

# THE RETREAT ALMSHOUSES

England & Wales · Charity number 212449

## Details

---

**Status** Registered

**Legal form** Other

**Registered** 1964-06-10

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** 23 London Road  
Downham Market  
Norfolk  
PE38 9BJ

**Phone** 01366 383300

**Email** [csymonds@mapus.co.uk](mailto:csymonds@mapus.co.uk)

## Activities

---

**Objects:** (1) REPAIR AND IMPROVEMENT OF ALMSHOUSE FOR POOR AGED OR INFIRM PERSONS OF GOOD CHARACTER. (2) BENEFIT OF THE ALMSPEOPLE.

**Activities:** Provision and running of 5 Almshouses

## Classification

---

- **How:** Provides Buildings/facilities/open Space
- **What:** Accommodation/housing
- **Who:** Elderly/old People

## Geography

---

- **Area of benefit:** ANCIENT PARISH OF DOWNHAM MARKET
- Norfolk

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£8,082	£14,254	-	-
2024-03-31	£3,155	£22,495	-	-
2023-03-31	£5,630	£5,978	-	-
2022-03-31	£7,337	£6,749	-	-
2021-03-31	£7,786	£13,601	-	-

## Trustees

Name	Role	Appointed
Craig Symonds		2023-11-21
GERALD RYAN		2023-02-22
JOHN FOX		2011-08-25
Patricia Barton		2017-03-01
Ralph Perkins		2019-08-05