

THE KINGSTON AND DISTRICT WEL-CARE ASSOCIATION

England & Wales · Charity number 206286

Details

Other names	KINGSTON WELCARE
Status	Registered
Legal form	Other
Registered	1963-03-20
Register	View on the Charity Commission register

Contact

Address	Welcare House 53-55 Canbury Park Road Kingston upon Thames KT2 6LQ
Phone	02085463258
Email	admin@welcarekingston.org.uk
Website	welcarekingston.org.uk

Activities

Objects: THE PROMOTION OF THE CHRISTIAN FAITH AS EXPRESSED IN THE SOCIAL MISSION OF THE CHURCH IN THE AREA OF THE ANGLICAN DEANERY OF KINGSTON.

Activities: Kingston Welcare strives to provide a warm, caring, safe and stimulating environment where parents and children are supported by each other, and project staff offer activities which are designed to make families stronger. The project supports local parents who are seeking support with their parenting skills. The project offers both universal and targeted services to vulnerable families.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty
- **Who:** Children/young People

Geography

- **Area of benefit:** ANGLICAN DEANERY OF KINGSTON
- Kingston Upon Thames
- Surrey

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£99,297	£83,131	-	-
2024-03-31	£90,155	£86,744	-	-
2023-03-31	£53,739	£68,085	-	-
2022-03-31	£44,207	£56,616	-	-
2021-03-31	£77,240	£74,359	-	-

Trustees

Name	Role	Appointed
Tormod Sund	Chair	2015-03-09
Anne Nicholson		2021-10-13
Anne Owen		2021-10-13
Aruna Jennings		2014-09-15
Mary Ward		2014-07-06
Nicholas Aplas		2015-10-14
SANDY CRAGG		
Samia Khan		2020-10-14

THE KINGSTON AND DISTRICT WEL-CARE ASSOCIATION

England & Wales - Charity number 206286

Accounts



TRUSTEES REPORT AND ACCOUNTS **FOR THE YEAR ENDED 31 MARCH 2025**

Kingston and District WelCare Association

Charity Registration Number: 206286

Kingston WelCare is a friendly and welcoming place for parents and families of all backgrounds to meet, support each other, and receive guidance and advice about the daily challenges of parenting.

Our services include regular drop-in family sessions, a cafe and play area, events and activities for families, and support for parents experiencing mental health challenges.



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WELCOME FROM THE CHAIR

I am delighted to share this report, which highlights Kingston WelCare's significant achievements over the past year. It has been both an honour and a pleasure to work alongside our dedicated team and my fellow trustees.

Our work remains deeply rooted in a strong commitment to serving parents, carers, and their families. This year, we strengthened that support through several key initiatives and partnerships, including growing attendance at our Stay & Play and After School Craft Club, expanded cooking programmes and new project launches, such as the Young Carers Family Project with Kingston Young Carers Network, and the three-year PlayPlus programme for parents experiencing postnatal depression, funded by BBC Children in Need.

Looking ahead, we plan to build on these successes, secure long-term funding, recruit more volunteers, and deepen our community partnerships to ensure we can continue to meet the evolving needs of families in Kingston.

These achievements are a direct result of the dedication and adaptability of **Sue Skubanski, our Chief Executive**, and her outstanding team. Our staff, volunteers, and supporters have gone above and beyond to sustain vital services and strengthen local networks.

My heartfelt thanks go to everyone who has supported us financially, including local authorities, individual donors, churches, and corporate partners. Your continued commitment and encouragement are invaluable.

Tormod Sund

Chair of Trustees



OBJECTIVES AND ACTIVITIES

Kingston and District WelCare Association (“Kingston WelCare”), established in the late 1880’s, is a Christian based, well-respected local organisation with a rich history in providing parent and child welfare.

Over the decades the services provided have been regularly updated to better meet the changing needs of each generation, moving from supporting unmarried mothers at its inception to the present-day parenting support activities. Our base remains at WelCare House which was substantially refurbished in 1989 with further improvements over the following decades thanks to the Mayor’s charity fund and other community contributions.

Our presence in Kingston has been a building block to much bigger things. WelCare’s services empower parents and build supportive caring networks, creating a lasting ripple effect. For many families, it only requires small changes to hold the family together. The Kingston community continues to need grass root organisations like Kingston WelCare that offer effective ‘early help’ at the point of need, so parents do not have to wait until they meet statutory thresholds and require costly interventions.

Our vision is of a world where parents have the confidence and skills to build strong relationships with their children, where they and their families have the capacity and resilience to bounce back from life’s hard knocks and lead happy fulfilling lives.

Our Mission

Kingston WelCare’s mission is to provide a safe, welcoming, and nurturing environment where local families can meet and connect with other parents to share stories and advice. By listening to parents, we seek to work with them and other local organisations to offer professional help as well as providing a range of creative services that benefit children by increasing the confidence, well-being, and resilience of their parents.

Our Values

Compassion and respect

- Connecting and empathising with parents.
- Starting with parents’ needs, respecting them, and treating them with dignity.
- Supporting parents’ choices and decisions.
- Respect and celebrate cultural and religious diversity.

Fellowship and cooperation

- Empowering parents to develop projects and activities that improve their wellbeing and deliver lasting change.
- Help develop and strengthen parental peer support and parental resilience.
- Strengthening local social cohesion by promoting solidarity and cooperation across cultural and religious differences.

To achieve our goals, we provide a caring and safe environment where parents and carers support one another and can shape the projects and activities Kingston WelCare provides.

Through these activities, staff can help parents improve their wellbeing, make lasting change, and build resilience whilst developing cross-cultural supportive connections within the community.



ACHIEVEMENTS AND PERFORMANCE

This year, Kingston Welcare Charity has made significant strides in supporting families through various projects and initiatives, marked by strong partnerships and increased community engagement.

Stay and Play and Afterschool sessions

We have continued our partnership with All Saints Church to deliver weekly Stay and Play sessions and monthly afterschool activities, although the number of sessions has been reduced due to funding constraints. These sessions are open to all Kingston families. The Playworker, along with trained volunteers, are on hand to support parents facing challenges that may affect their ability to care for their children, all while ensuring the children have a great time.

Both WelCare and All Saints Church have observed a significant rise in attendance, thanks in large part to the commitment of our Playworker. The support of All Saints Church has been invaluable, particularly through their active role in promoting the sessions. In addition to these sessions, the Playworker organised several children's clothes and toy swap events, which proved to be very successful.

School holiday activities

Our school holiday activities have remained very popular throughout the year. Most of these are generously funded by the Kingston Nursing Association, while others are offered free of charge, such as tickets to the Rose Theatre and Polka Theatre, visits to Hampton Court, and golf sessions at Hampton Court Golf Club. Additional activities, including bowling and the YMCA Pod, are provided by the companies at a reduced cost. We also ran school holiday craft sessions at All Saints Church.

This project enables families to take part in outings and experiences they might otherwise be unable to afford or feel confident attending on their own. During each school holiday, we aim to organise two to three activities per week.

Cooking Together

The Cooking Together project has been a great success, with collaborative sessions delivered in partnership with BriteBox receiving positive feedback from families. Sessions were held in the WelCare kitchen, where families prepared a BriteBox meal together.

The project was designed to support families experiencing significant hardship and food insecurity. Participants were referred through a range of sources, including existing WelCare families, local households already receiving BriteBox food assistance. The key objectives were involving all the family in meal preparation, promoting healthy eating, enhancing family communication, building on cooking skills, supporting emotional wellbeing and having fun as a family. Funding was provided by RBK and SWL Health Inequalities Fund.

Although BriteBox has temporarily suspended their work with us, we have successfully continued the program in-house.

Kingston Young Carer Families project

We delivered two four-week programmes in collaboration with Kingston Young Carers, offering activities for young carers and their families. These afterschool sessions were designed to promote fun, strengthen family communication, and support wellbeing. Families took part in cooking and sharing meals, arts and crafts, and discussions based on the NHS's *Five Ways to Mental Wellbeing*. Parents and children of all ages particularly enjoyed preparing meals together, engaging in creative activities, and exploring the "five steps to happiness."



Funding from the RBK and Health Inequalities Fund has enabled this important work to continue.

PlayPlus

This three-year project, funded by BBC Children in Need, is now well underway. It is designed to support mothers up to three years postpartum who are experiencing mental ill health, including postnatal depression. Mothers are first engaged through one-to-one support and encouragement from the project worker, before being invited to attend sensory play sessions with their children.

PlayPlus provides a safe, welcoming environment where mothers can strengthen their bond with their children through sensory play, storytelling, and other interactive activities. Alongside the group sessions, we offer tailored one-to-one support and encourage the development of peer support networks among participants.

Mothers are supported to build connections with one another, and to grow in confidence along their parenting journey. We understand that parenting can be challenging, and that factors such as social isolation, language barriers, financial hardship, or mental health difficulties can make it even more overwhelming. This project seeks to address those challenges with care and encouragement.

Partnership with Hampton Court Golf Club and GetGolfing

We are delighted to have been selected once again as the Golf Ladies' chosen charity. In addition, we have partnered with GetGolfing, the charity arm of the golf club, who provide valuable support to local organisations. Through this partnership, families have enjoyed taking part in golf sessions both at the club and at WelCare, creating fun and memorable experiences together.

A Community Hub for Charity Activities

In addition to running our own projects, Welcare also supports other charities by offering room hire at competitive rates, along with advice and practical assistance. For example, we supported the establishment of the Migrant Advocacy Service (MAS) project, which delivered cooking sessions for refugee families living in hotels.

Future Plans

We regularly assess our services to ensure consistency across the area and to use resources effectively. In the year ahead, our priority is to expand our projects so they meet the needs of parents, carers and children in Kingston.

We will continue to seek funding to sustain our much-loved initiatives. By welcoming more volunteers, we can run additional sessions and offer stronger support to local families.

Kingston Welcare is dedicated to supporting families and working closely with the local authority to strengthen family resilience. We also value collaboration with other charities, combining skills and knowledge to create an even greater impact within the community.

New projects

We are now receiving surplus food from the KVA project and are sharing food with our families and also cooking healthy snacks and meals.



Families Connect

We are delighted to be launching a new project in partnership with the RBK Community Safety Team: monthly afterschool family sessions at Queen Mary Hall, Cambridge Gardens.

The project aims to strengthen connections among families in Kingston, with a particular focus on those living in and around the Cambridge Road Estate and Cambridge Gardens. Our goals are to support families with their physical and emotional wellbeing, foster a community where families can connect and support one another and build resilience within families for the challenges they face.

FINANCIAL REVIEW

Financial Result

Income for the year amounted to £99,297 (2024: £90,155) consisting of church contributions, donations, pledges, and rental income. Total expenditure for the period was £83,131 (2024: £86,744), resulting in a net income of £16,166 (2024: £3,411 net expenditure) before transfers between funds.

Reserves Policy

The Trustees policy is to maintain reserves of £40,000 to cover, as a minimum, an equivalent of three months operational expenditure and to enable it to respond to opportunities and to provide for emergencies.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution

Kingston WelCare is an unincorporated association with its governing document being its Constitution.

Trustees, Advisors and Staff

All Trustees are appointed by Members at the Annual General Meeting. Below is a list of Trustees during the period:

- Tormod Sund (Chair)
- Reverend Sandy Cragg (Vice Chair)
- Aruna Jennings (Secretary)
- Nicholas Aplas (Treasurer)
- Samia Khan
- Anne Nicholson
- Anne Owen
- Frances McDermott
- Joe Lodge

In addition, the Trustees are supported by several Advisors. Collectively, the Trustees and Advisors form the Management Committee. The Chair is responsible for the induction of new Committee members. This involves awareness of responsibilities, the governing document, administrative procedures and the history and ethos of the Charity.

The constitution provides for a minimum of four and a maximum of eleven Committee members, at least one of whom is an ordained member of the clergy and one a practising member of a church and these may be joined by advisory members.



The Management Committee is responsible for the recruitment of new Trustees and may co-opt additional Trustees to fill any vacancies that arise at any time during the year. The Committee meets at least six times per calendar year to receive progress reports from the Director and take strategic decisions. Trustees retain the option to call additional Trustees Meetings or Committee Meetings if the need arises.

The Chair of Trustees acts as Line Manager to the Director and the Director acts as Line Manager to the remaining staff. For targeted projects, social workers will also receive case-management, support, and guidance from the Director.

Risk Management

The Trustees have overall responsibility for ensuring that Kingston WelCare has appropriate systems of control, both financial and operational. These systems are designed to provide reasonable, but not absolute, assurance against material miss-statement or loss. During the year, the Trustees continued to regularly review the major financial and operational risks and implement any necessary changes.

The Management Committee and Director are collectively responsible for ensuring the policies are adhered to whilst the Director ensures that all policies are adequately maintained. A full set of policies and procedures and the risk register are available upon request.

LEGAL AND ADMINISTRATIVE DETAILS

Business Address and Registered Office

53-55 Canbury Park Road
Kingston upon Thames
KT2 6LQ
www.welcarekingston.org.uk

Independent Examiner

Sian Lewis
Nordens
8 Coldbath Square
EC1R 5HL
London

Bankers

National Westminster Bank (Current Account)
Market Place
Kingston upon Thames
KT1 1JX

Virgin Money Plc (Savings Account)
15-17 Castle St,
Kingston upon Thames
KT1 1ST

Metro Bank (Credit Card)
64-66 Clarence Street
Kingston upon Thames
KT1 1NP



OUR THANKS

Kingston WelCare is very grateful to all the funders and donors who make our work for parents possible. This year particular thanks go to:

Organisations

Royal Borough of Kingston
Inner Wheel
The Alfred Charitable Trust
Kingston Nursing Association
BBC Children in Need
SW London Health Inequalities Fund

Churches

All Saints, Kingston
PCC of St Andrews Ham
United Reformed, Kingston
St. George's, Tolworth
PCC of St Andrew

Donations and Supporters

Copper Mountain Consulting Limited
Euphonix Community Choir
Hampton Court Palace Golf Clubs Ladies
Interval International Ltd
Kew Gardens
Mrs. Aruna Jennings
Mrs. Innes Wills
Mrs. Marjie Grant & Mr. John Woods
Sir Peter Jennings
Waitrose Hampton

Volunteers

Aruna Jennings
Bee Ong
Bernadette Farrelly
Byeongsu Ann (Peter)
Daisy Pumphrey
Halley Elnaugh
Linda Woolston
Lorraine Walker
Natalie Maclean
Pam Boot
Sheila Bryant
Sue Plummer

Hampton Court Palace Golf Ladies:
Harriet Gregory
Joanna Harbottle
Keiko Holt
Lynn Sanger
Teresa Watson

Interval International Limited:
Annie Mercer
Audrey Lepine
Fiona Moore
Laetitia Mazy



STATEMENT OF TRUSTEES' RESPONSIBILITIES

DISCLOSURE OF INFORMATION TO INDEPENDENT EXAMINER

In so far as the Trustees are aware:

- there is no relevant audit information of which the charity's Independent Examiner is unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the Independent Examiner is aware of that information.

TRUSTEES RESPONSIBILITIES

The Trustees are responsible for preparing the report and accounts in accordance with applicable law and regulations. Charity law requires the Trustees to prepare accounts for each financial Period. Under that law the Trustees have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under charity law the Trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Charity SORP 2015. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the Trustees

Tormod Sund

Tormod Sund
Chair

Nicholas Aplas

Nicholas Aplas
Treasurer

Date: 23 October 2025



INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the period ended 31 March 2025, which are set out on pages 11 to 20.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The charity's Trustees are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this Period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should

Sian Lewis
Nordens
8 Coldbath Square
EC1R 5HL
London

Date: 23 October 2025



Statement of Financial Activities for the year ended 31 March 2025

Note		Unrestricted funds	Restricted funds	Total funds 2025	2024
		£	£	£	£
	Income				
2	Donation and legacies	14,933	-	14,933	15,431
3	Charitable activities	-	24,191	24,191	27,056
4	Other trading activities	59,026	-	59,026	46,700
5	Investment income	481	-	481	512
6	Other income	666	-	666	456
	Total	75,106	24,191	99,297	90,155
	Expenditure				
7	Charitable activities	(58,940)	(24,191)	(83,131)	(86,744)
	Other	-	-	-	-
	Total	(58,940)	(24,191)	(83,131)	(86,744)
	Net income / (expenditure)	16,166	-	16,166	3,411
	Transfers from reserves	-	-	-	-
	Transfer between funds	-	-	-	-
	Net movement in funds	16,166	-	16,166	3,411
	Reconciliation of funds:				
	Total funds brought forward	381,789	-	381,789	378,378
	Total funds carried forward	397,955	-	397,955	381,789

TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025



Balance Sheet as at 31 March 2025

Note			2025 funds	2024 funds
		£	£	£
	Fixed assets			
10	Tangible assets		305,368	307,472
	Total fixed assets		305,368	307,472
	Currents assets:			
11	Debtors	1,935		7,881
12	Investments	52,486		52,004
13	Cash at bank and in hand	71,915		44,422
	Total current assets		126,336	104,307
	Liabilities			
14	Creditors: Amounts falling due within one year	33,749		29,990
	Total current liabilities		33,749	29,990
	Net current assets or liabilities		92,587	74,317
	Total net assets or liabilities		397,955	381,789
	The funds of the charity			
	Unrestricted funds	92,587		74,317
	Capital fund	305,368		307,472
15	Restricted Fund	-		-
16	Total charity funds		397,955	381,789

These financial statements were approved by the Executive Committee on 23 October 2025.

Tormod Sund

Tormod Sund, Chair
Executive Committee Member

Nicholas Aplas

Nicholas Aplas
Honorary Treasurer



Notes to the financial statements for the year ended 31 March 2025

1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the Period and the preceding Period.

1.1 Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102)(effective 1 January 2019)-Charities SORP(FRS102) and the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS102).

Kingston WelCare meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical or transaction value unless otherwise stated in the relevant accounting policy note(s).

The financial statements are prepared in £ sterling which is the functional currency of the charity.

1.2 Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income :

Income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generation funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the Period in which they are receivable.



1.3 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Equipment costs are considered to be minimal and therefore are charged to the Period in which they are purchased.

1.4 Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.5 Tangible fixed assets and depreciation

Fixed assets include freehold property which is stated on an existing use, open market value basis. The property is not depreciated as, in the opinion of the trustees, the residual value will be at least equivalent to the valuation.

All other assets costing more than £250 are capitalised and are stated at historical cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value evenly over its expected useful life, as follows

Computers : over three years commencing in the first quarter after payment

Fixtures & fittings : over five years commencing in the first quarter after payment

1.6 Going Concern

After making enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the annual report and financial statements.



2 Donation and legacies

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2025	Total Funds 2024
	£	£	£	£
Church contributions	3,076	-	3,076	2,507
Donation and Miscellaneous	11,857	-	11,857	12,924
Total	14,933	-	14,933	15,431

* All funds in 2024 were unrestricted

3 Charitable activities

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Restricted funds				
Kingston Nursing Association	-	1,500	1,500	1,500
RBK Resilience Fund	-	-	-	22,155
Stay & Play	-	3,137	3,137	-
RBK-Fuel Cost	-	-	-	1,187
Kingston Charitable Foundation	-	-	-	744
BBC - Children in Need	-	14,899	14,899	
Project KVA - Health Inequalities	-	2,685	2,685	
RBK - Cooking Together	-	1,970	1,970	1,470
Total funds	-	24,191	24,191	27,056

* All funds in 2024 were restricted

4 Other trading activities

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2025	Total Funds 2024
	£	£	£	£
Licensee rental income	41,310	-	41,310	40,542
Licensee recharges	287	-	287	104
Hire of rooms	17,428	-	17,428	6,054
Total	59,026	-	59,026	46,700

* All funds in 2024 were unrestricted

5 Investment Income

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2025	Total Funds 2024
	£	£	£	£
Bank interest	481	-	481	512

* All funds in 2024 were unrestricted



6 Other Income

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2025	Total Funds 2024
	£	£	£	£
Member contributions:				
Miscellaneous	666	-	666	456
Total	666	-	666	456

7 Expenditure on Charitable Activities

Charitable expenditure during the year comprised both direct costs attributable to specific projects and support costs necessary to deliver these activities. A breakdown of expenditure for the current and prior year is detailed below.

Expenditure Summary for the Year Ended 31 March 2025:

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2025
	£	£	£
Directly attributable to projects	42,429	24,191	66,620
Support costs	16,511	-	16,511
Total charitable activities	58,940	24,191	83,131

Comparative Expenditure for the Year Ended 31 March 2024:

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024
	£	£	£
Directly attributable to projects	41,110	27,056	68,166
Support costs	18,578	-	18,578
Total charitable activities	59,688	27,056	86,744

Direct costs breakdown:

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2025	Total Funds 2024
	£	£	£	£
Salaries	41,607	-	41,607	39,964
Project running costs	698	24,191	24,889	27,852
Printing, postage & stationery	124	-	124	350
Total direct costs	42,429	24,191	66,620	68,166



Support costs comprise:

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2025	Total Funds 2024
	£	£	£	£
Telephone and IT	1,922	-	1,922	3,494
Gas, electricity & water	3,945	-	3,945	3,661
Premises maintenance	1,273	-	1,273	1,726
Cleaning & hygiene	3,118	-	3,118	3,365
Insurance	2,418	-	2,418	2,469
Professional fees	547	-	547	431
Sundries	344	-	344	193
Independent examiners fee	840	-	840	840
General Fund	14,407	-	14,407	16,179
Depreciation	2,104	-	2,104	2,399
Capital Fund	2,104	-	2,104	2,399
Total support costs	16,511	-	16,511	18,578

Restricted Funds Expenditure by Activity

Activity of programme	Activities undertaken directly	Grant funding of activities	Support costs	Total 2025	Total 2024
	£	£	£	£	£
Holiday Programme	1,500	-	-	1,500	1,500
Stay & Play	3,137	-	-	3,137	22,155
BBC-Children in Need	14,899	-	-	14,899	-
Project KVA - Health Inequalities	2,685	-	-	2,685	1,187
Kingston Charitable Foundation	-	-	-	-	744
RBK - Cooking Together	1,970	-	-	1,970	1,470
Total	24,191	-	-	24,191	27,056

8 Analysis of Employee Costs

	Total Funds 2,025	Total Funds 2,024
	£	£
Salaries	42,057	39,072
Employer pension contributions	632	542
Miscellaneous staff costs	30	350
Total Funds	42,719	39,964

	2025	2024
Average number of employees during the year	3	2

No employee was paid in excess of £60,000 during the year (2023-24: nil).

None of the trustees have been paid any remuneration or received any other benefits from an employment.

The employer NICs costs of £4,138 were covered by the employment allowance in 2024-25 (2023-24: £2,881).

Key management personnel include the Director and Administrator. The total employee benefits, including pension costs and employers national insurance contributions of the charity's key management personnel were £41,607 (2024: £39,614).



9 Related Party Transactions

No remuneration or expenses were paid directly or indirectly out of the Association's funds to any trustee or to any person or persons known or connected to them.

10 Tangible Fixed Assets

	Freehold land and buildings	Fixtures & Fittings	Computers	Total
	£	£	£	£
Cost or valuation				
At 01 April 2024	300,000	37,291	4,895	342,186
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers	-	-	-	-
At 31 March 2025	300,000	37,291	4,895	342,186
Depreciation and impairments				
At 1 April 2024	-	29,819	4,895	34,714
Disposals	-	-	-	-
Depreciation	-	2,104	-	2,104
Impairment	-	-	-	-
Transfers	-	-	-	-
At 31 March 2025	-	31,923	4,895	36,818
Net book value at 31 March 2025	300,000	5,368	-	305,368
Net book value at 31 March 2024	300,000	7,472	-	307,472

The freehold property is currently held on Kingston WelCare's behalf by the South London Church Fund and the Southwark Diocesan Board of Finance. No formal valuation has been undertaken by an independent expert. No depreciation is charged on the freehold property as it would be immaterial. Each year the Trustees inspect the property for indications of impairment.

11 Receivables and Accrued Income

	Total Funds 2,025	Total Funds 2,024
	£	£
Receivables	-	6,425
Prepayments	1,935	1,456
Total	1,935	7,881

12 Investments

	Total Funds 2,025	Total Funds 2,024
	£	£
Virgin Bank	52,486	52,004



13 Cash at Bank and in Hand

	Total Funds 2,025	Total Funds 2,024
	£	£
Bank current account - NatWest	70,184	42,557
Debit card account - Metro	1,663	1,777
Cash in hand	69	88
Total	71,915	44,422

14 Payables: Amounts falling due within one year

	Total Funds 2,025	Total Funds 2,024
	£	£
Creditors	3,700	1,850
Accrued expenses		
Grants carried forward	23,439	24,643
Others	6,610	3,497
Total Accrued expenses	30,049	28,140
Total	33,749	29,990

15 Restricted Funds - Grants received in the year

	Grants Received	Balances Brought Forward	Grants for Year Ended 31 Mar 25	Balance Carried Forward
	£	£	£	£
Kingston Nursing Association	1,500	-	1,500	-
Stay&Play & All Saints sessions	3,137	-	3,137	-
BBC-Children in Need	14,899	-	14,899	-
Project KVA - Health Inequalities	2,685	-	2,685	-
RBK -Cooking Together	1,970	-	1,970	-
Total funds	24,191	-	24,191	-



16 Movements in funds

Fund name	Fund balances brought forward	Income	Expenditure	Transfers	Fund balances carried forward
	£	£	£	£	£
Restricted funds					
Kingston Nursing Association	-	1,500	(1,500)	-	-
Stay&Play & All Saints sessions	-	3,137	(3,137)	-	-
BBC-Children in Need	-	14,899	(14,899)	-	-
Project KVA - Health Inequalities	-	2,685	(2,685)	-	-
RBK -Cooking Together	-	1,970	(1,970)	-	-
Brought forward	-	-	-	-	-
Restricted funds	-	24,191	(24,191)	-	-
Unrestricted funds					
Designated Capital Fund	307,472	-	(2,104)	-	305,368
General Fund	74,317	75,106	(56,836)	-	92,587
Projects for Assets	-	-	-	-	-
Accruals	-	-	-	-	-
Pension Fund (Short-Term Creditors)	-	-	-	-	-
Unrestricted funds	381,789	75,106	(58,940)	-	397,955
Total funds	381,789	99,297	(83,131)	-	397,955

Purposes of restricted funds

The funds are for services as explained in the trustees report.

Purposes of designated funds

Capital fund: This fund represents the unrestricted funds that are not available for use as they have been used to purchase fixed assets.

THE KINGSTON AND DISTRICT WEL-CARE ASSOCIATION

England & Wales - Charity number 206286

Accounts



TRUSTEES REPORT AND ACCOUNTS **FOR THE YEAR ENDED 31 MARCH 2024**

Kingston and District WelCare Association

Charity Registration Number: 206286

Kingston WelCare is a friendly and welcoming place for parents and families of all backgrounds to meet, support each other, and receive guidance and advice about the daily challenges of parenting.

Our services include regular drop-in family sessions, a cafe and play area, events and activities for families, and support for parents experiencing mental health challenges.



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WELCOME FROM THE CHAIR

On behalf of the trustees of Kingston WelCare, I am pleased to present our annual report and accounts for 2024.

This year has been one of growth and resilience as we have made significant progress in supporting Kingston families. With funding from the Royal Borough of Kingston's Community Resilience Fund, we partnered with All Saints Church to launch Stay and Play sessions and After School Family Sessions, providing vital support for parents and enriching experiences for children.

Our collaboration with BriteBox continued to address food insecurity through family cooking sessions, now expanded with additional support from the Southwest London Health Inequalities Fund. We also organized diverse school holiday activities, thanks to the Kingston Nursing Association, offering families access to cultural and recreational experiences.

We developed a new initiative with Kingston Young Carers, set to launch in October 2024, aimed at supporting young carers and their families. Additionally, our PlayPlus project, funded by BBC Children in Need, will support young children whose parents face mental health challenges, launching in Spring 2025.

We are deeply grateful for the generous support from our donors and volunteers, which has been crucial in maintaining our services and overcoming unexpected challenges.

Looking ahead, we are committed to expanding our projects, enhancing family resilience, and strengthening our collaborations. Our focus remains on improving emotional well-being, reducing poverty's impact, and fostering parenting skills to better the lives of young children in Kingston.

We believe Kingston WelCare is well-positioned to continue and grow our positive impact on the lives of families in Kingston in the coming years.

Tormod Sund
Chair of Trustees



OBJECTIVES AND ACTIVITIES

Kingston and District WelCare Association (“Kingston WelCare”), established in the late 1880’s, is a Christian based, well-respected local organisation with a rich history in providing parent and child welfare.

Over the decades the services provided have been regularly updated to better meet the changing needs of each generation, moving from supporting unmarried mothers at its inception to the present-day parenting support activities. Our base remains at WelCare House which was substantially refurbished in 1989 with further improvements over the following decades thanks to the Mayor's charity fund and other community contributions.

Our presence in Kingston has been a building block to much bigger things. WelCare’s services empower parents and build supportive caring networks, creating a lasting ripple effect. For many families, it only requires small changes to hold the family together. The Kingston community continues to need grass root organisations like Kingston WelCare that offer effective ‘early help’ at the point of need, so parents do not have to wait until they meet statutory thresholds and require costly interventions.

Our vision is of a world where parents have the confidence and skills to build strong relationships with their children, where they and their families have the capacity and resilience to bounce back from life’s hard knocks and lead happy fulfilling lives.

Our Mission

Kingston WelCare’s mission is to provide a safe, welcoming, and nurturing environment where local families can meet and connect with other parents to share stories and advice. By listening to parents, we seek to work with them and other local organisations to offer professional help as well as providing a range of creative services that benefit children by increasing the confidence, well-being, and resilience of their parents.

Our Values

Compassion and respect

- Connecting and empathising with parents.
- Starting with parents’ needs, respecting them, and treating them with dignity.
- Supporting parents’ choices and decisions.
- Respect and celebrate cultural and religious diversity.

Fellowship and cooperation

- Empowering parents to develop projects and activities that improve their wellbeing and deliver lasting change.
- Help develop and strengthen parental peer support and parental resilience.
- Strengthening local social cohesion by promoting solidarity and cooperation across cultural and religious differences.

To achieve our goals, we provide a caring and safe environment where parents and carers support one another and can shape the projects and activities Kingston WelCare provides.

Through these activities, staff can help parents improve their wellbeing, make lasting change, and build resilience whilst developing cross-cultural supportive connections within the community.



ACHIEVEMENTS AND PERFORMANCE

The past year has seen significant advancements as we expanded our existing projects and launched new initiatives. We have forged valuable relationships with supporters and organizations, actively promoted our room hire services, and maintained both our house and garden. Throughout, we have remained responsive to the evolving needs of Kingston families, ensuring their voices were heard and addressed.

Kingston WelCare and All Saints Kingston Project

In November, we were delighted to secure funding from the Royal Borough of Kingston's (RBK) Community Resilience Fund to develop an innovative project in partnership with All Saints Church Kingston. The aim is to combine our strengths to empower families, bolster emotional resilience, and provide enriching play experiences for children.

Our approach is distinctive, focusing on supporting parents as they navigate the challenges of parenting. All Saints Church contributes expertise in active listening and offers essential training for staff and volunteers, while WelCare provides deep insights into parental issues, particularly those relating to mental health and emotional well-being.

Cooking Together Project

Our collaboration with BriteBox continues to provide family cooking sessions, aimed at addressing food insecurity and fostering family unity within Kingston's vulnerable communities. These sessions, conducted in the WelCare kitchen, focus on involving the entire family in meal preparation, promoting healthy eating, enhancing family communication, building cooking skills, and supporting emotional well-being. This project targets families experiencing significant hardship and food insecurity, with participants selected from WelCare families, local households benefiting from BriteBox, and families known to Refugee Action Kingston.

We have successfully secured additional funding from RBK and support from the Southwest London (SWL) Health Inequalities Fund to continue this vital project.

Holiday Activities

We have continued to organize a variety of school holiday activities for families with children of all ages. Funded by the Kingston Nursing Association, these activities provide opportunities for families to enjoy outings and experiences they might not otherwise be able to afford or feel confident undertaking alone. The year's activities included visits to the Rose Theatre, Kew Gardens, Hounslow Urban Farm, and local park picnics. We also hosted crafting sessions, cooking classes, and our highly anticipated Christmas Party.

Kingston Young Carer Families Project

In collaboration with Kingston Young Carers, we are excited to introduce a new initiative designed to support young carers and their families. These afterschool sessions, which will include meals, aim to promote fun and strengthen family communication by incorporating the NHS's Five Ways to Mental Wellbeing. This spring, we worked closely with Kingston Young Carers and a dedicated WelCare volunteer to develop this project, which is scheduled to launch in October 2024.



PLANS FOR FUTURE PERIODS

Our focus for the coming year is to continue running and expanding the projects outlined above, ensuring they effectively meet the needs of children and their parents in Kingston. WelCare remains committed to addressing the challenges faced by local families, aligning with the local authority's goal of enhancing family resilience. We also recognize the importance of collaboration with other charitable organizations, as demonstrated by our ongoing partnerships across various initiatives. This collaborative approach allows us to pool our skills, knowledge, and expertise, resulting in a greater and more positive impact on the community.

We are thrilled to have received funding from BBC Children in Need to continue our PlayPlus project. This initiative is focused on supporting young children whose parents, particularly mothers, are struggling with mental health issues, such as postnatal depression. The project delivers activities that enhance parenting skills, foster attachment, and bonding between parent and child, and encourage participation in weekly play sessions. PlayPlus is set to launch in Spring 2025.

Looking ahead, we will continue our efforts to secure more core funding, which is crucial for the long-term financial stability of WelCare and WelCare House. Our overarching commitment is to offer continuous support to parents as they navigate the challenges of parenting, with a focus on:

- Improving parent and family emotional well-being
- Reducing the impact of poverty on Kingston families
- Increasing parents' confidence and aspirations
- Strengthening parenting skills and family resilience

By addressing these areas, we aim to improve the life chances of young children and create a brighter future for Kingston families.

FINANCIAL REVIEW

Financial Result

Income for the year amounted to £90,155 (2023: £53,739) consisting of church contributions, donations, pledges, and rental income. Total expenditure for the period was £86,744 (2023: £68,085), resulting in a net income of £3,411 (2023: £14,346 net expenditure) before transfers between funds.

Reserves Policy

The Trustees policy is to maintain reserves of £40,000 to cover, as a minimum, an equivalent of three months operational expenditure and to enable it to respond to opportunities and to provide for emergencies.



STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution

Kingston WelCare is an unincorporated association with its governing document being its Constitution.

Trustees, Advisors and Staff

All Trustees are appointed by Members at the Annual General Meeting. Below is a list of Trustees during the period:

- Tormod Sund (Chair)
- Reverend Sandy Cragg (Vice Chair)
- Aruna Jennings (Secretary)
- Nicholas Aplas (Treasurer)
- Samia Khan
- Anne Nicholson
- Anne Owen

In addition, the Trustees are supported by several Advisors. Collectively, the Trustees and Advisors form the Management Committee. The Chair is responsible for the induction of new Committee members. This involves awareness of responsibilities, the governing document, administrative procedures and the history and ethos of the Charity.

The constitution provides for a minimum of four and a maximum of eleven Committee members, at least one of whom is an ordained member of the clergy and one a practising member of a church and these may be joined by advisory members.

The Management Committee is responsible for the recruitment of new Trustees and may co-opt additional Trustees to fill any vacancies that arise at any time during the year. The Committee meets at least six times per calendar year to receive progress reports from the Director and take strategic decisions. Trustees retain the option to call additional Trustees Meetings or Committee Meetings if the need arises.

The Chair of Trustees acts as Line Manager to the Director and the Director acts as Line Manager to the remaining staff. For targeted projects, social workers will also receive case-management, support, and guidance from the Director.

Risk Management

The Trustees have overall responsibility for ensuring that Kingston WelCare has appropriate systems of control, both financial and operational. These systems are designed to provide reasonable, but not absolute, assurance against material miss-statement or loss. During the year, the Trustees continued to regularly review the major financial and operational risks and implement any necessary changes.

The Management Committee and Director are collectively responsible for ensuring the policies are adhered to whilst the Director ensures that all policies are adequately maintained. A full set of policies and procedures and the risk register are available upon request.



LEGAL AND ADMINISTRATIVE DETAILS

Business Address and Registered Office

53-55 Canbury Park Road
Kingston upon Thames
KT2 6LQ
www.welcarekingston.org.uk

Independent Examiner

Sian Lewis
Nordens
8 Coldbath Square
EC1R 5HL
London

Bankers

National Westminster Bank (Current Account)
Market Place
Kingston upon Thames
KT1 1JX

Virgin Money Plc (Savings Account)
15-17 Castle St,
Kingston upon Thames
KT1 1ST

Metro Bank (Credit Card)
64-66 Clarence Street
Kingston upon Thames
KT1 1NP



OUR THANKS

We extend our heartfelt thanks to all our supporters for their generous donations, which have greatly enhanced our ability to achieve our goals.

This year particular thanks go to:

ORGANISATIONS

- Royal Borough of Kingston
- Inner Wheel
- The Alfred Charitable Trust
- Kingston Nursing Association
- Helping Hands
- Kingston Charitable Foundation

CHURCHES

- All Saints, Kingston
- PCC of St Andrews Ham
- United Reformed, Kingston
- St. George's, Tolworth

DONATIONS AND SUPPORTERS

- Copper Mountain Consulting Limited
- Dragons Without Borders Team
- Euphonix Community Choir
- Kew Gardens
- Skipton Building Society
- Mrs. Aruna Jennings
- Mrs. Marjie Grant & Mr. John Woods
- Mrs. Tracey Jennings
- Sir Peter Jennings
- Superdrug Kingston

VOLUNTEERS

We also wish to express our sincere appreciation to our volunteers, both old and new. Your dedication and guidance are the backbone of our organization, and we couldn't operate without you.

- Bee Ong
- Bernadette Farrelly
- Bipasha Sarkar
- Byeongsu Ann (Peter)
- Sabine Ghosh
- Sonia Styles



STATEMENT OF TRUSTEES' RESPONSIBILITIES

DISCLOSURE OF INFORMATION TO INDEPENDENT EXAMINER

In so far as the Trustees are aware:

- there is no relevant audit information of which the charity's Independent Examiner is unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the Independent Examiner is aware of that information.

TRUSTEES RESPONSIBILITIES

The Trustees are responsible for preparing the report and accounts in accordance with applicable law and regulations. Charity law requires the Trustees to prepare accounts for each financial Period. Under that law the Trustees have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under charity law the Trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Charity SORP 2015. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the Trustees

Tormod Sund
Chair

Nicholas Aplas
Treasurer

Date: 23 September 2024



INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the period ended 31 March 2022, which are set out on pages 11 to 20.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The charity's Trustees are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this Period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should

**Sian Lewis
Nordens
8 Coldbath Square
EC1R 5HL
London**

Date: 23 September 2024



Statement of Financial Activities for the year ended 31 March 2024

Note		Unrestricted funds	Restricted funds	Total funds 2024	2023
		£	£	£	£
	Income				
2	Donation and legacies	15,431	-	15,431	12,525
3	Charitable activities	-	27,056	27,056	7,573
4	Other trading activities	46,700	-	46,700	33,155
5	Investment income	512	-	512	135
6	Other income	456	-	456	351
	Total	63,099	27,056	90,155	53,739
	Expenditure				
7	Charitable activities	(59,688)	(27,056)	(86,744)	(68,085)
	Other	-	-	-	-
	Total	(59,688)	(27,056)	(86,744)	(68,085)
	Net income / (expenditure)	3,411	-	3,411	(14,346)
	Transfers from reserves	-	-	-	23,096
	Transfer between funds	482	(482)	-	-
	Net movement in funds	3,893	(482)	3,411	8,750
	Reconciliation of funds:				
	Total funds brought forward	377,896	482	378,378	369,628
	Total funds carried forward	381,789	-	381,789	378,378



Balance Sheet as at 31 March 2024

Note			2024 funds	2023 funds
		£	£	£
	Fixed assets			
10	Tangible assets		307,472	306,321
	Total fixed assets		307,472	306,321
	Currents assets:			
11	Debtors	7,881		9,893
12	Investments	52,004		51,492
13	Cash at bank and in hand	44,422		17,294
	Total current assets		104,307	78,679
	Liabilities			
14	Creditors: Amounts falling due within one year	29,990		6,622
	Total current liabilities		29,990	6,622
	Net current assets or liabilities		74,317	72,057
	Total net assets or liabilities		381,789	378,378
	The funds of the charity			
	Unrestricted funds	74,317		71,575
	Capital fund	307,472		306,321
15	Restricted Fund	-		482
16	Total charity funds		381,789	378,378

These financial statements were approved by the Executive Committee on 23 September 2024

Tormod Sund

Tormod Sund, Chair
Executive Committee Member

Nicholas Aplas

Nicholas Aplas
Honorary Treasurer



Notes to the financial statements for the year ended 31 March 2024

1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the Period and the preceding Period.

1.1 Basic of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102)(effective 1 January 2019)-Charities SORP(FRS102) and the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS102).

Kingston WelCare meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical or transaction value unless otherwise stated in the relevant accounting policy note(s).

The financial statements are prepared in £ sterling which is the functional currency of the charity.

1.2 Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income :

Income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generation funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the Period in which they are receivable.



1.3 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Equipment costs are considered to be minimal and therefore are charged to the Period in which they are purchased.

1.4 Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.5 Tangible fixed assets and depreciation

Fixed assets include freehold property which is stated on an existing use, open market value basis. The property is not depreciated as, in the opinion of the trustees, the residual value will be at least equivalent to the valuation.

All other assets costing more than £250 are capitalised and are stated at historical cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value evenly over its expected useful life, as follows

Computers : over three years commencing in the first quarter after payment

Fixtures & fittings : over five years commencing in the first quarter after payment

1.6 Going Concern

After making enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the annual report and financial statements.



2 Donation and legacies

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024	Total Funds 2023
	£	£	£	£
Church contributions	2,507	-	2,507	3,635
Donation and Miscellaneous	12,924	-	12,924	8,890
Total	15,431	-	15,431	12,525

* All funds in 2023 were unrestricted

3 Charitable activities

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Restricted funds				
Kingston Nursing Association	-	1,500	1,500	1,500
RBK Resilience fund	-	22,155	22,155	2,758
RBK-Fuel Cost	-	1,187	1,187	300
Kingston Charitable Foundation	-	744	744	1,750
RBK - Cooking Together	-	1,470	1,470	1,265
Total funds	-	27,056	27,056	7,573

* All funds in 2023 were restricted

4 Other trading activities

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024	Total Funds 2023
	£	£	£	£
Licensee rental income	40,542	-	40,542	26,110
Licensee recharges	104	-	104	283
Hire of rooms	6,054	-	6,054	6,762
Total	46,700	-	46,700	33,155

* All funds in 2023 were unrestricted

5 Investment Income

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024	Total Funds 2023
	£	£	£	£
Bank interest	512	-	512	135

* All funds in 2023 were unrestricted



6 Other Income

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024	Total Funds 2023
	£	£	£	£
Member contributions:				
Miscellaneous	456	-	456	351
Total	456	-	456	351

7 Expenditure on Charitable Activities

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024
	£	£	£	£	£
Directly attributable to projects	41,110	-	41,110	27,056	68,166
Support costs	16,179	2,399	18,578	-	18,578
Total	57,289	2,399	59,688	27,056	86,744

Breakdown of restricted and unrestricted expenditure for 2023

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2023
	£	£	£	£	£
Directly attributable to projects	36,219	-	36,219	14,788	51,007
Support costs	15,167	1,911	17,078	-	17,078
Total	51,386	1,911	53,297	14,788	68,085

Costs directly attributable comprise:

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024	Total Funds 2023
	£	£	£	£	£	£
Salaries	39,964	-	39,964	-	39,964	45,128
Project running costs	796	-	796	27,056	27,852	5,755
Printing, postage & stationery	350	-	350	-	350	124
Total	41,110	-	41,110	27,056	68,166	51,007



Support costs comprise:

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2024	Total Funds 2023
	£	£	£	£	£	£
Telephone and IT	3,494	-	3,494	-	3,494	2,844
Gas, electricity & water	3,661	-	3,661	-	3,661	3,352
Premises maintenance	1,726	-	1,726	-	1,726	1,718
Cleaning & hygiene	3,365	-	3,365	-	3,365	2,933
Insurance	2,469	-	2,469	-	2,469	2,256
Depreciation	-	2,399	2,399	-	2,399	1,911
Professional fees	431	-	431	-	431	579
Sundries	193	-	193	-	193	645
Independent examiners fee	840	-	840	-	840	840
Total	16,179	2,399	18,578	-	18,578	17,078

Restricted Funds Expenditure by Major Activities

Activity of programme	Activities undertaken directly	Grant funding of activities	Support costs	Total 2024	Total 2023
	£	£	£	£	£
Holiday Programme	1,500	-	-	1,500	1,500
RBK - Resilience Fund	22,155	-	-	22,155	2,758
BBC-Children in Need	-	-	-	-	7,215
RBK - Fuel Cost	-	-	1,187	1,187	300
Kingston Charitable Foundation	744	-	-	744	1,750
RBK - Cooking Together	1,470	-	-	1,470	1,265
Total	25,869	-	1,187	27,056	14,788

8 Analysis of Employee Costs

	Total Funds 2,024	Total Funds 2,023
	£	£
Salaries	39,072	44,318
Employer pension contributions	542	700
Miscellaneous staff costs	350	111
Total Funds	39,964	45,129

	2024	2023
Average number of employees during the year	2	3

No employee was paid in excess of £60,000 during the year (2022-23nil).

None of the trustees have been paid any remuneration or received any other benefits from an employment.

The employer NICs costs of £2,881 were covered by the employment allowance in 2023-24 (2022-23: £2,971).

Key management personnel include the Director and Administrator. The total employee benefits, including pension costs and employers national insurance contributions of the charity's key management personnel were £39,614 (2023: £37,643).

In the current year, 2 employees (2023: 2) were considered to be key management personnel during the year.



9 Related Party Transactions

No remuneration or expenses were paid directly or indirectly out of the Association's funds to any trustee or to any person or persons known or connected to them.

10 Tangible Fixed Assets

	Freehold land and buildings	Fixtures & Fittings	Computers	Total
	£	£	£	£
Cost or valuation				
At 01 April 2023	300,000	33,741	4,895	338,636
Additions	-	3,550	-	3,550
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers	-	-	-	-
At 31 March 2024	300,000	37,291	4,895	342,186
Depreciation and impairments				
At 1 April 2023	-	27,420	4,895	32,315
Disposals	-	-	-	-
Depreciation	-	2,399	-	2,399
Impairment	-	-	-	-
Transfers	-	-	-	-
At 31 March 2024	-	29,819	4,895	34,714
Net book value at 31 March 2023	300,000	6,321	-	306,321
Net book value at 31 March 2024	300,000	7,472	-	307,472

The freehold property is currently held on Kingston WelCare's behalf by the South London Church Fund and the Southwark Diocesan Board of Finance. No formal valuation has been undertaken by an independent expert. No depreciation is charged on the freehold property as it would be immaterial. Each year the Trustees inspect the property for indications of impairment.

11 Receivables and Accrued Income

	Total Funds	Total Funds
	2,024	2,023
	£	£
Receivables	6,425	7,920
Prepayments	1,456	1,973
Total	7,881	9,893

12 Investments

	Total Funds	Total Funds
	2,024	2,023
	£	£
Virgin Bank	52,004	51,492



13 Cash at Bank and in Hand

	Total Funds 2,024	Total Funds 2,023
	£	£
Bank current account - NatWest	42,557	15,572
Debit card account - Metro	1,777	1,601
Cash in hand	88	122
Total	44,422	17,294

14 Payables: Amounts falling due within one year

	Total Funds 2,024	Total Funds 2,023
	£	£
Creditors	1,850	1,850
Accrued expenses		
Grants carried forward	24,643	269
Others	3,497	4,503
Total Accrued expenses	28,140	4,772
Total	29,990	6,622

15 Restricted Funds - Grants received in the year

	Grants Received	Balances Brought Forward	Grants for Year Ended 31 Mar 24	Balance Carried Forward
	£	£	£	£
Kingston Nursing Association	1,500	-	1,500	-
RBK - Resilience fund (KW & ASK)	22,155	-	22,155	-
Kingston Charitable Foundation	744	-	744	-
RBK - Resilience fund (Fuel Cost)	1,187	-	1,187	-
RBK -Cooking Together	1,470	-	1,470	-
Total funds	27,056	-	27,056	-



16 Movements in funds

Fund name	Fund balances brought forward	Income	Expenditure	Transfers	Fund balances carried forward
	£	£	£	£	£
Restricted funds					
Kingston Nursing Association	-	1,500	(1,500)	-	-
RBK Resilience Fund (KW & ASK)	-	22,155	(22,155)	-	-
RBK - Fuel Cost	-	1,187	(1,187)	-	-
Kingston Charitable Foundation		744	(744)		
RBK - Cooking Together	-	1,470	(1,470)	-	-
Brought forward	482	-	-	(482)	-
Restricted funds	482	27,056	(27,056)	(482)	-
Unrestricted funds					
Designated Capital Fund	306,321	3,550	(2,399)	-	307,472
General Fund	71,575	86,605	(84,345)	482	74,317
Projects for Assets		-	-	-	-
Accruals		-	-	-	-
Pension Fund (Short-Term Creditors)	-	-	-	-	-
Unrestricted funds	377,896	90,155	(86,744)	482	381,789
Total funds	378,378	117,211	(113,800)	-	381,789

Purposes of restricted funds

The funds are for services as explained in the trustees report.

Purposes of designated funds

Capital fund: This fund represents the unrestricted funds that are not available for use as they have been used to purchase

THE KINGSTON AND DISTRICT WEL-CARE ASSOCIATION

England & Wales - Charity number 206286

Accounts



TRUSTEES REPORT AND ACCOUNTS **FOR THE YEAR ENDED 31 MARCH 2023**

Kingston and District WelCare Association

Charity Registration Number: 206286



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WELCOME FROM THE CHAIR

On behalf of the trustees of Kingston WelCare, I am delighted to welcome you to our annual report and accounts for 2023. 2022-2023 was another challenging year for Kingston families. After struggling with the isolation, illness, loss and uncertainty of the pandemic, recovery was slow, and the growing cost of living crisis saw many families struggle financially and with mental health issues. In this context the support Kingston WelCare provides has been and continues to be invaluable.

I would like to start by thanking our dedicated Trustees, Staff, and Volunteers. Without their hard work and commitment, we would not be able to achieve what we do. I would also like to thank our funders and donors for their continued support. Your generosity makes it possible for us to continue to provide vital services to our community.

This year, we focused on transforming our charity through recruitment, refurbishment, a focus on re-introduction activities affected by Covid 19 and collaborating with local and likeminded charities to continue to support the parents and family in the community.

We recruited Sue Skrobanski as our Executive Director and built relationships with other organizations in our community. This helped us to provide more effective and necessary support to our families and to address the root causes of the problems they face.

I am proud of what we have achieved this year. However, we know that there is still more work to be done. We are committed to continuing to provide essential support to those who need it most.

Thank you for your continued support.

Tormod Sund
Chair of Trustees



OBJECTIVES AND ACTIVITIES

Kingston and District WelCare Association (“Kingston WelCare”), established in the late 1880’s, is a Christian based, well-respected local organisation with a rich history in providing parent and child welfare.

Over the decades the services provided have been regularly updated to better meet the changing needs of each generation, moving from supporting unmarried mothers at its inception to the present-day parenting support activities. Our base remains at WelCare House which was substantially refurbished in 1989 with further improvements over the following decades thanks to the Mayor's charity fund and other community contributions.

Our presence in Kingston has been a building block to much bigger things. WelCare’s services empower parents, and in so doing creates a perpetual ripple effect. For many families, it only requires small changes to hold the family together. The Kingston community continues to need grass root organisations like Kingston WelCare that offer effective ‘early help’ at the point of need, so parents do not have to wait until they meet statutory thresholds and require costly interventions.

Our vision is of a world where parents have the confidence and skills to build strong relationships with their children, where they and their families have the capacity and resilience to bounce back from life’s hard knocks and lead happy fulfilling lives.

Our Mission

Kingston WelCare’s mission is to provide a safe, welcoming, and nurturing environment where local families can meet and connect with other parent to share stories and advice. By listening to parents, we seek to work with them and other local organisations to offer professional help as well as providing a range of creative services that benefit children by increasing the confidence, well-being, and resilience of their parents.

Our Values

Compassion and respect

- Connecting and empathising with parents.
- Starting with parents’ needs, respecting them, and treating them with dignity.
- Supporting parents’ choices and decisions.
- Respect and celebrate cultural and religious diversity.

Fellowship and cooperation

- Empowering parents to develop projects and activities that improve their wellbeing and deliver lasting change.
- Help develop and strengthen parental peer support and parental resilience.
- Strengthening local social cohesion by promoting solidarity and cooperation across cultural and religious differences.

To achieve our goals, we provide a caring and safe environment where parents and carers support one another and can shape the projects and activities Kingston WelCare provides.

Through these activities, staff can help parents improve their wellbeing, make lasting change, and build resilience whilst developing cross-cultural supportive connections within the community.



ACHIEVEMENTS AND PERFORMANCE

This year has marked a period of transformation and adaptation for Kingston WelCare. WelCare welcomed its new Director in April 2022, ushering in a post-COVID era that introduced a fresh set of challenges for both families and charitable organizations, notably the escalating cost of living crisis.

PlayPlus

The initiative, funded by BBC Children in Need, was designed to aid young children whose parents, primarily mothers, were facing mental health challenges, notably postnatal depression. The project worker actively engaged and provided support to parents while also creating and facilitating weekly sensory play sessions. These activities were carefully crafted to empower parents in nurturing their children's development, with a specific focus on fostering attachment and strengthening the parent-child bond.

The sensory play experiences played a pivotal role in enhancing children's overall development. The project's funding concluded at the start of this year, and we are currently awaiting confirmation regarding the approval of further funding to continue this project.

Families ReConnect

This service was launched at the beginning of June 2021 with the aim of offering emotional and practical support and advice to Kingston families, signposting families to supportive local services in the shadow of Covid 19 and subsequent lockdown measures. The project ended at the beginning of 2023.

Stay and Play

We continued to run our weekly term time "Stay and Play" playgroup, offering a secure environment for preschool children to engage in play, learning, and enjoyment. In addition, we expanded our focus on improving our listening skills, actively encouraging parents to share any challenges they may be facing in their family life. This enhanced communication aims to empower parents to provide the best possible care for their children.

Holiday Activities

We have continued to offer a range of school holiday activities catering to families with children of all ages. This initiative, funded by the Kingston Nursing Association, enables families to enjoy outings and experiences they might not have been able to afford or felt confident doing independently. Throughout the school holidays, our goal is to organize 2 or 3 activities per week.

This year's activities included visits to the Rose Theatre, Kew Gardens, Hounslow Urban Farm, and picnics in local parks. We also hosted crafting sessions, cooking classes, cake decorating workshops, and, of course, the highly anticipated Christmas Party.

Cooking Together

WelCare and BriteBox collaborated on an innovative pilot project aimed at addressing food insecurity and fostering family unity within Kingston's vulnerable communities. Families cooked a BriteBox meal in the Welcare kitchen. The project was specifically designed to assist families experiencing significant hardship and food insecurity. Participants were selected from various sources, including existing WelCare families, local households already benefiting from BriteBox food assistance, and families known to Refugee Action Kingston.

The key objectives were to involve all the family in meal preparation, promoting healthy eating, enhancing family communication, building cooking skills, supporting emotional wellbeing and having fun as a family. We have obtained further funding from the RBK to continue this project.

Organisational development

One of our initial hurdles was securing additional core funding to sustain WelCare House.

Our trustees, staff, and volunteers worked closely together on a mission and vision statements in accordance with our constitution. We have worked extensively on improving our digital marketing to



raise awareness of our work, resulting in the creation of a new website and a brand-new logo launched in April 2023. We invite you to explore our revamped online presence at www.kingstonwelcare.org.uk

PLANS FOR FUTURE PERIODS

WelCare remains attentive to the difficulties encountered by Kingston Families and shares the local authorities' commitment to enhancing family resilience. We also acknowledge the benefits of forging partnerships with fellow charitable organizations across a range of initiatives and projects. This collaborative approach enables us to merge our skills, knowledge, and expertise, ultimately leading to a more significant and positive impact. Currently, we are actively exploring the potential of two such projects and are awaiting funding decisions.

We are continuing to focus on gaining more core funding to improve the long-term financial sustainability of WelCare and WelCare House.

Overall, our commitment is to continue offering ongoing support to parents with the challenges of parenting, with a focusing on:

- improving parent/family emotional wellbeing
- further developing online support schemes
- reducing the impact of poverty on Kingston families
- increasing parents' confidence and aspirations
- whilst strengthening their parenting skills and family resilience
- which in turn will improve the life chances of young children

FINANCIAL REVIEW

Financial Result

Income for the year amounted to £53,739 (2022: £44,207) consisting of church contributions, donations, pledges, and rental income. Total expenditure for the period was £68,085 (2021: £56,616), resulting in a net expenditure of £14,346 (2021: £12,409 net income) before transfers between funds.

Reserves Policy

The Trustees policy is to maintain reserves of £40,000 to cover, as a minimum, an equivalent of three months operational expenditure and to enable it to respond to opportunities and to provide for emergencies.



STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution

Kingston WelCare is an unincorporated association with its governing document being its Constitution.

Trustees, Advisors and Staff

All Trustees are appointed by Members at the Annual General Meeting. Below is a list of Trustees during the period:

Tormod Sund (Chair)
Reverend Sandy Cragg (Vice Chair)
Aruna Jennings (Secretary)
Nicholas Aplas (Treasurer)
Samia Khan
Anne Nicholson
Anne Owen
Mary Ward

In addition, the Trustees are supported by several Advisors. Collectively, the Trustees and Advisors form the Management Committee. The Chair is responsible for the induction of new Committee members. This involves awareness of responsibilities, the governing document, administrative procedures and the history and ethos of the Charity.

The constitution provides for a minimum of four and a maximum of eleven Committee members, at least one of whom is an ordained member of the clergy and one a practising member of a church and these may be joined by advisory members.

The Management Committee is responsible for the recruitment of new Trustees and may co-opt additional Trustees to fill any vacancies that arise at any time during the year. The Committee meets at least six times per calendar year to receive progress reports from the Director and take strategic decisions. Trustees retain the option to call additional Trustees Meetings or Committee Meetings if the need arises.

The Chair of Trustees acts as Line Manager to the Director and the Director acts as Line Manager to the remaining staff. For targeted projects, social workers will also receive case-management, support, and guidance from the Director.

Risk Management

The Trustees have overall responsibility for ensuring that Kingston WelCare has appropriate systems of control, both financial and operational. These systems are designed to provide reasonable, but not absolute, assurance against material miss-statement or loss. During the year, the Trustees continued to regularly review the major financial and operational risks and implement any necessary changes.

The Management Committee and Director are collectively responsible for ensuring the policies are adhered to whilst the Director ensures that all policies are adequately maintained. A full set of policies and procedures are available upon request.



LEGAL AND ADMINISTRATIVE DETAILS

Business Address and Registered Office

53-55 Canbury Park Road
Kingston upon Thames
KT2 6LQ
www.welcarekingston.org.uk

Independent Examiner

Sian Lewis
Nordens
8 Coldbath Square
EC1R 5HL
London

Bankers

National Westminster Bank (Current Account)
Market Place
Kingston upon Thames
KT1 1JX

Virgin Money Plc (Savings Account)
15-17 Castle St,
Kingston upon Thames
KT1 1ST

Metro Bank (Credit Card)
64-66 Clarence Street
Kingston upon Thames
KT1 1NP



OUR THANKS

Kingston WelCare is very grateful to all the funders and donors who make our work for parents possible. This year particular thanks go to:

ORGANISATIONS

Royal Borough of Kingston
Kingston Voluntary Action
Inner Wheel Club - Kingston
Inner Wheel Club - New Malden
The Alfred Charitable Trust
Kingston Charitable Foundation
Kingston Nursing Association

CHURCHES

All Saints, Kingston
Parochial Church, St Andrews, Ham
Parochial Church St Paul's, Hook
PCC of St Andrews Surbiton
St. George's, Tolworth
United Reformed, Kingston

DONATIONS AND SUPPORTERS

Copper Mountain Consulting Limited
Dragons Without Borders Team
Goodgym
Kew Gardens
Mr. & Mrs. Bartlett
Mrs. Aruna Jennings
Mrs. Marjie Grant & Mr. John Woods
Mrs. Sue Skrobanski
Sir Peter Jennings

VOLUNTEERS

Bee Ong Peter
Bernadette Farrelly
Byeongsu Ann (Peter)
Susan Bradford



STATEMENT OF TRUSTEES' RESPONSIBILITIES

DISCLOSURE OF INFORMATION TO INDEPENDENT EXAMINER

In so far as the Trustees are aware:

- there is no relevant audit information of which the charity's Independent Examiner is unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the Independent Examiner is aware of that information.

TRUSTEES RESPONSIBILITIES

The Trustees are responsible for preparing the report and accounts in accordance with applicable law and regulations. Charity law requires the Trustees to prepare accounts for each financial Period. Under that law the Trustees have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under charity law the Trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Charity SORP 2015. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the Trustees

Tormod Sund

Tormod Sund
Chair

Nicholas Aplas

Nicholas Aplas
Treasurer

Date: 17 October 2023



INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the period ended 31 March 2022, which are set out on pages 11 to 22.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The charity's Trustees are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this Period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should

Sian Lewis
Nordens
8 Coldbath Square
EC1R 5HL
London

Date: 17 October 2023



Statement of Financial Activities for the year ended 31 March 2023

Note		Unrestricted funds	Restricted funds	Total funds 2023	Total funds 2022
		£	£	£	£
	Income				
2	Donation and legacies	12,525	-	12,525	10,554
3	Charitable activities	-	7,573	7,573	20,653
4	Other trading activities	33,155	-	33,155	12,820
5	Investments	135	-	135	68
6	Other	351	-	351	112
	Total	46,166	7,573	53,739	44,207
	Expenditure				
7	Charitable activities	(53,297)	(14,788)	(68,085)	(56,616)
	Other	-	-	-	-
	Total	(53,297)	(14,788)	(68,085)	(56,616)
	Net income/(expenditure)	(7,131)	(7,215)	(14,346)	(12,409)
19	Transfers from reserves	23,096	-	23,096	-
	Transfer between funds	(7,215)	7,215	-	-
	Transfers to pension fund creditor	-	-	-	(633)
	Net movement in funds	8,750	-	8,750	(11,776)
	Reconciliation of funds:				
	Total funds brought forward	369,146	482	369,628	381,404
	Total funds carried forward	377,896	482	378,378	369,628



Balance Sheet as at 31 March 2023

Note			2023 funds	2022 funds
		£	£	£
	Fixed assets			
11	Tangible assets		306,321	303,333
	Total fixed assets		306,321	303,333
	Currents assets:			
12	Debtors	9,893		10,564
13	Investments	51,492		51,357
14	Cash at bank and in hand	17,294		35,653
	Total current assets		78,679	97,574
	Liabilities			
15	Creditors: Amounts falling due within one year	6,622		25,589
9	Creditors: TPT Retirement Solutions	-		5,690
	Total current liabilities		6,622	31,279
	Net current assets or liabilities		72,057	66,295
	Total net assets or liabilities		378,378	369,628
	The funds of the charity			
18	Unrestricted funds	71,575		65,813
18	Capital fund	306,321		303,333
	Restricted Fund	482		482
	Total charity funds		378,378	369,628

These financial statements were approved by the Executive Committee on 17 October 2023

Tormod Sund

Tormod Sund, Chair
Executive Committee Member

Nicholas Aplas

Nicholas Aplas
Honorary Treasurer



Notes to the financial statements for the year ended 31 March 2023

1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the Period and the preceding Period.

1.1 Basic of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102)(effective 1 January 2019)-Charities SORP(FRS102) and the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS102).

Kingston WelCare meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical or transaction value unless otherwise stated in the relevant accounting policy note(s).

The financial statements are prepared in £ sterling which is the functional currency of the charity.

1.2 Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income :

Income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generation funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the Period in which they are receivable.

1.3 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Equipment costs are considered to be minimal and therefore are charged to the Period in which they are purchased.



1.4 Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.5 Tangible fixed assets and depreciation

Fixed assets include freehold property which is stated on an existing use, open market value basis. The property is not depreciated as, in the opinion of the trustees, the residual value will be at least equivalent to the valuation.

All other assets costing more than £250 are capitalised and are stated at historical cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value evenly over its expected useful life, as follows

Computers : over three years commencing in the first quarter after payment

Fixtures & fittings : over five years commencing in the first quarter after payment

1.6 Going Concern

After making enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the annual report and financial statements.

2 Donation and legacies

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2023	Total Funds 2022
	£	£	£	£
Church contributions	3,635	-	3,635	2,305
Donation and Miscellaneous	8,890	-	8,890	8,249
Total	12,525	-	12,525	10,554

* All funds in 2022 were unrestricted

3 Charitable activities

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Restricted funds				
Kingston Nursing Association	-	1,500	1,500	1,500
Community Fund	-	-	-	3,000
RBK Borough Wide Grant	-	2,758	2,758	-
BBC-Children in Need	-	-	-	9,951
RBK-Research Mental Health	-	300	300	-
KVA Community Lottery	-	-	-	4,402
Kingston Charitable Foundation	-	1,750	1,750	-
KVA - Health Inequalities	-	1,265	1,265	-
Helping Hands	-	-	-	1,800
Total funds	-	7,573	7,573	20,653

* All funds in 2022 were restricted



4 Other trading activities

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2023	Total Funds 2022
	£	£	£	£
Licensee rental income	26,110	-	26,110	9,936
Licensee recharges	283	-	283	104
Hire of rooms	6,762	-	6,762	2,780
Total	33,155	-	33,155	12,820

* All funds in 2022 were unrestricted

5 Investment Income

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2023	Total Funds 2022
	£	£	£	£
Bank interest	135	-	135	68

* All funds in 2022 were unrestricted

6 Other

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2023	Total Funds 2022
	£	£	£	£
Member contributions: Miscellaneous	351	-	351	112
Total	351	-	351	112

7 Expenditure on Charitable Activities

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2023
	£	£	£	£	£
Directly attributable to projects	36,219	-	36,219	14,788	51,007
Support costs	15,167	1,911	17,078	-	17,078
Total	51,386	1,911	53,297	14,788	68,085

Breakdown of restricted and unrestricted expenditure for 2022

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2022
	£	£	£	£	£
Directly attributable to projects	21,893	-	21,893	20,653	42,546
Support costs	12,322	1,748	14,070	-	14,070
Total	34,215	1,748	35,963	20,653	56,616



Costs directly attributable comprise:

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2023	Total Funds 2022
	£	£	£	£	£	£
Salaries	35,627	-	35,627	9,501	45,128	37,162
Project running costs	468	-	468	5,287	5,755	5,174
Printing, postage & stationery	124	-	124	-	124	210
Total	36,219	-	36,219	14,788	51,007	42,546

Support costs comprise:

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2023	Total Funds 2022
	£	£	£	£	£	£
Telephone and IT	2,844	-	2,844	-	2,844	2,908
Staff support & recruitment	-	-	-	-	-	175
Gas, electricity & water	3,352	-	3,352	-	3,352	1,938
Premises maintenance	1,718	-	1,718	-	1,718	784
Cleaning & hygiene	2,933	-	2,933	-	2,933	2,606
Insurance	2,256	-	2,256	-	2,256	2,221
Depreciation	-	1,911	1,911	-	1,911	1,748
Professional fees	579	-	579	-	579	515
Sundries	645	-	645	-	645	335
Independent examiners fee	840	-	840	-	840	840
Total	15,167	1,911	17,078	-	17,078	14,070

Restricted Funds Expenditure by Major Activities

Activity of programme	Activities undertaken directly	Grant funding of activities	Support costs	Total 2023	Total 2022
	£	£	£	£	£
Holiday Programme	1,500	-	-	1,500	1,500
Community Fund	2,758	-	-	2,758	3,000
BBC-Children in Need	7,215	-	-	7,215	9,951
Parent Mental Health Research	300	-	-	300	4,402
Kingston Charitable Foundation	1,750	-	-	1,750	-
Cooking Together	1,265	-	-	1,265	1,800
Total	14,788	-	-	14,788	20,653



8 Analysis of Employee Costs

	Total Funds 2023	Total Funds 2022
	£	£
Salaries	44,318	36,169
Employer pension contributions	700	935
Miscellaneous staff costs	111	233
Total Funds	45,129	37,337

	2023	2022
Average number of employees during the year	3	3

No employee was paid in excess of £60,000 during the year (2021-22 nil).

None of the trustees have been paid any remuneration or received any other benefits from an employment.

The employer NICs costs of £2,971 were covered by the employment allowance in 2022-23 (2021-22: £2,026).

Key management personnel include the Trustees, Interim Director and Administrator. The total employee benefits, including pension costs and employers national insurance contributions of the charity's key management personnel were £37,643 (2022: £23,384). In the current year, 2 employees (2022: 2) were considered to be key management personnel during the year.

9 Pension Scheme and Contingent Liability

Kingston WelCare operates pension schemes, staff are members of a defined contribution scheme run through NEST. One Retired staff is in a scheme operated by TPT Retirement Solutions, Kingston WelCare has repaid the pension debt in 2023.

9.1 TPT Retirement Solutions

Kingston WelCare has repaid the pension debt £5,690 in full in 2023.

9.2 NEST Pension scheme

During the year all other staff were entered into the NEST pension scheme in line with auto enrolment with employer's contribution rates set at 3% and employee's contribution rates set at 5% of pensionable pay. During the year contributions of £699.59 (2021-22: £935.46) were paid into this scheme.

10 Related Party Transactions

No remuneration or expenses were paid directly or indirectly out of the Association's funds to any trustee or to any person or persons known or connected to them.



11 Tangible Fixed Assets

	Freehold land and buildings	Fixtures & Fittings	Computers	Total
	£	£	£	£
Cost or valuation				
At 01 April 2022	300,000	28,842	4,895	333,737
Additions	-	4,899	-	4,899
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers	-	-	-	-
At 31 March 2023	300,000	33,741	4,895	338,636
Depreciation and impairments				
At 1 April 2022	-	25,814	4,591	30,405
Disposals	-	-	-	-
Depreciation	-	1,606	304	1,910
Impairment	-	-	-	-
Transfers	-	-	-	-
At 31 March 2023	-	27,420	4,895	32,315
Net book value at 31 March 2022	300,000	3,029	304	303,333
Net book value at 31 March 2023	300,000	6,321	0	306,321

The freehold property is currently held on Kingston WelCare's behalf by the South London Church Fund and the Southwark Diocesan Board of Finance. No formal valuation has been undertaken by an independent expert. No depreciation is charged on the freehold property as it would be immaterial. Each year the Trustees inspect the property for indications of impairment.

12 Receivables and Accrued Income

	Total Funds 2023	Total Funds 2022
	£	£
Receivables	7,920	9,667
Prepayments	1,973	897
Total	9,893	10,564



13 Investments

	Total Funds 2023	Total Funds 2022
	£	£
Virgin Bank	51,492	51,357

14 Cash at Bank and in Hand

	Total Funds 2023	Total Funds 2022
	£	£
Bank current account - NatWest	15,572	34,149
Debit card account - Metro	1,601	1,399
Cash in hand	122	105
Total	17,294	35,653

15 Payables: Amounts falling due within one year

	Total Funds 2023	Total Funds 2022
	£	£
Creditors	1,850	-
Accrued expenses		
Grants carried forward	269	20,835
Others	4,503	4,753
Total Accrued expenses	4,772	25,589
Total	6,622	25,589

16 Restricted Funds - Grants in Advance and Accrued Grant Income

	Grants Received	Balances Brought Forward	Grants for Period Ended 31 Mar 23	Balance Carried Forward
	£	£	£	£
Kingston Nursing Association	1,500	-	1,500	-
RBK Borough Wide Grant	2,758	-	2,758	-
Kingston Charitable Foundation	1,750	-	1,750	-
RBK-Research Mental Health	300	-	300	-
KVA-Health Inequalities	1,265	-	1,265	-
Total funds	7,573	-	7,573	-



17 Analysis of Fund Assets and Liabilities

	Unrestricted Fund	Restricted Fund	Total Funds
	£	£	£
Tangible fixed assets	306,321	-	306,321
Current assets	78,679	-	78,679
Current liabilities	(6,622)	-	(6,622)
Total	378,378	-	378,378

18 Movements in funds

Fund name	Fund balances brought forward	Income	Expenditure	Transfers	Fund balances carried forward
	£	£	£	£	£
Restricted funds					
Kingston Nursing Association	-	1,500	(1,500)	-	-
RBK Borough Wide Grant	-	2,758	(2,758)	-	-
BBC-Children in Need	-	-	(7,215)	7,215	-
RBK-Research Mental Health	-	300	(300)	-	-
Kingston Charitable Foundation	-	1,750	(1,750)	-	-
KVA - Health Inequalities	-	1,265	(1,265)	-	-
Brought forward	482	-	-	-	482
Restricted funds	482	7,573	(14,788)	7,215	482
Unrestricted funds					
Designated Capital Fund	303,333	4,899	(1,911)	-	306,321
General Fund	65,813	41,267	(51,386)	15,880	71,574
Projects for Assets	-	2,550	-	(2,550)	-
Accruals	-	20,043	-	(20,043)	-
Pension Fund (Short-Term Creditors)	-	503	-	(503)	-
Unrestricted funds	369,146	69,262	(53,297)	(7,215)	377,895
Total funds	369,628	76,835	(68,085)	-	378,378

Purposes of restricted funds

The funds are for services as explained in the trustees report.

Purposes of designated funds

Capital fund: This fund represents the unrestricted funds that are not available for use as they have been used to purchase

Pension fund: In line with the requirements of the current SORP, the pension fund obligation as outlined in Note 9 is now treated as a short term creditor.



19 Transfers

	General Fund	Pension Fund	Total Unrestricted Funds	Restricted Funds
	£	£	£	£
From pension deficit refund	503		503	-
From assets	2,550		2,550	-
From accruals	20,043		20,043	-
Total funds	23,096	-	23,096	-

THE KINGSTON AND DISTRICT WEL-CARE ASSOCIATION

England & Wales - Charity number 206286

Accounts



TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022

**Kingston and District WelCare
Association**



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WELCOME FROM THE CHAIR

On behalf of the Trustees, I am delighted to introduce our Annual Report and Accounts which demonstrate the progress we have made in the year.

We are very proud of how WelCare staff and volunteers have worked through a challenging year as we restarted our services and projects.

We continue our work developing WelCare to meet the needs of our service users. This year we have reengaged with our mission and vision statement and started work on improving how we engage, communicate and collaborate with our service users, supporters and the wider Kingston community. We also developed new links with other local organisations with a view to creating collaborative projects in a challenging funding climate for small charities. This will enable us to continue to offer vital support in the coming year as Kingston families are facing the long-term effects of the pandemic and a cost-of-living crisis.

We renewed our efforts to strengthen families by supporting parents and carers, including:

- In the summer 2021 we launched our Families Reconnect program to rebuild peer support and reconnect families with the local community after the pandemic
- We relaunched our Stay and Play in the WelCare garden to support parents
- We restarted our offer of Holiday Activities for Kingston Families
- The PlayPlus project restarted face to face sessions supporting parents with post-natal depression.

Each of these programmes and activities are outlined in more detail in the Achievements and Performance sections below.

WelCare's success depends on assistance of our long standing and new funders and donors as well as the staff, volunteers, parents, trustees, supporters and partners within our community. I welcome this opportunity to give you all our thanks for all for all your support.

Kingston Welcare has been supporting families since the 1880's and our adaptive approach to service ensured we continued to do so during this unprecedented year, and we will continue to support parents and carers in need.



OBJECTIVES AND ACTIVITIES

Kingston and District WelCare Association (“Kingston WelCare”), established in the late 1880’s, is a Christian based, well-respected local organisation with a rich history in providing parent and child welfare.

Over the decades the services provided have been regularly updated better to meet the changing needs of each generation, moving from supporting unmarried mothers at its inception to the present-day parenting support activities. Our base remains at WelCare House which was substantially refurbished in 1989 with further improvements over the following decades thanks to the Mayor's charity fund and other community contributions.

Our presence in Kingston has been a building block to much bigger things. WelCare’s services empower parents, and in so doing creates a perpetual ripple effect. For many families, it only requires small changes to hold the family together. The Kingston community continues to need grass root organisations like Kingston WelCare that offer effective ‘early help’ at the point of need, so parents do not have to wait till they meet statutory thresholds and require costly interventions.

Our vision is of a world where parents have the confidence and skills to build strong relationships with their children, where they and their families have the capacity and resilience to bounce back from life’s hard knocks and lead happy fulfilling lives.

Our Mission

Kingston WelCare’s mission is to provide a safe, welcoming, and nurturing environment where local families can meet and connect with other parent to share stories and advice. By listening to parents, we seek to work with them and other local organisations to offer professional help as well as providing a range of creative services that benefit children by increasing the confidence, well-being and resilience of their parents.

Our Values

Compassion and respect

- Connecting and empathising with parents
- Starting with parents’ needs, respecting them and treating them with dignity
- Supporting parents’ choices and decisions
- Respect and celebrate cultural and religious diversity

Fellowship and cooperation

- Empowering parents to develop projects and activities that improve their wellbeing and deliver lasting change
- Help develop and strengthen parental peer support and parental resilience
- Strengthening local social cohesion by promoting solidarity and cooperation across cultural and religious differences

To achieve our goals, we provide a caring and safe environment where parents and carers support one another and can shape the projects and activities Kingston WelCare provides.

Through these activities, staff can help parents improve their wellbeing, make lasting change and build resilience whilst developing cross-cultural supportive connections within the community.



ACHIEVEMENTS AND PERFORMANCE

This has been a challenging year for both families and for WelCare staff, volunteers and trustees. The previous manager Marjie Grant retired at the end of March 2021, and we operated for a year without a permanent manager. We had less rental income that we rely upon to cover some of our core costs. Nevertheless, thanks to the amazing dedication of the staff, volunteers and trustees we continued to offer services and adjusted to the changing government Covid guidance.

The effects of the previous year's lockdown on both children and parents became apparent. Children needed to further develop their social skills. Many parents struggled with isolation in the lockdowns continued to be anxious and needed to gain confidence in meeting others and managing the Covid contact restrictions. Additionally, several families suffered from the consequences of housing issues, financial difficulties, relationship challenges and possible unemployment exacerbated by the previous year of Covid lockdowns.

Families ReConnect

We secured funding from Kingston Voluntary Action for our Families ReConnect Project. This service was launched at the beginning of June 2021 with the aim of offering emotional and practical support and advice to Kingston families, signposting to supportive local services in the shadow of covid 19 and subsequent lockdown measures. Following a successful 6 months we were awarded an RBK Community Grant which allowed us to continue to offer support for a further three months.

The project was facilitated by a qualified social worker, who offered support for 9 hours per week, working flexibly to meet the needs of families, Monday through Wednesday. Parents received support via phone, emails and face to face.

A variety of issues were addressed through our Re-Connect Project. New parents were seeking to build relationships locally following the relaxing of Covid lockdown measures. Parents were particularly concerned about the lack of socialisation amongst very young children during the months of lockdown and were seeking activities which engaged children in play alongside their peers. Our referrals also saw health workers seeking community- based support for vulnerable parents who had struggled with mental health issues during the lockdown period. These families are the focus of our work at Kingston WelCare and we were pleased to be able to offer families ongoing contact and support through participation in our weekly face to face mother and toddler parent support groups.

Stay and Play

Fortunately, we were able to run our Stay and Play playgroup once a week. We complied with the Covid restrictions including distancing and the wearing of masks and used our garden extensively. Numbers were restricted and parents had to book.

Children gained confidence in playing with each other and their social skills developed. Parents were relieved to be able to share experiences and challenges they were experiencing. All enjoyed the social contact.

Holiday Activities

We were able to provide holiday activities at WelCare house and organised several craft and activity sessions. Again, we were required to be mindful of numbers, so we ensured that we provided a number of sessions thus enabling all families to be able to attend several sessions. There were some visits/sessions in the local park. Parents, staff and volunteers were understandably anxious about travelling a distance to venues and being in crowded venues. We are grateful to have vital funding for our holiday activities from Kingston Nursing Association.



PlayPlus

The PlayPlus project that started in January 2020 continues to run and is funded by BBC Children in Need. It provides support for parents who have post-natal depression and their children. Fortunately, families were able to meet face to face during the period covered by this report. The play sessions provided mothers with help with their emotional and mental health issues. Evidence shows that children learn and develop best through good play opportunities. Children's development is enhanced through the sensory play which is included in the PlayPlus sessions. One aim of these sessions is to enhance the attachment and bonding between the child and the mother. Another aim is to support and encourage the reading of books by parents to their children.

Some mothers were supported solely by phone call, WhatsApp and email, because they either didn't feel ready to socialise with a group of people or felt anxious about going out.

PLANS FOR FUTURE PERIODS

During the last two years we needed to consolidate our services. We now hope to develop more services/projects in collaboration with other organisations. We will focus on gaining more core funding to improve the long-term financial sustainability of WelCare and WelCare House, thus we need to further develop our fundraising activities.

We aim to continue with the ongoing provision of family mental health support services in the community, including:

- improving family emotional wellbeing
- continue to develop online support schemes
- reducing the impact of poverty on Kingston families
- increasing parents' confidence and aspirations
- whilst strengthening their parenting skills and family resilience
- which in turn will improve the life chances of young children

FINANCIAL REVIEW

Financial Result

Income for the year amounted to £44,207 (2021: £77,240) consisting of church contributions, donations, pledges and rental income. Total expenditure for the period was £56,616 (2021: £74,359), resulting in a net expenditure of £12,409 (2021: £2,881 net income) before transfers between funds.

Reserves Policy

The Trustees policy is to maintain reserves of £40,000 to cover, as a minimum, an equivalent of three months operational expenditure and to enable it to respond to opportunities and to provide for emergencies.



STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution

Kingston WelCare is an unincorporated association with its governing document being its Constitution.

Trustees, Advisors and Staff

All Trustees are appointed by Members at the Annual General Meeting. Below is a list of Trustees during the period:

Tormod Sund (Chair)
Reverend Sandy Cragg (Vice Chair)
Aruna Jennings (Secretary)
Nicholas Aplas (Treasurer)
Mary Ward
Samia Khan
Anne Nicholson
Anne Owen

In addition, the Trustees are supported by several Advisors. Collectively, the Trustees and Advisors form the Management Committee. The Chair is responsible for the induction of new Committee members. This involves awareness of responsibilities, the governing document, administrative procedures and the history and ethos of the Charity.

The constitution provides for a minimum of four and a maximum of eleven Committee members, at least one of whom is an ordained member of the clergy and one a practising member of a church and these may be joined by advisory members.

The Management Committee is responsible for the recruitment of new Trustees and may co-opt additional Trustees to fill any vacancies that arise at any time during the year. The Committee meets at least six times per calendar year to receive progress reports from the Project Manager and take strategic decisions. Trustees retain the option to call additional Trustees Meetings or Committee Meetings if the need arises.

The Chair of Trustees acts as Line Manager to the Project Manager and the Project Manager acts as Line Manager to the remaining staff. For targeted projects, social workers will also receive case-management, support and guidance from the Project Development Manager.

Risk Management

The Trustees have overall responsibility for ensuring that Kingston WelCare has appropriate systems of control, both financial and operational. These systems are designed to provide reasonable, but not absolute, assurance against material miss-statement or loss. During the year, the Trustees continued to regularly review the major financial and operational risks and implement any necessary changes.

The Management Committee and Project Manager are collectively responsible for ensuring the policies are adhered to whilst the Project Manager ensures that all policies are adequately maintained. A full set of policies and procedures are available upon request.



LEGAL AND ADMINISTRATIVE DETAILS

Business Address and Registered Office

53-55 Canbury Park Road
Kingston upon Thames
KT2 6LQ
www.welcarekingston.org.uk

Independent Examiner

Sian Lewis
Lewis & Co Chartered Accountants
8 Coldbath Square
EC1R 5HL
London

Bankers

National Westminster Bank (Current Account)
Market Place
Kingston upon Thames
KT1 1JX

Virgin Money Plc (Savings Account)
15-17 Castle St,
Kingston upon Thames
KT1 1ST

Metro Bank (Credit Card)
64-66 Clarence Street
Kingston upon Thames
KT1 1NP



OUR THANKS

Kingston WelCare is very grateful to all the funders and donors who make our work for parents possible. This year particular thanks go to:

Organisations

Royal Borough of Kingston
BBC - Children in Need
Kingston Voluntary Action
Inner Wheel
The Alfred Charitable Trust
Kingston Nursing Association
National Lottery Community Fund
Helping Hands

Churches

All Saints, Kingston
PCC of St Andrews
United Reformed, Kingston
St. George's, Tolworth

Donations and Supporters

Canbury Street Christmas light on
Copper Mountain Consulting Limited
Dragons Without Borders Team
Goodgym
Kew Gardens
Mrs Aruna Jennings
Mr & Mrs Bartlett
Mrs Marjie Grant & Mr. John Woods
Mrs Samia Khan
Mrs Tracey Jennings
Sir Peter Jennings
TK Maxx
Waitrose Kingston



STATEMENT OF TRUSTEES' RESPONSIBILITIES

Disclosure of Information to Independent Examiner

In so far as the Trustees are aware:

- there is no relevant audit information of which the charity's Independent Examiner is unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the Independent Examiner is aware of that information.

Trustees Responsibilities

The Trustees are responsible for preparing the report and accounts in accordance with applicable law and regulations. Charity law requires the Trustees to prepare accounts for each financial Period. Under that law the Trustees have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under charity law the Trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Charity SORP 2015. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the Trustees

Tormod Sund

Tormod Sund
Chair

Nicholas Aplas

Nicholas Aplas
Treasurer

Date: 20th October 2022



INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the period ended 31 March 2022, which are set out on pages 11 to 22.

Respective Responsibilities of Trustees and Examiner

The charity's Trustees are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this Period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts

set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should

.....
Sian Lewis
Lewis & Co (Chartered Accountants)
8 Coldbath Square
EC1R 5HL
London

Date: 20th October 2022

KINGSTON & DISTRICT WELCARE ASSOCIATION

Statement of financial activities
For the year ended 31 March 2022

Note		Unrestricted funds	Restricted funds	Total funds 2022	Total funds 2021
		£	£	£	£
	Income from:				
2	Donation and legacies	10,554	-	10,554	37,964
3	Charitable activities	-	20,653	20,653	19,435
4	Other trading activities	12,820	-	12,820	19,590
5	Investments	68	-	68	251
6	Other	112	-	112	-
	Total	23,554	20,653	44,207	77,240
	Expenditure on:				
7	Charitable activities	(35,963)	(20,653)	(56,616)	(74,359)
	Total	(35,963)	(20,653)	(56,616)	(74,359)
	Net gains/(losses) on investments				
	Net income/(expenditure)	(12,409)	-	(12,409)	2,881
19	Transfers between funds	-	-	-	-
19	Transfers to pension fund creditor	633	-	(633)	-
	Net movement in funds	(11,776)	-	(11,776)	2,881
	Reconciliation of funds:				
	Total funds brought forward	380,922	482	381,404	378,523
	Total funds carried forward	369,146	482	369,628	381,404

KINGSTON & DISTRICT WELCARE ASSOCIATION

**Balance Sheet
As at 31 March 2022**

Note ref.			2022 funds	2021 funds
		£	£	£
	Fixed assets :			
11	Tangible assets		303,333	305,081
	Total fixed assets		303,333	305,081
	Currents assets:			
12	Debtors	10,564		3,739
13	Investments	51,357		51,288
14	Cash at bank and in hand	35,653		51,227
	Total current assets		97,574	106,254
	Liabilities:			
15	Creditors: Amounts falling due within one year	25,589		23,608
9	Creditors: TPT Retirement Solutions	5,690		-
	Total current liabilities		31,279	23,608
	Net current assets or liabilities		66,295	82,646
9	Creditors: Amounts falling due after more than one year		-	6,323
	Total net assets or liabilities		369,628	381,404
	The funds of the charity:			
18	Unrestricted funds	65,813		75,841
18	Capital fund	303,333		305,081
	Restricted Fund	482		482
	Total charity funds		369,628	381,404

These financial statements were approved by the Executive Committee on 20 October 2022

Tormod Sund

**Tormod Sund, Chair
Executive Committee Member**

Nicholas Aplas

**Nicholas Aplas
Hon Treasurer**

KINGSTON & DISTRICT WELCARE ASSOCIATION

Charity Registration Number : 206286

Notes to financial statements for the Period ended 31 March 2022

1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the Period and the preceding Period.

1.1 Basic of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102)(effective 1 January 2019)-Charities SORP(FRS102) and the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS102).

Kingston WelCare meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical or transaction value unless otherwise stated in the relevant accounting policy note(s).

The financial statements are prepared in £ sterling which is the functional currency of the charity.

1.2 Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income :

Income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generation funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the Period in which they are receivable.

1.3 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Equipment costs are considered to be minimal and therefore are charged to the Period in which they are purchased.

1.4 Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.5 Tangible fixed assets and depreciation

Fixed assets include freehold property which is stated on an existing use, open market value basis. The property is not depreciated as, in the opinion of the trustees, the residual value will be at least equivalent to the valuation.

All other assets costing more than £250 are capitalised and are stated at historical cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value evenly over its expected useful life, as follows

Computers : over three years commencing in the first quarter after payment

Fixtures & fittings : over five years commencing in the first quarter after payment

1.6 Going Concern

After making enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the annual report and financial statements.

KINGSTON & DISTRICT WELCARE ASSOCIATION

**Notes to the Financial Statements
For the year ended 31 March 2022**

2 Donation and legacies

	General Fund	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2022	Total Funds 2021
	£	£	£	£	£
Grant - RBK(Covid-19)	-	-	-	-	21,485
Church contributions	2,305	2,305	-	2,305	2,205
Hilden Charitable	-	-	-	-	5,000
Donation and Miscellaneous	8,249	8,249	-	8,249	9,274
Total	10,554	10,554	-	10,554	37,964

* All funds in 2021 were unrestricted

3 Charitable activities

	Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
	£	£	£	£
Restricted funds				
Kingston Nursing Association	-	1,500	1,500	1,250
Community Fund	-	3,000	3,000	3,783
BBC-Children in Need	-	9,951	9,951	9,951
BBC-Booster	-	-	-	2,564
KVA Community Lottery	-	4,402	4,402	
Love Kingston	-	-	-	1,887
Helping Hands	-	1,800	1,800	
Total funds	-	20,653	20,653	19,435

* All funds in 2021 were restricted

4 Other trading activities

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2022	Total Funds 2021
	£	£	£	£
Licensee rental income	9,936	-	9,936	16,560
Licensee recharges	104	-	104	-
Hire of rooms	2,780	-	2,780	3,030
Total	12,820	-	12,820	19,590

* All funds in 2021 were unrestricted

KINGSTON & DISTRICT WELCARE ASSOCIATION

**Notes to the Financial Statements
For the year ended 31 March 2022**

5 Investment Income

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2022	Total Funds 2021
	£	£	£	£
Bank interest receivable	68	-	68	251

* All funds in 2021 were unrestricted

6 Other

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2022	Total Funds 2021
	£	£	£	£
Member contributions:				
Miscellaneous	112	-	112	-
Total	112	-	112	-

KINGSTON & DISTRICT WELCARE ASSOCIATION

Notes to the Financial Statements
For the year ended 31 March 2022

7 Expenditure on Charitable Activities

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2022	Total Funds 2021
	£	£	£	£	£	£
Costs directly attributable to the project	21,893	-	21,893	20,653	42,546	60,495
Support costs	12,322	1,748	14,070	-	14,070	13,864
Total	34,215	1,748	35,963	20,653	56,616	74,359

a) Breakdown of restricted and unrestricted expenditure for 2021

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2021
	£	£	£	£	£
Costs directly attributable to the project	40,730	-	40,730	19,765	60,495
Support costs	9,762	1,928	11,690	2,174	13,864
Total	50,492	1,928	52,420	21,939	74,359

Costs directly attributable comprise:

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2022	Total Funds 2021
	£	£	£	£	£	£
Salaries	20,975	-	20,975	16,187	37,162	54,560
Project running costs	708	-	708	4,466	5,174	5,810
Printing, postage & stationery	210	-	210	-	210	125
Total	21,893	-	21,893	20,653	42,546	60,495

KINGSTON & DISTRICT WELCARE ASSOCIATION

**Notes to the Financial Statements
For the year ended 31 March 2022**

Support costs comprise:

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2022	Total Funds 2021
	£	£	£	£	£	£
Telephone and IT	2,908	-	2,908	-	2,908	2,722
Staff support, training & recruitment	175	-	175	-	175	-
Gas, electricity & water	1,938	-	1,938	-	1,938	1,954
Premises maintenance	784	-	784	-	784	1,599
Cleaning & hygiene	2,606	-	2,606	-	2,606	1,836
Insurance	2,221	-	2,221	-	2,221	2,198
Depreciation	-	1,748	1,748	-	1,748	1,928
Professional fees & subscriptions	515	-	515	-	515	665
General/House provisions	-	-	-	-	-	-
Sundries	335	-	335	-	335	122
Outstanding Cheque	-	-	-	-	-	-
Independent Examiners fee	840	-	840	-	840	840
Total	12,322	1,748	14,070	-	14,070	13,864

Restricted Funds Expenditure by Major Activities

Activity of programme	Activities undertaken directly	Grant funding of activities	Support costs	Total 2022	Total 2021
	£	£	£	£	£
Holiday Programme	1,500	-	-	1,500	1,250
Community Fund	3,000	-	-	3,000	6,751
BBC-Children in Need	9,951	-	-	9,951	9,973
BBC-Booster	-	-	-	-	2,560
KVA- Community Lottery	4,402	-	-	4,402	-
Love Kingston	-	-	-	-	1,405
Helping Hands	1,800	-	-	1,800	-
Total	20,653	-	-	20,653	21,939

KINGSTON & DISTRICT WELCARE ASSOCIATION

**Notes to the Financial Statements
For the year ended 31 March 2022**

8 Analysis of Employee Costs

	Total Funds 2022	Total Funds 2021
	£	£
Salaries	36,169	51,849
Employer pension contributions	935	2,588
Employer NI		-
Miscellaneous staff costs	233	58
Total Funds	37,337	54,495

	No	No
Average number of employees during the year	3	5

No employee was paid in excess of £60,000 during the year (2020-21 nil).

None of the trustees have been paid any remuneration or received any other benefits from an employment.

The employer NICs costs of £2,025.84 were covered by the employment allowance in 2021-22 (2020-21: £2,949.41).

Key management personnel include the Trustees, Interim Director and Administrator. The total employee benefits, including pension costs and employers national insurance contributions of the charity's key management personnel were £23,384 (2021: £40,504). In the current year, 2 employees (2021: 3) were considered to be key management personnel during the year.

9 Pension Scheme and Contingent Liability

Kingston WelCare operates pension schemes, staff are members of a defined contribution scheme run through NEST. One Retired staff is in a scheme operated by TPT Retirement Solutions, Kingston WelCare is currently in a Period of Grace.

9.1 TPT Retirement Solutions

Kingston WelCare has been notified by TPT Retirement Solutions of the estimated employer debt on withdrawal from the Plan based on the financial position of the Plan as at 30 September 2021 following the triennial review. As of this date, the estimated employer debt for Kingston WelCare was a maximum of £5,690.00 (estimated debt at 30 September 2020, £6,322.93). A Pension Fund has been established as a short-term creditors to reflect this amount in full.

9.2 NEST Pension scheme

During the year all other staff were entered into the NEST pension scheme in line with auto enrolment with employer's contribution rates set at 3% and employee's contribution rates set at 5% of pensionable pay. During the year contributions of £935.46 (2020-21: £742.00) were paid into this scheme.

10 Related Party Transactions

No remuneration or expenses were paid directly or indirectly out of the Association's funds to any trustee or to any person or persons known or connected to them.

KINGSTON & DISTRICT WELCARE ASSOCIATION

Notes to the Financial Statements
For the year ended 31 March 2022

11 Tangible Fixed Assets

	Freehold land and buildings	Fixtures & Fittings	Computers	Total
	£	£	£	£
Cost or valuation				
At 01 April 2021	300,000	28,842	4,895	333,737
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers	-	-	-	-
At 31 March 2022	300,000	28,842	4,895	333,737
Depreciation and impairments				
At 1 April 2021	-	24,471	4,185	28,656
Disposals	-	-	-	-
Depreciation	-	1,342	406	1,748
Impairment	-	-	-	-
Transfers	-	-	-	-
At 31 March 2022	-	25,814	4,591	30,404
Net book value at 31 March 2021	300,000	4,371	710	305,081
Net book value at 31 March 2022	300,000	3,029	304	303,333

The freehold property is currently held on Kingston WelCare's behalf by the South London Church Fund and the Southwark Diocesan Board of Finance. No formal valuation has been undertaken by an independent expert. No depreciation is charged on the freehold property as it would be immaterial. Each year the Trustees inspect the property for indications of impairment.

12 Receivables and Accrued Income

	Total Funds 2022	Total Funds 2021
	£	£
Receivables	9,667	1,875
Prepayments	897	1,864
Total	10,564	3,739

KINGSTON & DISTRICT WELCARE ASSOCIATION

Notes to the Financial Statements
For the year ended 31 March 2022

13 Investments

	Total Funds 2022	Total Funds 2021
	£	£
Virgin Bank	51,357	51,288

14 Cash at Bank and in Hand

	Total Funds 2022	Total Funds 2021
	£	£
Bank current account - NatWest	34,149	49,338
Debit card account - Metro	1,399	1,786
Cash in hand	105	103
Total	35,653	51,227

15 Payables: Amounts falling due within one year

	Total Funds 2022	Total Funds 2021
	£	£
Trade creditors	-	331
Accrued expenses		
Grants carried forward	20,835	18,413
Others	4,753	4,864
Total Accrued expenses	25,589	23,277
Total	25,589	23,608

16 Restricted Funds - Grants in Advance and Accrued Grant Income

	Grants Received	Balances Brought Forward	Grants expended for Period Ended 31 Mar 22	Balance Carried Forward
	£	£	£	£
Kingston Nursing Association	1,500	-	1,500	-
Community Fund	3,000	-	3,000	-
BBC-Children in Need	9,951	-	9,951	-
KVA - Community Lottery	4,402	-	4,402	-
Helping Hands	1,800	-	1,800	-
Total funds	20,653	-	20,653	-

KINGSTON & DISTRICT WELCARE ASSOCIATION

Notes to the Financial Statements
For the year ended 31 March 2022

17 Analysis of Fund Assets and Liabilities

	Unrestricted Fund	Restricted Fund	Total Funds
	£	£	£
Tangible fixed assets	303,333	-	303,333
Current assets	97,574	-	97,574
Current liabilities	(31,279)	-	(31,279)
Total	369,628	-	369,628

18 Movements in funds

Fund name	Fund balances brought forward	Income	Expenditure	Transfers	Fund balances carried forward
	£	£	£	£	£
Restricted funds					
Kingston Nursing Association	-	1,500	(1,500)	-	-
Community Fund	-	3,000	(3,000)	-	-
BBC-Children in Need	-	9,951	(9,951)	-	-
KVA - Community Lottery	-	4,402	(4,402)	-	-
Helping Hands	-	1,800	(1,800)	-	-
	482	-	-	-	482
Restricted funds	482	20,653	(20,653)	-	482
Unrestricted funds					
Designated Capital Fund	305,081	-	(1,748)	-	303,333
General Fund	75,841	23,554	(34,215)	633	65,813
Project ended	-	-	-	-	-
Pension Fund (Short-Term Creditors)	-	-	633	(633)	-
Pension Fund (Pension reserve)	-	-	-	-	-
Unrestricted funds	380,922	23,554	(35,330)	-	369,146
Total funds	381,404	44,207	(55,983)	-	369,628

Purposes of restricted funds

The funds are for services as explained in the trustees report.

Purposes of designated funds

Capital fund: This fund represents the unrestricted funds that are not available for use as they have been used to purchase fixed assets.

Pension fund: In line with the requirements of the current SORP, the pension fund obligation as outlined in Note 9 is now treated as a short term creditor.

KINGSTON & DISTRICT WELCARE ASSOCIATION

**Notes to the Financial Statements
For the year ended 31 March 2022**

19 Transfers

	General Fund	Pension Fund	Total Unrestricted Funds	Restricted Funds
	£	£	£	£
On cost of generating funds	-	-	-	-
Transfer to General From Pension Fund	-	-	-	-
Transfer to General Fund From Accrual	-	-	-	-
Transfer to Short-term Creditors	633	-	633	-
Net transfer of restricted project funds	-	-	-	-
Total funds	633	-	633	-



Document Details

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THE KINGSTON AND DISTRICT WEL-CARE ASSOCIATION

England & Wales - Charity number 206286

Accounts

Kingston and District WelCare Association

TRUSTEES REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021



**TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021**

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TRUSTEES REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

WELCOME FROM THE CHAIR

On behalf of the Trustees, I am delighted to introduce our Annual Report and Accounts which demonstrate the progress we have made in the year.

As the effects and impact of Covid-19 lingered, it directly impacted not only the increased and ongoing level of support required in the community, but also the way we delivered our services. I am extremely proud of the way the staff and volunteers efficiently and proactively collaborated to meet the needs of the parents and families over this period.

We promptly adapted to the limitations to ensure programmes continued to strengthen families by supporting parents and carers as best as possible, including:

- Stay and Play took place via Zoom to support isolated parents
- We managed to arrange Holiday Activities in outdoor public places and held a Zoom Christmas party which included a recorded message from Santa
- Although no face-to-face Families Connect meetings could take place, our social worker maintained contact with parents using a range of communication tools
- The PlayPlus project that provides support for parents who have post-natal depression also went online, and videos were created to give parents ideas about how to play and interact with their child/ren
- We continued to promote the Mums2B project which aims to support Black, Asian and minority ethnic mothers through their pregnancy

Each of these programmes and activities are outlined in more detail in the Achievements and Performance section below.

It goes without saying, we could not have provided this support without the continued assistance of our long standing and new funders and donors as well as the staff, volunteers, parents, trustees, supporters and partners within our community. I am enormously grateful to all for all their support.

I would especially like to thank Marjie Grant who retired at the end of the financial year after 20 years of total commitment to Kingston Welcare and the Borough. Marjie will be missed and we wish her the very best in her next chapter of life.

Kingston Welcare has been supporting families since the 1880's and our adaptive approach to service ensured we continued to do so during this unprecedented year, and we will continue to support parents and carers in need.

TRUSTEES REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

OBJECTIVES AND ACTIVITIES

Kingston and District WelCare Association (“Kingston WelCare”), established in the late 1880’s, is a Christian based, well-respected local organisation with a rich history in providing parent and child welfare.

Over the decades the services provided have been regularly updated to better meet the changing needs of each generation; moving from supporting unmarried mothers at its inception to the present-day parenting support activities. Our base remains at WelCare House which was substantially refurbished in 1989 with further improvements over the following decades thanks to the Mayor's charity fund and other community contributions.

Our presence in Kingston has been a building block to much bigger things. WelCare’s services empower parents, and in so doing creates a perpetual ripple effect. For many families, it only requires small changes to hold the family together. The Kingston community continues to need grass root organisations like Kingston WelCare that offer effective ‘early help’ at the point of need so parents do not have to wait till they meet statutory thresholds and require costly interventions.

Our Vision

A world where every parent and carer’s voice is heard, their needs are met and they, and their children, thrive as fully participating members of the community.

Our Values

Compassion and respect

- Connecting and empathising with parents
- Starting with parents’ needs, respecting them and treating them with dignity
- Supporting parents’ choices and decisions
- Respect and celebrate cultural and religious diversity

Fellowship and cooperation

- Empowering parents to develop projects and activities that improve their wellbeing and deliver lasting change
- Help develop and strengthen parental peer support and parental resilience
- Strengthening local social cohesion by promoting solidarity and cooperation across cultural and religious differences

To achieve our goals, we provide a caring and safe environment where parents and carers support one another and can shape the projects and activities Kingston WelCare provides.

Through these activities, staff can help parents improve their wellbeing, make lasting change and build resilience whilst developing cross-cultural supportive connections within the community.

TRUSTEES REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

ACHIEVEMENTS AND PERFORMANCE

Many families have experienced unprecedented challenges due to the Covid-19 crisis. In order to address the consequential increase in the need for support, we swiftly adapted our work to meet the restrictions and continued to provide support to families through video conferencing, telephone calls and face to face events where this was safe and restrictions allowed.

Stay and Play

From January 2021 Stay and Play fortnightly sessions took place on Zoom. We were able to continue to provide support to parents who felt isolated and needed emotional and other support via the Zoom sessions as well as by phone and text messaging.

Holiday Activities

We had a very successful Zoom Christmas Party attended by eight of our families. Father Christmas recorded a message and children opened presents provided by WelCare.

During the Summer holidays we were able to arrange sessions in outside public places. A total of 15 families attended. We ran trips and organized sessions in Bushy Park, Canbury Gardens and Kew Gardens. Eight sessions were planned, two were cancelled due to the weather. Many thanks to the volunteers who organized and ran these sessions.

It was clear that the children benefitted from learning to play with each other again. Parents were relieved to be able to share experiences and challenges they were experiencing.

Families Connect

This project ended in December 2020. During this year there were no face-to-face meetings. The social worker kept in contact with parents via phone, WhatsApp, Zoom and email. Families Connect supports families with a mental health condition or who are vulnerable and at risk of developing one.

Parents were having to deal with the additional impact of the Covid situation on their emotional and mental wellbeing. Isolation, home schooling, financial and housing issues affected many parents. When the project officially ended WelCare staff continued to support families that needed assistance.

PlayPlus

The PlayPlus project started in January 2020. It provides support for parents who have post-natal depression and their children. Weekly face to face play sessions for children and bonding activities for mother were provided before the Covid lockdown. From the end of March 2020, the project went online providing sessions on Zoom, via WhatsApp, by phone and email.

Videos were created to give parents ideas about how to play and interact with their child/ren were posted on WhatsApp. A total of 15 families received support from this project during the year. PlayPlus has continued to grow through lockdown and at the time of writing is supporting 27 mums.

Mums2B

In 2020 WelCare began development work on a new service, in response to national statistics that show Black, Asian and minority ethnic mothers and their babies are 5 times more likely than their white

TRUSTEES REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

counterpart(s) to die during or soon after childbirth. The project aims to support Black, Asian and minority ethnic mothers through their pregnancy working in conjunction with our local maternity service to make antenatal care more accessible to all. Crucially, WelCare's Mums2B mothers will be supported by facilitators who speak various languages.

The project has been promoted via various agencies and professionals, however due to the Covid restrictions and other factors progress has been slower than expected.

PLANS FOR FUTURE PERIODS

As we progress post pandemic, we aim to continue with the ongoing provision of family mental health support services in the community, including:

- improving family emotional wellbeing
- continue to develop online support schemes
- reducing the impact of poverty on Kingston families
- increasing parents' confidence and aspirations
- whilst strengthening their parenting skills and family resilience
- which in turn will improve the life chances of young children

We recognize the need to adapt to the increasing challenges and 'new normal' and will focus on addressing these challenges including adaptive support, appointment of new trustees and improving fundraising capability.

FINANCIAL REVIEW

Financial Result

Income for the year amounted to £77,240 (2020: £67,545) consisting of church contributions, donations, pledges and rental income. Total expenditure for the period was £74,294 (2020: £69,063) (including £21,939 (2020: £13,228) from restricted funds), resulting in a net income of £2,881 (2020: £1,518 net expenditure) before transfers between funds.

Reserves Policy

The Trustees policy is to maintain reserves of £40,000 to cover, as a minimum, an equivalent of three months operational expenditure and to enable it to respond to opportunities and to provide for emergencies.

TRUSTEES REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution

Kingston WelCare is an unincorporated association with its governing document being its Constitution.

Trustees, Advisors and Staff

All Trustees are appointed by Members at the Annual General Meeting. Below is a list of Trustees during the period:

Tormod Sund (Chair)
Reverend Sandy Cragg (Vice Chair)
Aruna Jennings (Secretary)
Nicholas Aplas (Treasurer)
Major Rashid Laher
Mary Ward

In addition, the Trustees are supported by several Advisors. Collectively, the Trustees and Advisors form the Management Committee. The Chair is responsible for the induction of new Committee members. This involves awareness of responsibilities, the governing document, administrative procedures and the history and ethos of the Charity.

The constitution provides for a minimum of four and a maximum of eleven Committee members, at least one of whom is an ordained member of the clergy and one a practising member of a church and these may be joined by advisory members.

The Management Committee is responsible for the recruitment of new Trustees and may co-opt additional Trustees to fill any vacancies that arise at any time during the year. The Committee meets at least six times per calendar year to receive progress reports from the Project Manager and take strategic decisions. Trustees retain the option to call additional Trustees Meetings or Committee Meetings if the need arises.

The Chair of Trustees acts as Line Manager to the Project Manager and the Project Manager acts as Line Manager to the remaining staff. For targeted projects, social workers will also receive case-management, support and guidance from the Project Development Manager.

Risk Management

The Trustees have overall responsibility for ensuring that Kingston WelCare has appropriate systems of control, both financial and operational. These systems are designed to provide reasonable, but not absolute, assurance against material mis-statement or loss. During the year, the Trustees continued to regularly review the major financial and operational risks and implement any necessary changes.

The Management Committee and Project Manager are collectively responsible for ensuring the policies are adhered to whilst the Project Manager ensures that all policies are adequately maintained. A full set of policies and procedures are available upon request.

TRUSTEES REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

LEGAL AND ADMINISTRATIVE DETAILS

Business Address and Registered Office

53-55 Canbury Park Road
Kingston upon Thames
KT2 6LQ
www.welcarekingston.org.uk

Independent Examiner

Sian Lewis
Lewis & Co (Chartered Accountants)
8 Coldbath Square
EC1R 5HL
London

Bankers

National Westminster Bank (Current Account)
Market Place
Kingston upon Thames
KT1 1JX

Virgin Money Plc (Savings Account)
15-17 Castle St,
Kingston upon Thames
KT1 1ST

Metro Bank (Credit Card)
64-66 Clarence Street
Kingston upon Thames
KT1 1NP

TRUSTEES REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

OUR THANKS

Kingston WelCare is very grateful to all the funders and donors who make our work for parents possible.

This year particular thanks go to:

Organisations

Royal Borough of Kingston
BBC - Children in Need
BBC - Booster
Inner Wheel
Kingston Nursing Association
National Lottery Community Fund
Love Kingston
Hilden Charitable Fund
Rotary Club of Kingston
Round Table

Churches

All Saints, Kingston
St Andrew's, Ham Common
United Reformed, Kingston

Donations and Supporters

Copper Mountain Consulting Limited
Dragons Without Borders Team
Kew Gardens
Canbury Street Christmas light on
Mr & Mrs Bartlett
Mr. R.C. Doble
Mr. John Perry
Mrs. Patricia Foster
Mrs. Anne Nicholson
Mrs. Aruna Jennings
Mrs. Sue Skrobanski

TRUSTEES REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Disclosure of Information to Independent Examiner

In so far as the Trustees are aware:

- there is no relevant audit information of which the charity's Independent Examiner is unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the Independent Examiner is aware of that information.

Trustees Responsibilities

The Trustees are responsible for preparing the report and accounts in accordance with applicable law and regulations. Charity law requires the Trustees to prepare accounts for each financial Period. Under that law the Trustees have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under charity law the Trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Charity SORP 2015. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the Trustees

Tormod Sund

Tormod Sund
Chair

Nicholas Aplas

Nicholas Aplas
Treasurer

Date: 13th October 2021

TRUSTEES REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the period ended 31 March 2021, which are set out on pages 11 to 26.

Respective Responsibilities of Trustees and Examiner

The charity's Trustees are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this Period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts

set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should



.....
Sian Lewis
Lewis & Co (Chartered Accountants)
8 Coldbath Square
EC1R 5HL
London

Date: 13th October 2021

TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

KINGSTON & DISTRICT WELCARE ASSOCIATION

Statement of financial activities
For the year ended 31 March 2021

Note		Unrestricted funds	Restricted funds	Total funds 2021	Total funds 2020
		£	£	£	£
	Income from:				
2	Donation and legacies	37,964	-	37,964	14,320
3	Charitable activities	-	19,435	19,435	21,115
4	Other trading activities	19,590	-	19,590	30,888
5	Investments	251	-	251	381
6	Other	-	-	-	841
	Total	57,805	19,435	77,240	67,545
	Expenditure on:				
7	Charitable activities	(52,420)	(21,939)	(74,359)	(69,063)
	Total	(52,420)	(21,939)	(74,359)	(69,063)
	Net gains/(losses) on investments				
	Net income/(expenditure)	5,385	(2,504)	2,881	(1,518)
19	Transfers between funds	(2,986)	2,986	-	(727)
	Net movement in funds	2,399	482	2,881	(2,245)
	Reconciliation of funds:				
	Total funds brought forward	378,523	-	378,523	380,768
	Total funds carried forward	380,922	482	381,404	378,523

**TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021**

KINGSTON & DISTRICT WELCARE ASSOCIATION

**Balance Sheet
As at 31 March 2021**

Note ref.			2021 funds	2020 funds
		£	£	£
	Fixed assets :			
11	Tangible assets		305,081	304,937
	Total fixed assets	-	305,081	304,937
	Currents assets:			
12	Debtors	3,739		1,387
13	Investments	51,288		51,038
14	Cash at bank and in hand	51,227		49,180
	Total current assets		106,254	101,605
	Liabilities:			
15	Creditors: Amounts falling due within one year	23,608	23,608	21,761
	Net current assets or liabilities		82,646	79,844
9	Creditors: Amounts falling due after more than one year	6,323	6,323	6,258
	Total net assets or liabilities		381,404	378,523
	The funds of the charity:			
18	Unrestricted funds	75,841		73,586
18	Capital fund	305,081		304,937
19	Restricted Fund	482		-
	Total charity funds		381,404	378,523

These financial statements were approved by the Executive Committee on 13 October 2021

Tormod Sund

Tormod Sund, Chair
Executive Committee Member

Nicholas Aplas

Nicholas Aplas
Hon Treasurer

**TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021**

KINGSTON & DISTRICT WELCARE ASSOCIATION

Charity Registration Number : 206286

Notes to financial statements for the Period ended 31 March 2021

1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the Period and the preceding Period.

1.1 Basic of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102)(effective 1 January 2019)-Charities SORP(FRS102) and the Financial Reporting Standard applicable in the UK.

Kingston WelCare meets the definition of a public benefit entity under FRS102. Assets and liabilities are Initially recognised at historical or transaction value unless otherwise stated in the relevant accounting policy note(s).

The financial statements are prepared in sterling which is the functional currency of the charity.

1.2 Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income :

Income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generation funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the Period in which they are receivable.

1.3 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Equipment costs are considered to be minimal and therefore are charged to the Period in which they are purchased.

1.4 Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.5 Tangible fixed assets and depreciation

Fixed assets include freehold property which is stated on an existing use, open market value basis. The property is not depreciated as, in the opinion of the trustees, the residual value will be at least equivalent to the valuation.

All other assets costing more than £250 are capitalised and are stated at historical cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value evenly over its expected useful life, as follows

Computers : over three years commencing in the first quarter after payment

Fixtures & fittings : over five years commencing in the first quarter after payment

1.6 Going Concern

After making enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the annual report and financial statements.

TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

KINGSTON & DISTRICT WELCARE ASSOCIATION

Notes to the Financial Statements
For the year ended 31 March 2021

2 Donation and legacies

	General Fund	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2021	Total Funds 2020
	£	£	£	£	£
Grant - RBK(Covid-19)	21,485	21,485	-	21,485	-
Church contributions	2,205	2,205	-	2,205	5,160
Hilden Charitable	5,000	5,000	-	5,000	-
Donation and Miscellaneous	9,274	9,274	-	9,274	9,160
Total	37,964	37,964	-	37,964	14,320

* All funds in 2020 were unrestricted

3 Charitable activities

	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
	£	£	£	£
Restricted funds				
Kingston Nursing Association	-	1,250	1,250	1,250
Community Fund	-	3,783	3,783	9,914
BBC-Children in Need	-	9,951	9,951	9,951
BBC-Booster	-	2,564	2,564	-
Love Kingston	-	1,887	1,887	-
Total funds	-	19,435	19,435	21,115

* All funds in 2020 were restricted

4 Other trading activities

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2021	Total Funds 2020
	£	£	£	£
Licensee rental income	16,560	-	16,560	16,560
Licensee recharges	-	-	-	403
Hire of rooms	3,030	-	3,030	13,925
Total	19,590	-	19,590	30,888

* All funds in 2020 were unrestricted

TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

KINGSTON & DISTRICT WELCARE ASSOCIATION

Notes to the Financial Statements
For the year ended 31 March 2021

5 Investment Income

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2021	Total Funds 2020
	£	£	£	£
Bank interest receivable	251	-	251	381

* All funds in 2020 were unrestricted

6 Other

	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2021	Total Funds 2020
	£	£	£	£
Member contributions:				
Time for Families Programme	-	-	-	841
Miscellaneous	-	-	-	-
Total	-	-	-	841

* All funds in 2020 were unrestricted

TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

KINGSTON & DISTRICT WELCARE ASSOCIATION

Notes to the Financial Statements
For the year ended 31 March 2021

7 Expenditure on Charitable Activities

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2021	Total Funds 2020
	£	£	£	£	£	£
Costs directly attributable to the project	40,730	-	40,730	19,765	60,495	51,612
Support costs	9,762	1,928	11,690	2,174	13,864	17,451
Total	50,492	1,928	52,420	21,939	74,359	69,063

a) Breakdown of restricted and unrestricted expenditure for 2020

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2020
	£	£	£	£	£
Costs directly attributable to the project	41,382	-	41,382	10,230	51,612
Support costs	12,676	1,777	14,453	2,998	17,451
Total	54,058	1,777	55,835	13,228	69,063

Costs directly attributable comprise:

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2021	Total Funds 2020
	£	£	£	£	£	£
Salaries	40,504	-	40,504	14,056	54,560	47,872
Project running costs	126	-	126	5,684	5,810	3,145
Printing, postage & stationery	100	-	100	25	125	595
Total	40,730	-	40,730	19,765	60,495	51,612

**TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021**

KINGSTON & DISTRICT WELCARE ASSOCIATION

**Notes to the Financial Statements
For the year ended 31 March 2021**

Support costs comprise:

	General Fund	Capital Funds	Unrestricted Funds	Restricted Funds (Project)	Total Funds 2021	Total Funds 2020
	£	£	£	£	£	£
Telephone and IT	2,178	-	2,178	544	2,722	2,364
Staff support, training & recruitment	-	-	-	-	-	-
Gas, electricity & water	1,563	-	1,563	391	1,954	3,280
Premises maintenance	1,311	-	1,311	288	1,599	1,242
Cleaning & hygiene	1,469	-	1,469	367	1,836	5,124
Insurance	1,758	-	1,758	440	2,198	2,194
Depreciation	-	1,928	1,928	-	1,928	1,777
Professional fees & subscriptions	545	-	545	120	665	837
General/House provisions	-	-	-	-	-	-
Sundries	98	-	98	24	122	158
Outstanding Cheque	-	-	-	-	-	-
Independent Examiners fee	840	-	840	-	840	475
Total	9,762	1,928	11,690	2,174	13,864	17,451

Restricted Funds Expenditure by Major Activities

Activity of programme	Activities undertaken directly	Grant funding of activities	Support costs	Total 2021
	£	£	£	£
Holiday Programme	1,250	-	-	1,250
Community Fund	5,079	-	1,672	6,751
BBC-Children in Need	9,471	-	502	9,973
BBC-Booster	2,560	-	-	2,560
Love Kingston	1,405	-	-	1,405
Total	19,765	-	2,174	21,939

**TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021**

KINGSTON & DISTRICT WELCARE ASSOCIATION

**Notes to the Financial Statements
For the year ended 31 March 2021**

8 Analysis of Employee Costs

	Total Funds 2021	Total Funds 2020
	£	£
Salaries	51,849	45,514
Employer pension contributions	2,588	2,247
Employer NI		49
Miscellaneous staff costs	58	62
Total Funds	54,495	47,872

	No	No
Average number of employees during the year	5	4

No employee was paid in excess of £60,000 during the year (2019-20 nil).

None of the trustees have been paid any remuneration or received any other benefits from an employment.

The employer NICs costs of £2,949.41 were covered by the employment allowance in 2020-21 (2019-20 £2,373.26).

Key management personnel include the Trustees, Project Manager, Staff Development Manager and Administrator. The total employee benefits, including pension costs and employers national insurance contributions of the charity's key management personnel were £40,504 (2020: £39,402). In the current year, 3 employees (2020: 3) were considered to be key management personnel during the year.

**TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021**

KINGSTON & DISTRICT WELCARE ASSOCIATION

**Notes to the Financial Statements
For the year ended 31 March 2021**

9 Pension Scheme and Contingent Liability

Kingston WelCare operates two pension schemes for its staff. One member staff is in a final salary scheme operated by TPT Retirement Solutions, and all other staff are members of a defined contribution scheme run through NEST.

9.1 TPT Retirement Solutions

Kingston WelCare participates in the TPT Retirement Solutions' Growth Plan, a multi-employer scheme where the share of the assets and liabilities applicable to each employer is not identifiable. Contributions to the scheme up to and including September 2001 were defined benefit. Contributions from October 2001 are defined contribution.

The results and implications of a recent triennial review of the scheme are as follows:

Valuation date	30 September 2017
Valuation method	Technical Provisions Valuation
Value of assets	£795 million
Value of liabilities	£926 million
Funding level for accrued benefits	85.8%

Kingston WelCare's contributions made to the Plan in the year were £1,845.95(2019-20 £1,793.64) with both employer's and employee's contribution rates set at 6% of pensionable pay.

Following a change in legislation in September 2005, there is a potential debt on the employer that could be levied by the Trustee of the Plan. The TPT Retirement Solutions' current policy is that it only applies to employers with pre-October 2001 liabilities in the Plan. The debt is due in the event of the employer ceasing to participate in the Plan or the Plan winding up.

Kingston WelCare has been notified by TPT Retirement Solutions of the estimated employer debt on withdrawal from the Plan based on the financial position of the Plan as at 30 September 2020 following the triennial review. As of this date, the estimated employer debt for Kingston WelCare was a maximum of £6,322.93 (estimated debt at 30 September 2019, £6,257.98). A Pension Fund has been established as a long-term creditors to reflect this amount in full.

This scheme provides benefits to some 950 non-associated participating employers. The scheme is a defined benefit scheme in the UK. It is not possible for Kingston WelCare to obtain sufficient information to enable it to account for the scheme as a defined benefit scheme. Therefore it accounts for the scheme as a defined contribution scheme.

The scheme is subject to the funding legislation outlined in the Pensions Act 2004 which came into force on 30 December 2005. This, together with documents issued by the Pensions Regulator and Technical Standards issued by the Financial Reporting Council, set out the framework for funding defined Actuarial benefit occupational pension schemes in the UK.

The scheme is classified as a 'last-man standing arrangement'. Therefore Kingston WelCare is potentially liable for other participating employers' obligations if those employers are unable to meet their share of the scheme deficit following withdrawal from the scheme. Participating employers are legally required to meet their share of the scheme deficit on an annuity purchase basis on withdrawal from the scheme.

A full actuarial valuation for the scheme was carried out at 30 September 2017. This valuation showed assets of £794.9m, liabilities of £926.4m and a deficit of £131.5m. To eliminate this funding shortfall, the Trustee has asked the participating employers to pay additional contributions to which Kingston WelCare agreed to.

**TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021**

KINGSTON & DISTRICT WELCARE ASSOCIATION

**Notes to the Financial Statements
For the year ended 31 March 2021**

Pension Scheme and Contingent Liability(Continued)

Deficit contributions

From 1 April 2019 to 31 January 2025:	£11,243,000 per annum (payable monthly and increasing by 3% each on 1st April)
---------------------------------------	---

Unless a concession has been agreed with the Trustee the term to 31 January 2025 applies.

Note that the scheme's previous valuation was carried out with an effective date of 30 September 2014. This valuation showed assets of £793.4m, liabilities of £969.9m and a deficit of £176.5m. To eliminate this funding shortfall, the Trustee has asked the participating employers to pay additional contributions to the scheme as follows:

Deficit contributions

From 1 April 2016 to 30 September 2025:	£12,945,440 per annum (payable monthly and increasing by 3% each on 1st April)
From 1 April 2016 to 30 September 2028:	£54,560 per annum (payable monthly and increasing by 3% each on 1st April)

The recovery plan contributions are allocated to each participating employer in line with their estimated share of the Series 1 and Series 2 scheme liabilities.

Where the scheme is in deficit and where the company has agreed to a deficit funding arrangement the company recognises a liability for this obligation. The amount recognised is the net present value of the deficit reduction contributions payable under the agreement that relates to the deficit. The present value is calculated using the discount rate detailed in these disclosures. The unwinding of the discount rate is recognised as a finance cost.

PRESENT VALUES OF PROVISION

	31/03/2021	31/03/2020	31/03/2019
	(£s)	(£s)	(£s)
Present value of provision	2,168	2,568	3,116

RECONCILIATION OF OPENING AND CLOSING PROVISIONS

	Period Ending	Period Ending
	31/03/2021	31/03/2020
	(£s)	(£s)
Provision at start of period	2,568	3,116
Unwinding of the discount factor (interest expense)	59	39
Deficit contribution paid	(533)	(517)
Remeasurements - impact of any change in assumptions	(74)	(70)
Remeasurements - amendments to the contribution schedule	0	0
Provision at end of period	2,168	2,568

TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

KINGSTON & DISTRICT WELCARE ASSOCIATION

Notes to the Financial Statements
For the year ended 31 March 2021

Pension Scheme and Contingent Liability(Continued)

INCOME AND EXPENDITURE IMPACT

	Period Ending 31/03/2021 (£s)	Period Ending 31/03/2020 (£s)
Interest expense	59	39
Remeasurements - impact of any change in assumptions	74	(70)
Remeasurements - amendments to the contribution schedule	-	-
Contributions paid in respect of future service*	*	*
Costs recognised in income and expenditure account	*	*

*includes defined contribution schemes and future service contributions (i.e. excluding any deficit reduction payments) to defined benefit schemes which are treated as defined contribution schemes. To be completed by the company.

ASSUMPTIONS

	31/03/2021 % per annum	31/03/2020 % per annum	31/03/2019 % per annum
Rate of discount	0.66	2.53	1.39

The discount rates shown above are the equivalent single discount rates which, when used to discount the future recovery plan contributions due, would give the same results as using a full AA corporate bond yield curve to discount the same recovery plan contributions.

The following schedule details the deficit contributions agreed between the company and the scheme at each year end period:

DEFICIT CONTRIBUTIONS SCHEDULE

Year ending	31/03/2021 (£s)	31/03/2020 (£s)	31/03/2019 (£s)
Year 1	549	533	517
Year 2	565	549	533
Year 3	582	565	549
Year 4	499	582	565
Year 5		499	582
Year 6	-		499
Year 7	-	-	-
Year 8	-	-	-
Year 9	-	-	-

**TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021**

KINGSTON & DISTRICT WELCARE ASSOCIATION

**Notes to the Financial Statements
For the year ended 31 March 2021**

Pension Scheme and Contingent Liability(Continued)

9.2 NEST Pension scheme

During the year all other staff were entered into the NEST pension scheme in line with auto enrolment with employer's contribution rates set at 3% and employee's contribution rates set at 5% of pensionable pay. During the year contributions of £742.00 (2019-20 £453.60) were paid into this scheme.

10 Related Party Transactions

No remuneration or expenses were paid directly or indirectly out of the Association's funds to any trustee or to any person or persons known or connected to them.

TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

KINGSTON & DISTRICT WELCARE ASSOCIATION

Notes to the Financial Statements
For the year ended 31 March 2021

11 Tangible Fixed Assets

	Freehold land and buildings	Fixtures & Fittings	Computers	Total
	£	£	£	£
Cost or valuation				
At beginning of the year-At 01 April 2020	300,000	26,770	4,895	331,665
Additions	-	2,072		2,072
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers	-	-	-	-
At 31 March 2021	300,000	28,842	4,895	333,737
Depreciation and impairments				
At beginning of the year-At 1 April 2020	-	22,949	3,779	26,728
Disposals	-	-	-	-
Depreciation	-	1,522	406	1,928
Impairment	-	-	-	-
Transfers	-	-	-	-
At 31 March 2021	-	24,471	4,185	28,656
Net book value at 31 March 2020	300,000	3,821	1,116	304,937
Net book value at 31 March 2021	300,000	4,371	710	305,081

The freehold property is currently held on Kingston WelCare's behalf by the South London Church Fund and the Southwark Diocesan Board of Finance. No formal valuation has been undertaken by an independent expert. No depreciation is charged on the freehold property as it would be immaterial. Each year the Trustees inspect the property for indications of impairment.

12 Receivables and Accrued Income

	Total Funds 2021	Total Funds 2020
	£	£
Receivables	1,875	394
Prepayments	1,864	993
Total	3,739	1,387

**TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021**

KINGSTON & DISTRICT WELCARE ASSOCIATION

**Notes to the Financial Statements
For the year ended 31 March 2021**

13 Investments

	Total Funds 2021	Total Funds 2020
	£	£
Virgin Bank	51,288	51,038

14 Cash at Bank and in Hand

	Total Funds 2021	Total Funds 2020
	£	£
Bank current account - NatWest	49,338	48,509
Debit card account - Metro	1,786	517
Cash in hand	103	154
Total	51,227	49,180

15 Payables: Amounts falling due within one year

	Total Funds 2021	Total Funds 2020
	£	£
Trade creditors	331	257
Accrued expenses		
Grants carried forward	18,413	17,279
Others	4,864	4,225
Total Accrued expenses	23,277	21,504
Total	23,608	21,761

16 Restricted Funds - Grants in Advance and Accrued Grant Income

	Grants Received	Balances Brought Forward	Grants expended for Period Ended 31 Mar 21	Balance Carried Forward
	£	£	£	£
Kingston Nursing Association	1,250	-	1,250	-
Community Fund	3,783	-	3,783	-
BBC-Children in Need	9,951	-	9,951	-
BBC-Booster	2,564	-	2,564	-
Love Kingston	1,887	-	1,405	482
Total funds	19,435	-	18,953	482

TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

KINGSTON & DISTRICT WELCARE ASSOCIATION

Notes to the Financial Statements
For the year ended 31 March 2021

17 Analysis of Fund Assets and Liabilities

	Unrestricted Fund	Restricted Fund	Total Funds
	£	£	£
Tangible fixed assets	305,081	-	305,081
Current assets	105,772	482	106,254
Current liabilities	(29,931)	-	(29,931)
Total	380,922	482	381,404

18 Movements in funds

Fund name	Fund balances brought forward	Income	Expenditure	Transfers	Fund balances carried forward
	£	£	£	£	£
Restricted funds					
Kingston Nursing Association	-	1,250	(1,250)	-	-
Community Fund	-	3,783	(6,751)	2,968	-
BBC-Children in Need	-	9,951	(9,973)	22	-
BBC-Booster	-	2,564	(2,560)	(4)	-
Love Kingston	-	1,887	(1,405)	-	(482)
Restricted funds	-	19,435	(21,939)	2,986	(482)
Unrestricted funds					
Designated Capital Fund	304,937	2,072	(1,928)	-	305,081
General Fund	73,586	55,733	(50,492)	(2,986)	75,841
Project ended	-	-	-	-	-
Pension Fund (Long-Term Creditors)	-	-	-	-	-
Pension Fund (Pension reserve)	-	-	-	-	-
Unrestricted funds	378,523	57,805	(52,420)	(2,986)	380,922
Total funds	378,523	77,240	(74,359)	-	381,404

Purposes of restricted funds

The funds are for services as explained in the trustees report.

Purposes of designated funds

Capital fund: This fund represents the unrestricted funds that are not available for use as they have been used to purchase fixed assets.

Pension fund: In line with the requirements of the current SORP, the pension fund obligation as outlined in Note 9 is now treated as a long term creditor.

TRUSTEES REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

KINGSTON & DISTRICT WELCARE ASSOCIATION

Notes to the Financial Statements
For the year ended 31 March 2021

19 Transfers

	General Fund	Pension Fund	Total Unrestricted Funds	Restricted Funds
	£	£	£	£
On cost of generating funds	-	-	-	-
Transfer to General From Pension Fund	-	-	-	-
Transfer to General Fund From Accrual	-	-	-	-
Transfer to Long-term Creditors	-	-	-	-
Net transfer of restricted project funds	(2,986)	-	(2,986)	482
Total funds	(2,986)	-	(2,986)	482