

# **Relate Plymouth – 2025/2026 Annual Report**

The past year has been another difficult one for Relate Plymouth, but we continue to meet our Aims and Objectives which are:

- To help people build better relationships.
- To enhance the quality of couple, parental and family relationships
- To help all relationships and marriages withstand the pressures leading to breakdown.
- To limit the damage which commonly accompanies failing relationships, separation and divorce and increase the prospect of subsequent relationships succeeding.

In the belief that:

- An individuals' physical well-being and emotional/mental health benefits from a committed relationship
- Children thrive in families where relationships are positive and free from destructive conflict.
- People gain from an understanding of their sexuality.
- Expressing clear commitment is a helpful contribution to a healthy and secure couple relationship.

The challenges this year have been a lack of trained counsellors and difficulty recruiting new trainees to undertake Relate training.

However, evidence shows that our services achieve significant improvements in relationship quality and overall wellbeing, with 86% of clients feeling confident about their relationship after counselling.

Our work is varied – we help people to find love, cope with separation and divorce, improve their sex lives, break up in the least painful way possible, overcome infidelity, rebuild trust, regain intimacy and much more besides.

We believe that no problem is too small and encourage people to seek support for their relationships at the earliest possible stage, even when times are good. Relates couple

counselling saves the state an estimated £11 for every £1 spent.

Relate Plymouth has continued to work by offering zoom sessions alongside face-to-face session. However, we have seen a reduction in clients wanting to have zoom sessions and requesting face to face sessions since the end of the pandemic.

The challenges this year have been huge.

A lack of counsellors and the difficulty recruiting new trainees to undertake Relate Training.

In December 2024 the National body of Relate went into administration.

Whilst we understood there were issues at Relate National, there was a shock that the organization went into administration.

The organization from March 2025 was affiliated to Family Action, a large charity supporting families.

The Royal Navy, Royal Marines and other benevolent funding streams, were withdrawn from Relate centers and only processed through Family Action.

This had a massive impact on the finances of Relate Plymouth

Many of the center's that were left formed a new network, called Relationship England and Wales, independent of Family Action.

This will be organizational from April 2025.

There will be many challenges ahead.

As we move forward without the name of Relate .

## Plymouth Relate Achievements – 2025 - 2026

- Less counselling hours offered as we struggle to recruit new people to train to the Level 5 qualification.  
This has now had an impact on our budget, and we are facing another deficit due to offering less hours than we have in the past.

The lack of counsellors has had a severe impact on our service delivery and therefore the financial situation of the centre.

- Zoom sessions continue to be offered, at a much lower level than in previous years.
- We will continue to work in this hybrid way for the foreseeable future. We have seen an increase in face-to-face session during this period.
- We are now working in 2 schools across the city. Down from 3 in previous years.

The reserve that the centre holds has helped us to get through the last few years.

The reserve will now help us to recruit new trainees during 2025/2026

### The Way Ahead - Action for 2025/2026

In addition to the continuation of the work undertaken by counsellors to see individuals and couples to deliver the best possible relationship counselling available, 2025/2026 will focus on the following activities:

- The Centre Manager will promote the work of the new organization Relationships Plymouth to the community, to ensure that everyone has access to our service.
- Recruitment of 2 trainee counsellors, working in the Plymouth Centre, as long as training continues .
- This is the most pressing issue that the centre needs to address. Without new counsellors, we cannot deliver the service that we want to, to the community.
- The establishment of a sex therapy service in the centre.
- Improvements to the Plymouth centre.

Chair of Trustees  
Relate Plymouth

Registered Charity No: 237035

**REPORT AND FINANCIAL STATEMENTS**

for the year ended  
31st March, 2025

for

**RELATE PLYMOUTH AND DISTRICT**

# **RELATE PLYMOUTH AND DISTRICT**

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# **RELATE PLYMOUTH AND DISTRICT**

## **Legal and Administrative Information**

The Charity was registered as an unincorporated charity on 9th July, 1964

**Charity Name:** Relate Plymouth and District

**Charity Registration Number:** 237035

### **Registered Office:**

3 Blenheim Road  
Plymouth  
PL4 8LJ

### **Trustees:**

Neil Hendy	Chair
Chris Oram	
Natalie Harrison	
Iain Perring	
Catrina Swan	Resigned Sept 24

### **Secretary:**

Susan Hirons

### **External Examiner:**

St. Kew Accountancy Ltd.  
Woodlands  
Rosehill  
Penzance  
Cornwall  
TR20 8TE

### **Bankers:**

HSBC  
PO Box 26  
Old Town Street  
Plymouth  
PL1 1DD

## **RELATE PLYMOUTH AND DISTRICT**

### **TRUSTEES' ANNUAL REPORT for the year ended 31st March, 2025**

The trustees present their report along with the financial statements of the charity for the 12 month period ended 31st March, 2025. The financial statements have been prepared in accordance with the accounting policies set out on page 7 to 12 and the recommendations of the Statement of Recommended Practice - Accounting and Reporting by Charities.

#### **CONSTITUTION AND OBJECTS**

Relate Plymouth and District is a registered charity No. 237035.

The objects of the charity are the provision of help to people in building better couple relationships through counselling, education work and training.

#### **ORGANISATION**

The trustees who have served during the period under review and since the period end are set out on page 2.

The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial benefits for being trustees.

Induction and training of Trustees: Procedures for recruiting and training trustees are in place. The Board of Trustees aims to ensure that its membership is appropriate to the work of the charity and that any new trustees add to the Board's diversity, skills and experience.

#### **REVIEW OF ACTIVITIES**

The Statement of Financial Activities for the year is set out on page 5 of the accounts.

#### **RISK MANAGEMENT**

The trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established that enable regular reports to be produced so that the necessary steps can be taken to lessen the risks.

#### **TRUSTEES' RESPONSIBILITIES**

Trustees are responsible for preparing an annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's state of affairs during the financial period and of its financial position at the end of the period.

In preparing those accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees and signed on their behalf by:

..... Sign

..... Print

Dated:.....

**INDEPENDENT EXAMINER'S REPORT**  
**RELATE PLYMOUTH AND DISTRICT**  
**ON THE ANNUAL ACCOUNTS FOR THE YEAR ENDED**

**31st March, 2025**

I report on the accounts of the charity for the year ended 31st March 2025, which are set out on pages 7 to 11.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioner under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

**Basis of Independent Examiner's Report**

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent Examiner's Statement**

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
  - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date: 5th September 2025

Signed:.....

M. Vickery  
St. Kew Accountancy Ltd.  
Woodlands  
Rosehill  
Penzance



# RELATE PLYMOUTH AND DISTRICT

## Consolidated Statement of Financial Activities (including an Income and Expenditure Account)

for the year ended 31st March, 2025

		Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
<b><u>Incoming Resources</u></b>					
Incoming resources from generating funds:					
Voluntary Income	9	-	-	-	-
Activities for generating funds	9	-	-	-	-
Investment Income	9	4,283	-	4,283	2,762
Incoming resources from charitable activities	10	67,036	-	67,036	77,384
Other incoming resources	10	-	-	-	-
<b>Total Incoming Resources</b>		<u>71,320</u>	<u>-</u>	<u>71,320</u>	<u>80,147</u>
<b><u>Resources Expended</u></b>					
Charitable Activities	11	115,376	-	115,376	116,323
Governance Costs	11	653	-	653	653
<b>Total Resources Expended</b>		<u>116,029</u>	<u>-</u>	<u>116,029</u>	<u>116,976</u>
<b>Net Incoming Resources:</b>					
<b>Net movement in Funds</b>		-44,709	-	-44,709	-36,829
<b>Total Funds at 1st April, 2024</b>		623,038	-	623,038	659,868
<b>Total Funds at 1st April, 2025</b>		<u>578,328</u>	<u>-</u>	<u>578,328</u>	<u>623,038</u>

# RELATE PLYMOUTH AND DISTRICT

## BALANCE SHEET AS AT 31ST MARCH, 2025

	Notes	£ 31/03/2025	£ 31/03/2024
<b>FIXED ASSETS</b>			
Tangible Assets	13	149	222
<b>CURRENT ASSETS</b>			
Debtors & Prepayments	7	1,883	2,132
Cash at Bank & in Hand	5	<u>579,398</u>	<u>627,996</u>
		581,282	630,128
<b>CREDITORS AND ACCRUALS:</b>			
Amounts falling due within one year	8	3,104	7,313
<b>NET CURRENT ASSETS :</b>		578,178	622,815
<b>NET ASSETS:</b>		<u>578,328</u>	<u>623,038</u>
<b>REPRESENTED BY:</b>			
<b>Unrestricted Funds</b>			
Designated Funds	14	403,000	403,000
General Funds	14	<u>175,328</u>	<u>220,038</u>
		578,328	623,038
<b>Restricted Funds</b>		-	-
		<u>578,328</u>	<u>623,038</u>

ON BEHALF OF THE TRUSTEES:

..... :-Signed by Trustee

..... :-Print Name

Approved by the Trustees on: ..... 2025

# RELATE PLYMOUTH AND DISTRICT

## NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2025

### 1. ACCOUNTING POLICIES:

#### **Accounting convention**

The financial statements have been prepared under the historical cost convention and on an accruals basis, in accordance with applicable accounting standards, the Charities SORP 2005 (Accounting and Reporting by Charities) and comply with the charities (Accounts and Reports) Regulations 2005 issued under the Charities Act 1993.

#### **Investment Income**

Investment Income is recorded when receivable.

#### **Gift Aid**

Gift Aid reclaimable on donations to the charity is shown separately.

#### **Voluntary Income**

Amounts of voluntary income is received by way of donations and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.

#### **Expenditure**

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which can not be recovered.

#### **Unrestricted Funds**

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

#### **Designated Funds**

Designated funds are unrestricted funds earmarked by the management committee for particular purposes.

#### **Restricted Funds**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

#### **Assets**

All assets costing more than £100 are capitalised.

### **TAXATION**

Relate Plymouth is a registered charity and accordingly is exempt from taxation on its income and gains where they are applied for charitable purposes.

## RELATE PLYMOUTH AND DISTRICT

### NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2025

#### 2. ANALYSIS OF EMPLOYEE COSTS AND NUMBERS

Staff costs were as follows:	<b>31/03/2025</b>	31/03/2024
	£	£
Salaries, wages and social security	<b>79,055</b>	77,824
	<b>79,055</b>	77,824

No employee received emoluments of more than £60,000 during the year (2024 nil).

The average weekly number of employees during the year, calculated on the basis of full time equivalents, was as follows:

	<b>31/03/2025</b>	31/03/2024
	No	No
Administration and Support	<b>1.5</b>	1.5
Counselling	<b>1.5</b>	1.5
	<b>3</b>	3

#### 3. RELATED PARTY TRANSACTIONS

None of the trustees were paid any remuneration or expenses by the charity during the year (2021 none).

#### 4. DONATIONS

	<b>31/03/2025</b>	31/03/2024
	£	£
General donations	-	-
	-	-

#### 5. CURRENT ASSETS: Cash and Bank

	<b>31/03/2025</b>	31/03/2024
	£	£
Cash at Bank:		
HSBC 31827391 - Current Account	<b>92,205</b>	145,225
HSBC 32885646 - Current Account	<b>104,483</b>	104,163
Barclays 33126676 - Savings Account	<b>292,781</b>	288,718
Lloyds 00661209 - Treasurer's Account	<b>89,930</b>	89,880
Petty Cash	-	10
	<b>579,398</b>	627,996

#### 6. THE RESOURCES EXPENDED BY THE CHARITY INCLUDE:

	Unrestricted		
	General	<b>31/03/2025</b>	31/03/2024
This is stated after charging:	Fund	<b>Total Funds</b>	Total Funds
	£	£	£
Examiner's Remuneration	677	<b>677</b>	653
Depreciation	73	<b>73</b>	73
	749	<b>749</b>	725

## RELATE PLYMOUTH AND DISTRICT

### NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2025

#### 7. DEBTORS AND PREPAYMENTS: Amounts falling due within one year

	31/03/2025	31/03/2024
	£	£
Trade Debtors	-	-
Prepayments -Insurance	507	507
-Rent	-	1,625
-Rates	1,148	-
-Memberships	229	-
	<b>1,883</b>	<b>2,132</b>

#### 8. CREDITORS: Amounts falling due within one year:

	31/03/2025	31/03/2024
	£	£
Trade Creditors	1,312	2,002
Independent Examiner Fees	677	653
Wages	-	4,658
PAYE/NI	1,115	-
	<b>3,104</b>	<b>7,313</b>

#### 9. INCOMING RESOURCES FROM GENERATING FUNDS

	Unrestricted	Restricted	31/03/2025 Total	31/03/2024 Total
	£	£	£	£
<b>Voluntary Income:</b>				
Donations	-	-	-	-
<b>Activities for generating funds:</b>				
Training	-	-	-	-
<b>Investment Income:</b>	4,283	-	4,283	2,762
	<b>4,283</b>	<b>-</b>	<b>4,283</b>	<b>2,762</b>

#### 10. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Unrestricted	Restricted	31/03/2025 Total	31/03/2024 Total
	£	£	£	£
Client Contributions	37,421	-	37,421	34,641
Grants	-	-	-	-
Project Income	29,615	-	29,615	42,743
Sundry	-	-	-	-
	<b>67,036</b>	<b>-</b>	<b>67,036</b>	<b>77,384</b>

# RELATE PLYMOUTH AND DISTRICT

## NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2025

### 11. DIRECT CHARITABLE EXPENDITURE

	Unrestricted	Restricted	31/03/2025 Total	31/03/2024 Total
	£	£	£	£
<b>Premises:</b>				
Rent and Rates	13,178	-	13,178	10,410
Insurance	1,195	-	1,195	717
Heat and Light	2,905	-	2,905	2,060
Repairs and Renewals	1,709	-	1,709	1,641
Depreciation	73	-	73	73
<b>Counselling:</b>				
Supervision Fees	1,921	-	1,921	1,695
Training	481	-	481	4,322
Counsellors	32,568	-	32,568	30,660
<b>Support Costs:</b>				
Staff Salaries	34,543	-	34,543	37,604
Employers' NI/payee	11,944	-	11,944	9,560
Pension Contributions	1,581	-	1,581	1,517
Travel and Expenses	11	-	11	611
Subscriptions and Memberships	6,344	-	6,344	9,470
Postage, Printing, Stationery, Phone	2,043	-	2,043	2,452
Book-Keeping	1,068	-	1,068	1,028
Website	849	-	849	1,044
Refreshments/Meetings	166	-	166	163
Sundries	91	-	91	134
<b>Administration:</b>				
Legal and Professional	2,190	-	2,190	774
Finance Charges	1,168	-	1,168	1,041
	116,029	-	116,029	116,976

The unrestricted funds of the charity may be applied for any charitable purpose at the discretion of the trustees.

### 12. ANALYSIS OF THE NET MOVEMENT IN FUNDS

This statement shows how the net movement in funds relates to the change in net resources available to finance future charitable expenditure, after taking account of resources designated for possible future commitments.

	At 01/04/24	Incoming Resources	Outgoing Resources	Transfers	At 31/03/25
	£	£	£	£	£
<b>Restricted Funds</b>					
Grants	-	-	-	-	-
<b>Total Restricted Funds</b>	-	-	-	-	-
<b>Designated Funds</b>					
Running Costs - Six Months	42,000	-	-	-	42,000
Closure Costs	50,000	-	-	-	50,000
Repairs and Renewals for Centre	5,000	-	-	-	5,000
Training Bursary	6,000	-	-	-	6,000
Purchase of 3 Blenheim Road	300,000	-	-	-	300,000
<b>Total Designated Funds</b>	403,000	-	-	-	403,000
General Unrestricted Funds	220,038	71,320	116,029	-	175,328
<b>Total Unrestricted Funds</b>	220,038	71,320	116,029	-	175,328
<b>Total Funds</b>	623,038	71,320	116,029	-	578,328

## RELATE PLYMOUTH AND DISTRICT

### NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2025

#### 13. TANGIBLE FIXED ASSETS:

For valuation purposes, depreciation is calculated at the following annual rates, in order to write off each asset over its estimated useful life:

Other Equipment: 20% on a straight line basis.

	IT Equip £	Other £	Total £
<b>Cost</b>			
Brought Forward	-	364	364
Fully Depreciated	-	-	-
Additions	-	-	-
Disposals	-	-	-
As at 31st March, 2025	-	364	<b>364</b>
<b>Depreciation</b>			
Brought Forward	-	142	142
Fully Depreciated	-	-	-
Charge for the period		73	73
Disposals	-	-	-
As at 31st March, 2025	-	215	<b>215</b>
<b>Net Book Value:</b>			
As at 31st March, 2025	-	149	<b>149</b>
<b>Net Book Value:</b>			
As at 1st April, 2024	-	223	<b>223</b>

#### 14. CAPITAL COMMITMENTS

The charity's only capital commitment as at 31st March 2025 or 31st March 2024, is the possible future purchase of the premises at 3 Blenheim Road, currently rented from Plymouth City Council.

#### 15. GRANTS

None this financial year.

These notes form part of the financial statements

Registered Charity No: 237035

**REPORT AND FINANCIAL STATEMENTS**

for the year ended  
31st March, 2025

for

**RELATE PLYMOUTH AND DISTRICT**



# **RELATE PLYMOUTH AND DISTRICT**

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# **RELATE PLYMOUTH AND DISTRICT**

## **Legal and Administrative Information**

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**Charity Name:** Relate Plymouth and District

**Charity Registration Number:** 237035

### **Registered Office:**

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Susan Hirons

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## RELATE PLYMOUTH AND DISTRICT

### TRUSTEES' ANNUAL REPORT for the year ended 31st March, 2025

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Approved by the trustees and signed on their behalf by:

..... Sign

..... Print

Dated:.....

**INDEPENDENT EXAMINER'S REPORT**  
**RELATE PLYMOUTH AND DISTRICT**  
**ON THE ANNUAL ACCOUNTS FOR THE YEAR ENDED**

**31st March, 2025**

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Date: 5th September 2025

Signed:.....

M. Vickery  
St. Kew Accountancy Ltd.  
Woodlands  
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# RELATE PLYMOUTH AND DISTRICT

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for the year ended 31st March, 2025

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Activities for generating funds	9	-	-	-	-
Investment Income	9	4,283	-	4,283	2,762
Incoming resources from charitable activities	10	67,036	-	67,036	77,384
Other incoming resources	10	-	-	-	-
<b>Total Incoming Resources</b>		<u>71,320</u>	<u>-</u>	<u>71,320</u>	<u>80,147</u>
<b><u>Resources Expended</u></b>					
Charitable Activities	11	115,376	-	115,376	116,323
Governance Costs	11	653	-	653	653
<b>Total Resources Expended</b>		<u>116,029</u>	<u>-</u>	<u>116,029</u>	<u>116,976</u>
<b>Net Incoming Resources:</b>					
<b>Net movement in Funds</b>		-44,709	-	-44,709	-36,829
<b>Total Funds at 1st April, 2024</b>		623,038	-	623,038	659,868
<b>Total Funds at 1st April, 2025</b>		<u>578,328</u>	<u>-</u>	<u>578,328</u>	<u>623,038</u>

# RELATE PLYMOUTH AND DISTRICT

## BALANCE SHEET AS AT 31ST MARCH, 2025

	Notes	£ 31/03/2025	£ 31/03/2024
<b>FIXED ASSETS</b>			
Tangible Assets	13	149	222
<b>CURRENT ASSETS</b>			
Debtors & Prepayments	7	1,883	2,132
Cash at Bank & in Hand	5	<u>579,398</u>	<u>627,996</u>
		581,282	630,128
<b>CREDITORS AND ACCRUALS:</b>			
Amounts falling due within one year	8	3,104	7,313
<b>NET CURRENT ASSETS :</b>		578,178	622,815
<b>NET ASSETS:</b>		<u>578,328</u>	<u>623,038</u>
<b>REPRESENTED BY:</b>			
<b>Unrestricted Funds</b>			
Designated Funds	14	403,000	403,000
General Funds	14	<u>175,328</u>	<u>220,038</u>
		578,328	623,038
<b>Restricted Funds</b>		-	-
		<u>578,328</u>	<u>623,038</u>

ON BEHALF OF THE TRUSTEES:

..... :-Signed by Trustee

..... :-Print Name

Approved by the Trustees on: ..... 2025

# RELATE PLYMOUTH AND DISTRICT

## NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2025

### 1. ACCOUNTING POLICIES:

#### **Accounting convention**

The financial statements have been prepared under the historical cost convention and on an accruals basis, in accordance with applicable accounting standards, the Charities SORP 2005 (Accounting and Reporting by Charities) and comply with the charities (Accounts and Reports) Regulations 2005 issued under the Charities Act 1993.

#### **Investment Income**

Investment Income is recorded when receivable.

#### **Gift Aid**

Gift Aid reclaimable on donations to the charity is shown separately.

#### **Voluntary Income**

Amounts of voluntary income is received by way of donations and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.

#### **Expenditure**

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which can not be recovered.

#### **Unrestricted Funds**

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

#### **Designated Funds**

Designated funds are unrestricted funds earmarked by the management committee for particular purposes.

#### **Restricted Funds**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

#### **Assets**

All assets costing more than £100 are capitalised.

### **TAXATION**

Relate Plymouth is a registered charity and accordingly is exempt from taxation on its income and gains where they are applied for charitable purposes.

## RELATE PLYMOUTH AND DISTRICT

### NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2025

#### 2. ANALYSIS OF EMPLOYEE COSTS AND NUMBERS

Staff costs were as follows:	<b>31/03/2025</b>	31/03/2024
	£	£
Salaries, wages and social security	<b>79,055</b>	77,824
	<b>79,055</b>	77,824

No employee received emoluments of more than £60,000 during the year (2024 nil).

The average weekly number of employees during the year, calculated on the basis of full time equivalents, was as follows:

	<b>31/03/2025</b>	31/03/2024
	No	No
Administration and Support	<b>1.5</b>	1.5
Counselling	<b>1.5</b>	1.5
	<b>3</b>	3

#### 3. RELATED PARTY TRANSACTIONS

None of the trustees were paid any remuneration or expenses by the charity during the year (2021 none).

#### 4. DONATIONS

	<b>31/03/2025</b>	31/03/2024
	£	£
General donations	-	-
	-	-

#### 5. CURRENT ASSETS: Cash and Bank

	<b>31/03/2025</b>	31/03/2024
	£	£
Cash at Bank:		
HSBC 31827391 - Current Account	<b>92,205</b>	145,225
HSBC 32885646 - Current Account	<b>104,483</b>	104,163
Barclays 33126676 - Savings Account	<b>292,781</b>	288,718
Lloyds 00661209 - Treasurer's Account	<b>89,930</b>	89,880
Petty Cash	-	10
	<b>579,398</b>	627,996

#### 6. THE RESOURCES EXPENDED BY THE CHARITY INCLUDE:

	Unrestricted		
	General	<b>31/03/2025</b>	31/03/2024
This is stated after charging:	Fund	<b>Total Funds</b>	Total Funds
	£	£	£
Examiner's Remuneration	677	<b>677</b>	653
Depreciation	73	<b>73</b>	73
	749	<b>749</b>	725



## RELATE PLYMOUTH AND DISTRICT

### NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2025

#### 7. DEBTORS AND PREPAYMENTS: Amounts falling due within one year

	31/03/2025	31/03/2024
	£	£
Trade Debtors	-	-
Prepayments -Insurance	507	507
-Rent	-	1,625
-Rates	1,148	-
-Memberships	229	-
	<b>1,883</b>	<b>2,132</b>

#### 8. CREDITORS: Amounts falling due within one year:

	31/03/2025	31/03/2024
	£	£
Trade Creditors	1,312	2,002
Independent Examiner Fees	677	653
Wages	-	4,658
PAYE/NI	1,115	-
	<b>3,104</b>	<b>7,313</b>

#### 9. INCOMING RESOURCES FROM GENERATING FUNDS

	Unrestricted	Restricted	31/03/2025 Total	31/03/2024 Total
	£	£	£	£
<b>Voluntary Income:</b>				
Donations	-	-	-	-
<b>Activities for generating funds:</b>				
Training	-	-	-	-
<b>Investment Income:</b>	4,283	-	4,283	2,762
	<b>4,283</b>	<b>-</b>	<b>4,283</b>	<b>2,762</b>

#### 10. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Unrestricted	Restricted	31/03/2025 Total	31/03/2024 Total
	£	£	£	£
Client Contributions	37,421	-	37,421	34,641
Grants	-	-	-	-
Project Income	29,615	-	29,615	42,743
Sundry	-	-	-	-
	<b>67,036</b>	<b>-</b>	<b>67,036</b>	<b>77,384</b>

# RELATE PLYMOUTH AND DISTRICT

## NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2025

### 11. DIRECT CHARITABLE EXPENDITURE

	Unrestricted	Restricted	31/03/2025 Total	31/03/2024 Total
	£	£	£	£
<b>Premises:</b>				
Rent and Rates	13,178	-	13,178	10,410
Insurance	1,195	-	1,195	717
Heat and Light	2,905	-	2,905	2,060
Repairs and Renewals	1,709	-	1,709	1,641
Depreciation	73	-	73	73
<b>Counselling:</b>				
Supervision Fees	1,921	-	1,921	1,695
Training	481	-	481	4,322
Counsellors	32,568	-	32,568	30,660
<b>Support Costs:</b>				
Staff Salaries	34,543	-	34,543	37,604
Employers' NI/payee	11,944	-	11,944	9,560
Pension Contributions	1,581	-	1,581	1,517
Travel and Expenses	11	-	11	611
Subscriptions and Memberships	6,344	-	6,344	9,470
Postage, Printing, Stationery, Phone	2,043	-	2,043	2,452
Book-Keeping	1,068	-	1,068	1,028
Website	849	-	849	1,044
Refreshments/Meetings	166	-	166	163
Sundries	91	-	91	134
<b>Administration:</b>				
Legal and Professional	2,190	-	2,190	774
Finance Charges	1,168	-	1,168	1,041
	116,029	-	116,029	116,976

The unrestricted funds of the charity may be applied for any charitable purpose at the discretion of the trustees.

### 12. ANALYSIS OF THE NET MOVEMENT IN FUNDS

This statement shows how the net movement in funds relates to the change in net resources available to finance future charitable expenditure, after taking account of resources designated for possible future commitments.

	At 01/04/24	Incoming Resources	Outgoing Resources	Transfers	At 31/03/25
	£	£	£	£	£
<b>Restricted Funds</b>					
Grants	-	-	-	-	-
<b>Total Restricted Funds</b>	-	-	-	-	-
<b>Designated Funds</b>					
Running Costs - Six Months	42,000	-	-	-	42,000
Closure Costs	50,000	-	-	-	50,000
Repairs and Renewals for Centre	5,000	-	-	-	5,000
Training Bursary	6,000	-	-	-	6,000
Purchase of 3 Blenheim Road	300,000	-	-	-	300,000
<b>Total Designated Funds</b>	403,000	-	-	-	403,000
General Unrestricted Funds	220,038	71,320	116,029	-	175,328
<b>Total Unrestricted Funds</b>	220,038	71,320	116,029	-	175,328
<b>Total Funds</b>	623,038	71,320	116,029	-	578,328

## RELATE PLYMOUTH AND DISTRICT

### NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2025

#### 13. TANGIBLE FIXED ASSETS:

For valuation purposes, depreciation is calculated at the following annual rates, in order to write off each asset over its estimated useful life:

Other Equipment: 20% on a straight line basis.

	IT Equip £	Other £	Total £
<b>Cost</b>			
Brought Forward	-	364	364
Fully Depreciated	-	-	-
Additions	-	-	-
Disposals	-	-	-
As at 31st March, 2025	-	364	<b>364</b>
<b>Depreciation</b>			
Brought Forward	-	142	142
Fully Depreciated	-	-	-
Charge for the period		73	73
Disposals	-	-	-
As at 31st March, 2025	-	215	<b>215</b>
<b>Net Book Value:</b>			
As at 31st March, 2025	-	149	<b>149</b>
<b>Net Book Value:</b>			
As at 1st April, 2024	-	223	<b>223</b>

#### 14. CAPITAL COMMITMENTS

The charity's only capital commitment as at 31st March 2025 or 31st March 2024, is the possible future purchase of the premises at 3 Blenheim Road, currently rented from Plymouth City Council.

#### 15. GRANTS

None this financial year.

These notes form part of the financial statements