

Relate Plymouth – 2022/2023 Annual Report

The past year has been another difficult one for Relate Plymouth, but we continue to meet our Aims and Objectives which are:

- To help people build better relationships
- To enhance the quality of couple, parental and family relationships
- To help all relationships and marriages withstand the pressures leading to breakdown
- To limit the damage which commonly accompanies failing relationships, separation and divorce and increase the prospect of subsequent relationships succeeding.

In the belief that:

- An individuals' physical well-being and emotional/mental health benefits from a committed relationship
- Children thrive in families where relationships are positive and free from destructive conflict
- People gain from an understanding of their sexuality
- Expressing clear commitment is a helpful contribution to a healthy and secure couple relationship.

The challenges this year have been a lack of trained counsellors and difficulty recruiting new trainees to undertake Relate training .

However, evidence shows that our services achieve significant improvements in relationship quality and overall wellbeing, with 86% of clients feeling confident about their relationship after counselling.

Our work is varied – we help people to find love, cope with separation and divorce, improve their sex lives, break up in the least painful way possible, overcome infidelity, rebuild trust, regain intimacy and much more besides.

We believe that no problem is too small and encourage people to seek support for their relationships at the earliest possible stage, even when times are good. Relates couple counselling saves the state an estimated £11 for every £1 spent.

Relate Plymouth has continued to work by offering zoom sessions alongside face-to-face session. However, we have seen a reduction in clients wanting to have zoom sessions and requesting face to face sessions as we return to a more normal way of working.

Plymouth Relate Achievements – 2022

- 1,400 counselling sessions provided by 4 Relate qualified and trained counsellors
-
- Zoom sessions continue to be offered.
We will continue to work in this hybrid way for the foreseeable future.
We have seen an increase in face-to-face session during this period.
- Continued work in schools across the city, although we have lost one school during this period.
- Referrals from the Royal Navy/ Royal Marines continue to be made to the centre. This work is funded through the contract that Relate National holds with the Navy.
- The slight increase in Children and Young Peoples work offered in the centre.

All these activities are the result of the work undertaken by the Centre Manager and her staff, dedication of all the Counsellors and the support of the trustees.

The reserve that the centre holds has helped us to get through the pandemic.

The reserve will now help us to recruit new trainees and build the service u

The Way Ahead - Action for 2023

In addition to the continuation of the work undertaken by counsellors to see individuals and couples to deliver the best possible relationship counselling available, 2023 will focus on the following activities:

- The Centre Manager will seek to reopen some of the outposts that had to close during the pandemic.
- The Centre Manager will promote the work of Relate Plymouth to the community, to ensure that everyone has access to our service.
- Recruitment of at least two Trustees to ensure we have good governance of the Centre.
- Recruitment of four trainee counsellors, working in the Plymouth Centre.
- Recruitment of a Sex Therapist
- Improvements to the Plymouth centre.

Chair of Trustees
Relate Plymouth

Registered Charity No: 237035

REPORT AND FINANCIAL STATEMENTS

for the year ended
31st March, 2022

for

RELATE PLYMOUTH AND DISTRICT

RELATE PLYMOUTH AND DISTRICT

INDEX TO THE FINANCIAL STATEMENTS

for the year ended 31st March, 2022

	Page
Legal and Administrative Information	2
Report of the Trustees	3
Report of the Independent Examiner	4
Statement of Financial Activities	5
Balance Sheet	6
Notes Forming Part of the Financial Statements	7 to 11

RELATE PLYMOUTH AND DISTRICT

Legal and Administrative Information

The Charity was registered as an unincorporated charity on 9th July, 1964

Charity Name: Relate Plymouth and District

Charity Registration Number: 237035

Registered Office:

3 Blenheim Road
Plymouth
PL4 8LJ

Trustees:

Mark Gilbert	Chair
Peter Fellows	
Catrina Swann	
Iain Perring	

Secretary:

Susan Hirons

External Examiner:

St. Kew Accountancy Ltd.
Patto Owriak
Allen Park
St. Kew Highway
Bodmin
PL30 3AR

Bankers:

HSBC
PO Box 26
Old Town Street
Plymouth
PL1 1DD

RELATE PLYMOUTH AND DISTRICT

TRUSTEES' ANNUAL REPORT for the year ended 31st March, 2022

The trustees present their report along with the financial statements of the charity for the 12 month period ended 31st March, 2022. The financial statements have been prepared in accordance with the accounting policies set out on page 7 to 12 and the recommendations of the Statement of Recommended Practice - Accounting and Reporting by Charities.

CONSTITUTION AND OBJECTS

Relate Plymouth and District is a registered charity No. 237035.

The objects of the charity are the provision of help to people in building better couple relationships through counselling, education work and training.

ORGANISATION

The trustees who have served during the period under review and since the period end are set out on page 2.

The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial benefits for being trustees.

Induction and training of Trustees: Procedures for recruiting and training trustees are in place. The Board of Trustees aims to ensure that its membership is appropriate to the work of the charity and that any new trustees add to the Board's diversity, skills and experience.

REVIEW OF ACTIVITIES

The Statement of Financial Activities for the year is set out on page 5 of the accounts.

RISK MANAGEMENT

The trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established that enable regular reports to be produced so that the necessary steps can be taken to lessen the risks.

TRUSTEES' RESPONSIBILITIES

Trustees are responsible for preparing an annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's state of affairs during the financial period and of its financial position at the end of the period.

In preparing those accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees and signed on their behalf by:

..... Sign

..... Print

Dated:.....

INDEPENDENT EXAMINER'S REPORT
RELATE PLYMOUTH AND DISTRICT
ON THE ANNUAL ACCOUNTS FOR THE YEAR ENDED

31st March, 2022

I report on the accounts of the charity for the year ended 31st March 2022, which are set out on pages 7 to 11.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioner under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met;or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date: 10th November 2022

Signed:.....

M. Vickery
St. Kew Accountancy Ltd.
Patto Owriak, Allen Park
St. Kew Highway, Bodmin
Cornwall PL30 3AR

RELATE PLYMOUTH AND DISTRICT

Consolidated Statement of Financial Activities (including an Income and Expenditure Account)

for the year ended 31st March, 2022

		Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
<u>Incoming Resources</u>					
Incoming resources from generating funds:					
Voluntary Income	9	-	-	-	-
Activities for generating funds	9	-	-	-	-
Investment Income	9	-	-	-	21
Incoming resources from charitable activities	10	103,795	12,334	116,129	117,214
Other incoming resources	10	-	-	-	-
Total Incoming Resources		<u>103,795</u>	<u>12,334</u>	<u>116,129</u>	<u>117,235</u>
Resources Expended					
Charitable Activities	11	110,285	12,334	122,619	131,260
Governance Costs	11	580	-	580	580
Total Resources Expended		<u>110,865</u>	<u>12,334</u>	<u>123,199</u>	<u>131,840</u>
Net Incoming Resources:					
Net movement in Funds		-7,070	-	-7,070	-14,604
Total Funds at 1st April, 2021		703,657	-	703,657	718,262
Total Funds at 1st April, 2022		<u><u>696,586</u></u>	<u><u>-</u></u>	<u><u>696,586</u></u>	<u><u>703,657</u></u>

RELATE PLYMOUTH AND DISTRICT

BALANCE SHEET AS AT 31ST MARCH, 2022

	Notes	£	£	£	£
		31/03/2022		31/03/2021	
FIXED ASSETS					
Tangible Assets	13		358		257
CURRENT ASSETS					
Debtors & Prepayments	7	-		3,460	
Cash at Bank & in Hand	5	<u>697,714</u>		<u>705,652</u>	
			697,714		709,113
CREDITORS AND ACCRUALS:					
Amounts falling due within one year	8	1,487		5,712	
NET CURRENT ASSETS :			696,227		703,401
NET ASSETS:			<u>696,586</u>		<u>703,657</u>
REPRESENTED BY:					
Unrestricted Funds					
Designated Funds	14	403,000		403,000	
General Funds	14	<u>293,586</u>		<u>300,657</u>	
			696,586		703,657
Restricted Funds			-		-
			<u>696,586</u>		<u>703,657</u>

ON BEHALF OF THE TRUSTEES:

..... :-Signed by Trustee

..... :-Print Name

Approved by the Trustees on: 2022

RELATE PLYMOUTH AND DISTRICT

NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2022

1. ACCOUNTING POLICIES:

Accounting convention

The financial statements have been prepared under the historical cost convention and on an accruals basis, in accordance with applicable accounting standards, the Charities SORP 2005 (Accounting and Reporting by Charities) and comply with the charities (Accounts and Reports) Regulations 2005 issued under the Charities Act 1993.

Investment Income

Investment Income is recorded when receivable.

Gift Aid

Gift Aid reclaimable on donations to the charity is shown separately.

Voluntary Income

Amounts of voluntary income is received by way of donations and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.

Expenditure

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which can not be recovered.

Unrestricted Funds

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Designated Funds

Designated funds are unrestricted funds earmarked by the management committee for particular purposes.

Restricted Funds

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Assets

All assets costing more than £100 are capitalised.

TAXATION

Relate Plymouth is a registered charity and accordingly is exempt from taxation on its income and gains where they are applied for charitable purposes.

RELATE PLYMOUTH AND DISTRICT

NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2022

2. ANALYSIS OF EMPLOYEE COSTS AND NUMBERS

Staff costs were as follows:	31/03/2022	31/03/2021
	£	£
Salaries, wages and social security	90,561	96,539
	90,561	96,539

No employee received emoluments of more than £60,000 during the year (2019 nil).

The average weekly number of employees during the year, calculated on the basis of full time equivalents, was as follows:

	31/03/2022	31/03/2021
	No	No
Administration and Support	1.5	1.5
Counselling	1.5	1.5
	3	3

3. RELATED PARTY TRANSACTIONS

None of the trustees were paid any remuneration or expenses by the charity during the year (2021 none).

4. DONATIONS

	£	£	31/03/2022	31/03/2021
			£	£
General donations	-	-	-	-
	-	-	-	-

5. CURRENT ASSETS: Cash and Bank

	31/03/2022	31/03/2021
	£	£
Cash at Bank:		
HSBC 31827391 - Current Account	300,631	303,910
HSBC 32885646 - Current Account	22,422	26,697
Barclays 33126676 - Savings Account	284,771	284,641
Lloyds Savings A/C WNTM73630520007	89,880	89,880
Petty Cash	10	524
	697,714	705,652

6. THE RESOURCES EXPENDED BY THE CHARITY INCLUDE:

	Unrestricted	31/03/2022	31/03/2021
	General	Total Funds	Total Funds
	Fund	£	£
	£		
This is stated after charging:			
Examiner's Remuneration	597	597	580
Depreciation	148	148	2,343
	745	745	2,922

RELATE PLYMOUTH AND DISTRICT

NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2022

7. DEBTORS AND PREPAYMENTS: Amounts falling due within one year

	31/03/2022	31/03/2021
	£	£
Trade Debtors	-	-
Prepayments	-	3,460
	<u>-</u>	<u>3,460</u>

8. CREDITORS: Amounts falling due within one year:

	31/03/2022	31/03/2021
	£	£
Trade Creditors	26	3,737
Independent Examiner Fees	597	580
PAYE/NI	804	1,174
Nest Pension	60	222
	<u>1,487</u>	<u>5,713</u>

9. INCOMING RESOURCES FROM GENERATING FUNDS

	Unrestricted	Restricted	31/03/2022 Total	31/03/2021 Total
	£	£	£	£
Voluntary Income:				
Donations	-	-	-	-
Activities for generating funds:				
Training	-	-	-	-
Investment Income:	-	-	-	21
	<u>-</u>	<u>-</u>	<u>-</u>	<u>21</u>

10. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Unrestricted	Restricted	31/03/2022 Total	31/03/2021 Total
	£	£	£	£
Client Contributions	59,855	-	59,855	29,921
Grants	-	12,334	12,334	51,376
Project Income	43,940	-	43,940	35,911
Sundry	-	-	-	6
	<u>103,795</u>	<u>12,334</u>	<u>116,129</u>	<u>117,214</u>

RELATE PLYMOUTH AND DISTRICT

NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2022

11. DIRECT CHARITABLE EXPENDITURE

			31/03/2022	31/03/2021
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Premises:				
Rent and Rates	4,862	-	4,862	10,003
Insurance	1,132	-	1,132	2,103
Heat and Light	1,242	-	1,242	1,058
Repairs and Renewals	2,202	-	2,202	732
Depreciation	148	-	148	2,343
Counselling:				
Supervision and Tutorial Salaries	281	-	281	635
Supervision Fees	1,488	-	1,488	-
Training	1,520	-	1,520	1,700
Counsellors - Plymouth	44,627	-	44,627	39,772
Counsellors - Torquay	-	-	-	5,804
Support Costs:				
Staff Salaries	22,336	12,334	34,670	38,049
Employers' NI/payee	10,983	-	10,983	12,280
Pension Contributions	1,337	-	1,337	1,367
Travel and Expenses	71	-	71	274
Subscriptions and Memberships	9,661	-	9,661	9,319
Postage, Printing, Stationery, Phone	1,960	-	1,960	1,935
Book-Keeping	880	-	880	1,470
Website	852	-	852	464
Advertising	-	-	-	196
Refreshments/Meetings	-	-	-	-
Write Off Old Debt	2,000	-	2,000	-
Sundries	222	-	222	39
Administration:				
Legal and Professional	1,883	-	1,883	1,250
Finance Charges	1,179	-	1,179	1,048
	110,865	12,334	123,199	131,840

The unrestricted funds of the charity may be applied for any charitable purpose at the discretion of the trustees.

12. ANALYSIS OF THE NET MOVEMENT IN FUNDS

This statement shows how the net movement in funds relates to the change in net resources available to finance future charitable expenditure, after taking account of resources designated for possible future commitments.

	At 01/04/21	Incoming Resources	Outgoing Resources	Transfers	At 31/03/22
	£	£	£	£	£
Restricted Funds					
Grant - HMRC JRS	-	12,334	12,334	-	-
Total Restricted Funds	-	12,334	12,334	-	-
Designated Funds					
Running Costs - Six Months	42,000	-	-	-	42,000
Closure Costs	50,000	-	-	-	50,000
Repairs and Renewals for Centre	5,000	-	-	-	5,000
Training Bursary	6,000	-	-	-	6,000
Purchase of 3 Blenheim Road	300,000	-	-	-	300,000
Total Designated Funds	403,000	-	-	-	403,000
General Unrestricted Funds	300,657	103,795	110,865	-	293,586
Total Unrestricted Funds	300,657	103,795	110,865	-	293,586
Total Funds	703,657	116,129	123,199	-	696,586

RELATE PLYMOUTH AND DISTRICT

NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2022

13. TANGIBLE FIXED ASSETS:

For valuation purposes, depreciation is calculated at the following annual rates, in order to write off each asset over its estimated useful life:

IT Equipment: 25% over four years on a straight line basis.

	IT Equip £	Other £	Total £
Cost			
Brought Forward	-	7,616	7,616
Fully Depreciated	-	7,274	7,274
Additions	-	250	250
Disposals	-	-	-
As at 31st March, 2022	-	592	592
Depreciation			
Brought Forward	-	7,360	7,360
Fully Depreciated	-	7,274	7,274
Charge for the period		148	148
Disposals	-	-	-
As at 31st March, 2022	-	234	234
Net Book Value:			
As at 31st March, 2022	-	358	358
Net Book Value:			
As at 1st April, 2021	-	257	257

14. CAPITAL COMMITMENTS

The charity's only capital commitment as at 31st March 2022 or 31st March 2021, is the possible future purchase of the premises at 3 Blenheim Road, currently rented from Plymouth City Council.

15. GRANTS

Grant - HMRC JRS To contribute towards the wages of furloughed staff.

These notes form part of the financial statements

Registered Charity No: 237035

REPORT AND FINANCIAL STATEMENTS

for the year ended
31st March, 2022

for

RELATE PLYMOUTH AND DISTRICT

RELATE PLYMOUTH AND DISTRICT

INDEX TO THE FINANCIAL STATEMENTS

for the year ended 31st March, 2022

	Page
Legal and Administrative Information	2
Report of the Trustees	3
Report of the Independent Examiner	4
Statement of Financial Activities	5
Balance Sheet	6
Notes Forming Part of the Financial Statements	7 to 11

RELATE PLYMOUTH AND DISTRICT

Legal and Administrative Information

The Charity was registered as an unincorporated charity on 9th July, 1964

Charity Name: Relate Plymouth and District

Charity Registration Number: 237035

Registered Office:

3 Blenheim Road
Plymouth
PL4 8LJ

Trustees:

Mark Gilbert	Chair
Peter Fellows	
Catrina Swann	
Iain Perring	

Secretary:

Susan Hirons

External Examiner:

St. Kew Accountancy Ltd.
Patto Owriak
Allen Park
St. Kew Highway
Bodmin
PL30 3AR

Bankers:

HSBC
PO Box 26
Old Town Street
Plymouth
PL1 1DD

RELATE PLYMOUTH AND DISTRICT

TRUSTEES' ANNUAL REPORT for the year ended 31st March, 2022

The trustees present their report along with the financial statements of the charity for the 12 month period ended 31st March, 2022. The financial statements have been prepared in accordance with the accounting policies set out on page 7 to 12 and the recommendations of the Statement of Recommended Practice - Accounting and Reporting by Charities.

CONSTITUTION AND OBJECTS

Relate Plymouth and District is a registered charity No. 237035.

The objects of the charity are the provision of help to people in building better couple relationships through counselling, education work and training.

ORGANISATION

The trustees who have served during the period under review and since the period end are set out on page 2.

The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial benefits for being trustees.

Induction and training of Trustees: Procedures for recruiting and training trustees are in place. The Board of Trustees aims to ensure that its membership is appropriate to the work of the charity and that any new trustees add to the Board's diversity, skills and experience.

REVIEW OF ACTIVITIES

The Statement of Financial Activities for the year is set out on page 5 of the accounts.

RISK MANAGEMENT

The trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established that enable regular reports to be produced so that the necessary steps can be taken to lessen the risks.

TRUSTEES' RESPONSIBILITIES

Trustees are responsible for preparing an annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's state of affairs during the financial period and of its financial position at the end of the period.

In preparing those accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees and signed on their behalf by:

..... Sign

..... Print

Dated:.....

INDEPENDENT EXAMINER'S REPORT
RELATE PLYMOUTH AND DISTRICT
ON THE ANNUAL ACCOUNTS FOR THE YEAR ENDED

31st March, 2022

I report on the accounts of the charity for the year ended 31st March 2022, which are set out on pages 7 to 11.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioner under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met;or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date: 10th November 2022

Signed:.....

M. Vickery
St. Kew Accountancy Ltd.
Patto Owriak, Allen Park
St. Kew Highway, Bodmin
Cornwall PL30 3AR

RELATE PLYMOUTH AND DISTRICT

Consolidated Statement of Financial Activities (including an Income and Expenditure Account)

for the year ended 31st March, 2022

		Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
<u>Incoming Resources</u>					
Incoming resources from generating funds:					
Voluntary Income	9	-	-	-	-
Activities for generating funds	9	-	-	-	-
Investment Income	9	-	-	-	21
Incoming resources from charitable activities	10	103,795	12,334	116,129	117,214
Other incoming resources	10	-	-	-	-
Total Incoming Resources		<u>103,795</u>	<u>12,334</u>	<u>116,129</u>	<u>117,235</u>
Resources Expended					
Charitable Activities	11	110,285	12,334	122,619	131,260
Governance Costs	11	580	-	580	580
Total Resources Expended		<u>110,865</u>	<u>12,334</u>	<u>123,199</u>	<u>131,840</u>
Net Incoming Resources:					
Net movement in Funds		-7,070	-	-7,070	-14,604
Total Funds at 1st April, 2021		703,657	-	703,657	718,262
Total Funds at 1st April, 2022		<u><u>696,586</u></u>	<u><u>-</u></u>	<u><u>696,586</u></u>	<u><u>703,657</u></u>

RELATE PLYMOUTH AND DISTRICT

BALANCE SHEET AS AT 31ST MARCH, 2022

	Notes	£	£	£	£
		31/03/2022		31/03/2021	
FIXED ASSETS					
Tangible Assets	13		358		257
CURRENT ASSETS					
Debtors & Prepayments	7	-		3,460	
Cash at Bank & in Hand	5	<u>697,714</u>		<u>705,652</u>	
			697,714		709,113
CREDITORS AND ACCRUALS:					
Amounts falling due within one year	8	1,487		5,712	
NET CURRENT ASSETS :			696,227		703,401
NET ASSETS:			<u>696,586</u>		<u>703,657</u>
REPRESENTED BY:					
Unrestricted Funds					
Designated Funds	14	403,000		403,000	
General Funds	14	<u>293,586</u>		<u>300,657</u>	
			696,586		703,657
Restricted Funds			-		-
			<u>696,586</u>		<u>703,657</u>

ON BEHALF OF THE TRUSTEES:

..... :-Signed by Trustee

..... :-Print Name

Approved by the Trustees on: 2022

RELATE PLYMOUTH AND DISTRICT

NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2022

1. ACCOUNTING POLICIES:

Accounting convention

The financial statements have been prepared under the historical cost convention and on an accruals basis, in accordance with applicable accounting standards, the Charities SORP 2005 (Accounting and Reporting by Charities) and comply with the charities (Accounts and Reports) Regulations 2005 issued under the Charities Act 1993.

Investment Income

Investment Income is recorded when receivable.

Gift Aid

Gift Aid reclaimable on donations to the charity is shown separately.

Voluntary Income

Amounts of voluntary income is received by way of donations and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.

Expenditure

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which can not be recovered.

Unrestricted Funds

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Designated Funds

Designated funds are unrestricted funds earmarked by the management committee for particular purposes.

Restricted Funds

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Assets

All assets costing more than £100 are capitalised.

TAXATION

Relate Plymouth is a registered charity and accordingly is exempt from taxation on its income and gains where they are applied for charitable purposes.

RELATE PLYMOUTH AND DISTRICT

NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2022

2. ANALYSIS OF EMPLOYEE COSTS AND NUMBERS

Staff costs were as follows:	31/03/2022	31/03/2021
	£	£
Salaries, wages and social security	90,561	96,539
	90,561	96,539

No employee received emoluments of more than £60,000 during the year (2019 nil).

The average weekly number of employees during the year, calculated on the basis of full time equivalents, was as follows:

	31/03/2022	31/03/2021
	No	No
Administration and Support	1.5	1.5
Counselling	1.5	1.5
	3	3

3. RELATED PARTY TRANSACTIONS

None of the trustees were paid any remuneration or expenses by the charity during the year (2021 none).

4. DONATIONS

	£	£	31/03/2022	31/03/2021
			£	£
General donations	-	-	-	-
	-	-	-	-

5. CURRENT ASSETS: Cash and Bank

	31/03/2022	31/03/2021
	£	£
Cash at Bank:		
HSBC 31827391 - Current Account	300,631	303,910
HSBC 32885646 - Current Account	22,422	26,697
Barclays 33126676 - Savings Account	284,771	284,641
Lloyds Savings A/C WNTM73630520007	89,880	89,880
Petty Cash	10	524
	697,714	705,652

6. THE RESOURCES EXPENDED BY THE CHARITY INCLUDE:

	Unrestricted		
	General	31/03/2022	31/03/2021
This is stated after charging:	Fund	Total Funds	Total Funds
	£	£	£
Examiner's Remuneration	597	597	580
Depreciation	148	148	2,343
	745	745	2,922

RELATE PLYMOUTH AND DISTRICT

NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2022

7. DEBTORS AND PREPAYMENTS: Amounts falling due within one year

	31/03/2022	31/03/2021
	£	£
Trade Debtors	-	-
Prepayments	-	3,460
	<u>-</u>	<u>3,460</u>

8. CREDITORS: Amounts falling due within one year:

	31/03/2022	31/03/2021
	£	£
Trade Creditors	26	3,737
Independent Examiner Fees	597	580
PAYE/NI	804	1,174
Nest Pension	60	222
	<u>1,487</u>	<u>5,713</u>

9. INCOMING RESOURCES FROM GENERATING FUNDS

	Unrestricted	Restricted	31/03/2022 Total	31/03/2021 Total
	£	£	£	£
Voluntary Income:				
Donations	-	-	-	-
Activities for generating funds:				
Training	-	-	-	-
Investment Income:	-	-	-	21
	<u>-</u>	<u>-</u>	<u>-</u>	<u>21</u>

10. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Unrestricted	Restricted	31/03/2022 Total	31/03/2021 Total
	£	£	£	£
Client Contributions	59,855	-	59,855	29,921
Grants	-	12,334	12,334	51,376
Project Income	43,940	-	43,940	35,911
Sundry	-	-	-	6
	<u>103,795</u>	<u>12,334</u>	<u>116,129</u>	<u>117,214</u>

RELATE PLYMOUTH AND DISTRICT

NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2022

11. DIRECT CHARITABLE EXPENDITURE

			31/03/2022	31/03/2021
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Premises:				
Rent and Rates	4,862	-	4,862	10,003
Insurance	1,132	-	1,132	2,103
Heat and Light	1,242	-	1,242	1,058
Repairs and Renewals	2,202	-	2,202	732
Depreciation	148	-	148	2,343
Counselling:				
Supervision and Tutorial Salaries	281	-	281	635
Supervision Fees	1,488	-	1,488	-
Training	1,520	-	1,520	1,700
Counsellors - Plymouth	44,627	-	44,627	39,772
Counsellors - Torquay	-	-	-	5,804
Support Costs:				
Staff Salaries	22,336	12,334	34,670	38,049
Employers' NI/payee	10,983	-	10,983	12,280
Pension Contributions	1,337	-	1,337	1,367
Travel and Expenses	71	-	71	274
Subscriptions and Memberships	9,661	-	9,661	9,319
Postage, Printing, Stationery, Phone	1,960	-	1,960	1,935
Book-Keeping	880	-	880	1,470
Website	852	-	852	464
Advertising	-	-	-	196
Refreshments/Meetings	-	-	-	-
Write Off Old Debt	2,000	-	2,000	-
Sundries	222	-	222	39
Administration:				
Legal and Professional	1,883	-	1,883	1,250
Finance Charges	1,179	-	1,179	1,048
	110,865	12,334	123,199	131,840

The unrestricted funds of the charity may be applied for any charitable purpose at the discretion of the trustees.

12. ANALYSIS OF THE NET MOVEMENT IN FUNDS

This statement shows how the net movement in funds relates to the change in net resources available to finance future charitable expenditure, after taking account of resources designated for possible future commitments.

	At 01/04/21	Incoming Resources	Outgoing Resources	Transfers	At 31/03/22
	£	£	£	£	£
Restricted Funds					
Grant - HMRC JRS	-	12,334	12,334	-	-
Total Restricted Funds	-	12,334	12,334	-	-
Designated Funds					
Running Costs - Six Months	42,000	-	-	-	42,000
Closure Costs	50,000	-	-	-	50,000
Repairs and Renewals for Centre	5,000	-	-	-	5,000
Training Bursary	6,000	-	-	-	6,000
Purchase of 3 Blenheim Road	300,000	-	-	-	300,000
Total Designated Funds	403,000	-	-	-	403,000
General Unrestricted Funds	300,657	103,795	110,865	-	293,586
Total Unrestricted Funds	300,657	103,795	110,865	-	293,586
Total Funds	703,657	116,129	123,199	-	696,586

RELATE PLYMOUTH AND DISTRICT

NOTES TO THE FINANCIAL STATEMENTS for the 12 month period ended 31st March, 2022

13. TANGIBLE FIXED ASSETS:

For valuation purposes, depreciation is calculated at the following annual rates, in order to write off each asset over its estimated useful life:

IT Equipment: 25% over four years on a straight line basis.

	IT Equip £	Other £	Total £
Cost			
Brought Forward	-	7,616	7,616
Fully Depreciated	-	7,274	7,274
Additions	-	250	250
Disposals	-	-	-
As at 31st March, 2022	-	592	592
Depreciation			
Brought Forward	-	7,360	7,360
Fully Depreciated	-	7,274	7,274
Charge for the period		148	148
Disposals	-	-	-
As at 31st March, 2022	-	234	234
Net Book Value:			
As at 31st March, 2022	-	358	358
Net Book Value:			
As at 1st April, 2021	-	257	257

14. CAPITAL COMMITMENTS

The charity's only capital commitment as at 31st March 2022 or 31st March 2021, is the possible future purchase of the premises at 3 Blenheim Road, currently rented from Plymouth City Council.

15. GRANTS

Grant - HMRC JRS To contribute towards the wages of furloughed staff.

These notes form part of the financial statements