

REGISTERED COMPANY NUMBER: 00487460 (England and Wales)
REGISTERED CHARITY NUMBER: 211016

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025
FOR
THE GUILD OF HEALTH AND ST RAPHAEL LTD
(A COMPANY LIMITED BY GUARANTEE)

Brookes Stephens
New Media House
Davidson Road
Lichfield
Staffordshire
WS14 9DZ

THE GUILD OF HEALTH AND ST RAPHAEL LTD

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

	Page
The Guild Prayer	1
Report of Chairperson and CEO	2 to 3
Report of the Trustees	4 to 17
Independent Examiner's Report	18
Statement of Financial Activities	19
Balance Sheet	20 to 21
Notes to the Financial Statements	22 to 28
Detailed Statement of Financial Activities	29 to 30

THE GUILD OF HEALTH AND ST RAPHAEL LTD

THE GUILD PRAYER
FOR THE YEAR ENDED 31 MARCH 2025

Loving God,
through Christ you offer to creation
your gifts of healing, wholeness, and salvation.
Bless and strengthen us in answering your call
to cultivate these gifts within your Church.
Fill us with your grace,
so that each member of the Guild
may reveal the Good News of your love.
We make our prayer through Jesus Christ,
who lives and reigns with you in the life-giving Spirit,
ever one God,
now and forever.
Amen

THE GUILD OF HEALTH AND ST RAPHAEL LTD

REPORT OF CHAIRPERSON AND CEO
FOR THE YEAR ENDED 31 MARCH 2025

From the Chairperson:

Thank you so much for your interest in the work of the Guild of Health and St Raphael. It is wonderful, compelling, vital work! Read on for an update on what has happened over the last year and for an insight into what lies ahead.

In a world and in a country where so many are in physical, mental or spiritual pain, the 'fullness of life' and its healing power found in Jesus Christ and revealed through His church is much needed. The Guild has been equipping churches and individual Christians to be healing presences in their communities for many years now, and long may it continue.

As ever, it remains a great pleasure to work with the team - Gillian, Wendy, Sue, Theresa and Graham - and with our Board of Trustees - Victoria, Catherine, Nicky, Eleanor, Rod, Ken, David and Michael. They are an amazing group of people, generous with their time and insightful in all kinds of ways. I am grateful to them all for giving of themselves so generously. I am also very grateful to Professor John Swinton for serving and supporting in his role of President of the Guild of Health and St Raphael. The third and final year of his term will end in November 2025, and a new President will step into the role, but his contribution has been immense, and he leaves big shoes to fill! His Denis Duncan lecture on being a Restorative Presence will stick with me and with all those who listened for many years to come.

This year, I read a beautiful book by Revd Dr Sam Wells, Vicar of St Martin-in-the-Fields in central London, called 'Walk Humbly'. Much of it reminded me of the humble, patient, loving work of the Guild and its members, with the following particularly standing out:

"And so every time we form, establish, restore, and deepen tender, understanding, gentle, humble relationships with one another, we imitate and anticipate the way God seeks to be with us, and glimpse the glory of eternity."

That's what I love about the Guild. Its work is embedded in the 'normality' of our day-to-day lives, in the busy-ness, in the muddle, in the ups and downs. And the work is a beautiful, life-changing, healing 'glimpse of the glory of eternity'. My own little church, in southwest London, went through the Guild's Everyday Healing Course this year, and it wonderfully, simultaneously connected us to our community and to all that is happening 'in the heavens'. If you haven't yet taken part in the course, which you can do as an individual or as a group at church, do check it out. I highly recommend it.

Finally, let me conclude with a really big 'thank you' to you and all the other members, supporters, funders and prayer supporters of the Guild. We could not do it without you

Mr Steve Coles, Chair of the Trustees

From the Chief Executive Officer:

Dear friends,

I am delighted to present to you this annual report showing how, together, we are growing a movement.

Not a movement of noise or performance, but of people who care. Who show up with open hearts. Who long for healing-not only for themselves, but for their communities and the wider world. A movement rooted in the belief that wholeness is possible, and that flourishing-spiritual, emotional, physical-is part of God's desire for us all.

This year, GoHealth has deepened its calling to nurture this movement: a growing community of people across the UK and beyond who are discovering what it means to live out healing, hope, and faith in tangible, connected ways. We haven't stepped back from the complexity of the world-we've stepped in, together. Supporting one another, learning, praying, and working to bring light where it's most needed.

THE GUILD OF HEALTH AND ST RAPHAEL LTD

REPORT OF CHAIRPERSON AND CEO
FOR THE YEAR ENDED 31 MARCH 2025

As I reflect on 2024-2025, I am moved by the strength and grace of this community - our members, contacts, the GoHealth team and the trustees. Collectively we have sought the grace of God to offer what we can, seek what healing we need, and reach into the world with compassion. It can be a tough ministry especially doing it with our house style of depth over distraction and care over complacency. We are building a healing presence in the world-through your homes, churches, workplaces, and communities. And in this report, we showcase and give thanks to God through whom all of this is possible.

This year, our work has been grounded in relationship and belonging. Not just belonging as a theological idea, but as a lived reality. We have seen it come alive in many places:

- At the Healing Festival, where people gathered not as spectators but as a community inspired to grow and act.
- In the GoHealth Community, where weekly prayer, podcasts, blogs, and courses continue to nourish the hearts and minds of people longing to live with integrity and compassion.
- In our season of listening, where members shared stories of real change-not just in thought, but in life and leadership.
- In the flow of prayer requests, the strength of partnerships, and the quiet resilience of those supporting others through trauma, burnout, and grief.

At the heart of all this is a shared conviction: **healing is for everyone-and it happens best when we do it together.** We are all called to participate in Christ's healing work. This year, we have built on that foundation with new energy and focus: from preparing the LiFT Programme, blending spiritual wisdom with lifestyle medicine, to developing Healing Conversations for our Healthy Healing Hubs, to resourcing clergy, communities, and individuals facing the burdens of a rapidly changing world.

We've continued to listen-to science, to scripture, to one another. And through it all, we've held firm to a vision both ancient and urgently needed: that Christianity, at its best, is a healing force. It honours medicine and mystery. It holds pain with tenderness. It says: you are seen, you are held, you are not alone.

This report captures some of what we've done this year-new offerings, growing networks, national teaching, local training, and bold partnerships. But beyond the bullet points is a deeper truth: this is about people. About building a movement that helps others to flourish. That equips the weary. That believes small acts of care-offered in GP surgeries, church halls, living rooms, and over cups of tea-can shape a different kind of future.

To those reading-thank you. Whether you've been walking with us for years or are just beginning, you are part of something bigger. A movement of love, courage, and healing. Your presence matters. Your prayers matter. Your commitment makes a difference.

Together, we are growing something sacred.

I am especially grateful for our inspiring team-Graham, Wendy, Theresa, and Sue-whose creativity, compassion, and dedication bring this mission to life every day. And heartfelt thanks to our Chair, Steve Coles, and to the whole Board, whose wisdom and steady guidance have shaped and supported all we do.

With deep gratitude and hope for what lies ahead,

Dr Gillian Straine

Chief Executive Officer, The Guild of Health and St Raphael

THE GUILD OF HEALTH AND ST RAPHAEL LTD

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Summary of the purposes of the charity as set out in its governing document.

The objects of The Guild of Health and St. Raphael Limited are:

- to bring together Christians including doctors, psychologists, other health professionals and ministers of religion, to work in fellowship for fuller health, both for the individual and the community.
- to enable members to study the interaction between physical, mental and spiritual factors in wellbeing through conferences, publications and other educational endeavours.
- to sustain and strengthen by prayer and sacrament people who are sick or suffering in anyway, and all those who minister to them.
- to help men and women to realise in themselves, as members of the Christian family, the abundant life offered by Christ and share this in the world.

THE GUILD OF HEALTH AND ST RAPHAEL LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

OBJECTIVES AND ACTIVITIES

Objectives and aims

Summary of our vision, purpose and why we exist

We are an ecumenical, Christian charity with over 100 years' experience in holistic health and healing.

We exist to enable churches and individual Christians to be healing presences in the world - for the benefit of all. This is the mission Jesus has given us and what God empowers us to do.

Our purpose is to equip and inspire people to nurture health and healing in ourselves, our communities, and our world.

Our vision is to see and be flourishing communities made up of flourishing individuals.

At GoHealth, we believe that we are each on a unique health and wellbeing journey. We start where we are, as we are. Our wellbeing - individually and collectively - lies at the intersection of faith, science, evidence-based healthcare, and flourishing communities. This is holistic health, and our spiritual life is a core part of our humanity. Christian faith invites people to follow Jesus Christ - which includes an honest engagement with the experience of suffering and his command to heal.

For us, it is important to acknowledge that our individual health is inextricably linked with our community and wider world, so that we know that holistic health is enabled through just and flourishing communities. Sadly, individual and collective suffering are widespread, and the health of our planet is being undermined. Much of this is driven and exacerbated by social injustice, including health inequalities.

Modern medicine has theological foundations which grew out of practical healthcare offered by faith communities. We continue to celebrate science as a key tool to understand the world and ourselves, and we recognise its limitations. It is important to sense that health is complex and multifaceted, yet the siloed nature of many academic contexts limits the knowledge we foster and use to shape health practice and community life. Further, healthcare is not the sole jurisdiction of healthcare professionals. Everyone has a part to play in enabling health for themselves and others. At GoHealth we believe that with attention and training we can grow in our capacity to be healers.

Given the various global instabilities, faith-based organisations have a significant opportunity to work with local and national bodies in bringing positive impacts to their communities. But we face this situation with hope and energy, because history shows that when people of faith offer health and healing, lives are changed and the church grows.

GoHealth joins with others in the wider movement pursuing health and wellbeing for all and we are excited about the distinctive contribution we bring. We are not a community of the healed, but we are empowered by God to journey with our health challenges and the pain of the world, towards flourishing.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

OBJECTIVES AND ACTIVITIES

An overview of the year 2024-2025

Introduction to strategic activity

The Guild's small team seeks to deliver our ambitious vision in several modes which are carefully crafted to align with our values and be impactful and relevant to the world in which we operate:

1. To be active learners, tending to our own journeys towards health, and wellbeing, and encouraging others as they tend to theirs.
2. To nurture communities and networks of learning, knowledge, and practice
3. To provoke and inspire wider engagement in health and healing that is person-centred, rooted in Christian faith, valuing of medical science, and serving our communities.
4. To be a mobilising and animating presence within the wider movement of wellbeing and health, bringing the perspectives and power of our faith to this work.

We never work in isolation-nor could we. That's why we intentionally multiply our impact by nurturing communities of learning, practice, and shared wisdom. These communities empower individuals and groups to feel more confident and better equipped to carry the gifts of healing and health into their own contexts. We call this our "multiplier model," with a focus on three key networks: our mailing list, the GoHealth Community and the Healthy Healing Hub network. Alongside this, we offer training, curate engaging content across social media, and accept invitations to preach and speak-ensuring our message reaches wider audiences and that GoHealth's mission continues to grow. At the heart of all we do is the energy we put into resourcing members and everyone who comes into contact with us to be a healing presence in their life and community.

Before we get to the detail of our activity, there are a number of key headlines for the year.

- From January 2025, we took as our theme 'Belonging' to root our wide-ranging activities in a way that could help us focus the vast possibilities of healing and faith into an approach that explores how authentic connection fosters healing and spiritual growth. This year-long gentle focus invites individuals and communities to reflect on what it means to belong-to God, to one another, and to the wider world-through shared stories, theological reflection, and practical action. Rooted in the belief that healing arises from deep relational bonds, the approach encourages churches and individuals to become healing presences in a fragmented world and directly aligns with the work of this organisation.

- To faithfully serve those we are called to reach, this year we have developed a theory of change and created audience pen portraits. These tools helped us to listen more closely, understand the journeys people are on, and focus our resources and offerings in ways that meet real needs. We seek not just to grow in reach, but in depth-measuring impact not only in numbers, but in stories of healing, growth, and transformation. These stories help us discern where flourishing is beginning to take root.

- As we grow, this year we introduced a time of collective reflection, reaching out to our members and wider community to listen deeply-to hear how our work has impacted their lives, and how we might better support their vocation to be healing presences in the world. This season of listening was marked at the Festival of Healing, where those present were invited to recommit to our shared purpose for the year ahead. Rooted in this discernment, we reshaped our support for members-moving from longer thematic content to weekly, timely resources designed to meet people where they are, as they are, and to nurture health and healing in the everyday.

THE GUILD OF HEALTH AND ST RAPHAEL LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

OBJECTIVES AND ACTIVITIES

Operational highlights

In this section, we summarise our activities this year under the four ways that we offer our gifts into the world and tend to our community and network.

1. We deepen our faith, including through prayer and exploring theological and liturgical perspectives.

Prayer and faith are central to all we do at GoHealth, shaping our work and our response to the world around us. We support others in prayer through intercession requests, an online prayer portal with resources for individuals and churches, and timely prayers during national or global events. Our theological reflections help us and support others to discern God's movement in our community and respond with faith and compassion.

In 2024-5, this included the following:

- Our primary way of offering sustained and meaningful support is through the GoHealth Community, where members receive weekly emails with new content, including blogs, online courses, gatherings, and prayers. This ongoing engagement provides a rich and accessible space for learning, reflection, and connection.
- This year from April until the end of December, we offered theological reflections, prayers and blessings through longer series with accompanying podcasts and courses. From January this shifted to weekly content with a variety of resourcing, including podcasts and courses, and always with new prayers and blessings.
- Prayers, new liturgy and sensitive invitations into belonging formed the spine of the Healing festival, where we were blessed with live music from Phill Melstrom from The Church of Scotland.
- We have responded in times of crisis with prayer material and support, for example during flareups of war and violence across the globe.
- We continue to take prayer requests 24/7 through the website. The intercessions are shared with the GoHealth Community.
- We have continued to populate our Prayer Portal with a range of content for members to use personally and/or in church services.

2. We engage with science, the world, and our communities

Our distinctive approach brings faith and healing into conversation with insights from academia, contemporary culture, and the lived experiences of our members and their communities. We serve as a hub to gather, interpret, and share this dynamic blend-integrating theological and scientific understanding into our training, resources, and wider activities. This integration enables us to be a grounded, relevant, and transformative organisation.

In 2024-5, this included the following:

- We hosted the Advisory Group, a gathering of experts, to help us learn and shape content on the topic of history. We chose history as a focus because our personal and collective pasts deeply influence our health today and reveal areas needing healing. Exploring church healing traditions, inherited traits, past experiences, sacred places, and historic injustices helps shape meaningful resources for Christians and church leaders. Attendees included Prof. Amanda Porterfield and The Very Revd. David Lunan.
- We launched 'The Pain we Know' series, which was based on previous year's advisory group. This series was written by Wendy Lloyd and supported through interviews on the podcast.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

OBJECTIVES AND ACTIVITIES

- We forged and sustained partnerships with other organisations in academia, para church communities and those in the wellbeing sector. These included Sarum College, Holy Rood House, ChurchWorks, Whole person Health Trust, and Mind and Soul Foundation. The partnerships led to a range of activities including participating in conversations, cross promotion of resources, and negotiating discounts for The GoHealth Community.
- We attended a variety of events hosted by other organisations. This included joining the leadership team at The Wounded Shepherds conference exploring clergy trauma and exhibiting at The Association of Chaplaincy in General Practice conference.
- We offer theological advice to medical and science-based projects that want to engage in the field of spiritual healing. This has included advising on a major funding bid for chaplaincy within NHS GP surgeries.

3. We shape content and opportunities to learn, reflect and connect.

We curate, co-produce and contribute to a range of resources, training opportunities and events. This is a wide-ranging list which reflects the breadth of our vision, but we focused the outcomes of this activity on growing the mailing list, increasing the GoHealth Community and resourcing the Healthy Healing Hub network. It is within these that community is tended to so that, as our motto goes, 'Together we Flourish'.

In 2024-5, this included the following:

- The GoHealth Community has been resourced with a variety of topics from April to November: 'The Pain we Know', a short series focussing of the ministry of laying on of hands, 'Healing Histories', 'Creation Cares', 'Rest and Reset'. Each topic came with a weekly bespoke blog, prayers, and activities to deepen knowledge and practice.
- In Advent the series was presented for the first time as an Advent Calendar on the website! The title was 'Waiting well with Hope and Defiance (with a focus on the Magnificat)'
- From January, we continued to resource the community weekly with new blogs, courses and podcast-based reflection. The switch was in light of the time for reflection and allowed the team to work on the LiFT Programme, a lifestyle medicine-based tool which launched in April 2025.
- The blogs, courses and prayers are largely created in house, but we on occasion invite in trusted partners. This year that has included voices from Holy Rood House, The Bield and Dr Richard Pile, the clinical advisor to the team.
- Monthly online gatherings of the GoHealth Community attendance numbers grew steadily, with very positive feedback.
- We added 3 hubs to the Healthy Healing Hub network and provided training at two of our beacon hubs.
- We listened and responded to the needs of the Healthy Healing Hub network. This included working on small group resources and launching 'Healing Conversations' Resource.
- Four cohorts went through the Everyday Healing course.
- An in-person version of The Everyday Healing course was piloted to allow us to make improvements ahead of a launch.
- 12 episodes of the GoHealth podcast were launched. Guests on the podcast included Dr Sharon Prentis, Dr Susanna Hyde, and Dr Luigi Gioga. The podcast was generously supported by a grant from The Anchor Foundation.

THE GUILD OF HEALTH AND ST RAPHAEL LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

OBJECTIVES AND ACTIVITIES

- We launched 5 new online self-led courses on the Articulate platform: My Healing, God's Mission, Burn Like Stars, A Thriving World, Belonging in a divided world: mental health and community, Where healing and reconciliation meet: seeking peace in today's world.
- We have entered into a number of training relationships with organisation bulk buying our online self-led courses. This includes The Salvation Army, The Methodist Church and the Diocese of London.
- Our annual Denis Duncan Lecture was delivered by Prof. John Swinton on the topic of Presence and Belonging, looking at mental health and the church. It was filmed in Aberdeen and launched online live to a large online audience.
- The Healing Festival included a fantastic live lecture from Brooke Prentis exploring healing and the natural world, touching on issues of diversity and inclusion. We had live music, and new liturgy exploring a recommitment to the work of GoHealth for members.
- The Chaplaincy course was run twice, always with high numbers of attendees as we stretch our networks into new places. We continue to develop this course in this important sector.
- We worked to develop the scripts and course ahead of the launch of the Spiritual Intelligence course in later in 2025.
- We were called upon by other organisations to offer expertise in health and healing, clergy wellbeing, and health mission. This year this included the following:
 - o Greenbelt, speaking in partnership with the Iona Community in The Wild Goose Tent.
 - o Writing biblical commentary and worship resources for Weekly Worship (Church of Scotland)
 - o Speaking about wellbeing to groups within the Methodist church, those working in priority areas in the Church of Scotland, Hope into Action and to senior leaders in the Church in Wales.

4. We share what we are learning and make it available as widely as possible

We work hard to communicate what we are doing and be a clear voice in a noisy wellbeing market, speaking of the hope and power of the Christian faith for human healing and flourishing.

In 2024-5, this included the following:

- Our wider communications work includes social media content, short films, e-newsletters and promotional materials. We aim to be a healthy voice encouraging, inspiring and empowering people with compassion.
- We continually update and improve our website to maximise engagement.
- Leaflets for events were developed with accompanying new web pages
- Marketing ideas like free journal and gift membership
- We provided expert input to panels and organisations; for example, The National Healing Advisors group, ChurchWorks, and WHO health group.
- Preaching in venues including in Cambridge, London, and Lichfield
- We have been invited to appear on local and national radio to provide expertise on the role of church in community, mental health, or wellbeing in general. This year, this included UCB radio.
- Gillian Straine gave the 2025 Bishop of Birmingham lecture.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

OBJECTIVES AND ACTIVITIES

Keeping the lights on

As with every organisation, there is a range of day-to-day activities that we engage in to ensure that we are a healthy and sustainable organisation. This includes:

- Staff support and training.
- Team time aways
- Wellbeing for the team
- Work from home safely
- Tending to our organisational development, culture and structure, through policy work, time together as a team, and regular meetings.
- Maintaining a Trustee Handbook for our Trustees and essential policies for staff, including General Data Protection Regulations, Health and Safety, and Safeguarding.
- Maintaining good governance and financial health.

Some statistics and feedback

2024-5

GoHealth Community grew by 75%

Website: 36000 new users, 8300 active users

People who came to an online gathering 160

People who did an online self led course 347

Denis duncan ticket bookings 443

Social media Facebook:

Reach 126000 (+198% cf last year)

Links clicked 5500 (+112% cf last year)

Visits 3972 (+75% cf last year)

Follows 132 (+63% cf last year)

Mailing List growth of 57%

Sent 147K emails to our mailing lists

Training Numbers

Everyday Healing course - 109 participants, including 9 church groups

Podcast. 8 episodes. 1846 listens. An increase of 41% on the previous year

THE GUILD OF HEALTH AND ST RAPHAEL LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

OBJECTIVES AND ACTIVITIES

Our people, structures and ways of working

ENABLERS, CUSTODIANS AND COORDINATORS OF THE WORK

We have a range of roles that contribute to the development and delivery of our work. Everyone who is part of the Guild of Health and St Raphael supports our purpose, vision and values, and seeks to be in service to the ministry of healing. We seek to collaborate in ways that bring our values and working principles alive. We ask everyone who is part of the Guild to commit to being proactive in how they invest in their own health and wellbeing journey and the health of the organisation overall.

Our key roles are outlined below:

Members	Our work is only possible because of our members - The GoHealth Community. Our members help advance our purpose within their own communities, help shape our work and contribute financially. We are legally set up as a membership organisation, giving members the right to vote at our AGM.
Healthy Healing Hub (HHH) roles	HHH coordinators support their Hub's engagement in training and healing practices. They are responsible for ensuring excellent communication links between their community and the Guild. All HHH coordinators are automatically also members of our GoHealth Community (in an individual capacity). HHH church leaders: The Guild connects with each hub's leadership via the HHH Coordinators. HHH church leaders are strongly encouraged to join the GoHealth Community in an individual capacity - for the peer support and wider resourcing this can provide, especially as their role can leave some leaders feeling isolated and overextended
Volunteers (in development)	We train and support volunteers to lead training courses and promote the work of the Guild in their local community.

THE GUILD OF HEALTH AND ST RAPHAEL LTD

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

OBJECTIVES AND ACTIVITIES

Expert friends

We work with experts in producing high quality training, articles, and materials. This includes specialists in public health, lifestyle medicine, psychotherapy, movement makers, trauma, and music. Our advisory group, which invites in specialist voices, helps us engage with and further develop the academic and theological thinking that underpins our work. We have a Clinical Advisor who is a practising medical professional, who supports the team in relation to medical expertise.

Clinical Advisor for the Team: Dr Richard Pile, Clinical Advisor to the Board: Dr Mike Platt

Patrons

We are honoured to have three patrons

**The Archbishop of Canterbury, The Archbishop of York, The President of the Methodist Conference
Prof John Swinton**

President

The Board appoints a president for a three-year term to promote the Guild at national level. This person lends their endorsement to our work, helps the team where possible with events and resources, and helps get us seen and heard.

Board

Trustees have been recruited for their interest in our work combined with a professional skill (medical and allied health professionals) or their interest and experience in the healing ministry or associated work. We also recruit trustees with expertise in governance, finance and charity law. They are nominated and elected at the Annual General Meeting. We have a diverse board, including in terms of age, experience, denomination, skills and experience. Specific board roles and groups currently include: Chair Treasurer Finance sub-committee

Mr Steve Coles (Chairperson), Ms Nicola Burr, Dr David McDonald, Dr Catherine Nelson, Dr Michael Platt, Dr Victoria Showunmi, Revd Canon Dr Eleanor Williams, Revd Rod Clark, Mr Ken Herbert

THE GUILD OF HEALTH AND ST RAPHAEL LTD

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

OBJECTIVES AND ACTIVITIES

Team

Our work is coordinated and delivered by a small, dispersed and dedicated staff team. To maintain a nimble team structure and make best use of limited resources, we also use a range of consultants and agencies to augment our capacity in particular functions including our communications and marketing. Current staff roles are: CEO Our delivery team (includes the CEO) Resource Development Partner Online Learning Partner Our support team (includes the CEO) Executive Assistant to the team Company Secretary

CEO: The Revd. Dr. Gillian Straine, Training Partner: Graham Fender Allison, Resource Partner: Wendy Lloyd, Executive Admin to the team: Theresa McDowall, Company Secretary: Dr Sue Martin

Public benefit

In shaping our aims and objective the Trustees have considered the Charity Commission's guidance on public benefit. All our charitable activities focus on promoting the healing ministry of the Christian Church, through the objects outlined above, and are undertaken to further our charitable purposes for the public benefit. In this way, the trustees have complied with the duty to have regard to the guidance issued by the Commission under section 4(b) of Charities (Protection and Social Investment) Act 2016.

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities and performance of projects or services identified in the accounts.

Recognising our need to adapt to meet the needs of an ever-changing society the focus of the charity's work in the future will be through the Healthy Healing Hubs network, the GoHealth community and our work in training.

THE GUILD OF HEALTH AND ST RAPHAEL LTD

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

FINANCIAL REVIEW

Financial position

Review of the charity's financial position at the end of March 2025

The Guild of Health & St Raphael has continued to fund its activities through a combination of revenue income (including membership payments, charges for courses and other content, workshops and training, and grant payments), investment income, fundraising and planned withdrawal from investments. Overall income has risen from £57,503 to £76,231, an increase of 32.6% which is encouraging. Within this overall picture there have been significant increases in membership based income and training-based income with a reduction in investment income of around 17%.

The developmental activities of the Guild have been sustained and supported by the use of reserves to fund the development of key projects and resources including Healthy Healing Hubs, the GoHealth Community, online courses, Podcasts and online material. This was in line with the Trustees agreed strategy set out in the Investment and Reserves Policy. By this policy a deficit budget approach has been implemented.

The activities funded from these sources have generated significant costs - £160,781, an increase from £150,546 the previous year, an increase of around 6.5%.

Given the Trustees strategy the financial position remains, in the short to medium term, satisfactory. As at 31st March 2025 the net assets of the charity stand at £435,550. Whilst this is a significant reduction from the previous year of around 16.5% there remain sufficient funds to support the ongoing strategy for a further period.

Trustees will need to revisit the strategy to establish a clear route towards a balanced budget through income maximization and careful cost management. In the light of this the Guild's Investment and Reserves Policy will be reviewed and revised.

The Guild is guided by the Church of England in terms of the management of its investment portfolio which is ethically framed. The principal risks facing the charity is ongoing volatility in the financial markets.

Rev. Rod Clark
Treasurer

Reserves policy

The charity's reserves policy is to hold a minimum of 3.5 years of planned expenditure as long term reserves to ensure continued autonomy, financial security and to provide for contingencies.

This policy will be reviewed and revised to ensure it continues to be appropriate and necessary to the long term growth and development of the charity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

THE GUILD OF HEALTH AND ST RAPHAEL LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Operating model, structure and governance

A DISPERSED TEAM OF MOVEMENT BUILDERS

We are a small team actively helping to build the health and wellbeing movement in ways that integrate the distinctiveness and gifts of a Christian perspective of healing. This is why we are proactive in adopting a multiplier mindset to our work and practice - finding ways to make it easy for people to join in and contribute to this endeavour. Our dispersed nature supports this intention - it is not an accident or the result of a pragmatic decision to work from home. Rather, through our GoHealth Community and Healthy Healing Hub network we are able to reach people where we are, who in turn can serve those with whom they interact with wherever they live and work and have their being. Operating in a dispersed manner reflects our central belief that each person is a healer, and that we exist to help all people flourish, promote the healing ministry and support this central church mission.

GROWING AS A COMMUNITY

Whenever we gather and in all we do, we seek to support and foster community. We work alongside both individuals and churches, and partner with other organisations where our collaboration can have mutual benefit. In the way we operate, we seek to draw in and nurture a community of practice, fostering links of support, rooted in relationship and learning.

A CHARITY AND COMPANY TO SUPPORT THE WORK

We have two legal structures that exist to support and enable the work:

- a company limited by guarantee which does not have share capital; it is a membership organisation and is governed by our Articles of Association (Company no. 487460)
- a registered charity (Charity no. 211016).

These entities serve the overall purpose of the Guild. Our Trustees serve on the boards of both the company and charity.

Members of the GoHealth Community are automatically also members of the company, with voting rights at the AGM. In shaping our aims and objectives the trustees take into account the Charity Commission's guidance on public benefit. All our charitable activities focus on promoting the healing ministry of the Christian Church through the objects and are undertaken to further our charitable purposes for the public benefit.

Registered Office: Brookes Stephens Chartered Accountants, New Media House, Davidson Road, Lichfield, Staffordshire, WS14 9DZ.

Banking: The Co-Operative Bank
PO Box 250
Skelmersdale
WN8 6WT

SHAPING AND MAKING DECISIONS

All trustees and staff commit to serving the purpose of the Guild and to working in ways that demonstrate our values and working principles. Our decisions (relating to both strategic direction and operations) are rooted in this foundation.

THE GUILD OF HEALTH AND ST RAPHAEL LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Our strategic direction is set by the Board with the input and shaping of the CEO and wider team. The financial interests of the Guild are monitored by the Treasurer and Finance Committee, but all financial decisions are made and ratified at board level. Operational matters are devolved to staff team members under the management of the CEO and controlled by Standing Financial Instructions. These include deciding and delivering the activities they discern can best serve the strategic direction and overall purposes of the Guild.

At our Annual General Meeting, members ratify the appointment of trustees and any changes to our Articles of Association. Trustees have been recruited for their professional skills (medical and allied health professionals) or their interest and experience in the healing ministry or associated work. They are nominated and elected at the AGM and are required annually to declare any interests and benefits.

ACCOUNTABILITY AND SUPPORT

Our Trustees are accountable to UK laws relating to company and charity governance, acting as guardians of the Guild's assets. This includes a responsibility to serve the purposes of the Guild, and to strive towards best practice. We also expect all our trustees to uphold the Nolan Principles. Our Trustee Handbook outlines the role and responsibilities of Trustees in more detail and is required reading for every Trustee. Our Company Secretary works to build best practice in our organisational governance and supports Trustees so that they can ensure our compliance with statutory requirements.

The Trustees are aware that they are responsible for ensuring that any risks arising from the Guild's activities are mitigated as far as possible, adequately insured where necessary, and that all expenditure is properly authorised and the payment thereof subject to internal checks.

The CEO is supported and line managed by the Chair of Trustees. The CEO currently supports and line manages all members of the staff team. The staff team proactively nurtures a supportive space that prioritises people's health and wellbeing. Staff are encouraged to be self-directive in their learning and development. Our appraisal systems are designed for personal growth. Our staff Wellbeing Policy outlines and highlights the importance of living out the health and wellbeing we promote in the Guild, including time for retreats and training. It also references a range of wider support (including mentoring, supervision and counselling opportunities) that can be explored (with line management support) if needed.

Our Healthy Healing Hubs operate as independent, linked entities which can use our Healthy Healing Hub 'badge'. They benefit from the support and input of our team, ongoing training and resourcing, and can explore peer support with people involved in other Healthy Healing Hubs. The Guild is not responsible for the actions or behaviours of anyone involved in Healthy Healing Hubs. Each organisation is responsible for its own governance, including in relation to safeguarding. Our membership tiers (Bronze, Silver and Gold) require churches to have completed identified training courses and to be implementing key models/practices. We collaborate closely with 'Beacon Hubs' to deliver training and share good practice within our wider network. Our AGM is a key event for all members, and particularly leaders and co-ordinators of Healthy Healing Hubs, to connect and build relationships of support across the network.

Individuals who are part of the GoHealth Community are encouraged to take up opportunities we provide for peer support, resourcing and wider engagement. To support members in their journey, we offer a monthly bundle of resources and an invitation to gather together. Members are also encouraged to join our private Facebook group and participate in the Everyday Healing course so they can learn more about our approach and form trusting relationships with others who are part of the community. Our 'Community Lifestyle Medicine Toolkit' helps individuals to concretely measure the impact of their journey with us and how it is affecting their flourishing. We invite all members to commit annually to the vision of the Guild and their part in being a healing presence in the world.

THE GUILD OF HEALTH AND ST RAPHAEL LTD

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

00487460 (England and Wales)

Registered Charity number

211016

Registered office

New Media House
Davidson Road
Lichfield
Staffordshire
WS14 9DZ

Principal address

23 The Close
Lichfield
Staffordshire
WS13 7LD

Trustees

Mrs N C Burr
Reverend R Clark
Mr S J Coles
Mr K Herbert
Dr D E McDonald
Dr C A Nelson
Dr M W Platt
Dr V Showunmi
The Revd. Canon Dr E J Williams

Company Secretary

Dr S Martin

Independent Examiner

Brookes Stephens
New Media House
Davidson Road
Lichfield
Staffordshire
WS14 9DZ

Approved by order of the board of trustees on 8th November '25 and signed on its behalf by:



Mr S J Coles - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE GUILD OF HEALTH AND ST RAPHAEL LTD**

Independent examiner's report to the trustees of The Guild Of Health And St Raphael Ltd ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Leon Stephens FCA

Brookes Stephens
New Media House
Davidson Road
Lichfield
Staffordshire
WS14 9DZ

Date: 8 November 2025

THE GUILD OF HEALTH AND ST RAPHAEL LTD

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
Income and endowments from					
Donations and legacies		296	-	296	300
Charitable activities					
General		44,372	4,560	48,932	31,624
Other trading activities	2	6,391	-	6,391	1,053
Investment income	3	20,613	-	20,613	24,526
Total		<u>71,672</u>	<u>4,560</u>	<u>76,232</u>	<u>57,503</u>
Expenditure on					
Raising funds	4	10,262	-	10,262	11,751
Charitable activities					
General		146,137	2,230	148,367	136,750
Other		2,152	-	2,152	2,045
Total		<u>158,551</u>	<u>2,230</u>	<u>160,781</u>	<u>150,546</u>
Net gains/(losses) on investments		<u>(1,027)</u>	<u>-</u>	<u>(1,027)</u>	<u>11,713</u>
NET INCOME/(EXPENDITURE)		<u>(87,906)</u>	<u>2,330</u>	<u>(85,576)</u>	<u>(81,330)</u>
Reconciliation of funds					
Total funds brought forward		515,496	5,630	521,126	602,456
Total funds carried forward		<u><u>427,590</u></u>	<u><u>7,960</u></u>	<u><u>435,550</u></u>	<u><u>521,126</u></u>

The notes form part of these financial statements

THE GUILD OF HEALTH AND ST RAPHAEL LTD

BALANCE SHEET
31 MARCH 2025

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
Fixed assets					
Tangible assets	9	714	-	714	-
Investments	10	403,562	-	403,562	524,689
		404,276	-	404,276	524,689
Current assets					
Debtors	11	3,737	-	3,737	1,050
Cash at bank		29,005	7,960	36,965	6,898
		32,742	7,960	40,702	7,948
Creditors					
Amounts falling due within one year	12	(9,428)	-	(9,428)	(11,511)
Net current assets		23,314	7,960	31,274	(3,563)
Total assets less current liabilities		427,590	7,960	435,550	521,126
NET ASSETS		427,590	7,960	435,550	521,126
Funds	13				
Unrestricted funds				427,590	515,496
Restricted funds				7,960	5,630
Total funds				435,550	521,126

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

THE GUILD OF HEALTH AND ST RAPHAEL LTD

BALANCE SHEET - continued
31 MARCH 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ~~8 November 25~~ and were signed on its behalf by:


.....
Mr S J Coles - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33.33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

THE GUILD OF HEALTH AND ST RAPHAEL LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

2. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Fundraising events	5,379	689
Shop income	1,012	89
Training	-	275
	<u>6,391</u>	<u>1,053</u>

3. INVESTMENT INCOME

	2025	2024
	£	£
Other fixed asset invest - FII	<u>20,613</u>	<u>24,526</u>

4. RAISING FUNDS

Raising donations and legacies

	2025	2024
	£	£
Support costs	<u>771</u>	<u>-</u>

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation - owned assets	<u>357</u>	<u>-</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

THE GUILD OF HEALTH AND ST RAPHAEL LTD
NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

7. STAFF COSTS

The average monthly number of employees during the year was as follows:

Staff	2025	2024
	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
Income and endowments from			
Donations and legacies	300	-	300
Charitable activities			
General	24,784	6,840	31,624
Other trading activities	1,053	-	1,053
Investment income	24,526	-	24,526
Total	<u>50,663</u>	<u>6,840</u>	<u>57,503</u>
Expenditure on			
Raising funds	11,751	-	11,751
Charitable activities			
General	135,540	1,210	136,750
Other	2,045	-	2,045
Total	<u>149,336</u>	<u>1,210</u>	<u>150,546</u>
Net gains on investments	11,713	-	11,713
NET INCOME/(EXPENDITURE)	(86,960)	5,630	(81,330)
Reconciliation of funds			
Total funds brought forward	602,456	-	602,456
Total funds carried forward	<u>515,496</u>	<u>5,630</u>	<u>521,126</u>

THE GUILD OF HEALTH AND ST RAPHAEL LTD
NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

9. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
Additions	1,071
DEPRECIATION	
Charge for year	357
NET BOOK VALUE	
At 31 March 2025	714
At 31 March 2024	-

10. FIXED ASSET INVESTMENTS

	Listed investments £
MARKET VALUE	
At 1 April 2024	524,689
Disposals	(120,100)
Revaluations	(1,027)
At 31 March 2025	403,562
NET BOOK VALUE	
At 31 March 2025	403,562
At 31 March 2024	524,689

There were no investment assets outside the UK.

Cost or valuation at 31 March 2025 is represented by:

	Listed investments £
Valuation in 2025	403,562

THE GUILD OF HEALTH AND ST RAPHAEL LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade debtors	3,139	1,050
Prepayments and accrued income	598	-
	<u>3,737</u>	<u>1,050</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	3,410	3,476
Accruals and deferred income	1,312	2,200
Deferred income	4,706	5,835
	<u>9,428</u>	<u>11,511</u>

Deferred income relates to the proportion of a grant received in the year relating to the period to 30 November 2025.

13. MOVEMENT IN FUNDS

	At 1.4.24	Net movement	At
	£	in funds	31.3.25
	£	£	£
Unrestricted funds			
General fund	515,496	(87,906)	427,590
Restricted funds			
Restricted	5,630	2,330	7,960
TOTAL FUNDS	<u>521,126</u>	<u>(85,576)</u>	<u>435,550</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Gains and losses	Movement in funds
	£	£	£	£
Unrestricted funds				
General fund	71,672	(158,551)	(1,027)	(87,906)
Restricted funds				
Restricted	4,560	(2,230)	-	2,330
TOTAL FUNDS	<u>76,232</u>	<u>(160,781)</u>	<u>(1,027)</u>	<u>(85,576)</u>

THE GUILD OF HEALTH AND ST RAPHAEL LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	602,456	(86,960)	515,496
Restricted funds			
Restricted	-	5,630	5,630
TOTAL FUNDS	<u>602,456</u>	<u>(81,330)</u>	<u>521,126</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General fund	50,663	(149,336)	11,713	(86,960)
Restricted funds				
Restricted	6,840	(1,210)	-	5,630
TOTAL FUNDS	<u>57,503</u>	<u>(150,546)</u>	<u>11,713</u>	<u>(81,330)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	602,456	(174,866)	427,590
Restricted funds			
Restricted	-	7,960	7,960
TOTAL FUNDS	<u>602,456</u>	<u>(166,906)</u>	<u>435,550</u>

THE GUILD OF HEALTH AND ST RAPHAEL LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General fund	122,335	(307,887)	10,686	(174,866)
Restricted funds				
Restricted	11,400	(3,440)	-	7,960
TOTAL FUNDS	<u>133,735</u>	<u>(311,327)</u>	<u>10,686</u>	<u>(166,906)</u>

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

THE GUILD OF HEALTH AND ST RAPHAEL LTD

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
Income and endowments		
Donations and legacies		
Donations	296	300
Other trading activities		
Fundraising events	5,379	689
Shop income	1,012	89
Training	-	275
	<u>6,391</u>	<u>1,053</u>
Investment income		
Other fixed asset invest - FII	20,613	24,526
Charitable activities		
Membership	17,528	12,233
Sponsorships	-	1,800
Training	8,760	6,331
Other	8,785	4,420
Articulate	4,005	-
Grants	9,854	6,840
	<u>48,932</u>	<u>31,624</u>
Total incoming resources	<u>76,232</u>	<u>57,503</u>
Expenditure		
Other trading activities		
Marketing & Website Developments	615	4,230
Admin	794	470
Consultancy	5,580	4,320
Advertising	2,205	2,731
Marketing Events	297	-
	<u>9,491</u>	<u>11,751</u>
Charitable activities		
Wages	98,704	90,472
Social security	2,983	1,926
Pensions	2,021	1,763
Website hosting	4,710	5,334
Carried forward	108,418	99,495

This page does not form part of the statutory financial statements

THE GUILD OF HEALTH AND ST RAPHAEL LTD

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
Charitable activities		
Brought forward	108,418	99,495
Consultancy	9,030	7,000
Events & Presentation	3,978	7,582
Partnership payments	-	550
Other	8,393	8,340
Newsletter, journal & online	8,555	3,320
	<u>138,374</u>	<u>126,287</u>
Other		
Governance	2,152	2,045
Support costs		
Management		
Computer equipment	357	-
Finance		
Insurance	130	619
Telephone	2,123	1,387
Bank charges	891	514
Bookkeeping & support	2,863	2,693
Payroll & HR support	1,676	1,623
Professional fees & subs	1,292	1,779
Independent Examiners fee	1,432	1,848
	<u>10,407</u>	<u>10,463</u>
Total resources expended	<u>160,781</u>	<u>150,546</u>
Net expenditure before gains and losses	<u>(84,549)</u>	<u>(93,043)</u>
Realised recognised gains and losses		
Realised gains/(losses) on fixed asset investments	(1,027)	11,713
Net expenditure	<u><u>(85,576)</u></u>	<u><u>(81,330)</u></u>

This page does not form part of the statutory financial statements