

# SUPPORTING ARMED FORCES AND EMERGENCY SERVICES

England & Wales · Charity number 1217867

## Details

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**Other names** SAFE

**Status** Registered

**Legal form** CIO

**Registered** 2026-04-30

**Register** [View on the Charity Commission register](#)

## Contact

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## Activities

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**Objects:** TO PRESERVE AND PROTECT THE GOOD MENTAL AND PHYSICAL HEALTH OF CURRENT AND FORMER MILITARY PERSONNEL AND BLUE LIGHT SERVICES WORKERS (SUCH AS POLICE, FIREFIGHTERS, AND PARAMEDICS) WHO ARE EXPERIENCING MENTAL ILLHEALTH AS A RESULT OF WORKPLACE TRAUMA BY:• PROVIDING FREE INDIVIDUAL COUNSELLING AND COGNITIVE BEHAVIOURAL SESSIONS WITH A QUALIFIED PROFESSIONAL; • FACILITATING GROUP THERAPY AND PEER SUPPORT SESSIONS OVERSEEN BY SUITABLY QUALIFIED INDIVIDUALS;• EDUCATING BENEFICIARIES ON MINDFULNESS AND MEDITATION TECHNIQUES; AND• RAISING AWARENESS AMONGST THE WIDER PUBLIC ABOUT THE EFFECTS OF WORKPLACE TRAUMA TO REDUCE STIGMA.

**Activities:** governing document. To relieve the physical and mental sickness of individuals suffering from workplace trauma, particularly current and former military personnel and blue light services workers (such as police, firefighters, and paramedics), by providing free or low-cost counselling, therapeutic support, and related services. To relieve the needs of individuals and their families affected

## Classification

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- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** The General Public/mankind

## Geography

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- Throughout England

## Trustees

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Name	Role	Appointed
Karon Wickes		2025-05-05
Rodney Noakes		2025-05-05
Ryan Layton-Smith		2025-05-05

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