



# TRUSTEES REPORT AND ACCOUNTS

## **FOR THE YEAR ENDED 31 MARCH 2025**

**Kingston and District WelCare Association**

**Charity Registration Number: 206286**

*Kingston WelCare is a friendly and welcoming place for parents and families of all backgrounds to meet, support each other, and receive guidance and advice about the daily challenges of parenting.*

*Our services include regular drop-in family sessions, a cafe and play area, events and activities for families, and support for parents experiencing mental health challenges.*



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#### **WELCOME FROM THE CHAIR**

I am delighted to share this report, which highlights Kingston WelCare's significant achievements over the past year. It has been both an honour and a pleasure to work alongside our dedicated team and my fellow trustees.

Our work remains deeply rooted in a strong commitment to serving parents, carers, and their families. This year, we strengthened that support through several key initiatives and partnerships, including growing attendance at our Stay & Play and After School Craft Club, expanded cooking programmes and new project launches, such as the Young Carers Family Project with Kingston Young Carers Network, and the three-year PlayPlus programme for parents experiencing postnatal depression, funded by BBC Children in Need.

Looking ahead, we plan to build on these successes, secure long-term funding, recruit more volunteers, and deepen our community partnerships to ensure we can continue to meet the evolving needs of families in Kingston.

These achievements are a direct result of the dedication and adaptability of **Sue Skubanski, our Chief Executive**, and her outstanding team. Our staff, volunteers, and supporters have gone above and beyond to sustain vital services and strengthen local networks.

My heartfelt thanks go to everyone who has supported us financially, including local authorities, individual donors, churches, and corporate partners. Your continued commitment and encouragement are invaluable.

**Tormod Sund**

Chair of Trustees



## **OBJECTIVES AND ACTIVITIES**

Kingston and District WelCare Association (“Kingston WelCare”), established in the late 1880’s, is a Christian based, well-respected local organisation with a rich history in providing parent and child welfare.

Over the decades the services provided have been regularly updated to better meet the changing needs of each generation, moving from supporting unmarried mothers at its inception to the present-day parenting support activities. Our base remains at WelCare House which was substantially refurbished in 1989 with further improvements over the following decades thanks to the Mayor’s charity fund and other community contributions.

Our presence in Kingston has been a building block to much bigger things. WelCare’s services empower parents and build supportive caring networks, creating a lasting ripple effect. For many families, it only requires small changes to hold the family together. The Kingston community continues to need grass root organisations like Kingston WelCare that offer effective ‘early help’ at the point of need, so parents do not have to wait until they meet statutory thresholds and require costly interventions.

**Our vision** is of a world where parents have the confidence and skills to build strong relationships with their children, where they and their families have the capacity and resilience to bounce back from life’s hard knocks and lead happy fulfilling lives.

### **Our Mission**

Kingston WelCare’s mission is to provide a safe, welcoming, and nurturing environment where local families can meet and connect with other parents to share stories and advice. By listening to parents, we seek to work with them and other local organisations to offer professional help as well as providing a range of creative services that benefit children by increasing the confidence, well-being, and resilience of their parents.

### **Our Values**

#### **Compassion and respect**

- Connecting and empathising with parents.
- Starting with parents’ needs, respecting them, and treating them with dignity.
- Supporting parents’ choices and decisions.
- Respect and celebrate cultural and religious diversity.

#### **Fellowship and cooperation**

- Empowering parents to develop projects and activities that improve their wellbeing and deliver lasting change.
- Help develop and strengthen parental peer support and parental resilience.
- Strengthening local social cohesion by promoting solidarity and cooperation across cultural and religious differences.

To achieve our goals, we provide a caring and safe environment where parents and carers support one another and can shape the projects and activities Kingston WelCare provides.

Through these activities, staff can help parents improve their wellbeing, make lasting change, and build resilience whilst developing cross-cultural supportive connections within the community.





## **ACHIEVEMENTS AND PERFORMANCE**

This year, Kingston Welcare Charity has made significant strides in supporting families through various projects and initiatives, marked by strong partnerships and increased community engagement.

### **Stay and Play and Afterschool sessions**

We have continued our partnership with All Saints Church to deliver weekly Stay and Play sessions and monthly afterschool activities, although the number of sessions has been reduced due to funding constraints. These sessions are open to all Kingston families. The Playworker, along with trained volunteers, are on hand to support parents facing challenges that may affect their ability to care for their children, all while ensuring the children have a great time.

Both WelCare and All Saints Church have observed a significant rise in attendance, thanks in large part to the commitment of our Playworker. The support of All Saints Church has been invaluable, particularly through their active role in promoting the sessions. In addition to these sessions, the Playworker organised several children's clothes and toy swap events, which proved to be very successful.

### **School holiday activities**

Our school holiday activities have remained very popular throughout the year. Most of these are generously funded by the Kingston Nursing Association, while others are offered free of charge, such as tickets to the Rose Theatre and Polka Theatre, visits to Hampton Court, and golf sessions at Hampton Court Golf Club. Additional activities, including bowling and the YMCA Pod, are provided by the companies at a reduced cost. We also ran school holiday craft sessions at All Saints Church.

This project enables families to take part in outings and experiences they might otherwise be unable to afford or feel confident attending on their own. During each school holiday, we aim to organise two to three activities per week.

### **Cooking Together**

The Cooking Together project has been a great success, with collaborative sessions delivered in partnership with BriteBox receiving positive feedback from families. Sessions were held in the WelCare kitchen, where families prepared a BriteBox meal together.

The project was designed to support families experiencing significant hardship and food insecurity. Participants were referred through a range of sources, including existing WelCare families, local households already receiving BriteBox food assistance. The key objectives were involving all the family in meal preparation, promoting healthy eating, enhancing family communication, building on cooking skills, supporting emotional wellbeing and having fun as a family. Funding was provided by RBK and SWL Health Inequalities Fund.

Although BriteBox has temporarily suspended their work with us, we have successfully continued the program in-house.

### **Kingston Young Carer Families project**

We delivered two four-week programmes in collaboration with Kingston Young Carers, offering activities for young carers and their families. These afterschool sessions were designed to promote fun, strengthen family communication, and support wellbeing. Families took part in cooking and sharing meals, arts and crafts, and discussions based on the NHS's *Five Ways to Mental Wellbeing*. Parents and children of all ages particularly enjoyed preparing meals together, engaging in creative activities, and exploring the "five steps to happiness."



Funding from the RBK and Health Inequalities Fund has enabled this important work to continue.

### **PlayPlus**

This three-year project, funded by BBC Children in Need, is now well underway. It is designed to support mothers up to three years postpartum who are experiencing mental ill health, including postnatal depression. Mothers are first engaged through one-to-one support and encouragement from the project worker, before being invited to attend sensory play sessions with their children.

*PlayPlus* provides a safe, welcoming environment where mothers can strengthen their bond with their children through sensory play, storytelling, and other interactive activities. Alongside the group sessions, we offer tailored one-to-one support and encourage the development of peer support networks among participants.

Mothers are supported to build connections with one another, and to grow in confidence along their parenting journey. We understand that parenting can be challenging, and that factors such as social isolation, language barriers, financial hardship, or mental health difficulties can make it even more overwhelming. This project seeks to address those challenges with care and encouragement.

### **Partnership with Hampton Court Golf Club and GetGolfing**

We are delighted to have been selected once again as the Golf Ladies' chosen charity. In addition, we have partnered with GetGolfing, the charity arm of the golf club, who provide valuable support to local organisations. Through this partnership, families have enjoyed taking part in golf sessions both at the club and at WelCare, creating fun and memorable experiences together.

### **A Community Hub for Charity Activities**

In addition to running our own projects, Welcare also supports other charities by offering room hire at competitive rates, along with advice and practical assistance. For example, we supported the establishment of the Migrant Advocacy Service (MAS) project, which delivered cooking sessions for refugee families living in hotels.

### **Future Plans**

We regularly assess our services to ensure consistency across the area and to use resources effectively. In the year ahead, our priority is to expand our projects so they meet the needs of parents, carers and children in Kingston.

We will continue to seek funding to sustain our much-loved initiatives. By welcoming more volunteers, we can run additional sessions and offer stronger support to local families.

Kingston Welcare is dedicated to supporting families and working closely with the local authority to strengthen family resilience. We also value collaboration with other charities, combining skills and knowledge to create an even greater impact within the community.

### **New projects**

We are now receiving surplus food from the KVA project and are sharing food with our families and also cooking healthy snacks and meals.



## **Families Connect**

We are delighted to be launching a new project in partnership with the RBK Community Safety Team: monthly afterschool family sessions at Queen Mary Hall, Cambridge Gardens.

The project aims to strengthen connections among families in Kingston, with a particular focus on those living in and around the Cambridge Road Estate and Cambridge Gardens. Our goals are to support families with their physical and emotional wellbeing, foster a community where families can connect and support one another and build resilience within families for the challenges they face.

## **FINANCIAL REVIEW**

### **Financial Result**

Income for the year amounted to £99,297 (2024: £90,155) consisting of church contributions, donations, pledges, and rental income. Total expenditure for the period was £83,131 (2024: £86,744), resulting in a net income of £16,166 (2024: £3,411 net expenditure) before transfers between funds.

### **Reserves Policy**

The Trustees policy is to maintain reserves of £40,000 to cover, as a minimum, an equivalent of three months operational expenditure and to enable it to respond to opportunities and to provide for emergencies.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Constitution**

Kingston WelCare is an unincorporated association with its governing document being its Constitution.

### **Trustees, Advisors and Staff**

All Trustees are appointed by Members at the Annual General Meeting. Below is a list of Trustees during the period:

- Tormod Sund (Chair)
- Reverend Sandy Cragg (Vice Chair)
- Aruna Jennings (Secretary)
- Nicholas Aplas (Treasurer)
- Samia Khan
- Anne Nicholson
- Anne Owen
- Frances McDermott
- Joe Lodge

In addition, the Trustees are supported by several Advisors. Collectively, the Trustees and Advisors form the Management Committee. The Chair is responsible for the induction of new Committee members. This involves awareness of responsibilities, the governing document, administrative procedures and the history and ethos of the Charity.

The constitution provides for a minimum of four and a maximum of eleven Committee members, at least one of whom is an ordained member of the clergy and one a practising member of a church and these may be joined by advisory members.



The Management Committee is responsible for the recruitment of new Trustees and may co-opt additional Trustees to fill any vacancies that arise at any time during the year. The Committee meets at least six times per calendar year to receive progress reports from the Director and take strategic decisions. Trustees retain the option to call additional Trustees Meetings or Committee Meetings if the need arises.

The Chair of Trustees acts as Line Manager to the Director and the Director acts as Line Manager to the remaining staff. For targeted projects, social workers will also receive case-management, support, and guidance from the Director.

### **Risk Management**

The Trustees have overall responsibility for ensuring that Kingston WelCare has appropriate systems of control, both financial and operational. These systems are designed to provide reasonable, but not absolute, assurance against material mis-statement or loss. During the year, the Trustees continued to regularly review the major financial and operational risks and implement any necessary changes.

The Management Committee and Director are collectively responsible for ensuring the policies are adhered to whilst the Director ensures that all policies are adequately maintained. A full set of policies and procedures and the risk register are available upon request.

### **LEGAL AND ADMINISTRATIVE DETAILS**

#### **Business Address and Registered Office**

53-55 Canbury Park Road  
Kingston upon Thames  
KT2 6LQ  
[www.welcarekingston.org.uk](http://www.welcarekingston.org.uk)

#### **Independent Examiner**

Sian Lewis  
Nordens  
8 Coldbath Square  
EC1R 5HL  
London

#### **Bankers**

National Westminster Bank (Current Account)  
Market Place  
Kingston upon Thames  
KT1 1JX

Virgin Money Plc (Savings Account)  
15-17 Castle St,  
Kingston upon Thames  
KT1 1ST

Metro Bank (Credit Card)  
64-66 Clarence Street  
Kingston upon Thames  
KT1 1NP



## **OUR THANKS**

Kingston WelCare is very grateful to all the funders and donors who make our work for parents possible. This year particular thanks go to:

### **Organisations**

Royal Borough of Kingston  
Inner Wheel  
The Alfred Charitable Trust  
Kingston Nursing Association  
BBC Children in Need  
SW London Health Inequalities Fund

### **Churches**

All Saints, Kingston  
PCC of St Andrews Ham  
United Reformed, Kingston  
St. George's, Tolworth  
PCC of St Andrew

### **Donations and Supporters**

Copper Mountain Consulting Limited  
Euphonix Community Choir  
Hampton Court Palace Golf Clubs Ladies  
Interval International Ltd  
Kew Gardens  
Mrs. Aruna Jennings  
Mrs. Innes Wills  
Mrs. Marjie Grant & Mr. John Woods  
Sir Peter Jennings  
Waitrose Hampton

### **Volunteers**

Aruna Jennings  
Bee Ong  
Bernadette Farrelly  
Byeongsu Ann (Peter)  
Daisy Pumphrey  
Halley Elnaugh  
Linda Woolston  
Lorraine Walker  
Natalie Maclean  
Pam Boot  
Sheila Bryant  
Sue Plummer

Hampton Court Palace Golf Ladies:  
Harriet Gregory  
Joanna Harbottle  
Keiko Holt  
Lynn Sanger  
Teresa Watson

Interval International Limited:  
Annie Mercer  
Audrey Lepine  
Fiona Moore  
Laetitia Mazy



## STATEMENT OF TRUSTEES' RESPONSIBILITIES

### DISCLOSURE OF INFORMATION TO INDEPENDENT EXAMINER

In so far as the Trustees are aware:

- there is no relevant audit information of which the charity's Independent Examiner is unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the Independent Examiner is aware of that information.

### TRUSTEES RESPONSIBILITIES

The Trustees are responsible for preparing the report and accounts in accordance with applicable law and regulations. Charity law requires the Trustees to prepare accounts for each financial Period. Under that law the Trustees have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under charity law the Trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Charity SORP 2015. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the Trustees

*Tormod Sund*

**Tormod Sund**  
**Chair**

*Nicholas Aplas*

**Nicholas Aplas**  
**Treasurer**

Date: 23 October 2025



#### **INDEPENDENT EXAMINER'S REPORT**

I report on the accounts of the charity for the period ended 31 March 2025, which are set out on pages 11 to 20.

#### **RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER**

The charity's Trustees are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this Period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

#### **BASIS OF INDEPENDENT EXAMINER'S REPORT**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **INDEPENDENT EXAMINER'S STATEMENT**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should

**Sian Lewis**  
**Nordens**  
**8 Coldbath Square**  
**EC1R 5HL**  
**London**

Date: 23 October 2025



Statement of Financial Activities for the year ended 31 March 2025

Note		Unrestricted funds	Restricted funds	Total funds 2025	2024
		£	£	£	£
	<b>Income</b>				
2	Donation and legacies	14,933	-	14,933	15,431
3	Charitable activities	-	24,191	24,191	27,056
4	Other trading activities	59,026	-	59,026	46,700
5	Investment income	481	-	481	512
6	Other income	666	-	666	456
	<b>Total</b>	<b>75,106</b>	<b>24,191</b>	<b>99,297</b>	<b>90,155</b>
	<b>Expenditure</b>				
7	Charitable activities	(58,940)	(24,191)	(83,131)	(86,744)
	Other	-	-	-	-
	<b>Total</b>	<b>(58,940)</b>	<b>(24,191)</b>	<b>(83,131)</b>	<b>(86,744)</b>
	<b>Net income / (expenditure)</b>	<b>16,166</b>	<b>-</b>	<b>16,166</b>	<b>3,411</b>
	Transfers from reserves	-	-	-	-
	Transfer between funds	-	-	-	-
	<b>Net movement in funds</b>	<b>16,166</b>	<b>-</b>	<b>16,166</b>	<b>3,411</b>
	<b>Reconciliation of funds:</b>				
	Total funds brought forward	381,789	-	381,789	378,378
	<b>Total funds carried forward</b>	<b>397,955</b>	<b>-</b>	<b>397,955</b>	<b>381,789</b>



**TRUSTEES REPORT AND ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2025**



**Balance Sheet as at 31 March 2025**

Note			2025 funds	2024 funds
		£	£	£
	<b>Fixed assets</b>			
10	Tangible assets		305,368	307,472
	<b>Total fixed assets</b>		305,368	307,472
	<b>Currents assets:</b>			
11	Debtors	1,935		7,881
12	Investments	52,486		52,004
13	Cash at bank and in hand	71,915		44,422
	<b>Total current assets</b>		126,336	104,307
	<b>Liabilities</b>			
14	Creditors: Amounts falling due within one year	33,749		29,990
	<b>Total current liabilities</b>		33,749	29,990
	<b>Net current assets or liabilities</b>		92,587	74,317
	<b>Total net assets or liabilities</b>		397,955	381,789
	<b>The funds of the charity</b>			
	Unrestricted funds	92,587		74,317
	Capital fund	305,368		307,472
15	Restricted Fund	-		-
16	<b>Total charity funds</b>		397,955	381,789

These financial statements were approved by the Executive Committee on 23 October 2025.

*Tormod Sund*

Tormod Sund, Chair  
Executive Committee Member

*Nicholas Aplas*

Nicholas Aplas  
Honorary Treasurer



## Notes to the financial statements for the year ended 31 March 2025

### 1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the Period and the preceding Period.

#### 1.1 Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102)(effective 1 January 2019)-Charities SORP(FRS102) and the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS102).

Kingston WelCare meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical or transaction value unless otherwise stated in the relevant accounting policy note(s).

The financial statements are prepared in £ sterling which is the functional currency of the charity.

#### 1.2 Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income :

Income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generation funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the Period in which they are receivable.



**1.3 Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Equipment costs are considered to be minimal and therefore are charged to the Period in which they are purchased.

**1.4 Leasing**

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

**1.5 Tangible fixed assets and depreciation**

Fixed assets include freehold property which is stated on an existing use, open market value basis. The property is not depreciated as, in the opinion of the trustees, the residual value will be at least equivalent to the valuation.

All other assets costing more than £250 are capitalised and are stated at historical cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value evenly over its expected useful life, as follows

Computers : over three years commencing in the first quarter after payment

Fixtures & fittings : over five years commencing in the first quarter after payment

**1.6 Going Concern**

After making enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the annual report and financial statements.



2 Donation and legacies

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2025	Total Funds 2024
	£	£	£	£
Church contributions	3,076	-	3,076	2,507
Donation and Miscellaneous	11,857	-	11,857	12,924
<b>Total</b>	<b>14,933</b>	<b>-</b>	<b>14,933</b>	<b>15,431</b>

\* All funds in 2024 were unrestricted

3 Charitable activities

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
<b>Restricted funds</b>				
Kingston Nursing Association	-	1,500	1,500	1,500
RBK Resilience Fund	-	-	-	22,155
Stay & Play	-	3,137	3,137	-
RBK-Fuel Cost	-	-	-	1,187
Kingston Charitable Foundation	-	-	-	744
BBC - Children in Need	-	14,899	14,899	-
Project KVA - Health Inequalities	-	2,685	2,685	-
RBK - Cooking Together	-	1,970	1,970	1,470
<b>Total funds</b>	<b>-</b>	<b>24,191</b>	<b>24,191</b>	<b>27,056</b>

\* All funds in 2024 were restricted

4 Other trading activities

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2025	Total Funds 2024
	£	£	£	£
Licensee rental income	41,310	-	41,310	40,542
Licensee recharges	287	-	287	104
Hire of rooms	17,428	-	17,428	6,054
<b>Total</b>	<b>59,026</b>	<b>-</b>	<b>59,026</b>	<b>46,700</b>

\* All funds in 2024 were unrestricted

5 Investment Income

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2025	Total Funds 2024
	£	£	£	£
Bank interest	481	-	481	512

\* All funds in 2024 were unrestricted



6 Other Income

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2025	Total Funds 2024
	£	£	£	£
Member contributions:				
Miscellaneous	666	-	666	456
<b>Total</b>	<b>666</b>	<b>-</b>	<b>666</b>	<b>456</b>

7 Expenditure on Charitable Activities

Charitable expenditure during the year comprised both direct costs attributable to specific projects and support costs necessary to deliver these activities. A breakdown of expenditure for the current and prior year is detailed below.

Expenditure Summary for the Year Ended 31 March 2025:

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2025
	£	£	£
Directly attributable to projects	42,429	24,191	66,620
Support costs	16,511	-	16,511
<b>Total charitable activities</b>	<b>58,940</b>	<b>24,191</b>	<b>83,131</b>

Comparative Expenditure for the Year Ended 31 March 2024:

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024
	£	£	£
Directly attributable to projects	41,110	27,056	68,166
Support costs	18,578	-	18,578
<b>Total charitable activities</b>	<b>59,688</b>	<b>27,056</b>	<b>86,744</b>

Direct costs breakdown:

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2025	Total Funds 2024
	£	£	£	£
Salaries	41,607	-	41,607	39,964
Project running costs	698	24,191	24,889	27,852
Printing, postage & stationery	124	-	124	350
<b>Total direct costs</b>	<b>42,429</b>	<b>24,191</b>	<b>66,620</b>	<b>68,166</b>



**Support costs comprise:**

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2025	Total Funds 2024
	£	£	£	£
Telephone and IT	1,922	-	1,922	3,494
Gas, electricity & water	3,945	-	3,945	3,661
Premises maintenance	1,273	-	1,273	1,726
Cleaning & hygiene	3,118	-	3,118	3,365
Insurance	2,418	-	2,418	2,469
Professional fees	547	-	547	431
Sundries	344	-	344	193
Independent examiners fee	840	-	840	840
<b>General Fund</b>	<b>14,407</b>	<b>-</b>	<b>14,407</b>	<b>16,179</b>
Depreciation	2,104	-	2,104	2,399
<b>Capital Fund</b>	<b>2,104</b>	<b>-</b>	<b>2,104</b>	<b>2,399</b>
<b>Total support costs</b>	<b>16,511</b>	<b>-</b>	<b>16,511</b>	<b>18,578</b>

**Restricted Funds Expenditure by Activity**

Activity of programme	Activities undertaken directly	Grant funding of activities	Support costs	Total 2025	Total 2024
	£	£	£	£	£
Holiday Programme	1,500	-	-	1,500	1,500
Stay & Play	3,137	-	-	3,137	22,155
BBC-Children in Need	14,899	-	-	14,899	-
Project KVA - Health Inequalities	2,685	-	-	2,685	1,187
Kingston Charitable Foundation	-	-	-	-	744
RBK - Cooking Together	1,970	-	-	1,970	1,470
<b>Total</b>	<b>24,191</b>	<b>-</b>	<b>-</b>	<b>24,191</b>	<b>27,056</b>

**8 Analysis of Employee Costs**

	Total Funds 2,025	Total Funds 2,024
	£	£
Salaries	42,057	39,072
Employer pension contributions	632	542
Miscellaneous staff costs	30	350
<b>Total Funds</b>	<b>42,719</b>	<b>39,964</b>

	2025	2024
Average number of employees during the year	3	2

No employee was paid in excess of £60,000 during the year (2023-24: nil).

None of the trustees have been paid any remuneration or received any other benefits from an employment.

The employer NICs costs of £4,138 were covered by the employment allowance in 2024-25 (2023-24: £2,881).

Key management personnel include the Director and Administrator. The total employee benefits, including pension costs and employers national insurance contributions of the charity's key management personnel were £41,607 (2024: £39,614).



## 9 Related Party Transactions

No remuneration or expenses were paid directly or indirectly out of the Association's funds to any trustee or to any person or persons known or connected to them.

## 10 Tangible Fixed Assets

	Freehold land and buildings	Fixtures & Fittings	Computers	Total
	£	£	£	£
<b>Cost or valuation</b>				
At 01 April 2024	300,000	37,291	4,895	342,186
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers	-	-	-	-
<b>At 31 March 2025</b>	<b>300,000</b>	<b>37,291</b>	<b>4,895</b>	<b>342,186</b>
<b>Depreciation and impairments</b>				
At 1 April 2024	-	29,819	4,895	34,714
Disposals	-	-	-	-
Depreciation	-	2,104	-	2,104
Impairment	-	-	-	-
Transfers	-	-	-	-
<b>At 31 March 2025</b>	<b>-</b>	<b>31,923</b>	<b>4,895</b>	<b>36,818</b>
<b>Net book value at 31 March 2025</b>	<b>300,000</b>	<b>5,368</b>	<b>-</b>	<b>305,368</b>
<b>Net book value at 31 March 2024</b>	<b>300,000</b>	<b>7,472</b>	<b>-</b>	<b>307,472</b>

The freehold property is currently held on Kingston WelCare's behalf by the South London Church Fund and the Southwark Diocesan Board of Finance. No formal valuation has been undertaken by an independent expert. No depreciation is charged on the freehold property as it would be immaterial. Each year the Trustees inspect the property for indications of impairment.

## 11 Receivables and Accrued Income

	Total Funds 2,025	Total Funds 2,024
	£	£
Receivables	-	6,425
Prepayments	1,935	1,456
<b>Total</b>	<b>1,935</b>	<b>7,881</b>

## 12 Investments

	Total Funds 2,025	Total Funds 2,024
	£	£
<b>Virgin Bank</b>	<b>52,486</b>	<b>52,004</b>



13 Cash at Bank and in Hand

	Total Funds 2,025	Total Funds 2,024
	£	£
Bank current account - NatWest	70,184	42,557
Debit card account - Metro	1,663	1,777
Cash in hand	69	88
<b>Total</b>	<b>71,915</b>	<b>44,422</b>

14 Payables: Amounts falling due within one year

	Total Funds 2,025	Total Funds 2,024
	£	£
Creditors	3,700	1,850
Accrued expenses		
Grants carried forward	23,439	24,643
Others	6,610	3,497
Total Accrued expenses	30,049	28,140
<b>Total</b>	<b>33,749</b>	<b>29,990</b>

15 Restricted Funds - Grants received in the year

	Grants Received	Balances Brought Forward	Grants for Year Ended 31 Mar 25	Balance Carried Forward
	£	£	£	£
Kingston Nursing Association	1,500	-	1,500	-
Stay&Play & All Saints sessions	3,137	-	3,137	-
BBC-Children in Need	14,899	-	14,899	-
Project KVA - Health Inequalities	2,685	-	2,685	-
RBK -Cooking Together	1,970	-	1,970	-
<b>Total funds</b>	<b>24,191</b>	<b>-</b>	<b>24,191</b>	<b>-</b>





16 Movements in funds

Fund name	Fund balances brought forward	Income	Expenditure	Transfers	Fund balances carried forward
	£	£	£	£	£
<b>Restricted funds</b>					
Kingston Nursing Association	-	1,500	(1,500)	-	-
Stay&Play & All Saints sessions	-	3,137	(3,137)	-	-
BBC-Children in Need	-	14,899	(14,899)	-	-
Project KVA - Health Inequalities	-	2,685	(2,685)	-	-
RBK -Cooking Together	-	1,970	(1,970)	-	-
Brought forward	-	-	-	-	-
<b>Restricted funds</b>	-	<b>24,191</b>	<b>(24,191)</b>	-	-
<b>Unrestricted funds</b>					
Designated Capital Fund	307,472	-	(2,104)	-	<b>305,368</b>
General Fund	74,317	75,106	(56,836)	-	<b>92,587</b>
Projects for Assets	-	-	-	-	-
Accruals	-	-	-	-	-
Pension Fund (Short-Term Creditors)	-	-	-	-	-
<b>Unrestricted funds</b>	<b>381,789</b>	<b>75,106</b>	<b>(58,940)</b>	-	<b>397,955</b>
<b>Total funds</b>	<b>381,789</b>	<b>99,297</b>	<b>(83,131)</b>	-	<b>397,955</b>

**Purposes of restricted funds**

The funds are for services as explained in the trustees report.

**Purposes of designated funds**

Capital fund: This fund represents the unrestricted funds that are not available for use as they have been used to purchase fixed assets.