Boys Club	100
Criminon UK	100
Cruse Bereavement Care	100
DEMAND	100
Deptford Action Group for the Elderly	100
Dolphin Society	100
Eastside Community Trust	100
Exeter Community Transport Association	100
Family Holiday Association	100
Fifth Trust	100
Food Lifeline	100
Forest of Avon Trust	100
Framlingham Area Youth Action Partnership	100
Garwood Foundation	100
	<hr/>
Carried forward	49,200

THE REST-HARROW TRUSTGRANTS PAYABLEFOR THE YEAR ENDED 5TH APRIL 2022

(continued)

	£
Brought forward	49,200
Guide Association	100
Gurkha Welfare Trust	100
Haemophilia Society	100
Hands On London	100
Hebron Trust	100
Help for Heroes	100
Helping Disabilities	100
Home-Start South Oxfordshire	100
Hour Community	100
Humanity & Inclusion	100
InterCare	100
Israel Guide Dog Centre	100
Jumbulance Trust	100
Kennet Furniture Refurbiz	100
Kids	100
Kids in the Spotlight – KITS	100
Kids N'Action	100
Kids Space	100
Leybourne Grange Riding Centre for the Disabled	100
Live!	100
Marine Conservation Society	100
Mid Devon Mobility	100
Migraine Trust	100
Missing People	100
Oakleaf Enterprise	100
Porchlight	100
Pumping Marvellous	100
ReachOut	100
Revitalise Respite Holidays	100
Riding for the Disabled Association	100
Rosendale Trust	100
Rural Coffee Caravan	100
Sight for Surrey	100
SOFA Project	100
Space4Autism	100
StandOut – Prisoner rehabilitation	100
Starfish Greathearts Foundation	100
Starlight Children's Foundation	100
Strongbones Children's Charitable Trust	100
Stubbers Adventure Centre	100
Sussex Community Development Association	100
Tall Ships Youth Trust	100
Terrence Higgins Trust	100
Tiny Tim's Children's Centre	100
Carried forward	53,600

THE REST-HARROW TRUSTGRANTS PAYABLEFOR THE YEAR ENDED 5TH APRIL 2022
(continued)

	£
Brought forward	53,600
Up n' Away	100
Versus Arthritis	100
Volunteering Matters	100
War Memorials Trust	100
Willow Foundation	100
Women and Children First (UK)	100
Yellow Submarine	100
YMCA England & Wales	100
Young Enterprise	100
Youth & Community Connexions	100
Youth on the Move (London)	100
	<hr/>
	£54,700

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THE REST-HARROW TRUST

England & Wales - Charity number 238042

Accounts

THE REST-HARROW TRUST

(Created by Deed dated 29th October 1964)

Registered Number: 238042

ACCOUNTS

FOR THE YEAR ENDED 5TH APRIL 2021

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THE REST-HARROW TRUST

ANNUAL REPORT

FOR THE YEAR ENDED 5TH APRIL 2021

The trustees present their report for the year ended 5th April 2021.

REFERENCE AND ADMINISTRATIVE DETAILS

The Rest-Harrow Trust is a Registered Charity No. 238042.

The Principal office address is 4th Floor, 21 Whitefriars Street, London EC4Y 8JJ.

The Trustees who held office during the year were:-

Mrs Janet Beryl Bloch
Miss Judith Susan Portrait
Mr Dominic Brendan Flynn

The Professional Advisers of the Charity are as follows:

INDEPENDENT EXAMINER: G N C D Stevenson FCA
Knox Cropper LLP
Office Suite 1, Haslemere House
Lower Street
Haslemere
Surrey GU27 2PE

BANKERS: Child & Co Bankers
1 Fleet Street
London EC4Y 1BD

Schroder & Co Limited
1 London Wall Place
London EC2Y 5AU

Cafcash Limited
Kings Hill
West Malling
Kent ME19 4TA

INVESTMENT ADVISERS: Cazenove Capital Management
1 London Wall Place
London EC2Y 5AU

STRUCTURE, GOVERNANCE AND MANAGEMENT

• **Legal Status and Constitution**

The Charity was created by Trust Deed dated 29th October 1964 and is registered with the Charity Commission No. 238042.

• **Trustees Appointment and Training**

The Trustees are recruited and appointed as and when required by the remaining Trustees, often based on their professional backgrounds.

New Trustees are inducted by the other Trustees and are encouraged to attend relevant training courses where considered beneficial.

THE REST-HARROW TRUSTANNUAL REPORTFOR THE YEAR ENDED 5TH APRIL 2021

(Continued)

STRUCTURE, GOVERNANCE AND MANAGEMENT (continued)

- **Management Arrangements**

The Trustees meet half yearly to monitor the activities of the Charity, including the investment performances.

The day to day administration of the Charity is undertaken by external professional firms.

- **Risk Management**

The Trustees continually review the major risks to which the charity is exposed, in particular those related to the finances of the charity and are satisfied that systems are in place to mitigate their exposure to major risk. The major risk of the charity is its investment portfolio risk, which is mitigated by biannual meetings with the Investment Managers.

OBJECTS AND ACTIVITIES

- **Objects of the Charity**

The object of the charity is the making of grants to charitable causes chosen by the trustees at their absolute discretion.

- **Objectives for the Year**

The objectives for the year were:

- To continue to make grants to charitable organisations.
- To monitor the income of the charity whilst monitoring the financial markets.

ACHIEVEMENT AND PERFORMANCE

- **Achievement of Objectives and Public Benefit**

- The Charity continued to provide grants to worthy organisations. In the year this amounted to 293 grants totalling £73,900 (2020: £67,900).
- This included many medical and relief of poverty charities and these are disclosed in the Notes to the Accounts (pages 11 – 17).
- Many of the organisations concerned are grateful to receive the grants, and the Charity received many letters of thanks.
- In planning the activities for the year the Trustees have referred to the guidance contained in the Charity Commission's guidance on public benefit. In particular the Trustees considered how planned activities contribute to the aims and objectives of the Charity and are satisfied that this is the case.

- **Grant Making Policies**

Grant applications are reviewed to ensure they comply with the requirements of the Charity and the Trustees authorise payment through a third party.

- **Fundraising**

The Charity does not undertake any fundraising activities.

THE REST-HARROW TRUST

ANNUAL REPORT

FOR THE YEAR ENDED 5TH APRIL 2021

(Continued)

FINANCE REVIEW

• **Results for the Year**

The Charity plans to expend its income on charitable donations, whilst keeping its capital intact.

In the year the Charity received donations of £58,921 and investment income of £29,166 and expended £105,101, resulting in net income for the period of £161,970 after Realised and Unrealised Gains on investments of £178,984.

The Charity saw the market value of investments increase during the year.

• **Reserves Policy**

The Trustees maintain sufficient reserves in the Income Fund to meet expected direct charitable expenditure.

The Capital Fund is invested to produce income for the Income Fund.

FUTURE ACTIVITIES

The Charity will continue to generate income to make grants to charitable bodies.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the charity's financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, giving a true and fair view, the trustees should follow best practice and:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed subject to any material departures disclosed and explained in the financial statements;
- prepare financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue to operate.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and which enable them to ensure that the financial statements comply with relevant legislation and the trust deed. They are also responsible for safeguarding the assets of the Charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

BY ORDER OF THE TRUSTEES

MRS J B BLOCH
TRUSTEE

Dated:

THE REST-HARROW TRUST
REPORT OF THE INDEPENDENT EXAMINER
TO THE TRUSTEES

I report to the trustees on my examination of the accounts of the Rest-Harrow Trust (the Trust) for the year ended 5th April 2021, which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

This report is made to the Trustees, as a body, in accordance with the terms of my engagement. My work has been undertaken so that I might carry out an Independent Examination of the financial statements in accordance with the General Directions given by the Charity Commission. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Trust and the Trust's Trustees as a body for my work or for this report.

Responsibilities and basis of report

As the trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Office Suite 1, Haslemere House
Lower Street, Haslemere
Surrey, GU27 2PE

Greg Stevenson FCA
Knox Cropper LLP
Chartered Accountants

THE REST-HARROW TRUST

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 5TH APRIL 2021

	<u>Notes</u>	Capital Fund £	Income Fund £	2021 Total £	Capital Fund £	Income Fund £	2020 Total £
INCOME FROM							
Donations	2	-	58,921	58,921	-	46,742	46,742
Investments (page 18)		-	29,159	29,159	-	43,268	43,268
Bank Interest		-	7	7	-	127	127
TOTAL INCOME		-	88,087	88,087	-	90,137	90,137
EXPENDITURE ON							
Raising Funds	3	7,236	-	7,236	7,967	-	7,967
Charitable Activities	4	2,520	95,345	97,865	2,460	87,389	89,849
TOTAL EXPENDITURE		9,756	95,345	105,101	10,427	87,389	97,816
OTHER RECOGNISED GAINS/(LOSSES)							
Net Gains/(Losses) on investments (page 18)	6	(9,756)	(7,258)	(17,014)	(10,427)	2,748	(7,679)
NET INCOME/(EXPENDITURE) AND NET MOVEMENT IN FUNDS		178,984	-	178,984	(218,246)	-	(218,246)
Fund Balances Brought Forward		169,228	(7,258)	161,970	(228,673)	2,748	(225,925)
		888,581	17,370	905,951	1,117,254	14,622	1,131,876
FUND BALANCES CARRIED FORWARD		£1,057,809	£10,112	£1,067,921	£888,581	£17,370	£905,951

THE REST-HARROW TRUST

NOTES FORMING PART OF THE ACCOUNTS

FOR THE YEAR ENDED 5TH APRIL 2021

1. ACCOUNTING POLICIES

a) Basis of Preparation and Assessment of going concern

The accounts have been prepared under the historical cost convention with the exception of investments which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (Second Edition issued in October 2019) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The accounts have been prepared to give a 'true and fair view' and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Charity constitutes a public benefit entity as defined by FRS 102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

b) Funds

The Capital and Income Funds represent the funds of the Charity that are not subject to any restrictions regarding their use and are available for application to the general purposes of the Charity. Funds designated for a particular purpose by the Charity are unrestricted. Restricted Funds are funds which are used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for a particular purpose.

c) Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings.

e) Investments

Investments are a form of basic financial investment and are initially recognised at their transaction value and subsequently measured at fair value as at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluations and disposals throughout the year.

THE REST-HARROW TRUST**NOTES FORMING PART OF THE ACCOUNTS****FOR THE YEAR ENDED 5TH APRIL 2021****(Continued)**

	2021	2020
	£	£
6. INVESTMENTS (page 18)		
Market value at 6th April 2020	866,298	1,088,620
Purchases	57,299	42,397
Disposals at market value	(57,160)	(46,473)
Realised gains/(losses)	9,287	(1,203)
Unrealised gains/(losses) on revaluation	169,697	(217,043)
	<hr/>	<hr/>
Market value at 5th April 2021	£1,045,421	£866,298
	<hr/>	<hr/>
Historical cost of investments	£843,875	£820,385
	<hr/>	<hr/>
7. CURRENT LIABILITIES		
Portrait Solicitors	5,160	5,082
Knox Cropper	3,840	3,780
Cazenove Capital Management	1,852	1,914
	<hr/>	<hr/>
	£10,852	£10,776
	<hr/>	<hr/>

8. SUMMARY OF NET ASSETS BY FUND

	Unrestricted Funds 2021		
	Capital	Income	Total
	£	£	£
Investments	1,045,421	-	1,045,421
Child & Co Bankers	2,161	18,112	20,273
Schroder & Co Limited	12,079	-	12,079
Debtors	-	1,000	1,000
	<hr/>	<hr/>	<hr/>
	1,059,661	19,112	1,078,773
Current liabilities	1,852	9,000	10,852
	<hr/>	<hr/>	<hr/>
	£1,057,809	£10,112	£1,067,921
	<hr/>	<hr/>	<hr/>
	Unrestricted Funds 2020		
	Capital	Income	Total
	£	£	£
Investments	866,298	-	866,298
Child & Co Bankers	1,677	26,232	27,909
Schroder & Co Limited	22,520	-	22,520
	<hr/>	<hr/>	<hr/>
	890,495	26,232	916,727
Current liabilities	1,914	8,862	10,776
	<hr/>	<hr/>	<hr/>
	£888,581	£17,370	£905,951
	<hr/>	<hr/>	<hr/>

THE REST-HARROW TRUST

NOTES FORMING PART OF THE ACCOUNTS

FOR THE YEAR ENDED 5TH APRIL 2021

(Continued)

9. TRUSTEES' REMUNERATION AND RELATED PARTY TRANSACTIONS

Miss J S Portrait and Mr D B Flynn are partners of Portrait Solicitors to whom fees of £11,556 (2020: £10,050) including VAT were paid for legal services.

No reimbursement of expenses has been made or is due to be made to any of the trustees in respect of the year.

10. EVENTS AFTER THE BALANCE SHEET DATE

The Trust's investments have recovered to substantially the value they were prior to the Covid 19 pandemic. However, the investment income has fallen by approximately 33% in the year ended 5th April 2021. Whilst this is a concern the Trustees feel confident, that with careful monitoring, the operations of the Trust will continue to give a substantial number of grants to the Charities that need support, particularly in these difficult times.

THE REST-HARROW TRUSTGRANTS PAYABLEFOR THE YEAR ENDED 5TH APRIL 2021

	£
British Friends of the Hebrew University – for M&A Wix Scholarship Fund	3,000
Nightingale Hammerson	3,000
Pinhas Rutenberg Educational Trust	3,000
Weizmann UK	3,000
Cheltenham Ladies' College	1,000
Great Ormond Street Hospital Charity	1,000
Institute of Cancer Research	1,000
Jewish Blind & Disabled	1,000
Jewish Care	1,000
Leukaemia UK	1,000
World Jewish Relief	1,000
Action Medical Research	500
Alzheimer's Research UK	500
Bowel Cancer UK	500
Bowel Research UK	500
Brain Research UK	500
Brain Tumour Charity	500
Canon Collins Educational & Legal Assistance Trust	500
Chai Cancer Care	500
Children's Air Ambulance	500
Cobalt Health	500
Crisis	500
Crohn's & Colitis UK	500
Great Ormond Street Hospital Charity	500
Jewish Child's Day	500
Jnetics	500
Lilian Faithfull Care	500
Lupus UK	500
Macmillan Cancer Support	500
National Brain Appeal	500
New Israel Fund	500
Prevent Breast Cancer	500
Tuberous Sclerosis Association	500
Tuberous Sclerosis Association	500
British Limbless Ex-Service Men's Association	400
4Sight Vision Support	200
Able Kidz	200
Action for A-T	200
Action for Children	200
Action on Poverty	200
African Revival	200
Age UK	200
Alder Hey Children's Charity	200
Alice House Hospice	200
Alzheimer's Society	200
Auditory Verbal UK	200
Barnardo's	200
Beds & Northants MS Therapy Centre	200
Carried forward	33,500

THE REST-HARROW TRUSTGRANTS PAYABLEFOR THE YEAR ENDED 5TH APRIL 2021

(continued)

	£
Brought forward	33,500
Birmingham Children's Hospital Charity	200
Birmingham St Mary's Hospice	200
Bladder Health UK	200
Blind Veterans UK	200
Book Aid International	200
Brain & Spine Foundation	200
Brain Tumour Support	200
Break	200
Breast Cancer Haven	200
British Blind Sport	200
British Deaf Association	200
British Friends of Ohel Sarah	200
British Lung Foundation	200
British Polio Fellowship	200
British Red Cross	200
Butterfly Hospice Trust	200
Calibre Audio	200
Camphill Village Trust	200
Cardiac Risk in the Young	200
Carers Trust	200
Carers UK	200
Caudwell Children	200
Cavell Nurses' Trust	200
Centrepoint	200
Cerebral Palsy Plus	200
CHICKS – Country Holidays for Inner City Kids	200
Child Bereavement UK	200
ChildHope UK	200
Children with Cancer UK	200
Children's Heart Federation	200
Children's Trust	200
Citizens Advice Rural Cambs.	200
Clapton Common Boys Club	200
Clatterbridge Cancer Charity	200
Clothing Solutions	200
Colostomy Association	200
Combat Stress	200
Computer Aid International	200
Concern Worldwide	200
Contact	200
Cornwall Air Ambulance	200
Crackerjacks Children's Trust	200
CURE International UK	200
DEMAND	200
Depaul UK	200
Dementia Support	200
Carried forward	42,700

THE REST-HARROW TRUSTGRANTS PAYABLEFOR THE YEAR ENDED 5TH APRIL 2021

(continued)

	£
Brought forward	42,700
Designability	200
Dogs for Good	200
Donna Louise Children's Hospice	200
Earl Mountbatten Hospice	200
East Coast Hospice	200
Ellenor Lions Hospice	200
Enham Trust	200
Epilepsy Research UK	200
Eve Appeal – Gynaecology Cancer Research Fund	200
Familial Dysautonomia	200
FareShare Sussex	200
Fight for Sight	200
Friends of Thomas Wolsey School	200
Get Set Girls	200
GL11 Community Hub	200
Great Western Air Ambulance Charity	200
Hampshire and Isle of Wight Air Ambulance	200
Havens Hospices	200
Headway	200
Headway Suffolk	200
Heel & Toe Children's Charity	200
Hospice Care Kenya	200
Hospice of St Francis	200
Hot Line Meals Service	200
Housing the Homeless Central Fund	200
In Touch	200
INSIGHT	200
Inter Care	200
International Spinal Research Trust	200
Kidney Research UK	200
Kirkwood Hospice	200
Lakelands Day Care Hospice	200
Legs 4 Africa	200
Lennox Children's Cancer Fund	200
Leonard Cheshire	200
Lewis-Manning Hospice Care	200
Lifelites	200
London's Air Ambulance Charity	200
Lucy Air Ambulance for Children	200
Magpas Air Ambulance	200
Manchester Jewish Community Care	200
Martlets Hospice	200
Mary Stevens Hospice	200
Meath Epilepsy Charity	200
Medical Foundation for the Care of Victims of Torture	200
Carried forward	51,700

THE REST-HARROW TRUSTGRANTS PAYABLEFOR THE YEAR ENDED 5TH APRIL 2021

(continued)

	£
Brought forward	51,700
Meningitis Now	200
Mercy Ships	200
Microphthalmia, Anophthalmia & Coloboma Support	200
Motor Neurone Disease Association	200
Multiple Sclerosis Society	200
Myton Hospice	200
National Autistic Society	200
National Eye Research Centre	200
New Israel Fund	200
Nightingale House Hospice	200
North London Hospice	200
Oakfield Community	200
Oesophageal Patients Association	200
Open Homes Nottingham	200
Orthopaedic Institute	200
Pancreatic Cancer UK	200
Parkinson's UK	200
Plan International UK	200
Prince of Wales Hospice	200
Princess Alice Hospice	200
Prospect Hospice	200
Prostate Cancer Research Centre	200
Providence Row	200
PSPA – Previously PSP Association	200
Queen Elizabeth Foundation for Disabled People	200
Respite Association	200
Revitalise Respite Holidays	200
RNIB	200
Royal National College for the Blind, Hereford	200
Royal National Lifeboat Institution	200
Royal National Orthopaedic Hospital Trust	200
Royal Star & Garter Homes	200
Royal Trinity Hospice	200
Salvation Army	200
Sense	200
Shaare Zedek UK	200
Shine – Spina Bifida & Hydrocephalus	200
Sightsavers UK	200
Snowdon Trust	200
South Bucks Hospice	200
Spinal Injuries Association	200
Spinal Muscular Atrophy	200
St Andrew's Community Network	200
St Catherine's Hospice	200
St Christopher's Fellowship	200
St Christopher's Hospice	200
Carried forward	60,900

THE REST-HARROW TRUSTGRANTS PAYABLEFOR THE YEAR ENDED 5TH APRIL 2021

(continued)

	£
Brought forward	60,900
St Clare Hospice	200
St Elizabeth's Centre	200
St Gemma's Hospice	200
St Mungo's Community Housing Association	200
St Wilfrid's Hospice	200
Support through Court	200
Sussex Beacon	200
Target Ovarian Cancer	200
The Fed – for Wellbeing Activity Programme	200
Tiny Tim's Children Centre	200
Tommy's	200
Treloar Trust	200
University Hospitals Birmingham Charity	200
Wakefield Hospice	200
WaterAid	200
Wiltshire Air Ambulance	200
Wingate Special Children's Trust	200
Woodlands Hospice Charitable Trust	200
Work Avenue Foundation	200
Worldwide Cancer Research	200
Young Epilepsy	200
Youth Aliyah	200
Acid Survivors Trust International	100
Activiteens	100
African Promise	100
Alcohol & Drug Service	100
Amref Health Africa	100
Ashington Veterans and Elders Institute	100
Brandon Trust	100
British Dyslexics	100
British Wireless for the Blind Fund	100
Building for the Future	100
Chailey Heritage Foundation	100
Challenging Behaviour Foundation	100
Child Autism UK	100
Community Hub	100
Deptford Action Group for the Elderly	100
Disability Advice Service (East Suffolk)	100
Disability Information Service Huntingdonshire	100
Dover Shoem Community Trust	100
East Sussex Association of Blind & Partially Sighted People	100
Excellent Development	100
Fare Share South West	100
Fight Against Blindness	100
Food Lifeline	100
Forest of Avon Trust	100
Freedom Kit Bags	100
Carried forward	67,800

THE REST-HARROW TRUSTGRANTS PAYABLEFOR THE YEAR ENDED 5TH APRIL 2021

(continued)

	£
Brought forward	67,800
Guide Association	100
Gurkha Welfare Trust	100
HASAG Asbestos Disease Support Charity	100
Health Poverty Action	100
Hour Community	100
Humanity & Inclusion	100
Just for Kids Law	100
Kids N'Action	100
Leeds Weekend Care Association	100
Low Mill Outdoor Centre	100
Marches Family Network	100
Matthew Trust	100
Migraine Trust	100
Missing People	100
New Bridge	100
Nottinghamshire Clubs for Young People	100
Nuneaton & N.Warks Equestrian Centre Disabled Riding School	100
Oakleaf Enterprise	100
Outreach	100
Paces Sheffield	100
Pain Relief Foundation	100
Pelton Youth Project	100
Pennywell Youth Project	100
Prisoners Abroad	100
RAW Workshop	100
Reach Out	100
Ronald McDonald House Charities	100
Rosendale Trust	100
Rural Coffee Caravan	100
Safe Families for Children	100
SafeHands	100
Senior Citizens Support Group	100
Shine (East Norfolk)	100
Shropshire Youth Support Trust	100
Sick Children's Trust	100
Sight for Surrey	100
Sight Support Derbyshire	100
Smallpiece Trust	100
SNAP – Special Needs and Parent Support	100
Spring Bank Community Association	100
St Michael's Fellowship	100
Starlight Children's Foundation	100
Strongbones Children's Charitable Trust	100
Stubbers Adventure Centre	100
Surrey Care Trust	100
Carried forward	72,300

THE REST-HARROW TRUSTGRANTS PAYABLEFOR THE YEAR ENDED 5TH APRIL 2021
(continued)

	£
Brought forward	72,300
Talk, Listen, Change	100
3H Fund	100
Thumbs Up Club	100
Tools for Self Reliance (Northampton)	100
Tools 4 Teens	100
Tree Aid	100
Vision Foundation	100
Volunteering Matters	100
Warwickshire Social Inclusion Partnership	100
Wavelength	100
Wear Valley Women's Aid	100
Wellbeing of Women	100
West Cumbria Domestic Violence Support	100
Womankind Worldwide	100
YMCA Faithorne Group	100
Young & Free	100
	<hr/>
	73,900
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