

MEN, MIND AND HEALTH MATTER

England & Wales · Charity number 1218008

Details

Status Registered

Legal form CIO

Registered 2026-05-12

Register [View on the Charity Commission register](#)

Contact

Address 48 Edinburgh Road
Wellingborough
NN8 2HW

Phone 07761982789

Email jatikpos@yahoo.co.uk

Website www.menmindhealthmatter.org

Activities

Objects: THE OBJECT OF THE CIO IS: FOR THE PUBLIC BENEFIT, THE RELIEF OF MEN IN NEED THROUGHOUT ENGLAND AND WALES WHO MAY BE EXPERIENCING OR AT RISK OF EXPERIENCING POOR MENTAL HEALTH, BY MEANS OF, BUT NOT EXCLUSIVELY: • PROVIDING EARLY INTERVENTION OPPORTUNITIES FOR PEOPLE TO WORK ON THEIR MENTAL HEALTH, INCLUDING STRUCTURED PEER SUPPORT. • PROVIDING PRACTICAL ADVICE AND SIGNPOSTING TO APPROPRIATE STATUTORY AND PROFESSIONAL SERVICES. • INCREASING AWARENESS OF, AND REDUCING THE STIGMA ATTACHED TO, MEN'S MENTAL HEALTH. • CREATING CONTENT, EVENTS, PARTNERSHIPS AND EXPERIENCES THAT ENCOURAGE PEOPLE TO SHARE THEIR OWN INNER STRUGGLE IN A FRIENDLY AND SUPPORTIVE ENVIRONMENT.

Activities: For the public benefit. the relief of men in need throughout England and Wales who are experiencing. or are at risk of experiencing. poor mental health by providing early intervention and peer support. practical advice and signposting and activities that raise awareness and reduce stigma surrounding mens mental health. promoting mens mental health through community activities, events, partnership

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Other Charitable Purposes
- **Who:** Other Defined Groups

Geography

- Throughout England And Wales

Trustees

Name	Role	Appointed
Gabriel Umurhohwo	Chair	2026-05-15
AYOBANJI ADETUNJI ADETUNJI		2026-04-23
Adeolu Olaifa		2026-04-23
Gabriel Umurhohwo		2026-05-15
James Oghenovo		2026-04-23