



Section A

Trustees' Annual Report for the period

Period start date

Day 01 April 2023

Period end date

To 31 March 2024

Reference and administration details

Charity name SIXTY PLUS (POTTERS BAR & SOUTH MIMMS)

Other names charity is known by [- SIXTY PLUS LUNCHEON CLUB

Registered charity number

Charity's principal address

THE WYLLYOTTS CENTRE, WYLLYOTTS PLACE,
POTTERS BAR, HERTFORDSHIRE.

Postcode

EN6 2HN

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee if any
KEN WEBB			
NIGEL ROWLINSON	TREASURER		
ANDY BEATTIE			
MARTIN SWIFT			
WINNIE SWIFT			

Section C**Objectives and activities**

- You may choose to include additional information, where relevant, about:
- policies and procedures adopted for the induction and training of trustees;
 - the charity's organisational structure and any wider network with which the charity works;
 - relationship with any related parties;
 - trustees' consideration of major risks and the system and procedures to manage them.

Enhanced DBS checks for our relevant volunteer positions are carried out before commencement as volunteers.

All trustees volunteer their time and receive no financial remuneration or any other benefits.

Additional governance issues (Optional information)**Description of the charity's trusts**

Type of governing document

How the charity is constituted

Trustee selection methods

TRUST

TRUSTEES ARE APPOINTED OR REAPPOINTED BY THE EXECUTIVE COMMITTEE YEARLY AT THE ANNUAL GENERAL MEETING

CONSTITUTION

2

Section B**Structure****ernance and management****Names and addresses of advisers (Optional information)**

Type of adviser

Name

Address

Name of chief executive or names of senior staff members (Optional information)

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name

Dates acted if not for whole year

Summary of the objects of the charity set out in its governing document

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

<p>To promote the welfare of the elderly, including the elderly disabled, in any manner which is now or hereafter may be deemed by law to be charitable within the urban district of Potters Bar and South Mimms.</p>	<p>At the Executive Meetings and in the planning of the year's activities, all Trustees held regard to the Charity Commission's guidance on public benefit.</p> <p>The main activities are :</p> <ul style="list-style-type: none"> - Provision of a lunch club for the over sixties every Tuesday and Thursday - Provision of activities, events and guest speakers - Mini bus transport services provided for those who need assistance to attend <p>We welcome all diners from Potters Bar & South Mimms and the surrounding area who are over the age of 60 and their carers.</p>
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Section D Achievements and performance

- You may choose to include further statements, where relevant, about:
- policy on grantmaking;
 - policy programme related investment;
 - contribution made by volunteers.

Sixty Plus is so grateful to our team of committed and reliable volunteers. Our service would not run without their dedication and commitment.

Sixty Plus (Potters Bar & South Mimms) continues to open every Tuesday and Thursday , providing a two course freshly prepared main meal and dessert, followed by tea /coffee.

Our kitchen continues to receive a level 5 Food Hygiene Rating.

Specific dietary and cultural needs are catered for by our Senior Cook who offers a varied range of dishes and desserts.

Our Cook is well supported by our team of reliable and committed kitchen volunteers.

Sixty Plus diner numbers have increased over the 2023/24 period and we continue to gain new diners while retaining a core of loyal customers.

Regular activities include our popular Bingo sessions that are very well attended – a Trustee helps with the running of these sessions.

Other activities over this period included:

- Coronation Party with a singer and food held on May 1st 2023
- Visit from Communities 1st on May 23rd 2023 for information sharing
- Winter Celebration meal held at the Wylyotts Theatre on January 31st 2024 and funded through a grant from Hertfordshire County Council.
- Visit from Rennie Peace Grove on February 22nd 2024 to give a talk on the services they offer.
- Sixty Plus had a visit from Hertsmere Mayor and Mayoress on April 6th 2023 and they joined us for lunch.
- In February 2024, Sixty Plus had generous support from local business the RO Organisation who set up a website for us which is fabulous.
- Sixty Plus had a day trip to Clacton on 17th June 2023 - very well attended and enjoyed by all.
- Sixty Plus held two Christmas Parties – on 14th and 19th December 2023 which were really enjoyed by all and our local Sainsbury's (Potters Bar) volunteers served drinks to our diners who all received a small gift from Sixty Plus.

On March 23rd 2024 we held our staff/volunteers party with delivered in fish and chips and desserts prepared by our Cook as a thank you for all their hard work and dedication to Sixty Plus .

Sixty Plus continued to welcome diners from Cuffey Manor Care Home twice a month for bingo and lunch maintaining good community relationships.

Financial review

Details of any funds materially in deficit

The reserves policy of the Charity is twofold:
Funds are separately accumulated towards financing the purchase of new mini bus if and when this becomes necessary.
Secondly, if funds are temporarily surplus to operational requirements then these are funds invested until required for day expenditure. The reserve fund account is invested in a separate Savings account. The main financial risk to the Charity is loss of income from grants from the Councils and other donations. Reserves are also held in this case to meet any loss of income occurring in this way.

Further financial review details (Optional information)

- You may choose to include additional information, where relevant about:
 - the charity's principal sources of funds (including any fundraising);
 - how expenditure has supported the key objective of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Position	PROSTATE
Full name(s)	MARTIN SWIFT
Signature(s)	M. Swift
	16/1/25