



# **TRUSTEES REPORT AND ACCOUNTS** **FOR THE YEAR ENDED 31 MARCH 2023**

**Kingston and District WelCare Association**

**Charity Registration Number: 206286**



## [Contents](#)

<b>WELCOME FROM THE CHAIR</b>	<b>2</b>
<b>OBJECTIVES AND ACTIVITIES</b>	<b>3</b>
<b>ACHIEVEMENTS AND PERFORMANCE</b>	<b>4</b>
<b>PLANS FOR FUTURE PERIODS</b>	<b>5</b>
<b>FINANCIAL REVIEW</b>	<b>5</b>
<b>STRUCTURE, GOVERNANCE AND MANAGEMENT</b>	<b>6</b>
<b>LEGAL AND ADMINISTRATIVE DETAILS</b>	<b>7</b>
<b>OUR THANKS</b>	<b>8</b>
<b>STATEMENT OF TRUSTEES' RESPONSIBILITIES</b>	<b>9</b>
<b>INDEPENDENT EXAMINER'S REPORT</b>	<b>10</b>
<b>STATEMENT OF FINANCIAL ACTIVITIES</b>	<b>11</b>
<b>BALANCE SHEET</b>	<b>12</b>
<b>NOTES TO THE ACCOUNTS</b>	<b>13 TO 21</b>



#### **WELCOME FROM THE CHAIR**

On behalf of the trustees of Kingston WelCare, I am delighted to welcome you to our annual report and accounts for 2023. 2022-2023 was another challenging year for Kingston families. After struggling with the isolation, illness, loss and uncertainty of the pandemic, recovery was slow, and the growing cost of living crisis saw many families struggle financially and with mental health issues. In this context the support Kingston WelCare provides has been and continues to be invaluable.

I would like to start by thanking our dedicated Trustees, Staff, and Volunteers. Without their hard work and commitment, we would not be able to achieve what we do. I would also like to thank our funders and donors for their continued support. Your generosity makes it possible for us to continue to provide vital services to our community.

This year, we focused on transforming our charity through recruitment, refurbishment, a focus on re-introduction activities affected by Covid 19 and collaborating with local and likeminded charities to continue to support the parents and family in the community.

We recruited Sue Skrobanski as our Executive Director and built relationships with other organizations in our community. This helped us to provide more effective and necessary support to our families and to address the root causes of the problems they face.

I am proud of what we have achieved this year. However, we know that there is still more work to be done. We are committed to continuing to provide essential support to those who need it most.

Thank you for your continued support.

Tormod Sund  
Chair of Trustees



## **OBJECTIVES AND ACTIVITIES**

Kingston and District WelCare Association ("Kingston WelCare"), established in the late 1880's, is a Christian based, well-respected local organisation with a rich history in providing parent and child welfare.

Over the decades the services provided have been regularly updated to better meet the changing needs of each generation, moving from supporting unmarried mothers at its inception to the present-day parenting support activities. Our base remains at WelCare House which was substantially refurbished in 1989 with further improvements over the following decades thanks to the Mayor's charity fund and other community contributions.

Our presence in Kingston has been a building block to much bigger things. WelCare's services empower parents, and in so doing creates a perpetual ripple effect. For many families, it only requires small changes to hold the family together. The Kingston community continues to need grass root organisations like Kingston WelCare that offer effective 'early help' at the point of need, so parents do not have to wait until they meet statutory thresholds and require costly interventions.

**Our vision** is of a world where parents have the confidence and skills to build strong relationships with their children, where they and their families have the capacity and resilience to bounce back from life's hard knocks and lead happy fulfilling lives.

### **Our Mission**

Kingston WelCare's mission is to provide a safe, welcoming, and nurturing environment where local families can meet and connect with other parent to share stories and advice. By listening to parents, we seek to work with them and other local organisations to offer professional help as well as providing a range of creative services that benefit children by increasing the confidence, well-being, and resilience of their parents.

### **Our Values**

#### **Compassion and respect**

- Connecting and empathising with parents.
- Starting with parents' needs, respecting them, and treating them with dignity.
- Supporting parents' choices and decisions.
- Respect and celebrate cultural and religious diversity.

#### **Fellowship and cooperation**

- Empowering parents to develop projects and activities that improve their wellbeing and deliver lasting change.
- Help develop and strengthen parental peer support and parental resilience.
- Strengthening local social cohesion by promoting solidarity and cooperation across cultural and religious differences.

To achieve our goals, we provide a caring and safe environment where parents and carers support one another and can shape the projects and activities Kingston WelCare provides.

Through these activities, staff can help parents improve their wellbeing, make lasting change, and build resilience whilst developing cross-cultural supportive connections within the community.



## **ACHIEVEMENTS AND PERFORMANCE**

This year has marked a period of transformation and adaptation for Kingston WelCare. WelCare welcomed its new Director in April 2022, ushering in a post-COVID era that introduced a fresh set of challenges for both families and charitable organizations, notably the escalating cost of living crisis.

### **PlayPlus**

The initiative, funded by BBC Children in Need, was designed to aid young children whose parents, primarily mothers, were facing mental health challenges, notably postnatal depression. The project worker actively engaged and provided support to parents while also creating and facilitating weekly sensory play sessions. These activities were carefully crafted to empower parents in nurturing their children's development, with a specific focus on fostering attachment and strengthening the parent-child bond.

The sensory play experiences played a pivotal role in enhancing children's overall development. The project's funding concluded at the start of this year, and we are currently awaiting confirmation regarding the approval of further funding to continue this project.

### **Families ReConnect**

This service was launched at the beginning of June 2021 with the aim of offering emotional and practical support and advice to Kingston families, signposting families to supportive local services in the shadow of Covid 19 and subsequent lockdown measures. The project ended at the beginning of 2023.

### **Stay and Play**

We continued to run our weekly term time "Stay and Play" playgroup, offering a secure environment for preschool children to engage in play, learning, and enjoyment. In addition, we expanded our focus on improving our listening skills, actively encouraging parents to share any challenges they may be facing in their family life. This enhanced communication aims to empower parents to provide the best possible care for their children.

### **Holiday Activities**

We have continued to offer a range of school holiday activities catering to families with children of all ages. This initiative, funded by the Kingston Nursing Association, enables families to enjoy outings and experiences they might not have been able to afford or felt confident doing independently. Throughout the school holidays, our goal is to organize 2 or 3 activities per week.

This year's activities included visits to the Rose Theatre, Kew Gardens, Hounslow Urban Farm, and picnics in local parks. We also hosted crafting sessions, cooking classes, cake decorating workshops, and, of course, the highly anticipated Christmas Party.

### **Cooking Together**

WelCare and BriteBox collaborated on an innovative pilot project aimed at addressing food insecurity and fostering family unity within Kingston's vulnerable communities. Families cooked a BriteBox meal in the Welcare kitchen. The project was specifically designed to assist families experiencing significant hardship and food insecurity. Participants were selected from various sources, including existing WelCare families, local households already benefiting from BriteBox food assistance, and families known to Refugee Action Kingston.

The key objectives were to involve all the family in meal preparation, promoting healthy eating, enhancing family communication, building cooking skills, supporting emotional wellbeing and having fun as a family. We have obtained further funding from the RBK to continue this project.

### **Organisational development**

One of our initial hurdles was securing additional core funding to sustain WelCare House.

Our trustees, staff, and volunteers worked closely together on a mission and vision statements in accordance with our constitution. We have worked extensively on improving our digital marketing to



raise awareness of our work, resulting in the creation of a new website and a brand-new logo launched in April 2023. We invite you to explore our revamped online presence at [www.kingstonwelcare.org.uk](http://www.kingstonwelcare.org.uk)

#### **PLANS FOR FUTURE PERIODS**

WelCare remains attentive to the difficulties encountered by Kingston Families and shares the local authorities' commitment to enhancing family resilience. We also acknowledge the benefits of forging partnerships with fellow charitable organizations across a range of initiatives and projects. This collaborative approach enables us to merge our skills, knowledge, and expertise, ultimately leading to a more significant and positive impact. Currently, we are actively exploring the potential of two such projects and are awaiting funding decisions.

We are continuing to focus on gaining more core funding to improve the long-term financial sustainability of WelCare and WelCare House.

Overall, our commitment is to continue offering ongoing support to parents with the challenges of parenting, with a focusing on:

- improving parent/family emotional wellbeing
- further developing online support schemes
- reducing the impact of poverty on Kingston families
- increasing parents' confidence and aspirations
- whilst strengthening their parenting skills and family resilience
- which in turn will improve the life chances of young children

#### **FINANCIAL REVIEW**

##### **Financial Result**

Income for the year amounted to £53,739 (2022: £44,207) consisting of church contributions, donations, pledges, and rental income. Total expenditure for the period was £68,085 (2021: £56,616), resulting in a net expenditure of £14,346 (2021: £12,409 net income) before transfers between funds.

##### **Reserves Policy**

The Trustees policy is to maintain reserves of £40,000 to cover, as a minimum, an equivalent of three months operational expenditure and to enable it to respond to opportunities and to provide for emergencies.



## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Constitution**

Kingston WelCare is an unincorporated association with its governing document being its Constitution.

### **Trustees, Advisors and Staff**

All Trustees are appointed by Members at the Annual General Meeting. Below is a list of Trustees during the period:

Tormod Sund (Chair)  
Reverend Sandy Cragg (Vice Chair)  
Aruna Jennings (Secretary)  
Nicholas Aplas (Treasurer)  
Samia Khan  
Anne Nicholson  
Anne Owen  
Mary Ward

In addition, the Trustees are supported by several Advisors. Collectively, the Trustees and Advisors form the Management Committee. The Chair is responsible for the induction of new Committee members. This involves awareness of responsibilities, the governing document, administrative procedures and the history and ethos of the Charity.

The constitution provides for a minimum of four and a maximum of eleven Committee members, at least one of whom is an ordained member of the clergy and one a practising member of a church and these may be joined by advisory members.

The Management Committee is responsible for the recruitment of new Trustees and may co-opt additional Trustees to fill any vacancies that arise at any time during the year. The Committee meets at least six times per calendar year to receive progress reports from the Director and take strategic decisions. Trustees retain the option to call additional Trustees Meetings or Committee Meetings if the need arises.

The Chair of Trustees acts as Line Manager to the Director and the Director acts as Line Manager to the remaining staff. For targeted projects, social workers will also receive case-management, support, and guidance from the Director.

### **Risk Management**

The Trustees have overall responsibility for ensuring that Kingston WelCare has appropriate systems of control, both financial and operational. These systems are designed to provide reasonable, but not absolute, assurance against material mis-statement or loss. During the year, the Trustees continued to regularly review the major financial and operational risks and implement any necessary changes.

The Management Committee and Director are collectively responsible for ensuring the policies are adhered to whilst the Director ensures that all policies are adequately maintained. A full set of policies and procedures are available upon request.



**LEGAL AND ADMINISTRATIVE DETAILS**

**Business Address and Registered Office**

53-55 Canbury Park Road  
Kingston upon Thames  
KT2 6LQ  
[www.welcarekingston.org.uk](http://www.welcarekingston.org.uk)

**Independent Examiner**

Sian Lewis  
Nordens  
8 Coldbath Square  
EC1R 5HL  
London

**Bankers**

National Westminster Bank (Current Account)  
Market Place  
Kingston upon Thames  
KT1 1JX

Virgin Money Plc (Savings Account)  
15-17 Castle St,  
Kingston upon Thames  
KT1 1ST

Metro Bank (Credit Card)  
64-66 Clarence Street  
Kingston upon Thames  
KT1 1NP





## **OUR THANKS**

Kingston WelCare is very grateful to all the funders and donors who make our work for parents possible. This year particular thanks go to:

### **ORGANISATIONS**

Royal Borough of Kingston  
Kingston Voluntary Action  
Inner Wheel Club - Kingston  
Inner Wheel Club - New Malden  
The Alfred Charitable Trust  
Kingston Charitable Foundation  
Kingston Nursing Association

### **CHURCHES**

All Saints, Kingston  
Parochial Church, St Andrews, Ham  
Parochial Church St Paul's, Hook  
PCC of St Andrews Surbiton  
St. George's, Tolworth  
United Reformed, Kingston

### **DONATIONS AND SUPPORTERS**

Copper Mountain Consulting Limited  
Dragons Without Borders Team  
Goodgym  
Kew Gardens  
Mr. & Mrs. Bartlett  
Mrs. Aruna Jennings  
Mrs. Marjie Grant & Mr. John Woods  
Mrs. Sue Skrobanski  
Sir Peter Jennings

### **VOLUNTEERS**

Bee Ong Peter  
Bernadette Farrelly  
Byeongsu Ann (Peter)  
Susan Bradford



**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

**DISCLOSURE OF INFORMATION TO INDEPENDENT EXAMINER**

In so far as the Trustees are aware:

- there is no relevant audit information of which the charity's Independent Examiner is unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the Independent Examiner is aware of that information.

**TRUSTEES RESPONSIBILITIES**

The Trustees are responsible for preparing the report and accounts in accordance with applicable law and regulations. Charity law requires the Trustees to prepare accounts for each financial Period. Under that law the Trustees have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under charity law the Trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Charity SORP 2015. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the Trustees

---

**Tormod Sund**  
Chair

---

**Nicholas Aplas**  
Treasurer

Date: 17 October 2023



#### **INDEPENDENT EXAMINER'S REPORT**

I report on the accounts of the charity for the period ended 31 March 2022, which are set out on pages 11 to 22.

#### **RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER**

The charity's Trustees are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this Period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

#### **BASIS OF INDEPENDENT EXAMINER'S REPORT**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **INDEPENDENT EXAMINER'S STATEMENT**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should

**Sian Lewis**  
**Nordens**  
**8 Coldbath Square**  
**EC1R 5HL**  
**London**

Date: 17 October 2023



Statement of Financial Activities for the year ended 31 March 2023

Note		Unrestricted funds	Restricted funds	Total funds 2023	Total funds 2022
		£	£	£	£
	<b>Income</b>				
2	Donation and legacies	12,525	-	12,525	10,554
3	Charitable activities	-	7,573	7,573	20,653
4	Other trading activities	33,155	-	33,155	12,820
5	Investments	135	-	135	68
6	Other	351	-	351	112
	<b>Total</b>	<b>46,166</b>	<b>7,573</b>	<b>53,739</b>	<b>44,207</b>
	<b>Expenditure</b>				
7	Charitable activities	(53,297)	(14,788)	(68,085)	(56,616)
	Other	-	-	-	-
	<b>Total</b>	<b>(53,297)</b>	<b>(14,788)</b>	<b>(68,085)</b>	<b>(56,616)</b>
	<b>Net income/(expenditure)</b>	<b>(7,131)</b>	<b>(7,215)</b>	<b>(14,346)</b>	<b>(12,409)</b>
19	Transfers from reserves	23,096	-	23,096	-
	Transfer between funds	(7,215)	7,215	-	-
	Transfers to pension fund creditor	-	-	-	(633)
	<b>Net movement in funds</b>	<b>8,750</b>	<b>-</b>	<b>8,750</b>	<b>(11,776)</b>
	<b>Reconciliation of funds:</b>				
	Total funds brought forward	369,146	482	369,628	381,404
	<b>Total funds carried forward</b>	<b>377,896</b>	<b>482</b>	<b>378,378</b>	<b>369,628</b>



Balance Sheet as at 31 March 2023

Note			2023 funds	2022 funds
		£	£	£
	<b>Fixed assets</b>			
11	Tangible assets		306,321	303,333
	<b>Total fixed assets</b>		306,321	303,333
	<b>Currents assets:</b>			
12	Debtors	9,893		10,564
13	Investments	51,492		51,357
14	Cash at bank and in hand	17,294		35,653
	<b>Total current assets</b>		78,679	97,574
	<b>Liabilities</b>			
15	Creditors: Amounts falling due within one year	6,622		25,589
9	Creditors: TPT Retirement Solutions	-		5,690
	<b>Total current liabilities</b>		6,622	31,279
	<b>Net current assets or liabilities</b>		72,057	66,295
	<b>Total net assets or liabilities</b>		378,378	369,628
	<b>The funds of the charity</b>			
18	Unrestricted funds	71,575		65,813
18	Capital fund	306,321		303,333
	Restricted Fund	482		482
	<b>Total charity funds</b>		378,378	369,628

These financial statements were approved by the Executive Committee on 17 October 2023

*Tormod Sund*

Tormod Sund, Chair  
Executive Committee Member

*Nicholas Aplas*

Nicholas Aplas  
Honorary Treasurer



**Notes to the financial statements for the year ended 31 March 2023**

**1. Accounting Policies**

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the Period and the preceding Period.

**1.1 Basic of accounting**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102)(effective 1 January 2019)-Charities SORP(FRS102) and the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS102).

Kingston WelCare meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical or transaction value unless otherwise stated in the relevant accounting policy note(s).

The financial statements are prepared in £ sterling which is the functional currency of the charity.

**1.2 Incoming resources**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income :

Income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generation funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the Period in which they are receivable.

**1.3 Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Equipment costs are considered to be minimal and therefore are charged to the Period in which they are purchased.



#### 1.4 Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

#### 1.5 Tangible fixed assets and depreciation

Fixed assets include freehold property which is stated on an existing use, open market value basis. The property is not depreciated as, in the opinion of the trustees, the residual value will be at least equivalent to the valuation.

All other assets costing more than £250 are capitalised and are stated at historical cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value evenly over its expected useful life, as follows

Computers : over three years commencing in the first quarter after payment

Fixtures & fittings : over five years commencing in the first quarter after payment

#### 1.6 Going Concern

After making enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the annual report and financial statements.

### 2 Donation and legacies

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2023	Total Funds 2022
	£	£	£	£
Church contributions	3,635	-	3,635	2,305
Donation and Miscellaneous	8,890	-	8,890	8,249
<b>Total</b>	<b>12,525</b>	<b>-</b>	<b>12,525</b>	<b>10,554</b>

\* All funds in 2022 were unrestricted

### 3 Charitable activities

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
<b>Restricted funds</b>				
Kingston Nursing Association	-	1,500	1,500	1,500
Community Fund	-	-	-	3,000
RBK Borough Wide Grant	-	2,758	2,758	-
BBC-Children in Need	-	-	-	9,951
RBK-Research Mental Health	-	300	300	-
KVA Community Lottery	-	-	-	4,402
Kingston Charitable Foundation	-	1,750	1,750	-
KVA - Health Inequalities	-	1,265	1,265	-
Helping Hands	-	-	-	1,800
<b>Total funds</b>	<b>-</b>	<b>7,573</b>	<b>7,573</b>	<b>20,653</b>

\* All funds in 2022 were restricted



#### 4 Other trading activities

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2023	Total Funds 2022
	£	£	£	£
Licensee rental income	26,110	-	26,110	9,936
Licensee recharges	283	-	283	104
Hire of rooms	6,762	-	6,762	2,780
<b>Total</b>	<b>33,155</b>	<b>-</b>	<b>33,155</b>	<b>12,820</b>

\* All funds in 2022 were unrestricted

#### 5 Investment Income

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2023	Total Funds 2022
	£	£	£	£
Bank interest	135	-	135	68

\* All funds in 2022 were unrestricted

#### 6 Other

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2023	Total Funds 2022
	£	£	£	£
Member contributions: Miscellaneous	351	-	351	112
<b>Total</b>	<b>351</b>	<b>-</b>	<b>351</b>	<b>112</b>

#### 7 Expenditure on Charitable Activities

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2023
	£	£	£	£	£
Directly attributable to projects	36,219	-	36,219	14,788	51,007
Support costs	15,167	1,911	17,078	-	17,078
<b>Total</b>	<b>51,386</b>	<b>1,911</b>	<b>53,297</b>	<b>14,788</b>	<b>68,085</b>

#### Breakdown of restricted and unrestricted expenditure for 2022

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2022
	£	£	£	£	£
Directly attributable to projects	21,893	-	21,893	20,653	42,546
Support costs	12,322	1,748	14,070	-	14,070
<b>Total</b>	<b>34,215</b>	<b>1,748</b>	<b>35,963</b>	<b>20,653</b>	<b>56,616</b>





**Costs directly attributable comprise:**

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2023	Total Funds 2022
	£	£	£	£	£	£
Salaries	35,627	-	35,627	9,501	<b>45,128</b>	37,162
Project running costs	468	-	468	5,287	<b>5,755</b>	5,174
Printing, postage & stationery	124	-	124	-	<b>124</b>	210
<b>Total</b>	<b>36,219</b>	-	<b>36,219</b>	<b>14,788</b>	<b>51,007</b>	42,546

**Support costs comprise:**

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2023	Total Funds 2022
	£	£	£	£	£	£
Telephone and IT	2,844	-	2,844	-	<b>2,844</b>	2,908
Staff support & recruitment	-	-	-	-	-	175
Gas, electricity & water	3,352	-	3,352	-	<b>3,352</b>	1,938
Premises maintenance	1,718	-	1,718	-	<b>1,718</b>	784
Cleaning & hygiene	2,933	-	2,933	-	<b>2,933</b>	2,606
Insurance	2,256	-	2,256	-	<b>2,256</b>	2,221
Depreciation	-	1,911	1,911	-	<b>1,911</b>	1,748
Professional fees	579	-	579	-	<b>579</b>	515
Sundries	645	-	645	-	<b>645</b>	335
Independent examiners fee	840	-	840	-	<b>840</b>	840
<b>Total</b>	<b>15,167</b>	<b>1,911</b>	<b>17,078</b>	-	<b>17,078</b>	<b>14,070</b>

**Restricted Funds Expenditure by Major Activities**

Activity of programme	Activities undertaken directly	Grant funding of activities	Support costs	Total 2023	Total 2022
	£	£	£	£	£
Holiday Programme	1,500	-	-	<b>1,500</b>	1,500
Community Fund	2,758	-	-	<b>2,758</b>	3,000
BBC-Children in Need	7,215	-	-	<b>7,215</b>	9,951
Parent Mental Health Research	300	-	-	<b>300</b>	4,402
Kingston Charitable Foundation	1,750	-	-	<b>1,750</b>	-
Cooking Together	1,265	-	-	<b>1,265</b>	1,800
<b>Total</b>	<b>14,788</b>	-	-	<b>14,788</b>	<b>20,653</b>



## 8 Analysis of Employee Costs

	<b>Total Funds 2023</b>	<b>Total Funds 2022</b>
	<b>£</b>	<b>£</b>
Salaries	<b>44,318</b>	36,169
Employer pension contributions	<b>700</b>	935
Miscellaneous staff costs	<b>111</b>	233
<b>Total Funds</b>	<b>45,129</b>	37,337

	<b>2023</b>	<b>2022</b>
Average number of employees during the year	<b>3</b>	3

No employee was paid in excess of £60,000 during the year (2021-22 nil).

None of the trustees have been paid any remuneration or received any other benefits from an employment.

The employer NICs costs of £2,971 were covered by the employment allowance in 2022-23 (2021-22: £2,026).

Key management personnel include the Trustees, Interim Director and Administrator. The total employee benefits, including pension costs and employers national insurance contributions of the charity's key management personnel were £37,643 (2022: £23,384). In the current year, 2 employees (2022: 2) were considered to be key management personnel during the year.

## 9 Pension Scheme and Contingent Liability

Kingston WelCare operates pension schemes, staff are members of a defined contribution scheme run through NEST. One Retired staff is in a scheme operated by TPT Retirement Solutions, Kingston WelCare has repaid the pension debt in 2023.

### 9.1 TPT Retirement Solutions

Kingston WelCare has repaid the pension debt £5,690 in full in 2023.

### 9.2 NEST Pension scheme

During the year all other staff were entered into the NEST pension scheme in line with auto enrolment with employer's contribution rates set at 3% and employee's contribution rates set at 5% of pensionable pay. During the year contributions of £699.59 (2021-22: £935.46) were paid into this scheme.

## 10 Related Party Transactions

No remuneration or expenses were paid directly or indirectly out of the Association's funds to any trustee or to any person or persons known or connected to them.



# 11 Tangible Fixed Assets

	Freehold land and buildings	Fixtures & Fittings	Computers	Total
	£	£	£	£
<b>Cost or valuation</b>				
At 01 April 2022	300,000	28,842	4,895	333,737
Additions	-	4,899		4,899
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers	-	-	-	-
<b>At 31 March 2023</b>	<b>300,000</b>	<b>33,741</b>	<b>4,895</b>	<b>338,636</b>
<b>Depreciation and impairments</b>				
At 1 April 2022	-	25,814	4,591	30,405
Disposals	-	-	-	-
Depreciation	-	1,606	304	1,910
Impairment	-	-	-	-
Transfers	-	-	-	-
<b>At 31 March 2023</b>	<b>-</b>	<b>27,420</b>	<b>4,895</b>	<b>32,315</b>
Net book value at 31 March 2022	300,000	3,029	304	303,333
<b>Net book value at 31 March 2023</b>	<b>300,000</b>	<b>6,321</b>	<b>0</b>	<b>306,321</b>

The freehold property is currently held on Kingston WelCare's behalf by the South London Church Fund and the Southwark Diocesan Board of Finance. No formal valuation has been undertaken by an independent expert. No depreciation is charged on the freehold property as it would be immaterial. Each year the Trustees inspect the property for indications of impairment.

# 12 Receivables and Accrued Income

	Total Funds 2023	Total Funds 2022
	£	£
Receivables	7,920	9,667
Prepayments	1,973	897
<b>Total</b>	<b>9,893</b>	<b>10,564</b>



**13 Investments**

	Total Funds 2023	Total Funds 2022
	£	£
Virgin Bank	51,492	51,357

**14 Cash at Bank and in Hand**

	Total Funds 2023	Total Funds 2022
	£	£
Bank current account - NatWest	15,572	34,149
Debit card account - Metro	1,601	1,399
Cash in hand	122	105
<b>Total</b>	<b>17,294</b>	<b>35,653</b>

**15 Payables: Amounts falling due within one year**

	Total Funds 2023	Total Funds 2022
	£	£
Creditors	1,850	-
Accrued expenses		
Grants carried forward	269	20,835
Others	4,503	4,753
Total Accrued expenses	4,772	25,589
<b>Total</b>	<b>6,622</b>	<b>25,589</b>

**16 Restricted Funds - Grants in Advance and Accrued Grant Income**

	Grants Received	Balances Brought Forward	Grants for Period Ended 31 Mar 23	Balance Carried Forward
	£	£	£	£
Kingston Nursing Association	1,500	-	1,500	-
RBK Borough Wide Grant	2,758	-	2,758	-
Kingston Charitable Foundation	1,750	-	1,750	-
RBK-Research Mental Health	300	-	300	-
KVA-Health Inequalities	1,265	-	1,265	-
<b>Total funds</b>	<b>7,573</b>	<b>-</b>	<b>7,573</b>	<b>-</b>



## 17 Analysis of Fund Assets and Liabilities

	Unrestricted Fund	Restricted Fund	Total Funds
	£	£	£
Tangible fixed assets	306,321	-	306,321
Current assets	78,679	-	78,679
Current liabilities	(6,622)	-	(6,622)
<b>Total</b>	<b>378,378</b>	<b>-</b>	<b>378,378</b>

## 18 Movements in funds

Fund name	Fund balances brought forward	Income	Expenditure	Transfers	Fund balances carried forward
	£	£	£	£	£
<b>Restricted funds</b>					
Kingston Nursing Association	-	1,500	(1,500)	-	-
RBK Borough Wide Grant	-	2,758	(2,758)	-	-
BBC-Children in Need	-	-	(7,215)	7,215	-
RBK-Research Mental Health	-	300	(300)	-	-
Kingston Charitable Foundation	-	1,750	(1,750)	-	-
KVA - Health Inequalities	-	1,265	(1,265)	-	-
Brought forward	482	-	-	-	482
<b>Restricted funds</b>	<b>482</b>	<b>7,573</b>	<b>(14,788)</b>	<b>7,215</b>	<b>482</b>
<b>Unrestricted funds</b>					
Designated Capital Fund	303,333	4,899	(1,911)	-	306,321
General Fund	65,813	41,267	(51,386)	15,880	71,574
Projects for Assets	-	2,550	-	(2,550)	-
Accruals	-	20,043	-	(20,043)	-
Pension Fund (Short-Term Creditors)	-	503	-	(503)	-
<b>Unrestricted funds</b>	<b>369,146</b>	<b>69,262</b>	<b>(53,297)</b>	<b>(7,215)</b>	<b>377,895</b>
<b>Total funds</b>	<b>369,628</b>	<b>76,835</b>	<b>(68,085)</b>	<b>-</b>	<b>378,378</b>

### Purposes of restricted funds

The funds are for services as explained in the trustees report.

### Purposes of designated funds

Capital fund: This fund represents the unrestricted funds that are not available for use as they have been used to purchase

Pension fund: In line with the requirements of the current SORP, the pension fund obligation as outlined in Note 9 is now treated as a short term creditor.



19 Transfers

	General Fund	Pension Fund	Total Unrestricted Funds	Restricted Funds
	£	£	£	£
From pension deficit refund	503		503	-
From assets	2,550		2,550	-
From accruals	20,043		20,043	-
<b>Total funds</b>	<b>23,096</b>	-	<b>23,096</b>	-