

# HELPING & CARING HANDS

England & Wales - Charity number 1217725

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2026-04-21

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 4 Elliot Road  
Watford  
WD17 4DF

**Phone** 07875572205

**Email** [contact@hch-org.com](mailto:contact@hch-org.com)

## Activities

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**Objects:** FOR THE PUBLIC BENEFIT, THE PREVENTION OR RELIEF OF POVERTY OR FINANCIAL HARDSHIP WITHIN INDIA, PAKISTAN, ENGLAND AND WALES, IN PARTICULAR BUT NOT EXCLUSIVELY AMONGST SINDHI HINDUS, BY THE PROVISION OF GRANTS TO:1. ALLOW FOR THE PURCHASE OF ESSENTIAL ITEMS SUCH AS FOOD AND MEDICINES;2. SUPPORT ACCESS TO BASIC HEALTHCARE AND MEDICAL TREATMENT; AND3. ENABLE ACCESS TO EDUCATION BY COVERING TUITION FEES AND RELATED EDUCATIONAL MATERIALS.

## Classification

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- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People Of A Particular Ethnic Or Racial Origin

## Geography

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- India
- Pakistan
- Throughout England

## Trustees

Name	Role	Appointed
<b>ROOP PANJWANI</b>	Chair	
Dileep Kumar		
Kailash Kumar		
Kapildev Bhagya Mr		