

SIMPLY COUNSELLING

England & Wales · Charity number 1217502

Details

Status Registered

Legal form CIO

Registered 2026-04-07

Register [View on the Charity Commission register](#)

Contact

Address Unit 4a
Stoke Damerel Business Centre
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Stoke
Plymouth
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Email simplycounsellingcic@gmail.com

Website WWW.SIMPLYCOUNSELLING.ORG

Activities

Objects: THE OBJECTS OF THE CIO ARE, FOR THE BENEFIT OF THE PUBLIC:(1) TO PROTECT AND PROMOTE THE MENTAL AND EMOTIONAL HEALTH OF PEOPLE IN THE UK, IN PARTICULAR, BUT NOT LIMITED TO, THOSE EXPERIENCING ABUSE, TRAUMA OR CRISIS, BY THE PROVISION OF AN ACCESSIBLE, SPECIALIST COUNSELLING SERVICE; AND (2) TO ADVANCE EDUCATION IN SUBJECTS RELATING TO TRAUMA-INFORMED COUNSELLING INTERVENTIONS IN SUCH WAYS AS THE CHARITY TRUSTEES THINK FIT, INCLUDING BY THE PROVISION OF TRAINING AND SUPERVISION OF COUNSELLORS WORKING IN EITHER PROFESSIONAL OR VOLUNTARY SETTINGS.

Activities: Here at Simply Counselling we offer emotional support and mental well-being counselling to our local community in Plymouth and all over the UK. Our goal is to make counselling accessible to everyone who wishes to lighten their burdens, worries, anxieties or mental health problems.

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups, The General Public/mankind

Geography

- Northern Ireland
- Scotland
- Throughout England

Trustees

Name	Role	Appointed
Andrew John Tremaine	Chair	2026-04-07
Angela Mary Hill		2026-04-07
Elizabeth Cecelia Yeoman		2026-04-07
