



The Guild of Health & St Raphael Ltd

# The Annual Report

## 2022 - 2023



A company limited by guarantee and not having share capital

Company Registration no: 00487460 | Charity Registration no: 211016





## The Guild Prayer

Loving God  
through Christ you offer to creation  
your gifts of healing, wholeness, and salvation.  
Bless and strengthen us in  
answering your call to cultivate these gifts within  
your Church.  
Fill us with your grace,  
so that each member of the Guild  
may reveal the Good News of your love.  
We make our prayer through Jesus Christ,  
who lives and reigns with you in the life-giving Spirit,  
ever one God, now and forever.  
Amen



## Contents

The Guild Prayer	2
Contents	3
Message from the Chairperson & the Chief Executive	4
Summary of our vision, purpose and why we exist	6
An overview of the year 2022-2023	7
Some stats & feedback	13
The way ahead	14
Our people, structures and ways of working	16
Operating Model, Structure and Governance	18
Statement of Trustees' Responsibilities	19
Report of the Trustees	21
Finance Report	22
Statement of Financial Activities	23
Balance sheet at 31 March 2023	25
Notes to the Financial Statements	26
The Good Practice Charter	31

On the Everyday Healing course.

"We have thoroughly enjoyed the rollercoaster of the past four weeks. So many moments of wow, sadness, thought provoking, daunting, inspiring and we both agreed last night when it finished, that we were sad that it was the last one. So from the bottom of my heart thank you. It has been a privilege to spend this short time with you." Trevor



## From the Chairperson:



Welcome to the 2022-2023 Trustees Annual Report of the Guild of Health and St Raphael. I am so pleased that you are interested in the work of the Guild. Another year on in my line as Chair of Trustees and I am even more interested in it, more passionate about it, and more convinced of the need for its mission and ministry.

**It has been a great pleasure to work with the team** - Gillian, Wendy, Sue, Theresa and Graham - and with the Board of Trustees - Victoria, Rosemarie, Catherine, Ken, David and Michael - over the last year. Each is brilliant, committed, kind and skilful, making the Guild of Health and St Raphael team greater than the sum of its parts. Together, the parts of the body work together, each playing their own role but also in unity of purpose with each other. I am grateful to them all. I am also very grateful to Professor John Swinton for taking on the role of President of the Guild of Health and St Raphael and look forward to working with him.

On the subject of purpose, one of the most exciting developments of 2022-2023 has been the work on the Guild's Charter, which encompasses its vision, mission, values and over-arching strategy. Working with Wendy Ball, the team and the board are now able to clearly articulate the profound nature and mission of the Guild, drawing on its long history and deeply held values, for people in our local communities feeling the very current effects of the Covid-19 pandemic, cost of living crisis and global instability.

In his book 'Love is the Way', Bishop Michael Curry eloquently summarises a theological understanding that lies at the heart of the work of the Guild:

"People are not things. No one is an It, an object, a thing. In Genesis .. God is portrayed as vehemently opposing violence directed at any human being, 'for in his own image God made humankind'. As Dr. King often said, the being is of infinite worth and dignity not by vote of parliament or congress, not by edict of prince, potentate, prime minister, or president, but by the divine decree of God."

At the Guild of Health and St Raphael, we are acutely aware that violence directed at any human being - whether physical or mental violence, racial or gender-based violence, socioeconomic or sexual violence - is a matter of health, up to and including life or death. We are also aware that self-worth, dignity, inclusion and love are all matters of health too, and contribute to life in all its fullness. To help me understand the effects of trauma and how our churches can be 'trauma informed' I am looking forward to our annual Denis Duncan Lecture, on the 30 November 2023. I will be attending - do join me.

Before then though, I look forward to seeing many of you at our AGM (Annual General Meeting) on the 11 November 2023.

**Finally, as ever, thanks to you and all the other members, supporters, funders and prayers of the Guild. We could not do it without you.**

*Steve Coles*

Mr Steve Coles, Chair of the trustees



Wendy, Graham and Gillian

## From the Chief Executive:



Welcome to this review of the year and for your interest in our vision and activity as an organisation committed to healing and faith for the flourishing of all people, the Christian church and the Kingdom of God. It is an ambitious vision and has remained at the heart of The Guild of Health and St Raphael for nearly 20 years.

**This has been a year of blessing and busyness as the whole team continued to nurture the gift of the Guild and the vision of our founders in the complex world that is our mission field.** Along with all members, trustees and friends, we are so excited to join in with a vital movement in bringing together a holistic view of health, with science and medicine through the community.

We are small, but we have a mighty message - that our way of approaching health and healing leads to human flourishing in the name of God. In this report, you will read how we are building and growing through the people we are privileged to train and work with. A verse that seems important to me, and especially when things are tough, is the voice of John the Baptist crying in the wilderness, 'Prepare the way of the Lord! That feels like what we do: we help people take the way of the Lord, the ways of forgiveness, healing, and acceptance, into their communities.

You might think that wilderness is an odd choice, but the world does feel like one at times. The church is in decline, loneliness and the impacts of covid-19 pandemic continue to be felt, and the world looks increasingly unstable. Indeed, The King's Fund recently published a report to say that the UK lags behind its peers on important health outcomes.

Wildernesses are places of spiritual encounter with God. A place where we trust God to provide. Where we become empowered and inspired not because of who

we are and our survival skills, but because we realise on whom we are dependent. And our dependence on God is a foundation stone in this work, because there is simply so much to do. We are very busy in this wilderness, engaging with ecumenical church leaders, training 100s of lay and ordained Christians, and existing on the Internet having over 10,000 interactions annually. Dive into the report to see what we have been up to.

I would like to thank the Guild team with whom it is an absolute privilege and blessing to work: Wendy Lloyd, Graham Fender-Alison, Sue Martin and Theresa McDowall, who joined the team this year. Thank you also to Steve Coles for his wise and calm leadership of the board, and indeed to all the trustees. There are many 'alongsiders' with whom we work, not least the team at Creative Stream. Steve Collins who helps with marketing and Wendy Ball, our communications consultant.

And finally, the Guild is our members. We work to serve you and to build up a movement to proclaim the value of the Christian approach to health and healing. Thank you for being part of this vision. Please pray for us, as we pray for you.

The Revd. Dr. Gillian Straine, CEO (Chief Executive Officer)



Theresa



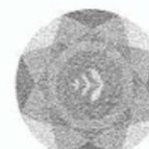
Sue



HUBS



COMMUNITY



CHRISM





## Summary of our vision, purpose and why we exist

**We are an ecumenical, Christian** charity with over 100 years' experience in holistic health and healing. We exist to equip and inspire churches and individual Christians to be healing presences in the world – for the benefit of all. This is the mission Jesus has given us and what God empowers us to do.

**Our purpose is to equip and inspire** people to nurture health and healing in ourselves, our communities, and our world.

**Our vision is to see and be** flourishing communities made up of flourishing individuals.

**At the Guild, we believe** that we are each on a unique health and wellbeing journey. We start where we are, as we are. Our wellbeing – individually and collectively – lies at the intersection of faith, science, evidence-based healthcare, and flourishing communities. This is holistic health, and our spiritual life is a core part of our humanity. Christian faith invites people to follow Jesus Christ – which includes an honest engagement with the experience of suffering and his command to heal.

**For us, it is important** to acknowledge that our individual health is inextricably linked with our community and wider world, so that we know that holistic health is enabled through just and flourishing communities. Sadly, individual and collective suffering are widespread, and the health of our planet is being undermined. Much of this is driven and exacerbated by social injustice, including health inequalities.

**Modern medicine has theological foundations** which grew out of practical healthcare offered by faith communities. We continue to celebrate science as a key tool to understand the world and ourselves and we recognise its limitations. It is important to sense that health is complex and multifaceted, yet the siloed nature of many academic contexts limits the knowledge we foster and use to shape health practice and community life. Further, healthcare is not the sole jurisdiction of healthcare professionals. Everyone has a part to play in enabling health for themselves and others. At the Guild we believe that with attention and training we can grow in our capacity to be healers.

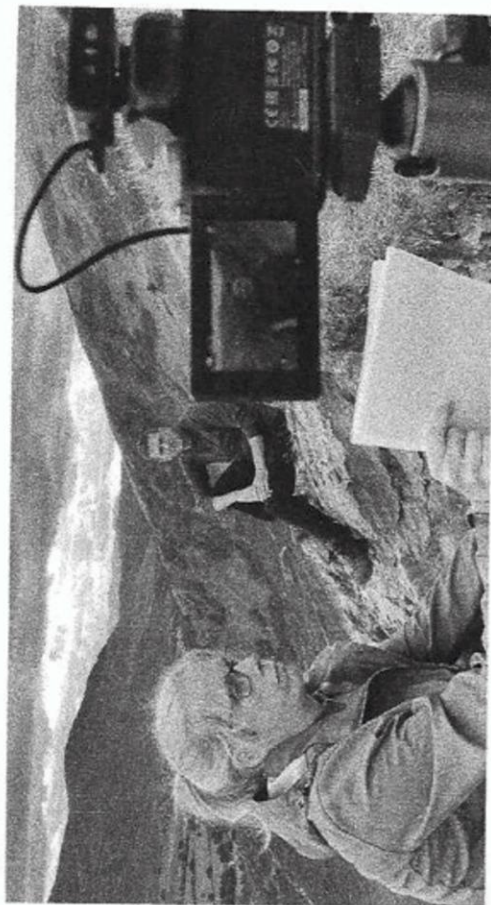
**Facing the impacts of covid-19** and other global and local challenges, faith-based organisations have a significant opportunity to work with local and national bodies in bringing positive impacts to their communities. As part of its mission, the Church is called to heal. History has shown that healing and the missional growth of the Church are linked.

**Taking it all together**, the Guild of Health and St Raphael joins with others in the wider movement pursuing health and wellbeing for all and we are excited about the distinctive contribution we bring. We are not a community of the healed, but we are empowered by God to journey with our health challenges and the pain of the world, towards flourishing.



## An overview of the year 2022-2023

**The Guild's small team** seeks to deliver our ambitious vision in several modes which are carefully crafted to be impactful and relevant to the world in which we operate, and in a way that is aligned with our values:



**1 To be active learners, tending to our own journeys towards health, and wellbeing, and encouraging others as they tend to theirs.**

**2 To nurture communities and networks of learning, knowledge, and practice (especially, but not limited to, churches and Christian networks).**

**3 To provoke and inspire wider engagement in health and healing that is person-centred, rooted in Christian faith, valuing of medical science, and serving our communities.**

**4 To be a mobilising and animating presence within the wider movement of wellbeing and health, bringing the perspectives and power of our faith to this work.**

We do not and we cannot work alone. Therefore, we purposefully try to maximize our impact by enabling communities of knowledge, learning and practice. These support individuals and groups to feel more confident and equipped to bring the gifts of healing and health where they are.

This is our "multiplier model" and our efforts are focused on two groups:

- Our GoHealth Community and
- Our Healthy Healing Hub network

We also deliver training, messaging and resources to reach other audiences with our work so as to encourage the Guild's aims to be met, and both the GoHealth community and the Healthy Healing Hub networks to grow.



## What this has looked like in 2022-23?

In this section, we summarise all our activities this year under the four ways that we offer our gifts into the world and tend to our community and network.



### We deepen our faith, including through prayer and exploring theological and liturgical perspectives.

#### Prayer and a Christian faith underpin all the work we do.

In 2022-23, this included the following:

- The Go-Health community was resourced monthly with a range of topics that touched on health and healing. Each was looked at from the distinctive perspective of the Christian faith, theology and spirituality, picking up on our interdisciplinary engagement.
- We have responded in times of crisis with prayer responses and support. This included the death of HM Queen Elizabeth II, and during the invasion of Ukraine where we made resources freely available to everyone.
- We continue to take prayer requests 24/7 through the website. The intercessions are shared with the Go-Health Community.
- We have developed our Prayer portal with a range of content for members to use personally and/or in church services.



Bishop of London launching a health inequality report. The Guild was invited to attend the event.



Working with one group: Gold Healthy Healing Hub



Graham Fender-Allison, delivering training with YMCA chaplains



Diocese of St Andrew's clergy training day on health and mission in Scotland



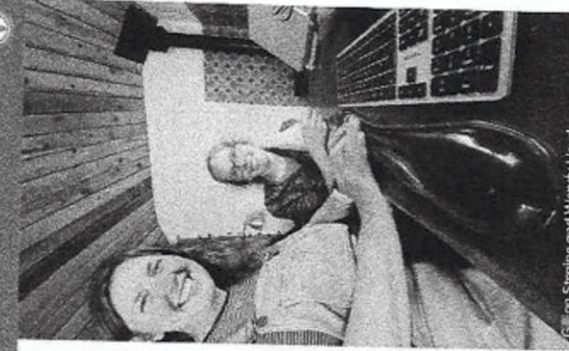
Leaving to Heal



Social prescribing training day with Dr David Smart and Sue Griffiths



Gillian filming for the YMCA chaplain training workshop



Gillian Straine and Wendy Lloyd



### We engage with science, the world, and our communities

Our unique way of working involves us having a conversation about faith and healing while drawing into the insights of the academy, what is happening in contemporary culture and the healing needs of our members and their communities.

We see ourselves as a place to centralise, translate and share this "mash up", integrating scientific insights into our training, resources and wider activities.

In 2022-23 this led to the following achievements:

- We added 5 hubs to the Healthy Healing Hub network. This involved training through the introduction to the healing ministry course (which became The Everyday Healing Course) and then active listening to continue the support to these hubs.
- We have published 2 editions of the Crism Journal. Authors include The Revd Prof Helen Leathard, Prof Fraser Watts, and the Revd Prof Jane Boyce-Tilman. Topics included covid-19 recovery, Christology, Spiritual Intelligence, Yoga, Climate change, and music.
- We hosted several online taster events and sent surveys to our members to collate information about their healing training needs and support needs.
- We listened and responded to the needs of the HHH network, including hosting a private Facebook group to encourage peer to peer learning.
- We hosted Dr Richard Pile to explore Lifestyle medicine with our community.
- We collaborated with Dr David Smart and Sue Griffiths to develop resources on Social Prescribing for church communities.
- We forged and sustained partnerships with other organisations in academia, para church communities and those in the wellbeing sector. These included Sarum college, Holy Road House, Churchworks, Sanctuary mental health, and The Tragedy and Congregations project.
- We continued to support Peter Walker's 'Leaves of the Trees' installation including in Westminster Abbey.
- We engaged in cross sector conversations for example, with FaithAction's Ethical Advisory group, The Churchworks' coffee house events, and with the Bishop of London in her work around health inequalities.
- We supported a Gold Healthy Healing Hub to win £20K to explore music and liturgical healing.



**GOHEALTH** The Church of Scotland

presents the 2022 Denis Duncan Lecture

# A Mountain-top Experience?

Outdoor adventure, being in nature and healing in Christ

Rev. Dr. Richard Tiplady  
Associate Minister, New College, Edinburgh

to November 2022 7-9pm  
FREE ONLINE EVENT

**REGISTER TODAY TO RESERVE YOUR PLACE**

[gohealth.org.uk](http://gohealth.org.uk)

The purpose of the church is to be God's agency of healing in the world.

The Very Revd. David Lunn, Denis Duncan Chair 2017

**GOHEALTH PODCAST**

With The Revd. Dr. Gillian Straine

*Waiting Well*

An Advent journey with the GoHealth Community

**GOHEALTH**

**EVERYDAY HEALING**

An introduction to the Christian Tradition

**GOHEALTH**

**GOHEALTH**

Embracing healing in a POSITIVE BOOST

With special guest Alex Strain-Gwynne, Booth Manager & Tyne producer

**together we flourish**



## We shape content and opportunities to learn, reflect and connect.

This is a wide-ranging list which reflects the breadth of our vision, but we focused the outcomes of this activity to grow the GoHealth Community and the Healthy Healing Hub network.

- The GoHealth Community has been resourced with 12 topics across the year, including How to Flourish, the Body, and the Power of the Wilderness. Each topic comes with a bespoke blog, prayers, and practices to deepen knowledge and practice. The motto is "Together we Flourish", seeing ourselves as part of this process.
- The Advent retreat is always a highlight. This year we journeyed with the desert fathers and mothers, interweaving scripture, prayer, and the wisdom of the Christian faith into each day of Advent. We learned how to wait well together for the birth of Jesus. Daily practices helped us grow in patience and joy, becoming healthier and more hopeful, at a time that is often chaotic, and in a world that is full of uncertainty. This year we welcomed special guests to offer video reflections in Advent – The Bishop of London, Padraig O Tuama, Nnaeto Onwuzurumba and Claire Gilbert.
- Four cohorts went through the introduction to the Healing Ministry course, which became the Everyday Healing course after we invested in professionally filmed content and workbook.
- Nine episodes of the GoHealth podcast were launched across two seasons: Learning to heal and Together we Flourish. Topics included addiction, gender, music, science and positivity. Guests included The Revd Will van der Hart who authored a book with Bear Grylls, The Very Red, Martin Fair who was with the Queen shortly before her death, and Bishop Adrian Newman who retired because of migraines.
- Our annual Denis Duncan lecture was delivered by The Revd Dr Richard Tiplady. We filmed in the Lake District and tackled the topic of the healing power of the wilderness.
- Each Denis Duncan lecture is turned into an online course. We hosted online and in-person workshops on trauma, social prescribing, and lifestyle medicine, and in-person workshops on Healthy Healing Hubs and trauma. This included our AGM day at Gold Healthy Healing Hub Lichfield Cathedral.
- We were called upon by other organisations to offer expertise in health and healing, clergy wellbeing, and health mission. This year this included workshops at the following events:
  - The National Cathedral Conference in Newcastle
  - Senior leader training at Lichfield cathedral.
  - Diocese of Oxford clergy training conference
  - Diocese of St Andrews clergy training day
  - The Retreat Organisation annual conference
  - Lichfield Churches Together training evening
  - Staffordshire ecumenical senior church leaders network workshop
  - Science and Christianity lecture series for Sarum College
  - National healing advisor conference
- We are increasingly being recognised as an organisation which can create and deliver bespoke curricula within educational institutions. In 2022-3, this included:
  - A commission to create and deliver a level 6 and level 7 Common Awards course module for the Scottish Episcopal Institute (12 session modules, plus marking and moderation) – "Theological perspective in the healthcare", and "Healing, Healing and mission".
  - A commission from the YMCA to create and deliver a one-day workshop for YMCA chaplains. This included working in collaboration with Hilary Ison on trauma. The YMCA has continued to invest in this workshop. We are developing it and running it again in 2023-4 and looking to license it to the organisation in the future.
  - The Revd. Dr. Gillian Straine is also asked to preach on health and healing at a wide range of locations. In 2022-3, this included Lichfield cathedral, Canterbury cathedral, St Paul's Knightsbridge.

"Just to thank you for your amazing ongoing work through the Guild of Health and St Raphael, as exemplified by the latest emails for The GoHealth Community. I hope it is of help to many leaders and people, as I am sure it will be to me." Robert





## We share what we are learning and making as widely as possible

We work hard to communicate what we are doing and be a clear voice in a noisy wellbeing market, speaking of the hope and power of the Christian faith for human healing and flourishing.

In 2022-3, this is what this looked like:

- Website curation to provide information on what is available and useful articles and resources to the general public.
- Our wider communications work includes social media content, short films, e-newsletters and promotional materials, for example the Lent campaign. We aim to be a healthy voice encouraging, inspiring and empowering people with compassion.
- We provided expert input to panels and organisations; for example, The Archbishop's Council, The Bishop of London, Related Church, Churchworks and FaithAction.
- We have been invited to appear on local and national radio to provide expertise on the role of church in community, mental health, or wellbeing in general. This year, this included the BBC Sunday shows around the UK, UCB radio and Premier FM.
- Occasionally, we are invited to debate and engage in apologetics on other platforms. This year, Gillian Straine appeared on the LifeFitness podcast.



## Keeping the lights on

As with every organisation, there is a range of day-to-day activities that we engage in to ensure that we are a healthy and sustainable organisation.

This includes:

- Staff and volunteer support and training.
- Tending to our organisational development, culture and structure, through policy work, time together as a team, and regular meetings.
- Developing a Trustee Handbook for our Trustees and essential policies for staff, including General Data Protection Regulations, Health and Safety and Safeguarding.
- Maintaining good governance and financial health.

About a hub:

"Everyone is welcome. We're offering a warm space, refreshments and companionship. But most importantly we want to offer a place of hope and healing. We want people to be able to bring their experience of life, their worries and troubles to this space and be offered opportunity for one-to-one healing prayer as well as a chance for communal healing during a weekly prayer service." HHH leader



## Some stats & feedback

In this section, we summarise all our activities this year under the four ways that we offer our gifts into the world and tend to our community and network.

### Online



The Healthy Healing Hub Network grew by **60%**



GoHealth Community grew by **40%**



Our Website [gohealth.org.uk](http://gohealth.org.uk) **7.8k Views**



Social Media Facebook reach **92,527**

### Training courses

In person and online workshops

**610 people** across the year

**3**

Introduction to the Healing Ministry courses

**15**

Theological college students

**95**

people trained

**17**

churches trained



### Podcasts



**1846** listens

**8**

episodes

An increase of **40%** on the previous year



**1** Everyday Healing course



### Lectures



Denis Duncan tickets booked **247**



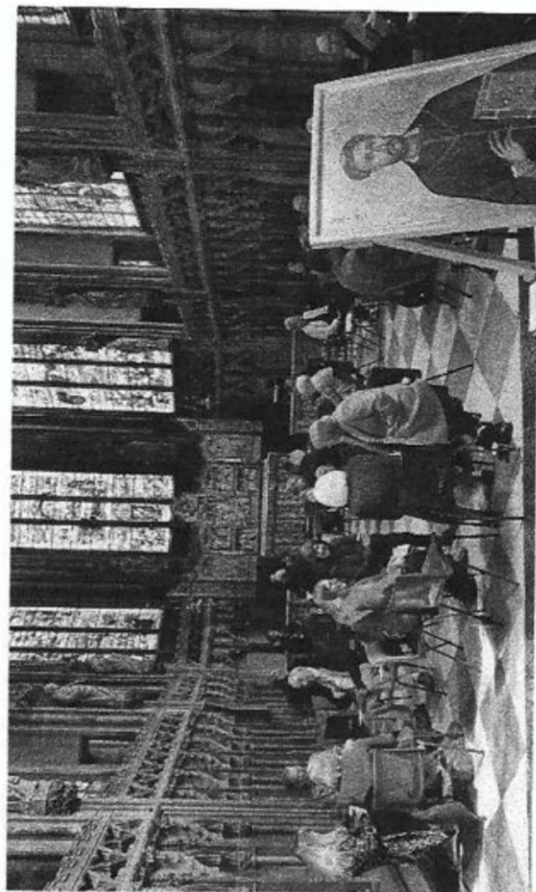
Advent Journeys on Waiting Well **113**





## The way ahead

As we raise our eyes to next year and the future of the Guild, the team and the trustees are excited and positive about the strides we have in place, the focus we have on our values and work, and the difference that we can make in the world through our members, training and communications.



Our focus is on resourcing and growing our membership – drawing people into our movement, equipping them, and inspiring them to offer the healing and hope of Jesus Christ in their communities. We aim to engage with more people and churches across the UK, get out on the road to increase our visibility and ensure that the people we connect with have a positive and accurate impression of the work we do.

A significant shift is to join together the interdisciplinary output of Christm with the resourcing of the GoHealth Community and the training resources. We are moving to themed editions of Christm from January 2024 which will be informed by an advisory group.

This shift will have the following outcomes:

- Our work will be aligned with the best thinking in the academy and other experts
- Our outputs will be streamlined, which will bring efficiency for the team and clarity to the marketing.
- Other significant work for the year ahead includes upgrading our online learning experience, extending the Everyday Healing course to be run by churches in person, and improving and upgrading the website to make it more welcoming, easy to use and attractive for those who want to join in with our vision.



On the HHH project:

The Bishop of Carlisle, the Rt Rev James Newcome, is the Church of England's lead bishop for health and social care and has previously endorsed the Healthy Healing Hubs initiative.

Bishop James said: "I am thrilled that we now have our first Healthy Healing Hub up and running in the county."

"More than ever, we need to combat the feelings of isolation and loneliness which so many people in our communities are experiencing, particularly post-pandemic. My prayer would be that those people who feel moved to visit the Appleby Hub are blessed and feel supported by this wonderful healing ministry."

**YMCA** | Here for young people  
Here for communities  
Here for you

On the YMCA training:

"The Guild of Health and St Raphael have been invaluable partners in developing and delivering the Shalom training for Chaplains at YMCA. They took time to listen, understand and clarify the project needs. YMCA people had specifically asked that we find the most knowledgeable organisation in the subject areas of spirituality, healing and pastoral support and GoHSR were definitely the right fit. The course was accessible for both volunteer and paid Chaplains as well as others who hold a pastoral role. People have already asked me when the training will be run again as they know people who would benefit from it."

Mari Penny, Chaplaincy Team Leader, OneYMCA





## Our people, structures and ways of working

Enablers, custodians and coordinators of the work

We have a range of roles that contribute to the development and delivery of our work. Everyone who is part of the Guild of Health and St Raphael supports our purpose, vision and values, and seeks to be in service to the ministry of healing. We seek to collaborate in ways that bring our values and working principles alive. We ask everyone who is part of the Guild to commit to being proactive in how they invest in their own health and wellbeing journey and the health of the organisation overall.

Our key roles are outlined below:

### Members

Our work is only possible because of our members - The GoHealth Community. Our members help advance the purpose within their own communities, help shape our work and contribute financially. We are legally set up as a membership organisation, giving members the right to vote at our AGM.

### Volunteers (in development)

We train and support volunteers to lead training courses and promote the work of the Guild in their local community.

### Expert Friends

We work with experts in producing high quality training, articles, and materials. This includes specialists in public health, lifestyle medicine, psychotherapy, movement makers, trauma, and music. Our advisory group, which invites specialist voices, helps us engage with and further develop the academic and theological thinking that underpins our work.

We have a Clinical Advisor who is a practising medical professional, who supports the team in relation to medical expertise.

Clinical Advisor for the Team: Dr Richard Pile  
Clinical Advisor to the Board: Dr Mike Platt



Members and Trustees at the AGM in 2022

### Patrons

We are honoured to have three patrons:  
The Archbishop of Canterbury  
The Archbishop of York  
The President of the Methodist Conference



The trustees working on the charter

### President

The Board appoints a president for a three-year term to promote the Guild at national level. This person lends their endorsement to our work, helps the team where possible with events and resources, and helps get us seen and heard.

Prof John Swinton

### Board

Trustees have been recruited for their interest in our work combined with a professional skill (medical and allied health professionals) or their interest and experience in the healing ministry or associated work. We also recruit trustees with expertise in governance, finance and charity law. They are nominated and elected at the Annual General Meeting. We have a diverse board, including in terms of age, experience, denomination, skills and expertise.

Specific board roles and groups currently include: Chair, Treasurer, and Finance sub-committee

Mr Steve Coles (Chairperson)

Mrs Rosemarie Davidson-Gotobad

Mr Ken Herbert

Dr David McDonald

Dr Catherine Nelson

Dr Michael Platt

Dr Victoria Showunmi

### Team

Our work is coordinated and delivered by a small, dispersed and dedicated staff team. To maintain a nimble team structure and make best use of limited resources, we also use a range of consultants and agencies to augment our capacity in particular functions including our communications and marketing. Current staff roles are:

CEO: The Revd Dr Gillian Straine

Resource Development Partner: Wendy Lloyd

Training Partner: Graham Fender-Allison

Executive Admin to the team: Theresa McDowall

Company Secretary: Dr Sue Martin



Steve Collins addressing Trustees at the AGM in 2022

On the Everyday Healing course:

"The course opened my eyes to the fact that healing is part of the Church's core business! The conversations in our breakout group changed the way I think about the healing ministry. I now know where to turn for resources and further training." Gerda





## Operating Model, Structure and Governance

### A dispersed team of movement builders

We are a small team actively helping to build the health and wellbeing movement in ways that integrate the distinctiveness and gifts of a Christian perspective of healing. This is why we are proactive in adopting a multiplier mindset to our work and practice - finding ways to make it easy for people to join in and contribute to this endeavour.

Our dispersed nature supports this intention - it is not an accident or the result of a pragmatic decision to work from home. Rather, through our GoHealth Community and Healthy Healing Hub network we are able to reach people where we are, who in turn can serve those with whom they interact wherever they live and work and have their being. Operating in a dispersed manner reflects our central belief that each person is a healer, and that we exist to help all people flourish, promote the healing ministry and support this central church mission.

### Growing as a community

Whenever we gather and in all we do, we seek to support and foster community. We work alongside both individuals and churches, and partner with other organisations where our collaboration can have mutual benefit. In the way we operate, we seek to draw in and nurture a community of practice, fostering links of support, rooted in relationship and learning.

On the Common Award curriculum planning and delivery in SEI:

"This is by far one of the best and most useful courses that Scottish Episcopal Institute has run to date. The course was both intellectually challenging and stimulating and is already in use within my ministry. The tutor thought very carefully about how her work could help and inspire the students and tailored every aspect of the course at all levels. This is a perfect example of what a course should look like and how applicable it is in ministry."

Eleanor

### Shaping and making decisions

All trustees and staff commit to serving the purpose of the Guild and to working in ways that demonstrate our values and working principles. Our decisions (relating to both strategic direction and operations) are rooted in this foundation.

Our strategic direction is set by the Board with the input and shaping of the CEO and wider team. The financial interests of the Guild are monitored by the Finance Committee, but all financial decisions are made and ratified at board level. Operational matters are devolved to staff team members under the management of the CEO and controlled by Standing Financial Instructions. These include deciding and delivering the activities they discern can best serve the strategic direction and overall purposes of the Guild.

At our annual AGM, members ratify the appointment of trustees and any changes to our Articles of Association. Trustees have been recruited for their professional skills (medical and allied health professionals) or their interest and experience in the healing ministry or associated work. They are nominated and elected at the Annual General Meeting. They are required to declare any interests and benefits.

### Accountability and support

Our Trustees are accountable to UK laws relating to company and charity governance, acting as guardians of the Guild's assets. This includes a responsibility to serve the purposes of the Guild, and to strive towards best practice. We also expect all our trustees to uphold the Nolan Principles. Our Trustee Handbook outlines the role and responsibilities of Trustees in more detail and is required reading for every Trustee. Our Company Secretary works to build best practice in our organisational governance and supports Trustees so that they can ensure our compliance with statutory requirements.

The Trustees are aware that they are responsible for ensuring that any risks arising from the Guild's activities are mitigated as far as possible, adequately insured where necessary, and that all expenditure is properly authorised and the payment thereof subject to internal checks.

The CEO is supported and line managed by the Chair of Trustees. The CEO currently supports and line manages all members of the staff team. The staff

team proactively nurtures a supportive space that prioritises people's health and wellbeing. Staff are encouraged to be self-directed in their learning and development. Our appraisal systems are designed for personal growth. Our staff Wellbeing Policy outlines and highlights the importance of living out the health and wellbeing we promote in the Guild, including time for retreats and training. It also references a range of wider support (including mentoring, supervision and counselling opportunities) that can be explored (with line management support) if needed.

Our Healthy Healing Hubs operate as independent, linked entities which can use our Healthy Healing Hub 'badge'. They benefit from the support and input of our team, ongoing training and resourcing, and can explore peer support with people involved in other Healthy Healing Hubs. The Guild is not responsible for the actions or behaviours of anyone involved in Healthy Healing Hubs. Each organisation is responsible for its own governance, including in relation to safeguarding. (See appendix p.31 for our Good Practice Charter for Healthy Healing Hubs). Our membership tiers (Bronze, Silver and Gold) require churches to have completed identified training courses and to be implementing key models/practices. We collaborate closely with 'Beacon Hubs' to deliver training and share good practice within our wider network. Our AGM is a key event for all members, and particularly leaders and co-ordinators of Healthy Healing Hubs, to connect and build relationships of support across the network.

Individuals who are part of the GoHealth Community are encouraged to take up opportunities we provide for peer support, resourcing and wider engagement. To support members in their journey, we offer a monthly bundle of resources and an invitation to gather together (starting September 2023). Members are also encouraged to join our private Facebook group and participate in the Everyday Healing course so they can learn more about our approach and form trusting relationships with others who are part of the community. We are currently developing a 'Community Lifestyle Medicine Toolkit' that will help individuals concretely measure the impact of their journey with us and how it is affecting their flourishing. We invite all members to commit annually to the vision of the Guild and their part in being a healing presence in the world.





## Statement of Trustees' Responsibilities

The Charity Trustees (who are also the directors of The Guild of Health and St Raphael Ltd for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the small company regime (section 419 (2) of the Companies Act 2006).

Approved by the Board on 20th September 2023 and signed on its behalf by

Steve Coles  
Chairperson

Company law requires the Trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing those financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles of the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK accounting standards have been followed, subject to any departures and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

On vision of the organisation

"Gillian Straine's work as CEO of GoHealth has been transformational. She has led the Guild into a new era and now through a pandemic, releasing churches to discover their capacity as places of healing. Encouraging partnerships with other providers she has highlighted the potential of church communities for social prescribing and overseen the creation of resources which equip faith communities to be hubs of wellbeing. Gillian's personal story as a cancer survivor, her experience as a priest, her wisdom as a practical theologian and skills as a trainer position her uniquely for this work of the Kingdom."

Bishop of London



## Report of the Trustees

For the year ended 31 March 2023

The financial statements comply with the Charities Act 2006, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

Summary of the purposes of the charity as set out in its governing document.

The objects of The Guild of Health and St Raphael Limited are:

- to bring together Christians including doctors, psychologists, other health professionals and ministers of religion, to work in fellowship for fuller health, both for the individual and the community.
- to enable members to study the interaction between physical, mental and spiritual factors in wellbeing through conferences, publications and other educational endeavours.
- to sustain and strengthen by prayer and sacrament people who are sick or suffering in anyway, and all those who minister to them.
- to help men and women to realise in themselves, as members of the Christian family, the abundant life offered by Christ and share this in the world.

In shaping our aims and objective the Trustees have considered the Charity Commission's guidance on public benefit. All our charitable activities focus on the promoting the healing ministry of the Christian Church, through the objects outlined above, and are undertaken to further our charitable purposes for the public benefit. In this way, the trustees have complied with the duty to have regard to the guidance issued by the Commission under section 4(b) of Charities (Protection and Social Investment) Act 2016.

A summary of the main activities in relation to those purposes for the public benefit, in particular, the activities and performance of projects or services can be found in the accounts.

Recognising our need to adapt to meet the needs of an ever-changing society the focus of the charity's work in the future will be through the Healthy Healing Hubs project, the GoHealth community and Christm.

Steve Coles  
Chairperson

Bishop of London at the ChurchWorks wellbeing Conference, May 2023

"The Guild of Health and St Raphael encourages and equips church nationally to become Healthy Healing hubs, to give churches and Christians the resources and networks they need to get back to basics in terms of mission and healing. They provide great resources, one of the real practical ways to equip us to support churches and tackling mental health issues."





## Finance Report

### Review of the charity's financial position at the end of March 2023

The financial position of the Guild of Health and St. Raphael Ltd is satisfactory, with reconciled investments amounting to £802,975 at 31 March 2023, compared with £700,760 at 31 March 2022.

It should be noted that the Trustees agreed to withdrawals from the investments of £60,000 during the 2022-2023 financial year to fund the planned budget deficit. As last year, there have also been large fluctuations in the value of the investments caused by the markets' reactions to the Covid-19 pandemic and to the more recent Cost of Living crisis. This has led to a fall in the underlying value of the investments.

Income rose to £63,873 for the year, compared with £49,137 in 2022, which is a very welcome shift. Our aim is to see our income increase year on year by attracting new members, through the sale of resources and training, and through a revised subscription model for churches who register as a Healthy Healing Hubs. Our plan remains to generate enough income to enable the Guild to be self-sustaining from revenue income and some fundraised income, by a staged process of reducing deficits by the year ending 31 March 2024. In the meantime, there will be planned withdrawals from investment reserves to cover the planned deficits.

During the 2022-2023 financial year, the Trustees were acutely aware of the impacts of the Cost of Living Crisis on the Guild's staff. The Trustees therefore decided, after an extraordinary mid-year review of salaries, to

award an increase to all staff. A further increase was decided upon and implemented on 1 April 2023. As the health and wellbeing of the staff is intrinsically linked to their financial wellbeing, these increases were deemed right and appropriate by the Trustees.

#### Principal sources of funds

The Guild has invested assets of £802,975 which realised our main source of income in the form of drawdowns from those investments. In line with the strategic decision of the Board of Trustees, we are migrating to a financial model which should see our main income realised through the Healthy Healing Hub project, through membership subscriptions, the sale of resources, training, and attracting new grants. The Guild will continue to develop its conferences which contribute a modest income.

#### Investment policy

The Guild is guided by the Church of England in terms of the management of its investment portfolio which is ethically framed. The principal risk facing the charity is volatility in the investment markets.

  
Steve Coles

Chairperson

On the podcast:

"On one of the podcasts you talked about a moment when a lady said to you, 'What have you done to deserve this?', when you were going through treatment. As a young disabled person, I was put on a lot of adult wards and a lot of well meaning people said the same to me. Like you, I internalised it all. Thank you for sharing that because I've never heard someone share a similar experience."



## Statement of Financial Activities

### Report of the Independent Examiner to the Trustees of the Guild of Health and St Raphael Ltd

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023. Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent Examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with my examination giving me cause to believe:

- accounting records were not kept in respect of the Company as required by section 386 of the Act 2006; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a "true and fair view" which is not a matter considered as part of an independent examination; or

• the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

#### Use of my report

This report is made solely to the charity's trustees, as a body, in accordance with Chapter 3 of Part 8 of the Charities Act 2011. My examination has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my examination, for this report, or for the opinions I have formed.

Azets Audit Services

2nd Floor

Regis House

45 King William Street

London

EC4R 9AN

Date: 20th September 2023



## Statement of Financial Activities (cont...)

For the year ended 31 March 2023 Income and Expenditure Account

	Notes	2023 £	2023 Restricted Funds £	2022 Total Funds £
<b>INCOME FROM:</b>	2			
Donations and Legacies		535	-	640
Charitable Activities		34,567	-	18,266
Other Trading Activities		-	-	-
Investment Income		28,771	-	30,231
Total Income		63,873	-	49,137
<b>EXPENDITURE ON:</b>	3			
Cost of Raising Funds		20,269	-	13,180
Charitable Activities		117,615	-	109,082
Total Expenditure		137,884	-	122,262
Net Income/(expenditure) Before Gains on Investments		(74,011)	-	(73,125)
Net Gains/(losses) on Investment Assets		(37,785)	-	52,667
<b>NET INCOME FOR THE YEAR AND NET MOVEMENT IN FUNDS</b>		(111,796)	-	(20,458)
<b>RECONCILIATION OF FUNDS</b>				
Balances Brought Forward 1 April 2022		714,252	-	734,710
<b>Balances carried forward 31 March 2023</b>	11	602,456	-	714,252

On online workshops:

"I'm really pleased I booked on for this evening, it was as others I've been on, helpful with good input, relevant to myself and ministry, and it gives the chance to meet with others - without leaving home - in the breakout rooms." Janet Fletcher

## Balance sheet at 31 March 2023

	Notes	2023 £	2022 £
<b>FIXED ASSETS</b>			
Tangible Fixed Assets	4	-	-
Total Fixed Assets	5	602,975	700,760
<b>CURRENT ASSETS</b>			
Debtors	6	350	409
Short Term Investments		-	-
Cash at Bank and in Hand		15,898	15,499
Total Current Assets		16,248	15,908
<b>LIABILITIES</b>	7		
Creditors/amounts following due within one year		(16,767)	(2,416)
<b>NET CURRENT ASSETS</b>		(519)	13,492
<b>NET ASSETS</b>		602,456	714,252
<b>THE FUNDS OF THE CHARITY</b>			
Unrestricted Income Fund		602,456	714,252
Restricted Funds		-	-
<b>TOTAL CHARITY FUNDS</b>		602,456	714,252

For the financial year ended 31 March 2023, the charitable company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the Trustees on 20th September 2023 and signed on their behalf by:

Mr Steve Coles  
Chairperson

Company Registration No 00487460





# Notes to the financial statements

## For the year ended 31 March 2023

### 3) ACCOUNTING POLICIES

The following principal accounting policies have been consistently used in the preparation of the financial statements:

#### a) Basis of Preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The accounts are presented in sterling and are rounded to the nearest pound.

#### b) Assessment of Going Concern

The Trustees have assessed whether the use of the going concern assumption is appropriate in preparing these accounts. The Trustees have made this assessment in respect to a period of one year from the date of approval of these accounts.

The Trustees of the charity have concluded that there are no material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The Trustees are of the opinion that the charity will have sufficient resources to meet its liabilities as they fall due. The most significant areas of judgement that affect items in the accounts are detailed above.

With regard to the next accounting period, the year ending 31 March 2024, the most significant area that affects the carrying value of the assets held by the charity is the level of investment return and the performance of the investment markets (see the investment policy section of the trustees' report for more information).

#### c) Income Recognition

Income is recognised when the charity has entitlement to the income, it is likely to be received and the amount can be reliably estimated. Tax recoverable on gift aid is accrued in the financial statements. Legacies are accounted for when the Trustees are notified of the legacy and the receipt is probable.

#### d) Expenditure Recognition

Expenditure is recognised on an accruals basis. Direct charitable expenditure are the costs incurred in achieving the

charitable objectives of the Charity. Governance costs are the costs associated with the legal and statutory duties of the Charity. Grants payable are accounted for when approved by the Trustees.

#### e) Allocation of Support and Governance Costs

Support costs represent indirect charitable expenditure. In order to carry out the primary purposes of the charity it is necessary to provide support in the form of personnel development, financial procedures, provision of office services and equipment and a suitable working environment. Governance costs comprise the costs involving the public accountability of the charity (including audit costs) and costs in respect to its compliance with regulation and good practice. Support costs and governance costs are apportioned to healthcare establishment expenses only.

#### f) Tangible Fixed Assets and Depreciation

Individual assets costing £1,000 or more, with an expected useful life exceeding one year, are capitalised at cost.

Depreciation is provided to write off the cost, less estimated residual values, of all tangible fixed assets over their expected useful lives. It is calculated on a straight-line basis over three years.

#### g) Fixed Asset Investments

Listed investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price.

The charity does not acquire put options, derivatives or other complex financial instruments.

As noted above, one of the main forms of financial risk faced by the charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities and within particular sectors or sub sectors.

Realised gains (or losses) on investment assets are calculated as the difference between disposal proceeds and their opening carrying value, or their purchase value is acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value on that date. Realised and unrealised investment gains (or losses) are combined in the statement of financial activities and are credited (or debited) in the year in which they arise.

### h) Debtors

Debtors are recognised at their settlement amount, less any provision for non-recoverability. Prepayments are valued at the amount prepaid.

### i) Cash at Bank and in Hand

Cash at bank and in hand represents such accounts and instruments that are available on demand or have a maturity of less than three months from the date of acquisition. Deposits for more than three months but less than one year have been disclosed as short-term deposits. Cash placed on deposit for more than one year is disclosed as a fixed asset investment.

### j) Creditors and Provisions

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event. It is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the amount the charity anticipates it will pay to settle the debt.

### k) Fund Accounting

General funds represent incoming resources received or generated for expenditure on the general objectives of the charity.

### l) Pension Costs

Contributions in respect of the charity's stakeholder pension scheme are charged to the statement of financial activities in the period in which they become payable to the scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund.

### m) Critical Accounting Estimates and Judgements

In preparing the financial statements, management is required to make estimates and assumptions which affect reported income, expenses, assets, liabilities and disclosure of contingent assets and liabilities. Use of available information and application of judgements are inherent in the formation of estimates, together with the past experience and expectations of future events that are believed to be reasonable under the circumstances. Actual results in the future could differ from such estimates. Management do not consider there to be any material accounting estimates or judgements that need disclosure in these financial statements.

2) INCOME	2023 Unrestricted Funds £	2023 Restricted Funds £	2022 Total Funds £
a) Donations & Legacies			
Donations	535	-	640
Gift Aid	-	-	-
Legacies	-	-	-
	535	-	640
b) Charitable Activities			
Membership Income	11,893	-	9,478
Trading	18,208	-	5,634
Literature & Resource Sales	326	-	149
Events & Presentations	2,613	-	2,580
Other	1,527	-	425
	34,567	-	2,580
d) Investment Income			
Interest	28,771	-	30,231

In 2023 income of ENII (2022: ENII) was restricted income and all other amounts were to unrestricted funds.



### 3) EXPENDITURE

	2023 Unrestricted Funds £	2023 Restricted Funds £	2022 Total Funds £
<b>a) Raising funds</b>			
Marketing & Website Development	7,200	-	600
Administration	1,299	-	1,038
Consultancy	10,404	-	10,094
Advertising	1,366	-	1,448
	20,269	-	13,180
<b>b) Charitable activities</b>			
Website Hosting	5,526	-	6,149
Newspaper, Journal & Online	2,196	-	3,139
Membership Administration	-	-	219
Consultancy	1,000	-	-
Events, Conferences & Seminars	3,558	-	2,920
Partnership Payments	-	-	-
Staff Salaries (note 9)	85,663	-	75,230
Recruitment Costs	-	-	8,400
Staff Training, Travel & Expenses	4,984	-	1,481
Governance	1,434	-	313
Telephone, Postage and Stationery	2,346	-	4,270
Support Costs	-	-	-
Bookkeeping and Support	3,627	-	2,852
Payroll and HR Support	2,907	-	1,432
Professional Fees and Subs	576	-	308
Insurance	1,118	-	-
Bank Charges	580	-	329
Independent Examiner's Fee	2,100	-	2,040
	117,615	-	109,082
Total charitable costs	137,884	-	122,262

In 2023 expenditure of ENII (2022: ENII) related to restricted expenditure and all other amounts were from unrestricted funds.

### 4) TANGIBLE FIXED ASSETS

	2023 £	2022 £
Office Equipment		
Cost		
At 1 April 2022	1,246	1,246
Additions in year	-	-
At 31 March 2023	1,246	1,246
Depreciation		
At 1 April 2022	1,246	1,246
Charge for the year	-	-
At 31 March 2023	1,246	1,246
Net Book Value		
At 31 March 2022 and 2023	-	-

### 5) FIXED ASSET INVESTMENTS

	2023 £	2022 £
Listed Investments		
Market Value at 1 April 2022	700,760	708,093
Withdrawals	(60,000)	(60,000)
Unrealised Gains/(Losses)	(37,785)	52,667
Market Value at 31 March 2023	602,975	700,760
Cost at 31 March 2023	453,095	513,095

### 6) DEBTORS

	2023 £	2022 £
Prepayments	-	-
Other Debtors	350	409
	350	409

### 7) LIABILITIES

	2023 £	2022 £
Creditors: Amounts falling due within one year		
Taxation and Social Security	-	-
Accruals	1,800	1,800
Other Creditors	14,967	616
	16,767	2,416



#### 8) COMPANY LIMITED BY GUARANTEE

The company is limited by guarantee and has no share capital. At the year-end there were 12 members (2022: 12). In the event of the company winding-up, the liability of the members is limited to £1 each and the balance of the funds would be transferred to an association with objects similar to this company.

#### 9) STAFF COSTS AND NUMBERS

	2023 £	2022 £
Staff Costs Analysed:		
Salaries	82,426	71,775
Social Security Costs	1,613	1,943
Pension Contributions	1,624	1,512
	85,663	75,230

No employees had emoluments in excess of £60,000 (2022: £Nil).

The key management personnel of the Charity comprise the Trustees and the charity Director. The employee benefits of the key management personnel of the Charity were £43,128 (2022: £43,690).

Average number of employees during the year was as follows:

	2023	2022
Administration	5	4

#### 10) TRUSTEES' REMUNERATION

Trustees neither received nor waived any emoluments in the year (2022: nil).

Travel and accommodation expenses totalling £259 (2022: £191) were reimbursed to 4 Trustees (2022: 4) during the year.

#### 11) RECONCILIATION OF FUNDS

	2023 £	2022 £
At 1 April 2022	714,252	734,710
Net Movement in Funds in Year	(111,796)	(20,458)
At 31 March 2023	602,456	714,252
Represented by:		
Fixed Assets	602,975	700,760
Current Assets	16,248	15,908
Current Liabilities	(16,767)	(2,416)
	602,456	714,252

## The Good Practice Charter



This charter is a promise to everyone that comes into contact with this Healthy Healing Hub. It is here to protect you and your community. We require all Healthy Healing Hubs to annually assert their commitment to the following principles.

#### PRINCIPLE ONE: THEOLOGY

Our Healthy Healing Hub is rooted in theology - in a belief in the mission of God for the evangelization and healing of all creation, inspired by the example and teaching of Jesus in the Gospels, and trusting in the work of the Holy Spirit as the agent of healing.

#### PRINCIPLE TWO: PRAYER

Those who offer healing ministry through this Healthy Healing Hub do so in prayerful communion with God who is the source of healing. Prayer ministry is just one way healing ministry is provided in this place.

#### PRINCIPLE THREE: PARTNERSHIP

This Healthy Healing Hub works in partnership with health care professionals, ensuring any health concerns are also treated with any necessary procedures or medication. It also works in partnership with those trained and regulated in counselling and psychological therapies and will refer those requesting ministry as needs are identified and with their full permission.

#### PRINCIPLE FOUR: DIGNITY

Everyone requesting and offering ministry for healing will be valued with the utmost dignity and respect. A clear explanation of how the ministry will take place will be given beforehand and they will be able to make clear what they are comfortable with.

#### PRINCIPLE FIVE: SAFETY

Everyone participating in the healing ministry will operate in full compliance with the safeguarding procedures of this church. Confidentiality, without compromising any safeguarding measures, can be assured and anything that needs to be shared will be done so in the full knowledge of the one who has disclosed the information.

#### PRINCIPLE SIX: INTEGRITY

No claims of cure or healing will be made without medical verification and accuracy no blame or suggested criticism will be made whatever the outcome of healing ministry. Any concerns or grievances that anyone may have regarding how they have been treated will be taken seriously and will have access to a clear process of complaint and accountability.

#### PRINCIPLE SEVEN: EXPERTISE

Everyone who offers healing ministry regularly participates in training and learning about the healing ministry. They are part of a support network where supervision, accountability and mutual prayer support are prioritised. There is an awareness of what is beyond the limits of the expertise and experience of this church and we seek to refer individuals to other experts should such a need arise.

#### PRINCIPLE EIGHT: PASTORAL

Everyone who offers healing ministry is pastorally sensitive, sensitive to discrimination and bias (both conscious and unconscious), good at listening and empathise well with the concerns of others.

#### PRINCIPLE NINE: ACCESSIBLE

The space where healing ministry is offered is accessible to all and seeks to create an atmosphere of welcome and puts at ease all who seek. The healing work is made visible on the website and social media platforms and those wishing to connect with it can easily do so through a variety of online and in person means. Information about the Healthy Healing Hub will be disseminated in the community, for example, through GP surgeries and other services offered in the community.

#### PRINCIPLE TEN: HEALTHY

This Healthy Healing Hub will always seek to offer a hopeful and helpful space for all who need it, understanding health and healing to be the essence of the abundant life offered by the Gospel of Jesus Christ. All who minister here will seek to prioritise their own health and wellbeing.

We assert our commitment to these principles.

Signature:



GOHEALTH  
GOHEALTH.ORG.UK

The Guild of Health and St Raphael Ltd, Charity No. 21096 | Company No. 0845746



I have come that they may have life,  
and have it to the full.

John 10:10



**GOHEALTH**

**THE GUILD OF HEALTH  
& ST RAPHAEL**



[gohealth.org.uk](http://gohealth.org.uk)