

THE CHARTERHOUSE RHEUMATISM CHARITY

England & Wales · Charity number 212498

Details

Status Registered

Legal form Trust

Registered 1962-12-06

Register [View on the Charity Commission register](#)

Contact

Address University Of Leeds
Central Finance
Rm 11.23
Ec Stoner Building
Woodehouse Lane
LEEDS

Phone 01133436034

Activities

Objects: 1. TO RELIEVE IN CASES OF NEED PERSONS SUFFERING FROM RHEUMATISM WHO ARE SICK, CONVALESCENT, DISABLED, HANDICAPPED OR INFIRM BY PROVIDING OR PAYING FOR ITEMS, SERVICES OR FACILITIES WHICH ARE CALCULATED TO ALLEVIATE THE SUFFERING OR ASSIST THE RECOVERY OF SUCH PERSONS IN SUCH CASES BUT ARE NOT READILY AVAILABLE TO THEM FROM OTHER SOURCES. 2. TO RESEARCH INTO THE CAUSES OF RHEUMATISM AND THE TREATMENT THEREOF AND THE PUBLICATION OF THE USEFUL RESULTS OF SUCH RESEARCH.

Activities: The aim of the Charity is to fund research in the areas of disability and rehabilitation of rheumatic sufferers and related disabilities.

Classification

- **How:** Makes Grants To Organisations
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£124,501	£126,394	-	-
2024-07-31	£125,947	£124,772	-	-
2023-07-31	£122,842	£123,712	-	-
2022-07-31	£122,627	£123,032	-	-
2021-07-31	£115,430	£119,951	-	-

Trustees

Name	Role	Appointed
UNIVERSITY OF LEEDS		

THE CHARTERHOUSE RHEUMATISM CHARITY

England & Wales - Charity number 212498

Accounts

**THE CHARTERHOUSE RHEUMATISM CHARITY
TRUSTEE'S REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2025**

THE CHARTERHOUSE RHEUMATISM CHARITY

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THE CHARTERHOUSE RHEUMATISM CHARITY

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEE AND ADVISERS
FOR THE YEAR ENDED 31 JULY 2025**

Trustee	University of Leeds
Charity registered number	212498
Principal office	Central Finance Room 11.23 EC Stoner Building University of Leeds Leeds LS2 9JT
Independent auditors	Armstrong Watson Audit Limited Chartered Accountants & Statutory Auditors Third Floor 10 South Parade Leeds West Yorkshire LS1 5QS

THE CHARTERHOUSE RHEUMATISM CHARITY

TRUSTEE'S REPORT FOR THE YEAR ENDED 31 JULY 2025

The Trustee presents the annual report and the audited financial statements for the year ended 31 July 2025.

Name and registered office of the Charity

The full name of the Charity is The Charterhouse Rheumatism Charity. The Charity is registered in England and Wales. Its principal and registered office is Central Finance, 11.23 EC Stoner Building, University of Leeds, Leeds LS2 9JT.

Trustee

The University of Leeds is the Corporate Trustee of the Charity. Members of the University of Leeds Council are, for the purposes of Charity Law, the trustees of the University of Leeds and are disclosed on page 71 of its Integrated Annual Report for the University.

Objectives and activities for the public benefit

The aims and objectives of the Charity are to advance research into rheumatism and musculoskeletal medicine by the University of Leeds Institute of Rheumatic and Musculoskeletal Medicine.

The Trustee confirms that it has referred to the guidance contained in the Charity Commission's general guidance on public benefit in its decision making.

The Charity carries out the objectives by providing a grant to the University of Leeds which supports activity relating to rheumatic or musculoskeletal diseases and conditions. The Institute of Rheumatic and Musculoskeletal Medicine aims to; promote understanding of the causes; improve the diagnosis, treatment and rehabilitation of individuals; advance interventions and therapies; improve outcomes for individuals and promote and further the education of clinicians and people involved in the diagnosis, treatment and/or rehabilitation of individuals. In the year, donations of £100,000 (2024: £100,000) were made.

Achievements, performance and future policy

The nature of performance and operations at Leeds Institute of Rheumatic and Musculoskeletal Medicine, University of Leeds, in the year met with the objectives of the Charity. The reserves of the Charity increased by £114,934 (2024: £324,696 increase) during the year. This was as a result of market movements in the value of investments.

During the year, the main achievements of the grant provided to Leeds Institute of Rheumatic and Musculoskeletal Medicine included:

- Achieving a new EPSRC Network+, co-leading with Imperial College and the Universities of Exeter and Newcastle, that recognises the importance of assistive and rehabilitation technology to the health and prosperity of the nation;
- Continued growth in Devices for Dignity, the Institute's long-standing collaboration with the University of Sheffield and Sheffield Teaching Hospital NHS Foundation Trust. The institute has led on the expansion of the assistive and rehabilitation technology theme, recruiting new theme co-leads as other colleagues retired, and been building the portfolio of new rehabilitation studies;
- Continuation of the project on rehabilitation in Parkinson's disease using augmented reality technology, which has now been approved for all neurological conditions by the Medicines and Healthcare products Regulatory Agency. The randomised control trial is progressing with participants across five sites in the UK. The study and NIHR award have resulted in the commercial partner, Stroll, securing over £10 million in private equity funding to expand its workforce, supporting the transition from analogue to digital, moving rehabilitation services from hospital into the community, and shifting Parkinson's care from treating falls to preventing falls;
- Completion of the LOCOMOTION study, giving valuable insights into Long Covid;
- Securing £1.5m in funding from NIHR for the Health Effects of Residual Infections: Tailoring services and Advancing Guidance (HERITAGE) to expand on the most promising treatments developed during the LOCOMOTION study, bringing the learning to other conditions, including chronic fatigue syndrome and fibromyalgia;
- Progression with work on the role of continuous stratification in stroke rehabilitation using digital twins. An app has been developed that can be used during rehabilitation to monitor progress and inform the next stage of treatment. The app will be deployed in a clinical trial commencing in 2026;

THE CHARTERHOUSE RHEUMATISM CHARITY

TRUSTEE'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 JULY 2025

- Endurance of the COVID-19 Yorkshire Rehabilitation Scale (C19-YRS) outcome measure as the most widely used measure for people with long covid following its translation into over 40 languages, and its extensive use in industry-funded trials;
- Expanding the suite of outcome measures on the University of Leeds website, obtainable through a free licence for researchers and clinicians and through a commercial licence for industry, to use to monitor the impact of rheumatological and neurological conditions and their treatment;

Financial review and reserves

The Charity's work is entirely reliant on income and investment returns from its investments. During the year the net expenditure before investment gains amounted to £1,893 (2024: income of £1,175), with investment gains of £116,827 (2024: gains of £323,521) contributing to a net increase of funds by £114,934 (2024: increase of £324,696). The Charity has substantial net assets and the Trustee believes that the reserves of £4,000,926 (2024: £3,885,992) are sufficient to fund the day-to-day working capital requirements and to continue the objectives of the Charity.

The value of the investments has been impacted by the current economic situation and recent global events.

The total fund gain before fees and costs of 6.1% (2024: 12.6% gain) is below the index benchmark of a gain of 10.5% (2024: 14.1% gain). The Charity continues to invest in the Climate Active fund, a fund which aligns its investments with the goals of the Paris Climate Accord. The Trustee believes that continuing to invest in the Climate Active fund, despite achieving lower returns on average than other fund options in the short-term, is ethically and strategically the right approach for the Charity. The Trustee remains confident that the long-term target of CPI+4% will be achieved.

The Trustee aims to maintain free reserves in unrestricted funds to support donations made throughout the year to fulfil the objectives of the Charity. There is no further policy around reserves. The balance held as unrestricted reserves at 31 July 2025 was £4,000,926 (2024: £3,885,992).

Going concern

The principal risks facing the Charity are discussed in this Trustee's report. The Trustee has reviewed the cash position of the Charity and cash forecasts at the date of signing the financial statements and is satisfied that the Charity will be able to meet all of its financial commitments. As a consequence, the Trustee believes that the Charity is well placed to manage its financial risks successfully.

After making enquiries, the Trustee has a reasonable expectation that the Charity has adequate reserves to continue in operational existence for a minimum of 12 months after signing date. Under the current strategy of granting £100,000 annually to the University of Leeds. The Charity currently holds sufficient reserves to make over 30 years of grants. Accordingly, the Trustee continues to adopt the going concern basis in preparing the financial statements.

Statement of investment policy

The Trust Deed permits wide powers of investment. Investments are monitored closely by Central Finance at the University of Leeds on behalf of the Trustee. The funds are managed and invested on behalf of the Charity by Sarasin & Partners.

Risk management

The principal risks faced by the Charity lie in the performance of investments. The Trustee considers variability of investment returns to constitute the Charity's major financial risk. This is mitigated by retaining expert investment managers and having diversified investments within the climate active investment fund.

The Trustee has examined the major business, strategic and operational risks that the Charity faces and confirms that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

THE CHARTERHOUSE RHEUMATISM CHARITY

TRUSTEE'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 JULY 2025

Related parties

All grants payable were paid to the University of Leeds.

The Trustee is the University of Leeds, which provides finance, secretariat, legal and treasury services to the Charity for an annual fee of £5,014 (2024: £4,872).

Structure, governance and management

The Charity is a registered charity in England & Wales, Charity number 212498. The Charity is governed by the Trust Deed dated 1 November 1936, as varied or affected by Schemes of the Charity Commissioners of the 9th January 1975 and 3rd December 1980.

The University of Leeds was appointed as Corporate Trustee under a Charity Commission scheme effective 25 October 1996. Central Finance at the University of Leeds ensures that the Charity complies with all legal and statutory requirements and conducts its affairs in conformity with the Trust Deed and the practices and requirements as prescribed by the Council for the corporate governance of the University. The University has established an administrative team to undertake the day-to-day responsibilities of the Charity, including maintenance of appropriate records, preparation of accounts and reporting to Council on an annual basis. The University ensures that the administrative team are inducted, trained and have adequate resources to complete this role.

This financial year the purposes of the Charity have been amended pursuant to section 280A of the Charities Act 2011 and in accordance with consent from the Charity Commission. As a result of the change, the Charity's purpose is to advance research into rheumatism and musculoskeletal medicine by the University of Leeds Institute of Rheumatic and Musculoskeletal Medicine.

Armstrong Watson Audit Limited has been reappointed as the statutory auditor to the Charity.

Approved by order of the Corporate Trustee and signed on its behalf by:



.....
Alan Thomson

Corporate Trustee

Date: 22/01/2026

THE CHARTERHOUSE RHEUMATISM CHARITY

STATEMENT OF TRUSTEE'S RESPONSIBILITIES FOR THE YEAR ENDED 31 JULY 2025

The Trustee is responsible for preparing the Trustee's report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustee is responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust Deed. The Trustee is also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

THE CHARTERHOUSE RHEUMATISM CHARITY

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF THE CHARTERHOUSE RHEUMATISM CHARITY

Opinion

We have audited the financial statements of The Charterhouse Rheumatism Charity (the 'charity') for the year ended 31 July 2025 which comprise the Statement of financial activities, the Balance sheet, and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

The financial statements have been prepared in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

This has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 July 2025 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustee with respect to going concern are described in the relevant sections of this report.

THE CHARTERHOUSE RHEUMATISM CHARITY

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF THE CHARTERHOUSE RHEUMATISM CHARITY (CONTINUED)

Other information

The other information comprises the information included in the Annual report other than the financial statements and our Auditors' report thereon. The Trustee is responsible for the other information contained within the Annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Trustee's report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of the Trustee

As explained more fully in the Trustee's responsibilities statement, the Trustee is responsible for the preparation of the financial statements which give a true and fair view, and for such internal control as the Trustee determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustee is responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustee either intends to liquidate the charity or to cease operations, or has no realistic alternative but to do so.

THE CHARTERHOUSE RHEUMATISM CHARITY

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF THE CHARTERHOUSE RHEUMATISM CHARITY (CONTINUED)

Auditors' responsibilities for the audit of the financial statements

We have been appointed as auditor under section 145 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach non-compliance to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations, such as the Charities Act 2011;
- we identified the laws and regulations applicable to the charitable company through discussions with Trustees and other management;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We assessed the susceptibility of the charitable company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we:

- performed analytical procedures as a risk assessment tool to identify any unusual or unexpected relationships;
- tested journal entries to identify unusual transactions; and

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation; and
- enquiring of management as to actual and potential litigation and claims.

Due to the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditors' report.

THE CHARTERHOUSE RHEUMATISM CHARITY

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF THE CHARTERHOUSE RHEUMATISM CHARITY (CONTINUED)

Use of our report

This report is made solely to the Charity's Trustee, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the Trustee those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its Trustee for our audit work, for this report, or for the opinions we have formed.

Armstrong Watson Audit Limited

Armstrong Watson Audit Limited (Jan 27, 2026 09:55:21 GMT)

Armstrong Watson Audit Limited

Chartered Accountants & Statutory Auditors
Statutory Auditors

Leeds

Date:

Armstrong Watson Audit Limited are eligible to act as auditors in terms of section 1212 of the Companies Act 2006.

THE CHARTERHOUSE RHEUMATISM CHARITY

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 JULY 2025

	Note	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income from:				
Investments	3	124,501	124,501	125,947
Total income		<u>124,501</u>	<u>124,501</u>	<u>125,947</u>
Expenditure on:				
Raising funds	4	13,491	13,491	12,594
Charitable activities		112,903	112,903	112,178
Total expenditure		<u>126,394</u>	<u>126,394</u>	<u>124,772</u>
Net (expenditure)/income before net gains on investments		(1,893)	(1,893)	1,175
Net gains on investments		116,827	116,827	323,521
Net movement in funds		<u>114,934</u>	<u>114,934</u>	<u>324,696</u>
Reconciliation of funds:				
Total funds brought forward		3,885,992	3,885,992	3,561,296
Net movement in funds		114,934	114,934	324,696
Total funds carried forward		<u>4,000,926</u>	<u>4,000,926</u>	<u>3,885,992</u>

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 12 to 20 form part of these financial statements.

THE CHARTERHOUSE RHEUMATISM CHARITY

**BALANCE SHEET
AS AT 31 JULY 2025**

	Note	2025 £	2024 £
Fixed assets			
Investments	7	3,921,191	3,804,364
		3,921,191	3,804,364
Current assets			
Debtors	8	7,244	9,913
Cash at bank and in hand		89,763	88,148
		97,007	98,061
Creditors: amounts falling due within one year	9	(17,272)	(16,433)
		79,735	81,628
Total net assets		4,000,926	3,885,992
Charity funds			
Unrestricted funds	11	4,000,926	3,885,992
Total funds		4,000,926	3,885,992

The financial statements were approved and authorised for issue by the Trustee and signed on its behalf by:



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Alan Thomson
Corporate Trustee
Date: 22/01/2026

The notes on pages 12 to 20 form part of these financial statements.

THE CHARTERHOUSE RHEUMATISM CHARITY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2025

1. Accounting policies

1.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view, in line with the Charities SORP (FRS 102) published in October 2019.

The Charterhouse Rheumatism Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy. As a small charity, the Charity has taken an exemption from the presentation of a cash flow statement.

The entity is a charitable trust and is registered with the Charity Commission.

The functional currency is pounds sterling as this is the currency of the principal economic environment in which it operates.

1.2 Going concern

The principal risks facing the Charity are discussed in the Trustee's report. The Trustee has reviewed the cash position of the Charity and cash forecasts at the date of signing the financial statements and is satisfied that the Charity will be able to meet all of its financial commitments. As a consequence, the Trustee believes that the Charity is well placed to manage its financial risks successfully. After making enquiries, the Trustee has a reasonable expectation that the Charity has adequate reserves to continue in operational existence for a minimum of 12 months after the signing date. Accordingly, the Trustee continues to adopt the going concern basis in preparing the financial statements.

1.3 Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the Charity.

1.4 Income

All income is recognised once the Charity has entitlement to the income, any performance conditions attached to the income has been met, it is probable that the income will be received and the amount of income can be measured reliably. Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the bank.

THE CHARTERHOUSE RHEUMATISM CHARITY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2025

1. Accounting policies (continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

Expenditure on raising funds includes the costs incurred in regard to investment management costs.

Expenditure on charitable activities includes:

- Grants payable: Grants are given in support of projects which further the objectives of the Charity.
- Support costs: Cost of functions that assist the work of the Charity but do not directly undertake charitable activities. Support costs include back-office costs, finance, personnel, payroll and governance costs which support the Charity's programmes and activities. These costs are allocated to charitable activities as there are no identifiable support costs incurred in investment management activities.

1.6 Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value. Realised and unrealised gains and losses are combined in the Statement of Financial Activities.

1.7 Investments

Investments are included in the financial statements at market value. The Statement of Financial Activities includes the net gains and losses arising on revaluations and disposals throughout the year. The Charity does not acquire put options, derivatives or other complex financial instruments.

The main form of financial risk faced by the Charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities within particular sectors or subsectors.

1.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

THE CHARTERHOUSE RHEUMATISM CHARITY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2025

1. Accounting policies (continued)

1.11 Financial instruments

Financial assets and financial liabilities are recognised when the Charity becomes a party to the contractual provisions of the instrument. All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a finance transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at amortised cost less impairment.

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2. Critical accounting estimates and areas of judgement

In the application of the Charity's accounting policies, which are described in note 1, the Trustee is required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods. The Trustee does not consider there are any critical judgements or sources of estimation uncertainty requiring disclosure beyond the accounting policies listed above.

3. Investment income

	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Sarasin investment portfolio	121,453	121,453	121,924
Bank interest	3,048	3,048	4,023
	<u>124,501</u>	<u>124,501</u>	<u>125,947</u>

THE CHARTERHOUSE RHEUMATISM CHARITY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2025

4. Expenditure on raising funds

	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Portfolio management fees	13,491	13,491	12,594
	<u>13,491</u>	<u>13,491</u>	<u>12,594</u>
	<u><u>13,491</u></u>	<u><u>13,491</u></u>	<u><u>12,594</u></u>

5. Analysis of expenditure by activities

	Grant funding of activities 2025 £	Support costs 2025 £	Total funds 2025 £
Grants payable - Rheumatism research	100,000	12,903	112,903
	<u>100,000</u>	<u>12,903</u>	<u>112,903</u>
	<u><u>100,000</u></u>	<u><u>12,903</u></u>	<u><u>112,903</u></u>

	Grant funding of activities 2024 £	Support costs 2024 £	Total funds 2024 £
Grants payable - Rheumatism research	100,000	12,178	112,178
	<u>100,000</u>	<u>12,178</u>	<u>112,178</u>
	<u><u>100,000</u></u>	<u><u>12,178</u></u>	<u><u>112,178</u></u>

Expenditure on charitable activities in 2025 and 2024 was unrestricted.

THE CHARTERHOUSE RHEUMATISM CHARITY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2025**

5. Analysis of expenditure by activities (continued)

Analysis of support costs

	Activities 2025 £	Total funds 2025 £	Total funds 2024 £
Statutory audit	7,080	7,080	6,552
Legal and professional	5,014	5,014	4,872
Bank charges	29	29	34
Accounts preparation	780	780	720
	12,903	12,903	12,178
	12,903	12,903	12,178

There were no staff costs incurred in the year (2024: £nil). No staff were employed by the Charity in the year (2024: None). Those costs above labelled as audit and legal and professional are classified as governance costs for the Charity.

6. Analysis of grants

	Grants to Institutions 2025 £	Total funds 2025 £
University of Leeds	100,000	100,000
	100,000	100,000
	100,000	100,000
	Grants to Institutions 2024 £	Total funds 2024 £
University of Leeds	100,000	100,000
	100,000	100,000
	100,000	100,000

All grants in the year were made to the University of Leeds, the Corporate Trustee.

THE CHARTERHOUSE RHEUMATISM CHARITY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2025**

7. Fixed asset investments

	Listed investments £
Cost or valuation	
At 1 August 2024	3,804,364
Net unrealised investments gains	116,827
At 31 July 2025	<u>3,921,191</u>

The investment portfolio comprises one single investment in the Climate Active Fund. There have been no additional investments in or disposals out of the investment fund during the year ended 31 July 2025.

Investment listed or traded on a recognised stock exchange

	2025 £	2024 £
Market value analysed between:		
Investments	3,804,364	3,480,844
	<u>3,804,364</u>	<u>3,480,844</u>
	2025 £	2024 £
UK Equities	3,804,364	3,480,844
	<u>3,804,364</u>	<u>3,480,844</u>

All investments are listed. The historic cost of the investments since moving to the Climate Active Fund, is £3,603,863 (2024: £3,603,863).

The investment manager's charges were £13,491 (2024: £12,594) and are included in analysis of expenditure on raising funds in note 4.

8. Debtors

	2025 £	2024 £
Due within one year		
Prepayments and accrued income	7,244	9,913
	<u>7,244</u>	<u>9,913</u>

THE CHARTERHOUSE RHEUMATISM CHARITY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2025**

9. Creditors: Amounts falling due within one year

	2025	2024
	£	£
Trade creditors	5,018	4,875
Accruals	12,254	11,558
	<u>17,272</u>	<u>16,433</u>

10. Financial instruments

	2025	2024
	£	£
Financial assets		
Financial assets at fair value through Statement of Financial Activities - Investments	3,921,191	3,804,364
Financial assets at amortised cost - Cash and cash equivalents	89,763	88,148
Financial assets at amortised cost - Prepayments and accrued income	7,244	9,913
	<u>4,018,198</u>	<u>3,902,425</u>
	2025	2024
	£	£
Financial liabilities		
Financial liabilities at amortised cost - Creditors	17,272	16,433
	<u>17,272</u>	<u>16,433</u>

THE CHARTERHOUSE RHEUMATISM CHARITY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2025

11. Statement of funds

Statement of funds - current year

	Balance at 1 August 2024 £	Income £	Expenditure £	Gains/ (Losses) £	Balance at 31 July 2025 £
Unrestricted funds					
General Funds - all funds	<u>3,885,992</u>	<u>124,501</u>	<u>(126,394)</u>	<u>116,827</u>	<u>4,000,926</u>

Statement of funds - prior year

	Balance at 1 August 2023 £	Income £	Expenditure £	Gains/ (Losses) £	Balance at 31 July 2024 £
Unrestricted funds					
General Funds - all funds	<u>3,561,296</u>	<u>125,947</u>	<u>(124,772)</u>	<u>323,521</u>	<u>3,885,992</u>

12. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2025 £	Total funds 2025 £
Fixed asset investments	3,921,191	3,921,191
Current assets	97,007	97,007
Creditors due within one year	(17,272)	(17,272)
Total	<u>4,000,926</u>	<u>4,000,926</u>

THE CHARTERHOUSE RHEUMATISM CHARITY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2025**

12. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior year

	Unrestricted funds 2024 £	Total funds 2024 £
Fixed asset investments	3,804,364	3,804,364
Current assets	98,061	98,061
Creditors due within one year	(16,433)	(16,433)
Total	3,885,992	3,885,992

13. Related party transactions

During the year grants totalling £100,000 (2024: £100,000) were payable to the University of Leeds which supports the Charterhouse Professor of Rehabilitation Medicine who is head of Rehabilitation Medicine at the University of Leeds, the Corporate Trustee; in respect of research into rheumatism and the treatment thereof and to provide relief to individuals to support the primary purpose of the Charity.

Amounts totalling £5,014 (2024: £4,872) were paid to the University of Leeds for legal and professional services provided. This covers finance, secretariat, legal, and treasury activity. This amount was included as a creditor at the year end, as an unsecured payable.

14. Controlling party

In the opinion of the Trustee, the ultimate parent and controlling party is the University of Leeds, an exempt charity registered in England and Wales. The University of Leeds is the controlling party by virtue of being the Corporate Trustee.

THE CHARTERHOUSE RHEUMATISM CHARITY

England & Wales - Charity number 212498

Accounts

**THE CHARTERHOUSE RHEUMATISM CHARITY
TRUSTEE'S REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2024**

THE CHARTERHOUSE RHEUMATISM CHARITY

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THE CHARTERHOUSE RHEUMATISM CHARITY

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEE AND ADVISERS FOR THE YEAR ENDED 31 JULY 2024

Trustee	University of Leeds
Charity registered number	212498
Principal office	Central Finance Room 11.23 EC Stoner Building University of Leeds Leeds LS2 9JT
Independent auditors	Armstrong Watson Audit Limited Chartered Accountants & Statutory Auditors Third Floor 10 South Parade Leeds West Yorkshire LS1 5QS

THE CHARTERHOUSE RHEUMATISM CHARITY

TRUSTEE'S REPORT FOR THE YEAR ENDED 31 JULY 2024

The Trustee presents the annual report and the audited financial statements for the year ended 31 July 2024.

Name and registered office of the Charity

The full name of the Charity is The Charterhouse Rheumatism Charity. The Charity is registered in England and Wales. Its principal and registered office is Central Finance, 11.23 EC Stoner Building, University of Leeds, Leeds LS2 9JT.

Trustee

The University of Leeds is the Corporate Trustee of the Charity. Members of the University of Leeds Council are, for the purposes of Charity Law, the trustees of the University of Leeds and are disclosed on page 79 of its Integrated Annual Report for the University.

Objectives and activities for the public benefit

The aims and objectives of the Charity are to fund research into the causes of rheumatism and the treatment thereof and to provide relief to individuals by providing or paying for items, services or facilities for persons with rheumatic (or chronic) conditions.

The Trustee confirms that it has referred to the guidance contained in the Charity Commission's general guidance on public benefit in its decision making.

The Charity carries out the objectives by providing grants to projects that seek to provide innovation in this field. In the year, donations of £100,000 (2023: £100,000) were made to the Charterhouse Endowment which supports the Chair of Rehabilitation Medicine, as head of the Rehabilitation Unit at the University of Leeds and as a practicing clinician in the field. This supports rehabilitation for persons with disability, as well as further research into ways of helping people experiencing illness and disability. The Charity is committed to continuing to fund research in line with its aims and objectives.

Achievements, performance and future policy

The nature of performance and operations at Leeds Institute of Rheumatic and Musculoskeletal Medicine, University of Leeds, in the year met with the objectives of the Charity. The reserves of the Charity increased by £324,696 (2023: decrease by £103,896) during the year. This was as a result of market movements in the value of investments.

During the year, the main achievements of the grants provided to Leeds Institute of Rheumatic and Musculoskeletal Medicine included:

- Continued work on rehabilitation in Parkinson's disease using augmented reality technology. This work has obtained an award of over £2.3m, the largest ever awarded to a rehabilitation physician in the UK, and recently featured in Rory Cellan-Jones' "Movers and Shakers" podcast. Project set-up commenced in July 2024 with recruitment of first participants in April 2025;
- Development of the assessment, monitoring and rehabilitation of patients with Long Covid, with 15% of all NHS patients in Britain using the Institute's app. The LOCOMOTION study, completed during this financial year, gave valuable insights into Long Covid. A follow-on funding application to expand on the most promising treatments developed during LOCOMOTION has been submitted to NIHR;
- The Institute's long-standing collaboration with the University of Sheffield and Sheffield Teaching Hospital NHS Foundation Trust, which received a fourth tranche of funding for the next five years – nearly £3m – the largest award to date, allowing consolidation of rehabilitation and methodological innovation work;
- Progression with work on the role of continuous stratification in stroke rehabilitation using digital twins. An app has been developed which can be used during rehabilitation to monitor progress and inform the next stage of treatment;
- Collaboration on a randomised controlled trial with Kings College London on pulmonary rehabilitation which is nearing completion of recruitment. It is hoped that this study will demonstrate new and effective ways to improve the care of people with long-term respiratory conditions;
- Expanding the suite of outcome measures on the University of Leeds website, available for researchers and clinicians to use to monitor the impact of rheumatological and neurological conditions and their treatment.
- The translation of the COVID-19 Yorkshire Rehabilitation Scale (C19-YRS) outcome measure into over 40 languages, and its extensive use in industry-funded trials;
- Continued presentation of work on technology in rehabilitation at national and international conferences as well as webinars for members of the public, and extensive publication in peer-reviewed journals;

THE CHARTERHOUSE RHEUMATISM CHARITY

TRUSTEE'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 JULY 2024

- Hosting a portfolio of courses teaching psychometric principles and practice, and providing input to psychometric teaching internationally. Feedback for the courses remains uniformly high and form part of the CPD offering of the School of Medicine.

Financial review and reserves

The Charity's work is entirely reliant on income and investment returns from its endowments. During the year the net income before investment gains amounted to £1,175 (2023: loss of £870), with investment gains of £323,521 (2023: losses of £103,026) contributing to a net increase of funds by £324,696 (2023: decrease of £103,896). The Charity has substantial net assets and the Trustee believes that the reserves of £3,885,992 (2023: £3,561,296) are sufficient to fund the day-to-day working capital requirements and to continue the objectives of the Charity.

The value of the investments has been impacted by the current economic situation and recent global events. The total fund gain before fees and costs of 12.6% (2023: 0.7% gain) is below the index benchmark of a gain of 14.1% (2023: 3.5% gain). The Charity continues to invest in the Climate Active fund, a fund which aligns its investments with the goals of the Paris Climate Accord. The Trustee believes that continuing to invest in the Climate Active fund, despite achieving lower returns on average than other fund options in the short-term, is ethically and strategically the right approach for the Charity. The Trustee remains confident that the long-term target of CPI+4% will be achieved.

The Trustee aims to maintain free reserves in unrestricted funds to support donations made throughout the year to fulfil the objectives of the Charity. There is no further policy around reserves. The balance held as unrestricted reserves at 31 July 2024 was £3,885,992 (2023: £3,561,296).

Going concern

The principal risks facing the Charity are discussed in this Trustee's report. The Trustee has reviewed the cash position of the Charity and cash forecasts at the date of signing the financial statements and is satisfied that the Charity will be able to meet all of its financial commitments. As a consequence, the Trustee believes that the Charity is well placed to manage its financial risks successfully.

After making enquiries, the Trustee has a reasonable expectation that the Charity has adequate reserves to continue in operational existence for a minimum of 12 months after signing date. Under the current strategy of granting £100,000 annually to the Charterhouse Endowment, the Charity currently holds sufficient reserves to make over 30 years of grants. Accordingly, the Trustee continues to adopt the going concern basis in preparing the financial statements.

Statement of investment policy

The Trust Deed permits wide powers of investment. Investments are monitored closely by Central Finance at the University of Leeds on behalf of the Trustee. The funds are managed and invested on behalf of the Charity by Sarasin & Partners.

Risk management

The principal risks faced by the Charity lie in the performance of investments. The Trustee considers variability of investment returns to constitute the Charity's major financial risk. This is mitigated by retaining expert investment managers and having diversified investments within the climate active investment fund.

The Trustee has examined the major business, strategic and operational risks that the Charity faces and confirms that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

Related parties

All grants payable were paid to the Charterhouse Endowment, which is administered by the University of Leeds Faculty of Health & Medicine.

The Trustee is the University of Leeds, which provides finance, secretariat, legal and treasury services to the Charity for an annual fee of £4,872 (2023: £4,730).

THE CHARTERHOUSE RHEUMATISM CHARITY

TRUSTEE'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 JULY 2024

Structure, governance and management

The Charity is a registered charity in England & Wales, Charity number 212498. The Charity is governed by the Trust Deed dated 1 November 1936, as varied or affected by Schemes of the Charity Commissioners of the 9th January 1975 and 3rd December 1980.

The University of Leeds was appointed as Corporate Trustee under a Charity Commission scheme effective 25 October 1996. Central Finance at the University of Leeds ensures that the Charity complies with all legal and statutory requirements and conducts its affairs in conformity with the Trust Deed and the practices and requirements as prescribed by the Council for the corporate governance of the University. The University has established an administrative team to undertake the day-to-day responsibilities of the Charity, including maintenance of appropriate records, preparation of accounts and reporting to Council on an annual basis. The University ensures that the administrative team are inducted, trained and have adequate resources to complete this role. A review of the grant making policy and process is underway and any necessary changes will be implemented in 2025.

Armstrong Watson Audit Limited has been reappointed as the statutory auditor to the Charity.

Approved by order of the Corporate Trustee and signed on its behalf by:



.....
Alan Thomson
Corporate Trustee
Date: 11/04/2025

THE CHARTERHOUSE RHEUMATISM CHARITY

STATEMENT OF TRUSTEE'S RESPONSIBILITIES FOR THE YEAR ENDED 31 JULY 2024

The Trustee is responsible for preparing the Trustee's report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustee is responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust Deed. The Trustee is also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

THE CHARTERHOUSE RHEUMATISM CHARITY

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF THE CHARTERHOUSE RHEUMATISM CHARITY

Opinion

We have audited the financial statements of The Charterhouse Rheumatism Charity (the 'charity') for the year ended 31 July 2024 which comprise the Statement of financial activities, the Balance sheet, and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

The financial statements have been prepared in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

This has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 July 2024 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustee with respect to going concern are described in the relevant sections of this report.

THE CHARTERHOUSE RHEUMATISM CHARITY

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF THE CHARTERHOUSE RHEUMATISM CHARITY (CONTINUED)

Other information

The other information comprises the information included in the Annual report other than the financial statements and our Auditors' report thereon. The Trustee is responsible for the other information contained within the Annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Trustee's report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of the Trustee

As explained more fully in the Trustee's responsibilities statement, the Trustee is responsible for the preparation of the financial statements which give a true and fair view, and for such internal control as the Trustee determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustee is responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustee either intends to liquidate the charity or to cease operations, or has no realistic alternative but to do so.

THE CHARTERHOUSE RHEUMATISM CHARITY

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF THE CHARTERHOUSE RHEUMATISM CHARITY (CONTINUED)

Auditors' responsibilities for the audit of the financial statements

We have been appointed as auditor under section 145 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach non-compliance to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations, such as the Charities Act 2011;
- we identified the laws and regulations applicable to the charitable company through discussions with Trustees and other management;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We assessed the susceptibility of the charitable company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we:

- performed analytical procedures as a risk assessment tool to identify any unusual or unexpected relationships;
- tested journal entries to identify unusual transactions; and

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation; and
- enquiring of management as to actual and potential litigation and claims.

Due to the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditors' report.

THE CHARTERHOUSE RHEUMATISM CHARITY

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF THE CHARTERHOUSE RHEUMATISM CHARITY (CONTINUED)

Use of our report

This report is made solely to the Charity's Trustee, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the Trustee those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its Trustee for our audit work, for this report, or for the opinions we have formed.

Armstrong Watson Audit Limited
Armstrong Watson Audit Limited (Apr 16, 2025 08:09 GMT+1)

Armstrong Watson Audit Limited

Chartered Accountants & Statutory Auditors
Statutory Auditors

Leeds

Date: **11/04/2025**

Armstrong Watson Audit Limited are eligible to act as auditors in terms of section 1212 of the Companies Act 2006.

THE CHARTERHOUSE RHEUMATISM CHARITY

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 JULY 2024

	Note	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income from:				
Investments	3	125,947	125,947	122,842
Total income		<u>125,947</u>	<u>125,947</u>	<u>122,842</u>
Expenditure on:				
Raising funds	4	12,594	12,594	12,140
Charitable activities	5,6	112,178	112,178	111,572
Total expenditure		<u>124,772</u>	<u>124,772</u>	<u>123,712</u>
Net income/(expenditure) before net gains/(losses) on investments				
		1,175	1,175	(870)
Net gains/(losses) on investments		323,521	323,521	(103,026)
Net movement in funds		<u>324,696</u>	<u>324,696</u>	<u>(103,896)</u>
Reconciliation of funds:				
Total funds brought forward	11	3,561,296	3,561,296	3,665,192
Net movement in funds		324,696	324,696	(103,896)
Total funds carried forward		<u>3,885,992</u>	<u>3,885,992</u>	<u>3,561,296</u>

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 12 to 20 form part of these financial statements.

THE CHARTERHOUSE RHEUMATISM CHARITY

**BALANCE SHEET
AS AT 31 JULY 2024**

	Note	2024 £	2023 £
Fixed assets			
Investments	7	3,804,364	3,480,843
		3,804,364	3,480,843
Current assets			
Debtors	8	9,913	9,099
Cash at bank and in hand		88,148	86,355
		98,061	95,454
Creditors: amounts falling due within one year	9	(16,433)	(15,001)
		81,628	80,453
Net current assets		81,628	80,453
Total net assets		3,885,992	3,561,296
Charity funds			
Unrestricted funds	11	3,885,992	3,561,296
Total funds		3,885,992	3,561,296

The financial statements were approved and authorised for issue by the Trustee and signed on its behalf by:



.....
Alan Thomson
 Corporate Trustee
 Date: 11/04/2025

The notes on pages 12 to 20 form part of these financial statements.

THE CHARTERHOUSE RHEUMATISM CHARITY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2024

1. Accounting policies

1.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Charterhouse Rheumatism Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy. As a small charity, the Charity has taken an exemption from the presentation of a cash flow statement.

The entity is a charitable trust and is registered with the Charity Commission.

The functional currency is pounds sterling as this is the currency of the principal economic environment in which it operates.

1.2 Going concern

The principal risks facing the Charity are discussed in the Trustee's report. The Trustee has reviewed the cash position of the Charity and cash forecasts at the date of signing the financial statements and is satisfied that the Charity will be able to meet all of its financial commitments. As a consequence, the Trustee believes that the Charity is well placed to manage its financial risks successfully. After making enquiries, the Trustee has a reasonable expectation that the Charity has adequate reserves to continue in operational existence for a minimum of 12 months after the signing date. Accordingly, the Trustee continues to adopt the going concern basis in preparing the financial statements.

1.3 Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the Charity.

1.4 Income

All income is recognised once the Charity has entitlement to the income, any performance conditions attached to the income has been met, it is probable that the income will be received and the amount of income can be measured reliably. Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the bank.

THE CHARTERHOUSE RHEUMATISM CHARITY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2024

1. Accounting policies (continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

Expenditure on raising funds includes the costs incurred in regard to investment management costs.

Expenditure on charitable activities includes:

- Grants payable: Grants are given in support of projects which further the objectives of the Charity.
- Support costs: Cost of functions that assist the work of the Charity but do not directly undertake charitable activities. Support costs include back-office costs, finance, personnel, payroll and governance costs which support the Charity's programmes and activities. These costs are allocated to charitable activities as there are no identifiable support costs incurred in investment management activities.

1.6 Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value. Realised and unrealised gains and losses are combined in the Statement of Financial Activities.

1.7 Investments

Investments are included in the financial statements at market value. The Statement of Financial Activities includes the net gains and losses arising on revaluations and disposals throughout the year. The Charity does not acquire put options, derivatives or other complex financial instruments.

The main form of financial risk faced by the Charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities within particular sectors or subsectors.

1.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

THE CHARTERHOUSE RHEUMATISM CHARITY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2024

1. Accounting policies (continued)

1.11 Financial instruments

Financial assets and financial liabilities are recognised when the Charity becomes a party to the contractual provisions of the instrument. All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a finance transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at amortised cost less impairment.

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2. Critical accounting estimates and areas of judgement

In the application of the Charity's accounting policies, which are described in note 1, the Trustee is required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods. The Trustee does not consider there are any critical judgements or sources of estimation uncertainty requiring disclosure beyond the accounting policies listed above.

3. Investment income

	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Sarasin investment portfolio	121,924	121,924	120,956
Bank interest	4,023	4,023	1,886
	<u>125,947</u>	<u>125,947</u>	<u>122,842</u>

THE CHARTERHOUSE RHEUMATISM CHARITY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2024

4. Expenditure on raising funds

	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Portfolio management fees	12,594	12,594	12,140
	<u>12,594</u>	<u>12,594</u>	<u>12,140</u>
	<u><u>12,594</u></u>	<u><u>12,594</u></u>	<u><u>12,140</u></u>

5. Analysis of expenditure by activities

	Grant funding of activities 2024 £	Support costs 2024 £	Total funds 2024 £
Grants payable - Rheumatism research	100,000	12,178	112,178
	<u>100,000</u>	<u>12,178</u>	<u>112,178</u>
	<u><u>100,000</u></u>	<u><u>12,178</u></u>	<u><u>112,178</u></u>

	Grant funding of activities 2023 £	Support costs 2023 £	Total funds 2023 £
Grants payable - Rheumatism research	100,000	11,572	111,572
	<u>100,000</u>	<u>11,572</u>	<u>111,572</u>
	<u><u>100,000</u></u>	<u><u>11,572</u></u>	<u><u>111,572</u></u>

Expenditure on charitable activities in 2024 and 2023 was unrestricted.

THE CHARTERHOUSE RHEUMATISM CHARITY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2024**

5. Analysis of expenditure by activities (continued)

Analysis of support costs

	Activities 2024 £	Total funds 2024 £	Total funds 2023 £
Statutory audit	6,552	6,552	6,840
Legal and professional	4,872	4,872	4,730
Bank charges	34	34	2
Accounts preparation	720	720	-
	12,178	12,178	11,572
	12,178	12,178	11,572

There were no staff costs incurred in the year (2023: £nil). No staff were employed by the Charity in the year (2023: None). Those costs above labelled as audit and legal and professional are classified as governance costs for the Charity.

6. Analysis of grants

	Grants to Institutions 2024 £	Total funds 2024 £
University of Leeds	100,000	100,000
	100,000	100,000
	100,000	100,000

All grants in the year were made to the University of Leeds, the Corporate Trustee.

THE CHARTERHOUSE RHEUMATISM CHARITY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2024

7. Fixed asset investments

	Listed investments £
Cost or valuation	
At 1 August 2023	3,480,843
Net unrealised investments gains	323,521
At 31 July 2024	<u>3,804,364</u>

The investment portfolio comprises one single investment in the Climate Active Fund. There have been no additional investments in or disposals out of the investment fund during the year ended 31 July 2024.

Investment listed or traded on a recognised stock exchange

	2024 £	2023 £
Market value analysed between:		
Investments	3,804,364	3,480,844
	<u>3,804,364</u>	<u>3,480,844</u>
	2024 £	2023 £
UK Equities	3,804,364	3,480,844
	<u>3,804,364</u>	<u>3,480,844</u>

All investments are listed. The historic cost of the investments since moving to the Climate Active Fund, is £3,603,863 (2023: £3,603,863).

The investment manager's charges were £12,594 (2023: £12,140) and are included in analysis of expenditure on raising funds in note 4.

8. Debtors

	2024 £	2023 £
Due within one year		
Prepayments and accrued income	9,913	9,099
	<u>9,913</u>	<u>9,099</u>

THE CHARTERHOUSE RHEUMATISM CHARITY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2024**

9. Creditors: Amounts falling due within one year

	2024	2023
	£	£
Trade creditors	4,875	4,730
Accruals	11,558	10,271
	16,433	15,001
	16,433	15,001

10. Financial instruments

	2024	2023
	£	£
Financial assets		
Financial assets at fair value through Statement of Financial Activities - Investments	3,804,364	3,480,844
Financial assets at amortised cost - Cash and cash equivalents	88,148	86,355
Financial assets at amortised cost - Prepayments and accrued income	9,913	9,099
	3,902,425	3,576,298
	3,902,425	3,576,298
 Financial liabilities		
Financial liabilities at amortised cost - Creditors	16,433	15,001
	16,433	15,001

THE CHARTERHOUSE RHEUMATISM CHARITY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2024

11. Statement of funds

Statement of funds - current year

	Balance at 1 August 2023 £	Income £	Expenditure £	Gains/ (Losses) £	Balance at 31 July 2024 £
Unrestricted funds					
General Funds - all funds	3,561,296	125,947	(124,772)	323,521	3,885,992

Statement of funds - prior year

	Balance at 1 August 2022 £	Income £	Expenditure £	Gains/ (Losses) £	Balance at 31 July 2023 £
Unrestricted funds					
General Funds - all funds	3,665,192	122,842	(123,712)	(103,026)	3,561,296

12. Analysis of net assets between funds

Analysis of net assets between funds - current period

	Unrestricted funds 2024 £	Total funds 2024 £
Fixed asset investments	3,804,364	3,804,364
Current assets	98,061	98,061
Creditors due within one year	(16,433)	(16,433)
Total	3,885,992	3,885,992

THE CHARTERHOUSE RHEUMATISM CHARITY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2024

12. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior period

	Unrestricted funds 2023 £	Total funds 2023 £
Fixed asset investments	3,480,843	3,480,843
Current assets	95,454	95,454
Creditors due within one year	(15,001)	(15,001)
Total	3,561,296	3,561,296

13. Related party transactions

During the year grants totalling £100,000 (2023: £100,000) were payable to the Charterhouse Endowment which supports the Chair of Rehabilitation Medicine who is head of the Rehabilitation Unit at the University of Leeds, the Corporate Trustee; in respect of research into rheumatism and the treatment thereof and to provide relief to individuals to support the primary purpose of the Charity.

Amounts totalling £4,872 (2023: £4,730) were paid to the University of Leeds for legal and professional services provided. This covers finance, secretariat, legal, and treasury activity. This amount was included as a creditor at the year end, as an unsecured payable.

14. Controlling party

In the opinion of the Trustee, the ultimate parent and controlling party is the University of Leeds, an exempt charity registered in England and Wales. The University of Leeds is the controlling party by virtue of being the Corporate Trustee.

THE CHARTERHOUSE RHEUMATISM CHARITY

England & Wales - Charity number 212498

Accounts

**THE CHARTERHOUSE
RHEUMATISM CHARITY**

**Report and Financial Statements
Year ended 31 July 2023**

**The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2023**

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**The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2023**

OFFICERS AND PROFESSIONAL ADVISORS

Trustee

The University of Leeds
Room 11.23 E C Stoner Building
University of Leeds
Leeds
LS2 9JT

Auditor

Armstrong Watson Audit Limited
Chartered Accountants & Statutory Auditors
Third Floor
10 South Parade
LS1 5QS

Name and registered office of the charity

The full name of the charity is The Charterhouse Rheumatism Charity and its registered office is Finance Office, Room 11.23 E.C. Stoner Building, University of Leeds, Leeds LS2 9JT.

**The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2023**

THE TRUSTEE'S REPORT

The Trustee presents the annual report and the audited financial statements for the year ended 31 July 2023.

Name and registered office of the charity

The full name of the charity is The Charterhouse Rheumatism Charity and is registered in England and Wales. Its principal and registered office is The Company Secretariat, 11.75 E C Stoner Building, University of Leeds, Leeds LS2 9JT.

Trustee

The University of Leeds is the Corporate Trustee of the charity. Members of the University of Leeds Council are, for the purposes of Charity Law, the trustees of the University of Leeds and are disclosed on page 41 of its Integrated Annual Report for the University.

Objectives and activities for the public benefit

The aim and objectives of the Trust are to fund research into the causes of rheumatism and the treatment thereof and to provide relief to individuals by providing or paying for items, services or facilities for persons with rheumatic (or chronic) conditions.

The Trustee confirms that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit in its decision making.

The Trust carries out the objectives by providing grants to projects that seek to provide innovation in this field. In the year, donations of £100,000 (2022: £100,000) were made to the Charterhouse Endowment which supports the Chair of Rehabilitation Medicine, and as head of the Rehabilitation Unit at the University of Leeds and as a practicing clinician in the field, this supports rehabilitation for persons and further research into ways of helping patients suffering illness and incapacity. The charity is committed to continuing to fund research in line with its aims and objectives.

Achievements, performance and future policy

The nature of performance and operations in the year met with the objectives of the charity. The reserves of the Trust decreased by £103,897 (2022: decrease by £180,149) during the year. This was as a result of market movements in the value of investments.

During the year, the main achievements of the grants provided included:

- Continued support for the development of new rehabilitation devices and prosthetic technologies, including work on rehabilitation in Parkinson's disease using augmented reality technology. The latter has obtained NHS ethical approval to recruit 30 participants in a feasibility study;
- Work on the impact of long Covid has continued, resulting in a national Innovate Award for "The world's first validated digital system for the initial assessment, triage, management, monitoring and rehabilitation of patients with Long COVID";
- Securing additional funding to look at the role of continuous stratification in stroke rehabilitation using digital twins. This project commenced in May 2023 and will involve 19 universities across Europe;
- Further work on vocational rehabilitation, with completion of a 4-year project looking at vocational rehabilitation after stroke. We are continuing to examine vocational interventions in major trauma in an on-going randomised trial.
- Development and testing of patient-reported outcome measures and clinician-rated scales. Our Covid-19 Yorkshire Rehabilitation Scale (C19-YRS) and the Adapted Autonomic Profile (aAP) continue to be at the forefront of investigations into the impact of long covid, with many centres around the world using it in their clinics and research.
- Continuing to provide excellent clinical teaching. This was the second year of running virtual courses and our first year running a virtual advanced course. The National Musculoskeletal Medicine and Rehabilitation Course ran in February 2023 and was heavily oversubscribed.

**The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2023**

THE TRUSTEE'S REPORT

Financial review and reserves

The Trust's work is entirely reliant on income and investment returns from its endowments. During the year the net loss before investment losses amounted to £871 (2022: loss of £405), with investment losses of £103,026 (2022: losses of £179,744) contributing to a net decrease of funds by £103,897 (2022: decrease of £180,149). The Trust has substantial net assets and the Trustee believes that the reserves of £3,561,296 (2022: £3,665,193) are sufficient to fund the day to day working capital requirements and to continue the objectives of the Trust.

The value of the investments has been impacted by the current economic situation and recent global events. The total fund loss of 0.1% (2022: 2.3% loss) is below the index benchmark of a gain of 3.5% (2022: 1% gain). The Charity continues to invest in the Climate Active fund, a fund which aligns its investments with the goals of the Paris Climate Accord. The Trustee believes that continuing to invest in the Climate Active fund, despite achieving lower returns on average than other fund options in the short-term, is ethically and strategically the right approach for the Charity. The Trustee remains confident that the long-term target of CPI+4% will be achieved.

The Trustee aims to maintain free reserves in unrestricted funds to support donations made throughout the year to fulfil the objectives of the charity. There is no further policy around reserves. The balance held as unrestricted reserves at 31 July 2023 was £3,561,296 (2022: £3,665,193).

Going concern

The principal risks facing the charity are discussed in this Trustee's report. The Trustee has reviewed the cash position of the charity and cash forecasts at the date of signing the financial statements and is satisfied that the charity will be able to meet all of its financial commitments.

As a consequence, the Trustee believes that the charity is well placed to manage its financial risks successfully. After making enquiries, the Trustee has a reasonable expectation that the charity has adequate reserves to continue in operational existence for a minimum of 12 months after signing date. Under the current strategy of granting £100,000 annually to the Charterhouse Endowment, the Charity currently holds sufficient reserves to make over 30 years of grants. Accordingly, the Trustee continues to adopt the going concern basis in preparing the financial statements.

Statement of investment policy

The Trust Deed permits wide powers of investment. Investments are monitored closely by the Finance Office of the University of Leeds on behalf of the Trustee. The funds are managed and invested on behalf of the Trust by Sarasin & Partners, fund manager.

Risk Management

The principal risks faced by the Trust lie in the performance of investments. The Trustee considers variability of investment returns to constitute the charity's major financial risk. This is mitigated by retaining expert investment managers and having diversified investments within the climate active investment fund.

The Trustee has examined the major business, strategic and operational risks that the Trust faces and confirms that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

Related parties

All grants payable were paid to the Charterhouse Endowment, which is administered by the University of Leeds Faculty of Health & Medicine.

The Trustee is the University of Leeds, which provides finance, secretariat, legal and treasury services to the Trust for an annual fee of £4,730 (2022: £4,505).

**The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2023**

THE TRUSTEE'S REPORT

Structure, governance and management

The Trust is a registered charity in England & Wales, charity number 212498. The charity is governed by the Trust deed dated 1 November 1936, as varied or affected by Schemes of the Charity Commissioners of the 9th January 1975 and 3rd December 1980.

The University of Leeds was appointed as Corporate Trustee under a Charity Commission scheme effective 25 October 1996. The Finance Office of the University of Leeds ensures that the Trust complies with all legal and statutory requirements and conducts its affairs in conformity with the Trust Deed and the practices and requirements as prescribed by the Council for the corporate governance of the University. The University has established an administrative team to undertake the day-to-day responsibilities of the Trust, including maintenance of appropriate records, preparation of accounts and reporting to Council on an annual basis. The University ensures that the administrative team are inducted, trained and have adequate resources to complete this role. A review of the grant making policy and process is underway and any necessary changes will be implemented in 2024.

Armstrong Watson Audit Limited has been appointed as the new statutory auditor to the Trust.

Approved and signed on behalf of the Trustee on 5th April 2024.



Alan Thomson
Corporate Trustee

The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2023

TRUSTEE'S RESPONSIBILITIES STATEMENT

The Trustee is responsible for preparing the Trustee's annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

The law applicable to charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustee is responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions

The Charterhouse Rheumatism Charity

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE CHARERHOUSE RHEUMATISM CHARITY

(continued)

Year ended 31 July 2023

Opinion

We have audited the financial statements of Charterhouse Rheumatism Charity (the 'charity') for the year ended 31 July 2023 which comprise the Statement of financial activities, the balance sheet and the related notes, including a summary of significant accounting policies.

The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

The financial statements have been prepared in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

This has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 July 2023 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the Annual report other than the financial statements and our Auditors' report thereon. The Trustees are responsible for the other information contained within the Annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so,

The Charterhouse Rheumatism Charity

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE CHARERHOUSE RHEUMATISM CHARITY

(continued)

Year ended 31 July 2023

consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the trustees' report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the trustees are responsible for the preparation of the financial statements which give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 151 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its trustees, as a body, for our audit work, for this report, or for the opinions we have formed.

The Charterhouse Rheumatism Charity

**INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE
CHARERHOUSE RHEUMATISM CHARITY**

(continued)

Year ended 31 July 2023

Huw Nicholls

Huw Nicholls (Apr 16, 2024 19:05 GMT+1)

Huw Nicholls (Senior Statutory Auditor)
For and on behalf of Armstrong Watson Audit Limited
Chartered Accountants & Statutory Auditors
Leeds

16/04/2024

Armstrong Watson Audit Limited are eligible to act as auditors in terms of section 1212 of the Companies Act 2006.

The Charterhouse Rheumatism Charity

STATEMENT OF FINANCIAL ACTIVITIES Year ended 31 July 2023

	Note	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Income from:			
Investments	3	122,842	122,627
		122,842	122,627
Total income			
Expenditure on:			
Raising funds	4	(12,140)	(12,988)
Charitable activities	5 & 7	(111,572)	(110,044)
		(123,712)	(123,032)
Total expenditure			
Net expenditure before investment gains		(871)	(405)
Net loss on investments	8	(103,026)	(179,744)
		(103,897)	(180,149)
Net movement in funds			
Reconciliation of funds:			
Total funds brought forward	14	3,665,193	3,845,342
Net movement in funds for the year	14	(103,897)	(180,149)
		3,561,296	3,665,193
Total funds carried forward		3,561,296	3,665,193

All income and expenditure derives from continuing activities.

The following notes on pages 11 to 16 are an integral part of these financial statements.

The Charterhouse Rheumatism Charity

STATEMENT OF FINANCIAL POSITION As at 31 July 2023

	Note	2023 £	2022 £
Fixed assets			
Investments	8	3,480,844	3,583,870
Current assets			
Debtors	9	9,099	9,029
Cash at bank and in hand	10	86,355	88,517
		<u>95,454</u>	<u>97,546</u>
Current liabilities			
Creditors: amounts falling due within one year	11	(15,001)	(16,223)
Net current assets		<u>80,453</u>	<u>81,323</u>
Total Assets less Current Liabilities		<u>3,561,296</u>	<u>3,665,193</u>
Net assets		<u><u>3,561,296</u></u>	<u><u>3,665,193</u></u>
Funds			
Unrestricted fund	13	3,561,296	3,665,193
Total funds		<u><u>3,561,296</u></u>	<u><u>3,665,193</u></u>

All amounts relate to continuing operations and unrestricted funds.

The following notes on pages 11 to 16 are an integral part of these financial statements.

These financial statements of The Charterhouse Rheumatism Charity, registered number 212498, were approved by the Advisory Group and authorised for issue on 5th April 2024.

They were signed on its behalf by:



Alan Thomson
Corporate Trustee

The Charterhouse Rheumatism Charity
Year ended 31 July 2023

NOTES TO THE FINANCIAL STATEMENTS

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1. Accounting policies

Basis of accounting

The financial statements are prepared under the historical cost convention with the exception of investments which have been included at fair value, in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities (SORP 2019)" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), effective 1 January 2019 and applicable UK accounting standards.

The entity is a charitable trust and is registered with the Charities Commission.

The Trust constitutes a public benefit entity as defined by FRS 102. As a small charity, the charity has taken an exemption from the presentation of a cash flow statement.

The functional currency is pounds sterling as this is the currency of the principal economic environment in which it operates.

Going Concern

The principal risks facing the charity are discussed in the Trustee's report. The Trustee has reviewed the cash position of the charity and cash forecasts at the date of signing the financial statements and is satisfied that the charity will be able to meet all of its financial commitments.

As a consequence, the Trustee believes that the charity is well placed to manage its financial risks successfully. After making enquiries, the Trustee has a reasonable expectation that the charity has adequate reserves to continue in operational existence for a minimum of 12 months after signing date. Accordingly, the Trustee continues to adopt the going concern basis in preparing the financial statements.

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity.

Income

All income is recognised once the charity has entitlement to the income, any performance conditions attached to the item(s) of income has been met, it is probable that the income will be received and the amount of income can be measured reliably. Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Investments

Investments are included in the financial statements at market value. The Statement of Financial Activities includes the net gains and losses arising on revaluations and disposals throughout the year. The Trust does not acquire put options, derivatives or other complex financial instruments.

The main form of financial risk faced by the charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities within particular sectors or subsectors.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

The Charterhouse Rheumatism Charity Year ended 31 July 2023

Expenditure on raising funds includes the costs incurred in regards to investment management costs.

Expenditure on charitable activities includes:

- Grants payable: Grants are given in support of projects which further the objectives of the charity.
- Support costs: Cost of functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the Trusts artistic programmes and activities. These costs are allocated to charitable activities as there are no identifiable support costs incurred in investment management activities.

Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value. Realised and unrealised gains and losses are combined in the Statement of Financial Activities.

Financial instruments

Financial assets and financial liabilities are recognised when the Charity becomes a party to the contractual provisions of the instrument. All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a finance transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at amortised cost less impairment.

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2. Critical accounting judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies, which are described in note 1, the Trustee is required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods. The Trustee does not consider there are any critical judgements or sources of estimation uncertainty requiring disclosure beyond the accounting policies listed above.

The Charterhouse Rheumatism Charity
Year ended 31 July 2023

3. Income from investments

	2023	2022
	£	£
Sarasin investment portfolio	120,956	122,413
Bank and building society income	1,886	214
	122,842	122,627
	122,842	122,627

4. Expenditure on raising funds

	2023	2022
	£	£
Sarasin management fees	12,140	12,988
	12,140	12,988
	12,140	12,988

5. Expenditure on charitable activities

	Grant funding of activities	Support costs	Total 2023 £
Activity			
Grants payable – Rheumatism research	100,000	11,572	111,572
	100,000	11,572	111,572
	100,000	11,572	111,572
Activity			
Grants payable – Rheumatism research	100,000	10,044	110,044
	100,000	10,044	110,044
	100,000	10,044	110,044

6. Grant expenditure

	Grants to institutions	
	2023	2022
	£	£
University of Leeds	100,000	100,000
	100,000	100,000
	100,000	100,000

All grants in the year were made to the University of Leeds, the Corporate Trustee, although grants can be made to other individuals and institutions.

The Charterhouse Rheumatism Charity
Year ended 31 July 2023

7. Support costs

	2023	2022
	£	£
Statutory audit	6,840	4,190
Legal and professional	4,730	5,847
Bank charges	2	7
	11,572	10,044
	11,572	10,044

There were no staff costs incurred in the year (2022: £Nil). No staff were employed by the charity in the year (2022: Nil). Those costs above labelled as audit and legal and professional are classified as governance costs for the charity.

No Trustees were remunerated in the year (2022: Nil) nor received any reimbursement of expenses (2022: £Nil).

8. Fixed asset investments

	2023	2022
	£	£
Investments listed or traded on a recognised stock exchange	3,480,844	3,583,870
Investments listed or traded on a recognised stock exchange		
Market value at 1 August	3,583,870	3,763,614
Net unrealised investment (losses)/gains	(103,026)	(179,744)
	3,480,844	3,583,870
Fair value at 31 July	3,480,844	3,583,870

The investment portfolio comprises one single investment in the Climate Active Fund. There have been no additional investments in or disposals out of the investment fund during the year ended 31 July 2023.

	2023	2022
	£	£
Investments listed or traded on a recognised stock exchange		
Market value analysed between:		
Investments	3,480,844	3,583,870
Cash held by investment managers	-	-
	3,480,844	3,583,870
Market value at 31 July	3,480,844	3,583,870
	2023	2022
	£	£
UK Equities	3,480,844	3,583,870
	3,480,844	3,583,870
	3,480,844	3,583,870

The Charterhouse Rheumatism Charity
Year ended 31 July 2023

8. Fixed asset investments (continued)

All investments are listed. The historic cost of the investments is £3,603,863 (2022: £3,603,863). The investment was moved to a single Climate Active investment fund therefore is shown as UK Equity in its entirety at 31 July 2023.

The Fund Manager's charges were £12,140 (2022: £12,988) and are included in analysis of expenditure on raising funds in note 4.

9. Debtors

	2023	2022
	£	£
Amounts falling due within one year:		
Prepayments and accrued income	9,099	9,029
	9,099	9,029
	9,099	9,029

10. Cash

	2023	2022
	£	£
Cash at bank	86,355	88,517
	86,355	88,517
	86,355	88,517

11. Creditors

	2023	2022
	£	£
Amounts falling due within one year:		
Trade creditors	4,730	9,425
Accrued expenditure	10,271	6,798
	15,001	16,223
	15,001	16,223

The Charterhouse Rheumatism Charity
Year ended 31 July 2023

12. Financial instruments

	2023	2022
	£	£
Financial assets		
Financial assets at fair value through Statement of Financial Activities		
Investments	3,480,844	3,583,870
Financial assets at amortised cost		
Cash and cash equivalents	86,355	88,517
Prepayments and accrued income	9,099	9,029
	<u>3,576,298</u>	<u>3,681,416</u>
Financial liabilities		
Financial liabilities at amortised cost		
Creditors	15,001	16,223
	<u>15,001</u>	<u>16,223</u>

13. Reconciliation of movement in funds

	2023	2022
	£	£
Opening unrestricted funds	3,665,193	3,845,342
Result for the year	(103,897)	(180,149)
	<u>3,561,296</u>	<u>3,665,193</u>

All assets and liabilities are unrestricted funds.

14. Related party transactions

During the year grants totalling £100,000 (2022: £100,000) were payable to the Charterhouse Trust Endowment which supports the Chair of Rehabilitation Medicine who is head of the Rehabilitation Unit at the University of Leeds, the Corporate Trustee; in respect of research into rheumatism and the treatment thereof and to provide relief to individuals to support the primary purpose of the charity.

£4,730 (2022: £4,505) was paid to the University of Leeds for Legal & Professional Services provided. This covers Finance, Secretariat, Legal and Treasury activity. This amount was included as a creditor at the year-end, as an unsecured payable.

15. Ultimate parent undertaking

In the opinion of the Trustees, the ultimate parent and controlling party is the University of Leeds, an Exempt charity registered in England and Wales. The University of Leeds is the controlling party by virtue of being a Corporate Trustee.

THE CHARTERHOUSE RHEUMATISM CHARITY

England & Wales - Charity number 212498

Accounts

**THE CHARTERHOUSE
RHEUMATISM CHARITY**

**Report and Financial Statements
Year ended 31 July 2022**

**The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2022**

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**The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2022**

OFFICERS AND PROFESSIONAL ADVISORS

Trustee

The University of Leeds
Room 11.23 E C Stoner Building
University of Leeds
Leeds
LS2 9JT

Bankers

Barclays Bank plc
77 Albion Street
Leeds
LS1 5LD

Solicitors

Pinsent Masons
1 Park Row
Leeds
LS1 5AB

Auditor

Deloitte LLP
Statutory Auditor
2 New Street Square
London
EC4A 3BZ

Investment managers

Sarasin & Partners
Juxon House
100 St Paul's Churchyard
London
EC4M 8BU

Name and registered office of the charity

The full name of the charity is The Charterhouse Rheumatism Charity and its registered office is Finance Office, Room 11.23 E.C. Stoner Building, University of Leeds, Leeds LS2 9JT.

**The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2022**

THE TRUSTEE'S REPORT

The Trustee presents the annual report and the audited financial statements for the year ended 31 July 2022.

Name and registered office of the charity

The full name of the charity is The Charterhouse Rheumatism Charity and is registered in England and Wales. Its principal and registered office is The Company Secretariat, 11.75 E C Stoner Building, University of Leeds, Leeds LS2 9JT.

Trustee

The University of Leeds is the Corporate Trustee of the charity. Members of the Council are, for the purposes of Charity Law, the trustees of the University of Leeds and are disclosed on page 35 of its Integrated Annual Report for the University.

Objectives and activities for the public benefit

The aim and objectives of the Trust are to fund research into the causes of rheumatism and the treatment thereof and to provide relief to individuals by providing or paying for items, services or facilities for persons with rheumatic (or chronic) conditions.

The Trustee confirms that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit in its decision making.

The Trust carries out the objectives by providing grants to projects that seek to provide innovation in this field. In the year, donations of £100,000 (2021: £100,000) were made to the Charterhouse Endowment which supports the Chair of Rehabilitation Medicine, and as head of the Rehabilitation Unit at the University of Leeds and as a practicing clinician in the field, this supports rehabilitation for persons and further research into ways of helping patients suffering illness and incapacity. The charity is committed to continuing to fund research in line with its aims and objectives.

Achievements, performance and future policy

The nature of performance and operations in the year met with the objectives of the charity. The reserves of the Trust decreased by £180,149 (2021: increase by £445,163) during the year. This was as a result of market movements in the value of investments.

During the year, the main achievements of the grants provided included:

- Output from the department has continued to support the development of new rehabilitation devices and prosthetic technologies and included new work on rehabilitation in Parkinson's disease using augmented reality technology;
- Research work has focused on addressing the needs and goals of people living with long-term conditions including interdisciplinary work with teams in low- and middle-income countries. Work on the impact of long Covid continues, with important insights being published in a series of papers commissioned for the British Medical Journal;
- It has also supported the European centre for the development and testing of psychometrically-sound and clinically relevant outcome measures which assess the impact of healthcare conditions on people and identifies changes brought about by medical intervention. The previously developed app to monitor long Covid has been launched internationally during the year;
- It has included collaboration between clinicians on joint projects with rehabilitation providers; and
- Continued to provide excellent clinical teaching, including new online courses for people who are unable to travel to Leeds.

The value of the investments has been impacted by the current economic situation and recent global events but show a net loss in the financial year to 31 July 2022. The charity continues to fund research activities through the University of Leeds.

**The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2022**

THE TRUSTEE'S REPORT

Financial review and reserves

The Trust's work is entirely reliant on income and investment returns from its endowments. During the year the net loss before investment losses/gains amounted to £405 (2021: loss of £4,521), with investment losses of £179,744 (2021: gains of £449,684) contributing to net decrease of funds by £180,149 (2021: increase of £445,163). The Trust has substantial net assets and the Trustee believes that the reserves of £3,665,193 (2021: £3,845,342) are sufficient to fund the day to day working capital requirements and to continue the objectives of the Trust.

The Trustee aims to maintain free reserves in unrestricted funds to support donations made throughout the year to fulfil the objectives of the charity. There is no further policy around reserves. The balance held as unrestricted reserves at 31 July 2022 was £3,665,193 (2021: £3,845,342).

Going concern

The principal risks facing the charity are discussed in this Trustee's report. The Trustee has reviewed the cash position of the charity and cash forecasts at the date of signing the financial statements and is satisfied that the charity will be able to meet all of its financial commitments.

As a consequence, the Trustee believes that the charity is well placed to manage its financial risks successfully. After making enquiries, the Trustee has a reasonable expectation that the charity has adequate reserves to continue in operational existence for a minimum of 12 months after signing date. Accordingly, the Trustee continues to adopt the going concern basis in preparing the financial statements.

Statement of investment policy

The Trust Deed permits wide powers of investment. Investments are monitored closely by the Finance Office of the University of Leeds on behalf of the Trustee. The funds are managed and invested on behalf of the Trust by Sarasin & Partners, fund manager.

Risk Management

The principal risks faced by the Trust lie in the performance of investments. The Trustee considers variability of investment returns to constitute the charity's major financial risk. This is mitigated by retaining expert investment managers and having diversified investments within the climate active investment fund.

The Trustee has examined the major business, strategic and operational risks that the Trust faces and confirms that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

Related parties

The Trustee is the University of Leeds, which provides administrative services to the Trust for an annual fee of £4,505 (2021: £4,374).

Structure, governance and management

The Trust is a registered charity in England & Wales, charity number 212498. The charity is governed by the Trust deed dated 1 November 1936, as varied or affected by Schemes of the Charity Commissioners of the 9th January 1975 and 3rd December 1980.

The University of Leeds was appointed as Corporate Trustee under a Charity Commission scheme effective 25 October 1996. The Finance Office of the University of Leeds ensures that the Trust complies with all legal and statutory requirements and conducts its affairs in conformity with the Trust Deed and the practices and requirements as prescribed by the Council for the corporate governance of the University. The University has established an administrative team to undertake the day-to-day responsibilities of the Trust, including maintenance of appropriate records, preparation of accounts and reporting to Council on an annual basis. The University ensures that the administrative team are inducted, trained and have adequate resources to complete this role. A review of the grant making policy and process is underway and any necessary changes will be implemented in 2023.

**The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2022**

THE TRUSTEE'S REPORT

The auditor of the financial statements, Deloitte LLP, have expressed their willingness to continue as auditor to the Trust.

Approved and signed on behalf of the Trustee

A handwritten signature in black ink, appearing to be 'ARH', written in a cursive style.

Corporate Trustee
26 May 2023

**The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2022**

TRUSTEE'S RESPONSIBILITIES STATEMENT

The Trustee is responsible for preparing the Trustee's annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

The law applicable to charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustee is responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Charterhouse Rheumatism Charity

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE CHARERHOUSE RHEUMATISM CHARITY Year ended 31 July 2022

Report on the audit of the financial statements

Opinion

In our opinion the financial statements of The Charterhouse Rheumatism Charity (the 'charitable company'):

- give a true and fair view of the state of the charitable company's affairs as at 31 July 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

We have audited the financial statements which comprise:

- the statement of financial activities
- the statement of financial position; and
- the related notes 1 to 14.

The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (United Kingdom Generally Accepted Accounting Practice).

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report.

We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the Financial Reporting Council's (the 'FRC's') Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or

The Charterhouse Rheumatism Charity

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE CHARERHOUSE RHEUMATISM CHARITY Year ended 31 July 2022

apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors of the charitable company for the purpose of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the FRC's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Extent to which the audit was considered capable of detecting irregularities, including fraud

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below.

We considered the nature of the charitable company's industry and its control environment, and reviewed the charitable company's documentation of their policies and procedures relating to fraud and compliance with laws and regulations. We also enquired of management and the trustees about their own identification and assessment of the risks of irregularities, including those that are specific to the charitable company's business sector.

We obtained an understanding of the legal and regulatory frameworks that the charitable company operates in, and identified the key laws and regulations that:

- had a direct effect on the determination of material amounts and disclosures in the financial statements. These included UK Companies Act and UK Charities Act and the sector it operates in and
- do not have a direct effect on the financial statements but compliance with which may be fundamental to the charitable company's ability to operate or to avoid a material penalty.

We discussed among the audit engagement team regarding the opportunities and incentives that may exist within the organisation for fraud and how and where fraud might occur in the financial statements.

As a result of performing the above, we identified the greatest potential for fraud in the following area, and our procedures performed to address it are described below:

We presume a risk of material misstatement due to fraud in the valuation of investments held at the balance sheet date and the gain or loss recognised as net movement in funds in the financial

The Charterhouse Rheumatism Charity

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE CHARERHOUSE RHEUMATISM CHARITY Year ended 31 July 2022

statements. To address the risk, we have engaged valuation specialist and obtained independent confirmation for the unit price and performed benchmarking exercise with similar funds. Deloitte have recalculated the net movement in funds for the period and agreed this figure to disclosure within the financial statements.

In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override. In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments; assessed whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluated the business rationale of any significant transactions that are unusual or outside the normal course of business.

In addition to the above, our procedures to respond to the risks identified included the following:

- reviewing financial statement disclosures by testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- enquiring of management concerning actual and potential litigation and claims, and instances of non-compliance with laws and regulations; and
- reading minutes of meetings of those charged with governance.

Report on other legal and regulatory requirements

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the strategic report and the directors' report prepared for the purposes of company law for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the strategic report and the directors' report included within the trustees' report have been prepared in accordance with applicable legal requirements.

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified any material misstatements in the strategic report or the directors' report included within the trustees' report.

Matters on which we are required to report by exception

Under the Companies Act 2006 we are required to report in respect of the following matters if, in our opinion:

- adequate accounting records have not been kept by the charitable company, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

We have nothing to report in respect of these matters.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

The Charterhouse Rheumatism Charity

**INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE
CHARERHOUSE RHEUMATISM CHARITY
Year ended 31 July 2022**



Stephen Turner (Senior statutory auditor)
For and on behalf of Deloitte LLP
Statutory Auditor
London, United Kingdom
26 May 2023

Deloitte LLP is eligible for appointment as auditor for the charity by virtue of its eligibility for appointment as audit of a company under section 1212 of the Companies Act 2006.

The Charterhouse Rheumatism Charity

STATEMENT OF FINANCIAL ACTIVITIES Year ended 31 July 2022

	Note	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Income from:			
Investments	3	122,627	115,430
		122,627	115,430
Total income			
Expenditure on:			
Raising funds	4	(12,988)	(12,937)
Charitable activities	5 & 7	(110,044)	(107,014)
		(123,032)	(119,951)
Total expenditure			
Net expenditure before investment gains		(405)	(4,521)
Net (loss)/gain on investments	8	(179,744)	449,684
		(180,149)	445,163
Net movement in funds			
Reconciliation of funds:			
Total funds brought forward	12	3,845,342	3,400,179
Net movement in funds for the year	12	(180,149)	445,163
		3,665,193	3,845,342
Total funds carried forward		3,665,193	3,845,342

All income and expenditure derives from continuing activities.

The following notes on pages 11 to 16 are an integral part of these financial statements.

The Charterhouse Rheumatism Charity

STATEMENT OF FINANCIAL POSITION At 31 July 2022

	Note	2022 £	2021 £
Fixed assets			
Investments	8	3,583,870	3,763,614
Current assets			
Debtors	9	9,029	9,634
Cash at bank and in hand		88,517	82,838
		<u>97,546</u>	<u>92,472</u>
Current liabilities			
Creditors: amounts falling due within one year	10	(16,223)	(10,744)
Net current assets		<u>81,323</u>	<u>81,728</u>
Total Assets less Current Liabilities		<u>3,665,193</u>	<u>3,845,342</u>
Net assets		<u><u>3,665,193</u></u>	<u><u>3,845,342</u></u>
Funds			
Unrestricted fund	12	3,665,193	3,845,342
Total funds		<u><u>3,665,193</u></u>	<u><u>3,845,342</u></u>

All amounts relate to continuing operations and unrestricted funds.

The following notes on pages 11 to 16 are an integral part of these financial statements.

These financial statements of The Charterhouse Rheumatism Charity, registered number 212498, were approved by the Advisory Group and authorised for issue on 26 May 2023.

They were signed on its behalf by:



Alan Thomson
Corporate Trustee

The Charterhouse Rheumatism Charity

Year ended 31 July 2022

NOTES TO THE FINANCIAL STATEMENTS

1. Accounting policies

Basis of accounting

The financial statements are prepared under the historical cost convention with the exception of investments which have been included at fair value, in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities (SORP 2019)" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), effective 1 January 2019 and applicable UK accounting standards.

The Trust is limited by guarantee and is registered in England and Wales.

The Trust constitutes a public benefit entity as defined by FRS 102. As a small charity, the charity has taken an exemption from the presentation of a cash flow statement.

The functional currency is pounds sterling as this is the currency of the principal economic environment in which it operates.

Going Concern

The principal risks facing the charity are discussed in the Trustee's report. The Trustee has reviewed the cash position of the charity and cash forecasts at the date of signing the financial statements and is satisfied that the charity will be able to meet all of its financial commitments. As a consequence, the Trustee believes that the charity is well placed to manage its financial risks successfully. After making enquiries, the Trustee has a reasonable expectation that the charity has adequate reserves to continue in operational existence for a minimum of 12 months after signing date. Accordingly, the Trustee continues to adopt the going concern basis in preparing the financial statements.

Income

All income is recognised once the charity has entitlement to the income, any performance conditions attached to the item(s) of income has been met, it is probable that the income will be received and the amount of income can be measured reliably. Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Investments

Investments are included in the financial statements at market value. The Statement of Financial Activities includes the net gains and losses arising on revaluations and disposals throughout the year. The Trust does not acquire put options, derivatives or other complex financial instruments.

The main form of financial risk faced by the charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities within particular sectors or subsectors.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

The Charterhouse Rheumatism Charity Year ended 31 July 2022

Expenditure on raising funds includes the costs incurred in regards to investment management costs.

Expenditure on charitable activities includes:

- Grants payable

Support costs: those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the Trusts artistic programmes and activities. These costs are allocated to charitable activities as there are no identifiable support costs incurred in investment management activities.

Grants are given in support of projects which further the objectives of the charity.

Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value. Realised and unrealised gains and losses are combined in the Statement of Financial Activities.

Financial instruments

Financial assets and financial liabilities are recognised when the Charity becomes a party to the contractual provisions of the instrument. All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a finance transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at amortised cost less impairment.

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2. Critical accounting judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies, which are described in note 1, the Trustee is required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods. The Trustee does not consider there are any critical judgements or sources of estimation uncertainty requiring disclosure beyond the accounting policies listed above.

The Charterhouse Rheumatism Charity
Year ended 31 July 2022

6. Grant expenditure

	Grants to institutions	
	2022	2021
	£	£
University of Leeds	100,000	100,000
	100,000	100,000
	100,000	100,000

All grants in the year were made to the University of Leeds, the Corporate Trustee, although grants can be made to other individuals and institutions.

7. Support costs

	2022	2021
	£	£
Statutory audit	4,190	2,610
Legal and professional	5,847	4,374
Bank charges	6	30
	10,043	7,014
	10,043	7,014

There were no staff costs incurred in the year (2021: £Nil). No staff were employed by the charity in the year (2021: £Nil). Those costs above labelled as audit and legal and professional are classified as governance costs for the charity.

No Trustees were remunerated in the year nor received any reimbursement of expenses (2021: £Nil).

8. Fixed asset investments

	2022	2021
	£	£
Investments listed or traded on a recognised stock exchange	3,583,870	3,763,614
Investments listed or traded on a recognised stock exchange		
Market value at 1 August	3,763,614	3,313,930
Additions	-	3,706,762
Disposal proceeds	-	(3,673,251)
Net investment/(disinvestment)	-	33,511
Net realised investment gains/(losses)	-	967,171
Net unrealised investment (losses)/gains	(179,744)	(550,998)
	3,583,870	3,763,614
Fair value at 31 July	3,583,870	3,763,614

At 31 July 2021, the investment portfolio was moved into one single investment in the Climate Active Fund. There have been no additional investments in or disposals out of the investment fund during the year ended 31 July 2022.

The Charterhouse Rheumatism Charity
Year ended 31 July 2022

8. Fixed asset investments (continued)

	2022	2021
	£	£
Investments listed or traded on a recognised stock exchange		
Market value analysed between:		
Investments	3,583,870	3,571,815
Cash held by investment managers	-	191,799
	3,583,870	3,763,614
Market value at 31 July		
	3,583,870	3,763,614
	2022	2021
	£	£
• Fixed Interest	-	365,437
• UK Equities	3,583,870	711,898
• Global Equities	-	2,014,532
• Property	-	129,946
• Alternative Investments	-	350,002
	3,583,870	3,571,815
• Cash	-	191,799
	3,583,870	3,763,614

All investments are listed. The historic cost of the investments is £3,603,863 (2021: £2,627,397). The investment was moved to a single Climate Active investment fund therefore is shown as UK Equity in its entirety at 31 July 2022.

The Fund Manager's charges were £12,988 (2021: £12,542) and are included in analysis of expenditure on raising funds in note 4.

9. Debtors

	2022	2021
	£	£
Amounts falling due within one year:		
Prepayments and accrued income	9,029	9,634
	9,029	9,634
	9,029	9,634

10. Creditors

	2022	2021
	£	£
Amounts falling due within one year:		
Trade creditors	9,425	4,374
Accrued expenditure	6,798	6,370
	16,223	10,744
	16,223	10,744

The Charterhouse Rheumatism Charity
Year ended 31 July 2022

11. Financial instruments

	2022	2021
	£	£
Financial assets		
Financial assets at fair value through Statement of Financial Activities		
Investments	3,583,870	3,763,614
Financial assets at amortised cost		
Cash and cash equivalents	88,517	82,838
Prepayments and accrued income	9,029	9,634
	<u>3,681,416</u>	<u>3,856,086</u>
Total financial assets		
Financial liabilities		
Financial liabilities at amortised cost		
Creditors	16,223	10,744
	<u>16,223</u>	<u>10,744</u>
Total financial liabilities		

12. Reconciliation of movement in funds

	2022	2021
	£	£
Opening funds	3,845,342	3,400,179
Result for the year	(180,149)	445,163
	<u>3,665,193</u>	<u>3,845,342</u>
Closing funds	<u>3,665,193</u>	<u>3,845,342</u>

13. Related party transactions

During the year grants totalling £100,000 (2021: £100,000) were payable to the Charterhouse Trust endowment which supports the Chair of Rehabilitation Medicine who is head of the Rehabilitation Unit at the University of Leeds, the Corporate Trustee; in respect of research into rheumatism and the treatment thereof and to provide relief to individuals to support the primary purpose of the charity.

£4,505 (2021: £4,374) was paid to the University of Leeds for Legal & Professional Services provided. This covers Finance, Secretariat, Legal and Treasury activity. This amount was included as a creditor at the year-end, as an unsecured payable.

14. Ultimate parent undertaking

In the opinion of the Trustees, the ultimate parent and controlling party is the University of Leeds, an Exempt charity registered in England and Wales. The University of Leeds is the controlling party by virtue of being a Corporate Trustee.

THE CHARTERHOUSE RHEUMATISM CHARITY

England & Wales - Charity number 212498

Accounts

**THE CHARTERHOUSE
RHEUMATISM CHARITY**

**Report and Financial Statements
Year ended 31 July 2021**

**The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2021**

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**The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2021**

OFFICERS AND PROFESSIONAL ADVISORS

Trustee

The University of Leeds
Room 11.23 E C Stoner Building
University of Leeds
Leeds
LS2 9JT

Key management personnel

None

Bankers

Barclays Bank plc
77 Albion Street
Leeds
LS1 5LD

Solicitors

Pinsent Masons
1 Park Row
Leeds
LS1 5AB

Auditor

Deloitte LLP
Statutory Auditor
1 City Square
Leeds
LS1 2AL

Investment managers

Sarasin & Partners
Juxon House
100 St Paul's Churchyard
London
EC4M 8BU

Name and registered office of the charity

The full name of the charity is The Charterhouse Rheumatism Charity and its registered office is Finance Office, Room 11.23 E.C. Stoner Building, University of Leeds, Leeds LS2 9JT.

**The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2021**

THE TRUSTEE'S REPORT

The Trustee presents the annual report and the audited financial statements for the year ended 31 July 2021.

Name and registered office of the charity

The full name of the charity is The Charterhouse Rheumatism Charity and is registered in England and Wales. Its principal and registered office is The Company Secretariat, 11.75 E C Stoner Building, University of Leeds, Leeds LS2 9JT.

Trustee

The University of Leeds is the Corporate Trustee of the charity. Members of the Council are, for the purposes of Charity Law, the trustees of the University of Leeds and are disclosed on page 35 of its Annual Report.

Objectives and activities for the public benefit

The aim and objectives of the Trust are to fund research into the causes of rheumatism and the treatment thereof and to provide relief to individuals by providing or paying for items, services or facilities for persons with rheumatic (or chronic) conditions.

The Trustee confirms that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit in its decision making.

The Trust carries out the objectives by providing grants to projects that seek to provide innovation in this field. In the year, donations of £100,000 (2020: £100,000) were made to the Charterhouse Endowment, held by the University of Leeds, which supports the Chair of Rehabilitation Medicine, and as head of the Rehabilitation Unit at the University and as a practicing clinician in the field, this supports rehabilitation for persons and further research into ways of helping patients suffering illness and incapacity. The charity is committed to continuing to fund research in line with its aims and objectives.

Achievements, performance and future policy

The nature of performance and operations in the year met with the objectives of the charity. The reserves of the Trust increased by £445,163 (2020: decrease of £143,519) during the year. This was as a result of market movements in the value of investments.

During the year, the on-going pandemic has continued to impact medical research due to pressures on medical staff. Despite these difficult times, the activities funded by the Trust have continued. The main achievements of the grants provided included:

- Output from the department has continued to support the development of new rehabilitation devices and prosthetic technologies;
- Research work has focused on addressing the needs and goals of people living with long-term conditions including interdisciplinary work with teams in low and middle income countries. In the last 18 months, this work has included optimising treatments and services for people living with long-Covid;
- It has also supported the European centre for the development and testing of psychometrically-sound and clinically-relevant outcome measures which assess the impact of healthcare conditions on people and identifies changes brought about by medical intervention. This work has led to a patient completed app to record long-Covid symptoms and report progress on changes with treatment;
- It has included collaboration between clinicians on joint projects with rehabilitation providers; and
- Continued to provide excellent clinical teaching.

**The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2021**

THE TRUSTEE'S REPORT

These main streams of work will continue in the next financial year.

During the year, the Trust has moved its investments to the Sarasin Climate Active Endowment Fund. This Fund meets the Trust's objectives to drive behavioural change that will result in decarbonisation, whilst seeking long term returns. The change has resulted in a significant level of sales and purchases and a net realised gain of £967,171, as shown in note 8. However, the value of the investments have been impacted by the current economic situation and on-going Covid pandemic. The gain noted above is offset by unrealised losses of £550,998 giving a net overall gain in the financial year to 31 July 2021 of £449,684.

The charity continues to fund research activities through the University of Leeds.

Financial review and reserves

The Trust's work is entirely reliant on income and investment returns from its endowments. During the year the net loss before investment gains amounted to £(4,521) (2020: net gain of £6,289), with investment gains of £449,684 (2020: losses of £149,808) contributing to net increase of funds by £445,163 (2020: decrease of £(143,519)). The Trust has substantial net assets and the Trustee believes that the reserves of £3,845,342 (2020: £3,400,179) are sufficient to fund the day to day working capital requirements and to continue the objectives of the Trust.

The Trustee aims to maintain free reserves in unrestricted funds to support donations made throughout the year to fulfil the objectives of the charity. There is no further policy around reserves. The balance held as unrestricted reserves at 31 July 2021 was £3,845,342 (2020: £3,400,179).

Going concern

The principal risks facing the charity are discussed in this Trustee's report. The Trustee has reviewed the cash position of the charity, discretionary grants and cash forecasts at the date of signing the financial statements is satisfied that the charity will be able to meet all of its financial commitments.

As a consequence, the Trustee believes that the charity is well placed to manage its financial risks successfully. After making enquiries, the Trustee has a reasonable expectation that the charity has adequate reserves to continue in operational existence for a minimum of 12 months after signing date. Accordingly, the Trustee continues to adopt the going concern basis in preparing the financial statements.

Statement of investment policy

The Trust Deed permits wide powers of investment. Investments are monitored closely by the Finance Office of the University of Leeds on behalf of the Trustee. The funds are managed and invested on behalf of the Trust by Sarasin & Partners, fund manager.

Risk Management

The principal risks faced by the Trust lie in the performance of investments. The Trustee considers variability of investment returns to constitute the charity's major financial risk. This is mitigated by retaining expert investment managers and having a diversified investment portfolio.

The Trustee has examined the major business, strategic and operational risks that the Trust faces and confirms that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

Related parties

The Trustee is the University of Leeds, which provides administrative services to the Trust for an annual fee of £4,374 (2020: £4,331).

Structure, governance and management

The Trust is a registered charity, number 212498. The charity is governed by the Trust deed dated 1 November 1936, as varied or affected by Schemes of the Charity Commissioners of the 9th January 1975 and 3rd December 1980.

**The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2021**

THE TRUSTEE'S REPORT

The University of Leeds was appointed as Corporate Trustee under a Charity Commission scheme effective 25 October 1996. The Finance Office of the University of Leeds ensures that the Trust complies with all legal and statutory requirements and conducts its affairs in conformity with the Trust Deed and the practices and requirements as prescribed by the Council for the corporate governance of the University. The University has established an administrative team to undertake the day-to-day responsibilities of the Trust, including maintenance of appropriate records, preparation of accounts and reporting to Council on an annual basis. The University ensures that the administrative team are inducted, trained and have adequate resources to complete this role. A review of the grant making policy and process is underway and any necessary changes will be implemented in 2022.

The auditor of the financial statements, Deloitte LLP, have expressed their willingness to continue as auditor to the Trust.

Approved and signed on behalf of the Trustee

A handwritten signature in black ink, appearing to be the initials 'AR' followed by a flourish.

Corporate Trustee
27th June 2022

The Charterhouse Rheumatism Charity
Financial Statements
Year ended 31 July 2021

TRUSTEE'S RESPONSIBILITIES STATEMENT

The Trustee is responsible for preparing the Trustee's annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

The law applicable to charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Charterhouse Rheumatism Charity

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE CHARTERHOUSE RHEUMATISM CHARITY

Year ended 31 July 2021

Report on the audit of the financial statements

Opinion

In our opinion the financial statements of The Charterhouse Rheumatism Charity (the 'charity'):

- give a true and fair view of the state of the charity's affairs as at 31 July 2021 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been prepared in accordance with the Charities Act 2011.

We have audited the financial statements which comprise:

- the statement of financial activities;
- the statement of financial position; and
- the related notes 1 to 14.

The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (United Kingdom Generally Accepted Accounting Practice).

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report.

We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the Financial Reporting Council's (the 'FRC's') Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

The Charterhouse Rheumatism Charity

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE CHARTERHOUSE RHEUMATISM CHARITY

Year ended 31 July 2021

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Responsibilities of trustees

As explained more fully in the trustee's responsibilities statement, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the FRC's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Extent to which the audit was considered capable of detecting irregularities, including fraud

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below.

We considered the nature of the charity's industry and its control environment, and reviewed the charity's documentation of their policies and procedures relating to fraud and compliance with laws and regulations.

The Charterhouse Rheumatism Charity

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE CHARTERHOUSE RHEUMATISM CHARITY

Year ended 31 July 2021

We also enquired of management about their own identification and assessment of the risks of irregularities.

We obtained an understanding of the legal and regulatory frameworks that the charity operates in, and identified the key laws and regulations that:

- had a direct effect on the determination of material amounts and disclosures in the financial statements. These included the Charities Act and Charities (Accounts and Reports) Regulations 2008; and
- do not have a direct effect on the financial statements but compliance with which may be fundamental to the charity's ability to operate or to avoid a material penalty.

We discussed among the audit engagement team regarding the opportunities and incentives that may exist within the organisation for fraud and how and where fraud might occur in the financial statements.

As a result of performing the above, we identified the greatest potential for fraud in the following areas, and our specific procedures performed to address it are described below:

- We presume a risk of material misstatement due to fraud in revenue recognition which is related to the possible recognition of income in the incorrect accounting period. To address this risk, we tested the revenue recognised in the year and up to one month post year end to test whether income had been appropriately included in the financial statements.

In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override. In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments; assessed whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluated the business rationale of any significant transactions that are unusual or outside the normal course of business.

In addition to the above, our procedures to respond to the risks identified included the following:

- reviewing financial statement disclosures by testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- enquiring of management concerning actual and potential litigation and claims, and instances of non-compliance with laws and regulations; and
- reading minutes of meetings of those charged with governance

Report on other legal and regulatory requirements

Matters on which we are required to report by exception

Under the Charities (Accounts and Reports) Regulations 2008 we are required to report in respect of the following matters if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustee's report; or
- sufficient accounting records have not been kept by the charity; or
- the charity financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

We have nothing to report in respect of these matters.

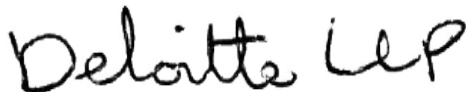
The Charterhouse Rheumatism Charity

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE CHARTERHOUSE RHEUMATISM CHARITY

Year ended 31 July 2021

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Deloitte LLP

Statutory Auditor

Leeds, United Kingdom

28 June 2022

Deloitte LLP is eligible for appointment as auditor for the charity by virtue of its eligibility for appointment as audit of a company under section 1212 of the Companies Act 2006.

The Charterhouse Rheumatism Charity
STATEMENT OF FINANCIAL ACTIVITIES
Year ended 31 July 2021

	Note	Unrestricted funds 2021 £	Unrestricted funds 2020 £
Income from:			
Investments	3	115,430	125,687
Total income		<u>115,430</u>	<u>125,687</u>
Expenditure on:			
Raising funds	4	(12,937)	(12,469)
Charitable activities	5	(107,014)	(106,929)
Total expenditure		<u>(119,951)</u>	<u>(119,398)</u>
Net (expenditure)/income before investment gains		(4,521)	6,289
Net gain/(loss) on investments	8	449,684	(149,808)
Net movement in funds		<u>445,163</u>	<u>(143,519)</u>
Reconciliation of funds:			
Total funds brought forward	12	3,400,179	3,543,698
Net movement in funds for the year	12	445,163	(143,519)
Total funds carried forward		<u><u>3,845,342</u></u>	<u><u>3,400,179</u></u>

All income and expenditure derives from continuing activities.

The following notes are an integral part of these financial statements.

The Charterhouse Rheumatism Charity

STATEMENT OF FINANCIAL POSITION At 31 July 2021

	Note	2021 £	2020 £
Fixed assets			
Investments	8	3,763,614	3,313,930
Current assets			
Debtors	9	9,634	5,980
Cash at bank and in hand		82,838	94,187
		92,472	100,167
Current liabilities			
Creditors: amounts falling due within one year	10	(10,744)	(13,918)
Net current assets		81,728	86,249
Total Assets less Current Liabilities		3,845,342	3,400,179
Net assets		3,845,342	3,400,179
Funds			
Unrestricted fund	12	3,845,342	3,400,179
Total funds		3,845,342	3,400,179

All amounts relate to continuing operations and unrestricted funds.

The following notes are an integral part of these financial statements.

These financial statements of The Charterhouse Rheumatism Charity, registered number 212498, were approved on behalf of the Corporate Trustee and authorised for issue on 27th June 2022.

They were signed on its behalf by:



Alan Thomson
Corporate Trustee

The Charterhouse Rheumatism Charity

Year ended 31 July 2021

NOTES TO THE FINANCIAL STATEMENTS

1. Accounting policies

Basis of accounting

The financial statements are prepared under the historical cost convention with the exception of investments which have been included at market value, in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities (SORP 2019)" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), effective 1 January 2019 and applicable UK accounting standards.

The Trust is a charity and is registered in England and Wales.

The Trust constitutes a public benefit entity as defined by FRS 102. As a small charity, the charity has taken an exemption from the presentation of a cash flow statement.

The functional currency is pounds sterling as this is the currency of the principal economic environment in which it operates.

Going Concern

The principal risks facing the charity are discussed in the Trustee's report. The Trustee has reviewed the cash position of the charity and cash forecasts at the date of signing the financial statements and is satisfied that the charity will be able to meet all of its financial commitments.

As a consequence, the Trustee believes that the charity is well placed to manage its financial risks successfully. After making enquiries, the Trustee has a reasonable expectation that the charity has adequate reserves to continue in operational existence for a minimum of 12 months after signing date. Accordingly, the Trustee continues to adopt the going concern basis in preparing the financial statements.

Income

All income is recognised once the charity has entitlement to the income, any performance conditions attached to the item(s) of income has been met, it is probable that the income will be received and the amount of income can be measured reliably. Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Investments

Investments are included in the financial statements at market value. The Statement of Financial Activities includes the net gains and losses arising on revaluations and disposals throughout the year. The Trust does not acquire put options, derivatives or other complex financial instruments.

The main form of financial risk faced by the charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities within particular sectors or subsectors.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

Expenditure on raising funds includes the costs incurred in regards to investment management costs.

The Charterhouse Rheumatism Charity

Year ended 31 July 2021

Expenditure on charitable activities includes:

Grants payable: Grants are given in support of projects which further the objectives of the charity.

Support costs: those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the Trusts activities. These costs are allocated to charitable activities as there are no identifiable support costs incurred in investment management activities.

Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value. Realised and unrealised gains and losses are combined in the Statement of Financial Activities.

Financial instruments

Financial assets and financial liabilities are recognised when the Charity becomes a party to the contractual provisions of the instrument. All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a finance transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

The charity only have financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at amortised cost less impairment.

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2. Critical accounting judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies, which are described in note 1, the Trustee is required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods. The Trustee does not consider there are any critical judgements or sources of estimation uncertainty requiring disclosure beyond the accounting policies listed above.

The Charterhouse Rheumatism Charity
Year ended 31 July 2021

6. Grant expenditure

	Grants to institutions	
	2021	2020
	£	£
University of Leeds	(100,000)	(100,000)
	(100,000)	(100,000)
	(100,000)	(100,000)

All grants in the year were made to the University of Leeds although grants can be made to other individuals and institutions.

7. Support costs

	2021	2020
	£	£
Statutory audit	(2,610)	(2,589)
Legal and professional	(4,374)	(4,331)
Bank charges	(30)	(9)
	(7,014)	(6,929)
	(7,014)	(6,929)

There were no staff costs incurred in the year (2020: £Nil). No staff were employed by the charity in the year (2020: £Nil). Those costs above labelled as audit and legal and professional are classified as governance costs for the charity.

No Trustees were remunerated in the year nor received any reimbursement of expenses (2020: £Nil).

8. Fixed asset investments

	2021	2020
	£	£
Investments listed or traded on a recognised stock exchange	3,763,614	3,313,930
Investments listed or traded on a recognised stock exchange		
Market value at 1 August	3,313,930	3,463,738
Additions	3,706,762	162,480
Disposal proceeds	(3,673,251)	(96,415)
Net investment/(disinvestment)	33,511	66,065
Net realised investment gains/(losses)	967,171	(657)
Net unrealised investment (losses)/gains	(550,998)	(215,216)
	(7,014)	(6,929)
Market value at 31 July	3,763,614	3,313,930

During the year the Trust has moved its investments to the Climate Active Endowment Fund. This Fund aims to drive behavioural change that will result in decarbonisation, whilst seeking long term returns. As a result of this change, there have been significant additions and disposals in the year and a realised gain of £967,171.

The Charterhouse Rheumatism Charity
Year ended 31 July 2021

8. Fixed asset investments (continued)

	2021	2020
	£	£
Investments listed or traded on a recognised stock exchange		
Market value analysed between:		
Investments	3,571,815	3,280,023
Cash held by investment managers	191,799	33,907
	3,763,614	3,313,930
	3,763,614	3,313,930

Sarasin Portfolio

	2021	2020
	£	£
<ul style="list-style-type: none"> • Fixed Interest • UK Equities • Global Equities • Property • Alternative Investments 	365,437 711,898 2,014,532 129,946 350,002	941,046 639,782 1,488,909 105,385 104,901
	3,571,815	3,280,023
<ul style="list-style-type: none"> • Cash 	191,799	33,907
	3,763,614	3,313,930

All investments are listed. The historic cost of the investments is £3,604,293 (2020: £2,627,397).

Sarasin's Management charges were £12,542 (2020: £11,921) and are included in analysis of expenditure on raising funds in note 4.

9. Debtors

	2021	2020
	£	£
Amounts falling due within one year:		
Prepayments and accrued income	9,634	5,980
	9,634	5,980
	9,634	5,980

The Charterhouse Rheumatism Charity
Year ended 31 July 2021

10. Creditors

	2021	2020
	£	£
Amounts falling due within one year:		
Trade creditors	4,374	7,415
Accrued expenditure	6,370	6,503
	10,744	13,918
	10,744	13,918

11. Financial instruments

	2021	2020
	£	£
Financial assets		
Financial assets at fair value through Statement of Financial Activities		
Investments	3,763,614	3,313,930
Financial assets at amortised cost		
Cash and cash equivalents	82,838	94,187
Prepayments and accrued income	9,634	5,980
	3,856,086	3,414,097
Total financial assets	3,856,086	3,414,097
Financial liabilities		
Financial liabilities at amortised cost		
Creditors	10,744	13,918
	10,744	13,918
Total financial liabilities	10,744	13,918

12. Reconciliation of movement in funds

	2021	2020
	£	£
Opening funds	3,400,179	3,543,698
Result for the year	445,163	(143,519)
	3,845,342	3,400,179
Closing funds	3,845,342	3,400,179

13. Related party transactions

During the year grants totalling £100,000 (2020: £100,000) were payable to the Charterhouse Trust endowment at the University of Leeds, which supports the Chair of Rehabilitation Medicine who is head of the Rehabilitation Unit at the University, the Corporate Trustee; in respect of research into rheumatism and the treatment thereof and to provide relief to individuals.

£4,374 was paid to the University of Leeds for Legal & Professional Services provided. This covers Finance, Secretariat, Legal and Treasury activity.

The Charterhouse Rheumatism Charity
Year ended 31 July 2021

14. Ultimate parent undertaking

In the opinion of the Trustees, the ultimate parent and controlling party is the University of Leeds, an Exempt charity registered in England and Wales. The University of Leeds is the controlling party by virtue of being a Corporate Trustee.