

LITTLE BLUE

England & Wales · Charity number 1218359

Details

Status Registered

Legal form CIO

Registered 2026-06-08

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: TO IMPROVE MENTAL HEALTH OUTCOMES AMONG MEDICAL STUDENTS IN THE UK BY ENSURING APPROPRIATE EDUCATION AND SIGNPOSTING TO AVAILABLE SUPPORT SERVICES. THIS WILL OCCUR IN PARTICULAR ? BUT NOT EXCLUSIVELY - THROUGH THE PROVISION OF A BESPOKE ANNUAL ?LITTLE BLUE BOOKLET? TO ALL PARTICIPATING MEDICAL SCHOOLS. THIS BOOKLET COMPILES AND ORGANISES ALL LOCAL AND NATIONAL MENTAL HEALTH SERVICES AVAILABLE TO STUDENTS AT THESE MEDICAL SCHOOLS INTO ONE ACCESSIBLE AND USER-FRIENDLY RESOURCE. THE AIM OF THIS IS TO MAKE THE PROCESS OF FINDING THE SUPPORT THEY NEED EASIER, MORE ACCESSIBLE AND LESS OVERWHELMING.

Classification

- **How:** Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Trustees

Name	Role	Appointed
Dr Hannah Cooney	Chair	
Dr Alexandra Price		
Dr Lauren Laird		
Dr Xavier Leonard		