

# FINANCIAL RESILIENCE FOUNDATION (FRF)

England & Wales · Charity number 1217608

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2026-04-14

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 72 Great Suffolk Street  
London  
SE1 0BL

**Phone** 07917422069

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## Activities

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**Objects:** OBJECTS 3 THE OBJECTS OF THE CIO ARE TO ADVANCE EDUCATION AND RELIEVE FINANCIAL HARDSHIP FOR THE PUBLIC BENEFIT BY:-PROVIDING FREE TRAINING, WORKSHOPS, AND RESOURCES IN FINANCIAL LITERACY, MONEY MANAGEMENT, AND DEBT RECOVERY; OFFERING ADVICE, GUIDANCE, AND SUPPORT TO INDIVIDUALS FACING DEBT, INSOLVENCY, OR FINANCIAL INSTABILITY, INCLUDING ONE-TO-ONE FINANCIAL COUNSELLING AND DEBT ADVICE; ANDBY PARTNERING WITH COMMUNITY ORGANISATIONS TO REACH VULNERABLE INDIVIDUALS.

**Activities:** The activities are undertaken for the public benefit by improving financial literacy increasing resilience to debt and helping individuals overcome financial hardship. Offering advice guidance and support to individuals facing debt insolvency or financial instability. Beneficiaries include people of all backgrounds who are at risk of debt unemployment or bankruptcy.

## Classification

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- **How:** Provides Advocacy/advice/information
- **What:** Education/training, The Prevention Or Relief Of Poverty
- **Who:** Other Defined Groups

## Geography

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- Throughout England And Wales

## Trustees

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Name	Role	Appointed
<b>Richard Plasek</b>	Chair	2026-03-03
Andrej Cizmarik		2026-03-03
LIS RENE		2026-03-03
Peter Plasek		2026-03-03