

# PERIOD PROUD

England & Wales · Charity number 1218174

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2026-05-21

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 5 Allen Way  
Shinfield  
Reading  
RG2 9RB

**Phone** 01183044201

**Email** [accounts@lasuzy.co.uk](mailto:accounts@lasuzy.co.uk)

**Website** [www.periodproud.co.uk](http://www.periodproud.co.uk)

## Activities

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**Objects:** TO ADVANCE EDUCATION FOR THE PUBLIC BENEFIT IN THE TOPIC OF MENSTRUATION BY- PROVIDING ACCESS TO FREE MENSTRUAL PRODUCTS TO ALLEVIATE PERIOD POVERTY. - OFFERING EDUCATION AND INFORMATION TO REDUCE STIGMA AND PROMOTE AWARENESS OF MENSTRUAL HEALTH.- SUPPORTING INITIATIVES THAT IMPROVE ACCESS TO SANITARY FACILITIES, MENSTRUAL HEALTH EDUCATION, AND COMMUNITY OUTREACH.

**Activities:** Providing access to free menstrual products to alleviate period poverty. Offering education and information to reduce stigma and promote awareness of menstrual health. Supporting initiatives that improve access to sanitary facilities, menstrual health education, and community outreach.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Disability
- **Who:** Children/young People

## Geography

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- Throughout England

## Trustees

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Name	Role	Appointed
<b>Edward Shaw</b>	Chair	2026-02-04
Olivia Brown		2026-06-03
Sarah Mason		2026-06-03

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