

RED-D FOUNDATION

England & Wales · Charity number 1218669

Details

Status Registered

Legal form CIO

Registered 2026-06-29

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: TO PROMOTE AND PROTECT THE GOOD HEALTH OF DANCERS THROUGH PROVIDING A RANGE OF TRAINING AND EDUCATION TO IMPROVE UNDERSTANDING, SUPPORT PREVENTION, EARLY IDENTIFICATION AND BEST PRACTICE IN MANAGING AND REDUCING THE RISK OF RELATIVE ENERGY DEFICIENCY IN DANCE AND SUCH OTHER WAYS AS THE TRUSTEES MAY DETERMINE.

Activities: RED-D Foundation provides education and training to dancers, healthcare professionals, and institutions to improve understanding, support prevention, early identification, and best practice in managing and reducing the risk of Relative Energy Deficiency in Dance. We develop and publish clinical resources and toolkits for schools, conservatoires, and dance companies.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science
- **Who:** Children/young People, Other Charities Or Voluntary Bodies

Geography

- Australia
- Canada
- Czech Republic
- Denmark
- France
- Germany
- Hungary
- Ireland
- Italy
- Netherlands
- New Zealand
- South Korea
- Spain
- Sweden
- Switzerland
- United States
- Throughout England And Wales

Trustees

Name	Role	Appointed
Michael Francis Giles Warriner	Chair	2026-06-29
Dr Kate Hutchings MBCHB, MSc		2026-06-29
Laura Reece MS RD CSSD		2026-06-29