



TRUSTEES REPORT AND ACCOUNTS **FOR THE YEAR ENDED 31 MARCH 2024**

Kingston and District WelCare Association

Charity Registration Number: 206286

Kingston WelCare is a friendly and welcoming place for parents and families of all backgrounds to meet, support each other, and receive guidance and advice about the daily challenges of parenting.

Our services include regular drop-in family sessions, a cafe and play area, events and activities for families, and support for parents experiencing mental health challenges.



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WELCOME FROM THE CHAIR

On behalf of the trustees of Kingston WelCare, I am pleased to present our annual report and accounts for 2024.

This year has been one of growth and resilience as we have made significant progress in supporting Kingston families. With funding from the Royal Borough of Kingston's Community Resilience Fund, we partnered with All Saints Church to launch Stay and Play sessions and After School Family Sessions, providing vital support for parents and enriching experiences for children.

Our collaboration with BriteBox continued to address food insecurity through family cooking sessions, now expanded with additional support from the Southwest London Health Inequalities Fund. We also organized diverse school holiday activities, thanks to the Kingston Nursing Association, offering families access to cultural and recreational experiences.

We developed a new initiative with Kingston Young Carers, set to launch in October 2024, aimed at supporting young carers and their families. Additionally, our PlayPlus project, funded by BBC Children in Need, will support young children whose parents face mental health challenges, launching in Spring 2025.

We are deeply grateful for the generous support from our donors and volunteers, which has been crucial in maintaining our services and overcoming unexpected challenges.

Looking ahead, we are committed to expanding our projects, enhancing family resilience, and strengthening our collaborations. Our focus remains on improving emotional well-being, reducing poverty's impact, and fostering parenting skills to better the lives of young children in Kingston.

We believe Kingston WelCare is well-positioned to continue and grow our positive impact on the lives of families in Kingston in the coming years.

Tormod Sund
Chair of Trustees



OBJECTIVES AND ACTIVITIES

Kingston and District WelCare Association ("Kingston WelCare"), established in the late 1880's, is a Christian based, well-respected local organisation with a rich history in providing parent and child welfare.

Over the decades the services provided have been regularly updated to better meet the changing needs of each generation, moving from supporting unmarried mothers at its inception to the present-day parenting support activities. Our base remains at WelCare House which was substantially refurbished in 1989 with further improvements over the following decades thanks to the Mayor's charity fund and other community contributions.

Our presence in Kingston has been a building block to much bigger things. WelCare's services empower parents and build supportive caring networks, creating a lasting ripple effect. For many families, it only requires small changes to hold the family together. The Kingston community continues to need grass root organisations like Kingston WelCare that offer effective 'early help' at the point of need, so parents do not have to wait until they meet statutory thresholds and require costly interventions.

Our vision is of a world where parents have the confidence and skills to build strong relationships with their children, where they and their families have the capacity and resilience to bounce back from life's hard knocks and lead happy fulfilling lives.

Our Mission

Kingston WelCare's mission is to provide a safe, welcoming, and nurturing environment where local families can meet and connect with other parents to share stories and advice. By listening to parents, we seek to work with them and other local organisations to offer professional help as well as providing a range of creative services that benefit children by increasing the confidence, well-being, and resilience of their parents.

Our Values

Compassion and respect

- Connecting and empathising with parents.
- Starting with parents' needs, respecting them, and treating them with dignity.
- Supporting parents' choices and decisions.
- Respect and celebrate cultural and religious diversity.

Fellowship and cooperation

- Empowering parents to develop projects and activities that improve their wellbeing and deliver lasting change.
- Help develop and strengthen parental peer support and parental resilience.
- Strengthening local social cohesion by promoting solidarity and cooperation across cultural and religious differences.

To achieve our goals, we provide a caring and safe environment where parents and carers support one another and can shape the projects and activities Kingston WelCare provides.

Through these activities, staff can help parents improve their wellbeing, make lasting change, and build resilience whilst developing cross-cultural supportive connections within the community.



ACHIEVEMENTS AND PERFORMANCE

The past year has seen significant advancements as we expanded our existing projects and launched new initiatives. We have forged valuable relationships with supporters and organizations, actively promoted our room hire services, and maintained both our house and garden. Throughout, we have remained responsive to the evolving needs of Kingston families, ensuring their voices were heard and addressed.

Kingston WelCare and All Saints Kingston Project

In November, we were delighted to secure funding from the Royal Borough of Kingston's (RBK) Community Resilience Fund to develop an innovative project in partnership with All Saints Church Kingston. The aim is to combine our strengths to empower families, bolster emotional resilience, and provide enriching play experiences for children.

Our approach is distinctive, focusing on supporting parents as they navigate the challenges of parenting. All Saints Church contributes expertise in active listening and offers essential training for staff and volunteers, while WelCare provides deep insights into parental issues, particularly those relating to mental health and emotional well-being.

Cooking Together Project

Our collaboration with BriteBox continues to provide family cooking sessions, aimed at addressing food insecurity and fostering family unity within Kingston's vulnerable communities. These sessions, conducted in the WelCare kitchen, focus on involving the entire family in meal preparation, promoting healthy eating, enhancing family communication, building cooking skills, and supporting emotional well-being. This project targets families experiencing significant hardship and food insecurity, with participants selected from WelCare families, local households benefiting from BriteBox, and families known to Refugee Action Kingston.

We have successfully secured additional funding from RBK and support from the Southwest London (SWL) Health Inequalities Fund to continue this vital project.

Holiday Activities

We have continued to organize a variety of school holiday activities for families with children of all ages. Funded by the Kingston Nursing Association, these activities provide opportunities for families to enjoy outings and experiences they might not otherwise be able to afford or feel confident undertaking alone. The year's activities included visits to the Rose Theatre, Kew Gardens, Hounslow Urban Farm, and local park picnics. We also hosted crafting sessions, cooking classes, and our highly anticipated Christmas Party.

Kingston Young Carer Families Project

In collaboration with Kingston Young Carers, we are excited to introduce a new initiative designed to support young carers and their families. These afterschool sessions, which will include meals, aim to promote fun and strengthen family communication by incorporating the NHS's Five Ways to Mental Wellbeing. This spring, we worked closely with Kingston Young Carers and a dedicated WelCare volunteer to develop this project, which is scheduled to launch in October 2024.



PLANS FOR FUTURE PERIODS

Our focus for the coming year is to continue running and expanding the projects outlined above, ensuring they effectively meet the needs of children and their parents in Kingston. WelCare remains committed to addressing the challenges faced by local families, aligning with the local authority's goal of enhancing family resilience. We also recognize the importance of collaboration with other charitable organizations, as demonstrated by our ongoing partnerships across various initiatives. This collaborative approach allows us to pool our skills, knowledge, and expertise, resulting in a greater and more positive impact on the community.

We are thrilled to have received funding from BBC Children in Need to continue our PlayPlus project. This initiative is focused on supporting young children whose parents, particularly mothers, are struggling with mental health issues, such as postnatal depression. The project delivers activities that enhance parenting skills, foster attachment, and bonding between parent and child, and encourage participation in weekly play sessions. PlayPlus is set to launch in Spring 2025.

Looking ahead, we will continue our efforts to secure more core funding, which is crucial for the long-term financial stability of WelCare and WelCare House. Our overarching commitment is to offer continuous support to parents as they navigate the challenges of parenting, with a focus on:

- Improving parent and family emotional well-being
- Reducing the impact of poverty on Kingston families
- Increasing parents' confidence and aspirations
- Strengthening parenting skills and family resilience

By addressing these areas, we aim to improve the life chances of young children and create a brighter future for Kingston families.

FINANCIAL REVIEW

Financial Result

Income for the year amounted to £90,155 (2023: £53,739) consisting of church contributions, donations, pledges, and rental income. Total expenditure for the period was £86,744 (2023: £68,085), resulting in a net income of £3,411 (2023: £14,346 net expenditure) before transfers between funds.

Reserves Policy

The Trustees policy is to maintain reserves of £40,000 to cover, as a minimum, an equivalent of three months operational expenditure and to enable it to respond to opportunities and to provide for emergencies.



STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution

Kingston WelCare is an unincorporated association with its governing document being its Constitution.

Trustees, Advisors and Staff

All Trustees are appointed by Members at the Annual General Meeting. Below is a list of Trustees during the period:

- Tormod Sund (Chair)
- Reverend Sandy Cragg (Vice Chair)
- Aruna Jennings (Secretary)
- Nicholas Aplas (Treasurer)
- Samia Khan
- Anne Nicholson
- Anne Owen

In addition, the Trustees are supported by several Advisors. Collectively, the Trustees and Advisors form the Management Committee. The Chair is responsible for the induction of new Committee members. This involves awareness of responsibilities, the governing document, administrative procedures and the history and ethos of the Charity.

The constitution provides for a minimum of four and a maximum of eleven Committee members, at least one of whom is an ordained member of the clergy and one a practising member of a church and these may be joined by advisory members.

The Management Committee is responsible for the recruitment of new Trustees and may co-opt additional Trustees to fill any vacancies that arise at any time during the year. The Committee meets at least six times per calendar year to receive progress reports from the Director and take strategic decisions. Trustees retain the option to call additional Trustees Meetings or Committee Meetings if the need arises.

The Chair of Trustees acts as Line Manager to the Director and the Director acts as Line Manager to the remaining staff. For targeted projects, social workers will also receive case-management, support, and guidance from the Director.

Risk Management

The Trustees have overall responsibility for ensuring that Kingston WelCare has appropriate systems of control, both financial and operational. These systems are designed to provide reasonable, but not absolute, assurance against material miss-statement or loss. During the year, the Trustees continued to regularly review the major financial and operational risks and implement any necessary changes.

The Management Committee and Director are collectively responsible for ensuring the policies are adhered to whilst the Director ensures that all policies are adequately maintained. A full set of policies and procedures and the risk register are available upon request.



LEGAL AND ADMINISTRATIVE DETAILS

Business Address and Registered Office

53-55 Canbury Park Road
Kingston upon Thames
KT2 6LQ
www.welcarekingston.org.uk

Independent Examiner

Sian Lewis
Nordens
8 Coldbath Square
EC1R 5HL
London

Bankers

National Westminster Bank (Current Account)
Market Place
Kingston upon Thames
KT1 1JX

Virgin Money Plc (Savings Account)
15-17 Castle St,
Kingston upon Thames
KT1 1ST

Metro Bank (Credit Card)
64-66 Clarence Street
Kingston upon Thames
KT1 1NP



OUR THANKS

We extend our heartfelt thanks to all our supporters for their generous donations, which have greatly enhanced our ability to achieve our goals.

This year particular thanks go to:

ORGANISATIONS

- Royal Borough of Kingston
- Inner Wheel
- The Alfred Charitable Trust
- Kingston Nursing Association
- Helping Hands
- Kingston Charitable Foundation

CHURCHES

- All Saints, Kingston
- PCC of St Andrews Ham
- United Reformed, Kingston
- St. George's, Tolworth

DONATIONS AND SUPPORTERS

- Copper Mountain Consulting Limited
- Dragons Without Borders Team
- Euphonix Community Choir
- Kew Gardens
- Skipton Building Society
- Mrs. Aruna Jennings
- Mrs. Marjie Grant & Mr. John Woods
- Mrs. Tracey Jennings
- Sir Peter Jennings
- Superdrug Kingston

VOLUNTEERS

We also wish to express our sincere appreciation to our volunteers, both old and new. Your dedication and guidance are the backbone of our organization, and we couldn't operate without you.

- Bee Ong
- Bernadette Farrelly
- Bipasha Sarkar
- Byeongsu Ann (Peter)
- Sabine Ghosh
- Sonia Styles



STATEMENT OF TRUSTEES' RESPONSIBILITIES

DISCLOSURE OF INFORMATION TO INDEPENDENT EXAMINER

In so far as the Trustees are aware:

- there is no relevant audit information of which the charity's Independent Examiner is unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the Independent Examiner is aware of that information.

TRUSTEES RESPONSIBILITIES

The Trustees are responsible for preparing the report and accounts in accordance with applicable law and regulations. Charity law requires the Trustees to prepare accounts for each financial Period. Under that law the Trustees have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under charity law the Trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Charity SORP 2015. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the Trustees

Tormod Sund
Chair

Nicholas Aplas
Treasurer

Date: 23 September 2024



INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the period ended 31 March 2022, which are set out on pages 11 to 20.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The charity's Trustees are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this Period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should

Sian Lewis
Nordens
8 Coldbath Square
EC1R 5HL
London

Date: 23 September 2024



Statement of Financial Activities for the year ended 31 March 2024

Note		Unrestricted funds	Restricted funds	Total funds 2024	2023
		£	£	£	£
	Income				
2	Donation and legacies	15,431	-	15,431	12,525
3	Charitable activities	-	27,056	27,056	7,573
4	Other trading activities	46,700	-	46,700	33,155
5	Investment income	512	-	512	135
6	Other income	456	-	456	351
	Total	63,099	27,056	90,155	53,739
	Expenditure				
7	Charitable activities	(59,688)	(27,056)	(86,744)	(68,085)
	Other	-	-	-	-
	Total	(59,688)	(27,056)	(86,744)	(68,085)
	Net income / (expenditure)	3,411	-	3,411	(14,346)
	Transfers from reserves	-	-	-	23,096
	Transfer between funds	482	(482)	-	-
	Net movement in funds	3,893	(482)	3,411	8,750
	Reconciliation of funds:				
	Total funds brought forward	377,896	482	378,378	369,628
	Total funds carried forward	381,789	-	381,789	378,378



Balance Sheet as at 31 March 2024

Note			2024 funds	2023 funds
		£	£	£
	Fixed assets			
10	Tangible assets		307,472	306,321
	Total fixed assets		307,472	306,321
	Currents assets:			
11	Debtors	7,881		9,893
12	Investments	52,004		51,492
13	Cash at bank and in hand	44,422		17,294
	Total current assets		104,307	78,679
	Liabilities			
14	Creditors: Amounts falling due within one year	29,990		6,622
	Total current liabilities		29,990	6,622
	Net current assets or liabilities		74,317	72,057
	Total net assets or liabilities		381,789	378,378
	The funds of the charity			
	Unrestricted funds	74,317		71,575
	Capital fund	307,472		306,321
15	Restricted Fund	-		482
16	Total charity funds		381,789	378,378

These financial statements were approved by the Executive Committee on 23 September 2024

Tormod Sund

Tormod Sund, Chair
Executive Committee Member

Nicholas Aplas

Nicholas Aplas
Honorary Treasurer



Notes to the financial statements for the year ended 31 March 2024

1 . Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the Period and the preceding Period.

1 .1 Basic of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102)(effective 1 January 2019)-Charities SORP(FRS102) and the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS102).

Kingston WelCare meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical or transaction value unless otherwise stated in the relevant accounting policy note(s).

The financial statements are prepared in £ sterling which is the functional currency of the charity.

1 .2 Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income :

Income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generation funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the Period in which they are receivable.



1.3 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Equipment costs are considered to be minimal and therefore are charged to the Period in which they are purchased.

1.4 Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.5 Tangible fixed assets and depreciation

Fixed assets include freehold property which is stated on an existing use, open market value basis. The property is not depreciated as, in the opinion of the trustees, the residual value will be at least equivalent to the valuation.

All other assets costing more than £250 are capitalised and are stated at historical cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value evenly over its expected useful life, as follows

Computers : over three years commencing in the first quarter after payment

Fixtures & fittings : over five years commencing in the first quarter after payment

1.6 Going Concern

After making enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the annual report and financial statements.



2 Donation and legacies

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024	Total Funds 2023
	£	£	£	£
Church contributions	2,507	-	2,507	3,635
Donation and Miscellaneous	12,924	-	12,924	8,890
Total	15,431	-	15,431	12,525

* All funds in 2023 were unrestricted

3 Charitable activities

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024	Total Funds 2023
	£	£	£	£
Restricted funds				
Kingston Nursing Association	-	1,500	1,500	1,500
RBK Resilience fund	-	22,155	22,155	2,758
RBK-Fuel Cost	-	1,187	1,187	300
Kingston Charitable Foundation	-	744	744	1,750
RBK - Cooking Together	-	1,470	1,470	1,265
Total funds	-	27,056	27,056	7,573

* All funds in 2023 were restricted

4 Other trading activities

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024	Total Funds 2023
	£	£	£	£
Licensee rental income	40,542	-	40,542	26,110
Licensee recharges	104	-	104	283
Hire of rooms	6,054	-	6,054	6,762
Total	46,700	-	46,700	33,155

* All funds in 2023 were unrestricted

5 Investment Income

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024	Total Funds 2023
	£	£	£	£
Bank interest	512	-	512	135

* All funds in 2023 were unrestricted



6 Other Income

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024	Total Funds 2023
	£	£	£	£
Member contributions:				
Miscellaneous	456	-	456	351
Total	456	-	456	351

7 Expenditure on Charitable Activities

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024
	£	£	£	£	£
Directly attributable to projects	41,110	-	41,110	27,056	68,166
Support costs	16,179	2,399	18,578	-	18,578
Total	57,289	2,399	59,688	27,056	86,744

Breakdown of restricted and unrestricted expenditure for 2023

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2023
	£	£	£	£	£
Directly attributable to projects	36,219	-	36,219	14,788	51,007
Support costs	15,167	1,911	17,078	-	17,078
Total	51,386	1,911	53,297	14,788	68,085

Costs directly attributable comprise:

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024	Total Funds 2023
	£	£	£	£	£	£
Salaries	39,964	-	39,964	-	39,964	45,128
Project running costs	796	-	796	27,056	27,852	5,755
Printing, postage & stationery	350	-	350	-	350	124
Total	41,110	-	41,110	27,056	68,166	51,007



Support costs comprise:

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024	Total Funds 2023
	£	£	£	£	£	£
Telephone and IT	3,494	-	3,494	-	3,494	2,844
Gas, electricity & water	3,661	-	3,661	-	3,661	3,352
Premises maintenance	1,726	-	1,726	-	1,726	1,718
Cleaning & hygiene	3,365	-	3,365	-	3,365	2,933
Insurance	2,469	-	2,469	-	2,469	2,256
Depreciation	-	2,399	2,399	-	2,399	1,911
Professional fees	431	-	431	-	431	579
Sundries	193	-	193	-	193	645
Independent examiners fee	840	-	840	-	840	840
Total	16,179	2,399	18,578	-	18,578	17,078

Restricted Funds Expenditure by Major Activities

Activity of programme	Activities undertaken directly	Grant funding of activities	Support costs	Total 2024	Total 2023
	£	£	£	£	£
Holiday Programme	1,500	-	-	1,500	1,500
RBK - Resilience Fund	22,155	-	-	22,155	2,758
BBC-Children in Need	-	-	-	-	7,215
RBK - Fuel Cost	-	-	1,187	1,187	300
Kingston Charitable Foundation	744	-	-	744	1,750
RBK - Cooking Together	1,470	-	-	1,470	1,265
Total	25,869	-	1,187	27,056	14,788

8 Analysis of Employee Costs

	Total Funds 2,024	Total Funds 2,023
	£	£
Salaries	39,072	44,318
Employer pension contributions	542	700
Miscellaneous staff costs	350	111
Total Funds	39,964	45,129

	2024	2023
Average number of employees during the year	2	3

No employee was paid in excess of £60,000 during the year (2022-23nil).

None of the trustees have been paid any remuneration or received any other benefits from an employment.

The employer NICs costs of £2,881 were covered by the employment allowance in 2023-24 (2022-23: £2,971).

Key management personnel include the Director and Administrator. The total employee benefits, including pension costs and employers national insurance contributions of the charity's key management personnel were £39,614 (2023: £37,643).

In the current year, 2 employees (2023: 2) were considered to be key management personnel during the year.



9 Related Party Transactions

No remuneration or expenses were paid directly or indirectly out of the Association's funds to any trustee or to any person or persons known or connected to them.

10 Tangible Fixed Assets

	Freehold land and buildings	Fixtures & Fittings	Computers	Total
	£	£	£	£
Cost or valuation				
At 01 April 2023	300,000	33,741	4,895	338,636
Additions	-	3,550	-	3,550
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers	-	-	-	-
At 31 March 2024	300,000	37,291	4,895	342,186
Depreciation and impairments				
At 1 April 2023	-	27,420	4,895	32,315
Disposals	-	-	-	-
Depreciation	-	2,399	-	2,399
Impairment	-	-	-	-
Transfers	-	-	-	-
At 31 March 2024	-	29,819	4,895	34,714
Net book value at 31 March 2023	300,000	6,321	-	306,321
Net book value at 31 March 2024	300,000	7,472	-	307,472

The freehold property is currently held on Kingston WelCare's behalf by the South London Church Fund and the Southwark Diocesan Board of Finance. No formal valuation has been undertaken by an independent expert. No depreciation is charged on the freehold property as it would be immaterial. Each year the Trustees inspect the property for indications of impairment.

11 Receivables and Accrued Income

	Total Funds 2,024	Total Funds 2,023
	£	£
Receivables	6,425	7,920
Prepayments	1,456	1,973
Total	7,881	9,893

12 Investments

	Total Funds 2,024	Total Funds 2,023
	£	£
Virgin Bank	52,004	51,492



13 Cash at Bank and in Hand

	Total Funds 2,024	Total Funds 2,023
	£	£
Bank current account - NatWest	42,557	15,572
Debit card account - Metro	1,777	1,601
Cash in hand	88	122
Total	44,422	17,294

14 Payables: Amounts falling due within one year

	Total Funds 2,024	Total Funds 2,023
	£	£
Creditors	1,850	1,850
Accrued expenses		
Grants carried forward	24,643	269
Others	3,497	4,503
Total Accrued expenses	28,140	4,772
Total	29,990	6,622

15 Restricted Funds - Grants received in the year

	Grants Received	Balances Brought Forward	Grants for Year Ended 31 Mar 24	Balance Carried Forward
	£	£	£	£
Kingston Nursing Association	1,500	-	1,500	-
RBK - Resilience fund (KW & ASK)	22,155	-	22,155	-
Kingston Charitable Foundation	744	-	744	-
RBK - Resilience fund (Fuel Cost)	1,187	-	1,187	-
RBK -Cooking Together	1,470	-	1,470	-
Total funds	27,056	-	27,056	-



16 Movements in funds

Fund name	Fund balances brought forward	Income	Expenditure	Transfers	Fund balances carried forward
	£	£	£	£	£
Restricted funds					
Kingston Nursing Association	-	1,500	(1,500)	-	-
RBK Resilience Fund (KW & ASK)	-	22,155	(22,155)	-	-
RBK - Fuel Cost	-	1,187	(1,187)	-	-
Kingston Charitable Foundation		744	(744)		-
RBK - Cooking Together	-	1,470	(1,470)	-	-
Brought forward	482	-	-	(482)	-
Restricted funds	482	27,056	(27,056)	(482)	-
Unrestricted funds					
Designated Capital Fund	306,321	3,550	(2,399)	-	307,472
General Fund	71,575	86,605	(84,345)	482	74,317
Projects for Assets		-	-	-	-
Accruals		-	-	-	-
Pension Fund (Short-Term Creditors)	-	-	-	-	-
Unrestricted funds	377,896	90,155	(86,744)	482	381,789
Total funds	378,378	117,211	(113,800)	-	381,789

Purposes of restricted funds

The funds are for services as explained in the trustees report.

Purposes of designated funds

Capital fund: This fund represents the unrestricted funds that are not available for use as they have been used to purchase