

# HEALTHY HOPES

England & Wales · Charity number 1216890

## Details

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Other names	HEALTHY HOPES CUMBRIA LTD COMMUNITY INTEREST COMPANY
Status	Registered
Legal form	CIO
Registered	2026-02-18
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	Moorclose Community Centre Needham Drive Workington CA14 3SE
Phone	07375833841
Email	<a href="mailto:admin@healthyhopes.co.uk">admin@healthyhopes.co.uk</a>
Website	<a href="https://www.healthyhopes.co.uk/">https://www.healthyhopes.co.uk/</a>

## Activities

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**Objects:** THE OBJECT OF THE CIO IS:TO RELIEVE THE NEEDS OF PEOPLE IN CUMBRIA WHO ARE EXPERIENCING POOR MENTAL HEALTH RESULTING FROM, IN PARTICULAR BUT NOT EXCLUSIVELY, ANXIETY, DEPRESSION, SOCIAL ISOLATION, LONELINESS, ADDICTION AND OTHER RELATED EMOTIONAL CHALLENGES, THROUGH THE PROVISION OF DROP IN SESSIONS IN A CONFIDENTIAL AND SAFE ENVIRONMENT OFFERING EMOTIONAL PEER SUPPORT, COPING STRATEGIES AND SIGNPOSTING SERVICES.

## Classification

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- **How:** Provides Services
- **What:** Disability
- **Who:** The General Public/mankind

## Geography

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- **Area of benefit:** LOCAL
- Cumbria

## Trustees

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Name	Role	Appointed
<b>Vivian Nicol</b>	Chair	
Andrew Milby		
Lucy Armstrong		

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