

# PRESS(ED)

England & Wales · Charity number 1217547

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2026-04-09

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 195a St. John's Hill  
London  
SW11 1TH

**Phone** 07931361533

**Email** [info@pressedzone.com](mailto:info@pressedzone.com)

**Website** [pressedzone.com](http://pressedzone.com)

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE: TO ADVANCE EDUCATION AND PROMOTE MENTAL HEALTH AND WELLBEING AMONG JOURNALISTS AND REPORTERS WITH EXPERIENCE WORKING IN THE MEDIA INDUSTRY IN THE UNITED KINGDOM, FOR THE PUBLIC BENEFIT, IN PARTICULAR, BUT NOT EXCLUSIVELY BY: 1. PROVIDING EDUCATION, INFORMATION AND RESOURCES RELATING TO MENTAL HEALTH AND WELLBEING WITHIN THE JOURNALISM PROFESSION. 2. DELIVERING TRAINING, WORKSHOPS, SEMINARS AND EVENTS DESIGNED TO IMPROVE UNDERSTANDING OF MENTAL HEALTH CHALLENGES ASSOCIATED WITH JOURNALISTIC WORK AND TO DEVELOP SKILLS FOR MAINTAINING WELLBEING AND RESILIENCE. 3. FACILITATING ACCESS TO EMOTIONAL SUPPORT SERVICES, INCLUDING SUPPORT PROVIDED THROUGH PARTNERSHIPS WITH ESTABLISHED MENTAL HEALTH CHARITIES. 4. CREATING SUPPORTIVE COMMUNITIES AND OPPORTUNITIES FOR PEER SUPPORT AMONG JOURNALISTS EXPERIENCING OCCUPATIONAL STRESS, TRAUMA OR MENTAL HEALTH CHALLENGES.

## Classification

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- **How:** Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Human Rights/religious Or Racial Harmony/equality Or Diversity, Other Charitable Purposes
- **Who:** The General Public/mankind

## Geography

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- Throughout England And Wales

## Trustees

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Name	Role	Appointed
<b>Justine Ann Johnson</b>	Chair	
Henry Julian Allen Wynne-Williams		
Poppy Eliza Bilderbeck		

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