

THE KAMREN SINGH RAI FOUNDATION

England & Wales · Charity number 1218157

Details

Status Registered

Legal form CIO

Registered 2026-05-20

Register [View on the Charity Commission register](#)

Contact

Address 6a Bells End Road
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Activities

Objects: THE OBJECT OF THE CIO IS: TO PRESERVE AND PROTECT THE MENTAL HEALTH OF YOUNG PEOPLE, PARTICULARLY BUT NOT EXCLUSIVELY THOSE AGED 15 TO 30 YEARS LIVING IN ENGLAND AND INDIA, FOR THE PUBLIC BENEFIT, BY: (I) RAISING AWARENESS AND UNDERSTANDING OF MENTAL HEALTH ISSUES; (II) PROVIDING AND SUPPORTING EDUCATION, INFORMATION AND RESOURCES RELATING TO MENTAL WELLBEING; (III) SIGNPOSTING AND FACILITATING ACCESS TO PROFESSIONAL AND COMMUNITY-BASED MENTAL HEALTH SUPPORT SERVICES; AND (IV) SUPPORTING ORGANISATIONS AND INITIATIVES THAT PROMOTE POSITIVE MENTAL HEALTH AND WELLBEING.

Activities: The Kamren Singh Rai Foundation supports young men by promoting positive mental health, wellbeing and suicide prevention. We aim to raise awareness, reduce stigma, encourage open conversations and provide support through community projects, education, events, fundraising and signposting to appropriate services.

Classification

- **How:** Makes Grants To Organisations, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Other Charitable Purposes
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- India
- Throughout England And Wales

Trustees

Name	Role	Appointed
Gurnam Rai	Chair	
Bilbinder Rai		2025-11-01
Jaskeaton Singh Rai		
Nakita Kaur Rai Chatha		