

# BETWEEN THE TIDES

England & Wales · Charity number 1217183

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2026-03-11

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Suite 115  
Blyth CEC  
Ridley Street  
Blyth  
Northumberland  
NE243AG

**Phone** 01670542840

**Email** [charity@holdingheartsne.co.uk](mailto:charity@holdingheartsne.co.uk)

## Activities

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**Objects:** TO PRESERVE AND PROTECT THE MENTAL AND EMOTIONAL HEALTH AND WELLBEING OF CHILDREN AND YOUNG PEOPLE AGED 4-14, PARTICULARLY WHO ARE AFFECTED BY BEREAVEMENT OR LOSS IN NORTH EAST ENGLAND, BY THE PROVISION OF SPECIALIST THERAPEUTIC INTERVENTIONS INCLUDING PLAY THERAPY AND CREATIVE THERAPEUTIC APPROACHES, TOGETHER WITH SUPPORT FOR PARENTS AND CARERS AND RAISING AWARENESS OF THE NEEDS OF SUCH CHILDREN AND YOUNG PEOPLE.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People

## Geography

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- Durham
- Gateshead
- Newcastle Upon Tyne City
- North Tyneside
- Northumberland
- South Tyneside

## Trustees

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| Name                | Role  | Appointed |
|---------------------|-------|-----------|
| <b>Colin Blyth</b>  | Chair |           |
| Angela Kate Browell |       |           |
| Helen Illingworth   |       |           |
| Jerri Fletcher      |       |           |
| June Anderson       |       |           |
| Louise Thompson     |       |           |