

FRIENDS OF THE HOSPITAL OF ST CROSS

England & Wales · Charity number 218485

Details

Other names	THE LEAGUE OF FRIENDS OF THE RUGBY HOSPITALS, FRIENDS OF ST CROSS
Status	Registered
Legal form	Other
Registered	1963-11-11
Register	View on the Charity Commission register

Contact

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Activities

Objects: A.TO PROVIDE A LINK BETWEEN THE HOSPITAL OF ST. CROSS AND THE COMMUNITY WHICH IT SERVES.B.TO PROMOTE AND MAINTAIN BY MEANS OF VOLUNTARY SERVICE, THE INTEREST OF THE PUBLIC IN THE WORK OF THE HOSPITAL OF ST. CROSS.C.TO RAISE FUNDS FOR AND TO PROVIDE RECREATIONAL FACILITIES, COMFORTS, ENTERTAINMENTS AND OTHER AMENITIES FOR THE PATIENTS AND STAFF OF THE HOSPITAL OF ST. CROSS.D. TO RAISE FUNDS, IF NECESSARY BY MEANS OF SPECIAL APPEALS, THE PROMOTION OF SOCIAL FUNCTIONS AND ENTERTAINMENTS, AND BY ANY OTHER MEANS APPROVED BY THE COMMITTEE, FOR THE PROVISION OF ITEMS OF EQUIPMENT OR OTHER EXPENDITURE WHICH, IN THE OPINION OF THE COMMITTEE, ARE URGENTLY REQUIRED AND WHICH MIGHT NORMALLY BE DEEMED TO BE THE RESPONSIBILITY OF THE STATE BUT WHICH THE NHS WILL BE UNABLE TO PROVIDE TO THE HOSPITAL OF ST. CROSS FOR AN INDEFINITE PERIODS OF TIME OWING TO THE LACK OF OFFICIAL FUNDS OR BECAUSE OTHER ITEMS OF CAPITAL EXPENDITURE HAVE TO BE GRANTED A HIGHER DEGREE OF PRIORITY.

Activities: Support the health services of Rugby by providing volunteers and by raising funds, for the benefit of the local community

Classification

- **How:** Makes Grants To Organisations, Provides Human Resources
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

Geography

- **Area of benefit:** THE DISTRICT SERVED BY THE RUGBY HOSPITALS.
- Warwickshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£99,269	£35,011	-	-
2023-12-31	£99,112	£176,820	-	-
2022-12-31	£150,182	£48,814	-	-
2021-12-31	£135,147	£317,971	-	-
2020-12-31	£133,168	£52,719	-	-

Trustees

Name	Role	Appointed
Garth Murphy	Chair	2025-03-10
Adele Louise Bull		2025-08-11
BRIAN JOHN CHENEY		2022-09-12
Collette O'Connor		2023-11-13
Douglas Jones		2018-04-10
ELIZABETH BURNETT		2020-05-11
Gita Natarajan		2023-09-11
Hilary Dawn Parry		2025-08-11
Stephen Walshaw		2019-10-14
Supriya Pattanayak		2025-08-11
TRACEY ANNE LENNARD		
William Goldschmidt		2013-10-09

Accounts

The Friends of the Hospital of St Cross

Report for the period July 2024 to July 2025

For presentation to the AGM on 10th September 2025

Accounts for the year to 31st December 2024

Approved by the Board on 11th August 2025



Contact details

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Registered Charity number 218485



Special Award
Winner 2014



Team of the Year
Winner 2016

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Front Cover photo

Members of the Bowel Cancer Screening Programme thanked The Friends for their donation of centrifuge which will be used during a research project which could increase the number of patient samples which can be processed.

Back page photo

The Mayor’s Special Appreciation Award presented to the Trustees of The Friends of the Hospital of St Cross after the AGM in September 2023.

Acknowledgements

The majority of photographs throughout this report were taken by Friends Volunteers.

1. Welcome letter from the President



Dear Friends and Supporters,

Welcome to the 70th Annual General Meeting of the Friends of the Hospital of St Cross.

Last year Professor Andy Hardy unveiled the strategy for the further development of the site at St Cross. The first phase of this will include re-location of the services provided in the Owen Building, Children's Out Patients and Swift House and the building of a new theatre block on the site these buildings currently occupy. These plans are starting to come to fruition and you will hear more about "Health on the High Street" during the AGM.

At the AGM you will also hear about the progress of our Platinum Anniversary Appeal which aims to raise at least £70,000 to celebrate 70 years since The Friends was founded. In March we announced that the first project that the Appeal will support is the purchase of a second ultrasound machine which will allow ultrasound scans for maternity to be separate from gynaecology services.



The biggest change which affected The Friends Volunteer services was the introduction of the Electronic Patient Record (EPR) which reduced the volume of paper records and filing which was part of the activity undertaken by our great team of Ward Admin Volunteers (a service introduced to help with the added pressures on Ward Clerks during COVID). Many of the volunteers have now been redeployed to deliver Hospital Admin services in various wards and departments.



At the AGM Doug Jones will stand down as Chair but will remain as a trustee to look after the Governance of the charity. June Witcomb, our long serving Secretary of the Board will also stand down as will Ramesh Srivastava who will continue to volunteer in the Meet and Greet and Phlebotomy

services. I am pleased to report that we are in the process of recruiting 3 new Trustees and look forward to them joining the team if they are elected at the AGM.

Last year Elizabeth Burnett received a World Class Colleague Award and was shortlisted for the Trust's Outstanding Service and Care Awards (OSCA's).

I will close with a big thank you to all our Trustees, Volunteers and the dedicated team of service co-ordinators and fundraisers and look forward to the exciting year ahead.

All the best

Willy Goldschmidt, President – August 2025

2. Chairman's Report July 2023 to July 2024



Our previous AGM, the Friends 69th Annual General Meeting, was held on Wednesday 4th September 2024 at the Benn Hall and presented reports covering the activity of the Charity and our financial accounts for the year ended 31st December 2023.

The meeting was very well attended, as in previous years, with the Mayor of Rugby Cllr Simon Ward, Sue Noyes the Chair of the UHCW Board and our guest speaker Professor Richard King Consultant FRCSed (Trauma & Orthopaedics) UHCW Trust all in attendance. This was also the launch of our 70th Anniversary Appeal and we received a donation of £500 from the Rugby Male Voice Choir to kick start the appeal. More on that at the AGM from our President Willy Goldschmidt.

Professor King gave an excellent presentation "Day case hip & knee replacement- A revolution in orthopaedics." This covered the journey for the St Cross team from visiting an established unit in Exeter to learn from their experience to delivery of this new service at St Cross. This was only possible through the collaborative work of the various teams, nurses, therapists, advanced clinical practitioners, managers, radiographers, pharmacists, theatre staff, anaesthetists and surgeons who worked to deliver at St Cross a procedure that the Lancet had described as "The Operation of the Century". That team included the Friends who financially supported this development with the purchase of ten patient trolleys at a cost of £39,824 which was one of the major areas of support that we provided in 2023 without which this could not have been delivered so promptly.

Projects such as this are only possible because of the generosity and support that all those individuals, groups, clubs, and associations provide so readily to the Friends. Last year was no exception and our income from one year to the next has remained steady. We thank them all for the financial support they have provided. It is only possible for us to achieve as much as we do because of that ongoing support of the Rugby Community.

Once again, last year saw our fundraising activities delivering consistently excellent results. Pauline Masterman and her team on Book Sales raised a great amount of money bettering previous year end results. Elizabeth Burnett and team on the Tea Bar and Ward Trolley Services should also be mentioned for all they do which I know is very much appreciated by patients and staff alike and raised a significant sum of money for the Charity too.

Special mention should also be made of Tracey Lennard who last year celebrated her 25th year as Chair of the Social Fund-Raising Committee. A phenomenal achievement that has seen Tracey and team raise more than £200,000 since 1999.

Over the years an average of four events a year have taken place raising funds to support the work of the Friends in helping to bring new services to the town and improving the patient experience. Last year was no exception with four amazing evening events across the year once again raising a considerable sum. Huge thanks must go to all who attend the various fundraising events held and to the committee, both past and present, who give their time in both organising everything and supporting the Friends so readily.

Our Public Fund Raising during 2024 continued to raise a modest amount via Rugby LOTTO.

Over the last year considerable effort has been made in the engagement of local communities and in raising their awareness of the wide array of services provide at St Cross.

Obviously, this will need continued effort and input from the Charity to build upon those relationships and explore opportunities to develop additional income streams for the Friends. If you are over 16 years of age and would like more information or indeed would like to accept this challenge then please do not hesitate to contact us, we would love to hear from you.

Requests for support from our team of volunteers continue to grow and with the planned expansion of hospital facilities both on and off site that demand will only increase. We have a steady stream of new volunteers joining the Friends, but the number of active volunteers stays constant at around 170. The collective support provided by those individuals is amazing and runs at around 1500 hrs of volunteering a month. That is a huge and invaluable contribution to the work of the Friends managed by our team of excellent Service Co-ordinators who lead voluntary activities across a wide range of services here at St Cross. What you all do so willingly and enthusiastically is amazing and the Friends could not achieve all that we do without your support. To all our volunteers both new and long serving, I thank you for your service.

We have also seen changes within the Friends Board of Trustees with three Trustees stepping down at the AGM and three new Trustees joining us. A very warm welcome to our new Trustees and we thank those that are moving on for their support and contribution to the work of the Friends. The Trustee Board is still as strong as ever with a fantastic range of talents and a wealth of experience that can be drawn upon to continue to send the Friends onto the next chapter of its already amazing history.

We have also seen changes with our key contacts at the Hospital with both Dr Jan Jayatilake Hospital Director and Hilary Lorimer Volunteer Services Manager moving on. We thank them both for their support. I would also like to formally welcome our new “Friends” Juliet Starkey Group Director of Operations Rugby and Chelly Walsma Voluntary Services Manager. We look forward to building upon our already fantastic relationship with the Hospital.

The last budget year saw fewer than usual requests for support than we would normally expect to receive. Full details of what we have done over the previous year can be found within the gift list for 2024. Income, however, has been very consistent over the last couple of years which means we are well placed to support the future developments planned both on the Hospital site and within the Town as those developments begin to take shape. More on that subject at the AGM from our guest speaker Kara Maitra – Deputy Chief Strategy & Transformation Officer.

The continued and unwavering generosity that we receive from the Rugby Community has helped 2024 to be yet another fantastic year for the Charity. As always it is only possible for us to achieve as much as we do because of that ongoing support of our magnificent volunteers and the financial support that all those individuals, groups, clubs, and associations provide so readily to the Friends.

Thank you everyone for your support.

Doug Jones, Chairman - August 2025

4. Treasurer's report for 2024



The finances of the Friends of the Hospital of St Cross remain in excellent health and put us in a great position to be able to support the exciting expansion plans that the Trust have for Rugby. During 2024, our reserves increased by just under £66,000. This was in part, due to some expenditure projects totalling £35,000, that were not complete and paid for by 31st December 2024.

Total income raised during the year amounted to £99,269, almost the same as in the previous year.

As well as the many donations from individuals, including many sent in memory of loved ones, there were significant sums donated by a variety of local organisations, reflecting the fundraising efforts of their own members and supporters.

Whilst we are extremely grateful for all financial support, no matter how big or small, notable donations of more than £1,000 have been gratefully received following a golf day in memory of Mr Peter Pryde (£4,340), and from the Sir Edward Boughton Long Lawford Charity (£1,250).

Legacies continue to be a source of significant funds for our charity. A total of £37,603 was received during 2024. We are of course very grateful that people make a bequest to The Friends when making their wills. We can assure their families that 100% of the money received by us, is spent wisely and with care in support of hospital services within Rugby.

Special mention should once again be made of a few teams of volunteers, who make a particular contribution in raising funds for the charity:

- The social fundraising team, led by Tracey Lennard, put on a programme of exciting social events during the calendar year, raising a fabulous £16,144. Thank you to all of you who supported these events – a fantastic team effort.
- The Tea Bar and Ward Trolley Service team, led by Elizabeth Burnett, once again saw a significant increase in activity, in large part due to an expansion of the ward trolley services. These services generated a profit of £14,260 – an increase of almost 25% over the 2023 level.

As anticipated, following the introduction of more secure collection tins, income from the sale of books & jigsaws has more than doubled from the previous year, and generated an income of £2,732. Thank you to Pauline Masterman and her team of volunteers for this.

The funds raised by the charity, have of course been used funding gifts for the hospital to satisfy our aims. This year this totalled actual expenditure of £30,049, plus and additional £35,050 of approved and committed expenditure where the projects were not yet completed and paid for. This expenditure covered a wide section of hospital areas and departments, including Radiology (£7,253), Bowel Cancer Screening (£6,645), Outpatients (£3,774), and Physiotherapy (£2,991). The projects in progress at the end of the year, that will be completed during 2025, included the purchase of a patient bed mover for £19,000, and a functional equipment mover for £10,000.



I would like to thank Stephen Walshaw, our Purchasing Lead, for his diligence in securing the best possible price for all the items that we have donated.

The costs of operating the charity are more than covered by earned income (Tea Bar, Ward Trolley, interest and dividends), meaning that 100% of donations are dedicated to supporting services within the hospital.

The running costs this year totalled £4,962 – considerably lower than in previous years, partly due to there being no purchase of volunteer uniforms during this 12-month period, and a refund of some bank charges that had been paid in previous years.

The running costs included; the cost of running the website, emails and IT resources (£1,357); the examination of the annual accounts (£1,032) and insurance (£1,045). We have no paid employees, so the administrative and governance costs are limited to those items essential to the smooth running of the charity.

Once again, I would like to remind you all that the most significant contribution to the life of the hospital and its patients doesn't appear in these financial statements. This is the contribution made by volunteers who support the variety of services within the hospital and vastly improve the patient experience. We are indebted to you all.

Brian Cheney, Treasurer - August 2025



4. Accounts for the period 1st January 2023 to 31st December 2024

Friends of St Cross Hospital - income and expenditure statement from 1st January 2024 to 31st December 2024

		Year end	Year end
Income and Expenditure	Note	31-Dec-24	31-Dec-23
Income			
Voluntary income			
Donations	1	20,604	43,758
Legacies	2	37,603	19,376
Fund raising income			
Social fundraising	3	16,144	17,824
Public Fundraising	3	0	0
Investment income			
Bank & Building Society interest	4	5,848	2,153
Dividends	4	4,810	4,585
Trading income			
Tea bar & Ward Trolley Service	5	14,260	11,416
Income total		99,269	99,112
Expenditure			
Charitable expenditure			
Total gifts purchased	6	30,049	167,300
Support costs			
Administration and support	7	2,216	6,985
<u>Governance costs</u>			
Subscription to Attend (includes insurance) & AGM expenses	8	2,746	2,535
Expenditure total		35,011	176,820
Movement in value of equity investments	11	1,611	-1,464
Net incoming/outgoing resources for the year		65,869	-79,172
Balance brought forward at 1st January		322,455	401,627
Balance carried forward at 31st December		388,324	322,455

Statement of financial position at 31st December 2024			
Current assets			
Nat West Bank current account		54,561	36,147
Unity Bank current account		80,115	34,271
Coventry Building Society Charities Account		85,000	85,000
Hinckley & Rugby Building Society		85,000	85,000
M&G Charifund investment account		70,186	68,403
BLK Charities UK Bond Fund A Inc		8,419	8,809
Blackrock Charities Growth and Income Fund Class A		4,923	4,705
Cash in hand		120	120
Total assets		388,324	322,455
Outstanding liabilities			
Gift purchases ordered/invoiced, payments not cleared at year end		0	0
Net current assets		388,324	322,455
Funds			
Instant Access Funds	9	214,120	154,051
Funds with 90 days' notice	10	85,000	85,000
Funds in equity investment		83,528	81,917
Total unrestricted funds		382,648	320,968
Funds designated by donors		5,676	1,487
Total funds		388,324	322,455

Notes to 2024 accounts			
Note		31/12/2024	31/12/2023
1 Donations		£	£
	Coventry Building Society (<i>St Cross Supporters account</i>)	0	9,294
	Hinckley & Rugby Building Society	0	10,000
	Organisations	4,285	6,595
	In memory	8,257	3,640
	Gift Aid	0	0
	Individuals	2,149	1,539
	Internet platforms (Virgin Money Giving, Paypal Giving etc.)	1,598	2,989
	Book sales (<i>stalls in St Cross and via other channels</i>)	2,732	1,344
	All other donations (<i>collecting tins & drums, regular donations</i>)	1,047	6,043
	Miscellaneous (<i>Rugby Lotto, Amazon Smile, sundry donations</i>)	536	2,314
	Total	20,604	43,758
2 Legacies			
	Michael Clueit	24,553	0
	Mary Lock	10,000	0
	Geoffrey Philip Martindale	2,000	0
	Eric Emrys Craven	1,000	0
	Barbara Phillips	50	0
	Helen Dalton Dunkley	0	18,829
	Dr John Howel Jones	0	500
	Margery Vida Rainbow (additional receipt)	0	47
	Total	37,603	19,376
3 Fund raising (net of expenses)			
	Social fund raising	16,144	17,824
	Public fund raising	0	0
	Total	16,144	17,824

Notes to 2024 accounts continued			
Note		31/12/2024	31/12/2023
4	Savings & investment income		
	Coventry Building Society Charities instant access account	2,463	888
	Hinckley & Rugby Building Society 90 day notice interest	3,385	1,265
	Dividends - M&G Charifund	4,290	4,076
	Dividends - BlackRock UK Bond A	356	356
	Dividends - Blackrock	164	153
	Total	10,658	6,738
5	Tea bar and Ward Trolley Service		
	Gross takings	38,547	30,730
	Less cost of sales (<i>all remaining stock has been written off</i>)	-24,287	-19,314
	Total	14,260	11,416
6	Gifts		
	Gifts & grants to NHS Trusts	29,049	166,300
	Donation to Rugby Hospital Radio	1,000	1,000
	Total	30,049	167,300
7	Administration & support		
	Office, stationery & postage	329	348
	Travel	0	284
	Marketing	0	0
	Fund raising equipment	667	677
	Uniforms	0	2,821
	Bank charges	-432	547
	Miscellaneous (including website & email costs)	1,652	2,308
	Total	2,216	6,985
8	Governance Costs		
	Subscriptions to Attend (includes insurance)	1,045	995
	Examination of annual accounts	1,032	1,008
	AGM Expenses	669	532
	Total	2,746	2,535
9	Instant Access Funds		
	Natwest current account	54,561	36,147
	Unity Bank current account	80,115	34,271
	Coventry Building Society	85,000	85,000
	Cash in Hand	120	120
	Less designated funds	-5,676	-1,487
	Total	214,120	154,051
10	Funds with 90 day notice		
	Hinckley & Rugby Building Society	85,000	85,000
	Total	85,000	85,000
		Value	Value
11	Movement in Value of equity investments	31/12/2024	31/12/2023
	M&G Charifund account	70,186	68,403
	BLK Charities UK Bond Fund A	8,419	8,809
	Blackrock Charities Growth and Income Fund Class A	4,923	4,705
	Total	83,528	81,917
	Net Movement	1,611	

5. Gift list for 2024

Item	Ward/Department	Cost £
22 x Waiting Room Chairs	Radiology	£ 5,601
11 x Staff Lockers	Total £7,253	£ 1,652
Centrifuge	Bowel Cancer Screening	£ 4,953
Scope	Total £6,645	£ 1,692
12 x Chairs	Outpatients	£ 3,732
Crayons & puzzle books	Total £3,774	£ 42
Christmas Dinner (2023) for staff & volunteers	General	£ 3,645
1 x Gym Equipment Leg Extension/Curl	Physiotherapy	£ 2,791
Microwave	Total £2,991	£ 200
Bingo Prizes		£ 815
20 x Waste Bins	Ash Dialysis	£ 280
Larder Fridge	Total £1,421	£ 189
2 x Oil filled radiators		£ 99
Microwave		£ 38
2 x Rotunda with knee support	Oak & Mulberry	£ 1,368
Donation	Rugby Hospital Radio	£ 1,000
Presents for inpatients over Christmas	General	£ 850
Refreshments - Mental Health Initiative	General	£ 300
Fridge & Microwave	Orchard Centre	£ 200
4 x Wall Prints	Fern Unit	£ 288
Easter Eggs	General	£ 180
Flowers for planters + gardening tools	General	£ 87
4 x Hairdryers	Hoskyn	£ 47
	TOTAL	£ 30,049

Gifts in Progress as at 31st December 2024

Patient Bed Mover		£	18,965
Functional Equipment Mover		£	10,445
Christmas Dinner (2024) for staff & volunteers		£	5,640
	TOTAL	£	35,050



6. Hospital Volunteer Report



Our volunteers continue to make a difference to the experience of patients, visitors and staff in an ever-widening range of services. The smart uniforms of our hospital volunteers help them to be recognised by visitors and staff as part of Team UHCW.

Our volunteers donate an average of 1,500 hours per month to support the hospital. The 180 volunteers in the hospital are led by a team of service co-ordinators who work with the local hospital management and report to the Trustees.

We continue to recruit volunteers from across the community and have increased the number of sixth form and college students from local schools and colleges who wish to pursue a career in medicine.

The notional value of the effort they delivered in 2024 was £283,000 – more than double the average value of donations of equipment and project support that has been provided in recent years.

We continue to operate the range of services reported at last year's AGM except for Ward Admin which has been transformed into Hospital Admin following the introduction of the Trust's Electronic Patient Record. This service includes "Calling ahead" patients to remind them of booked appointments or undertaking a variety of other tasks which assist the teams in various wards and departments throughout the hospital.

Willy Goldschmidt and Doug Jones – August 2025

7. Social fundraising Report



This report covers the social fundraising events that were held during 2024 which was a significant year for me as it marked my 25th anniversary as Chair of the Social Fundraising Committee. Four spectacular evening events were scheduled to take place at Castle Keep spread across the year.

In April, a Games Show Party Night took place which proved to be extremely popular and was attended by the Mayor of Rugby. As well as raising lots of money for the Friends everyone who attended had a wonderful time reliving Play Your Cards Right, Deal or No Deal, a Pop Quiz and Bonkers Bingo complete with a "Henry Hoover" prize!! The profit from the evening after all associated costs was £2,401.

Originally the second event was an Adele Tribute Night in July which ended up being particularly memorable as due to unforeseen circumstances on the day it ended up being a Gary Barlow Tribute. It is amazing what can be done at the last minute and under pressure. Anyway, it was an incredible evening of entertainment which everyone without exception, after the initial shock at the announcement that Adele was not going to be there, totally enjoyed. A great evening which raised a fantastic £2,051.

Next, we held an Ibiza White Party in September!! Everyone arrived dressed fully in white and Castle Keep was decorated with white to create the right look and feel for this event. Two DJ's,

Any Rowley & Ted Nilsson provide the entertainment alongside a live saxophonist, Andy Sax, to create a truly memorable night. Thanks must go to DGM Slush who provided iced slush cocktails which were gratefully received and Balloons with Love provided a photographic backdrop for free which all added to making this an outstanding evening. The event raised £4,420 for the Charity.

The final event of the year, our Annual Black Tie, was at Castle Keep on 2nd November. This was again very well attended and both Andy Hardy UHCW CEO and Sue Noyes Chair of the UHCW Board were in attendance. Entertainment was provided by “Interesting Theatre” who provided a wonderful story portrayed through song. This was also a particularly important event to me as it marked my 25th annual black tie for the Friends which in addition to raising over £7000 on the night taking the total amount raised since 1999 by the Social Fundraising team to over £200,000.

Andy Hardy, Chief Executive Officer, and Sue Noyes, Chair of the Trust presented Tracey with a bouquet and thanked her and The Friends for all that they do to support The Hospital of St Cross.

The excellent Chefs Kitchen provided catering for all the 2024 events, and we thank Iain and Elaine Enticott for their continued support which is, as always, very much appreciated.

Four events are planned for 2025 including a Black-Tie Dinner Dance and a Dog Walk both of which have already taken place and raised £5215. An Afternoon Tea party with the Rugby Male Voice Choir will be held the weekend before the AGM and the final event for 2025 will be a Motown Evening!

As always huge thanks must go to my committee who give their time in both organising and supporting the Friends. Without their amazing contribution these events would not happen.

Tracey Lennard – August 2025



8. Public Fundraising Report



Over the last year considerable effort has been made in the engagement of local communities and in raising their awareness of the wide array of services provided at St Cross. This also gave us a wonderful opportunity to better their understanding of how the funds raised can complement the established or new facilities and services provided by the NHS at St Cross as well as helping to improve the patient experience.

This needed the significant investment of time with over 120 hours of engagement in 2024-2025 and contact being made with around 700 members of local communities.

Local businesses contributed generously too by donating prizes for the Friends stall in the Rugby Spring Fair which helped us to raise £407 from the public and raise awareness of the Charity.

By completing a 65 km cycling challenge, 8-year-old Mitra Sathiyamurthy raised £800 - which was shared equally between the Friends of St Cross and her school raising awareness for the work of the Friends of St Cross and inspiring others to do the same.

As the members of those diverse communities across Rugby become increasingly aware of the role of the charity in supporting the Hospital of St. Cross and its services, we look forward to the level of public support continuing to grow.

Obviously, this will need further effort and input from the Charity to build upon those relationships and explore opportunities to enhance this critical area of income for the Friends. If you are over 16 years of age and would like more information or indeed would like to accept this challenge then please do not hesitate to contact us, we would love to hear from you.



Meanwhile, the Rugby Lotto continues to generate an income for the Friends and since we joined on 19th June 2019 £4,000.00 has been raised. This was achieved on 6th July 2025. Obviously, the more people that take part the greater the benefit for the Friends.

Tickets in the weekly Lotto draw are only £1. That's right, unlike many other lotteries tickets are only £1 per week and 60% of every £1 ticket goes to good causes. If you nominate The Friends of the Hospital of St Cross as your chosen cause 50 pence goes to the Friends and 10 pence goes to other causes in Rugby and there's a grand prize of £25,000 if you are lucky enough to match all 6 number!! To buy a ticket just follow this link <https://www.rugbylotto.org>

Gita Natarajan & Doug Jones – August 2025

9. Community Co-ordinators Report

Since 2018 we have increased our engagement with the Asian community in Rugby with visits to the Hindu Temple, Sikh Gurdara and Pakistani Community Centre.



Most recently Willy Goldschmidt and Juliet Starkey visited the Hindu Temple which was celebrating 50 years since the Temple was inaugurated.

We now have strong representation of the Asian community in the team of volunteers delivering services and making the Hospital of St Cross a better health centre for all.



Ramesh Srivastava, Community Liaison Lead – August 2025

10. Hospital Report



I am pleased to present this report highlighting some of the key developments, service improvements and achievements at the Hospital of St Cross between June 2024 and July 2025. For those of you who don't yet know me, I have had the privilege of working at UHCW since 1999, with the first 18 years spent at the Hospital of St Cross. I have now returned and look forward to collaborating once more with the Friends of the Hospital of St Cross and seeing how the hospital will develop over the next few years.

Central to that growth is the multi-million-pound plans to expand surgical capacity, which were approved by Rugby Borough Council in February. The new development is to include four operating theatres, two 24-bed wards and 12 recovery bays and is part of our Organisational Strategy to reduce waiting times and improve patient care. This builds on the hospital's accreditation as an elective surgical hub and we are proud to be receiving national recognition for length of stay reductions following the introduction of our Rugby Ambulatory Orthopaedic Service in January last year. This has led to us being asked to support other organisations.

University Hospitals Coventry and Warwickshire (UHCW) NHS Trust is proud of its strong research portfolio, and it got me wondering how many people are aware that research studies are undertaken at the Hospital of St Cross?

We were really pleased to secure funding from the Friends earlier this year to facilitate a research study in the Bowel Cancer Screening Programme (BCSP) looking at the effect of extreme temperatures on the test kits used to identify potential signs of bowel cancer. The programme has also expanded the age at which screening is offered, resulting in more than 39,000 people being invited to submit samples for test every week.

In a major milestone, Endoscopy and Radiology colleagues successfully completed the first Endoscopic Retrograde Cholangio Pancreatography (ERCP) list in April. The introduction of ERCP (a complex procedure treating bile and pancreatic duct conditions) in Rugby is helping to improve patient access, shorten waiting times and enhance local service provision.

April also saw the introduction of dedicated rehabilitative Pilates sessions delivered in the Laurel Unit for our breast cancer patients. The programme includes a one-off education class followed by a six-week timetable of Pilates. Funded by the West Midlands Cancer Alliance, the programme focuses on supporting participants to return to daily activities.

We are proud of all the staff and volunteers working at the Hospital of St Cross, and it was lovely to celebrate Paul Francis who received the Mitie Partnership Award at the Outstanding Service and Care Awards (OSCA) and Sorna Thomas who was highly commended as one of three finalists for Excellence in Leadership at the inaugural British Indian Nurses Association (BINA) Global Awards, following her recent Florence Nightingale Award.

The next few years are set to be extremely exciting for our hospital and I look forward to sharing future developments with you.

Juliet Starkey, Hospital Director – August 2025



THE MAYOR'S SPECIAL APPRECIATION AWARD

Awarded to

*The Trustees of the Friends of
the Hospital of St Cross*

In recognition of the outstanding
support for Rugby's Hospital of St Cross and the
residents it serves

Maggie O'Rourke

Councillor Mrs Maggie O'Rourke
Mayor of Rugby
2023/24



FRIENDS OF ST CROSS HOSPITAL

FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31ST DECEMBER 2024

Friends of St Cross Hospital - income and expenditure statement from 1st January 2024 to 31st December 2024

<u>Income and Expenditure</u>	Note	Year end 31-Dec-24	Year end 31-Dec-23
Income			
Voluntary income			
Donations	1	20,604	43,758
Legacies	2	37,603	19,376
Fund raising income			
Social fundraising	3	16,144	17,824
Public Fundraising	3	0	0
Investment income			
Bank & Building Society interest	4	5,848	2,153
Dividends	4	4,810	4,585
Trading income			
Tea bar & Ward Trolley Service	5	14,260	11,416
Income total		99,269	99,112
Expenditure			
Charitable expenditure			
Total gifts purchased	6	30,049	167,300
Support costs			
Administration and support	7	2,216	6,985
<u>Governance costs</u>			
Subscription to Attend (includes insurance) & AGM expenses	8	2,746	2,535
Expenditure total		35,011	176,820
Movement in value of equity investments	11	1,611	-1,464
Net incoming/outgoing resources for the year		65,869	-79,172
Balance brought forward at 1st January		322,455	401,627
Balance carried forward at 31st December		388,324	322,455
<u>Statement of financial position at 31st December 2024</u>			
Current assets			
Nat West Bank current account		54,561	36,147
Unity Bank current account		80,115	34,271
Coventry Building Society Charities Account		85,000	85,000
Hinckley & Rugby Building Society		85,000	85,000
M&G Charifund investment account		70,186	68,403
BLK Charities UK Bond Fund A Inc		8,419	8,809
Blackrock Charities Growth and Income Fund Class A		4,923	4,705
Cash in hand		120	120
Total assets		388,324	322,455
Outstanding liabilities			
Gift purchases ordered/invoiced, payments not cleared at year end		0	0
Net current assets		388,324	322,455
Funds			
Instant Access Funds	9	214,120	154,051
Funds with 90 days' notice	10	85,000	85,000
Funds in equity investment		83,528	81,917
Total unrestricted funds		382,648	320,968
Restricted funds designated by donors		5,676	1,487
Total funds		388,324	322,455

Notes to 2024 accounts

Note	31/12/2024	31/12/2023
	£	£
1 Donations		
Coventry Building Society (<i>St Cross Supporters account</i>)	0	9,294
Hinckley & Rugby Building Society	0	10,000
Organisations	4,285	6,595
In memory	8,257	3,640
Gift Aid	0	0
Individuals	2,149	1,539
Internet platforms (Virgin Money Giving, Paypal Giving etc.)	1,598	2,989
Book sales (<i>stalls in St Cross and via other channels</i>)	2,732	1,344
All other donations (<i>tea bar, collecting tins & drums, regular donations</i>)	1,047	6,043
Miscellaneous (<i>Rugby Lotto, Amazon Smile, sundry donations</i>)	536	2,314
Total	20,604	43,758
2 Legacies		
Helen Dalton Dunkley	0	18,829
Dr John Howel Jones	0	500
Margery Vida Rainbow	0	47
Michael Clueit	24,553	0
Mary Lock	10,000	0
Geoffrey Philip Martindale	2,000	0
Eric Emrys Craven	1,000	0
Barbara Phillips	50	0
Total	37,603	19,376
3 Fund raising (<i>net of expenses</i>)		
Social fund raising	16,144	17,824
Public fund raising	0	0
Total	16,144	17,824
4 Savings & investment income		
Coventry Building Society Charities instant access account	2,463	888
Hinckley & Rugby Building Society 90 day notice interest	3,385	1,265
Dividends - M&G Charifund	4,290	4,076
Dividends - BlackRock UK Bond A	356	356
Dividends -Blackrock	164	153
Total	10,658	6,738
5 Tea bar and Ward Trolley Service		
Gross takings	38,547	30,730
Less cost of sales (<i>all remaining stock has been written off</i>)	-24,287	-19,314
Total	14,260	11,416
6 Gifts		
Gifts & grants to NHS Trusts	29,049	166,300
Donation to Rugby Hospital Radio	1,000	1,000
Total	30,049	167,300
7 Administration & support		
Office, stationery & postage	329	348
Travel	0	284
Marketing	0	0
Fund raising equipment	667	677
Uniforms	0	2,821
Bank charges	-432	547
Miscellaneous	1,652	2,308
Total	2,216	6,985

8 Governance Costs			
	Subscriptions to Attend (includes insurance)	1,045	995
	Examination of annual accounts	1,032	1,008
	AGM Expenses	669	532
	Total	2,746	2,535
9 Instant Access Funds			
	Natwest current account	54,561	36,147
	Unity Bank current account	80,115	34,271
	Coventry Building Society	85,000	85,000
	Cash in Hand	120	120
	Less designated funds	-5,676	-1,487
	Total	214,120	154,051
10 Funds with 90 day notice			
	Hinckley & Rugby Building Society	85,000	85000
11 Movement in Value of equity investments			
		Value	Value
		31/12/2024	31/12/2023
	M&G Charifund account	70,186	68,403
	BLK Charities UK Bond Fund A	8,419	8,809
	Blackrock Charities Growth and Income Fund Class A	4,923	4,705
	Total	83,528	81,917
	Net Movement	1,611	

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
FRIENDS OF ST CROSS HOSPITAL**

I report to the Charity Trustees on my examination of the financial statements of Friends of St Cross Hospital St Cross (the charity) for the year ended 31st December 2024.

Responsibilities and basis of report

As the Charity Trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. the accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the financial statements do not accord with those accounting records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2011 other than any requirement that the financial statements give a true and fair view which is not a matter considered as part of an independent examination.

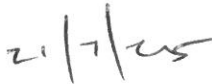
I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



S G Bolton FCA
Chartered Accountant

Central Chambers
45-47 Albert Street
Warwickshire
Rugby
CV21 2SG

Date:



FRIENDS OF ST CROSS HOSPITAL

FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31ST DECEMBER 2024

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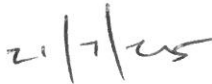
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S G Bolton FCA
Chartered Accountant

Central Chambers
45-47 Albert Street
Warwickshire
Rugby
CV21 2SG

Date:



Accounts



The Friends of the Hospital of St Cross

Report for the period July 2023 to July 2024

For presentation to the AGM on 4th September 2024

Accounts for the year to 31st December 2023

Approved by the Board on 12th August 2024



Contact details

The Friends of the Hospital of St Cross, Brookfield House,
Hospital of St. Cross, Barby Road,
Rugby CV22 5PX.

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Registered Charity number 218485



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2. Chairman's Report July 2022 to July 2023	3
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Cover photo

Doug Jones, Chair of the Friends, observed a demonstration of knee replacement surgery when the team from Cedar Ward celebrated the delivery of 10 new theatre trolleys which support the innovation of same day hip and knee replacement.

Back page photo

The Mayor's Special Appreciation Award presented to the Trustees of The Friends of the Hospital of St Cross after the AGM in September 2023.

Acknowledgements

The majority of photographs throughout this report were taken by Friends Volunteers.

1. Welcome letter from the President

Dear Friends and Supporters,



Welcome to the 69th Annual General Meeting of the Friends of the Hospital of St Cross.

As you will read in this report, and hear during the AGM, this has been another year of post pandemic adjustments. More importantly, once again, The Friends have supported major changes in the services provided at St Cross.

We were particularly delighted that shortly after we donated 10 Operating Theatre Trolleys for the Rugby Ambulatory Orthopaedic Service which is delivered from Cedar Ward, the Trust was formally accredited as an Elective Hub under the Get it Right First Time (GIRFT) scheme. You will hear more about this from Professor Richard King!

In February of this year Professor Andy Hardy unveiled the strategy for the further development of the site at St Cross. The first phase of this will include re-location of the services provided in the Owen Building, Children's Out Patients and Swift House and the building of a new theatre block on the site these buildings currently occupy. The Friends look forward to supporting this exciting development over the coming year.

Our team of active volunteers has grown over the year to approximately 200! We have made a change in the branding of our Befriending service which is now known as Patient Visiting. We plan to run a recruitment campaign to bolster the number of volunteers providing this service so that we can provide a full compliment in time for Patient Visiting during the Festive Season.

The biggest change which will affect the Friends Volunteer services is the introduction of the Electronic Patient Record (EPR) which will progressively reduce the volume of paper records and filing which is part of the activity undertaken by our great team of Ward Admin Volunteers. We are in active discussions with the Trust about several alternative services which these volunteers might deliver in future.

Last year 10 volunteers and Volunteer teams were shortlisted for the Trust's Outstanding Service and Care Awards (OSCAs). The Ward Admin Team which supports Hoskyn Ward were taken forward as finalists. They did not win but were delighted to see Kristine Davies pick up the Chief Executive's Award in recognition of her excellent work heading up Volunteer Services. She has helped to establish The Friends and UHCW Volunteers as a core part of Team UHCW. We hope that more of our volunteers will be recognised in the OSCAs this year. Nominations will have closed by the time this report has gone to the printers but hopefully we will have an update at the AGM.

I will close with a big thank you to all our volunteers and the dedicated team of service co-ordinators, fundraisers and trustees and look forward to the exciting year ahead.

All the best

Willy Goldschmidt - President

2. Chairman's Report July 2022 to July 2023



The Friends 68th Annual General Meeting was held at the Benn Hall on 6th September 2023 and presented reports covering the activity of the Charity and our financial accounts for the year ended 31st December 2022.

As in previous years, the meeting was once again well attended with the Mayor of Rugby, Cllr Maggie O'Rourke, and Dame Stella Manzie Retiring Chair of the UHCW Board of Trustees in attendance.

Our guest speaker was Robert White, Superintendent Radiographer, who provided a presentation giving an overview of the broad range of work conducted by Imaging Services. In 2023 the Fern Unit was the beneficiary of our largest donation of the year, a new Ultrasound Machine in the sum of £69,470. This has helped to increase capacity within Radiology providing the ability to treat an extra 500 patients a month.

As I have mentioned in previous years these sorts of projects are only possible because of those individuals, groups, clubs and associations that have continued to support the Friends so very generously. One of our key corporate relationships came to an end early in 2023 with a final contribution of £9,294 from the Coventry Building Society. We thank them and all their Affinity Account holders unreservedly for the financial support they have provided over a number of years.



But, as one door closes another opens, we had a brief verbal presentation from Colin Fyfe, the Chief Executive Officer of the Hinckley & Rugby Building Society at that time, and an announcement of a donation of £10,000. Colin has moved on to new challenges and we hope to continue to build upon the corporate relationship with the H&R. We thank every single one of our supporters for what they bring to the Charity and have helped us to achieve.

Our fund-raising activities in the last financial year saw some noteworthy increases. Elizabeth

Burnett and her team on the Tea Bar and Ward Trolley Service, post covid, have increased turnover by 60% and profit by 78%. Huge thanks to Elizabeth and team for all they do which I know is very much appreciated by patients and staff alike. Another area that has also worked some magic in this respect is Social Fund Raising where Tracey Lennard and her team of volunteers have achieved a year-on-year increase of some 37% profit on their activities. Again, huge thanks to Tracey and her team for all they do and what this enables us to support at the Hospital.

Public Fund Raising has however not fared quite so well. We currently have a volunteer vacancy for someone to help revitalise this important area of income for the Friends. If you would like more information or indeed would like to take up this challenge we'd love to hear from you.

Services at the Hospital continue to evolve as do requests for voluntary support. We have a steady stream of new volunteers joining the Friends and the collective support provided by some 170 volunteers in the Hospital continues to grow. Whilst we are able to monetise some areas of activity the support of our volunteers is the greatest gift of all and is beyond value. Of course, these things don't happen by chance or good fortune as we have a dedicated team of service co-ordinators who lead these activities for the Charity. We simply couldn't do all that we do without you.

We have also seen a number of changes within the Friends Trustee Board with one Trustee stepping down and three new Trustee appointments being made. A warm welcome to our new Trustees and we thank those that have moved on for their valuable contribution to the work of the Friends. As I mentioned last year, we are always looking for new talent and expertise at Trustee level so if you think that you could help in this respect, we really would like to hear from you.

Whilst our overall level of income has reduced over the last financial year our ability to support a number of requests has not changed. A wide range of gifts were made during 2023 totally a fantastic £167,300. Items included IT equipment and patient chairs for the Laurel unit; new furniture for the Relatives Room in Brookfield House; a



donation to Rugby Hospital Radio; Exercise equipment for Cardiac Rehab and Bingo prizes for Ash Dialysis. A new supply of Haircare kits was made available to the Maple Unit (Haematology & Oncology Unit); a larder fridge for day surgery staff to store their luncheon items and a festive Christmas Dinner for staff and volunteers plus presents for hospitalised patients over Christmas. A full list of all the gifts provided during 2023 can be found further on page 8 of this report.

At this point, we must recognise the efforts of Stephen Walshaw, our Purchasing Lead, who works diligently to secure the best discount on all the equipment that we buy for the Hospital. He has saved 10s of thousands of pounds over the years and in particular saved some £2,700 in 2023.

The continued and unwavering generosity that we receive has massively helped 2023 to be yet another fantastic year for the Charity. As we move ever closer towards our 70th Year and our Platinum Anniversary in 2025 I am still very pleasantly surprised by the level of affection there is for the Hospital of St. Cross and the Friends. It is only possible for us to achieve as much as we do because of that ongoing support of the Rugby Community.

All of this and so much more has only been possible thanks to the collective resolve of everyone involved with the Friends.

Thank you.

Doug Jones - Chairman

4. Treasurer's report for 2023



The finances of the Friends of the Hospital of St Cross remain in excellent health. Although in 2023, we saw a reduction in our reserves by some £79,000, this was in order to undertake a significant amount of expenditure supporting all areas of the hospital, which is of course great news!

Total income raised during the year reduced to a total of £99,112. Although this is approximately £51,000 lower than in the previous year, I don't believe that this represents a worrying trend. The reduction mainly came from two areas – a reduction in legacies, and the absence of continued financial assistance from

Coventry Building Society, who had provided very generous support via their customers for quite a few years. This ended in December 2022.

As well as the many donations from individuals, including many sent in memory of loved ones, there were significant sums donated by a variety of local organisations, reflecting the fundraising efforts of their own members and supporters.

Whilst we are extremely grateful for all financial support, no matter how big or small, notable donations of more than £1,000 have been gratefully received from the Hinckley and Rugby Building Society (£10,000); Hanover Ladies (£1,315); Sir Edward Boughton Long Lawford Charity £1,250; Rugby & District Cancer Concern (£1,200) and Miss Kathryn Mitchell (£1,000).

Legacies continue to be a source of significant funds for our charity. A total of £19,376 was received during 2023. We are of course very grateful that people make a bequest to The Friends when making their wills. We can assure their families that 100% of the money received by the Friends is spent wisely and with care in support of hospital services within Rugby.



Special mention should once again be made of a few teams of volunteers, who make a particular contribution in raising funds for the charity:

The social fundraising team, led by Tracey Lennard put on a variety of fabulous social events during the calendar year, raising £17,824 (whilst at the same time having a great deal of fun).

The Tea Bar and Ward Trolley Service team, led by Elizabeth Burnett, were able to dramatically increase the level of their services during the year. These services generated a profit of £11,416 – almost double the 2022 level.

Book Sales generated an income of £1,344, and with the introduction of new, more secure collection boxes, we anticipate that this will be significantly increased in 2024. We are grateful for the considerable efforts of Pauline Masterman and her team of volunteers in this regard.

The funds raised by the charity, have of course been used funding gifts for the hospital to satisfy our aims. This year this totalled an impressive £167,300. The largest items of expenditure included a new ultrasound machine for the Fern Unit (£69,470); 10 Operating Theatre Trollies for Cedar Ward (£39,824); signage for Endoscopy (£19,413) and various items for the Laurel Unit (totalling £18,562).

The costs of operating the charity are funded entirely out of earned income (Tea Bar, Ward Trolley, interest and dividends), meaning that 100% of donations are dedicated to supporting services within the hospital.

The running costs this year totalled £9,520 including the cost of volunteer uniforms (£2,851); the cost of running the website, emails and IT resources (£2,140); the examination of the annual accounts (£1,008) and insurance (£995). As you will no doubt know, we have no paid employees, so the administrative and governance costs are limited to those items essential to the smooth running of the charity.

It is worth noting that probably the most significant contribution to the life of the hospital and its patients doesn't appear in these financial statements. This is the contribution made by volunteers who support the variety of services within the hospital, and vastly improve the patient experience. We are indebted to you all.

Brian Cheney - Treasurer



4. Accounts for the period 1st January 2023 to 31st December 2023

Friends of St Cross Hospital - income and expenditure statement from 1st January 2023 to 31st December 2023

<u>Income and Expenditure</u>	<u>Note</u>	<u>Year end 31-Dec-23</u>	<u>Year end 31-Dec-22</u>
Income			
Voluntary income			
Donations	1	43,758	76,732
Legacies	2	19,376	48,294
Fund raising income			
Social fundraising	3	17,824	13,654
Public Fundraising	3	0	378
Investment income			
Bank & Building Society interest	4	2,153	746
Dividends	4	4,585	4,450
Trading income			
Tea bar & Ward Trolley Service	5	11,416	5,928
Income total		99,112	150,182
Expenditure			
Charitable expenditure			
Total gifts purchased	6	167,300	51,756
Total gifts in progress (reversed in 2022 if not spent)	6	0	-11,469
Support costs			
Administration and support	7	6,985	6,000
<u>Governance costs</u>			
Subscription to Attend (includes insurance) & AGM expenses	8	2,535	2,527
Expenditure total		176,820	48,814
Movement in value of equity investments	11	-1,464	-7,065
Net incoming/outgoing resources for the year		-79,172	94,303
Balance brought forward at 1st January		401,627	307,324
Balance carried forward at 31st December		322,455	401,627
<u>Statement of financial position at 31st December 2023</u>			
Current assets			
Nat West Bank current account		36,147	147,890
Unity Bank current account		34,271	83,696
Coventry Building Society Charities Account		85,000	85,000
Hinckley & Rugby Building Society		85,000	0
M&G Charifund investment account		68,403	70,049
BLK Charities UK Bond Fund A Inc		8,809	8,666
Blackrock Charities Growth and Income Fund Class A		4,705	4,666
Cash in hand		120	1,660
Total assets		322,455	401,627
Outstanding liabilities			
Gift purchases ordered/invoiced, payments not cleared at year end		0	0
Net current assets		322,455	401,627
Funds			
Instant Access Funds	9	154,051	318,246
Funds with 90 days' notice	10	85,000	0
Funds in equity investment		81,917	83,381
Total unrestricted funds		320,968	401,627
Funds designated by donors		1,487	0
Total funds		322,455	401,627

Notes to 2023 accounts

Note	31/12/2023	31/12/2022
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Organisations	6,595	19,114
In memory	3,640	3,241
Gift Aid	0	0
Individuals	1,539	10,964
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Miscellaneous (<i>Rugby Lotto, Amazon Smile, sundry donations</i>)	2,314	709
Total	43,758	76,732
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Dr John Howel Jones	500	0
Margery Vida Rainbow (additional receipt)	47	0
Henry Raymond Payne	0	37,541
Brian Anthony Mitchell	0	10,239
Grace Margaret Hall	0	514
Total	19,376	48,294
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Social fund raising	17,824	13,654
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Total	17,824	14,032
4 Savings & investment income		
Coventry Building Society Charities instant access account	888	74
Hinckley & Rugby Building Society 90 day notice interest	1,265	0
Hodge Bank 90 day notice account interest	0	672
Dividends - M&G Charifund	4,076	3,956
Dividends - BlackRock UK Bond A	356	356
Dividends -Blackrock	153	138
Total	6,738	5,196
5 Tea bar and Ward Trolley Service		
Gross takings	30,730	15,920
Less cost of sales (<i>all remaining stock has been written off</i>)	-19,314	-9,992
Total	11,416	5,928
6 Gifts		
Gifts & grants to NHS Trusts	166,300	50,756
Gifts in progress (including reversal)	0	-11,469
Donation to Rugby Hospital Radio	1,000	1,000
Total	167,300	40,287
7 Administration & support		
Office, stationery & postage	348	1,025
Travel	284	18
Marketing	0	122
Fund raising equipment	677	367

5. Gift list for 2022

Item	Ward/Department	Cost £
Ultrasound Machine	Fern Unit	£ 69,470
10 x Operating Theatre Trolleys	Cedar Ward Total £41,355	£ 39,824
'Sara Stedy' Sit to Stand Aid		£ 911
Rotunda Transfer Platform		£ 620
Signage	Endoscopy Unit	£ 19,413
IT Equipment	Laurel Unit Total £18,562	£ 11,080
12 x Patient Chairs		£ 2,611
Vital Signs Monitor		£ 2,335
6 x Chairs		£ 1,432
Office Desk & Chairs		£ 1,050
Radio		£ 54
Mortuary Bariatric Trolley	Mortuary	£ 4,029
Furniture for Sunflower Room	Sunflower Room	£ 3,701
Christmas Dinner (2022) for staff & volunteers	General	£ 2,400
Artwork	Hoskyn Ward	£ 1,742
Garden services for new Artwork	Total £2,332	£ 590
12 x Dementia Clocks	All Wards	£ 1,464
Donation	Rugby Hospital Radio	£ 1,000
Exercise Equipment	Cardiac Rehab	£ 885
Haircare Kits	Maple Unit	£ 850
Bingo Prizes	Ash Dialysis	£ 500
2 x Office Cupboards	Diabetes Centre Total £493	£ 353
Water filter machine		£ 85
Kettle		£ 55
Larder Fridge	Day Surgery	£ 330
Presents (vouchers) for inpatients over Christmas	General	£ 500
Flowers for planters	General	£ 16
	TOTAL	£ 167,300

The only gift in progress at the end of the year was the Christmas Dinner for staff and volunteers which will be reported in the accounts for the 2024.

6. Hospital Volunteer Report



Our volunteers continue to make a difference to the experience of patients, visitors and staff in an ever-widening range of services. Their smart uniforms are helping them to be recognised by visitors and staff as part of the team in the hospital.

The notional value of the effort they delivered in 2023 was £265,000 - approximately double the average value of donations of equipment and project support that has been provided in recent years.

The full range of services that we operate in the hospital is:-

Bingo

Volunteers run bingo sessions in order to entertain patients while they are undergoing treatment in the Ash Dialysis Unit.

Book Sales

A team of volunteers manage the display and sale of books, Jigsaws and other items which have been donated by supporters.

Gardening

A team of volunteers maintain various planted areas around the hospital site.

Holding Hands in Theatre

When a patient is having a cataract operation under local anaesthetic it is essential that they do not move as this could have a severe impact on a very delicate procedure. Volunteers who provide this service give some personal assurance to the patient throughout their visit to the hospital.

Maple Unit

Volunteers support patients and staff in the newly opened unit which provides Chemotherapy and Haematology treatments for patients.

Mealtime Companions

Some patients benefit from assistance with eating their food or just need a little bit of encouragement! Not all patients have relatives or friends that are available to give this support and so a team of volunteers help on several of the wards at St Cross.



Meet and Greet

Patients and visitors come to the hospital from all over Coventry and Warwickshire, as well as Rugby, and often need help to find their way to the ward or department where they have an appointment to attend or friends and relatives they would like to visit.

Volunteers are based at the entrances to Out Patients, the Day Surgery Unit, X-Ray department and the Friends Blood Taking Unit.



Patient Visiting (previously known as Befriending)

Some patients are elderly and do not have relatives or friends able to visit them so this service is designed to give those patients a visit to brighten their day.

Our latest recruits to the Patient Visiting team are Jess and Buddy. Buddy is a two-year-old Golden Retriever therapy dog, who is incredibly kind, gentle and loves a cuddle.

During the Festive Season we hope that this service will be expanded to offer additional support to those patients who are unfortunately in hospital at this time.



Receipts and Distribution

Volunteers assist the team by booking in deliveries from suppliers and sorting these into stock or distributing them to appropriate wards or departments.

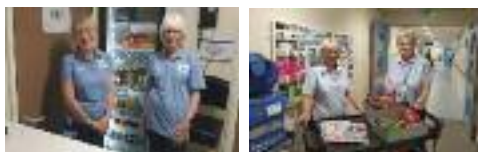
Tea Bar and Ward Trolley Service

Patients waiting for their appointments in Out Patients can enjoy a cuppa and a snack at the Friends Tea Bar.

Volunteers operate a Trolley service selling

drinks, confectionery, newspapers and other items to patients and staff on the wards.

Profits from these services contribute to the operating costs of the charity.



Ward Admin

Volunteers assist the Ward Clerks by answering the phones, filing records and a variety of other clerical tasks. This service was introduced during the pandemic and will undergo some transformation following the introduction of the Electronic Patient Record.

The services in the hospital are provided by some 170 volunteers, led by a team of service co-ordinators, and are now delivering more hours of voluntary service than ever.

We continue to recruit volunteers from across the community and have increased the number of sixth form students from local schools who wish to pursue a career in medicine.

Willy Goldschmidt and Doug Jones

7. Social fundraising Report



At the last AGM I reported on the social fundraising activities for the five social events held between November 2022 and July 2023. These were the events held between each AGM.

This report covers those events held during the financial year ending 31st December 2023 and a brief look at those planned for the current year.

In March 2023 a Race Night was held at Castle Keep. This was very well attended and facilitated by Glen Staite-Loveridge and his team of bookies in what was agreed by all to be a fun and entertaining evening which raised £3,878. Glen is now a very welcome member of the Social Fundraising committee.

James Gordon and his bride Lucy held their wedding reception at Castle Keep in April 2023. All profits from the reception bar plus a wonderful donation from the Happy Couple contributed to an excellent and very much appreciated donation of £1,000.

Tea, coffee, soft drinks and cake were all available following the Castle Farm Charity Dog Walk in May. Plenty of dogs, their owners and friends came along for the walk and £578 was raised.

The next event in July '23 was a Caribbean Night with amazing entertainment provided by Reggae Ray complimented by a Caribbean themed meal served by the wonderful Chefs Kitchen. Everyone dressed for the occasion and this well attended event raised £3,500.

Presentation of Mayors Awards at the Friends Black Tie 2023. Left to Right Doug Jones Chair, Willy Goldschmidt President, Mayor of Rugby Cllr Maggie O'Rourke and Tracey Lennard Trustee and Social Fundraising Chair.



The final event of the year, our annual Black Tie, was held on 28th October 2023. As always, this was well attended with entertainment from local band MUVE-ON who very generously donated their time. An auction took place with some amazing lots all donated to the Friends which generated a great deal of money. The total raised on the night was £8,874.

Nearly £18,000 was raised during 2023 which went towards an additional Ultrasound Machine in the Fern Unit located in Outpatients at St Cross.

The events for 2024 have already got underway with four amazing evenings planned across the year;

- Games Show Party Night April;
- Adele Tribute Night July (due to unforeseen circumstances this was changed at the last minute to Gary Barlow Tribute Night;
- An Ibiza White Party is planned for 21st September;

- Our final event of the year will be on 2nd November when our annual Black Tie will close the year.

Huge thanks must go to all who attend the various fundraising events held and to my committee who give their time in both organising and supporting the Friends, we couldn't do it without you

Tracey Lennard – August 2024

8. Public Fundraising Report



As always, every penny raised supports the work of the charity in our continued efforts to improve the patient experience and to bring new services to the Hospital of St Cross Rugby.

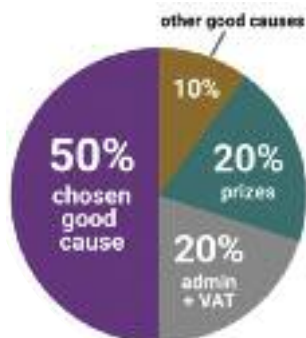
Whilst our long-standing relationship with the Coventry Building Society came to an end in 2023, with a final donation of £9,294 thanks to their Affinity Account holders,

a new one has been established with the Hinkley & Rugby Building Society who donated £10,000. We thank all who have supported us throughout 2023.

The Rugby Lotto continues to generate an income for the Friends and since we joined on 19th June 2019 a noteworthy £3,685.00 has been raised. Obviously, the more people that take part the greater the benefit for the Friends and, if you can, please buy a ticket or two to support us and maybe win a cash prize for yourself.

Tickets in the weekly Lotto draw are only £1. That's right, unlike many other lotteries tickets are only £1 per week and 60% of every £1 ticket goes to good causes. If you nominate The Friends of the Hospital of St Cross as your chosen cause 50 pence goes to the Friends and 10 pence goes to other causes in Rugby and there's a grand prize of £25,000 if you are lucky enough to match all 6 number!! To buy a ticket just follow this link <https://www.rugbylotto.org>

Donations can also be made online by following the links on our website www.fsx.org.uk or by setting up a standing order or sending a cheque sent to the office. Don't forget that if you are a tax payer and able to Gift Aid this will add 25% to your donation.



This year, we have reached out into Rugby's growing diverse communities to demonstrate the value of the Hospital of St. Cross as an investment – for improvement of patient experience, for augmenting the quality of new services and to contribute to the welfare of staff working in the hospital. Over 80 hours have been invested into personal/1-1 meetings, focus groups and participation in local community events to educate the community on the benefit of contributing to the cause. Local businesses have contributed to the purchase of raffle prizes which were used to leverage a bigger financial return. A growing number of families are

committing to setting up a standing order from as little as £2 a month, thereby committing to a sustainable/regular contribution over their lifetime.

We currently have a volunteer vacancy for someone to support Public Fundraising activity and help revitalise this important income stream for the Friends. If you think that you could help in this respect we'd love to hear from you.

Doug Jones & Gita Natarajan – August 2024

9. Community Co-ordinators Report



Since 2018 Hindu Swayamsevak Sangh has been involved doing Voluntary work with the Friends at The Hospital of St Cross. They painted the corridor leading from Blood Taking to the Elizabeth Chapel (2018), the Multi Faith Prayer Room (2019); the Friends of St Cross Book store (2020) Railings (2021) and cleared Gardens near the Urgent Treatment Centre (2022).

In 2023 the Sewa Group painted the hallway near the X-ray department. Mr Hitesh Lad, joint Secretary of Hindu Swayamsevak Sangh (Rugby Branch), went on to say “we are pleased to be involved doing voluntary work at St Cross and proud that our work has contributed to maintaining the hospital environment and aesthetically has made a big difference to the area. This has also helped the hospital to concentrate on maintaining the clinical areas of the hospital that are more frequently used by patients. The group will be working in partnership with the Friends of the Hospital of St Cross on other projects again this year.

Last year Willy Goldschmidt, President of The Friends of St Cross, and Sue Phelan, a volunteer at St Cross, visited the Rugby Pakistani Community Centre and the Rugby Gurudwara. A presentation on volunteering was made which was well received. Dr Jan Jayatilake, Director of Operations, Hospital of St Cross, also joined us at our visit to the Pakistani Community Centre and she talked about various health services provisions at St Cross. Those in attendance at the Pakistani Community centre and the Sikh Gurudwara were pleased to learn about volunteering opportunities at the Hospital. It also helped to raise awareness of the health services provided by the Hospital of St Cross.



Future developments at the hospital will provide further opportunities for the community to engage with the Trust and the Friends in delivering voluntary services and making the Hospital of St Cross a better health centre for all.

Ramesh Srivastava, Community Liaison Lead

10. Hospital Report



This year has been a big year for the Hospital of St Cross, as part of University Hospitals of Coventry and Warwickshire (UHCW) NHS Trust, in moving closer to the ambition to be a regional centre of excellence in the provision of planned care, in the heart of the Rugby community. The Trust's organisational strategy 'More than a Hospital' has a strong focus on delivering the very best outcomes for communities, working in collaboration with many partners to deliver high quality care to residents. The partnership with the Friends of St Cross is a vital and thriving collaboration, where your direct support makes a difference to the experiences of services, for both patients and staff.

Key Trust developments

Reflecting on this past year, it has been a navigation of opportunities, that ultimately, along the journey, moves us closer to delivering integrated services, building centres of excellence for some of our tertiary services, enabling service sustainability and expediting opportunities to enhance research, innovation, and teaching, whilst valuing and enabling our people and local communities.

This year saw the biggest change process for the entire Trust, in the adoption of an Electronic Patient Record (EPR), which allows clinical teams to access more integrated patient health notes, for clinical management. This was a huge undertaking, which has taken four years in planning and preparation. The new EPR went live at the Hospital of St Cross on Monday 17th June. The Friends played a key role in the go live, both in navigating and supporting patients during this period, and even undertaking navigator support roles at night and weekends, whilst staff learned how to use the new system. I had the pleasure of being briefed and debriefed by Bob during some of these shifts in the control room, and it was always a pleasure to gather partnership perspectives, to ensure we are always learning and improving.



As part of our valued partnership with the Friends, we recently conducted a joint session involving the Project Management Office to reflect on recent developments such as the move of the breast care service and how we continue to integrate care and further strengthen delivery and benefits realisation.

Key Site Developments

The next three years will be a very exciting time for the Hospital, with the start of a planned redevelopment and expansion of the site. Phase one is the proposed build of a new theatre and

ward block, housing four new theatres and two 24 bed wards. This forms part of a Development Control Plan (DCP), a wider programme of work for the development of the whole site over the next 10-15 years, with the desired outcome of creating facilities that support the vision of the site being an Elective hub (see below). We are working with a Strategic Partner, Health Spaces on the DCP, that focusses on improved navigation and flow around the site, including the proposed creation of a front entrance, with a range of additional facilities.

Operationally, this year we saw the official opening of a number of services, which included the Fern Unit as an outpatient ultrasound service, the new audiology hearing booth as an improved service development and the completion of the new Endoscopy build, as part of the community diagnostics expansion programme, to deliver greater access to diagnostic services and support the bowel cancer screening programme across the region. The Hospital was also formally accredited as a 'Get it Right First Time' Elective Surgical Hub, following an extensive review and assessment of the whole elective pathway by NHS England, scoring against a national criteria specification. This is a significant achievement for the Hospital and it becomes one of two elective hubs in the County.



In the Trust's journey towards net zero, the installation of solar panels, air source heating pumps and a districting heating system has reduced the need for natural gas as part of the decarbonisation plan. This has led to reduced carbon emissions by 678 tonnes per annum. The solar panels generated 118,050kWh's in the last financial year, further reducing costs. The Hospital of St Cross has done amazingly well in its journey towards a more sustainable future, in line with national targets.

Key Staff and service celebrations

The Hospital of St Cross celebrates its staff and volunteers' achievements on a weekly basis through the St Cross Word, Trust communications, and departmental huddles. However, it would be remiss of me to not mention special awards for Oak Ward Clerk, Hayley Golarits who won a highly competitive Outstanding Service and Care Award (OSCA) for supporting the delivery of

care, while the Volunteer Ward Admin Team on the Hoskyn Ward were runners up in the Volunteer of the Year category.

We are also so proud of Ward Manager Sorna Thomas, who won the prestigious Florence Nightingale award, and the Mulberry Ward who won the silver accreditation award.

The Orthopaedic and Therapy team at the Hospital of St Cross won first place in a 'Centre for Care Excellence Symposium' in the poster competition showcasing practice excellence. Giving preoperative therapy advice in a check and consent clinic to patients planning to undergo primary hip or knee operations resulted in 24% of patients being discharged as a day case, allowing them to recuperate at home.



We hosted several VIP visits in the last 12 months, including former Health Secretary Steve Barclay, who visited the new Endoscopy Unit and saw how robotic surgery is transforming hip and knee replacements in Rugby. Other visitors included Will Quince, the former Health Minister for Secondary Care Hospitals, Mark Pawsey, the former MP for Rugby, the Mayor of Rugby Councillor Maggie O'Rourke and the former High Sheriff of Warwickshire Sophie Hilleary.

I would like to take this opportunity to formally introduce and welcome Sue Noyes, as our new Trust Chair. Sue, who has strong ties to Rugby, has already started undertaking specific focus visits at the Hospital of St Cross and will be meeting staff and volunteers alike, over the coming year.

I wish to formally thank our previous Trust Chair, Dame Stella Manzie, who retired last year. Stella was an ardent advocate for the Hospital of St Cross and supported the VIP visits, the volunteers and NHS birthday tea parties. I have included some photos of her cutting the ribbon at the 75th NHS tea party celebrations. I would also like to thank colleagues from our Operations, Estates and Facilities teams, who worked hard on a voluntary basis, to dig out our memorabilia from the archives and showcase the Hospital of St Cross through the ages.

Finally, I would like to end by formally thanking the Friends of St Cross. Your unwavering support and passion for ensuring our communities are supported is an exemplar example of partnership working. Your support makes a difference to staff and patients every day. On behalf of the teams locally, and as a representative of the Trust, I sincerely thank you for your dedication, generosity and kindness and look forward to our partnership flourishing further, as we collectively enter new and exciting times at the Hospital of St Cross.

NHS 75th Birthday celebrations - July 5th 2024 'A memory walk of the history of St Cross'



Dr Jan Jayatilake, Hospital Director – August 2024



THE MAYOR'S SPECIAL APPRECIATION AWARD

Awarded to

*The Trustees of the Friends of
the Hospital of St Cross*

In recognition of the outstanding
support for Rugby's Hospital of St Cross and the
residents it serves

Maggie O'Rourke

Councillor Mrs Maggie O'Rourke
Mayor of Rugby
2023/24



FRIENDS OF ST CROSS HOSPITAL

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31ST DECEMBER 2023**

Friends of St Cross Hospital - income and expenditure statement from 1st January 2023 to 31st December 2023

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Margery Vida Rainbow	47	0
Henry Raymond Payne	0	37,541
Brian Anthony Mitchell	0	10,239
Grace Margaret Hall	0	514
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Gifts in progress (including reversal)		-11,469
Donation to Rugby Hospital Radio	1,000	1,000
Total	167,300	40,287
7 Administration & support		
Office, stationery & postage	348	1,025
Travel	284	18
Marketing	0	122
Fund raising equipment	677	367
Uniforms	2,821	2,667
Bank charges	547	413
Miscellaneous	2,308	1,388
Total	6,985	6,000

8 Governance Costs

Subscriptions to Attend (includes insurance)	995	930
Examination of annual accounts	1,008	960
AGM Expenses	532	637
Total	<u>2,535</u>	<u>2,527</u>

9 Instant Access Funds

Natwest current account	36,147	147,890
Unity Bank current account	34,271	83,696
Coventry Building Society	85,000	85,000
Cash in Hand	120	1,660
Less designated funds	-1,487	0
Total	<u>154,051</u>	<u>318,246</u>

10 Funds with 90 day notice

Hinckley & Rugby Building Society	<u>85,000</u>	<u>0</u>
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11 Movement in Value of equity investments

	Value 31/12/2023	Value 31/12/2022
M&G Charifund account	68,403	70,049
BLK Charities UK Bond Fund A	8,809	8,666
Blackrock Charities Growth and Income Fund Class A	4,705	4,666
Total	<u>81,917</u>	<u>83,381</u>

Net Movement	-1,464	
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**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
FRIENDS OF ST CROSS HOSPITAL**

I report to the charity trustees on my examination of the financial statements of Friends of St Cross Hospital St Cross (the charity) for the year ended 31st December 2023.

Responsibilities and basis of report

As the charity trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. the accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the financial statements do not accord with those accounting records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



S G Bolton FCA
Chartered Accountant

Central Chambers
45-47 Albert Street
Warwickshire
Rugby
CV21 2SG

Date: 14-6-24

FRIENDS OF ST CROSS HOSPITAL

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31ST DECEMBER 2023**

Friends of St Cross Hospital - income and expenditure statement from 1st January 2023 to 31st December 2023

<u>Income and Expenditure</u>	Note	Year end 31-Dec-23	Year end 31-Dec-22
Income			
Voluntary income			
Donations	1	43,758	76,732
Legacies	2	19,376	48,294
Fund raising income			
Social fundraising	3	17,824	13,654
Public Fundraising	3	0	378
Investment income			
Bank & Building Society interest	4	2,153	746
Dividends	4	4,585	4,450
Trading income			
Tea bar & Ward Trolley Service	5	11,416	5,928
Income total		99,112	150,182
Expenditure			
Charitable expenditure			
Total gifts purchased	6	167,300	51,756
Total gifts in progress (reversed in 2022 if not spent)	6	0	-11,469
Support costs			
Administration and support	7	6,985	6,000
Governance costs			
Subscription to Attend (includes insurance) & AGM expenses	8	2,535	2,527
Expenditure total		176,820	48,814
Movement in value of equity investments	11	-1,464	-7,065
Net incoming/outgoing resources for the year		-79,172	94,303
Balance brought forward at 1st January		401,627	307,324
Balance carried forward at 31st December		322,455	401,627
<u>Statement of financial position at 31st December 2023</u>			
Current assets			
Nat West Bank current account		36,147	147,890
Unity Bank current account		34,271	83,696
Coventry Building Society Charities Account		85,000	85,000
Hinckley & Rugby Building Society		85,000	0
M&G Charifund investment account		68,403	70,049
BLK Charities UK Bond Fund A Inc		8,809	8,666
Blackrock Charities Growth and Income Fund Class A		4,705	4,666
Cash in hand		120	1,660
Total assets		322,455	401,627
Outstanding liabilities			
Gift purchases ordered/invoiced, payments not cleared at year end		0	0
Net current assets		322,455	401,627
Funds			
Instant Access Funds	9	154,051	318,246
Funds with 90 days' notice	10	85,000	0
Funds in equity investment		81,917	83,381
Total unrestricted funds		320,968	401,627
Restricted funds designated by donors		1,487	0
Total funds		322,455	401,627

Notes to 2023 accounts

Note	31/12/2023	31/12/2022
1 Donations	£	£
Coventry Building Society (<i>St Cross Supporters account</i>)	9,294	38,578
Hinckley & Rugby Building Society	10,000	0
Organisations	6,595	19,114
In memory	3,640	3,241
Gift Aid	0	0
Individuals	1,539	10,964
Internet platforms (Virgin Money Giving, Paypal Giving etc.)	2,989	348
Book sales (<i>stalls in St Cross and via other channels</i>)	1,344	2,650
All other donations (<i>tea bar, collecting tins & drums, regular donations</i>)	6,043	1,128
Miscellaneous (<i>Rugby Lotto, Amazon Smile, sundry donations</i>)	2,314	709
Total	43,758	76,732
2 Legacies		
Helen Dalton Dunkley	18,829	0
Dr John Howel Jones	500	0
Margery Vida Rainbow	47	0
Henry Raymond Payne	0	37,541
Brian Anthony Mitchell	0	10,239
Grace Margaret Hall	0	514
Total	19,376	48,294
3 Fund raising (<i>net of expenses</i>)		
Social fund raising	17,824	13,654
Public fund raising	0	378
Total	17,824	14,032
4 Savings & investment income		
Coventry Building Society Charities instant access account	888	74
Hinckley & Rugby Building Society 90 day notice interest	1,265	0
Hodge Bank 90 day notice account interest	0	672
Dividends - M&G Charifund	4,076	3,956
Dividends - BlackRock UK Bond A	356	356
Dividends -Blackrock	153	138
Total	6,738	5,196
5 Tea bar and Ward Trolley Service		
Gross takings	30,730	15,920
Less cost of sales (<i>all remaining stock has been written off</i>)	-19,314	-9,992
Total	11,416	5,928
6 Gifts		
Gifts & grants to NHS Trusts	166,300	50,756
Gifts in progress (including reversal)		-11,469
Donation to Rugby Hospital Radio	1,000	1,000
Total	167,300	40,287
7 Administration & support		
Office, stationery & postage	348	1,025
Travel	284	18
Marketing	0	122
Fund raising equipment	677	367
Uniforms	2,821	2,667
Bank charges	547	413
Miscellaneous	2,308	1,388
Total	6,985	6,000

8 Governance Costs

Subscriptions to Attend (includes insurance)	995	930
Examination of annual accounts	1,008	960
AGM Expenses	532	637
Total	<u>2,535</u>	<u>2,527</u>

9 Instant Access Funds

Natwest current account	36,147	147,890
Unity Bank current account	34,271	83,696
Coventry Building Society	85,000	85,000
Cash in Hand	120	1,660
Less designated funds	-1,487	0
Total	<u>154,051</u>	<u>318,246</u>

10 Funds with 90 day notice

Hinckley & Rugby Building Society	<u>85,000</u>	<u>0</u>
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11 Movement in Value of equity investments

	Value 31/12/2023	Value 31/12/2022
M&G Charifund account	68,403	70,049
BLK Charities UK Bond Fund A	8,809	8,666
Blackrock Charities Growth and Income Fund Class A	4,705	4,666
Total	<u>81,917</u>	<u>83,381</u>

Net Movement	-1,464	
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S G Bolton FCA
Chartered Accountant

Central Chambers
45-47 Albert Street
Warwickshire
Rugby
CV21 2SG

Date: 14-6-24

Accounts



The Friends of the Hospital of St Cross

Report for the period July 2022 to July 2023

For presentation to the AGM on 6th September 2023

Accounts for the year to 31st December 2022

Approved by the Board on 14th August 2023



Contact details

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Registered Charity number 218485



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Cover photo

Doug Jones, Chair of the Friends, celebrates the opening of the Laurel Unit with staff and volunteers

Acknowledgements

The majority of photographs throughout this report were taken by Friends Volunteers.

1. Welcome letter from the President



Dear Friends and Supporters,

The past year has been one in which we have learned to “live with COVID” and adapted to the “new normal” in both society and at the hospital. The Trustees are now meeting as before – without facemasks. However, volunteers working in clinical areas do still wear masks as do many members of the public!

Throughout the pandemic our team of volunteers have worked in partnership with the staff and management of the hospital. Once again many of our volunteers have been nominated for Outstanding Service and Care Awards – one person and a team were finalists in the awards ceremony in 2022 and many have been nominated again for the awards this year.

Throughout the year we have continued to support requests for donations which either bring new services to Rugby or enhance the patient experience. Most notable amongst these donations are the opening of the Laurel Unit which is a new home for the team providing Breast Services. We have also donated artworks which brighten the view out of the windows on Hoskyn Ward (pictured right).



None of these donations would have been possible without the tremendous generosity of our supporters in Rugby. This year saw another record donation from the Coventry Building Society and several significant legacies which boosted our successful fundraising. Our governance continues to ensure that 100% of all monies donated is used to fund requests. We have no paid staff and our overheads are paid for out of earned income.

After 16 years of amazing support for The Friends, The Coventry has decided that it is time to focus their Community and Social Responsibilities effort on the City of Coventry. I would like to take this opportunity to thank them for their support over the years which saw many citizens in Rugby invest their savings in a way which supported the Friends and through us the Hospital of St Cross. This has been one of the key ways in which the community have demonstrated their connection with the charity and the Hospital

During the last year I have been honoured to be invited to represent the Charity at functions, which recognise the contribution made by the voluntary sector, organised by the Lord Lieutenant of Warwickshire and the Mayor of Rugby.

A very big thank you to all our volunteers and the dedicated team of service co-ordinators, fundraisers and trustees

All the best

Willy Goldschmidt, President - August 2023

2. Chair's Report July 2022 to July 2023



Our previous AGM, the Friends 67th such meeting, was held at the Benn Hall on 7th September 2022 and reports covering the activity of the Charity up to July 2023 and our financial accounts for the year ended 31st December 2022.

The meeting was once again very well attended with the Mayor of Rugby in attendance Cllr. Carolyn Watson-Merret, as well as Andy Hardy the CEO of UHCW NHS Trust and Dame Stella Manzie Chair of the UHCW Board of the Trust.

Covid was less in evidence but still an issue with face masks still being worn by some and particularly so in clinical areas of the hospital. That situation has slowly but surely changed throughout the last 12 months and face masks are generally much less evident in our everyday activity.

We benefitted from a presentation by Mrs Katerina McEvoy MD FRCS Consultant Oncoplastic Breast Surgeon who provided us with an overview of the service she managed. This was our major focus of support at that time and the unit is now fully up and running providing high quality and safe services thanks to the support of the Friends and the UHCW Charity.

These sorts of projects are only possible because of those individuals, groups, clubs and associations that have continued to support the Friends so very generously and those new supporters who have helped us in these challenging times. The list is long but some notable contributions have consistently been made over the years by the residents of Hanover Gardens, the Rotary Club of Rugby Dunsmore and of course the Coventry Building Society and its affinity account holders. We thank you all for what you have helped us to achieve.

Our Social Fund Raising activities have been second to none under the direction of Tracey Lennard and her team of volunteers. The last 12 months has been no exception and since the last AGM some amazing social events have taken place and a substantial amount has been raised. Five events in total have taken place and a cumulative sum in excess of £20,000 has been raised. Truly amazing. Thanks must go to all who are involved in organising these events and the generosity of those that attend.

Voluntary services at the Hospital continue to grow and all of those services that were stood down due to covid have now been reinstated. New volunteers regularly join the Friends and the support that some 170 volunteers collectively provide continues to grow. This aspect of the Friends activity is roughly equivalent to twice the amount of financial support that is given to the Hospital. These things don't happen by chance and we are fortunate to have a dedicated team of service co-ordinators who lead these activities for the Charity. We couldn't do all that we do without you.

Sadly, our oldest volunteer Mary Lock passed away just 6 days after her 100th birthday. Mary was a force of nature and Dame Stella and I were fortunate to meet and spend a short time with her on her birthday when she was at her vibrant best and completely on top



form. We fondly remember her and all other supporters, volunteers, former trustees and benefactors whom we have lost in the last year.

The composition of the Friends Trustee Board has changed too with some Trustees moving on to new chapters in their lives and new appointments being made. We welcome our new Trustees and thank those that have moved on for their valuable contribution to the work of the Friends. We are always looking for new talent and expertise at Trustee level so if you think that you could help in this respect, we'd love to hear from you.

Some of our key contacts at the Hospital have also moved on to new roles within UHCW and in particular we thank Janine Beddows and Kristine Davies for their help, advice, guidance, enthusiasm and commitment to making St Cross such a great place to support and for being such great "Friends". We wish them well and every success in their new positions. I'd also like to formally welcome our new "Friend" Dr Jan Jayatilake Hospital Director and Hilary Lorimer Volunteer Services Manager and to thank Sara Bagshaw and Luke Peachey for their interim support ahead of those appointments. We look forward to building upon our already fantastic relationship with the Hospital.

Our ability to commit the levels of support that we do remains undiminished and the last twelve months has been no different. A new fridge and freezer for Cardiac rehab, the significant support, through a collaborative approach with the UHCW Charity, for Breast Surgery Services (the Laurel Unit). Support for the Mortuary service with a new trolley; Wall murals for Hoskyn Ward to brighten up an otherwise rather dull and overgrown view through the ward windows and to stimulate conversation. Christmas Trees and Decorations to bring seasonal cheer and gifts for patients hospitalized over Christmas time and Volunteers bringing some extra cheer through our Festive Befriending program.

Of course our continued support of Ash Dialysis Bingo sessions with prizes and more recently our largest commitment of the year a new Ultrasound machine to help increase capacity within Radiology providing the ability to treat an extra 500 patients a month. This is just a snap shot of some key highlights of the last 12 months from my perspective and shows the sheer breadth of support that we are able to provide.

All of this and so much more has only been possible because of the continued support and unwavering generosity that we receive. Overall this has been yet another very positive year for the Charity thanks to the Rugby Community.

Thank you.

Doug Jones, Chair and Governance Lead - August 2023



4. Treasurer's report for 2022



Compared to the previous two years, 2022 saw some return to a sense of normality in terms of the finances of The Friends of The Hospital of St Cross.

Total income raised during the year rose to a total of £150,182. As well as the many donations from individuals, including many sent in memory of loved ones, there were significant sums donated by a variety of local organisations, reflecting the fundraising efforts of their own members and supporters. Notable donations from organisations included Rugby Golf Ladies Section £3,740, Rugby Rokeby Lions £2,000, Rugby Women's Luncheon Club £1,888. The Rugby Triathlon Group £1,865, The Heroes Ball £1,400 and Sir Edward Boughton – Long Lawford Charity £1,000.

Legacies continue to be a source of significant funds for our charity. A total of £48,294 was received during 2022. We are of course very grateful that people make a bequest to The Friends when making their wills. We can assure their families that 100% of the money received by us, is spent wisely and with care in support of hospital services within Rugby.

Special mention should be made of a few teams of volunteers, who make a particular contribution in raising funds for the charity:

The social fundraising team, led by Tracey Lennard put on a variety of fabulous social events during the year, raising almost £14,000 during the last financial year.

The Tea Bar and Ward Trolley Service team, led by Elizabeth Burnett, were able to dramatically increase the level of their services during the year. Gross takings were almost £16,000, and generated a profit of £5,928. This was after deducting £574 for the provision of a new display fridge in the Tea Bar.

Book Sales generated income of £2,650. We are grateful for the considerable efforts of Pauline Masterman and her team of volunteers in this regard.

The largest single source of funds was once again from the Coventry Building Society, from their St Cross Supporter's Account. Funds received totalled £38,578 – another record. We are extremely grateful to the Coventry Building Society, and their customers, for their very generous support over recent years.

The funds raised by the charity, have of course been used funding gifts for the hospital to satisfy our aims. This year this totalled £51,756 (with a further £23,682 committed to purchase in progress at the year end). The largest area of expenditure was on cancer related services in the Laurel Unit, where we funded items totalling £32,618 during the year, in addition to the £163,664 spent on the Maple unit last year.

This level of gifts to the hospital is lower than in previous years, as it is largely dictated by the needs of the hospital, and changes within the site, and services provided. However, this has meant that we have been able to increase our reserves ready for future investments in services.

The costs of operating the Charity are funded entirely out of earned income (Tea Bar, Ward Trolley, interest and dividends), meaning that 100% of donations are dedicated to supporting services within the hospital.

The running costs this year were higher than usual as it included £2,667 was spent on volunteer uniforms – including the purchase of initial stocks of these. As you will no doubt know, we have no paid employees, so the administrative and governance costs are limited to those items essential to the smooth running of the Charity.

It is worth noting that probably the most significant contribution to the life of the hospital and its patients doesn't appear in these financial statements. This is the contribution made by volunteers who support the variety of services within the hospital, and vastly improve the patient experience. We are indebted to you all.

Brian Cheney, Trustee and Treasurer - August 2023

4. Accounts for the period 1st January 2022 to 31st December 2022

Friends of St Cross Hospital - income and expenditure statement from 1st January 2021 to 31st December 2022			
Income and Expenditure	Note	Year end 31-Dec-22	Year end 31-Dec-21
Income			
Voluntary income			
Donations	1	76,732	98,977
Legacies	2	48,294	18,489
Fund raising income			
Social fundraising	3	13,654	12,098
Public Fundraising	3	378	239
Investment income			
Bank & Building Society interest	4	746	765
Dividends	4	4,450	3,766
Trading income			0
Tea bar	5	5,928	813
Income total		150,182	135,147
Expenditure			
Charitable expenditure			
Total gifts purchased	6	51,756	264,496
Total gifts in progress (reversed in 2022 if not spent)	6	-11,469	49,053
Support costs			
Administration and support	7	6,000	2,979
Governance costs			
Subscription to Attend (includes insurance) & AGM expenses	8	2,527	1,443
Expenditure total		48,814	317,971
Movement in value of equity investments	10	-7,065	8,867
Net incoming/outgoing resources for the year		94,303	-173,957
Balance brought forward at 1st January		307,324	481,281
Balance carried forward at 31st December		401,627	307,324
Statement of financial position at 31st December 2020			
Current assets			
Nat West Bank current account		147,890	120,286
Unity Bank current account		83,696	500
Coventry Building Society Charities Account		85,000	60,000
Hodge Bank 90 day notice account (Closed in 2022)		0	85,000
M&G Charifund investment account		70,049	74,181
BLK Charities UK Bond Fund A Inc		8,666	10,932
Blackrock Charities Growth and Income Fund Class A		4,666	5,333
Cash in hand		1,660	145
Total assets		401,627	356,377
Outstanding liabilities			
Gift purchases ordered/invoiced, payments not cleared at year end		0	-49,053
Net current assets		401,627	307,324
Composition of net current assets			
Instant Access Funds		318,246	124,067
Funds with 90 days' notice		0	85,000
Funds in equity investment		83,381	90,446
Funds designated by donors		0	7,811
Total		401,627	307,324

<u>Notes to 2022 accounts</u>			
Note		31/12/2022	31/12/2021
1	Donations	£	£
	Coventry Building Society (<i>St Cross Supporters account</i>)	38,578	33,286
	Organisations	19,114	39,528
	In memory	3,241	7241
	Gift Aid	0	1480
	Individuals	10,964	4817
	Internet platforms (Virgin Money Giving, Paypal Giving etc.)	348	6037
	Book sales (<i>stalls in St Cross and via other channels</i>)	2,650	1350
	All other donations (<i>tea bar, collecting tins & drums, regular donations</i>)	1,128	1338
	Miscellaneous (<i>Rugby Lotto, Amazon Smile, sundry donations</i>)	709	3900
	Total	76,732	98,977
2	Legacies		
	Rosemary Anne Cooney		1,000
	Douglas Pitcher		17,489
	Henry Raymond Payne	37,541	
	Brian Anthony Mitchell	10,239	
	Grace Margaret Hall	514	
	Total	48,294	18,489
3	Fund raising (<i>net of expenses</i>)		
	Social fund raising	13,654	12,098
	Public fund raising	378	239
	Total	14,032	12,337
4	Savings & investment income		
	Skipton Building Society instant access account interest	0	28
	Coventry Building Society Charities instant access account	74	130
	Hodge Bank 90 day notice account interest	672	607
	Dividends - M&G Charifund	3,956	3,527
	Dividends - BlackRock UK Bond A	356	178
	Dividends - Blackrock	138	61
	Total	5,196	4,531
5	Tea bar and Ward Trolley Service		
	Gross takings	15,920	4,937
	Less cost of sales (<i>all remaining stock has been written off</i>)	-9,992	-4,124
	Total	5,928	813
6	Gifts		
	Gifts & grants to NHS Trusts	50,756	263,496
	Gifts in progress (including reversal)	-11,469	49,053
	Donation to Rugby Hospital Radio	1,000	1,000
	Total	40,287	313,549
7	Administration & support		
	Office, stationery & postage	1,025	389
	Travel	18	328
	Marketing	122	170
	Fund raising equipment	367	433
	Uniforms	2,667	0
	Bank charges	413	
	Miscellaneous	1,388	1,659
	Total	6,000	2,979
8	Governance Costs		
	Subscriptions to Attend (includes insurance)	930	887
	Examination of annual accounts	960	
	AGM Expenses	637	556
	Total	2,527	1,443
9	Instant Access Funds		
	Natwest current account	147,890	120,286
	Unity Bank current account	83,696	500
	Coventry Building Society	85,000	60,000
	Cash in Hand	1,660	145
	Less designated funds	0	-7,811
	Total	318,246	173,120
10	Movement in Value of equity investments	Value	Value
		31/12/2022	31/12/2021
	M&G Charifund account	70,049	74,181
	BLK Charities UK Bond Fund A	8,666	10,932
	Blackrock Charities Growth and Income Fund Class A	4,666	5,333
	Total	83,381	90,446
	Net Movement	-7,065	8,867

5. Gift list for 2022

GIFT LIST FOR 2022		
Item	Ward/Department	Cost £
Various chairs & furniture		£ 6,085
Breast Tattoo Training		£ 4,860
Breast Tattoo Equipment		£ 3,500
Office Furniture		£ 2,924
3 Couches		£ 2,539
Caretray Trolleys		£ 2,467
Desks & Pedestals		£ 2,400
Trolleys	Laurel Unit	£ 2,066
12 Waste Bins	(Breast Services)	£ 1,398
15 Compartment Expo Cabinet	Total £32,618	£ 1,308
Glucometer		£ 1,197
5 Lockers		£ 743
Privacy Screen		£ 370
Weights & Measures Scales		£ 343
2 Danicentre's		£ 229
White Board		£ 119
Orange Hypo Box		£ 40
Glucometer		£ 30
Couches	Fern Unit (Ultrasound)	£ 3,277
Office & Patient Chairs	Total £4,784	£ 1,507
Audio Visual Equipment	Cardiac Rehab	£ 3,097
Fridge Freezer	Total £3,556	£ 459
Taurus Leg Press	Physiotherapy Outpatients	£ 2,249
Dynamometer	Total £3,209	£ 960
8 Visitor Chairs	Ash Dialysis	£ 1,816
Bingo Prizes	Total £2,116	£ 300
2 Patient chairs with wheels		£ 727
Caretray Trolley	Maple Unit	£ 577
Scalp Cooler Haircare Kits	Total £2,308	£ 320
Techno Stool		£ 331
Dressing Trolley		£ 277
Metal step		£ 76
Donation	Rugby Hospital Radio	£ 1,000
NHS "Thank " mugs x 216	All Wards	£ 978
Under counter Fridge	Mulberry Ward	£ 250
Artwork	Mortuary	£ 230
Presents (vouchers) for inpatients over Christmas	All Wards	£ 500
Dementia Dolls	Hoskyn Ward	£ 146
Floor Fan	All Wards	£ 61
	Total	£ 51,756
Gifts in progress as at 31/12/22		£ 23,682

6. Hospital Volunteer Report



Our volunteers continue to make a difference to the experience of patients, visitors and staff in an ever-widening range of services. Their smart uniforms are helping them to be recognised by visitors and staff as part of the team in the hospital.

I am pleased to report that we have resumed all of the voluntary services we were delivering before the pandemic and are continuing to support the hospital with the services which were introduced during the pandemic.

The full range of services that we operate in the hospital are:-

Befriending

Some patients are elderly and do not have relatives or friends able to visit them so this service is designed to give those patients an all important visit to brighten their day. During the Festive Season this service is expanded to offer additional support to those patients who are unfortunately in hospital at this time.

Bingo

Volunteers run bingo sessions in order to entertain patients while they are undergoing treatment in the Ash Dialysis Unit.

Book Sales

A team of volunteers manage the display and sale of books, Jigsaws and other items which have been donated by supporters.

Gardening

A team of volunteers maintain various planted areas around the hospital site.



Holding Hands in Theatre

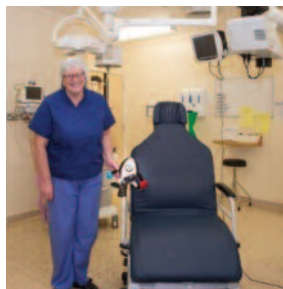
When a patient is having a cataract operation under local anaesthetic it is essential that they do not move as this could have a severe impact on a very delicate procedure. Volunteers who provide this service give some personal assurance to the patient throughout their visit to the hospital.

Maple Unit

Volunteers support patients and staff in the newly opened unit which provides Chemotherapy and Haematology treatments for patients.

Mealtime Companions

Some patients benefit from assistance with eating their food or just need a little bit of encouragement! Not all patients have relatives or friends that are available to give this support and so a team of volunteers help on several of the wards at St Cross.



Meet and Greet

Patients and visitors come to the hospital from all over Coventry and Warwickshire, as well as Rugby, and often need help to find their way to the ward or department where they have an appointment to attend or friends and relatives they would like to visit.

Volunteers are based at the entrances to Out Patients, the Day Surgery Unit, X-Ray department and the Friends Blood Taking Unit.

Receipts and Distribution

Volunteers assist the team by booking in deliveries from suppliers and sorting these into stock or for distribution to the appropriate wards or departments



Tea Bar and Ward Trolley Service

Patients waiting for their appointments in Out Patients can enjoy a cuppa and a snack at the Friends Tea Bar.

Volunteers operate a service selling drinks, confectionery, newspapers and other items to patients and staff on the wards.

Profits from these services contribute to the operating costs of the charity.

Ward Admin

Volunteers assist the Ward Clerks by answering the phones, filing records and a variety of other clerical tasks.

These services are provided by some 170 volunteers, led by a team of service co-ordinators, and are now delivering more hours of voluntary service than ever.

We continue to recruit volunteers from across the community and have increased the number of sixth form students from local schools who wish to pursue a career in medicine.



It is now the case that the notional value of the effort they deliver is almost double the average value of donations of equipment and project support that has been provided in recent years.

Willy Goldschmidt, President - August 2023

7. Social fundraising Report



Some amazing social events have taken place since the last AGM and substantial amounts have been raised.

In November 2022 we held our annual Black Tie Dinner. As always this was incredibly well attended with great entertainment from the Upsiders. It has to be said that this was our single biggest fund raiser, so far, and the participants were unbelievably generous. This event raised a phenomenal £11,154. Huge

thanks must go to all those who attended and supported the Friends in this way. Since then, a further four fundraising events have taken place. In March '23 we held a Race Night. Once again this was well attended and proved to be a really entertaining evening raising £3,878. The races were facilitated by Glen and his team of bookies in what was a really fun night with plenty of betting and the occasional drink helping to make it all go well.



April brought the wedding reception of James Gordon and his bride Lucy. James is the son of Julie Gordon, a dearly departed friend and social fundraising committee member. All profits from the reception bar plus a wonderful donation from the Happy Couple contributed to an excellent and very much appreciated donation of £1,000.35.

Tea, coffee, soft drinks and cake were all available following the Castle Farm Charity Dog Walk in May. Plenty of dogs, their owners and friends came along for the walk and £578 was raised.

Most recently in July a Caribbean Night was held with amazing entertainment provided by Reggae Ray and a Caribbean themed meal was served by the wonderful Chefs Kitchen. Everyone got into the spirit of the event and dressed for the occasion. Great entertainment, great food and great company as always plus £3,500 raised.

Our next and final event of the year will be on 28th October when it's Black Tie time again with all funds raised going towards an additional Ultrasound Machine at St Cross.

Tracey Lennard, Social Fundraising Team Chairperson - August 2023

8. Public Fundraising Report



The last 12 months has slowly seen a return to some pre-covid activities and the Board must thank those individuals, groups, clubs and associations that have continued to support the Friends so very generously and those new supporters who have helped us in these challenging times. Thanks go especially to those who have donated in memory of loved ones or as a bequest from an estate.

The list is long but some notable contributions have consistently been made

over the years by the residents of Hanover Gardens, the Rotary Club of Rugby Dunsmore and of course the Coventry Building Society and its affinity account holders. We thank you all for what you have helped us to achieve.

The Rugby Lotto continues to generate an income for the Friends and since we joined on 19th June 2019 a noteworthy £2,965.00 has been raised. Obviously, the more people that take part the greater the benefit for the Friends and if you can please buy a ticket or two, for £1 per week, to support us and maybe win a cash prize for yourself. To buy a ticket just go to this webpage <https://www.rugbylotto.org>

Donations can also be made online by following the links on our website www.fsx.org.uk or by cheque sent to the office. Don't forget that if you are a tax payer and able to Gift Aid this will add 25% to your donation.

We currently have a vacancy at Trustee level for someone to lead this activity and help restore a number of activities that we have previously carried out but have not yet resumed. If you think that you could help in this respect, we'd love to hear from you.

Thank you again to all who have supported us and the work of the charity in our continued efforts to improve the patient experience and to bring new services to the Hospital of St Cross Rugby.

Doug Jones, Chair and Governance Lead - August 2023



9. Community Co-ordinators Report



The vision for Community Liaison is to involve more communities to work in partnership with the Friends of the Hospital of St Cross. To support the hospital and the community in Rugby, to provide Voluntary services in the hospital and to make Hospital of St Cross a better Health Centre for all.

Every year the Hindu Swayamsevak Sangh (UK) – Rugby branch volunteer their time on a day set aside primarily to make a difference to people around us. The day is called 'Sewa day'. Numerous projects are undertaken locally, nationally and internationally.

Since 2018 Hindu Swayamsevak Sangh has been involved in various Voluntary projects at St Cross. Painting the corridor leading from Blood Taking to the Elizabeth Chapel (2018), the Multi Faith Prayer Room (2019), Friends of St Cross Book library (2020) and painting railings (2021) and in 2022 the Sewa Group (pictured overleaf) cleared the overgrown Urgent Treatment Centre entrance garden ready for a new planting arrangement.

More recently Doug Jones, Chair of the Friends, and his wife attended an event at the Hindu Temple in Rugby at the invitation of the Hindu Community to celebrate Hanuman Jayanti birthday. The theme of the day was very much around volunteering and helping others. This was part of

the Community Engagement activity and helped to raise awareness of volunteering opportunities with the Friends.

Doug Jones said “My wife, Jan, and I were honoured to be invited to the Hindu Temple in Rugby. Huge thanks to the Hindu Community for making Jan and I so welcome and for the amazing hospitality shown”.

The Friends look forward to working with the Hindu Swayamsevak Sangh (UK) again this year and I am hoping to involve a few more communities too.



Ramesh Srivastava, Community Liaison Lead – August 2023

10. Hospital Report



It's been a pleasure to join The Hospital of St Cross Rugby, in April, as a Director focussed on supporting the development and delivery of services on the site.

Reflecting on this past year, it has been a particularly challenged one across all operational teams, staff groups and very much for our local communities, for many reasons. Following Covid, the need to rapidly recover services and start to meaningfully bring down waiting lists has been a significant focus of all teams operationally. Last year, the Trust managed to significantly improve the position on patients waiting a very long time for operations and it continues to centre on bringing these waits down to pre-pandemic levels, as an absolute priority. The Hospital of St Cross Rugby is a pivotal part of this recovery, and has the opportunity to further develop elective services on the site.

The Trust has been nationally recognised for its work around tackling health inequalities by developing a tool to identify the more vulnerable patients on waiting lists. This coupled with continuing to seek the views of our patients and staff in order to improve processes, have better communication, embrace innovation, support access to research and development and ultimately improving services, has continued to progress the Trusts vision of national and international leaders in healthcare, whilst firmly rooted in our communities.

Orthopaedics recently successfully completed their 100th RACER Knee and Hip Mako robot procedure at St Cross. This was part of a study funded by the National Institute for Health Research and the University of Warwick clinical trials unit, to investigate the precision of using a surgical robot for joint replacement. In the future, trials such as these can result in technologically advanced treatment, that is hoped will greatly improve outcomes for patients.

Over the last few years we have had some major developments on site, including the popular Maple Unit offering Haematology and Oncology services to the local community and the new

modular theatres, which continue to enable more and more patients to have their surgery locally.

This year, maintaining focus on the development of health services in Rugby, The Hospital of St Cross Rugby has seen further investment realised in the building of a new modern Endoscopy unit, that has taken just under four years from conception to implementation and is due to be completed this October. In addition, the Laurel Unit has been developed to support pre-operative and post-operative care for patients who have undergone Breast Surgery, with a plan to have more post operative services. In outpatients, further investment continues with a new booth for Audiology and increased access to outpatient Ultrasounds with the new Fern Unit.

The wayfinding project to improve signage across the site, has finally been signed off, and is in the process of being implemented. Can I thank the Friends for all your support in helping patients navigate their way through the site, but also for working in partnership with us, by reviewing the maps and providing valuable feedback. Your support is always very much appreciated.

Environmentally, UHCW has embarked on an ambitious Green plan to decarbonise its estate and the Hospital of St Cross Rugby has blazed a trail in that Net Zero plan. The first stage of energy savings works on site for this year are complete, having been funded by grants. This includes the installation of 1,200 solar panels and air source heat pumps connected to the three main plant rooms, which are predicted to save an estimated 687 tonnes of carbon dioxide generated per annum. The next phase of the project has funding applications in to further reduce the sites dependence on gas. If successful, the site could be up to 92% Gas free.

More than a hospital, the future plans for the Hospital of St Cross Rugby is very much rooted in increasing service provision here and continuing to progress effective collaboration with partners both within and outside of healthcare, as this is vital to delivering the best outcomes for our communities. As plans evolve and establish, the collaboration with the Friends of St Cross, is a valued partnership that I look forward to seeing flourish. Many of the initiatives I have discussed have been supported by the Friends of St Cross, the volunteers and the service co-ordinators, who have all generously and freely given their time and it is with this, that I thank you for all your support and dedication, in supporting The Hospital of St Cross Rugby to thrive

Dr Jan Jayatilaka, Hospital Director – August 2023



11. Other ways to support The Friends



**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE FRIENDS OF THE HOSPITAL OF ST CROSS**

Independent examiner's report to the trustees of The Friends of the Hospital of St Cross

I report to the charity trustees on my examination of the financial statements of The Friends of the Hospital of St Cross (the charity) for the year ended 31st December 2022.

Responsibilities and basis of report

As the charity trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. the accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the financial statements do not accord with those accounting records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**S G Bolton FCA
Chartered Accountant**

Central Chambers
45-47 Albert Street
Warwickshire
Rugby
CV21 2SG

Date: 29/8/2023

FRIENDS OF THE HOSPITAL OF ST CROSS

England & Wales - Charity number 218485

Accounts



The Friends of the Hospital of St Cross

Report for the period November 2021 to July 2022

For presentation to the AGM on 7th September 2022

Accounts for the year to 31st December 2021

Approved by the Board on 8th August 2022



Contact details

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Registered Charity number 218485



Special Award
Winner 2014



Team of the Year
Winner 2016

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Cover photo Doug Jones, Chair of the Friends, presented logoed mugs to staff at the Hospital. This was funds raised in the community to say Thank You NHS for all their work during the pandemic.

Acknowledgements

The majority of photographs throughout this report were taken by Friends Volunteers.



1. Welcome letter from the President

Dear Friends and Supporters,



As 2021 began, the Board of Trustees looked forward to resuming “service as normal”, but as we are all aware this was not to be. Board meetings via ZOOM continued until we were able to resume meeting in person, albeit masked!

Fundraising has continued to pose challenges and we continue to benefit from legacies which have enabled us to support requests for equipment. Some of our biggest items have been the ocular tomography scanner £52,341, mini c-arm x-ray machine £50,000 and the 2 scalp coolers £33,651.

As I said in my report last year, including the Friends as a beneficiary in your will enables us to continue to support major requests, so a thank you for the legacies. The Board would like to thank all those individuals who donate to the Friends and especially to the Coventry Building Society for its support. Through our governance policies we guarantee that 100% of any money donated to the Friends is used for the benefit of those at St Cross and all our Trustees and volunteers provide their time and services for no financial reward. The Board works closely with the hospital management to identify and support the requests which will improve patient care.



As the year progressed, we were able to resume some of our voluntary services and the Ward Trolley Service which is looked after by Elizabeth Burnett is welcomed by patients and staff. Volunteers and staff at the hospital have continued to be challenged by the pressures resulting from COVID 19.

My sincere thanks and appreciation to everyone whether you are a volunteer, a Trustee or a supporter, for your help, efforts and contributions in 2021, and for continuing to rise to the challenges.

Yours sincerely,

Kathryn Lawrence – August 2022

2. Chairman's Report November 2021 to July 2022

The last AGM on Wednesday 1st December 2021 was held at the Benn Hall and reports covered the operational activity of the Charity up until the end of October 2021 and our accounts for the year ended 31st December 2020.



The meeting was well attended and we were fortunate to have in attendance the High Sheriff of Warwickshire and Dame Stella Manzie, Chair of the UHCW Board of Trustees. The tenure of Willy Goldsmith as Chair of the Friends Board of Trustees came to end and we thank him for the all that he did during his term of office.

At the time of the last AGM Covid still created a degree of uncertainty and nervousness around how meetings should and could be conducted and when and where face masks should be worn. Fortunately, things are more relaxed now but Covid remains a clear and present danger and we all need to remain watchful and considerate of the needs of others as the situation continues to evolve and infection rates fluctuate.



The generosity and support of local businesses, clubs, associations and individuals seem to know no bounds in Rugby and that unwavering support of the Friends and the Hospital of St Cross is very much appreciated. ASDA came up trumps at Christmas with a generous donation of a trolley full of Christmas treats for those who were unfortunately hospitalised over the festive season. I'm more than certain that these were enjoyed by staff and patients alike and helped to raise the spirits of all involved.

We also received another significant donation from the Coventry Building society, £33,286 our single largest contributor once again thanks to its generous savers. Support was also received through the Ladies section of Rugby Golf Club. In spite of the obvious difficulties, due to the pandemic, the fund-raising efforts of the Ladies section can only be described as sensational and at a presentation in the Club House Ladies section Club Captain Sue Tura presented the Friends with an amazing £3,740. The Rugby Rokeby Lions also supported us through a Bridge Tournament which raised a fantastic £2000. These are just examples of the tremendous level of support that we continue to receive and regardless of the amount whether big or small every penny donated helps The Friends to support the Hospital and the Community Health Service in Rugby and helps us to improve the patient experience or to bring services to the town.

Voluntary services at the Hospital continue to grow and I am delighted to announce that most recently we have been able to restart our Tea Bar operations. I know that this has been a long time coming and a number of our volunteers are very much enjoying once again, being back in action, serving refreshments in the outpatients waiting area. Ward Trolley and



Ward Administration Services are increasingly appreciated by staff and patients alike. The various services provided by the Friends at St Cross are managed through a team of eight Service Co-ordinators leading the 150 plus volunteers who continue to deliver, week in week out with commitment, enthusiasm and good humour more hours of service than ever before. To all our volunteers both new and long serving, I thank you for your service.



The Friends was originally established in 1955 and 2020 was our Sapphire Anniversary. A phenomenal achievement and testimony to the importance of the Charity to so many that after 65 years we continue to grow in stature within the area. Our Sapphire Appeal launched at the end of 2019 came belatedly to an end, due to the pandemic, on 31st December 2021 with a magnificent £81,000 having been raised. This helped to replenish our funds committed primarily to the Maple Unit.

Earlier in the year UHCW launched its Draft Organisational Strategy 2022-2030 with plenty of opportunity for organisations, individuals and staff to feed in to the further development and more detailed iterations of these plans. We look forward to learning more about what this means for St Cross and the services that are provided here in Rugby. New Theatres have been installed and are being fully utilised and a New Endoscopy unit is also operational. These are great indicators of the investment into the St Cross site and the further development of new and existing services. For many change is a time of uncertainty and concern but for me this is an exciting environment and I am certain that there will be a number of opportunities that arise where the Friends will be able to support and help to improve the patient experience or to bring services to the town as the strategic direction becomes clearer.

Since the turn of the year less requests for support than we would normally expect to receive have been seen and full details of what we have done can be seen in detail within the gift list. Obviously, it's great to be able to help with the big items but it's so often those smaller things that make a visit to hospital so much better. But it's not just the patients but also the staff too who benefit and some of those important little details like logoed mugs for staff and volunteers to use, branded Thank You NHS with the Friends logo on the opposite side. The introduction of updated workwear for volunteers has been well received, increasing the visibility of the Friends and raising awareness of our volunteer's presence on site. A new display fridge for the Tea Bar so that the drinks and snacks can be clearly displayed and hopefully increase sales too.

For the Friends it has been an absolute pleasure to provide Scalp Cooler Hair care Kits for those that need it, a Dynamometer and Leg Press for the physiotherapy department, Ultrasonic guided injections and of course Bingo Prizes for Ash Dialysis!!

All of this and so much more has only been possible because of the unwavering generosity and the continued invaluable support of the Rugby Community.

Thank you

Doug Jones - Chairman and Governance Lead



3. Treasurer's report for 2021



Compared to previous years, The Friends of the Hospital of St Cross, in some respects, has had a quieter year to those previously from a financial perspective. That said, in the absence of any public collections due to the national restrictions, donations for the year were double that received in 2020. This is thanks to the hard work of the volunteers and trustees and the generosity of local people and organisations.

In 2021, the Sapphire Appeal aimed to raise £65,000 but when it closed £81,000 had been achieved.

We have been given a variety of items donated to The Friends of the Hospital of St Cross in order to resell on the internet to raise funds ranging from the sale of books to toys etc. under the stewardship of Pauline Masterman, Colette Weller and other volunteers.

The Friends of the Hospital of St Cross are grateful for the legacies bequeathed during the past year in such difficult times.

Kathryn Lawrence and Tracey Lennard have both continued their sterling work in both public and social fundraising respectively collecting over £12,000 between them.

Amongst the numerous donations from various local organisations during the year has been £20,000 from the Rugby Group Benevolent Fund, Rugby & District Cancer Concern £11,152 and the Edward Boughton Long Lawford Charity and The Rugby Fellowship Centre each donated £1,000.

The modern age has seen an eight fold increase in the level of funds being raised through the various internet platforms such as Virgin Money Giving and PayPal Giving etc..

Although regrettably the Tea Bar had to close due to the government restrictions, the demand for the Ward Trolley Service continued with the help of volunteers and the introduction of a machine for taking card payments. I am pleased to report that the Tea Bar reopened for business in July.

We are indebted to Coventry Building Society for their record donation of £33,286.00 as stated at last year's AGM.

It is reassuring to know that the financial health of The Friends of the Hospital of St Cross is so ably being supported by so many.

The Friends of St Cross Hospital has achieved a great deal in terms of making available funds for the gifts to the hospital itself. Gifts totalling £313,549 of which £163,000 was spent equipping the Maple Unit.

In terms of retained funds and investments, administration costs have been kept low. The Friends of the Hospital of St Cross has taken the decision to open an internet based account with the Unity Trust Bank. This will enable us to dispense with issuing cheques when paying for goods such as the gifts for the hospital and for patients in the form of making sure we have supplies for the Ward Trolley Service in terms of newspapers and various forms of sustenance.

The finances of the Friends of the Hospital of St Cross only records the monetary amounts. The true value of the work done by everyone involved should not be underestimated. Not everything can be reflected in monetary terms.

Paul Malin – Trustee and Treasurer

4. Accounts for the period 1st January 2021 to 31st December 2021

The Friends of the Hospital of St Cross

Income and Expenditure	Note	Year end 31/12/2021 £	Year end 31/12/2020 £
Income			
Voluntary income			
Donations	1	98,977	48,512
Legacies	2	18,489	77,332
Fund raising income			
Events and Christmas raffle	3	12,337	6,000
Sapphire Appeal	3	□	7,372
Investment income			
Bank and building society interest	4	765	1,806
Dividends	4	3,766	3,194
Trading income			
Tea bar	5	813	2,687
Income total		135,147	146,903
Movement in value of equity investments		8,867	-13,735
		144,014	133,168
Expenditure			
Charitable expenditure			
Total gifts purchased	6	264,496	46,107
Total gifts in progress	6	49,053	-
Support costs			
Administration and support	7	2,979	5,699
Governance costs			
Subscriptions to attend (includes insurance) & AGM expenses	8	1,443	913
Expenditure total		317,971	52,719
Net incoming/(outgoing) for the year		-173,957	80,449
add back 2019 accrual		-	21,801
Balance brought forward		481,281	379,031
Balance carried forward		307,324	481,281
Statement of financial position at 31st December 2021			
Current assets			
NatWest current account		120,286	160,077
Skipton Building Society		-	85,000
Unity Bank		500	-
Coventry Building Society		60,000	85,632
Hodge Bank		85,000	85,000
M & G Charifund		74,181	65,427
BLK Charities UK Bond Fund A Inc		10,932	-
BlackRock Charities Growth and Income Fund Class A		5,333	-
Cash in hand		145	145
Total assets		356,377	481,281
Outstanding liabilities			
Gift purchases ordered/invoiced, payments not cleared		-49,053	-
Net current assets		307,324	481,281
Composition of net current assets			
Unrestricted funds		124,067	330,103
Funds with 90 days notice		85,000	85,000
Funds in equity investments		90,446	65,427
Funds designated by donors		7,811	751
Total		307,324	481,281

The Friends of the Hospital of St Cross

Notes to 2021 accounts

Note	31/12/2021	31/12/2020
	£	£
1 Donations		
Coventry Building Society (St Cross Supporters account)	33,286	22,828
Organisations	39,528	9,022
In memory	7,241	4,250
Gift Aid	1,480	3,453
Individuals	4,817	2,348
Internet platform (Virgin Money Giving, Paypal Giving etc.)	6,037	2,165
Book sales (Stalls in St Cross and via other channels)	1,350	2,022
All other donations (tea bar, collecting tins & drums, regular donations)	1,338	1,335
Miscellaneous (Rugby Lotto, Amazon Smile, sundry donations)	3,900	1,089
Total	98,977	48,512
2 Legacies		
Pamela Alice Preston	-	61,659
Marion Smith	-	9,673
Hayward Francis Underhill	-	5,000
Frederick John Truelove	-	1,000
Rosemary Anne Cooney	1,000	-
Douglas Pitcher	17,489	-
Total	18,489	77,332
3 Fund raising (net of expenses)		
Sapphire Appeal	-	7,372
Social fund raising	12,098	6,000
Public fund raising (no events held in 2020)	239	-
Total	12,337	13,372
4 Savings & investment income		
Skipton Building Society instant access account interest	28	450
Coventry Building Society Charities instant access account (year to 31st March 2020)	130	632
Hodge Bank 90 day notice account interest (year to 31st March 2020)	607	724
Dividends - M&G Charifund	3,527	3,194
Dividends-BlackRock UK Bond A (designated funds)	178	-
Dividends-BlackRock	61	-
Total	4,531	5,000
5 Tea bar		
Gross takings (to 3rd week in March, when activity ceased)	4,937	4,522
Less cost of sales (all remaining stock has been written off)	-4,124	-1,835
Total	813	2,687
6 Gifts		
Gifts & grants to NHS Trusts	263,496	48,674
Donation to Rugby Hospital Radio	1,000	1,000
Total	264,496	49,674
Purchases in progress	49,053	-
	313,549	49,674

The Friends of the Hospital of St Cross

Notes to 2021 accounts Cont'd

Note	31/12/2021 £	31/12/2020 £
7 Administration & support		
Office, stationery & postage	389	662
Travel	328	410
Marketing	170	159
Fund raising equipment	433	261
Miscellaneous	1,659	640
Uniforms	-	3,567
Total	2,979	5,699
8 Subscriptions to attend (includes insurance) & AGM expenses		
Insurance	887	
AGM Expenses	556	
Total	1,443	913
9 Unrestricted funds		
NatWest current account	120,286	160,077
Skipton Building Society	-	85,000
Unity bank	500	-
Coventry Building Society Account	60,000	85,632
Cash in Hand	145	145
Less designated funds	-7811	-751
Total	173,120	330,103
	Closing value @ 31/12/2021	Original investment
10 Movement in value of equity investments		
M&G Charifund account	74,181	65,427
BLK Charities UK Bond Fund A Inc	10,932	11,152
BlackRock Charities Growth and Income Fund Class A	5,333	5,000
Total	90,446	81,579
Net movement	8,867	-



5. Gift list for 2021

GIFT LIST FOR 2021		
Item	Ward/Department	Cost £
2 x Scalp Coolers + 5 year maintenance	The Maple Unit Total £163,664	£ 33,651
9 x Treatment Chairs		£ 25,500
ICU Infusion Pumps		£ 22,800
Knightsbridge Furniture Various		£ 12,002
Bristol Maid General Furnishings		£ 11,798
Haemonetics Blood Fridge Blood Track		£ 8,400
Dekomed - sterilising equipment		£ 7,265
Labcold Blood Fridge		£ 6,517
Trolleys / stands / fridges		£ 6,795
3 x Dynamap - blood pressure monitors		£ 5,294
Veinviewer		£ 5,200
Office equipment various		£ 4,888
3 x Blood Collection Scales		£ 3,680
ECG Machine + Stand and Drawer pack		£ 3,396
Weighing Equipment		£ 1,123
Contronics Prolog Lab Monitoring System		£ 894
Danicentres - dispensing apron and gloves		£ 855
Notice Boards		£ 612
2 x TV's and Wall Brackets		£ 480
3 x Staff Lockers		£ 403
6 x Bislely 10 Drawer Cabinets		£ 742
Privacy Screen		£ 370
Microwave and 2 x Fridges		£ 353
Dishwasher		£ 324
1 x Commode Chair		£ 219
Christmas decorations		£ 104
Ocular Coherence Tomography Scanner	Ophthalmology - Glaucoma Service	£ 52,341
Mini C Arm Xray machine	Orthopaedics	£ 50,000
Ultrasound Guided pain relieving injection equipment	Out Patients	£ 24,315
Donation to Long Covid Hyperbaric Research	UHCW Research & Development	£ 10,000
19 x Repose Mattress Toppers	Ash Dialysis Unit Total £4,580	£ 3,876
TV & Blue-ray players		£ 397
Prizes for bingo sessions		£ 200
1 x Radio and securing cable		£ 49
Clothes rail for staff	Mortuary refresh Total £4,121	£ 39
Bingo ball set		£ 18
Carpets		£ 1,308
Bier		£ 1,230
4 x Armchairs		£ 922
Blinds		£ 390
Artificial flowers		£ 150
Fridge		£ 121
5 x Exercise Bikes	Cardiac Rehab	£ 3,637
6 x Nebulizers and Mask Packs	Community Service	£ 633
5 x Hairdryers, 10 x Clocks & 8 Mirrors	All Wards	£ 258
	Total	£313,549

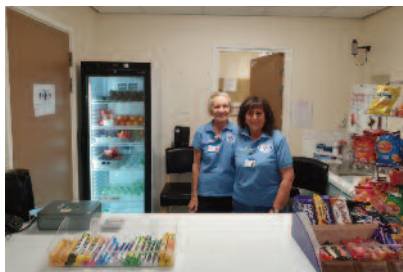
6. Volunteer Report



Despite the various surges in the level of COVID infection in the community, volunteer activity in the hospital has continued throughout the year to date and has been running at a level approximately 10% more than last year. This will increase with the resumption of the Tea Bar service which has welcomed back some 20 volunteers, who stood down when the pandemic struck, and brings the number of volunteers active in the hospital up to over 150!

Unfortunately, at this point in time, we have been unable to resume Holding Hands in Theatre and Befriending has yet to be fully re-started.

We have seen an increase in the number of A-Level students who have volunteered over the past year. We have also recruited a number of volunteers from the team who supported the vaccination programme based at Locke House and wished to continue supporting the NHS. We welcome both of these wider engagements in the community.



In recognition of the fact that many of our volunteers have retired later than those recruited in earlier years, and so may choose to volunteer for a shorter period than their predecessors, the Board has decided to reduce the length of time to qualify for Long Service Awards from 15 years to 10 years. We will endeavour to present awards to all those who have passed this level of service at the AGM.

Willy Goldschmidt – August 2022

7. Social fundraising Report



The team finished 2021 so brilliantly after restrictions with a phenomenal amount raised at The Unmasked Ball of £8,925

So far this year we've had an evening called "Here come the girls" when two female singers performed to a crowd of 80 people and enjoyed a delicious supper from Chefs Kitchen. This raised £2,826

On June 25th I celebrated a special birthday and my guests donated money towards the new breast clinic instead of giving me presents. This raised £3,629 which is very much appreciated as it will cover the cost of a tattoo machine requested by surgeon Katherina McEvoy.

On November 26th we will be holding our Magical Black Tie and dance. The profit from this will also go to the new breast clinic.

Tracey Lennard – August 2022

8. Fundraising Co-ordination Report



Opportunities for fundraising have continued to be severely restrained and the Board would like to thank all those individuals, small groups and organisations who have made donation during the year, especially those who donated in memory of a loved one. The residents of Hanover Gardens and the members of the Rotary Club of Rugby Dunsmore continue to raise monies and we appreciate the work they do during the year.

The Rugby Music Festival in August was an opportunity to raise our profile and to sell some of our hand-crafted cards and DVD's. Book sales continue to generate a small income. The Board would like to thank Pauline Masterman and her volunteers who keep the bookstore in order and find ways to sell the donated books, jigsaws and DVDs.

The Rugby Lotto has been one of the few fundraising initiatives that has continued throughout the pandemic and since we joined in June 2019 it has raised £2,380. I would encourage everyone to participate and buy a ticket or two, you might win a cash prize and the Friends benefit especially as our traditional methods of fundraising will be constrained for the foreseeable future. To buy tickets just follow this link <https://www.rugbylotto.org>

The generosity and support of everyone, both individuals and groups who continue to support the work of the Friends is much appreciated. Remember that donations can be made on line by following the links on our website www.fxs.org.uk or by cheques sent to our office. If you are a taxpayer and able to Gift Aid, this adds 25% to your donation.

On a more positive note, as we look to the future, we hope that individuals, groups and organisations will consider finding innovative ways to raise funds to support the excellent work of this charity as we continue to put the welfare of patients at the centre of everything we do.

Kathryn Lawrence – August 2022

9. Hospital Report



It's hard to believe the 2021 AGM was nearly a year ago. The time has passed very quickly. At the last AGM, we heard the Haematology and Oncology team describe the benefits of having better haematology and oncology facilities based at Rugby with the opening of the Maple Unit. A year on, this much-loved Unit is seeing more patients and delivering excellent patient care. The patient experience has certainly improved in the state of the art facility. In the last year the two new Theatres were launched which has been very exciting. In addition to this launch other facilities within the Theatre complex have been upgraded which will see more patients attend the site.

This year has seen much change within the NHS. In order to respond to the changing environment, the Trust has reviewed its Strategy for 2022-2030, by seeking the views of its staff, the people using its services and the services and organisations we work alongside. With this in mind, the

Trusts vision is still to be a national and international leader in healthcare but rooted in our communities. There remains strong support from the Rugby community. The Strategy describes its 2030 priorities, such as opening a new Endoscopy Suite, establishment of an Imaging Academy and Rugby site development. The re-development of the Hospital of St Cross is exciting and I know long awaited and supported by the Rugby community who are passionate about improving services close to home. As we embrace the changes, I will keep you updated on how this affects you, our community and staff on site.

A change soon to come to Hospital St Cross is the implementation of the 'way finding and signposting' around the Rugby site. We have all heard how patients state that they love the hospital but the signposting needs to be improved. It will be! I will be seeking feedback from you all on the plans that have been devised.

I would like to thank all of the volunteers and Service Coordinators for the precious time that you give freely to the Hospital, patients and staff you have made a huge impact to patient care and experience.

During the last year, Willy Goldschmidt stepped down as Chairman of the Friends. He has continued as the Friends Communication Lead and Trustee, with unwavering support and utilising every opportunity to raise funds and the profile of the Friends. Doug Jones has started his role as Chairman by building upon existing relationships and embracing and supporting the changes that are taking place. At the start of the year requests for funding were infrequent. However, the Friends have received requests for bigger projects which I am sure they will share with you soon once details have been agreed.

Thank you for your continued support and commitment

Janine Beddow, Lead Nurse Site Operations Hospital St Cross



10. Dates for your diary





Raise FREE donations for

The Friends of St Cross
every time you **shop online**

Find us on **easyfundraising.org.uk**

<https://www.easyfundraising.org.uk/causes/fsxrugby/>



4,300 online sites will give us a free donation
when you shop with them - at no extra cost to you!



Download the easyfundraising App



£ Over £32 million raised

★ Trustpilot ★★★★★

👤 1.8 million users



The Friends of St Cross

We support The Hospital of St Cross, Rugby
and the local community and mental health services



Supported by



PLAY NOW

TO BOOST OUR FUNDRAISING



- Help give our fundraising a boost
- Tickets cost just £1 a week
- Win up to £25,000

BUY TICKETS

Go to: www.rugbylotto.org

And search for: Hospital of St Cross



Supporters must be 16 years or over



The Friends of the Hospital of St Cross

Report for the period November 2021 to July 2022

For presentation to the AGM on 7th September 2022

Accounts for the year to 31st December 2021

Approved by the Board on 8th August 2022



Contact details

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Telephone: 01788 663 748 Email: office@fsx.org.uk

Web: www.fsx.org.uk

Facebook, Instagram and Twitter @FSXRugby

Registered Charity number 218485



Special Award
Winner 2014



Team of the Year
Winner 2016

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Cover photo Doug Jones, Chair of the Friends, presented logoed mugs to staff at the Hospital. This was funds raised in the community to say Thank You NHS for all their work during the pandemic.

Acknowledgements

The majority of photographs throughout this report were taken by Friends Volunteers.



Members of the Hindu community in Rugby marked a Selfless Efforts for Welfare of All (SEWA) Day by re-painting some of the railings at the hospital

1. Welcome letter from the President

Dear Friends and Supporters,



As 2021 began, the Board of Trustees looked forward to resuming “service as normal”, but as we are all aware this was not to be. Board meetings via ZOOM continued until we were able to resume meeting in person, albeit masked!

Fundraising has continued to pose challenges and we continue to benefit from legacies which have enabled us to support requests for equipment. Some of our biggest items have been the ocular tomography scanner £52,341, mini c-arm x-ray machine £50,000 and the 2 scalp coolers £33,651.

As I said in my report last year, including the Friends as a beneficiary in your will enables us to continue to support major requests, so a thank you for the legacies. The Board would like to thank all those individuals who donate to the Friends and especially to the Coventry Building Society for its support. Through our governance policies we guarantee that 100% of any money donated to the Friends is used for the benefit of those at St Cross and all our Trustees and volunteers provide their time and services for no financial reward. The Board works closely with the hospital management to identify and support the requests which will improve patient care.



As the year progressed, we were able to resume some of our voluntary services and the Ward Trolley Service which is looked after by Elizabeth Burnett is welcomed by patients and staff. Volunteers and staff at the hospital have continued to be challenged by the pressures resulting from COVID 19.

My sincere thanks and appreciation to everyone whether you are a volunteer, a Trustee or a supporter, for your help, efforts and contributions in 2021, and for continuing to rise to the challenges.

Yours sincerely,

Kathryn Lawrence – August 2022

2. Chairman's Report November 2021 to July 2022

The last AGM on Wednesday 1st December 2021 was held at the Benn Hall and reports covered the operational activity of the Charity up until the end of October 2021 and our accounts for the year ended 31st December 2020.



The meeting was well attended and we were fortunate to have in attendance the High Sheriff of Warwickshire and Dame Stella Manzie, Chair of the UHCW Board of Trustees. The tenure of Willy Goldsmith as Chair of the Friends Board of Trustees came to end and we thank him for the all that he did during his term of office.

At the time of the last AGM Covid still created a degree of uncertainty and nervousness around how meetings should and could be conducted and when and where face masks should be worn. Fortunately, things are more relaxed now but Covid remains a clear and present danger and we all need to remain watchful and considerate of the needs of others as the situation continues to evolve and infection rates fluctuate.



The generosity and support of local businesses, clubs, associations and individuals seem to know no bounds in Rugby and that unwavering support of the Friends and the Hospital of St Cross is very much appreciated. ASDA came up trumps at Christmas with a generous donation of a trolley full of Christmas treats for those who were unfortunately hospitalised over the festive season. I'm more than certain that these were enjoyed by staff and patients alike and helped to raise the spirits of all involved.

We also received another significant donation from the Coventry Building society, £33,286 our single largest contributor once again thanks to its generous savers. Support was also received through the Ladies section of Rugby Golf Club. In spite of the obvious difficulties, due to the pandemic, the fund-raising efforts of the Ladies section can only be described as sensational and at a presentation in the Club House Ladies section Club Captain Sue Tura presented the Friends with an amazing £3,740. The Rugby Rokeby Lions also supported us through a Bridge Tournament which raised a fantastic £2000. These are just examples of the tremendous level of support that we continue to receive and regardless of the amount whether big or small every penny donated helps The Friends to support the Hospital and the Community Health Service in Rugby and helps us to improve the patient experience or to bring services to the town.

Voluntary services at the Hospital continue to grow and I am delighted to announce that most recently we have been able to restart our Tea Bar operations. I know that this has been a long time coming and a number of our volunteers are very much enjoying once again, being back in action, serving refreshments in the outpatients waiting area. Ward Trolley and



Ward Administration Services are increasingly appreciated by staff and patients alike. The various services provided by the Friends at St Cross are managed through a team of eight Service Co-ordinators leading the 150 plus volunteers who continue to deliver, week in week out with commitment, enthusiasm and good humour more hours of service than ever before. To all our volunteers both new and long serving, I thank you for your service.



The Friends was originally established in 1955 and 2020 was our Sapphire Anniversary. A phenomenal achievement and testimony to the importance of the Charity to so many that after 65 years we continue to grow in stature within the area. Our Sapphire Appeal launched at the end of 2019 came belatedly to an end, due to the pandemic, on 31st December 2021 with a magnificent £81,000 having been raised. This helped to replenish our funds committed primarily to the Maple Unit.

Earlier in the year UHCW launched its Draft Organisational Strategy 2022-2030 with plenty of opportunity for organisations, individuals and staff to feed in to the further development and more detailed iterations of these plans. We look forward to learning more about what this means for St Cross and the services that are provided here in Rugby. New Theatres have been installed and are being fully utilised and a New Endoscopy unit is also operational. These are great indicators of the investment into the St Cross site and the further development of new and existing services. For many change is a time of uncertainty and concern but for me this is an exciting environment and I am certain that there will be a number of opportunities that arise where the Friends will be able to support and help to improve the patient experience or to bring services to the town as the strategic direction becomes clearer.

Since the turn of the year less requests for support than we would normally expect to receive have been seen and full details of what we have done can be seen in detail within the gift list. Obviously, it's great to be able to help with the big items but it's so often those smaller things that make a visit to hospital so much better. But it's not just the patients but also the staff too who benefit and some of those important little details like logoed mugs for staff and volunteers to use, branded Thank You NHS with the Friends logo on the opposite side. The introduction of updated workwear for volunteers has been well received, increasing the visibility of the Friends and raising awareness of our volunteer's presence on site. A new display fridge for the Tea Bar so that the drinks and snacks can be clearly displayed and hopefully increase sales too.

For the Friends it has been an absolute pleasure to provide Scalp Cooler Hair care Kits for those that need it, a Dynamometer and Leg Press for the physiotherapy department, Ultrasonic guided injections and of course Bingo Prizes for Ash Dialysis!!

All of this and so much more has only been possible because of the unwavering generosity and the continued invaluable support of the Rugby Community.

Thank you

Doug Jones - Chairman and Governance Lead



3. Treasurer's report for 2021



Compared to previous years, The Friends of the Hospital of St Cross, in some respects, has had a quieter year to those previously from a financial perspective. That said, in the absence of any public collections due to the national restrictions, donations for the year were double that received in 2020. This is thanks to the hard work of the volunteers and trustees and the generosity of local people and organisations.

In 2021, the Sapphire Appeal aimed to raise £65,000 but when it closed £81,000 had been achieved.

We have been given a variety of items donated to The Friends of the Hospital of St Cross in order to resell on the internet to raise funds ranging from the sale of books to toys etc. under the stewardship of Pauline Masterman, Colette Weller and other volunteers.

The Friends of the Hospital of St Cross are grateful for the legacies bequeathed during the past year in such difficult times.

Kathryn Lawrence and Tracey Lennard have both continued their sterling work in both public and social fundraising respectively collecting over £12,000 between them.

Amongst the numerous donations from various local organisations during the year has been £20,000 from the Rugby Group Benevolent Fund, Rugby & District Cancer Concern £11,152 and the Edward Boughton Long Lawford Charity and The Rugby Fellowship Centre each donated £1,000.

The modern age has seen an eight fold increase in the level of funds being raised through the various internet platforms such as Virgin Money Giving and PayPal Giving etc..

Although regrettably the Tea Bar had to close due to the government restrictions, the demand for the Ward Trolley Service continued with the help of volunteers and the introduction of a machine for taking card payments. I am pleased to report that the Tea Bar reopened for business in July.

We are indebted to Coventry Building Society for their record donation of £33,286.00 as stated at last year's AGM.

It is reassuring to know that the financial health of The Friends of the Hospital of St Cross is so ably being supported by so many.

The Friends of St Cross Hospital has achieved a great deal in terms of making available funds for the gifts to the hospital itself. Gifts totalling £313,549 of which £163,000 was spent equipping the Maple Unit.

In terms of retained funds and investments, administration costs have been kept low. The Friends of the Hospital of St Cross has taken the decision to open an internet based account with the Unity Trust Bank. This will enable us to dispense with issuing cheques when paying for goods such as the gifts for the hospital and for patients in the form of making sure we have supplies for the Ward Trolley Service in terms of newspapers and various forms of sustenance.

The finances of the Friends of the Hospital of St Cross only records the monetary amounts. The true value of the work done by everyone involved should not be underestimated. Not everything can be reflected in monetary terms.

Paul Malin – Trustee and Treasurer

4. Accounts for the period 1st January 2021 to 31st December 2021

The Friends of the Hospital of St Cross

Income and Expenditure	Note	Year end 31/12/2021 £	Year end 31/12/2020 £
Income			
Voluntary income			
Donations	1	98,977	48,512
Legacies	2	18,489	77,332
Fund raising income			
Events and Christmas raffle	3	12,337	6,000
Sapphire Appeal	3	□	7,372
Investment income			
Bank and building society interest	4	765	1,806
Dividends	4	3,766	3,194
Trading income			
Tea bar	5	813	2,687
Income total		135,147	146,903
Movement in value of equity investments		8,867	-13,735
		144,014	133,168
Expenditure			
Charitable expenditure			
Total gifts purchased	6	264,496	46,107
Total gifts in progress	6	49,053	-
Support costs			
Administration and support	7	2,979	5,699
Governance costs			
Subscriptions to attend (includes insurance) & AGM expenses	8	1,443	913
Expenditure total		317,971	52,719
Net incoming/(outgoing) for the year		-173,957	80,449
add back 2019 accrual		-	21,801
Balance brought forward		481,281	379,031
Balance carried forward		307,324	481,281
Statement of financial position at 31st December 2021			
Current assets			
NatWest current account		120,286	160,077
Skipton Building Society		-	85,000
Unity Bank		500	-
Coventry Building Society		60,000	85,632
Hodge Bank		85,000	85,000
M & G Charifund		74,181	65,427
BLK Charities UK Bond Fund A Inc		10,932	-
BlackRock Charities Growth and Income Fund Class A		5,333	-
Cash in hand		145	145
Total assets		356,377	481,281
Outstanding liabilities			
Gift purchases ordered/invoiced, payments not cleared		-49,053	-
Net current assets		307,324	481,281
Composition of net current assets			
Unrestricted funds		124,067	330,103
Funds with 90 days notice		85,000	85,000
Funds in equity investments		90,446	65,427
Funds designated by donors		7,811	751
Total		307,324	481,281

The Friends of the Hospital of St Cross

Notes to 2021 accounts

Note	31/12/2021	31/12/2020
	£	£
1 Donations		
Coventry Building Society (St Cross Supporters account)	33,286	22,828
Organisations	39,528	9,022
In memory	7,241	4,250
Gift Aid	1,480	3,453
Individuals	4,817	2,348
Internet platform (Virgin Money Giving, Paypal Giving etc.)	6,037	2,165
Book sales (Stalls in St Cross and via other channels)	1,350	2,022
All other donations (tea bar, collecting tins & drums, regular donations)	1,338	1,335
Miscellaneous (Rugby Lotto, Amazon Smile, sundry donations)	3,900	1,089
Total	98,977	48,512
2 Legacies		
Pamela Alice Preston	-	61,659
Marion Smith	-	9,673
Hayward Francis Underhill	-	5,000
Frederick John Truelove	-	1,000
Rosemary Anne Cooney	1,000	-
Douglas Pitcher	17,489	-
Total	18,489	77,332
3 Fund raising (net of expenses)		
Sapphire Appeal	-	7,372
Social fund raising	12,098	6,000
Public fund raising (no events held in 2020)	239	-
Total	12,337	13,372
4 Savings & investment income		
Skipton Building Society instant access account interest	28	450
Coventry Building Society Charities instant access account (year to 31st March 2020)	130	632
Hodge Bank 90 day notice account interest (year to 31st March 2020)	607	724
Dividends - M&G Charifund	3,527	3,194
Dividends-BlackRock UK Bond A (designated funds)	178	-
Dividends-BlackRock	61	-
Total	4,531	5,000
5 Tea bar		
Gross takings (to 3rd week in March, when activity ceased)	4,937	4,522
Less cost of sales (all remaining stock has been written off)	-4,124	-1,835
Total	813	2,687
6 Gifts		
Gifts & grants to NHS Trusts	263,496	48,674
Donation to Rugby Hospital Radio	1,000	1,000
Total	264,496	49,674
Purchases in progress	49,053	-
	313,549	49,674

The Friends of the Hospital of St Cross

Notes to 2021 accounts Cont'd

Note	31/12/2021 £	31/12/2020 £
7 Administration & support		
Office, stationery & postage	389	662
Travel	328	410
Marketing	170	159
Fund raising equipment	433	261
Miscellaneous	1,659	640
Uniforms	-	3,567
Total	2,979	5,699
8 Subscriptions to attend (includes insurance) & AGM expenses		
Insurance	887	
AGM Expenses	556	
Total	1,443	913
9 Unrestricted funds		
NatWest current account	120,286	160,077
Skipton Building Society	-	85,000
Unity bank	500	-
Coventry Building Society Account	60,000	85,632
Cash in Hand	145	145
Less designated funds	-7811	-751
Total	173,120	330,103
	Closing value @ 31/12/2021	Original investment
10 Movement in value of equity investments		
M&G Charifund account	74,181	65,427
BLK Charities UK Bond Fund A Inc	10,932	11,152
BlackRock Charities Growth and Income Fund Class A	5,333	5,000
Total	90,446	81,579
Net movement	8,867	-



5. Gift list for 2021

GIFT LIST FOR 2021		
Item	Ward/Department	Cost £
2 x Scalp Coolers + 5 year maintenance	The Maple Unit Total £163,664	£ 33,651
9 x Treatment Chairs		£ 25,500
ICU Infusion Pumps		£ 22,800
Knightsbridge Furniture Various		£ 12,002
Bristol Maid General Furnishings		£ 11,798
Haemonetics Blood Fridge Blood Track		£ 8,400
Dekomed - sterilising equipment		£ 7,265
Labcold Blood Fridge		£ 6,517
Trolleys / stands / fridges		£ 6,795
3 x Dynamap - blood pressure monitors		£ 5,294
Veinviewer		£ 5,200
Office equipment various		£ 4,888
3 x Blood Collection Scales		£ 3,680
ECG Machine + Stand and Drawer pack		£ 3,396
Weighing Equipment		£ 1,123
Contronics Prolog Lab Monitoring System		£ 894
Danicentres - dispensing apron and gloves		£ 855
Notice Boards		£ 612
2 x TV's and Wall Brackets		£ 480
3 x Staff Lockers		£ 403
6 x Bislely 10 Drawer Cabinets		£ 742
Privacy Screen		£ 370
Microwave and 2 x Fridges		£ 353
Dishwasher		£ 324
1 x Commode Chair		£ 219
Christmas decorations		£ 104
Ocular Coherence Tomography Scanner	Ophthalmology - Glaucoma Service	£ 52,341
Mini C Arm Xray machine	Orthopaedics	£ 50,000
Ultrasound Guided pain relieving injection equipment	Out Patients	£ 24,315
Donation to Long Covid Hyperbaric Research	UHCW Research & Development	£ 10,000
19 x Repose Mattress Toppers	Ash Dialysis Unit Total £4,580	£ 3,876
TV & Blue-ray players		£ 397
Prizes for bingo sessions		£ 200
1 x Radio and securing cable		£ 49
Clothes rail for staff	Mortuary refresh Total £4,121	£ 39
Bingo ball set		£ 18
Carpets		£ 1,308
Bier		£ 1,230
4 x Armchairs		£ 922
Blinds		£ 390
Artificial flowers		£ 150
Fridge		£ 121
5 x Exercise Bikes	Cardiac Rehab	£ 3,637
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5 x Hairdryers, 10 x Clocks & 8 Mirrors	All Wards	£ 258
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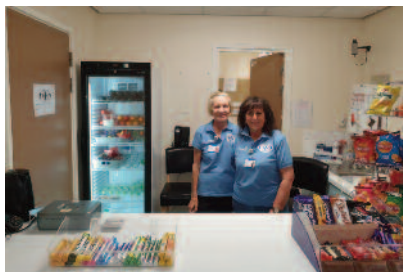
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Unfortunately, at this point in time, we have been unable to resume Holding Hands in Theatre and Befriending has yet to be fully re-started.

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Willy Goldschmidt – August 2022

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Tracey Lennard – August 2022

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Kathryn Lawrence – August 2022

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This year has seen much change within the NHS. In order to respond to the changing environment, the Trust has reviewed its Strategy for 2022-2030, by seeking the views of its staff, the people using its services and the services and organisations we work alongside. With this in mind, the

Trusts vision is still to be a national and international leader in healthcare but rooted in our communities. There remains strong support from the Rugby community. The Strategy describes its 2030 priorities, such as opening a new Endoscopy Suite, establishment of an Imaging Academy and Rugby site development. The re-development of the Hospital of St Cross is exciting and I know long awaited and supported by the Rugby community who are passionate about improving services close to home. As we embrace the changes, I will keep you updated on how this affects you, our community and staff on site.

A change soon to come to Hospital St Cross is the implementation of the 'way finding and signposting' around the Rugby site. We have all heard how patients state that they love the hospital but the signposting needs to be improved. It will be! I will be seeking feedback from you all on the plans that have been devised.

I would like to thank all of the volunteers and Service Coordinators for the precious time that you give freely to the Hospital, patients and staff you have made a huge impact to patient care and experience.

During the last year, Willy Goldschmidt stepped down as Chairman of the Friends. He has continued as the Friends Communication Lead and Trustee, with unwavering support and utilising every opportunity to raise funds and the profile of the Friends. Doug Jones has started his role as Chairman by building upon existing relationships and embracing and supporting the changes that are taking place. At the start of the year requests for funding were infrequent. However, the Friends have received requests for bigger projects which I am sure they will share with you soon once details have been agreed.

Thank you for your continued support and commitment

Janine Beddow, Lead Nurse Site Operations Hospital St Cross



10. Dates for your diary





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The Friends of St Cross

We support The Hospital of St Cross, Rugby
and the local community and mental health services



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And search for: Hospital of St Cross



Supporters must be 16 years or over

The Friends of the Hospital of St Cross

			Year end 31/12/2021	Year end 31/12/2020
Income and Expenditure		Note	£	£
Income				
Voluntary income				
	Donations	1	98,977	48,512
	Legacies	2	18,489	77,332
Fund raising income				
	Events and Christmas raffle	3	12,337	6,000
	Saphire Appeal	3	-	7,372
Investment income				
	Bank and building society interest	4	765	1,806
	Dividends	4	3,766	3,194
Trading income				
	Tea bar	5	813	2,687
	Income total		135,147	146,903
Movement in value of equity investments			8,867	-13,735
			<u>144,014</u>	<u>133,168</u>
Expenditure				
Charitable expenditure				
	Total gifts purchased	6	264,496	46,107
	Total gifts in progress	6	49,053	-
Support costs				
	Administration and support	7	2,979	5,699
Governance costs				
	Subscriptions to attend (includes insurance) & AGM expenses	8	1,443	913
	Expenditure total		317,971	52,719
Net incoming/(outgoing) for the year			-173,957	80,449
add back 2019 accrual			-	21,801
Balance brought forward			481,281	379,031
Balance carried forward			307,324	481,281
Statement of financial position at 31st December 2021				
Current assets				
	NatWest current account		120,286	160,077
	Skipton Building Society		-	85,000
	Unity Bank		500	-
	Coventry Building Society		60,000	85,632
	Hodge Bank		85,000	85,000
	M & G Charifund		74,181	65,427
	BLK Charities UK Bond Fund A Inc		10,932	-
	BlackRock Charities Growth and Income Fund Class A		5,333	-
	Cash in hand		145	145
	Total assets		356,377	481,281
Outstanding liabilities				
	Gift purchases ordered/invoiced, payments not cleared		-49,053	-
Net current assets			307,324	481,281
Composition of net current assets				
	Unrestricted funds		124,067	330,103
	Funds with 90 days notice		85,000	85,000
	Funds in equity investments		90,446	65,427
	Funds designated by donors		7,811	751
	Total		307,324	481,281

The Friends of the Hospital of St Cross

Notes to 2021 accounts

Note	31/12/2021 £	31/12/2020 £
1 Donations		
Coventry Building Society (St Cross Supporters account)	33,286	22,828
Organisations	39,528	9,022
In memory	7,241	4,250
Gift Aid	1,480	3,453
Individuals	4,817	2,348
Internet platform (Virgin Money Giving, Paypal Giving etc.)	6,037	2,165
Book sales (Stalls in St Cross and via other channels)	1,350	2,022
All other donations (tea bar, collecting tins & drums, regular donations)	1,338	1,335
Miscellaneous (Rugby Lotto, Amazon Smile, sundry donations)	3,900	1,089
Total	98,977	48,512
2 Legacies		
Pamela Alice Preston	-	61,659
Marion Smith	-	9,673
Hayward Francis Underhill	-	5,000
Frederick John Truelove	-	1,000
Rosemary Anne Cooney	1,000	-
Douglas Pitcher	17,489	-
Total	18,489	77,332
3 Fund raising (net of expenses)		
Sapphire Appeal	-	7,372
Social fund raising	12,098	6,000
Public fund raising (no events held in 2020)	239	-
Total	12,337	13,372
4 Savings & investment income		
Skipton Building Society instant access account interest	28	450
Coventry Building Society Charities instant access account (year to 31st March 2020)	130	632
Hodge Bank 90 day notice account interest (year to 31st March 2020)	607	724
Dividends - M&G Charifund	3,527	3,194
Dividends-BlackRock UK Bond A (designated funds)	178	-
Dividends-BlackRock	61	-
Total	4,531	5,000
5 Tea bar		
Gross takings (to 3rd week in March, when activity ceased)	4,937	4,522
Less cost of sales (all remaining stock has been written off)	-4,124	-1,835
Total	813	2,687
6 Gifts		
Gifts & grants to NHS Trusts	263,496	48,674
Donation to Rugby Hospital Radio	1,000	1,000
Total	264,496	49,674
Purchases in progress	49,053	-
	313,549	49,674

The Friends of the Hospital of St Cross

Notes to 2021 accounts Cont'd

Note	31/12/2021	31/12/2020
	£	£
7 Administration & support		
Office, stationery & postage	389	662
Travel	328	410
Marketing	170	159
Fund raising equipment	433	261
Miscellaneous	1,659	640
Uniforms	-	3,567
Total	2,979	5,699
8 Subscriptions to attend (includes insurance) & AGM expenses		
Insurance	887	
AGM Expenses	556	
Total	1,443	913
9 Unrestricted funds		
NatWest current account	120,286	160,077
Skipton Building Society	-	85,000
Unity bank	500	-
Coventry Building Society Account	60,000	85,632
Cash in Hand	145	145
Less designated funds	-7811	-751
Total	173,120	330,103
	Closing value @ 31/12/2021	Original investment
10 Movement in value of equity investments		
M&G Charifund account	74,181	65,427
BLK Charities UK Bond Fund A Inc	10,932	11,152
BlackRock Charities Growth and Income Fund Class A	5,333	5,000
Total	90,446	81,579
Net movement	8,867	-

THE FRIENDS OF THE HOSPITAL OF ST CROSS

INDEPENDENT EXAMINER'S REPORT

REPORT TO THE TRUSTEES/MEMBERS OF THE FRIENDS OF THE HOSPITAL OF ST CROSS (CHARITY NUMBER 218485)

I report to the Trustees on my examination of the financial statements of The Friends of the Hospital of St Cross for the year ended 31st December 2021.

RESPONSIBILITIES AND BASIS OF REPORT

The Charity's Trustees are responsible for the preparation of the financial statements. The Charity's Trustees consider that an audit is not required for this year under Section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

1. examine the financial statements under Section 145 of the Charities Act,
2. to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the Charities Act), and
3. to state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from the Trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a "true and fair" view and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

1. the accounting records were not kept in accordance with Section 130 of the Charities Act; or
2. the financial statements did not accord with the accounting records; or
3. the financial statements did not comply with the applicable requirements concerning the form and contents of financial statements set out in the Charities (Accounts and Reports) Regulations 2011 other than any requirement that the financial statements give a "true and fair" view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



S G Bolton FCA
Chartered Accountant

Central Chambers
45-47 Albert Street
Warwickshire
Rugby
CV21 2SG

Date: 1st August 2022

Accounts

The Friends of St Cross Hospital – registered charity 218485 – treasurer’s report for 2020

Despite the impact of Covid, which has affected the Friends of St Cross as much as it has done the rest of the world, the Friends had a quite satisfactory year financially, helped in large part by 4 legacies. At the same time, our outgoings were low, as requests from the hospital for the normal varied range of gift items was much reduced, due to the pressures of work in the NHS in dealing with the pandemic. One exceptional item was our support for the Rugby PPE Response Initiative. We purchased raw materials for a community wide team who manufactured over 13,000 face visors for the local NHS, care providers and many others, until the normal supply chains were able to cope with the demand.

As a consequence of the lockdown which commenced at the end of March 2020, the hospital tea bar was closed, and remains so at the time of writing. Also, our book selling activities in the hospital ceased, but thanks to the efforts of Pauline Masterman and her loyal helpers, some level of book sales to external sources was sustained. Regrettably, most of our other regular sources of donations and income, including collection tins around the town, drums in the hospital, public and social events, supermarket and house to house collections, and the Christmas raffle, either did not take place or were very much reduced.

To offset the above we did enjoy levels of income close to or in excess of our budget from local organisations and individuals, in memory of the departed, through our Virgin Money Giving platform, and from our regular donors. We also received our annual donation from the Coventry Building Society, the money they raise via the St Cross Supporters account, which whilst it was slightly lower than for 2019 was still a very worthwhile sum. We greatly appreciate the Coventry continuing with this account, and despite the very low interest rates on savings, we also appreciate the many supporters who save in this account and help to secure this income stream.

The accounts which are submitted alongside this report provide the full details, but it is sufficient to say that our income in the year exceeded our expenditure by more than £80,000, which lifted our total assets to more than £480,000 at the year end. This enabled us to commit £200,000 to support the project for the new chemotherapy unit at the hospital, which opened in April 2021.

In the latter part of 2020 we launched the Sapphire Appeal, to recognise the 65th anniversary of the foundation of the Friends. An amount of £7,372 was credited to the appeal in 2020, but it is expected that the bulk of the appeal money will accrue in 2021.

Our administration and governance costs were, as is normal, very low, and usually these costs are covered at least 3 times by tea bar profits, but of course this was not possible in 2020. Included in these costs is a prepayment for uniforms for volunteers, which the UHCW Trust has asked us to issue. Due to delays in the specifying and purchasing process, these uniforms have not yet been received and issued, but this is expected to happen, together with a return to other more normal activities, during the course of 2021.

At the time of writing we still await 2 legacies which we have been made aware of, totalling around £40,000, but the administration of the associated estates has been very protracted. This money, when it arrives, will of course be very welcome, as are all legacies which are one of the most significant but unpredictable sources of our income.

The customary thanks go to all the many volunteers who contribute to the continuing success of the Friends. Many have of course been inactive through much of 2020, but at the time of writing activities are starting to pick up again. In particular we have recently seen a successful roll out of the much-welcomed ward trolley service, which the Friends have now assumed responsibility for.

David Roberts – June 2021

Friends of St Cross Hospital - income and expenditure statement from 1st January 2020 to 31st December 2020

Category	Note	Year end 31-Dec-20	Year end 31-Dec-19
Income			
<u>Voluntary income</u>			
Donations	1	48,512	49,796
Legacies	2	77,332	31,153
<u>Fund raising income</u>			
Collections	3	0	1,953
Events & Christmas raffle	4	6,000	21,613
Sapphire Appeal	4	7,372	0
<u>Investment income</u>			
Bank & Building Society interest	5	1,806	1,193
Dividends	5	3,194	3,731
Capital decrease in M&G Charifund investment	5	-13,735	10,012
<u>Trading income</u>			
Tea bar	6	2,687	11,079
Income total		133,168	130,530
Expenditure			
<u>Charitable expenditure</u>			
Total gifts purchased	7	46,107	120,960
<u>Support costs</u>			
Administration and support	8	5,699	2,495
<u>Governance costs</u>			
Subscription to Attend (includes insurance) & AGM expenses		913	1,178
Expenditure total		52,719	124,633
Net incoming/outgoing resources for the year		80,449	5,897
Balance brought forward at 1st January		379,031	373,360
Balance carried forward at 31st December		459,480	379,257
add back 2019 accrual		21,801	21,575
deduct 2020 accrual	9	0	-21,801
Total		481,281	379,031
<u>Statement of financial position at 31st December 2020</u>			
Current assets			
Nat West Bank current account		160,077	66,525
Skipton Building Society community saver account		85,000	85,000
Coventry Building Society charities account		85,632	85,000
Hodge Bank 90 day notice account		85,000	85,000
M&G Charifund investment account		65,427	79,162
Cash in hand (tea bar floats & till)		145	145
Total assets		481,281	400,832
Outstanding liabilities			
Gift purchases ordered/invoiced, payments not cleared at year end		0	-21,801
Net current assets		481,281	379,031
Composition of net current assets			
Unrestricted funds		330,103	201,831
Funds with 90 days' notice		85,000	85,000
Funds in equity investment		65,427	79,162
Funds designated by donors		751	13,038
Total		481,281	379,031

Independent Examiner's Report

Report to the trustees/members of Friends of the Hospital of St Cross (Charity number 218485)

I report on the accounts for the year ended 31st December 2020.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the 2005 Charities and Trustee Investment (Scotland) Act (the '2005 Act'), the Charities Accounts (Scotland) Regulations 2006 (as amended), and the Charities Act 2011 ('the 2011 Act'). You are satisfied that your charity is not required by charity law to be audited and have chosen instead to have an independent examination.

I report in respect of my examination of the charity's accounts carried out under section 44 (1) (c) of the Charities and Trustee Investment Act 2005 and section 145 of the Charities Act 2011. In carrying out my examination I have followed the requirements of Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and all applicable Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention giving me cause to believe that in any material respect:

1. accounting records were not kept as required by section 44 (1) (a) of the 2005 Act and Regulation 4 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and section 130 of the 2011 Act; or
2. the accounts do not accord with those records; and
3. the accounts do not comply with the accounting requirements of Regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: K Woodward (on behalf of CW Audit Services)

Name: Kristina Woodward

Relevant professional qualification(s) or membership of professional bodies (if any): FCCA

Address: 5 Tutnall Grange, Bromsgrove B60 1NN

Date: 10/05/2021