

# **The Hull Aid In Sickness Trust**

## **Financial Statements**

**30th August, 2020**



## **The Hull Aid In Sickness Trust**

<b>Contents</b>	<b>Page</b>
Reference and Administrative Information	1
Trustees' Report	2 - 8
Independent Examiner's Report	9
Statement of Financial Activities	10
Balance Sheet	11
Notes to the Financial Statements	12 - 15

# **The Hull Aid In Sickness Trust**

## **Reference and Administrative Information**

*for the year ended 30th August, 2020*

**Name of Charity:**

The Hull Aid In Sickness Trust

**Charity Registration No.:**

224193

**Principal Address:**

The Strand, 75 Beverley Road, Hull, HU3 1XL

**Trustees:**

**Co-optative Trustees:**

Reverend J Allen Bagshawe

Mrs Valerie Horspool

Mr Peter J D Brewer

Honorary Alderman Mrs Patricia Ellis

Miss Margaret Ashley

Mr John Roughley

**Nominative Trustee:**

Councillor Rosemary Pantelakis

**Bankers:**

NatWest Bank Plc, 34 King Edward Street, Hull

Beverley Building Society, 57 Saturday Market, Beverley, East Yorkshire

Virgin Money, 10-12 Paragon Street, Hull

**Independent Examiner:**

Smailes Goldie, Regents Court, Princess Street, Hull, HU2 8BA

**Solicitors:**

Gosschalks, Queens Gardens, Hull

Andrew Jackson Solicitors, Marina Court, Castle Street, Hull

**Investment Advisers**

Castlefield, 9<sup>th</sup> Floor, 111 Piccadilly, Manchester, M1 2HY

**Clerk to the Trustees**

Hull CVS Ltd, The Strand, 75 Beverley Road, Hull, HU3 1XL.

# The Hull Aid In Sickness Trust

## Trustees Report

*for the year ended 30th August, 2020*

The Trustees present their report along with financial statements of the charity for the year ended 30<sup>th</sup> August 2020. The financial statements have been in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice)

### Governing Document

The charity was formed on 30<sup>th</sup> August 1957 and is regulated by a scheme of the Charity Commissioners dated 2<sup>nd</sup> January 1973 and as affected by resolution made under s74 of the Charities Act 1993 on 25th May 2011. The Trust does not actively fundraise and seeks to continue its charitable work through the careful management of its existing resources.

### Trustees Certificate of Incorporation

A Certificate of Incorporation was granted to the Trustees by the Charity Commissioners dated 18<sup>th</sup> November 1993 in the name of 'The Incorporated Trustees of the Hull Aid in Sickness Trust'.

### Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# The Hull Aid In Sickness Trust

## Trustees Report

*for the year ended 30th August, 2020*

### **Co-optative and Nominative Trustees:**

The Co-optative Trustees are appointed by the board of Trustees for a term of five years after which they may put themselves forward for re-appointment. The Nominative Trustee is appointed by the Kingston upon Hull City Council for four years or at the discretion of the Council, and may then be re-appointed. The Trust's governing document provides for 6 Co-optative Trustees and 1 Nominative Trustee.

The Trust's Scheme dictates that Co-optative Trustees must be persons who through residence, occupation or employment, or otherwise, have special knowledge of the City and County of Kingston upon Hull. Candidates for the post will have been personally recommended, asked to provide a written synopsis detailing their skills, knowledge and experience and they will then be checked with the Disclosure & Barring Service. Each candidate will be provided with a Trustees 'Enquiry Pack' containing copies of the Trustees role description, the 'Essential Trustee', recent Trust Minutes and Trustees Annual Report and Financial Statements, and the Trust's History. The Trust's Scheme, all of the Trust's policy and procedural documents, and a copy of 'Charities and Public Benefit' are provided once elected and new Trustees must also sign a 'Declaration of Eligibility for New Trustees'.

The Trustees meet every quarter to consider the grants, investments, reserves and risk management of the Trust. Any reviews from the investment manager, or changes to assets will also be reviewed between meetings as needed.

The day to day administration of the charity is undertaken by a paid part-time clerk who is responsible for the maintaining of the records of the Trust and preparing applications and other documents for consideration by the Trustees at their meetings. All Trustees give of their time freely and no Trustee remuneration was paid in the year. Details of Trustee expenses are disclosed in Note 6 to the Accounts. Trustees are expected to withdraw from decisions where a conflict of interest arises.

### **Risk Management**

The Trustees have considered and identified all risks to which the Trust is exposed, and have established systems and procedures to manage those risks.

The Trustees consider the variability of investment returns on the Trust's endowment funds to constitute the charity's major financial risk as the Trust is dependent entirely on this income and has no other income source. The Trustees employ an investment manager to handle the Trust's investments on the basis of an agreed investment strategy for an ethical bespoke portfolio and in accordance with the Trust's Investment Policy. Reports and valuations of the Trust's holdings are provided for consideration at every quarterly meeting.

The Trust's major operational risk is the unpredictability of grant applications on an annual basis, particularly those received from individuals. The Trustees manage this risk with promotion of the charity's grant making activities to all three of the Trust's main beneficiary groups whenever any reduction in individual application numbers is recorded. Reporting and review of applications at every Trust meeting also gives opportunities throughout the year to determine if further promotional responses are required and gives greater flexibility to the Trust's charitable activities.

# **The Hull Aid In Sickness Trust**

## **Trustees Report**

*for the year ended 30th August, 2020*

### **Objectives for the public benefit**

The object of the Trust is to apply clear income of the Charity in relieving in cases of need persons resident in the City and County of Kingston upon Hull who are sick, convalescent, disabled, handicapped or infirm by providing or paying for items, services or facilities which are calculated to alleviate the suffering or assist recovery of such persons in such cases but that are not readily available to them from other sources. The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities.

### **Restrictions**

In applying the income of the Charity the Trustees shall observe the following restrictions:

1. they shall not apply any part of the income directly for the relief of rates, taxes or other public funds but may apply income in supplementing relief or assistance provided out of public funds.
2. they shall not commit themselves to repeat or renew relief granted on any occasion in any case.

### **Activities during the year**

During the year the Trustees have met virtually for the majority of the year for the purpose of overseeing the general management and operation of the Trust and its portfolio of investments and giving consideration to applications for financial assistance.

### **Grant making policy**

The Trust has established its grant making policy to achieve its objects for the public benefit in aiding those detailed in its Scheme, and defined in its objects as follows:

#### Grants made to individuals:

The Trust considers applications for grants by individuals who fulfil the criteria given in its objects and who can demonstrate their need by completing the Trust's application form and signing its declaration, and by supplying supporting evidence and information.

In addition, the Trust continues to approve and monitor a Special Fund for Individual Applicants. This fund is currently being accessed by the Dove House Hospice Family Support Team. In their case a fixed sum of £1,000 has been awarded which can then be accessed directly by the Team for individuals under their care who comply fully with the criteria for this Trust but who have needs that are more urgent than can be currently met by waiting for the next quarterly Trustees meeting.

All applicants will complete a suitable application form and declaration, which will be considered at the next Trustees meeting. The Trustees reserve the right to withdraw from future funding if they are, at any time, not satisfied that the team is meeting the specified terms and conditions of the Trust.

#### Grants made to Social Worker Teams:

Throughout the year the Trust also welcomed requests from local Social Workers acting on behalf of agencies approved by the Trustees to be awarded a small sum for further disbursement amongst their clients, and at their discretion, in cases of need. They must, on every occasion, provide documentary evidence demonstrating how grants previously approved have been utilised and fulfilled the objects of the Trust.

# **The Hull Aid In Sickness Trust**

## **Trustees Report**

*for the year ended 30th August, 2020*

Christmas Grants were not awarded in the year to 30<sup>th</sup> August 2020 year due to a large number of Organisational applications.

### Grants made to the Hull branches of other charitable organisations:

Submission of a summary of how any grant made would be used must be provided by any organisations requesting grants and this use must fulfil the criteria of providing a health benefit to those in need and are residents of the City and County of Kingston upon Hull only. In order to protect grants to individuals, requests from organisations are now put forward for approval only at the end of year meeting in July when the full income of the Trust for the year can be reasonably accurately estimated, and are never guaranteed.

### **Achievements and Performance**

How our grant making policy delivered public benefit: A review of our achievements and performance:

The total value of all forms of grants for this year decreased by 42% to £10,424, this overall decrease in grant expenditure is mainly a result of a reduction in applications to individuals and the increase in organisation requests. The Trust prioritises grant awards to individuals and social worker teams, and makes awards to organisations only where they feel they have the capacity to do so.

### **Grant awards were approved by the Trustees this year as follows, and detailed in Note 3 to the Accounts:**

- A total of 8 individual applicants were approved for a grant following the receipt of new and satisfactory applications. A total of £5,211 was awarded.
- Grants were also awarded to 1 approved individual applicant via the Special Fund for Individual Applicants utilised by the Dove House Hospice Family Support Team following the receipt of new and satisfactory applications.
- The number of charitable organisations approved this year was 5, each application was carefully discussed to ensure that they fulfilled the trusts criteria.
- Grants were awarded to social worker teams at local agencies on 1 occasions during the year for disbursement in smaller amounts to Hull patients who need urgent assistance.

# **The Hull Aid In Sickness Trust**

## **Trustees Report**

*for the year ended 30th August, 2020*

### **Financial Review**

The Trust is totally reliant upon the income received from the investments held by the charity and the financial objective is, where possible, to distribute this income after meeting all expenses, to the beneficiaries of the Trust in the form of grants that achieve our objects for the public benefit.

Dividend income, which forms the bulk of the Trust's income, has decreased this year to a total of £36,135 a negative impact if the current COVID-19 situation, we were advised and prepared for this drop by the investment managers and they advised that they would try and maintain this for the next year.

The Trust's other main source of income from Bank and Building Society accounts increased this year to £600. Together dividends, bank interest and rent created overall income for the Trust this year to £36,735 a decrease of around 22% from last financial period.

The Trust's Statement of Financial Activities on page 9 show that this year there was a resultant surplus of £9,752.

The Trust has recorded no significant change in support costs this year as a result of stability in their investment management team and their clerk. The next financial period should see the same stability for expenditure as an overall fixed fee from the Clerk will incorporate all of the Trust's administrative expenditure and office costs, the income could see a slight decrease depending on the changing market situation based on the most recent investment report.

### **Reserve Policy:**

Reserves in the form of cash held on deposit and other investments are maintained at a level sufficient to cover at least two years administration, support and grant making requirements and these funds are identified within the accounts and schedule of investments as Contingency Funds. The reserves are classified as part of the Trust's Unrestricted Fund but are designated for this specific purpose.

### **Investment policy and performance**

This financial period the Trust's Investment Manager focused on the financial performance and agreed ethical objectives that relate to the Trust's commitment to promoting health, supporting the local community and that are appropriate to its charitable status and objectives as a non-fundraising, endowed charity.

The Investment Manager continues to monitor and review the position of the portfolio and has had to make further changes necessitated by worldwide events, including other European elections and the most recent UK General Election. Note 8 of this report highlights the overall value of movements in the investment portfolio. These values indicate the changes necessary to meet the Trust's investment objectives in the current financial climate and beyond, but whilst still providing a level of monthly income that will allow the Trust to continue to meet its charitable objectives.



## **The Hull Aid In Sickness Trust Trustees Report**

*for the year ended 30th August, 2020*

The dividend income this year has been as expected as per the valuation from Castlefield at the beginning of the lockdown period. The income level for this period has been adequate to meet the Trust's administrative and charitable requirements. The Investment Manager and the Trustees are now working to review the potential income from the portfolio over the coming year, to allow accurate and realistic budgets to be created.

There has been no requirement to make changes to the Castlefield Managed Multi Asset Fund that is designated as the Trust's Contingency Fund. Small changes in valuation to the year end has resulted in a slight decrease in the value of this fund since the start of the financial period.

The current value of the portfolio is £1,233,583, a negative movement of 5.7% from the start of the financial year. The average yield from holdings is 2.9% recorded as at the year end.

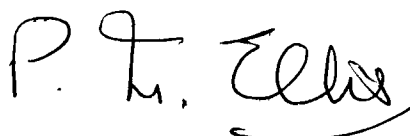
### **Future Plans**

The Trustees intend to continue making grants in a similar manner to that experienced over the past few years and with due consideration of the Public Benefit Guidance. Continuing changes to local services and to charity guidance however means that the Trustees intend to continue to monitor working practices and the Trust's administrative policy documents to ensure that the Trust's funds and its applicants remain protected.

The Trust intends to prioritise two main areas of disbursement for charitable funds – individuals and social worker teams for emergency funding to individuals within their care. The ability for the Trust to also fund other charitable organisations as it has done in the past will now be reviewed only at the end-of-year meeting and will be wholly dependent on available income.

If investment income reduces over the next financial year the Trustee's will take additional consideration as to the priority of each application much more carefully to ensure that the help the people who really do need the funds

In order to meet its charitable need the board intends to manage the funds under their control in a prudent manner whilst at the same time maximising income generation and closely monitoring the Trust's portfolio in conjunction with the investment manager.



- Chairman

**On behalf of the board of Trustees**



## **Independent Examiner's Report to the Trustees of The Hull Aid In Sickness Trust**

I report on the accounts of the charity for the year ended 30th August 2020 which are set out on pages 9 to 14.

### **Respective responsibilities of Trustees and examiner**

The charity's Trustees are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

### **Basis of independent examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



N Shipley FCA  
Smailes Goldie  
Chartered Accountants  
Regent's Court  
Princess Street  
Hull  
HU2 8BA

# The Hull Aid In Sickness Trust

## Statement of Financial Activities (incorporating an Income and Expenditure Account)

for the year ended 30th August, 2020

	Note	Unrestricted funds £	Contingency funds £	Endowment funds £	Total funds 2020 £	Total funds 2019 £
<b>Income and expenditure</b>						
<b>Incoming resources from generated funds</b>						
Activities for generating funds:						
Rents received		-	-	-	-	20
Dividends received		36,135	-	-	36,135	47,170
Interest received		600	-	-	600	498
Total incoming resources		36,735	-	-	36,735	47,689
<b>Resources expended</b>						
Charitable expenditure	3	10,424	-	-	10,424	24,875
Support costs	4	16,334	-	-	16,334	18,380
Governance costs	5	225	-	-	225	720
Total resources expended		26,983	-	-	26,983	43,975
Net (outgoing)/incoming resources and movement in funds		9,752	-	-	9,752	3,714
Transfer between funds		-	-	-	-	-
Investment gains in year:						
Realised		-	-	(34,445)	(34,445)	(4,839)
Unrealised		-	-	(26,441)	(26,441)	(31,249)
Balances brought forward at 31st August, 2019		75,237	126,719	1,244,413	1,446,369	1,478,743
Balances carried forward at 30th August, 2020		84,989	126,719	1,183,527	1,395,235	1,446,369

The notes on pages 12 to 15 form part of these Financial Statements.

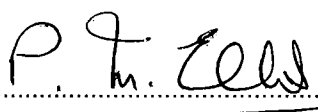
# The Hull Aid In Sickness Trust

## Balance Sheet

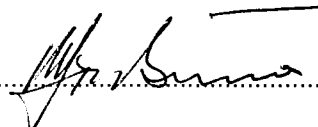
at 30th August, 2020

	Note	2020 £	2019 £
<b>Fixed assets</b>			
Tangible fixed assets	7	2,261	2,261
Investments	8	1,233,584	1,309,439
Investment Dealing Account		12,852	4,634
		<hr/> 1,248,697	<hr/> 1,316,334
<b>Current assets</b>			
Cash at bank and in hand		146,538	131,785
		<hr/> 146,538	<hr/> 131,785
<b>Liabilities: Amounts falling due within one year</b>		-	1,750
		<hr/>	<hr/>
<b>Net assets</b>		<hr/> 1,395,235	<hr/> 1,446,369
		<hr/>	<hr/>
<b>Funds</b>	9		
Unrestricted		84,989	75,237
Contingency		126,719	126,719
Endowment		1,183,527	1,244,413
		<hr/> 1,395,235	<hr/> 1,446,369
		<hr/>	<hr/>

Approved by the Board of Trustees on 19<sup>th</sup> May 2021 and signed on its behalf by



Chair of the Trustees



Vice Chair of the Trustees

The notes on pages 12 to 15 form part of these Financial Statements.

# **The Hull Aid In Sickness Trust**

## **Notes to the Financial Statements**

*for the year ended 30th August, 2020*

### **1. Accounting policies**

#### **a) Accounting convention**

The financial statements have been prepared under the historical cost convention. The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', and Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'. The financial statements have been prepared under the historical cost convention except for the revaluation of investments.

#### **b) Voluntary income**

Cash donations, gifts and legacies are included in full in the income and expenditure account as they are received. Significant non cash donations are included in the income and expenditure account at the Trustees' estimate of their market value when received. The value of voluntary help is not included in the accounts.

#### **c) Investment income**

Bank interest and dividend income is included in the income and expenditure account on a cash basis.

#### **d) Expenditure**

This is accounted for on a cash basis. Where expenditure is incurred which relates to more than one cost category, the expenditure is apportioned over all relevant headings.

#### **e) Investments**

Investments are stated at market value at the balance sheet date. The statement of financial activities includes the net gains and losses on revaluation and disposals throughout the year.

#### **f) Tangible fixed assets**

Tangible fixed assets comprise land and buildings which is included at cost.

### **2. Taxation**

The association is a U.K. registered charity, number 224193. All the association's income is applied to its charitable objectives and the association is, therefore, exempt under current legislation from most forms of taxation.

# The Hull Aid In Sickness Trust

## Notes to the Financial Statements

for the year ended 30th August, 2020

	Total 2020 £	Total 2019 £
<b>3. Charitable expenditure</b>		
<b>Grants awarded:</b>		
Individuals	5,109	5,475
Special Fund for individuals	1,000	1,000
Social Worker teams	300	900
Other charitable organisations	4,015	17,500
	<u>10,424</u>	<u>24,875</u>
	<u><u>10,424</u></u>	<u><u>24,875</u></u>
<b>4. Support costs</b>		
Service Contract	7,000	8,750
Investment manager's fees	9,084	9,479
Travel expenses	250	-
Insurance	-	151
	<u>16,334</u>	<u>18,380</u>
	<u><u>16,334</u></u>	<u><u>18,380</u></u>
<b>5. Governance costs</b>		
Accountancy fees	-	720
Legal fees	225	-
	<u>225</u>	<u>720</u>
	<u><u>225</u></u>	<u><u>720</u></u>
<b>6. Trustees expenses</b>		
Total amount paid	250	-
	<u>250</u>	<u>-</u>
	<u><u>250</u></u>	<u><u>-</u></u>

The Trustees were not entitled to and did not receive any other remuneration from the charity during the year.

# The Hull Aid In Sickness Trust

## Notes to the Financial Statements

for the year ended 30th August, 2020

### 7. Tangible fixed assets

The Trust owns land and buildings in Baker Street, formerly known as the Hull and Sculcoates Dispensary, now let to the Department of Health and Social Security for a term of 99 years from 1<sup>st</sup> August 1958 at an annual rental charge of £10 (freehold and leasehold documentation lodged with Gosschalks Solicitors) and with the condition that maintenance and Buildings Insurance is upheld by the tenant.

### 8. Investment assets

	2020 £	2019 £
<b>Market value:</b>		
At 31st August 2019	1,309,439	1,346,617
Additions	204,402	169,521
Proceeds of investments sold	(219,371)	(170,611)
Net loss – realised	(34,445)	(4,839)
Net loss - unrealised	(26,441)	(31,249)
	<hr/>	<hr/>
At 30 <sup>th</sup> August 2020	1,233,584	1,309,439
	<hr/>	<hr/>

Individual investments exceeding 5% by value of the portfolio were as follows:

	2020 £	2019 £
Castlefield Managed Multi Asset Fund	162,739	174,706
Mayfair Capital Property	88,953	94,363
	<hr/>	<hr/>
	251,692	269,069
	<hr/>	<hr/>



# The Hull Aid In Sickness Trust

## Notes to the Financial Statements

for the year ended 30th August, 2020

9.	Funds	Unrestricted Funds £	Contingency fund £	Endowment fund £	Total Funds £
	At 31st August, 2019	75,237	126,719	1,244,413	1,446,369
	Incoming resources for the year	36,735	-	-	36,735
	Outgoing resources for the year	(26,983)	-	-	(26,983)
	Transfers between funds	-	-	-	-
	Realised gains on investments	-	-	(34,445)	(34,445)
	Unrealised gains on investments	-	-	(26,441)	(26,441)
		<hr/>	<hr/>	<hr/>	<hr/>
	At 30th August, 2020	84,989	126,719	1,183,527	1,395,235
		<hr/>	<hr/>	<hr/>	<hr/>
	<b>Represented by:</b>				
	Tangible fixed assets	-	-	2,261	2,261
	Investments	-	71,921	1,161,663	1,233,584
	Cash held as part of investment fund	-	-	12,852	12,852
	Current assets	91,740	54,798	-	146,538
	Current liabilities	(6,751)	-	6,751	-
		<hr/>	<hr/>	<hr/>	<hr/>
		84,989	126,719	1,183,527	1,395,235
		<hr/>	<hr/>	<hr/>	<hr/>